

Training Programs in Psychotherapy Integration

We conducted an electronic survey of the entire SEPI membership (55% response rate) in 2016 regarding their sociodemographic characteristics, theoretical commitments, integrative practices, and organizational satisfactions. The final section of the survey addressed training programs in psychotherapy integration.

This document features the 66 integrative training programs described by the respondents. We combined information on identical training programs, and we omitted a few programs for which insufficient information was provided.

SEPI members were specifically asked, “Are you affiliated with any integrative training programs at the graduate or post-graduate level?” If responding in the affirmative, they provided the following information about that training program: name/title; web address; country; training level; eligible trainees; duration; degree or certificate awarded upon completion; and name of the SEPI contract person.

The final multi-part question concerned the extent to which five theoretical systems were represented in the training program. SEPI members responded on a five-point, Likert-style scale where 1 = not at all represented, 2 = a little representation, 3 = somewhat represented, 4 = a lot representation, and 5 = strongly represented.

The dual purposes of this alphabetical listing by country, as its 1990s predecessors (J. C. Norcross, 1998 & 1999, Integrative/eclectic training institutes, *Journal of Psychotherapy Integration*), are to highlight training in psychotherapy integration around the world and to assist those seeking such integrative training. Additions and amendments to the list should be directed to Jack C. Anchin (SEPI Education & Training Committee) at anchin@buffalo.edu

We hope this training list proves both useful and inspiring!

John C. Norcross, Bryan M. Nolan, Dana C. Kosman, & Hector Fernández-Alvarez

Argentina

Doctoral Program in Neuroscience

www.institucional.uflo.edu.ar/uflo/doctorado/4-informacion

Level: Doctoral

Trainees: Psychologists, Psychiatrists, & Psychotherapists

Duration: 2 years

Degree/Certificate: PhD with a specialization in neuroscience

SEPI Contact: Héctor Fernandez Alvarez

Theoretical Emphases:

Cognitive/cognitive-behavioral

Total Representation

Systems/family systems

Total Representation

Other Representation

Neuroscience

Maestría de Clínica Psicológica Cognitiva

www.ub.edu.ar/inscripcion/posgrados/psicologia/psicologia_cognitiva.php

Level: Master's program

Trainees: Psychologists, Psychiatrists, & Psychotherapists

Duration: 2 years

Degree/Certificate: Magister

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation

Postgraduate Psychotherapy Training Program

www.aigle.org.ar

Level: Post-graduate program

Trainees: Psychologists & Psychiatrists

Duration: 2 years, part-time

Degree/Certificate: Psychotherapy Specialist

SEPI Contact: Héctor Fernández-Alvarez

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation

Psychotherapie Specialization in Integrative Model, Fundacion Aigle

www.aigle.org

Level: Post-graduate program

Trainees: Psychologists, Psychiatrists, Social Workers, & Psychotherapists

Duration: 2 years

Degree/Certificate: Carrera de Especializacion

SEPI Contact: Beatriz Gomez

Theoretical Emphases:

Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation

Psychodynamic/psychoanalytic
Systems/family systems

A Lot of Representation
A Lot of Representation

Australia

Master of Professional Psychology

monash.edu.au/pubs/handbooks/courses/D6008.html

Level: Master's

Trainees: Psychologists

Duration: 1 years

Degree/Certificate: Master of Professional Psychology

SEPI Contact: Sandra Stewart

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation

Belgium

Conceptual Interaction

www.educatieve-academie.be

Level: Diploma program

Trainees: Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses

Duration: 4 years

Degree/Certificate: Psychotherapist

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	A Lot of Representation

Integrative Psychotherapy

www.psychology-integration.eu

Level: Diploma program

Trainees: Counselors, Psychologists, Social Workers, Psychotherapists, Psychiatric Nurses, & Educators

Duration: 4 years

Degree/Certificate: Integrative Psychotherapist

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	Total Representation
Cognitive/cognitive-behavioral	Total Representation
Humanistic/experiential	Total Representation
Psychodynamic/psychoanalytic	Total Representation
Systems/family systems	Total Representation
Other Representation	NLP, transactional analysis

