



**Society for the Exploration of  
Psychotherapy Integration**

# **Conference Program**

**Revised with last minute updates April 2, 2014**

**Montreal, Canada, April 10-13, 2014**

*Psychotherapy Integration in the Trenches:  
How Psychotherapy Integration  
is Put into Practice*



**SEPI 30th ANNUAL MEETING**

## **PROGRAM COMMITTEE**

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**Stanley B. Messer, Ph.D., (Program Chair)**, *Graduate School of Applied & Professional Psychology— Rutgers University, USA*

**Daniel J. Gaztambide, M.A., Psy.M., (Assistant to the Program Chair)**, *Graduate School of Applied & Professional Psychology—Rutgers University, USA*

Nuno Conceicao, Ph.D., Portugal

Marvin Goldfried, Ph.D., USA

Rhonda Goldman, Ph.D., USA

Jeff Harris, Ph.D., USA

Shigeru Iwakabe, Ph.D., Japan (Future Program Chair, 2016)

Antonio Pascual-Leone, Ph.D. Canada (Past Program Chair, Barcelona, 2013)

Henny Westra, Ph.D., Canada

Abe Wolfe, Ph.D., USA (Future Program Chair, Philadelphia, 2015)

**Tracey Martin, USA, Conference Coordinator**

## **LOCAL HOST COMMITTEE**

**Martin Drapeau, Ph.D., (Local Chair)**, *Department of Counseling Psychology & Psychiatry, McGill University, Canada.*

**Stacy Bradley, MA, (Assistant to the Local Host)**, *Psychotherapy Process Research Group, McGill University, Canada*

## **CO-CHAIRS, SEPI BOARD OF DIRECTORS**

**Louis Castonguay, Ph.D., USA**

**Shelley McMain, Ph.D., Canada**

## ***WELCOME TO SEPI 2014, MONTREAL!***

### **Stanley Messer (Program Chair) & Martin Drapeau (Local Host)**

On behalf of the program and local organizing committees, we welcome you to SEPI's 30<sup>th</sup> annual meeting in Montreal, Quebec, Canada. We have had an excellent response to this year's conference, meaning that you may find yourself reacting as anxiously as Pavlov's dogs in trying to discriminate among equally attractive session possibilities! The program includes half-day workshops, individual keynote addresses, plenary panels, submitted panels and those arranged thematically from submitted brief papers, mini-workshops, structured discussions and posters. There are lunch breaks and coffee breaks each day to allow you to refresh yourself, network and continue dialoguing and debating the merits of the ideas to which you have been exposed in the presentations. The topics range very widely and cover much of the important ground regarding the practice of psychotherapy integration in the trenches. You will find clinical, research and conceptual presentations, individual, couples, group and family therapy representing several theoretical orientations as applied to many forms of psychopathology and human distress. Your learning will come not only from the efforts at integration but in the exploration of similarities and differences across modalities.

We wish you a most rewarding meeting, with the excitement of new ideas, clinical techniques and areas to explore. We hope that you will also get to see some of this great city of Montreal, known as the Paris of North America.

### **Hanna Levenson (Membership Chair of SEPI)**

Let me welcome all new members (and returning ones) to Montreal. Your joining SEPI (the only international organization devoted to exploring the integration of diverse clinical and theoretical perspectives) is proof positive of your exceptional intelligence, allegiance to quality therapy and empirical inquiry, and commitment to advancing the theory and practice of what works in clinical practice. During the Conference, please come and say "Hi" to me (and to members of the Program Committee). I want to welcome you personally and thank you for your support of SEPI. Hope you have a marvelous time.

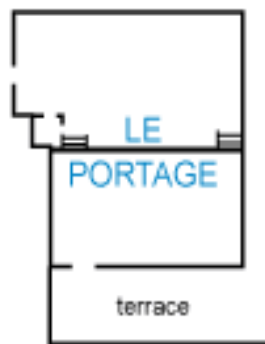
**SEPI Regional Networks Program:** You have the opportunity to meet two of the international Network coordinators: **Nuno Conceicao** (Lisbon) and **Beatriz Gomez** (Buenos Aires). Take a few moments for regional networking so you can be put in touch with others in your area when you get back home.

## ***IN MEMORIAM***

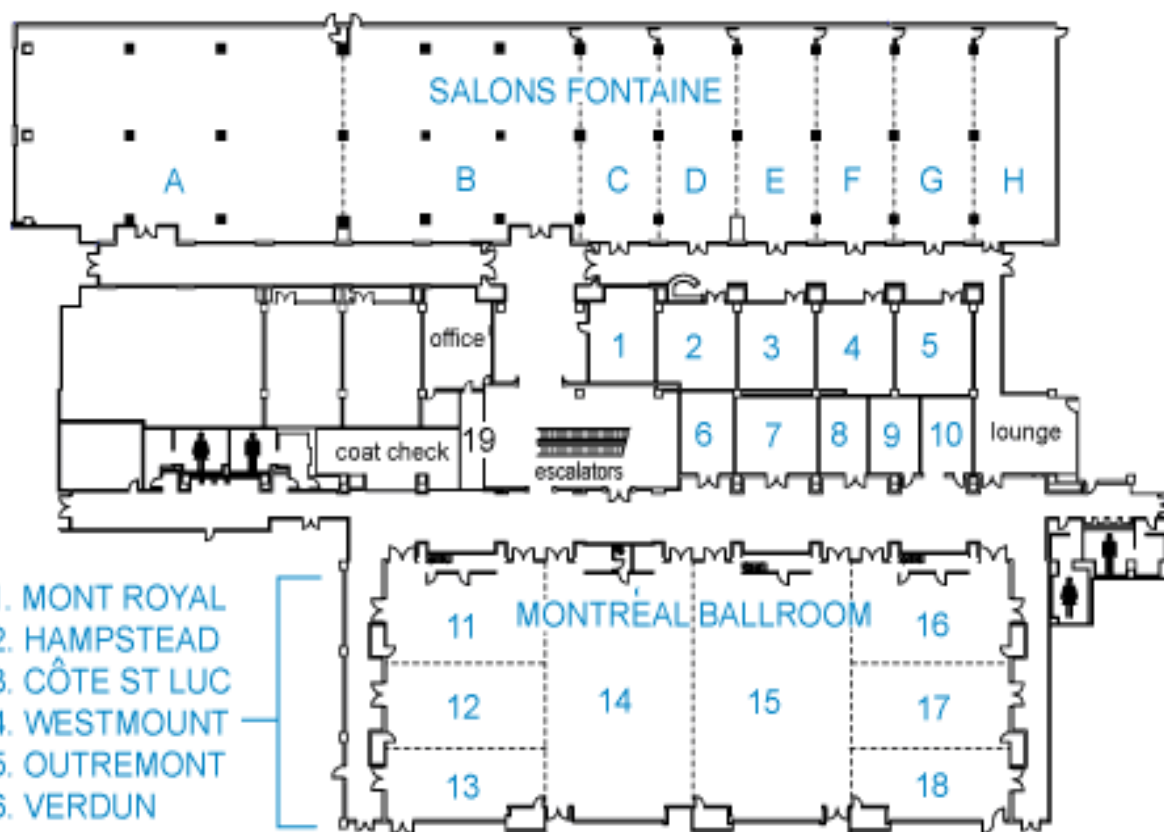
**Alan S. Gurman, Ph.D.**, a long-time member of SEPI, died suddenly on September 6, 2013. I (SBM) had the good fortune to get to know Al through our joint work over two decades on three editions of the edited volume, *Essential Psychotherapies: Theory and Practice*. I always looked forward to our many phone sessions (we only met twice in person, as he was not a conference go-er) in which we would

debate the concepts in each chapter and fuss over the wording and grammar. Although we each had our spheres of expertise—he in couples, family and behavioral approaches, and I in the psychodynamic, person-centered and existential modalities—we overlapped in our shared interest in psychotherapy integration. We have lost a dear friend, family man, and extraordinary psychologist, author and therapist.

