



Conference Program

**SEPI XXXI Annual Meeting
Baltimore, Maryland, USA
June 18-21, 2015**



**Integration in Action:
Where Practice and Research Converge**

PROGRAM COMMITTEE

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WELCOME

Dear Colleagues,

On behalf of the Program Committee, we welcome you to the 31st annual conference of the Society for the Exploration of Psychotherapy Integration.

The theme of this conference is Integration in Action: Where Research and Practice Converge. With a rich array of pre-conference workshops, keynote addresses, mini-workshops, symposia, structured discussions, and a poster session, this program meets our goal of promoting innovative applications of integrative psychotherapy that are informed by both empirical research and clinical wisdom.

As an international and interdisciplinary organization of mental health professionals from diverse theoretical orientations, SEPI provides a unique opportunity to engage with a wealth of perspectives. We hope that this conference gives you new ideas to enrich your clinical practice and research, and new opportunities for collaboration with other members of the SEPI community.

Cordially,

Abe Wolf, Program Co-Chair,
Catherine Eubanks, Program Co-Chair
Kevin McCarthy, Local Arrangements Chair

CE CREDITS

Sessions designated as CE have been approved for continuing education credit by the Division of Psychotherapy of the American Psychological Association. CE credit is granted to participants with documented attendance at individual workshops/sessions and completed evaluation forms for those sessions. Attendance is monitored. Credit will not be granted to registrants who are more than 15 minutes late, who are absent for more than 15 minutes during a session, or who depart more than 15 minutes early from a session. Credit will not be granted to registrants who do not submit a completed evaluation form at the end of the session. It is the responsibility of registrants to comply with these requirements. It is the responsibility of the attendee to determine whether these CE credits are valid in his/her state of licensure/certification.

Attendees who have paid the CE fee will receive a CE passport at the beginning of the conference and must bring it to all attended CE sessions. At the beginning of each session, the attendance monitor for the session must stamp/sign you in. At the end of each session, the monitor must stamp/sign you out. At this time you will also receive an evaluation form that must be completed. These forms can be dropped into a number of CE feedback dropboxes at registration. At the close of the conference, turn this in to a representative of SEPI who is authorized to verify and sign the form. You will receive a receipt for your log and the approximate CE hours it represents.

BOOK EXHIBIT

A special book exhibit organized and managed by the LIBRARY OF SOCIAL SCIENCE will be open throughout the conference. The book exhibit is located in the Harborview Gallery. All books are on sale at special, discounted rates.

FRIDAY, JUNE 19

	Harborview Ballroom	Camden I	Camden II	Severn I	Severn II	Severn III	Potomac (3rd Floor)
8:30-9:40	Welcome and Presidential Address CE <i>Goldman</i>						
9:45-11:00	Theoretical orientation in training programs <i>Levy, Anderson</i>	Pragmatics of clinical decision-making CE <i>Magnavita, Sobelman, Anchin</i>	Stricker's tier approach CE <i>LiVecchi</i>	Community-based mental health <i>Hamlett</i>	Cognitive/affective behavioral approach CE <i>Firestone</i>	Infants/children self-regulation problems CE <i>DeGangi</i>	
11:00-11:30	Coffee break						
11:30-12:45	Integrating mindfulness CE <i>Glass, Arnkoff</i>	Integrative approaches to trauma CE <i>Gofman</i>	AEDP practice, research, supervision <i>Iwakabe, Conceição</i>	Western-developed family therapy models in China <i>Epstein</i>	Frameworks for psychotherapy integration <i>Magnavita</i>	Integrating psychodynamic and CBT <i>Bloch-Elkouby</i>	
12:45-2:15	Lunch on your own						Research Consultations
2:15-3:10	Keynote: ICD Diagnosis CE <i>Goodheart</i>						
3:15-4:30		Training in integration <i>Davidtz</i>	Principle-based therapy with diverse couples <i>Kelly</i>	Alliance-focused training I CE <i>Safran, Muran, Eubanks</i>	Unification: Next wave of integration? CE <i>Henriques</i>	EFT, TFP, Masterson in Turkey <i>Ozakkas</i>	Assimilative integration CE <i>Messer</i>
4:30-5:00	Coffee break						
5:00-6:15		Integrative training <i>Gomez, Fernández-Alvarez</i>	EFT for addictions <i>Harris</i>	Alliance-focused training II <i>Safran, Muran, Eubanks</i>	Helping parents help their children <i>Barish</i>	Religion and spirituality <i>Khan</i>	Relational psychoanalysis and integration <i>Bresler</i>
6:20-7:00							Awards Ceremony
7:00-9:00	Poster Session and Welcome Reception						

SATURDAY, JUNE 20

	Harborview Ballroom	Camden I	Camden II	Severn I	Severn II	Severn III
8:30-9:55	Plenary: Integrating two approaches <i>Greenberg & McWilliams</i>					
10:00-11:15	Integration in personality disorders <i>Kramer</i>	Research and treatment of the contemporary family CE <i>Browning</i>	Motivational interviewing in groups <i>Wagner, Ingersoll</i>	Emotional change process <i>Sharbanee, Greenberg</i>	Self-attacking behaviors and experiential dynamic approaches CE <i>Osborn, Moore</i>	Informed consent and integration CE <i>Barnett, Molzon</i>
11:15-11:45	Coffee break					
11:45-1:00	Therapeutic alliance and expectations CE <i>Constantino</i>	Integration with families, couples, groups CE <i>Ingersoll</i>	Concept mapping CE <i>Liese</i>	Integrative therapists' identities and development CE <i>Räbu</i>	Integrative training around the world <i>Fernández-Alvarez</i>	Forgiveness in emotionally focused couple therapy CE <i>Brubacher</i>
1:00-2:30	Lunch on your own SEPI Governance Meeting in Potomac (3 rd Floor)					
2:30-3:25	Keynote: Integrative research for integrative practice CE <i>McWilliams</i>					
3:30-4:45	Integrative approaches to personality pathology <i>Levy</i>	Advances in couple therapy CE <i>Smith</i>	Routine outcome monitoring and feedback <i>Meier</i>	Conceptualizing GAD CE <i>Goldfried, Greenberg</i>	Calming the fear-driven brain: Neurofeedback CE <i>Fisher</i>	Using integrative therapy to accelerate "maturing out" <i>Bishop</i>
4:45-5:15	Coffee break					
5:15-6:30	Exploring meaning in life in therapy CE <i>Hill</i>	Working together: therapist-researcher partnerships <i>Castonguay</i>	Interim update: Training program in integration CE <i>Frank</i>	Meta-theoretical perspectives CE <i>Henriques, Critchfield, Marquis</i>	Integrative interventions for parents and children CE <i>Gralewski</i>	Integrative families and systems treatment CE <i>Fraser, Solovey</i>

7:30—Gala Dinner at the Center Club, 100 Light Street. Tickets required.