Canada

Graduate Programme, York University

Level: Master's (or equivalent) program & Doctoral (or equivalent) program

Trainees: Psychologists

Duration: 5/6 years, full-time

Degree/Certificate: PhD

SEPI Contact: Alberta Pos

Theoretical Emphases:

Behavioral/behavior analysis	No Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation

Object Relations Therapy and Self Psychology

www.oirt.org

Level: Post-graduate program

Trainees: Counselors, psychologists, psychiatrists, social workers, psychotherapists

Duration: One year, three 45-hour instructional units

Degree/Certificate: Pending

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	A Little Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Little Representation
Other Representation	Relational and self psychology

**Ottawa Hospital Psychology Clinical Internship and Psychiatry Residency Program,
University of Ottawa**

www.ottawahospital.on.ca/wps/portal/Base/TheHospital/OurModelofCare/ProfessionalTeam/Psychology/TrainingProgram; and www.med.uottawa.ca/psychiatry/eng/resident_program.html

Level: Residency & Internship program

Trainees: Psychologists & Psychiatrists

Duration: 1 year in psychology, 5 years in psychiatry

Degree/Certificate:

SEPI Contact:

Theoretical Emphases:

Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Little Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Little Representation

**Post-graduate Seminars on Integrated Treatment and Neuroscience of Psychotherapy,
University of Alberta**

Level: Residency program

Trainees: Psychiatric residents and graduate/post-graduate trainees in the department of psychiatry

Duration: 4 years

Degree/Certificate: Part of obtaining psychiatrist designation or a graduate degree in psychology

SEPI Contact: Y. Shapiro (yshapiro@shaw.ca)

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	Some Representation
Other Representation	Integrated psychobiology (psychodynamic/neuroscience)

Psychotherapy Program, University of British Columbia

www.psychiatry.ubc.ca/programs/psychotherapy-program/

Level: Residency program

Trainees: Psychiatrists

Duration: 5 years, full-time

Degree/Certificate: Qualification as psychiatrist

SEPI Contact: David Kealy

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Little Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Little Representation
Other Representation	Supportive psychotherapy & common factors

University of Windsor, PhD Clinical Psychology, Adult Clinical Track

Level: Doctoral (or equivalent) program

Trainees: Psychologists

Duration: 6 years, part time

Degree/Certificate: PhD

SEPI Contact:

Theoretical Emphases:

Cognitive/cognitive-behavioral	Total Representation
Humanistic/experiential	Total Representation
Psychodynamic/psychoanalytic	Total Representation

York University, Clinical Psychology Graduate Program

www.psychology.gradstudies.yorku.ca/about/clinical/
health.info.yorku.ca/future-psychology-student/

Level: Master's and Doctoral

Trainees: Psychologists

Duration: 5 – 8 years, full time

Degree/Certificate: PhD

SEPI Contact: Alberta Pos

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Little Representation
Systems/family systems	Some Representation

Chile

Integrative Psychotherapy

www.icpsi.cl

Level: Master's

Trainees: Psychologists & Psychiatrists

Duration: 2 years

Degree/Certificate: Master's

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation
Other Representation	Biological and neuroscience

Cyprus

Professional Postgraduate Studies in Integrative Psychotherapy

www.psychotherapycyprus.com

Level: Diploma program

Trainees: Psychologists, psychiatrists, social workers, and psychiatric nurses

Duration: 4 years, full-time

Degree/Certificate: Diploma in integrative psychotherapy

SEPI Contact: Platrites Kyriakos

Theoretical Emphases:

Behavioral/behavior analysis	A Little Representation
Cognitive/cognitive-behavioral	Some Representation
Psychodynamic/psychoanalytic	A Little Representation
Systems/family systems	Some Representation
Other Representation	Common factors, theoretical integrative models

Czech Republic

International Center for Integrated Psychotherapy and a Healthy Life Style (INCIP)

www.incip.cz

Level: Diploma program

Trainees: Counselors, psychologists, psychiatrists, social workers, psychotherapists, psychiatric nurses