## HILTON BONAVENTURE MONTREAL - PREMIER LEVEL



- |                        |                |
|------------------------|----------------|
| 1. FRONTENAC           | 6. ST-LAMBERT  |
| 2. FUNDY               | 7. ST-PIERRE   |
| 3. LONGUEUIL           | 8. ST-LAURENT  |
| 4. POINTE-AUX-TREMBLES | 9. ST-MICHEL   |
| 5. JACQUES-CARTIER     | 10. ST-LEONARD |



- 11. MONT ROYAL
- 12. HAMPSTEAD
- 13. CÔTE ST LUC
- 14. WESTMOUNT
- 15. OUTREMONT
- 16. VERDUN
- 17. LACHINE
- 18. LASALLE
- 19. Registration Desk

# Conference Timetable

Thursday		Friday		Saturday		Sunday	
		8:30 – 8:45	Opening Remarks	8:30 – 9:30	Keynote Speaker		
		8:45 – 9:45	Keynote Speaker	9:30 – 9:45	<b>Coffee Break</b>	8:25 – 9:40	Sessions
9:30 – 12:30	Pre-conference	9:45 – 10:00	<b>Coffee Break</b>	9:45 – 11:00	Sessions	9:45 – 11:00	Sessions
	Workshops	10:00 – 11:10	Sessions	11:05 – 12:15	Sessions	11:00 – 11:15	<b>Coffee Break</b>
	...	11:15 – 12:25	Sessions	12:20 – 1:30	<b>Lunch &amp; Research Consultation</b>	11:15 – 12:45	Closing Plenary
	...	12:25 – 1:45	<b>Lunch</b>	1:30 – 2:45	Plenary Panel	12:45 – 1:00	Closing Remarks
12:30 – 2:00	<b>Lunch</b>	1:45 – 3:15	Plenary Panel	2:45 – 3:00	<b>Coffee Break</b>		
2:00 – 5:00	Pre-conference	3:15 – 3:30	<b>Coffee Break</b>	3:00 – 4:15	Sessions		
	Workshops	3:30 – 4:40	Sessions	4:20 – 5:30	Sessions		
	...	4:45 – 5:55	Sessions	5:35 – 6:45	<b>Poster Session &amp; Dissertation/Young Researcher Award Ceremony</b>		
	...	6:00 – 7:00	<b>Poster Session &amp; Welcome Reception</b>	7:30 – 10:30	<b>Gala</b>		
9:00 – 5:00	Registration						

## Thursday, 10 April 2014

1. **Pre-Conference Workshop**  
*Integration*  
Organizer/Moderator: Jeff E. Harris, Texas Woman`s University

Thursday | 9:30 AM-12:30 PM | Fundy  
**Becoming a More Integrative Psychotherapist: Expanding Your Multitheoretical Repertoire of Key Strategies**
2. **Pre-Conference Workshop**  
Organizer/Moderator: Lisa Firestone, The Glendon Association

Thursday | 9:30 AM-12:30 PM | Longueuil  
**An Integrative Cognitive, Affective, Behavioral Approach to Differentiation of Self**
3. **Lunch on your own**

Thursday | 12:30 PM-2:00 PM | Bon appetit! Peruse local restaurants.
4. **Pre-Conference Workshop**  
*Addiction*  
Organizer/Moderator: Andrew Tatarsky, Center for Optimal Living

Thursday | 2:00 PM-5:00 PM | Fundy  
**In Introduction to Integrative Harm Reduction Psychotherapy for the Spectrum of Addictive and Risky Behavior**
5. **Pre-Conference Workshop**  
*Emotion-focused*  
Organizer/Moderator: Jeanne Watson, University of Toronto, Canada

Thursday | 2:00 PM-5:00 PM | Longueuil  
**Transforming Pain with Emotion Focused Therapy**

## Friday, 11 April 2014

6. Friday | 8:30 AM-8:45 AM | Mt. Roy/Hamp/CSL  
**Opening Remarks**

Stanley Messer, Rutgers University, Piscataway, USA

7. Friday | 8:45 AM-9:45 AM | Mt. Roy/Hamp/CSL  
**Keynote** **KEYNOTE PLENARY**

Organizer/Moderator: Stanley Messer, Rutgers University, Piscataway, USA

**Clinician and researcher partnerships: Creating new landscapes of practice and knowledge**

Louis G. Castonguay, Penn State University, University Park, USA

8. Friday | 9:45 AM-10:00 AM | Foyer/Morning Break  
**Coffee Break**

9. Friday | 10:00 AM-11:10 AM | Fundy

### **Panel**

*Therapist factors*

Organizer/Moderator: Michael Basseches, Suffolk University, Boston, USA

**The Interaction among Therapists' Practices, Lives and Development**

**Reflective Practice and Experiential Avoidance as issues in Therapists' Continuing Development**

Alison Rachel Thomas, Suffolk University, Boston, USA; Megan Clapp, Suffolk University, Boston, USA; Michael Basseches, Suffolk University, Boston, USA



**Self-compassion: Relevance to Therapists' Development & Vitality**

Vanessa Alvarez, Suffolk University, Boston, USA; Grace Gu, Suffolk University, Boston, USA; Michael Basseches, Suffolk University, Boston, USA

**What Helps Therapists Maintain Vital Engagement in Their Work?**

Michael Basseches, Suffolk University, Boston, USA; Angela Brandao, University of Lisbon, Portugal; Grace Gu, Suffolk University, Boston, USA

10.

**Mini-Workshop**

*Experiential*

Organizer/Moderator: Danny Yeung, University of Toronto, Canada

Friday | 10:00 AM-11:10 AM | Jacques Cartier

**The Heart and Soul of Healing: Working with Positive Emotions and Spirituality in Accelerated Experiential Dynamic Psychotherapy**

11.

**Panel**

Organizer/Moderator: Yehuda Aryeh Gabler, York University, Canada

Friday | 10:00 AM-11:10 AM | Longueuil

**Philosophical Issues in Psychotherapy Integration**

**Psychotherapies as Modes of Representation**

Pavan Brar, York University, Canada

**Freewill and Psychotherapy: A Dialectical Constructivist Account and Two Complementary Points of View**

Yehuda Aryeh Gabler, York University, Canada; Crescenzo Verrelli, York University, Canada

**A Critical Analysis of the DSM's Support of the Medical Model and a Humanistic Alternative**

Lisa Feingold, York University, Canada; Thomas Teo, York University, Canada

12.

**Mini-Workshop**

*CBT*

Organizer/Moderator: Stephen J  
F Holland, Capital Institute for  
Cognitive Therapy

Friday | 10:00 AM-11:10 AM | Mt. Roy/Hamp/CSL

**Practicing Empirically Supported Cognitive-Behavioral  
Therapy within a Psychodynamically Informed  
Integrative Model**

13.

**Panel**

*Anxiety*

Organizer/Moderator: Lynne  
Angus, York University, Canada

Friday | 10:00 AM-11:10 AM | Pointe-aux-Trembles

**Client corrective experiences in Motivational  
Interviewing/ CBT for Severe Generalized Anxiety  
Disorders : From first person accounts to video-based  
coding systems.**

**Integrating Motivational Interviewing with CBT for the  
Treatment of Generalized Anxiety**

[Adi Aviram, York University, Canada](#); Henny A. Westra, York University,  
Canada

**Client Perspectives on Corrective Experiences in Cognitive  
Behavioural Therapy and Motivational Interviewing for  
Generalized Anxiety Disorder: A Pilot Study**

[Jasmine Khattra, York University, Canada](#); Lynne Angus, York University,  
Canada; Christianne Braid Macaulay, York University, Canada; Henny A.  
Westra, York University, Canada

**Narrative-emotion processes and corrective experiences in  
therapy for generalized anxiety disorder**

[Christianne Braid Macaulay, York University, Canada](#); Jasmine Khattra, York  
University, Canada; Lynne Angus, York University, Canada; Henny A.  
Westra, York University, Canada

Discussant:

[Michael J. Constantino, University of Massachusetts Amherst](#)

14.

**Panel**

*Integration*

Organizer/Moderator: Sarah Bloch-Elkouby, Adelphi University, New York, USA

Friday | 10:00 AM-11:10 AM | St. Pierre

**One complex case: Three Integrative Theory Options**

**Assimilative Psychodynamic Psychotherapy: a case study**

Sarah Bloch-Elkouby, Adelphi University, New York, USA; Jerry Gold, Adelphi University, New York, USA

**Conflict-Resolution Theory**

Susan Heitler, private practice

**Convergence and complementarity between assimilative approaches to psychotherapy**

Louis G. Castonguay, Penn State University, University Park, USA

Discussant:

Jeanne Watson, University of Toronto, Canada

15.

**Structured Discussion**

*Supervision*

Organizer/Moderators: Karen Fergus, York University, Canada; Lynne Angus, York University, Canada; John Eastwood, York University, Canada; Henny A Westra, York University, Canada; Louise Hartley, York University, Canada; Alberta Eveline Pos, York University, Canada; David W. Reid, York University, Canada

Friday | 11:15 AM-12:25 PM | Jacques Cartier

**Psychotherapy Training at York University: An Evolving Model of Integrative Training**

16.

**Panel**

Organizer/Moderator: Kenneth Barish, Weill Medical College, Cornell University

Friday | 11:15 AM-12:25 PM | Fundy

**Integrative Psychotherapy with Children and Adolescents**

**Overcoming Bullying - Cognitive Behavioral Therapy (OB-CBT): The Best of All Worlds for the Benefit of Peer Victimized Youth**

Gili Wendy Adler Nevo, University of Toronto, Canada; Howard Book, University of Toronto, Canada

**Working integratively in the "therapeutic milieu": a promising approach for dissocial children and adolescents.**

[Katharina Gerlich, Danube University Krems](#)

**Disentangling successful outpatient treatments with adolescents -- some reflections about the ending of treatments**

[Arne Kristian Henriksen, Ostfold Hospital Trust](#)

**Bad Feelings: An Integrative Model of Child and Adolescent Psychotherapy**

[Kenneth Barish, Weill Medical College, Cornell University](#)

17.