SUNDAY, JUNE 21

	Harborview Ballroom	Camden I	Camden II	Severn I	Severn II	Severn III
8:00-9:15	The art of child psychotherapy <i>Barish</i>	Integration of culture <i>Grace</i>		Integration of neuroscience <i>Levy</i>	Innovative integrative models <i>Marquis</i>	Integrative case studies CE <i>Nazari</i>
9:20-10:35	Integrating active and exploratory techniques CE <i>Holland</i>	Advance care planning <i>Seagull</i>	Medical and community mental health settings <i>Moltu</i>	Use of images in psychodynamic treatment <i>Curtis</i>	Supervision and case conceptualization <i>Osborn</i>	Working together: practice-oriented research <i>Eubanks</i>
10:35-10:45	Coffee break					
10:45-12:15	Closing Plenary: A new psychotherapy for each patient CE <i>Norcross, Beutler</i>					

Thursday, 18 June 2015

**Pre-Conference
Workshop**

Presenter: Jeffrey Barnett,
Loyola University

CE

Thursday | 9:30 AM-12:30 PM | Harborview I

**Your 21st century practice: Telehealth, technology,
social media, and the provision of psychological
services**

**Pre-Conference
Workshop**

Presenter: Bruce Liese,
University of Kansas

CE

Thursday | 9:30 AM-12:30 PM | Harborview II

**Integrative group psychotherapy for diverse
psychological problems**

Lunch

Thursday | 12:30 PM-2:00 PM |

Explore local restaurants (on your own)

**Pre-Conference
Workshop**

Presenter: Leslie Greenberg,
York University

CE

Thursday | 2:00 PM-5:00 PM | Harborview I

Transforming pain with emotion-focused therapy

**Pre-Conference
Workshop**

Presenter: Michael Garrett,
SUNY Downstate Medical
Center

CE

Thursday | 2:00 PM-5:00 PM | Harborview II

**Cognitive behavioral therapy for psychosis in a
psychoanalytic frame**

Friday, 19 June 2015

Friday | 8:30 AM-9:40 AM | Harborview Ballroom

Plenary **CE**

Opening Remarks

Catherine F. Eubanks, Yeshiva University; Kevin McCarthy, Chestnut Hill College

Presidential Address

Emotion-focused therapy: All roads lead to integration

Rhonda Goldman, Illinois School of Professional Psychology

Friday | 9:45 AM-11:00 AM | Camden I

Mini-Workshop

Presenters: Jeffrey J. Magnavita,
Independent Practice;
Steven Sobelman,
Independent Practice;
Jack Anchin, SUNY at Buffalo

CE

The pragmatics of clinical decision-making

Friday | 9:45 AM-11:00 AM | Camden II

Symposium

Chair: Pamela LiVecchi,
City University of New York

CE

Applying George Stricker's tier approach (1994) to inform a forensic evaluation and psychotherapy

Stricker's tier theory applied to a forensic evaluation

Nancy Nichols-Goldstein, City University of New York

Stricker's tier theory applied to a clinical assessment

Pamela LiVecchi, City University of New York

Discussant:

Elizabeth Arias Rodriguez, Bellevue Hospital Center

Friday | 9:45 AM-11:00 AM | Harborview Ballroom

Symposium

Chairs: Kenneth N. Levy,
Penn State University;
Timothy Anderson,
Ohio University

Psychotherapy theoretical orientation in clinical psychology training programs: Intellectual monocultures and decreased gender and racial diversity

Is clinical psychology doctoral training becoming less intellectually diverse? And if so, what can be done?

Kenneth N. Levy, Penn State University; Timothy Anderson, Ohio University

Beyond intellectual diversity: Faculty psychotherapy theoretical orientations, gender and racial diversity, and scholarly productivity in clinical psychology graduate programs

Timothy Anderson, Ohio University; Kenneth N. Levy, Penn State University

Psychotherapy theoretical orientations of clinical psychology graduate programs and graduate student characteristics

Matthew Ross Perlman, Ohio University; Shannon M. McCarrick, Ohio University; Timothy Anderson, Ohio University; Kenneth N. Levy, Penn State University

Discussant:

Jeremy D. Safran, New School for Social Research

Symposium

Chair: Nakia Maureen Hamlett,
Yale School of Medicine

Friday | 9:45 AM-11:00 AM | Severn I

Expanding models of service delivery and psychotherapy in community-based mental health: Integrative treatment across three settings and populations

Knowing what we know and what we don't: Sense and meaning-making in the provision of intensive psychiatric services to emerging adults with serious psychiatric impairment.

Nakia Maureen Hamlett, Yale School of Medicine

Expanding traditional paradigms: An integrative, person-centered, holistic approach to the treatment of psychosis in psychiatric inpatient care

Erika Carr, Yale School of Medicine

Expanding the 'relational data set' in the psychotherapy of substance use disorders.

