



2019 Family Law Seminar

Thriving in Family Law Practice: Sustaining Your Well-being and Effectiveness

8 & 9 AUGUST 2019

12.25 CLE CREDITS INCLUDING 2.0 ETHICS CREDITS (ND)

Holiday Inn, 1155 US Hwy 10, **Detroit Lakes, MN 56501**

ROOM BLOCK AND RATE EXPIRES AT THE HOLIDAY INN on 06/08/2019

Proudly sponsored by the State Bar Association of North Dakota & its Family Law Section

THURSDAY, AUGUST 8, 2019

Approved for 6.0 CLE Credits (ND)

MN Credit will be applied for
(Agenda subject to change)

EXPERIENTIAL WORKSHOP ON THRIVING IN FAMILY LAW PRACTICE: SUSTAINING YOUR WELL-BEING AND EFFECTIVENESS

Facilitators: Alanna K Moravetz JD and Kathy Story MA JD

8:00 REGISTRATION AND HOT BREAKFAST BUFFET

8:30 OVERVIEW

Participants will learn about the research on attorney wellness and about every day strategies to thrive in the legal profession, including recognizing when we're at our best at work.

9:00 LEVERAGING SIGNATURE STRENGTHS

Having a sense of meaning and purpose in our work results in greater job satisfaction and higher productivity, and promotes and sustains energy. We can learn to identify and use our signature strengths to give purpose and meaning to day-to-day legal work and to meet difficult challenges. Participants will develop an action plan for using strengths for greater engagement and resilience.

10:30 BREAK

10:45 EMOTIONAL AND SOCIAL INTELLIGENCE

Understanding emotional and social intelligence gives us knowledge and insight into working effectively with our clients and other attorneys in the stressful arena of family law. Participants will learn strategies for strengthening their emotional intelligence.

NOON: LUNCH AND SECTION MEETING

1:30 MANAGING YOUR ENERGY NOT TIME

What is *well-being*? How can we build practices into our daily busy routines that increase our well-being and promote effectiveness in our work? In this session participants will explore the concept of managing energy and how it builds resilience and reduces stress. Several restorative practices for increasing our well-being will be introduced.

2:30 BREAK

2:45 DEVELOPING A GROWTH MINDSET

Mindset is a powerful strategy to improve intrinsic motivation, productivity, and relationships. Participants will learn how to change from a Fixed Mindset to a Growth Mindset, and how to give feedback to cultivate a Growth Mindset in others.

4:15 WRAP-UP

Participants will reflect on the day's work and articulate how they will use what they have learned in their family law practices.

4:30 ADJOURN

FRIDAY, AUGUST 9, 2019
Approved for 6.25 CLE Credits including 2.0 Ethics (ND)

MN Credit will be applied for
(Agenda subject to change)

8:00 – 8:30 A.M. REGISTRATION AND HOT BREAKFAST BUFFET

8:30 LAWYER ASSISTANCE PROGRAM PRESENTATION (1.0 ETHICS CREDIT)
BY JASON BUTTS

What is the Member Assistance Program and how does it work? The information you need to know to reach out and ask for help when you need it.

9:30 REVIEW OF DISCIPLINARY COMPLAINTS AND HOW TO AVOID THEM IN FAMILY LAW PRACTICE (1.0 ETHICS CREDIT)
BY DEANN PLADSON

A review of recent disciplinary decisions and how they relate to family law along with helpful information on how to avoid complaints and minimize your stress.

10:30 BREAK

10:45 CHILD SUPPORT UPDATE
BY JAMES FLEMING

What happened in the recent legislative session and how the amended guidelines are changing the family law practice.

11:45 LUNCH

1:00 AVOIDING THE DIVORCE PITFALLS
BY JERILYNN ADAMS

2:15 LEGISLATIVE UPDATE
BY JASON MCLEAN AND BETSY ELSBERRY

An update on the recent legislative session and how changes could impact your practice.