**Panel**

Organizer/Moderator: Jonathan Petraglia, McGill University, Montreal, Canada

Friday | 11:15 AM-12:25 PM | Longueuil

**Working with Emotions, Defenses, and Somatic Experience**

**Which clinical guidelines are ranked as most important by psychodynamic therapists when interpreting patient defenses?**

[Maneet Bhatia, McGill University, Montreal, Canada](#); [Jonathan Petraglia, McGill University, Montreal, Canada](#); [Martin Drapeau, McGill University, Montreal, Canada](#)

**Ten Principles to Guide Psychodynamic Technique with Defense Mechanisms: An Examination of Theory, Research, and Clinical Implications**

[Jonathan Petraglia, McGill University, Montreal, Canada](#); [Maneet Bhatia, McGill University, Montreal, Canada](#); [Martin Drapeau, McGill University, Montreal, Canada](#)

**A New Technique for Making Psychodynamic Interventions More Rapid and More Powerful: A Video**

[Susan Heitler, private practice](#)

**Somatic Psychotherapy: History, Present Perspectives and Future Directions**

[Dawn Bhat, USABP, New York](#); [Jacqueline Carleton, USABP, New York](#); [Alla Malovichko, Columbia University](#)

18.

**Mini-Workshop**

*Trauma*

Organizer/Moderator: Bruce  
Liese, University of Kansas  
Medical Center

Friday | 11:15 AM-12:25 PM | Mt. Roy/Hamp/CSL

**Integrative Group Therapy for Treating Diverse  
Problems: Anxiety, Depression, Anger, and Addictive  
Behaviors**

19.

**Panel**

*Supervision*

Organizer/Moderator: Shalonda  
Kelly, Rutgers University,  
Piscataway, USA

Friday | 11:15 AM-12:25 PM | Pointe-aux-Trembles

**Supervision Involving the Integrative Treatment of  
Culturally Diverse Clients**

**Integrating Cognitive-Behavioral, Systems, and Multicultural  
Perspectives in the Supervised Treatment of an African-  
American Blended Family**

Traci Maynigo, Rutgers University, Piscataway, USA

**Integrating Cognitive-Behavioral, Multicultural, and  
Emotionally-focused Orientations in Supervision for Couple  
Therapy**

Kiara c. Wesley, Rutgers University, Piscataway, USA

**Principle-Based Intervention and Psychotherapy Integration:  
The Perspective of a Supervisee**

Steven M. Clark, Rutgers University, Piscataway, USA

Discussant:

Jay Lebow, Family Institute at Northwestern

20.

**Panel**

*Common Factors*

Organizer/Moderator: Catherine  
Eubanks-Carter, Yeshiva  
University

Friday | 11:15 AM-12:25 PM | St. Pierre

**When the best laid plans go awry: An exploration of  
patient deterioration and therapist noncompliance**

**Deterioration in psychotherapy and incongruence between  
therapists' and patients' subjective experience**

Sarah Bloch-Elkouby, Adelphi University, New York, USA; J. Christopher Muran, Adelphi University, New York, USA; Lauren Knopf, Adelphi University, New York, USA; Catherine Eubanks-Carter, Yeshiva University; Jeremy Safran, New School University, New York, USA

**Therapist non-compliance to manualized techniques: A factor of struggling therapeutic relationships?**

Clara Hungr, Adelphi University, New York, USA; J. Christopher Muran, Adelphi University, New York, USA; Rachel Small, Adelphi University, New York, USA; Jeremy Safran, New School University, New York, USA

**A closer look at deterioration and noncompliance: An evidence-based case study**

Catherine Eubanks-Carter, Yeshiva University; Sarah Bloch-Elkouby, Adelphi University, New York, USA; Clara Hungr, Adelphi University, New York, USA; J. Christopher Muran, Adelphi University, New York, USA; Jeremy Safran, New School University, New York, USA

Discussant:

Shelley McMMain, Centre for Addiction and Mental Health and the University of Toronto

21.

Friday | 12:25 PM-1:45 PM | Bon appetit! Enjoy the Montreal cuisine.  
**Lunch on your own**

22.

**Plenary**

Organizer/Moderator: Rhonda Goldman, Illinois School of Professional Psychology, Argosy University, Schaumburg

Friday | 1:45 PM-3:15 PM | Mt. Roy/Hamp/CSL

**PLENARY PANEL: Integration in Couples Therapy: What are the Key Ingredients?**

**Principle-based Couple Therapy**

Shalonda Kelly, Rutgers University, Piscataway, USA

**Common factors and Shared Strategies and Techniques in Couple Therapy**

Jay Lebow, Family Institute at Northwestern

**Time, Power, and Connection: Three Dimensions of an**

### **Integrative Couple Therapy**

Peter Fraenkel, City University of New York, USA

### **Emotion in Couples Therapy**

Rhonda Goldman, Illinois School of Professional Psychology, Argosy University, Schaumburg

23.

Friday | 3:15 PM-3:30 PM | Foyer/Afternoon Break

### **Coffee Break**

24.

### **Structured Discussion**

#### *Supervision*

Organizer/Moderators: Eva Feindler, Long Island University; Post; Kenneth Frank, National Institute for the Psychotherapies; Marvin Goldfried, Stony Brook University, USA

Friday | 3:30 PM-4:40 PM | Jacques Cartier

### **Perspectives on Parallel Process in Clinical Supervision**

25.

### **Panel**

#### *Change Process*

Organizer/Moderator: Jeanne Watson, University of Toronto, Canada

Friday | 3:30 PM-4:40 PM | Fundy

### **Models of clients` cognitive and affective processes in psychotherapy**

#### **Understanding pathological worry from an attachment perspective**

Aline Rodrigues, University of Toronto; Jeanne Watson, University of Toronto, Canada

#### **Working with maladaptive appraisals in the treatment of depression**

Laura Gollino, University of Toronto, Canada; Jeanne Watson, University of

Toronto, Canada

**Resolving Interpersonal Relatedness Concerns in Emotion-Focused Therapy**

Jason Mark Sharbanee, York University, Canada; Jeanne Watson, University of Toronto, Canada; Leslie S. Greenberg, York University, Canada

**Increasing our understanding of treatment efficacy through an exploration of similarities and differences in clients' productive processing across two treatment approaches.**

Evelyn J. McMullen, University of Toronto, Canada; Jeanne Watson, University of Toronto, Canada

26.

**Panel**

*Process-outcome*

Organizer/Moderator: Annette Dufresne, University of Windsor, Ontario, Canada

Friday | 3:30 PM-4:40 PM | Longueuil

**Incorporating Feedback Tools into Clinical Training in Psychotherapy**

**Current Training Practices in Progress Monitoring Measures**

Louise C Overington, McGill University, Montreal, Canada; Marilyn R. Fitzpatrick, McGill University, Montreal, Canada

**Client Perceptions of Helpful Aspects of Therapy: Implications for Training and Practice**

Beatriz Rodriguez Rubio, University of Windsor, Ontario, Canada; Ula Khayyat-Abuaita, University of Windsor, Ontario, Canada; Annette Dufresne, University of Windsor, Ontario, Canada

**Client and Trainee Perspectives on Process and Outcome in Psychotherapy: Illustrative Case Studies Using an Integrative Approach**

Ula Khayyat-Abuaita, University of Windsor, Ontario, Canada; Beatriz Rodriguez Rubio, University of Windsor, Ontario, Canada; Annette Dufresne, University of Windsor, Ontario, Canada



27.

### **Mini-Workshop**

Organizer/Moderator: Linda Smoling Moore, PhD, Private Practice

Friday | 3:30 PM-4:40 PM | Mt. Roy/Hamp/CSL

### **Finding the Road to the Unconscious with Davanloo's Intensive Short-Term Dynamic Psychotherapy**

28.

### **Panel**

#### *Change Process*

Organizer/Moderator: Michael Basseches, Suffolk University, Boston, USA

Friday | 3:30 PM-4:40 PM | Pointe-aux-Trembles

### **To the Trenches: Transforming the Developmental Analysis of Psychotherapy Process (DAPP) Research Approach into an Optimally Useful Tool for Therapists' Reflective Practice.**

#### **The growing impetus for bringing the developmental analysis of psychotherapy process (DAPP) into the trenches.**

[Alison Rachel Thomas, Suffolk University, Boston, USA](#); Michael Basseches, Suffolk University, Boston, USA; Vanessa Alvarez, Suffolk University, Boston, USA; Megan Clapp, Suffolk University, Boston, USA

#### **Transforming the developmental analysis of psychotherapy process (DAPP) framework from a research method into a training and reflective practice tool for clinicians.**

[Megan Clapp, Suffolk University, Boston, USA](#); Vanessa Alvarez, Suffolk University, Boston, USA; Michael Basseches, Suffolk University, Boston, USA; Alison Rachel Thomas, Suffolk University, Boston, USA

#### **Learning the developmental analysis of psychotherapy process (DAPP) using a practitioner-oriented coding manual.**

[Grace Gu, Suffolk University, Boston, USA](#); Megan Clapp, Suffolk University, Boston, USA; Michael Basseches, Suffolk University, Boston, USA; Alison Rachel Thomas, Suffolk University, Boston, USA; Vanessa Alvarez, Suffolk University, Boston, USA

Discussant:

[Michael Basseches, Suffolk University, Boston, USA](#)

29.