Matthew Steinfeld, Yale School of Medicine

Discussant:

Paul Wachtel, City University of New York

Friday | 9:45 AM-11:00 AM | Severn II

A cognitive/affective behavioral approach to enhancing a client's ability to change

Mini-Workshop

Presenter: Lisa Firestone,
The Glendon Association

CE

Mini-Workshop

Presenter:
Georgia Ann DeGangi,
ITS: PALSS

CE

Friday | 9:45 AM-11:00 AM | Severn III

Treatment approaches for infants and children with problems of self-regulation**Coffee Break**

Friday | 11:00 AM-11:30 AM | Harborview Gallery

Structured Discussion

Chair: Sarah Bloch-Elkouby,
Adelphi University

Friday | 11:30 AM-12:45 PM | Severn III

Can the twain actually meet? Integrating psychodynamic and cognitive-behavioral treatments

Participants:

Louis Castonguay, Penn State University
Catherine F. Eubanks, Yeshiva University
Stanley B. Messer, Rutgers University
J. Christopher Muran, Adelphi University
Golan Shahar, Ben Gurion University
George Stricker, Argosy University, Arlington
Paul Wachtel, City University of New York

Symposium

Chair: Mordechai Gofman,
Bar Ilan University

CE

Friday | 11:30 AM-12:45 PM | Camden I

Integrative approaches to trauma**Narrative reconstruction for PTSD--A possible integration of cognitive behavioral theories, and psychoanalytic theory: Outcome of an open trial**

Mordechai Gofman, Bar Ilan University

Multitheoretical psychotherapy for traumatic stress

Melanie D. Hetzel-Riggin, Penn State Erie, The Behrend College; Jeff E. Harris, Texas Woman's University

Multimodal psychotherapy for survivors of recurrent trauma

Sally Nazari, New York State Office of Mental Health/South Beach Psychiatric Center

Symposium

Chairs: Shigeru Iwakabe,
Ochanomizu University;
Nuno Conceição,
University of Lisbon

Friday | 11:30 AM-12:45 PM | Camden II

Building bridges between practice, research and supervision: Explorations at the AEDP mine**Voicing an AEDP supervision process: A case study on supervision session change processes and how it likely spread to and affected the researchers/clinicians/clients involved.**

Catarina Rodrigues, University of Lisbon; Nuno Conceição, University of Lisbon; Shigeru Iwakabe, Ochanomizu University; Kari Gleiser, Private Practice

"Metaprocessing" transforming researchers' experience: Exporting a component from AEDP practice into the way we conduct(ed) research

Nuno Conceição, University of Lisbon; Shigeru Iwakabe, Ochanomizu University; Catarina Luz, University of Lisbon; Joana Teixeira, University of Lisbon; Patricia Maia, University of Lisbon; Joana Florencio, University of Lisbon; Iris Jeronimo, University of Lisbon

Developing the research collaboration with clients: Does the nature of the therapeutic relationship influence the nature of client participation in research?

Shigeru Iwakabe, Ochanomizu University; Nuno Conceição, University of Lisbon; Kaori Nakamura, Ochanomizu University; Tomoko Nomura, Ochanomizu University

Friday | 11:30 AM-12:45 PM | Harborview Ballroom

Integrating mindfulness into different approaches to psychotherapy

Mindfulness and acceptance in cognitive-behavioral therapy

Stephen J. F. Holland, Capital Institute for Cognitive Therapy

Mindfulness practice and the psychoanalytic tradition

Jeremy D. Safran, New School for Social Research

Mindfulness in emotion-focused therapy

Alberta Pos, York University

Discussant:

Rezvan Ameli, National Institute of Mental Health

Friday | 11:30 AM-12:45 PM | Severn I

Applying Western-developed family therapy models in China

Discussants:

Haedong Kim, University of Maryland

Jing Lan, Beijing Normal University

Jennifer L Young, University of Maryland

Le Zheng, University of Maryland

Friday | 11:30 AM-12:45 PM | Severn II

Frameworks for psychotherapy integration

Psychotherapedia--A framework for mapping the domains of clinical science

Jeffrey J. Magnavita, Independent Practice; Steven Sobelman, Independent Practice

Symposium

Chairs: Carol R. Glass,
The Catholic University of
America;

Diane B. Arnkoff,
The Catholic University of
America

CE

Mini-Workshop

Chair: Norman B. Epstein,
University of Maryland

Symposium

Chair: Jeffrey J Magnavita,
Independent Practice

Towards a global psychotherapy: Four therapeutic tasks

Jeffery S. Smith, New York Medical College

How to get back our DREEM when we experience a mental health difficulty? An approach to recovery and enablement as an early intervention.'

Mark Rayner, Regent's College; Diego Vitali, Roehampton University

Research ConsultationsOrganizer: Catherine F. Eubanks,
Yeshiva University

Friday | 12:45 PM-2:15 PM | Potomac

Consultants:Michael J. Constantino, University of Massachusetts Amherst
Clara E Hill, University of Maryland
Ueli Kramer, Institute of Psychotherapy, Lausanne
J. Christopher Muran, Adelphi University**Lunch**

Friday | 12:45 PM-2:15 PM |

Explore local restaurants (on your own)**Keynote**Presenter: Carol Goodheart,
Independent Practice**CE**

Friday | 2:15 PM-3:10 PM | Harborview Ballroom

ICD diagnosis: The new horizon**Structured Discussion**Chair: Gregg Henriques,
James Madison University**CE**

Friday | 3:15 PM-4:30 PM | Severn II

Unification: The next wave of psychotherapy integration?

Participants:

Jack Anchin, SUNY at Buffalo
Kenneth Critchfield, James Madison University
Jeffrey J Magnavita, Independent Practice
Andre Marquis, University of Rochester
Craig N Shealy, James Madison University**Symposium**Chair: Jennifer Davidtz,
Nova Southeastern University

Friday | 3:15 PM-4:30 PM | Camden I

Training in integration**"A House Divided Against Itself Cannot Stand": Psychodynamic trainees' attitudes towards professional orientation and psychotherapy integration before and after conducting a skills-based manualized treatment for substance use disorders**

Leora R Trub, Pace University

Cultivating openness, curiosity, and tolerance for ambiguity: A prerequisite step in promoting integration in psychotherapy training

Jennifer Davidtz, Nova Southeastern University

Training in integrative practice: The pluralistic framework for counselling and psychotherapy

Kate Smith, University of Abertay Dundee; Julia McLeod, University of Abertay Dundee; Mhairi Thurston, University of Abertay Dundee; John McLeod, Institute of Integrative Counselling and Psychotherapy

Symposium

Chair: Shalonda Kelly,
Rutgers University

Friday | 3:15 PM-4:30 PM | Camden II

Principle-based integrative therapy: Successes and challenges in developing guidelines for treatment and supervision of treatment with diverse couples