Duration: Five years (part-time)

Degree/Certificate: Certificate

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	Total Representation
Cognitive/cognitive-behavioral	Total Representation
Humanistic/experiential	Total Representation
Psychodynamic/psychoanalytic	Total Representation
Systems/family systems	Total Representation

Skala Institute
www.skaluvinstitut.cz

Level: Diploma program

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses

Duration: 5 years, part time

Degree/Certificate: Certificate which is needed to reach postgraduate certification in psychiatry

SEPI Contact: Magdalena Frouzova

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	Some Representation

SUR Program
www.skaluvinstitut.cz

Level: Program necessary for attestation exam in psychotherapy for psychologists and MDs

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, Psychiatric Nurses, Special and Social Pedagogists, & Priests

Duration: 5 years (800 hours)

Degree/Certificate: Certification in self-experienced training in group psychotherapy

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation

Training in Psychotherapy Integration
www.psychoterapie-integrace.cz

Level: Post-graduate in private training institute

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses

Duration: 5 years, part-time

Degree/Certificate: Certificate of graduation, Certified psychotherapist, EAIP level

SEPI Contact: Jan Roubal

Theoretical Emphases:

Behavioral/behavior analysis	A Little Representation
Cognitive/cognitive-behavioral	A Little Representation
Humanistic/experiential	Total Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation
Other Representation	Gestalt therapy

Ireland

Institute of Integrative Counselling & Psychotherapy
www.iicp.ie/

Level: Master's, Diploma, & Post-graduate programs**Trainees:** Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses**Duration:** 4 years, part time + 2 more years, part time for MA (pending)**Degree/Certificate:** BA and MA in Pluralistic Counseling and Psychotherapy**SEPI Contacts:** John McLeod, Marcella Finnerty, Caitriona Kearns**Theoretical Emphases:**

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	Total Representation
Humanistic/experiential	Total Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation
Other Representation	Multicultural, existential, pluralistic

Doctorate in Counselling Psychology

www.psychology.tcd.ie/postgraduate/d-couns/

Level: Doctoral (or equivalent) program**Trainees:** Psychologists**Duration:** 3 years, full-time**Degree/Certificate:** Doctoral Degree**SEPI Contact:** Ladislav Timulak**Theoretical Emphases:**

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation
Other Representation	EFT

M.Sc. in Psychotherapy

www101.dcu.ie/prospective/deginfo.php?classname=MCOU

Level: Master's

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses

Duration: 4 years, part time

Degree/Certificate: M. Sc.

SEPI Contact: Rosaleen McElvaney

Theoretical Emphases:

Behavioral/behavior analysis	A Little Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation

Italy

Integrative Psychotherapy Training

Level: Post-graduate program

Trainees: Psychologists & MDs

Duration: 4 years, part-time

Degree/Certificate: Psychotherapist

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	No Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	Some Representation

Scuola dell'Accademia di Psicoterapia Psicoanalitica

www.accademiasapp.it/Home.aspx

Level: Post-graduate program

Trainees: Psychologists, psychiatrists, psychotherapists

Duration: 4 years

Degree/Certificate: Licensed Psychotherapist

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	A Little Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	A Lot of Representation

Psychodynamic/psychoanalytic
Systems/family systems

Total Representation
Some Representation

Scuola di Psicoterapia Integrata e di Comunità (SPIC)
www.europsyche.org/cms-tag/247/situation-psychotherapy

Level: Post-graduate program

Trainees: Psychologists, Psychiatrists, Psychotherapists, & Physicians

Duration: 5 years, part time

Degree/Certificate: Specialista in Psicoterapia Integrativa e di Comunità

SEPI Contact:

Theoretical Emphases:

Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	Some Representation

Mexico

Maestria en Psicoterapia
posgrados.iteso.mx/maestria-psicoterapia

Level: Master's

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, Psychiatric Nurses

Duration: 2 years, part time

Degree/Certificate: Master's degree

SEPI Contact: Tania Zohn-Muldoon

Theoretical Emphases:

Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation
Other Representation	Narrative therapy

Netherlands

Systemic Relational and Family Psychotherapy
www.psioc.nl

Level: Post-graduate

Trainees: Psychologists, Psychiatrists, Psychotherapists, & Psychiatric Nurses

Duration: 1.5 years

Degree/Certificate: Certificate

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	A Little Representation
Systems/family systems	A Lot of Representation
Other Representation	Stress theory

Norway

Clinical Program, Department of Psychology

www.uio.no

Level: Master's

Trainees: Psychologists

Duration: 6 years, full time

Degree/Certificate: Cand. Psychol.

SEPI Contact: Kirsten Benum & Hanne Weie Oddli

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation
Other Representation	Integrative psychology

Poland

Group Psychotherapy School by Studium Psychoterapi, Laboratorium Psychoterapii

www.lps.pl

Level: Post-graduate program

Trainees: Psychologists, Psychiatrists, & Psychotherapists

Duration: 2 years, full time

Degree/Certificate: Certificate

SEPI Contact: Jerzy Dmuchowski

Theoretical Emphases:

Behavioral/behavior analysis	No Representation
Cognitive/cognitive-behavioral	No Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Other Representation	Existential, interpersonal

Studium Psychoterapii

www.lps.pl

Level: Doctoral (or equivalent) program

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, Psychiatric Nurses, Sociologists, & Anthropologists

Duration: 4 years (at least 1300 hours)

Degree/Certificate: Diploma of Psychotherapist

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	A Little Representation
Cognitive/cognitive-behavioral	A Little Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Total Representation
Systems/family systems	A Lot of Representation
Other Representation	Relational

Portugal

Integrated Masters at Faculty of Psychology, University of Lisbon

www.psicologia.ulisboa.pt/cursosmodule/curso/id/24/

Level: Master's

Trainees: Psychologists

Duration: 2 years, full time

Degree/Certificate: Master of Arts

SEPI Contact: Antonio Branco Vasco

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation
Other Representation	Transdiagnostic and transtheoretical approaches

Romania

Integrative Psychotherapy

www.psihoterapie-integrativa.eu

Level: Doctoral (or equivalent) program

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, & Psychotherapists

Duration: 5 years

Degree/Certificate: Certificate in integrative psychotherapy leading to practice license in Romania, European certificate for psychotherapy, European certificate for integrative psychotherapy

SEPI Contact: Popescu Oana Maria

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	Some Representation

Spain

Official Master in General Health Care Psychology

www.blanquerna.edu/en/official-master-general-healthcare-psychology

Level: Master's (or equivalent) program

Trainees: Psychologists

Duration: 2 years, part-time

Degree/Certificate: Official Master in General Health Care Psychology

SEPI Contact: Luis Botella

Theoretical Emphases:

Behavioral/behavior analysis	A Little Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	A Little Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	Some Representation
Other Representation	Constructivist

Sweden

Relational and Cognitive Program

Sweden

Level: Master's program

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, & Psychotherapists

Duration: 3 years

Degree/Certificate: Lic psychotherapist

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation

Humanistic/experiential	A Little Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Little Representation

Switzerland

MAS Psychotherapy, University Bern

www.kpp.psy.unibe.ch/weiterbildung/mas_psychotherapie_bern/

Level: Post-graduate program

Trainees: Psychologists

Duration: 4 years, part time

Degree/Certificate: Master of Advanced Studies

SEPI Contact: Franz Casper

Theoretical Emphases:

Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	A Little Representation
Systems/family systems	Some Representation

Turkey

Integrated Psychotherapy

www.psikoterapi.org

Level: Master's (or equivalent) program

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, & Psychotherapists

Duration: 3 years, part-time

Degree/Certificate: Psychotherapist, Certificate of Participation

SEPI Contact: Tahir Ozakkas

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	No Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	Some Representation
Other Representation	Existential, transference oriented, Kohut, Masterson