### **Panel**

Friday | 3:30 PM-4:40 PM | St. Pierre

### **Theoretical Integration and Cultural Competency in Clinical Social Work Practice**

Organizer/Moderator: Terry Northcut, Loyola University of Chicago

**The Use of Integrative Practices Across Mental Health Settings: Experiences from the Field and Implications for the Future**

[Natalie Beck, Loyola University of Chicago](#); John Lingener, Loyola University of Chicago; Stacia Noll, Loyola University of Chicago

**Addressing Comorbidity of Substance Disorders and Mood disorders from an Integrative Social Work Perspective**

[John Castino, Loyola University of Chicago](#); Joy Berry, Loyola University of Chicago; Adrian Brown, Loyola University of Chicago

**Rethinking "Cultural Competency" through the use of the concept of Intersectionality and the practice of Mindfulness**

[Rachel Seed, Loyola University of Chicago](#); Amelia Joseph, Loyola University of Chicago; Bevin Titcomb, Loyola University of Chicago; Ethan Weiss, Loyola University of Chicago; Anthony De la Cruz, Loyola University of Chicago; Kathryn Krzykala, Loyola University of Chicago

30.

**Panel**

*Narrative*

Organizer/Moderator: Peter Muntigl, Ghent University, Belgium

Friday | 4:45 PM-5:55 PM | Fundy

**Integrative Psychotherapy Perspectives on Client Stories and Emotional Disclosure in Brief Emotion-Focused Therapy of Depression**

**Therapist practices that call attention to the emotional impact of stories in brief Emotion-focused therapy of depression: A conversation analytic view**

[Peter Muntigl, Ghent University, Belgium](#); Naomi Knight, Simon Fraser University, Burnaby, Canada; Lynne Angus, York University, Canada

**Towards an enhanced understanding of how emotion elaboration and narrative integration happens in brief Emotion-focused therapy of depression**

[James Watson-Gaze, York University, Canada](#); Lynne Angus, York University, Canada; Emily Bryntwick, York University, Canada; Naomi Carpenter, York University, Canada

**Shifting stories: Narrative-emotion process patterns in brief psychotherapy for depression**

[Tali Boritz, Centre for Addiction and Mental Health](#); Lynne Angus, York University, Canada; Ryan Barnhart, Centre for Addiction and Mental

Health; Michael J. Constantino, University of Massachusetts Amherst

Discussant:

Lynne Angus, York University, Canada

31.

### **Mini-Workshop**

#### *Couple*

Organizer/Moderator: Susan  
Heitler, private practice

Friday | 4:45 PM-5:55 PM | Jacques Cartier

### **Integrating Couple and Individual Treatment Elements**

32.

### **Panel**

#### *Change Process*

Organizer/Moderators: Nuno  
Conceicao, University of Lisbon,  
Portugal; Shigeru Iwakabe,  
Ochanomizu University, Tokyo,  
Japan

Friday | 4:45 PM-5:55 PM | Longueuil

### **AEDP from Clients` Perspective: How clients experience their change in and out of therapy.**

#### **Clients perspective of in session change processes in AEDP: a qualitative study on what clients and therapist do in the sessions.**

Pamela Rodrigues, University of Lisbon, Portugal; Nuno Conceicao, University of Lisbon, Portugal; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Ana Isabel Silva, University of Lisbon, Portugal

#### **Clients' perspectives of out of session change mechanisms in AEDP: a qualitative study on the translation of in-session change into daily life's change.**

Nuno Conceicao, University of Lisbon, Portugal; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Ana Isabel Silva, University of Lisbon, Portugal; Pamela Rodrigues, University of Lisbon, Portugal

#### **A phenomenological study on the client experience of change in AEDP**

Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Nuno Conceicao, University of Lisbon, Portugal; Diana Fosha, The AEDP Institute

33.

### **Mini-Workshop**

#### *Training*

Organizer/Moderators: Beatriz Gómez, Aigle Foundation; Héctor Fernández-Alvarez, Aiglé Foundation

Friday | 4:45 PM-5:55 PM | Mt. Roy/Hamp/CSL

### **Training psychotherapists: An integrative perspective to expand therapists` resources.**

34.

### **Panel**

#### *Process-outcome*

Organizer/Moderator: Joel Town, Dalhousie University, Canada

Friday | 4:45 PM-5:55 PM | Pointe-aux-Trembles

### **Insights gained from process-outcome studies of psychodynamic psychotherapy: Implications for effective therapy**

#### **The effectiveness of brief psychotherapy for somatic symptoms: Role of patient characteristics and common versus specific psychotherapy variables**

[Joel Town, Dalhousie University, Canada](#)

#### **Use of psychodynamic-interpersonal and cognitive-behavioral techniques within an Intensive Short-Term Dynamic Psychotherapy Trial Therapy**

[Amgad Barsoum Barsoum, Dalhousie University, Halifax, NS, Canada](#); Joel Town, Dalhousie University, Canada

#### **Post-session change in Intensive Short-Term Psychodynamic Psychotherapy: Contribution of patient in-session motivation, insight and affective arousal**

[Elizabeth Silker Pienkos, Rutgers University, Piscataway, USA](#); Joel Town, Dalhousie University, Canada

Discussant:

[Allan Abbass, Dalhousie University](#)

35.

## Panel

Organizer/Moderator: David Zuroff, McGill University, Montreal, Canada

Friday | 4:45 PM-5:55 PM | St. Pierre

## Comparing Change Processes and Common Factors across Therapies

### Treatment objectives as predictors of outcome in short-term dynamic psychotherapy and cognitive therapy with cluster C personality disorders

Truls Ryum, Norwegian University of Science and Technology, Trondheim, Norway; Jakob Valen, ; Tore C. stiles, Norwegian University of Science and Technology, Trondheim, Norway; Martin svartberg, ; Truls Ryum, Norwegian University of Science and Technology, Trondheim, Norway

### Differences and Similarities in the Use of the Common Factors in Psychodynamic, Cognitive, and Behavioral Therapies

Kevin S McCarthy, Chestnut Hill College; David Butman, Chestnut Hill College; Ulrike Dinger, University of Heidelberg, Germany; Dianne L. Chambless, University of Pennsylvania, Philadelphia, USA; Barbara Milrod, Weill-Cornell Medical College; Jacques P. Barber, Adelphi University, New York, USA

### Patient Personality and the Therapeutic Relationship as Common Factors in Treatment: Dependency, Self-Critical Perfectionism, and the Rogerian Conditions in the TDCRP

David Zuroff, McGill University, Montreal, Canada; Sidney J. Blatt, Yale University

### An Idiographic Analysis of Change Processes in the Transdiagnostic Treatment of Depression and Anxiety

James Franklin Boswell, University at Albany/SUNY, USA; Lisa M. Anderson, University at Albany/SUNY, USA

36.

Friday | 6:00 PM-7:00 PM | Bonaventure (Formerly Le Portage)

## Poster Session and Welcome Reception

### 1. An Integrative Therapy Model Interweaving CBT (Cognitive Behavior Therapy), Transactional Analysis, Redecision Therapy, Gestalt and KEG therapy cards (Keys to Emotional Growth)

Eleanor Avinor, Bnai Zion Hospital; Joanne Silman, KEG Cards

## **2. Motivational Enhancement in CBT for Adult ADHD**

J. Russell Ramsay, [University of Pennsylvania, Philadelphia, USA](#)

## **3. The Integration of Cognitive Behavioural Therapy with Systemic-Constructivist Couple Therapy in the Treatment of Obsessive-Compulsive Disorder: Theoretical Underpinnings and Preliminary Findings**

Rachel L. Siegal, [York University, Canada](#); David W. Reid, York University, Canada; Margaret Anne Richter, University of Toronto, Canada

## **4. Exploring a Feedback and Clinical Support Tools Intervention in Psychotherapy with Patients at Risk for Treatment Failure**

Erica E. Gardner-Schuster, [The New School for Social Research, New York, NY](#); Jeremy Safran, New School University, New York, USA; J. Christopher Muran, Adelphi University, New York, USA; Catherine Eubanks-Carter, Yeshiva University; Russell J. Bailey, Brigham Young University, Provo, USA; Michael J. Lambert, Brigham Young University, Provo, USA

## **5. Approach/Avoidance Training as an Adjunct to Psychotherapy for Alcohol Use Problems: A test of the Causal Mechanism**

Jason Mark Sharbanee, [York University, Canada](#); Litje Hu, York University, Canada; Werner Stritzke, University of Western Australia, Crawley; Reinout Wiers, University of Amsterdam; Mike Rinck, Radboud University, Nijmegen, Netherlands; Colin MacLeod, University of Western Australia, Crawley

## **6. Attachment and expectations about helpful psychotherapeutic interventions in college students**

Tracy Lynn Clouthier, [Penn State University, University Park, USA](#); Samantha L. Bernecker, University of Massachusetts Amherst; Shannon M. McCarrick, Ohio University, Athens, USA; Kenneth N. Levy, Penn State University, University Park, USA