Pinpointing how best to conduct and supervise integrative therapy: Developing guidelines for principle-based integrative therapy applied to diverse couples

Shalonda Kelly, Rutgers University

Integrating cognitive-behavioral, multicultural, family systems, and emotion-focused principles in couple therapy supervision

Yasmine Omar, Rutgers University

Using principle-based integrative therapy in the treatment of a diverse couple

Kiara Chanel Caryl Wesley, Rutgers University

Symposium

Chair: Stanley B. Messer,
Rutgers University

CE

Friday | 3:15 PM-4:30 PM | Potomac

Clinical and research developments in assimilative integration

Introduction to assimilative integration

Stanley B. Messer, Rutgers University

Assimilative psychodynamic therapy integration: The case of Mary George Stricker, Argosy University, Arlington

Applying an assimilative family therapy model to the treatment of an adolescent's struggle with a military parent's deployment and re-entry

Patricia Pitta, St. John's University

Expanding cognitive behavioral therapy via assimilative integration: How and for whom?

Louis Castonguay, Penn State University

Friday | 3:15 PM-4:30 PM | Severn I

Alliance-focused training, Part I: Strategies for identifying, addressing, and repairing ruptures in the therapeutic alliance

Mini-Workshop

Presenters: Jeremy D. Safran,
New School for Social Research;
J. Christopher Muran,
Adelphi University;
Catherine F. Eubanks,
Yeshiva University

CE

Friday | 3:15 PM-4:30 PM | Severn III

Application of EFT, TFP, and Masterson approach in Turkey, and evaluation of cultural differences

Symposium

Chair: Tahir Ozakkas,
Psychotherapy Institute, Turkey

Emotion-focused therapy application in turkey and evaluation of cultural differences

Betul Sezgin, Psychotherapy Institute, Turkey; Tahir Ozakkas,
Psychotherapy Institute, Turkey

Application of Masterson approach in Turkey and evaluation of cultural differences

Nimet Kirisci, Psychotherapy Institute, Turkey; Tahir Ozakkas,
Psychotherapy Institute, Turkey; Betul Sezgin, Psychotherapy Institute,
Turkey

Application of transference-focused psychotherapy in Turkey and evaluation of cultural differences

Tahir Ozakkas, Psychotherapy Institute, Turkey; Ihsan Yamli,
Psychotherapy Institute, Turkey; Berrin Karaeminogullari, Psychotherapy
Institute, Turkey; Mehmet Tekneci, Psychotherapy Institute, Turkey

Coffee break

Friday | 4:30 PM-5:00 PM | Harborview Gallery

Structured Discussion

Chair: Shamaila Khan,
Boston Medical Center

Friday | 5:00 PM-6:15 PM | Severn III

Operation of religion and spirituality from diverse theoretical frameworks: An illustration through case studies

Participants:

Nirmeen Rajani, Boston Medical Center

Buffy Trent, Pacific University

Viviana Padilla-Martinez, Boston Medical Center

Mini-Workshop

Presenters: Beatriz Gomez,
Aiglé Foundation;
Héctor Fernández-Alvarez,
Aiglé Foundation

Friday | 5:00 PM-6:15 PM | Camden I

Training integrative psychotherapists: Innovative resources to develop competences

Mini-Workshop

Chair: Jeff E. Harris,
Texas Woman's University

Friday | 5:00 PM-6:15 PM | Camden II

Emotion-focused therapy for addictions: Facilitating emotional awareness and regulation to support recovery

Symposium

Chair: Jill Bresler,
New York University

Friday | 5:00 PM-6:15 PM | Potomac

Relational psychoanalysis and psychotherapy integration: An evolving synergy

Radical concern for the needs of the patient: The origins of relational psychoanalysis and psychotherapy integration

Karen Starr, New York University

Relational psychoanalysis: From the margins to the mainstream

Jill Bresler, New York University

Discussant:

Paul Wachtel, City University of New York

Mini-Workshop

Presenters: Jeremy D. Safran,
New School for Social Research;
J. Christopher Muran,
Adelphi University;
Catherine F. Eubanks, Yeshiva
University

Friday | 5:00 PM-6:15 PM | Severn I

Alliance-Focused Training, Part II: Strategies for Identifying, Addressing, and Repairing Ruptures in the Therapeutic Alliance

Mini-Workshop

Presenter: Ken Barish,
Westchester Center for the Study
of Psychoanalysis and
Psychotherapy

Friday | 5:00 PM-6:15 PM | Severn II

Helping parents help their children: A guide for therapists

Awards Ceremony

Chair: John C. Norcross,
University of Scranton & SUNY
Upstate Medical University

Friday | 6:20 PM-7:00 PM | Potomac

Poster Session and Welcome Reception

Friday | 7:00 PM-9:00 PM | Harborview Ballroom

Stress levels, coping and psychosocial issues of the family members of HIV/AIDS patients—Nguyen Intervention Program

Thi Loan Nguyen, Hoa Sen University

One size fits all? Distinct patterns of therapeutic preference for patients with anaclitic and introjective personality traits

Claire Elise Holland, The George Washington University; James E. Sexton, The George Washington University

The interaction of social support and types of depression— Identifying a trait dimension that can help integrative psychologists adjust treatment

Maggie Lynne Sabo, The George Washington University; James E. Sexton, The George Washington University

The Conflict Analysis Battery: A culturally nuanced, therapeutic, and diagnostic tool for self-discovery

Tilman Gerald, Penn State University

The experience of participating in Psychosomatic Focusing-oriented Therapeutic Program (PFTP) among middle-aged females in Korea: Based on the phenomenological approach

Eunsun Joo, Duksung Women's University; Hyunsoon Yim, Duksung Women's University

Integrative therapy in Austria—Linking practice, research and training

Silke Birgitta Gahleitner, Danube University; Gerhard Hintenberger, Danube University

What people really say in trauma narratives: A look at word use and trauma

Orrin-Porter Morrison, University of Windsor; Antonio Pascual-Leone, University of Windsor; Sarah Mackay, University of Windsor

Female therapist's experience of her own body through pregnancy to motherhood: An intersection of therapist body and client life