3:00 BREAK

3:15 CASE LAW UPDATE PANEL DISCUSSION
BY SCOTT JENSEN, JENI ALBAUGH, DARCIE EINARSON

A panel discussion regarding all of the latest holdings of the Supreme Court relating to family law matters and how to prepare to address new issues in your practice.

4:30 CLOSING

REGISTER ONLINE at www.sband.org

Registration fee includes electronic materials, breakfasts, and lunches. Advance registrations must be received by August 8, 2019. After that, attendees must register on site. Cancellations must be received in writing 72 hours in advance of seminar to

JOIN US

2019 Family Law Seminar

Please print

Attendee Name _____

Address _____

City _____ State _____

Zip _____ Telephone _____

Family Law Section Members

____ \$225 - prior to August 8

____ \$250 - beginning August 8 or at the door

Non-Family Law Section Members

____ \$300 - prior to August 8

____ \$325 - beginning August 8 or at the door

____ \$25 - I wish to join the Family Law Section

Enclosed is my check with the total amount of: \$ _____
(Please make checks payable to SBAND)

Please charge this to my _____ MasterCard _____ Visa

Account # _____

Expiration Date _____ CVV2 _____

Name on Card _____

Address _____

City _____ State _____

Zip _____

SEMINAR MATERIALS

Materials will be emailed to each registrant. No hardcopies will be distributed. You must be in attendance and sign the registration sheet in order to receive CLE Credits.

THREE EASY WAYS TO REGISTER

1. ONLINE
WWW.SBAND.ORG
2. BY MAIL
P.O. Box 2136
Bismarck, ND 58502
3. BY FAX
701-224-1621

QUESTIONS

Call 1-800-472-2685 or 701-255-1404

MEET OUR PRESENTERS

ALANNA K MORAVETZ, ALANNA CONSULTING LLC, ST. PAUL, MN

Alanna Moravetz, JD, is a senior leadership consultant and executive coach who has worked in human and organizational development for over 35 years as an educator, consultant and coach. Alanna works with lawyers, judges, professional associations and court systems throughout the United States. She is a Certified Coach from the Hudson Institute of Santa Barbara and brings a broad range of experience to her leadership development work. For nearly fourteen years she served as Director of Education and Organizational Development for the Minnesota Supreme Court. In addition, Alanna has served as the Director of Career and Professional Development at the University of St. Thomas School of Law. Alanna received her B.A. magna cum laude from Concordia College, Moorhead, MN, and J.D. from Mitchell Hamline School of Law in St. Paul, MN.

KATHY STORY

Kathy Story, MA, JD is a presenter, facilitator, and consultant with over 35 years experience in law, education and counseling. She has consulted with bar associations, CLE providers and regulators, court systems, the DOJ, law firms, and other legal organizations to improve practice and satisfaction in the profession. Kathy designs and delivers resilience workshops, long-range planning retreats, leadership institutes, and train-the-trainer programs for attorneys, judges, and legal administrators, and has been an invited speaker at numerous national conferences. Prior to her consulting work, Kathy clerked for a federal appellate court judge, practiced as a commercial litigator, served as legal advisor at a major public university, and was a hearing officer for disciplinary complaints. For seven years, she co-directed the Leadership Institute for Judicial Education, a national faculty development program for state court judges. She can be contacted at kathystoryconsulting@gmail.com or 901.849.4680.

JAMES FLEMING

James C. Fleming is the director of the Child Support Division of the North Dakota Department of Human Services, treasurer of the National Child Support Enforcement Association (NCSEA), and treasurer of the National Council of Child Support Directors (NCCSD). Prior to becoming NCSEA treasurer, Jim was co-chair of NCSEA's Policy and Government Relations Committee and is a member of the editorial committee for the NCSEA Child Support Communiques. Jim chaired the NCCSD committee on national imputation and default order establishment practices and, most recently, chaired the NCCSD workgroup on implementation of the 2016 OCSE final rule.

Jim earned his Bachelor of Arts degree from the University of North Dakota and his Juris Doctorate from Notre Dame Law School.