## **7. A multiple quantitative case study with the Patient Attachment Coding System: How do insecurely attached patients become secure?**

Alessandro Talia, [University of Copenhagen, Denmark](#); Thea Balling, University of Copenhagen, Denmark; Katrine Pelle, University of Copenhagen, Denmark; Sarah Daniel, University of Copenhagen; Stig Poulsen, University of Copenhagen, Denmark

## **8. Affective-meaning transformation: Exploring successful and unsuccessful emotional development in expressive writing**

Tsubasa (Subie) Sawashima, [University of Windsor, Ontario, Canada](#); Shawn Harrington, University of Windsor, Ontario, Canada; Antonio Pascual-Leone, University of Windsor, Ontario, Canada

**9. Increasing Access to Psychotherapy in Canada through Government-Funded Psychotherapy: Documenting the Perspectives of Clinicians**

Stacy Bradley, McGill University, Montreal, Canada; Martin Drapeau, McGill University, Montreal, Canada

**10. Exploring the relationship between patients' in-session attachment patterns, alliance, and outcome with the Patient Attachment Coding System (PACS).**

Madeleine Miller-Bottome, New School University, New York, USA; Alessandro Talia, University of Copenhagen, Denmark; Peter Lilliengren, Stockholm University, Sweden; Amy Withers, New School University, New York, USA; Sarah Daniel, University of Copenhagen; Jeremy Safran, New School University, New York, USA

**11. The development of theoretical orientation for clinical psychology students**

Eva Feindler, Long Island University: Post; Christina Pettiti, Long Island University; Marc Diener, Long Island University

**12. A short-term child intervention using "Mytheutiki" integrative model to enhance family cohesion in Cyprus' economic crisis**

Kyriakos N. Platrites, Cyprus Institute of Psychotherapy; Vasiliki Christodoulou, Cyprus Institute of Psychotherapy

## Saturday, 12 April 2014

37.

### **Keynote**

Organizer/Moderator: Stanley Messer, Rutgers University, Piscataway, USA

Saturday | 8:30 AM-9:30 AM | Mt. Roy/Hamp/CSL

### **KEYNOTE PLENARY**

#### **Meaning in Life: An Unexamined Topic in Psychotherapy and Psychotherapy Research**

Clara Hill, University of Maryland, College Park, USA

38.

Saturday | 9:30 AM-9:45 AM | Foyer/Morning Break

### **Coffee Break**

39.

### **Structured Discussion** *Integration*

Organizer/Moderators: Evgenia Milman, McGill University, Montreal, Canada; Zofia Czajkowska, McGill University, Montreal, Canada; Karolina Rozworska, University of British Columbia, Vancouver, Canada

Saturday | 9:45 AM-11:00 AM | Fundy

### **The Role of Psychotherapy Theory in the Clinical Component of Training Counselling Psychologists**

40.

### **Panel** *Trauma*

Organizer/Moderator: Denise Hien, City University of New York, USA

Saturday | 9:45 AM-11:00 AM | Jacques Cartier

### **Treating Trauma in the Real World: Implementation Challenges**

#### **Concurrent treatment for PTSD and SUDS with Prolonged Exposure (COPE) in the trenches**

Meg Rauen, City University of New York, USA; Denise Hien, City University of New York, USA



**Effects of Disclosure on Mental Health Functioning in US Army Veterans Exposed to a Traumatic Event**

Matthew Southard, City University of New York, USA

**Evaluating the Effectiveness of Supervision on Training Clinicians in an Integrated Approach to CBT for PTSD within the Assertive Community Treatment Model.**

Sacha Zilkha, City University of New York, USA

Discussants:

Denise Hien, City University of New York, USA

Devon Harrison, City University of New York, USA

41.

**Panel**

*Change Process*

Organizer/Moderator: Alberta  
Eveline Pos, York University,  
Canada

Saturday | 9:45 AM-11:00 AM | Longueuil

**The process of emotional change during experiential therapy for depression**

**Clients' Expressed Emotional Arousal in Therapy: Does It Help Resolve Depression?**

Danielle Paolone, York University, Canada; Alberta Eveline Pos, York University, Canada

**Examining Processes of Change for Experientially Distant and Non-Distant Client Subgroups in Experiential Therapy for Depression**

Karen Wong, York University, Canada; Alberta Eveline Pos, York University, Canada

**Emotional change in resolving depressive self-criticism during experiential treatment**

Bryan Choi, York University, Canada; Alberta Eveline Pos, York University, Canada

Discussant:

Antonio Pascual-Leone, University of Windsor, Ontario, Canada

42.

### **Mini-Workshop**

#### *Couple*

Organizer/Moderator: Ellen Wachtel, Private Practice, New York City

Saturday | 9:45 AM-11:00 AM | Mt. Roy/Hamp/CSL

### **Improving Your Skills as a Couples Therapist**

43.

### **Panel**

Organizer/Moderator: Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA

Saturday | 9:45 AM-11:00 AM | Pointe-aux-Trembles

### **Reducing Patient and Therapist Obstacles to Treatment Progress**

**If countertransference happens and the therapist doesn't perceive or manage it, does it still impact the therapy? A call to acknowledge the relevance of countertransference as a nonspecific, evidence-based phenomenon**

*Jennifer Davidtz, Nova Southeastern University*

#### **Integrating Patient Preferences into the Treatment of Depression in the Community**

*Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA; Robert Gallop, University of Pennsylvania, Philadelphia, USA; Hannah M. Markell, University of Pennsylvania, Philadelphia, USA; Jacqueline K. Lee, University of Pennsylvania, Philadelphia, USA; Rachel A. Mack, University of Pennsylvania, Philadelphia, USA; Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA*

#### **Rediscovering the Role of Avoidance in Psychotherapy Progress and Outcome**

*Scott Meier, University at Buffalo; Susan R. Davis, Linwood Psychotherapy Services*

#### **Ambivalence and Homework Compliance in Cognitive-Behavioral Therapy**

*Melissa Lauren Button, York University, Canada; Henny A. Westra, York University, Canada; Kimberley Michelle Hara, York University, Canada*

44.

**Panel**

Organizer/Moderator: Paul Wachtel, City University of New York, USA

Saturday | 9:45 AM-11:00 AM | St. Pierre

**Cultural Dimensions in Psychotherapy Integration**

**Historicizing psychotherapy: Recovering 'subjugated discourses' in the consulting room.**

Matthew Steinfeld, Yale University School of Medicine

**Buddhism and Integration of Psychotherapy**

Namhee Stokvis, Rutgers University, Piscataway, USA

**Integrating cultural competency in psychotherapy: Is there an evidence-base? Are there best practice guidelines?**

Daniel J. Gaztambide, Rutgers University, Piscataway, USA

Discussant:

Paul Wachtel, City University of New York, USA

45.

**Structured Discussion**  
*Trauma*

Organizer/Moderators: Frances Wen, University of Oklahoma-Tulsa; Kim A Coon, The University of Oklahoma School of Community Medicine; Julie E Miller-Cribbs, The University of Oklahoma; Martina Jelley, The University of Oklahoma School of Community Medicine; Kristin A Foulks, The University of Oklahoma School of Community Medicine

Saturday | 11:05 AM-12:15 PM | Fundy

**Building Integrative Research and Training Programs to Address Adult Sequelae of Childhood Trauma**

46.

**Mini-Workshop**  
*Emotion-focused*

Organizer/Moderator: Lorrie L Brubacher, Greensboro Charlotte Center for EFT

Saturday | 11:05 AM-12:15 PM | Jacques Cartier

**Emotionally Focused Individual Therapy - Extending an Attachment-Based Couple Model into Working with Individuals**

47.

**Panel**

*Case studies*

Organizer/Moderator: Daniel B. Fishman, Rutgers University

Saturday | 11:05 AM-12:15 PM | Longueuil

**Motivational Interviewing (MI) as a Therapeutic Intervention for Latinos with Depression: Integrating RCT and Systematic Case Study Knowledge**

**Introduction to the MI Project, Its Underlying Logic Model, and Synthesizing RCT and Case Study Knowledge**

Daniel B. Fishman, Rutgers University; William M. Buerger, Rutgers University

**A Randomized-Controlled Trial of an Intervention to Improve Antidepressant Adherence among Latinos with Depression**

William M. Buerger, Rutgers University; Alejandro Interian, Veterans Administration, NJ Health Care System

**Systematic Case Study Analyses of Motivational Interviewing With Depressed Latinos: The Cases of "Lupe," "Maria," and "Ana"**

Ariana Prawda, Psychiatric Emergency Services, Woodburn Center for Community Mental Health

Discussant:

Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan

48.

**Mini-Workshop**

*Spirituality*

Organizer/Moderators: Danielle Magaldi-Dopman, City University of New York, USA; Leora Trub, Pace University

Saturday | 11:05 AM-12:15 PM | Mt. Roy/Hamp/CSL

**How Accepting are We? Psychotherapists and our Religious Clients**

49.