United Kingdom

Integrative Psychotherapy at Metanoia

www.metanoia.ac.uk

Level: Doctoral, Diploma, & Master's

Trainees: Psychiatric Nurses, Psychotherapists, Social Workers, Psychiatrists, Psychologists, & Counselors

Duration: 5 years

Degree/Certificate: MSc, DCPsych, Clinical Diploma

SEPI Contact: Maria Gilbert

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Little Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Little Representation
Other Representation	Relational

United States of America

Advanced Psychodynamic Psychotherapy Fellowship Program

www.ssa.uchicago.edu/professional-development

Level: Post-doctoral fellowship program & Post-graduate program

Trainees: Psychologists, Psychiatrists, & Social Workers

Duration: 1 year, part-time

Degree/Certificate: Certificate

SEPI Contact: Maureen Stimming

Theoretical Emphases:

Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	A Lot of Representation

AEDP

www.aedpinstitute.org

Level: Certification sequence

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, Psychiatric Nurses, & Trainees in university clinical training programs

Duration: 3 years, part time

Degree/Certificate: Full certification AEDP

SEPI Contact: Diana Fosha

Theoretical Emphases:

Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation

American School of Professional Psychology at Argosy University Washington DC

www.clinical.argosy.edu/locations/washington-dc/

Level: Master's, Doctoral, & Internship

Trainees: Psychologists

Duration: 5 years, full time

Degree/Certificate: PsyD

SEPI Contact: George Stricker

Theoretical Emphases:

Behavioral/behavior analysis	Total Representation
Cognitive/cognitive-behavioral	Total Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Total Representation
Systems/family systems	Total Representation

Catholic University of America PhD Program in Clinical Psychology

www.psychology.cua.edu/graduate/phdclprog.cfm

Level: Doctoral (or equivalent) program

Trainees: Psychologists

Duration: 5 years, full-time (minimum)

Degree/Certificate: PhD

SEPI Contact: Carol Glass

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation
Other Representation	Mindfulness

Certified Sex Addiction Therapist

www.iitap.com

Level: Post-graduate program

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses

Duration: 2 years

Degree/Certificate: CSAT Certification

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation

Clinical Psychology Doctoral Program, Fairleigh Dickinson University
www.view2.fdu.edu/academics/university-college/school-of-psychology/ph-d-program-in-clinical-psychology/

Level: Doctoral program

Trainees: Psychologists

Duration: 5 years, full time

Degree/Certificate: Ph.D.

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Little Representation

Clinical Psychology Program, Teachers College

Level: Doctoral program

Trainees: Psychologists

Duration: 5 years, full time

Degree/Certificate: Ph.D.

SEPI Contact: Barry Farber

Theoretical Emphases:

Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Little Representation

Combined-Integrated Doctoral Program in Clinical and School Psychology, James

Madison University

www.psyc.jmu.edu/cipsyd/

Level: Doctoral program

Trainees: Psychologists

Duration: 4 years, full time (master's required for admission)

Degree/Certificate: Doctor of Psychology (Psy.D.)

SEPI Contact: Ken Critchfield and Gregg Henriques

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation

Systems/family systems
Other Representation

A Lot of Representation
Interpersonal Reconstructive Therapy; Unified
Psychotherapy; Developmental LifeSpan

Counseling Psychology, Santa Clara University
www.scu.edu/

Level: Master's

Trainees: Counselors

Duration: 2 years, full time

Degree/Certificate: Master's degree in Marriage and Family Therapy

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis

Cognitive/cognitive-behavioral

Humanistic/experiential

Psychodynamic/psychoanalytic

Systems/family systems

Other Representation

Some Representation

A Lot of Representation

A Lot of Representation

A Lot of Representation

A Lot of Representation

Multicultural

Couple and Family Therapy Program, University of Maryland, College Park
www.sph.umd.edu/department/fmsc/ms-couple-family-therapy

Level: Master's

Trainees: Counselors, Psychologists, Social Workers, Psychotherapists, & Couple and Family Therapists