Keiko Yamaguchi, Ochanomizu University; Shigeru Iwakabe, Ochanomizu University

Are you ready to integrate? Clinician variables and the implementation of new practices

James Franklin Boswell, University at Albany-SUNY; Heather Thompson-Brenner, Boston University; Jennifer Oswald, University at Albany-SUNY; Shawn A. Lehmann, The Renfrew Center; Michael R. Lowe, Drexel University

Extended clinical applications of Andersen and Chen's interpersonal social-cognitive theory

Niquie Dworkin, Chicago School of Professional Psychology; Candice Luglio,

Client's positive emotions: An intensive analysis of a successful single session

Miki Yoshitake, Ochanomizu University

How EFT explains cure in 10 pathologies: A clinical view

Jeffery S. Smith, New York Medical College

Emotion-focused therapy for bulimia: A pragmatic, mixed-method case study

Kendell Banack, University of Alberta; William Whelton, University of Alberta

A narrative study of the relationships between women diagnosed with borderline personality disorder and their therapists

Shari E. Goldstein, Fielding Graduate University

Corrective emotional experience over time: A systematic case study of integrative affect-focused therapy with a middle-aged woman with depression

Kaori Nakamura, Ochanomizu University; Shigeru Iwakabe, Ochanomizu University; Tetsuo Fukushima, Otsuma Women's University

Saturday, 20 June 2015

Plenary

Chair: Rhonda Goldman,
Illinois School of Professional
Psychology

Saturday | 8:30 AM-9:55 AM | Harborview Ballroom

Integrating two approaches: Commonalities and differences

Participants:

Leslie Greenberg, York University
Nancy McWilliams, Rutgers University

Symposium

Chair: Scott Browning,
Chestnut Hill College

CE

Saturday | 10:00 AM-11:15 AM | Camden I

Using research to transform treatment of the contemporary family

Translating research into practice: The contemporary family
Scott Browning, Chestnut Hill College

A review of literature on working with couples and families within the LGBTQ+ populations and the clinical implications of the current literature

Patricia Gratson, Chestnut Hill College

Interracial families: Challenges, considerations, and clinical implications

Janee Stevenson, Chestnut Hill College

Discussant:

Kevin McCarthy, Chestnut Hill College

Saturday | 10:00 AM-11:15 AM | Camden II

Motivational interviewing in groups

Mini-Workshop

Presenters: Christopher Carl
Wagner, Virginia
Commonwealth University;
Karen S. Ingersoll,
University of Virginia

Saturday | 10:00 AM-11:15 AM | Harborview Ballroom

Integration in personality disorders

Symposium

Chair: Ueli Kramer, Institute of
Psychotherapy, Lausanne

Integrating research and clinical theory into the integrated treatment for borderline personality disorder

Kenneth N. Levy, Penn State University

The shorter the better? Follow-up analysis of a 10-session treatment including the motive-oriented therapeutic relationship for borderline personality disorder

Ueli Kramer, Institute of Psychotherapym Lausanne; Niklaus Stulz, University of Bern; Laurent Berthoud, Institute of Psychotherapy, Lausanne; Franz Caspar, University of Bern; Pierre Marquet, University of Lausanne; Stéphane Kolly, University of Lausanne; Yves de Roten, Institute of Psychotherapy, Lausanne; Jean-Nicolas Despland, Institute of Psychotherapy, Lausanne

Emotion-focused therapy for PDs- Integrating dynamic, systemic and behavioral principles into the ground of EFT

Alberta Pos, York University

Discussant:

Nancy McWilliams, Rutgers University

Saturday | 10:00 AM-11:15 AM | Severn I

The emotional change process

The process of change in working with emotion

Leslie Greenberg, York University

Resolving emotional avoidance: The development of a rational-empirical model

Genevieve Vrana, York University; Leslie Greenberg, York University; Jason Mark Sharbanee, York University

Validation of a model of the resolution of attachment insecurity

Jason Mark Sharbanee, York University; Leslie Greenberg, York University; Jeanne Watson, University of Toronto

Discussant:

Jeremy D. Safran, New School for Social Research

Saturday | 10:00 AM-11:15 AM | Severn II

How to resolve self-attacking behaviors from two experiential dynamic approaches: Davanloo's intensive short-term dynamic psychotherapy and affect phobia therapy

Symposium

Chairs: Jason Mark Sharbanee, York University;
Leslie Greenberg, York University

Mini-Workshop

Presenters: Kristin Osborn, Harvard Medical School;
Linda Smoling Moore, Uniformed Services University of the Health Sciences

CE

Mini-Workshop

Presenters: Jeffrey Barnett, Loyola University;
Corey Molzon, Loyola University

CE

Saturday | 10:00 AM-11:15 AM | Severn III

The role of informed consent in psychotherapy integration

Coffee break

Saturday | 11:15 AM-11:45 AM | Harborview Gallery

Structured Discussion

Chair:

Héctor Fernández-Alvarez,
Aiglé Foundation

Saturday | 11:45 AM-1:00 PM | Severn II

**Integrative psychotherapy training around the world:
New challenges**

Participants:

Jack Anchin, SUNY at Buffalo

Alessio Gori, University of Florence

Rachel Hershenberg, Philadelphia VA Medical Center and University of
Pennsylvania School of Medicine

Shigeru Iwakabe, Ochanomizu University

SymposiumChair: Karen S Ingersoll,
University of Virginia**CE**

Saturday | 11:45 AM-1:00 PM | Camden I

Integration with families, couples, and groups**Adult Attachment Interview, reflective functioning, and emotionally
focused therapy with a couple and family members**

Zoya Simakhodskaya, New York Center for EFT

**Motivational interviewing groups as an integrative group
psychotherapy**Christopher Carl Wagner, Virginia Commonwealth University; Karen S.
Ingersoll, University of Virginia**Mini-Workshop**Presenter: Bruce Liese,
University of Kansas**CE**

Saturday | 11:45 AM-1:00 PM | Camden II

**Concept mapping: A pragmatic integrative approach
to case conceptualization****Symposium**Chair: Michael J. Constantino,
University of Massachusetts
Amherst**CE**