**Panel**

Organizer/Moderator: Mary Virginia Minges, Beth Israel Medical Center, New York, USA

Saturday | 11:05 AM-12:15 PM | Pointe-aux-Trembles

**Therapeutic Action in Mindfulness: Affect, Cognition, and Creativity**

**Mindfulness Deconstructed: Two Processes Not One**

Jeffery Smith, New York Medical College

**The effects of mindful yoga practice on the well-being of college students: Results from a randomized controlled dismantling trial.**

Kadie Ann Bourgoin, Florida State University, Tallahassee, USA; Georgios Lampropoulos, Adler School of Professional Psychology, Chicago, USA

**Principles of Change at Work Beyond Technique: Cognitive Complexity in Creativity Tasks**

Mary Virginia Minges, Beth Israel Medical Center, New York, USA; Joan Miller, Beth Israel Medical Center, New York, USA

**Understanding the mechanisms underlying posttraumatic growth: Merging Acceptance and Commitment Therapy and Posttraumatic Growth as a proposed model.**

Thea Lauree Comeau, McGill University, Montreal, Canada; Heather B. MacIntosh, McGill University, Montreal, Canada; Marilyn R. Fitzpatrick, McGill University, Montreal, Canada

50.

**Panel**

*Emotion*

Organizer/Moderator: Joel Town, Dalhousie University, Canada

Saturday | 11:05 AM-12:15 PM | St. Pierre

**The role and effects of emotional mobilization in psychotherapy**

**A qualitative study of patients' experience and understanding of the role of emotional mobilization associated to therapeutic change**

Joel Town, Dalhousie University, Canada

**Mobilization in unconscious complex feelings: correlation with treatment outcome**

Allan Abbass, Dalhousie University

**Quantifying emotional mobilization: a reliability and training**

**study**

Ryan Wilson, Dalhousie University, Canada; Joel Town, Dalhousie University, Canada

Discussant:

Antonio Pascual-Leone, University of Windsor, Ontario, Canada

51.

Saturday | 12:20 PM-1:30 PM | Bon appetit! Enjoy!

**Lunch on your own**

52.

Saturday | 12:20 PM-1:30 PM | St. Pierre

**Research Consultation (Bring your own lunch)**

Organizer/Moderator: Kenneth L  
Critchfield, University of Utah,  
Salt Lake City, USA

53.

**Plenary**

*Personality disorders*

Organizer/Moderator: Stanley  
Messer, Rutgers University,  
Piscataway, USA

Saturday | 1:30 PM-2:45 PM | Mt. Roy/Hamp/CSL

**PLENARY PANEL: Psychotherapy Integration and  
Different Modes of Treating the Borderline Personality**

**Recent empirical findings on borderline personality disorder and  
their implications for integrated treatment**

Kenneth N. Levy, Penn State University, University Park, USA

**Treatment for BPD: Integrated and relatively brief**

Joel Paris, McGill University, Montreal, Canada

**Therapist focusing on the patient's motives: the Plan Analysis  
approach to understanding Borderline Personality Disorder**

Ueli Kramer, University of Lausanne, Switzerland

**Psychotherapy for Borderline Personality Disorder: Common  
Relationship Strategies**

Shelley McMain, Centre for Addiction and Mental Health and the

University of Toronto; Tali Boritz, Centre for Addiction and Mental Health;  
Michelle Leybman, Centre for Addiction and Mental Health

54. Saturday | 2:45 PM-3:00 PM | Foyer/Afternoon Break  
**Coffee Break**

55. Saturday | 3:00 PM-4:15 PM | Fundy  
**Structured Discussion**  
*Culture*  
Organizer/Moderator: James  
Tyler Carpenter, Ph.D., FAACP,  
Program in Psychiatry and the  
Law  
**Skype and Psychotherapy Integration in China: An  
Ongoing Consultation Across Modalities and Cultures.**

56. Saturday | 3:00 PM-4:15 PM | Jacques Cartier  
**Mini-Workshop**  
*Integration*  
Organizer/Moderators: Evelyn  
Rappoport, NYU Postdoctoral;  
Erika Nagy, National Institute  
for the Psychotherapies; Cheryl  
Fagenson, NYU Postdoctoral;  
Claire Haiman, NYU Post  
Doctoral; Susan Clarvit,  
Psychiatrist  
**A Supervision Group Journey: Integrating Somatic  
Modalities within Contemporary Psychoanalysis**

57.

**Panel**

*Integration*

Organizer/Moderators: Dustin Kahoud, Long Island University, Brookville, NY; Eva Feindler, Long Island University: Post

Saturday | 3:00 PM-4:15 PM | Longueuil

**Multiple Perspectives on Training in a Dual-Orientation Clinical Psychology Doctoral Program**

**Experiences as Program Director of a Dual-Orientation Clinical Psychology Doctoral Program**

Eva Feindler, Long Island University: Post

**A Path Toward Personal and Theoretical Integration**

Dustin Kahoud, Long Island University, Brookville, NY

**Dual orientation versus integration orientation in a clinical psychologydoctoral training program**

Kateri Arielle Berasi, Long Island University, Brookville, USA; Noel Hunter, Long Island University; Debra Japko, Long Island University

Discussant:

Daniel B. Fishman, Rutgers University

58.

**Mini-Workshop**

*Patient/client factors*

Organizer/Moderator: Paul Wachtel, City University of New York, USA

Saturday | 3:00 PM-4:15 PM | Mt. Roy/Hamp/CSL

**The Therapist Matters, the Patient Matters, the PAIRING Matters: Video Presentation and Discussion**

Discussant:

Danny Yeung, University of Toronto, Canada

59.

**Panel**

*Assessment*

Organizer/Moderator: Maxwell Levis, Boston University

Saturday | 3:00 PM-4:15 PM | Pointe-aux-Trembles

**Creativity and Power Management: A manual driven concise integrative psychotherapy and program of emotional education**

**The Formal Theoretical Unconscious: The conceptual foundation of Creativity and Power Management**

Albert J. Levis, Museum of the Creative Process

**The Conflict Analysis Battery: A diagnostic and therapeutic self-assessment**



Melissa Levis, Museum of the Creative Process

**Creativity for Self-Discovery: Psychometric explorations of an online diagnostic and therapeutic instrument**

Maxwell Levis, Boston University

60.

**Panel**

Organizer/Moderator: Andre Marquis, University of Rochester

Saturday | 3:00 PM-4:15 PM | St. Pierre

**Diverse Methods for Measuring and Monitoring Change in Psychotherapy**

**Developments in Assessing Therapeutic Factors in Outcome-Informed Treatment**

Russell J. Bailey, Brigham Young University, Provo, USA; Michael J. Lambert, Brigham Young University, Provo, USA; Missy white, Brigham Young University, Provo, USA

**Integral Psychotherapy in Practice: How Results from a Discovery-Oriented Process Study have led to Changes in the Theory and Practice of Integral Psychotherapy**

Andre Marquis, University of Rochester

**Adapting and Translating a Narrow-Band Measure for Latino/a Populations: Implications for Tailoring Culturally Congruent Treatment and Outcome Measures for Distinct Populations**

Andrea Michelle Millen, Pacific University; Kelsy Newton, Pacific University; Anthony Lombardi, Pacific University; Roxanne Duran, Pacific University; Bjorn Bergstrom, Pacific University

**Attitudes and possible solutions for the problem of measurement in existential psychotherapy**

Mark Rayner, Regent's College, London, UK; Diego Vitali, Regent's College, London, UK

61.

**Structured Discussion**  
*Integration*

Organizer/Moderators: Rosaleen McElvaney, Dublin City University, Ireland; Evelyn Gordon, Dublin City University

Saturday | 4:20 PM-5:30 PM | Fundy

**Integrative Psychotherapy Training: Theory and Practice**

62.

**Panel**

Organizer/Moderator: Daniel J. Gaztambide, Rutgers University, Piscataway, USA

Saturday | 4:20 PM-5:30 PM | Jacques Cartier

**Substance Use Disorders and Integrative Psychotherapy**

**An integrative model of the mechanisms of change present in the concepts and application of principles of Alcoholics Anonymous; understanding the "Big Book", 12 Steps and concept of "higher power" through an integrative and agnostic model**

Mary Virginia Minges, Beth Israel Medical Center, New York, USA

**Easy as A-B-C 1,2,3: An Integrative Personal Knowledge Approach to Relapse Prevention**

Alan Hill, Kalamazoo College

**Including the Treatment of Addictions in Your Private Practice: An Integrative Approach**

F. Michler Bishop, SUNY/College at Old Westbury

**Treating substance use disorders in ethnic minority populations: Integrating relational, evidence-based, and culturally competent interventions**

Daniel J. Gaztambide, Rutgers University, Piscataway, USA

63.