Duration: 2 years, full time

Degree/Certificate: MS

SEPI Contact: Norman Epstein

Theoretical Emphases:

Behavioral/behavior analysis

Cognitive/cognitive-behavioral

Humanistic/experiential

Psychodynamic/psychoanalytic

Some Representation

A Lot of Representation

A Lot of Representation

A Lot of Representation

Dynamic Emotion Focused Therapy (DEFT) Training program
www.DEFTInstitute.com

Level: Post-graduate program

Trainees: Psychologists, Psychiatrists, Social Workers, & Psychotherapists

Duration: 3 years, part time

Degree/Certificate: Certificate of completion

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	Total Representation
Psychodynamic/psychoanalytic	Total Representation
Systems/family systems	A Little Representation

Existential-Humanistic Institute Certificate Program

www.ehinstitute.org

Level: Master’s or above

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses

Duration: 1-2 years

Degree/Certificate: Certificate in the Foundations of Existential-Humanistic Practice

SEPI Contact: Orah Krug

Theoretical Emphases:

Behavioral/behavior analysis	A Little Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	No Representation
Other Representation	Multicultural and medical dimensions

Family Institute at Northwestern University

www.family-institute.org

Level: Master’s (or equivalent) program, Diploma program, Internship program

Trainees: Counselors, Psychologists, & Social Workers

Duration: 2 years

Degree/Certificate: MMFT

SEPI Contact: Jay Lebow

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation

Integral Psychotherapy, JFKU

www.jfku.edu/

Level: Master's

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses

Duration: 3 years

Degree/Certificate: MA Counseling Psychology

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation

Long Island University – Post Campus

www.liu.edu/post

Level: Doctoral program

Trainees: Psychologists

Duration: 5 years, full-time

Degree/Certificate: PsyD

SEPI Contact: Eva Feindler, Hilary Vidair, or Jill Rathus

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Little Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	Some Representation
Other Representation	DBT/Third Wave

Long Island University, Brooklyn Campus

www.liu.edu/Brooklyn/Academics/Schools/College-of-Liberal-Arts-and-Sciences/Programs/Div3/Psychology/PhD-Psychology

Level: Doctoral (or equivalent) program

Trainees: Psychologists

Duration: 5 years, full-time

Degree/Certificate: PhD

SEPI Contact: Kevin B. Meehan

Theoretical Emphases:

Behavioral/behavior analysis	No Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	No Representation
Psychodynamic/psychoanalytic	A Lot of Representation

Systems/family systems

Some Representation

Mental Health Counseling Program, University of Redlands

www.redlands.edu/docs/SOE/Prog_Sheet_MA_Clinical_Mental_Health_Counseling2.pdf

Level: Master's (or equivalent) program

Trainees: Counselors

Duration: 2 years, full-time (60 hours)

Degree/Certificate: Masters

SEPI Contact: Rod Goodyear

Theoretical Emphases:

Behavioral/behavior analysis

No Representation

Cognitive/cognitive-behavioral

A Little Representation

Humanistic/experiential

A Lot of Representation

Psychodynamic/psychoanalytic

Some Representation

Systems/family systems

A Lot of Representation

Other Representation

Common factors approach

NIP Psychotherapy Integration Program

www.nipinst.org/nip/training/academic_programs/integration/

Level: Post-graduate program

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses

Duration: 2 years

Degree/Certificate: Certificate in Integration; also trauma program

SEPI Contact: Kenneth Frank

Theoretical Emphases:

Behavioral/behavior analysis

Some Representation

Cognitive/cognitive-behavioral

A Lot of Representation

Humanistic/experiential

A Lot of Representation

Psychodynamic/psychoanalytic

A Lot of Representation

Systems/family systems

Some Representation

Ohio University

www.ohio.edu/cas/psychology/

Level: Doctoral program

Trainees: Psychologists & Psychotherapy

Duration: 5 years, full time

Degree/Certificate: Ph.D.