Saturday | 11:45 AM-1:00 PM | Harborview Ballroom

**Therapeutic alliance and psychotherapy expectations:
Integrating research, practice, and training on two
common factors****Therapeutic alliance, subsequent change, and moderators of the
alliance-outcome association in interpersonal psychotherapy for
depression**Michael J. Constantino, University of Massachusetts Amherst; Emily K.
Luukko, University of Massachusetts; Alice E. Coyne, University of
Massachusetts Amherst; Katherine Newkirk, University of Massachusetts;
Paula Ravitz, University of Toronto; Carolina McBride, University of
Toronto

The direct and interactive effects of patient attachment style and perceived social support on therapeutic alliance quality in interpersonal psychotherapy for depression

Alice E. Coyne, University of Massachusetts Amherst; Michael J. Constantino, University of Massachusetts Amherst; Paula Ravitz, University of Toronto; Carolina McBride, University of Toronto

The state of therapeutic alliance training in clinical and counseling psychology graduate programs

Nicholas R. Morrison, University of Massachusetts Amherst; Michael J. Constantino, University of Massachusetts Amherst; Terence Howard, University of Massachusetts Amherst

A three-level model of patient characteristics and therapist effects as predictors of depressed patients' initial outcome expectations and change in outcome expectations

Andreea Vișlă, Babes-Bolyai University; Christoph Flückiger, University of Zurich; Tobias Krieger, University of Bern; Michael J. Constantino, University of Massachusetts Amherst; Martin grosse Holtforth, University of Bern

Saturday | 11:45 AM-1:00 PM | Severn I

Integrative therapists' professional identities and development

Therapists' integration of personal experience and formal knowledge

Ida Bernhardt, University of Oslo; Marit Råbu, University of Oslo; Christian Moltu, Helse Førde

Looking back: What have I learned from being a therapist?

Marit Råbu, University of Oslo; John McLeod, Institute of Integrative Counselling and Psychotherapy

Diverse opinions on distress, change, and therapeutic guidance of mindfulness practitioners

Jonathan Wesley Eng, Yeshiva University; William Arsenio, Yeshiva University

Discussant:

Louis Castonguay, Penn State University

Saturday | 11:45 AM-1:00 PM | Severn III

The forgiveness and reconciliation model in emotionally focused couple therapy

Symposium

Chair: Marit Råbu,
University of Oslo

CE

Mini-Workshop

Presenter: Lorrie L. Brubacher,
Greensboro Charlotte Center for
EFT

CE

- Lunch** Saturday | 1:00 PM-2:30 PM |
Explore local restaurants (on your own)
- Meeting** Saturday | 1:00 PM-2:30 PM | Potomac
SEPI governance meeting (by invitation only)
- Keynote** Saturday | 2:30 PM-3:25 PM | Harborview Ballroom
Presenter: Nancy McWilliams, Rutgers University
Integrative research for integrative practice: A plea for respectful collaboration across clinician and researcher roles
CE
- Structured Discussion** Saturday | 3:30 PM-4:45 PM | Severn I
Chair: Marvin R. Goldfried, Stony Brook University
Conceptualizing general anxiety disorder: A dialogue and group discussion
Participants:
Leslie Greenberg, York University
Marvin R. Goldfried, Stony Brook University
CE
- Symposium** Saturday | 3:30 PM-4:45 PM | Camden I
Chair: Jeffery S. Smith, New York Medical College
Advances in couple therapy
The sequencing of interventions in integrative couple therapy
Arthur Nielsen, Northwestern University
Sharpen your couple and family therapy skills: An assimilative therapy model
Patricia Pitta, St. John's University
Treating sexual disgust in integrative couples therapy
Lawrence Josephs, Adelphi University
CE
- Symposium** Saturday | 3:30 PM-4:45 PM | Camden II
Chair: Scott Thomas Meier, SUNY at Buffalo
Routine outcome monitoring and feedback
This is what I need to know about my patients: A qualitative inquiry into therapists' perspectives on routine outcome measurement (ROM)
Christian Moltu, Helse Førde; Jon Stefansen, Oslo University Hospital; Samuel Nordberg, Helse Førde; Marius Veseth, Høgskulen i Bergen

Exploring process-outcome in a feedback and clinical support tools intervention with patients at risk for treatment failure

Erica Gardner-Schuster, New School for Social Research; Jeremy D. Safran, New School for Social Research; J. Christopher Muran, Adelphi University; Catherine F. Eubanks, Yeshiva University; Russ Bailey, Brigham Young University; Michael Lambert, Brigham Young University

The role of psychological distress during the initial phase of psychotherapy

Scott Thomas Meier, SUNY at Buffalo

Saturday | 3:30 PM-4:45 PM | Harborview Ballroom

Integrative approaches to understanding and treating personality pathology

Understanding personality disorders through an attachment theoretical framework: Implications for psychotherapy integration

Tracy Lynn Clouthier, Penn State University; Kenneth N. Levy, Penn State University; Christina M. Temes, Penn State University; Wesley Scala, Penn State University; Benjamin N. Johnson, Penn State University

The Cognitive-Affective Processing System as an integrative model for understanding personality disorders

Sharon M. Nelson, Eastern Michigan University; Steven K. Huprich, Wichita State University

Knowledge through interaction: Focus-oriented relationship-formation in the treatment of personality disorders

Johannes C. Ehrental, Heidelberg University; Henning Schauenberg, Heidelberg University

Discussant:

Alberta Pos, York University

Saturday | 3:30 PM-4:45 PM | Severn II

Calming the fear-driven brain: Neurofeedback in the treatment of developmental trauma

Mini-Workshop

Presenter: Sebern Fisher,
Private Practice

CE

Saturday | 3:30 PM-4:45 PM | Severn III

Using integrative psychotherapy to accelerate "maturing out"

Mini-Workshop

Presenter: F. Michler Bishop,
SUNY College at Old Westbury

Coffee break

Saturday | 4:45 PM-5:15 PM | Harborview Gallery

Structured DiscussionChair: Louis Castonguay,
Penn State University

Saturday | 5:15 PM-6:30 PM | Camden I

Working together: Lessons from therapists and researchers partnerships in conducting clinically relevant studies

Participants:

James Franklin Boswell, University at Albany-SUNY

Franz Caspar, University of Bern

Catherine F. Eubanks, Yeshiva University

Beatriz Gomez, Aiglé Foundation

Rolf Holmqvist, Linköping University

Héctor Fernández-Alvarez, Aiglé Foundation

SymposiumChair: Kenneth A. Frank,
National Institute for the
Psychotherapies**CE**

Saturday | 5:15 PM-6:30 PM | Camden II

Interim update: Evaluating a new training program in psychotherapy integration**Teaching assimilative integration in the online classroom: Some initial recommendations**

Jill Bresler, NIP Certificate Training Program in Psychotherapy Integration

Teaching and supervision at the intersection of DBT and psychoanalysis: An integrative approach to teaching integration

Lisa Lyons, NIP Certificate Training Program in Psychotherapy Integration

Discussant:

Paul Wachtel, City University of New York

SymposiumChair: Clara E Hill,
University of Maryland**CE**

Saturday | 5:15 PM-6:30 PM | Harborview Ballroom

Exploring meaning in life in psychotherapy**What do we know about exploring meaning in life in psychotherapy**

Ellen Baumann, University of Maryland; Clara E. Hill, University of Maryland

What meaning do therapists derive from doing psychotherapy?

Kathryn Kline, University of Maryland; Clara E Hill, University of Maryland; Yoshi Kanazawa, University of Maryland

Techniques for working with meaning in life in psychotherapy

Yoshi Kanazawa, University of Maryland; Clara E Hill, University of Maryland

Symposium

Chairs: Gregg Henriques,
James Madison University;
Kenneth Critchfield,
James Madison University;
Andre Marquis,
University of Rochester

CE

Saturday | 5:15 PM-6:30 PM | Severn I

Using meta-theoretical perspectives to inform application and bridge the science-practice divide**Assessing character functioning and well-being via the Unified Approach**

Gregg Henriques, James Madison University

Integral psychotherapy and integral methodological pluralism: Application and bridging the science-practice divide

Andre Marquis, University of Rochester

Science, practice, and case formulation

Kenneth Critchfield, James Madison University

Discussant:

Craig N. Shealy, James Madison University

Symposium

Chair: Carolyn Gralewski,
Argosy University, Schaumburg

CE

Saturday | 5:15 PM-6:30 PM | Severn II

Integrative interventions for parents and children**Perfectionism, intensive parenting, and vulnerability to depression in women**

Carolyn Gralewski, Argosy University, Schaumburg; Rita Tresnowski,
Argosy University, Schaumburg

Evaluating the effectiveness of clinical training in a trauma-informed, attachment-based intervention for parents and children

Jordan Bate, New School of Social Research; Anne Murphy, Albert Einstein
College of Medicine; Howard Steele, New School for Social Research;
Miriam Steele, New School for Social Research

Can you be part of my trauma treatment if you were never there for me? Integrating psychodynamic formulation into trauma interventions with children and families

Naama Gershy, Yale University

Mini-Workshop

Presenters: J. Scott Fraser,
Wright State University;
Andrew Solovey,
Solutions Counseling

CE

Saturday | 5:15 PM-6:30 PM | Severn III

Integrative Families and Systems Treatment (I-FAST): A strengths-based approach to at-risk youth and families

**Gala Dinner
(ticket required)**

Saturday | 7:30 PM |

**The Center Club
100 Light Street**

Sunday, 21 June 2015

Symposium

Chair: Emma Grace,
Chicago School of Professional
Psychology

Sunday | 8:00 AM-9:15 AM | Camden I

Integration of culture in psychotherapy

Psychotherapy integration in a primary care setting serving refugees and immigrants

Arthur L. Lewy, University of Washington

Integrative psychotherapy for civilian war survivors: The cultural aspects

Emma Grace, Chicago School of Professional Psychology

Symposium

Chair: Ken Barish,
Westchester Center for the Study
of Psychoanalysis and
Psychotherapy

Sunday | 8:00 AM-9:15 AM | Harborview Ballroom

The art of child psychotherapy: Improvisation and technique

Creative use of self and the therapeutic relationship in psychoanalytic child therapy

Steven Spitz, Westchester Center for the Study of Psychoanalysis and Psychotherapy

Orchestrating relational integrative psychotherapy: Trusting the empathic arts of internal listening, patience, and clinical choice

Wade Anderson, Westchester Center for the Study of Psychoanalysis and Psychotherapy

"Get a real job": The use of humor in the psychotherapy of children and young adults

Ken Barish, Westchester Center for the Study of Psychoanalysis and Psychotherapy

Symposium

Chair: Kenneth N. Levy,
Penn State University

Sunday | 8:00 AM-9:15 AM | Severn I

The integration of neuroscience

Biofeedback to the brain: The missing piece in mental health treatment

Sebern Fisher, Private Practice

The feasibility of integrating neuropsychological theory into a cognitive behavioral therapy paradigm

Jared S. Link, Nova Southeastern University

Clinical Cases Systematization: Assessment of treatments with comorbid patients under the Integrative framework and psychoeducation with Brain Training Tools (BTT)

Maria A. Durao, Universidad Argentina de la Empresa

Symposium

Chair: Andre Marquis,
University of Rochester

Sunday | 8:00 AM-9:15 AM | Severn II

Innovative integrative models

Etiology matters: An integral exploration of the causes of anxiety disorders

Andre Marquis, University of Rochester

Believe it or not: Integration of Applied Behavior Analysis and psychoanalytic psychotherapy in treatment of adults with intellectual disabilities and co-occurring severe psychological disorders.