**Panel**

*Therapist factors*

Organizer/Moderator: Michael J. Constantino, University of Massachusetts Amherst

Saturday | 4:20 PM-5:30 PM | Longueuil

**Integrative Therapist Responsiveness in Psychotherapy Practice and Training**

**Context-Responsive Psychotherapy Integration as a Framework for a Unified Clinical Science: Conceptual and Empirical Considerations**

Michael J. Constantino, University of Massachusetts Amherst; James Franklin Boswell, University at Albany/SUNY, USA; Samantha L. Bernecker, University of Massachusetts Amherst; Louis G. Castonguay, Penn State University, University Park, USA

**Promoting Context-Responsiveness with Routine Outcomes Monitoring**

James Franklin Boswell, University at Albany/SUNY, USA; Michael J. Constantino, University of Massachusetts Amherst; David R. Kraus, Outcome Referrals, Inc.

**The State of Therapeutic Alliance Training in Clinical and Counseling Psychology Graduate Programs**

Nicholas R. Morrison, University of Massachusetts Amherst; Michael J. Constantino, University of Massachusetts Amherst; Kaitlin Silkowitz, Amherst College; Terence Howard, University of Massachusetts Amherst

**Therapist Awareness of Client Resistance**

Kimberley Michelle Hara, York University, Canada; Henny A. Westra, York University, Canada; Michael J. Constantino, University of Massachusetts Amherst; Martin M. Antony, Ryerson University, Canada; Melissa Lauren Button, York University, Canada

64.

**Panel**

*Emotion*

Organizer/Moderator: Antonio Pascual-Leone, University of Windsor, Ontario, Canada

Saturday | 4:20 PM-5:30 PM | Pointe-aux-Trembles

**Research on emotional processes and implications for treatment**

**Attachment, emotion and experiential avoidance in non-suicidal self-injury: Necessary elements of an integrative treatment**

Sandra J. Hall, University of Alberta, Edmonton, Canada; William J Whelton, University of Alberta, Edmonton, Canada; Donald Sharpe, University of Regina, Regina, Canada

**Emotional processing related to self-criticism in anger-prone subjects: An experimental study**

Ueli Kramer, University of Lausanne, Switzerland; Antonio Pascual-Leone, University of Windsor, Ontario, Canada

**Using the sequential model of emotional processing to inform case conceptualizations: A demonstration using two contrasting cases**

Antonio Pascual-Leone, University of Windsor, Ontario, Canada; Ueli Kramer, University of Lausanne, Switzerland

Discussant:

Alberta Eveline Pos, York University, Canada

65.

**Panel**

Organizer/Moderator: Deborah Hudson, University of Rochester

Saturday | 4:20 PM-5:30 PM | St. Pierre

**Integrating Psychodynamic Therapy with Other Therapies**

**Integrative use of cognitive-behavioral and psychodynamic-interpersonal techniques in Interpersonal Reconstructive Therapy**

Kenneth L Critchfield, University of Utah, Salt Lake City, USA; Julia E. Mackaronis, University of Utah, Salt Lake City, USA; Lorna S. Benjamin, University of Utah, Salt Lake City, USA

**Sequencing Interventions in Couple Therapy**

Arthur Nielsen, Northwestern University, Evanston, USA

**The Forgotten Superego: A Key Link In Psychotherapy Integration**

Jeffery Smith, New York Medical College

**Therapy Integration: Davanloo's Intensive Short-Term Dynamic Psychotherapy with Linehan's Dialectical Behavior Therapy in the Treatment of Personality Disorders**

Deborah Hudson, University of Rochester; Jennifer Agor,

**Poster Session****13. Clients' experience of seeking counseling: A qualitative study on the process leading to the first counseling session.**

Tomoko Nomura, Ochanomizu University, Tokyo, Japan; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan

**14. Delineating components of corrective emotional experience in AEDP: A qualitative study**

Kaori Nakamura, Ochanomizu University, Tokyo, Japan; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Diana Fosha, private practice; Nuno Conceicao, University of Lisbon, Portugal

**15. Clinical intuition as a common process across theoretical orientations -- an Internet survey among clinical psychologists working in Norway**

Emma Jones, Department of Clinical Psychology, University of Bergen; Elisabeth Norman, University of Bergen; Geir Høstmark Nielsen, University of Bergen; Mark C. Price, University of Bergen

**16. Assessing the Acquisition of Compensatory Skills in Patients Receiving Services for Depression in a Community Mental Health Setting**

Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA; Jacqueline K. Lee, University of Pennsylvania, Philadelphia, USA; Rachel A. Mack, University of Pennsylvania, Philadelphia, USA; Hannah M. Markell, University of Pennsylvania, Philadelphia, USA; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA

**17. Understanding the Implications of Substance Use Disorders in the Treatment of MDD in the Community**

Jacqueline K. Lee, University of Pennsylvania, Philadelphia, USA; Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA; Hannah M. Markell, University of Pennsylvania, Philadelphia, USA; Rachel A. Mack, University of Pennsylvania, Philadelphia, USA; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA

**18. Does personal therapy (individual coaching) in psychotherapy training prevent psychotherapy integration? Personal therapy in the context of psychotherapy training in Austria.**

Katharina Gerlich, Danube University Krems; Heidemarie Hinterwallner, Danube University Krems

### **19. Disentangling the Impact of Client Resistance and Ambivalence on Therapy Outcomes**

**Melissa Lauren Button, York University, Canada;** Henny A. Westra, York University, Canada; Kimberley Michelle Hara, York University, Canada

### **20. Does Standard CBT for GAD Need to be Modified for African Americans?**

**Hannah M. Markell, University of Pennsylvania, Philadelphia, USA;** Michelle G. Newman, Penn State University, University Park, USA; Robert Gallop, University of Pennsylvania, Philadelphia, USA; Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA; Jacqueline K. Lee, University of Pennsylvania, Philadelphia, USA; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA

### **21. What people really say in trauma narratives: A comprehensive look at word use and trauma.**

**Orrin-Porter Morrison, University of Windsor, Ontario, Canada;** Antonio Pascual-Leone, University of Windsor, Ontario, Canada

### **22. Transcultural adaptation and validation of the CASES: what self-efficacy might tell us about the psychologist's professional development.**

**Giancarlo Jr Collacciani, Université du Québec à Montréal;** Marc-Simon Drouin, ; Gilles Dupuis,

### **23. Dual orientation versus integration orientation in a clinical psychology doctoral training program**

**Kateri Arielle Berasi, Long Island University, Brookville, USA;** Noel Hunter, Long Island University; Debra Japko, Long Island University

### **24. A Qualitative Analysis of Expressed Needs in the Early Treatment of Depression**

**Natalie Ferreira, York University, Canada**

### **25. Therapist Awareness of Client Outcome Expectations**

**Kimberley Michelle Hara, York University, Canada;** Adi Aviram, York University, Canada; Henny A. Westra, York University, Canada; Michael J. Constantino, University of Massachusetts Amherst; Martin M. Antony, Ryerson University, Canada

67.

Saturday | 5:35 PM-6:45 PM | Pointe-aux-Trembles

**Dissertation and New Investigator Award Ceremony**

Organizer/Moderator: Kenneth L  
Critchfield, University of Utah,  
Salt Lake City, USA

**The influence of expectancy persuasion techniques on socially  
anxious analogue patients' treatment beliefs and therapeutic  
actions**

Rebecca M. Ametrano, University of Massachusetts Amherst

**The therapeutic alliance: From correlational research to training  
models**

Lotte Smith-Hansen, Salem State University

68.

Saturday | 7:30 PM-10:30 PM | Le Newton 1476 Crescent St.

**Gala**

**Sunday, 13 April 2014**

69.

**Structured Discussion**  
*Integration*

Organizer/Moderators: Lynne Angus, York University, Canada; Giorgio Tasca, Ottawa Hospital/University of Ottawa, Canada; Marilyn R Fitzpatrick, McGill University, Montreal, Canada; Louise Hartley, York University, Canada; Annette Dufresne, University of Windsor, Ontario, Canada; Adrienne Eastwood, Wise Elephant Family Health Team, Brampton

Sunday | 8:25 AM-9:40 AM | Fundy

**Developing Psychotherapy Practitioner-Researcher Partnerships--From Community-based Clinicians to Psychology/counselling Clinics**

70.

**Panel**  
*Group*

Organizer/Moderator: Sandra Lema-Stern, Argosy University, Schaumburg, USA

Sunday | 8:25 AM-9:40 AM | Jacques Cartier

**The Context of Group Psychotherapy**

**Leadership Roles and Perception of Goal Achievement**

Thaddeus M. Allen, Argosy University, Schaumburg, USA; James M. Dugo, Argosy University, Schaumburg, USA

**The context of group therapy: Maximizing alliance, individual outcome and group development**

James M. Dugo, Argosy University, Schaumburg, USA; Sandra Lema-Stern, Argosy University, Schaumburg, USA

**Alliance and Group Leadership Roles**

Jessica Lynne Brese, Argosy University, Schaumburg, USA; Sandra Lema-Stern, Argosy University, Schaumburg, USA



71.

**Panel**

*Training*

Organizer/Moderator: Kenneth Frank, National Institute for the Psychotherapies

Sunday | 8:25 AM-9:40 AM | Longueuil

**Forty Years in the Trenches Developing Psychotherapy Integration Training**

**Teaching and Learning Psychotherapy Integration in the Trenches**

Kenneth Frank, National Institute for the Psychotherapies

**An Integrative Approach to Trauma Treatment**

Sandra Shapiro, National Institute for the Psychotherapies

**A Contemporary Training Program in Psychotherapy Integration**

Anja Behm, National Institute for the Psychotherapies

72.