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	No Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Little Representation
Psychodynamic/psychoanalytic	A Little Representation
Systems/family systems	No Representation

Saybrook University

Level: Doctoral (or equivalent) program

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses

Duration: 1 year, part-time

Degree/Certificate: Integrative Mental Healthcare and/or Integrative Psychotherapies

SEPI Contact: Carol Veizer

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation
Other Representation	CAM/mind-body approaches

St. John's University

www.stjohns.edu/

Level: Post-graduate program

Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses

Duration: 1 year

Degree/Certificate: Certificate in Family and Sex Therapy

SEPI Contact: drpatriciapitta@gmail.com

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation

Suffolk University

www.suffolk.edu/

Level: Doctoral program

Trainees: Psychologists
Duration: Average 6-7 full-time years
Degree/Certificate: Ph.D.

SEPI Contact:

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Psychodynamic/psychoanalytic	No Representation
Systems/family systems	A Little Representation
Other Representation	Acceptance-Based

University at Albany, State University of New York

www.albany.edu/

Level: Doctoral

Trainees: Psychologists

Duration: 5 years

Degree/Certificate: PhD in Clinical Psychology

SEPI Contact: James Boswell

Theoretical Emphases:

Behavioral/behavior analysis	Total Representation
Cognitive/cognitive-behavioral	Total Representation
Humanistic/experiential	A Little Representation
Psychodynamic/psychoanalytic	No Representation
Systems/family systems	A Little Representation

University of Michigan Psychological Clinic

www.psychclinic.org

Level: Internship & Post-doctoral

Trainees: Psychologists & Social Workers

Duration: 1 year +, full time

Degree/Certificate: Certificate

SEPI Contacts: Todd Favorite & Jeff Urist

Theoretical Emphases:

Behavioral/behavior analysis	A Little Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Lot of Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation

University of North Texas, Clinical Psychology
www.psychology.unt.edu/graduate-programs/clinical-psychology

Level: Doctoral (or equivalent) program

Trainees: Psychologists

Duration: 6 years, on average

Degree/Certificate: PhD

SEPI Contact: Jennifer Callahan

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	Some Representation
Humanistic/experiential	Some Representation
Psychodynamic/psychoanalytic	Some Representation
Systems/family systems	Some Representation

USF Counseling Psychology & MFT program, Sanville Institute
www.sanville.edu

Level: Master's & Doctoral

Trainees: Counselors, Psychologists, Social Workers, Psychotherapists, & LPCC

Duration: 3 years for MFT & 6 years for PhD

Degree/Certificate: MFT & PhD

SEPI Contact: Mary Coombs

Theoretical Emphases:

Behavioral/behavior analysis	A Lot of Representation
Cognitive/cognitive-behavioral	A Lot of Representation
Humanistic/experiential	A Little Representation
Psychodynamic/psychoanalytic	A Lot of Representation
Systems/family systems	A Lot of Representation

Yeshiva University
www.yu.edu/ferkauf/clinical-psychology/

Level: Doctoral (or equivalent) program

Trainees: Psychologists

Duration: 5 years

Degree/Certificate: PsyD

SEPI Contact: Catherine Eubanks-Carter

Theoretical Emphases:

Behavioral/behavior analysis	Some Representation
Cognitive/cognitive-behavioral	Total Representation
Humanistic/experiential	No Representation
Psychodynamic/psychoanalytic	Total Representation
Systems/family systems	Some Representation

Uruguay

Postgrados de Psicoterapia Integrativa

Level: Master's (or equivalent) program

Trainees: Psychologists, Psychiatrists, & Psychotherapists

Duration: 2 years + 1 year practice supervision

Degree/Certificate: Postgrado Universidad, Alapsi y Flapnie área Psicoterapia Fupsi y Flapsi

SEPI Contact: Margarita Dubourdieu

Theoretical Emphases:

Behavioral/behavior analysis

Total Representation

Cognitive/cognitive-behavioral

Total Representation

Humanistic/experiential

Some Representation

Psychodynamic/psychoanalytic

A Little Representation

Systems/family systems

Some Representation

Other Representation

Interpersonal, Schema theory, Neuroscience, PNIE