BETSY ELSBERRY

Betsy Elsberry is a partner with Elsberry & Shively, P.C., located in Bismarck. Her practice areas focus on oil and gas, family law, and mediation. Betsy was a member of the 2015, 2017, and 2019 SBAND Legislative Committees and the 2019 North Dakota Child Support Guideline Quadrennial Review Committee. Betsy earned a Bachelor of Business Administration in Management from the University of North Dakota, and she attended the University of North Dakota School of Law. After law school, Betsy clerked for the Honorable Justice Carol Ronning Kapsner of the North Dakota Supreme Court.

JASON MCLEAN

Jason W. McLean has been licensed in Minnesota since 2003 and in North Dakota Since 2004. He has practiced exclusively in the area of family law for the past 15 years. Jason attended the University of North Dakota for his undergraduate studies, graduating with a degree in Political Science in 1999. He attended the University of North Dakota School of Law, graduating with his Juris Doctorate in 2002.

Jason is also a Parenting Investigator and Guardian ad Litem in the State of North Dakota. He has also completed Custody Investigation reports in Minnesota. Jason is a qualified mediator in both North Dakota and Minnesota.

In addition to his work as an attorney, Jason is also involved with North Dakota State Bar Association and various groups in the community. He is the former chair of the Family Law Section of the North Dakota State Bar Association and the former Co-Chair of the Family Law Task Force. Jason also was a committee member and liaison for the Keeping Kids First Committee in 2014. Jason testified before the North Dakota Legislature in 2017 and drafted proposed legislation for its consideration.

DEANN PLADSON

DeAnn M. Pladson received her undergraduate degree from Moorhead State University in 1989, and was graduated from the University of North Dakota School of Law in 1992. DeAnn has her own firm, Pladson Law Office, P.L.L.C. and focuses on all areas of family law including mediation, family law litigation, parenting investigation and guardian ad litem work for the court. DeAnn is licensed to practice in North Dakota and Minnesota.

SCOTT JENSEN

Scott Jensen has been with Camrud, Maddock, Olson & Larson, Ltd. in Grand Forks for 33 years. He has litigated extensively in the domestic relations area including numerous high-asset or complex valuation cases. He presently focuses on mediation in the domestic relations field, and is one of the mediators in the Supreme Court's court-sponsored domestic relations mediation program.

JENNIFER ALBAUGH

Jennifer Albaugh is an Associate Attorney with Anderson, Bottrell, Sanden and Thompson in Fargo, North Dakota. Jennifer is licensed on both North Dakota and Minnesota. She has practiced exclusively in the area of family law, since entering private practice in 2015. Prior to entering private practice, she clerked for the Judges of the South Central Judicial District, as well as Judge Ralph Erickson when he sat as a Federal District Court Judge. She attended the University of North Dakota, graduating with degrees in English and Criminal Justice in 2009. She then attended the University of North Dakota School of Law, graduating Cum Laude with her Juris Doctorate in 2012. Jennifer also serves as the SBAND Board of Governor Representative for the East Central Judicial District, is active in the Cass County Bar Association, and volunteers with Junior Achievement.

DARCIE M. EINARSON, PRESIDENT OF EINARSON LAW OFFICE, PC

Darcie. Einarson graduated from the University of North Dakota School of Law in 1992. She also holds a Bachelor of Arts degree in Psychology from the University of North Dakota. For the duration of her practice Einarson has handled a variety of cases but has focused primarily on the area of divorce and family practice matters. She is licensed in Minnesota and North Dakota and is a member of each state's Family Law Section. She is the immediate past president of SBAND, and has served as President of the Family Law Section and on various committees and task forces related to the practice of family law. She also serves as the municipal judge for the City of Grafton and is a certified mediator.

Einarson is a member of the American Bar Association, the State Bar Association of North Dakota, the Minnesota State Bar Association and is a former member of the North Dakota Trial Lawyers Association. She has two adult children and is enjoying her first grandchild. She lives and practices in Grafton, ND.