**Mini-Workshop**

*Integration*

Organizer/Moderators: Eleanor Avinor, Bnai Zion Hospital; Joanne Silman, KEG Cards

Sunday | 8:25 AM-9:40 AM | Mt. Roy/Hamp/CSL

**Working with Traumas using KEG therapy cards (Keys to Emotional Growth)**

73.

**Panel**

*CBT*

Organizer/Moderator: Robert Cohen, Madonna University

Sunday | 8:25 AM-9:40 AM | Pointe-aux-Trembles

**Getting in the ACT with Psychoanalytic Therapy**

**A case presentation**

Robert Cohen, Madonna University

Discussants:

Stephen J F Holland, Capital Institute for Cognitive Therapy  
Jill Bresler, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis

74.

**Panel**

Sunday | 8:25 AM-9:40 AM | St. Pierre

**New Approaches to Psychotherapy Integration**

Organizer/Moderator: Sharon Marie Nelson, Eastern Michigan University

**Integral Methodological Pluralism: Methodological Considerations of Studying a Metatheoretical Approach to Psychotherapy Integration**

Andre Marquis, University of Rochester

**A Dialectical Constructivist Model of Change for Maladaptive Worry**

Yehuda Aryeh Gabler, York University, Canada; Leslie S. Greenberg, York University, Canada; Sara Miller, York University, Canada

**Integrating the Cognitive Affective Processing System (CAPS) into Psychotherapeutic Assessment and Technique**

Sharon Marie Nelson, Eastern Michigan University; Steven K. Huprich, Eastern Michigan University

75.

**Structured Discussion**  
*Training*

Organizer/Moderators: Jill Bresler, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis; Kenneth Frank, National Institute for the Psychotherapies

Sunday | 9:45 AM-11:00 AM | Fundy

**Training flexibility: From "choosing sides" to choosing wisely**

76.

**Panel**  
*Supervision*

Organizer/Moderator: Rebecca Curtis, Adelphi University, New York, USA

Sunday | 9:45 AM-11:00 AM | Jacques Cartier

**A Psychoanalytically-Oriented Pragmatic Integrative Supervision**

**Pragmatic Integrative Supervision of an Isolated Young Female**  
Gabriela Cardona, Adelphi University, New York, USA; Rebecca Curtis, Adelphi University, New York, USA

**Pragmatic Integrative Supervision for a Patient with a History of Cutting and Hallucinations**

Laura Tittel, Adelphi University, New York, USA; Rebecca Curtis, Adelphi University, New York, USA

Discussant:

Lynne Angus, York University, Canada

77.

## **Panel**

### *Therapist factors*

Organizer/Moderator: Barry Farber, Teachers College, Columbia Univ

Sunday | 9:45 AM-11:00 AM | Longueuil

## **Perceptions and Experiences of Beginning Psychotherapists**

### **Changes in Doctoral Students' Self-perceptions and Techniques during Externship**

Clara Hill, University of Maryland, College Park, USA

### **Beginning Therapists: "Real" vs "Presented" Professional Self**

Barry Farber, Teachers College, Columbia Univ; Sidney Coren, Teachers College, Columbia Univ

### **Empirical and Clinical Perspectives on Therapist Courage**

Jesse Geller, Teachers College, Columbia Univ; Emily Lyman, Teachers College, Columbia Univ

78.

## **Mini-Workshop**

### *Supervision*

Organizer/Moderators: Kristin Osborn, Harvard Medical School; Maneet Bhatia, McGill University, Montreal, Canada

Sunday | 9:45 AM-11:00 AM | Mt. Roy/Hamp/CSL

## **Affect Phobia Therapy Supervision: integrating video segments of psychotherapy and research scales to maximize therapeutic effectiveness**

79.

## **Panel**

### *Common Factors*

Organizer/Moderator: Lyane  
Trepanier, McGill University,  
Montreal, Canada

Sunday | 9:45 AM-11:00 AM | Pointe-aux-Trembles

## **Common Factors in Psychotherapy: When Theory Meets Practice**

### **Psychologist Perceptions of the Importance of Common Factors for Successful Psychotherapeutic Outcomes**

[Constantina Stamoulos, McGill University, Montreal, Canada](#); Lyane Trepanier, McGill University, Montreal, Canada; Sophia Bourkas, McGill University, Montreal, Canada; Stacy Bradley, McGill University, Montreal, Canada; Kelly Stelmazczyk, McGill University, Montreal, Canada; Deborah Schwartzman, McGill University, Montreal, Canada; Martin Drapeau, McGill University, Montreal, Canada

### **Common Factors in Psychotherapy: From Literature to Practice**

[Andrea Reyes Ayllon](#), ; Stacy Bradley, McGill University, Montreal, Canada; Kelly Stelmazczyk, McGill University, Montreal, Canada; Deborah Schwartzman, McGill University, Montreal, Canada; Martin Drapeau, McGill University, Montreal, Canada

### **Fostering Common Factors in Psychotherapy: Psychologists Share Tips and Techniques**

[Lyane Trepanier, McGill University, Montreal, Canada](#); Constantina Stamoulos, McGill University, Montreal, Canada; Sophia Bourkas, McGill University, Montreal, Canada; Stacy Bradley, McGill University, Montreal, Canada; Kelly Stelmazczyk, McGill University, Montreal, Canada; Deborah Schwartzman, McGill University, Montreal, Canada; Martin Drapeau, McGill University, Montreal, Canada

80.

## **Panel**

Organizer/Moderator: Stephen J  
F Holland, Capital Institute for  
Cognitive Therapy

Sunday | 9:45 AM-11:00 AM | St. Pierre

## **The Role of Personality and Training in Becoming Integrative Psychotherapists**

### **How do Integrative Psychotherapists Integrate? A Qualitative Exploration of Tales from the Trenches**

[Marcella Finnerty, Institute of Integrative Counselling and Psychotherapy](#)

### **Personality and training as predictors of psychology students' theoretical orientation**

Elyssa Barbash, Florida State University, Tallahassee, USA; Georgios Lampropoulos, Adler School of Professional Psychology, Chicago, USA

**Supervising for Integrative Practice: Challenges and Strategies**  
Stephen J F Holland, Capital Institute for Cognitive Therapy

81. Sunday | 11:00 AM-11:15 AM | Foyer/Morning Break  
**Coffee Break**

82. Sunday | 11:15 AM-12:45 PM | Mt. Roy/Hamp/CSL  
**Plenary**  
**PLENARY PANEL: The SEPI Pioneers: Recalling the Past and Reflecting on the Future of Psychotherapy Integration**

*Integration*  
Organizer/Moderators: Shelley McMain, Centre for Addiction and Mental Health and the University of Toronto; Louis G. Castonguay, Penn State University, University Park, USA

Carol Glass, The Catholic University of America

Diane Arnkoff, The Catholic University of America

Marvin Goldfried, Stony Brook University, USA

**Via DVD**

George Stricker, Argosy University, Washington, DC

Paul Wachtel, City University of New York, USA

Barry Wolfe, Sarasota, FL

83. Sunday | 12:45 PM-1:00 PM | Mt. Roy/Hamp/CSL  
**Closing Remarks**

Organizer/Moderator: Stanley Messer, Rutgers University, Piscataway, USA



**1st Annual SEPI Fun Run:  
"Exercise has a very large effect  
in improving mental health"**



**When:** Sunday April 13th, 2014 at 2pm; scheduled one hour after the Closing Remarks of the conference.

**Where:** In the lobby and near the front doors of the Hilton Montreal Bonaventure (conference venue). Grab a snack after the closing remarks, get your running shoes on, and meet us there!

**Where to:** TBA pending weather and based on who shows up.

- *Route one:* Up the hill on the Mt Royal Park. We go up the hill, through McGill, Jeanne-Mance park, finally at the top of hill, we can look down the city. A very good finish. Nature. After all, it is Mont Royal.
- *Route Two:* Old Montreal to Canal Lachine to Atwater Market. This is by the water, flat, and final destination....at water market where you can eat. Easy run. Comfortable.

**How:** Dress ready to run! Rain or shine, we run.

**Who:** Anyone who wants to join in!

*Antonio Pascual-Leone*

*Shigeru Iwakabe*

*Nuno Conceicao*

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Adler Nevo, Gili Wendy (gili.adlernevo@sunnybrook.ca): 16  
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Ametrano, Rebecca M (University of Massachusetts Amherst): 67  
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Button, Melissa Lauren (mbutton@yorku.ca): 63  
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Malovichko , Alla (email not available): 17  
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Norman, Elisabeth (Emms.Jones@psykp.uib.no): 66  
Northcut, Terry (tnorthc@luc.edu): 29  
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Tatarsky, Andrew (atatarsky@aol.com): 4  
Teo, Thomas (tteo@yorku.ca): 11  
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Tittel, Laura (ltittel@gmail.com): 76  
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