Adam Kittinger Fuller, Mountain Regional Services

7-Step integrative healing model for health, healing, happiness, and peace

Michael Reda, Meaningful World

Sunday | 8:00 AM-9:15 AM | Severn III

Integrative case studies

Examining Rosie: An integration of DBT, relational factors, cognitive-behavioral interventions, and experiential techniques to facilitate change processes in eating disorders within outpatient settings

Sally Nazari, New York State Office of Mental Health/South Beach Psychiatric Center; George Stricker, Argosy University, Arlington

Treating selective mutism with an integrative psychotherapy approach: A case of a seven-year-old bilingual child

Namhee Stokvis, Rutgers University

12 Years a Slave's Master Epps: CCRT, self-psychology, and object relations formulations

Chantal Marie Boucher, University of Windsor; Shayna Nussbaum, University of Windsor; Orrin-Porter Morrison, University of Windsor; Josee Jarry, University of Windsor

Sunday | 9:20 AM-10:35 AM | Severn III

Working together: Practice-oriented research from the clinician's perspective

Participants:

James Franklin Boswell, University at Albany-SUNY

Franz Caspar, University of Bern

Louis Castonguay, Penn State University

Héctor Fernández-Alvarez, Aiglé Foundation

Beatriz Gomez, Aiglé Foundation

Rolf Holmqvist, Linköping University

Symposium

Chair: Sally Nazari,
New York State Office of Mental
Health/South Beach Psychiatric
Center

CE

Structured Discussion

Chair: Catherine F. Eubanks,
Yeshiva University

Symposium

Chair: Deborah Seagull,
Pennsylvania Hospital

Sunday | 9:20 AM-10:35 AM | Camden I

Integrated psychotherapeutic and interdisciplinary innovations in advance care planning

The hard conversations: Facilitating discussion about advanced care planning and terminally ill patients. A focus on clinician care
Deborah Seagull, Pennsylvania Hospital

The hard conversations: Facilitating discussion about advanced care planning and terminally ill patients. Supportive oncology clinic
Clara Granda-Cameron, Pennsylvania Hospital; Janet Haas, Pennsylvania Hospital

The hard conversations: Facilitating discussion about advanced care planning and terminally ill patients. My Gift of Grace: Gaming as a tool.
Jethro Heiko, The Action Mill

Discussant:
Mark Francis, Private Practice

Symposium

Chair: Christian Moltu,
Helse Førde

Sunday | 9:20 AM-10:35 AM | Camden II

Integration in medical and community mental health settings

Psychotherapy in medical settings: A surprising frontier for integrative practice
Deborah A. Gillman, University of Pittsburgh Medical Center

The need for integrative psychotherapy in community mental health settings
Jacqueline Lefebvre, Nova Southeastern University

What is a "good outcome" in public mental health settings? A qualitative exploration of clients' and therapists' experiences.
Christian Moltu, Helse Førde; Samuel Nordberg, Helse Førde; Marius Veseth, Høgskulen i Bergen; Jon Stefansen, Oslo University Hospital

SMART Recovery: A stellar example of integration in action
F. Michler Bishop, SUNY College at Old Westbury

Symposium

Chair: Stephen J.F. Holland,
Capital Institute for Cognitive
Therapy

CE

Sunday | 9:20 AM-10:35 AM | Harborview Ballroom

Integrating active and exploratory techniques: Case example and discussion

Discussants:
Robert Cohen, Madonna Univeristy
Jill Bresler, New York University

Symposium

Chair: Rebecca Coleman Curtis,
Adelphi University

Sunday | 9:20 AM-10:35 AM | Severn I

The use of images in psychodynamic treatment**The power of evoking images in clinical work**

Rebecca Coleman Curtis, Adelphi University

The neurobiology of the image-making mind: Applications for treatment

Frank Faranda, Private Practice

Discussant:

Golan Shahar, Ben Gurion University

Symposium

Chair: Kristin Osborn,
Harvard Medical School

Sunday | 9:20 AM-10:35 AM | Severn II

Innovations in supervision and case conceptualization**Online supervision: The basics**

Kristin Osborn, Harvard Medical School

Concept mapping: A qualitative study of how therapists conceptualize their patients

Kate Esterline, University of Kansas; Carina Fowler, University of Kansas;
Bruce Liese, University of Kansas

Integrating psychotherapies that work: Using the process of change

J. Scott Fraser, Wright State University; Andrew Solovey, Solutions
Counseling

Coffee break

Sunday | 10:35 AM-10:45 AM | Harborview Gallery

Closing Plenary

Chairs: John C. Norcross,
University of Scranton and The
Commonwealth Medical
College;
Larry E. Beutler, Palo Alto
University

CE

Sunday | 10:45 AM-12:15 PM | Harborview Ballroom

A new psychotherapy for each patient: Where practice and research converge

Discussant:

Beatriz Gomez, Aiglé Foundation

Index to Participants

Ameli, Rezvan (rezvan.ameli@gmail.com).....	11
Anchin, Jack (anchin@buffalo.edu).....	8, 12, 20
Anderson, Timothy (andersot@ohio.edu).....	8, 9
Anderson, Wade (wadebanderson.wba@gmail.com).....	26
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Bailey, Russ (russ_bailey@byu.edu).....	23
Banack, Kendell (kdjanzen@ualberta.ca).....	17
Barish, Ken (kbarish280@aol.com).....	15, 26
Barnett, Jeffrey (jbarnett@loyola.edu).....	7, 19
Bate, Jordan (batej731@newschool.edu).....	25
Baumann, Ellen (ellenoftroy217@gmail.com).....	24
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Bloch-Elkouby, Sarah (sarahblochelkouby@mail.adelphi.edu).....	10
Boswell, James Franklin (jboswell@albany.edu).....	17, 24, 27
Boucher, Chantal Marie (boucherc@uwindsor.ca).....	27
Bresler, Jill (drjbresler@gmail.com).....	15, 24, 28
Browning, Scott (scobrown@chc.edu).....	18
Brubacher, Lorrie L (lorrie@gccept.com).....	21
Carr, Erika (erika.carr@yale.edu).....	9
Caspar, Franz (franz.caspar@psy.unibe.ch).....	19, 24, 27
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Clouthier, Tracy Lynn (tlc5319@psu.edu).....	23
Cohen, Robert (rcohen1101@gmail.com).....	28
Conceição, Nuno (nunoconceicao@gmail.com).....	10, 11
Constantino, Michael J. (mconstantino@psych.umass.edu).....	12, 20, 21
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Critchfield, Kenneth (critchkl@jmu.edu).....	12, 25
Curtis, Rebecca Coleman (rcurtis.curtis@gmail.com).....	29
Davidtz, Jennifer (jdavidtz@nova.edu).....	12, 13
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DeGangi, Georgia Ann (gdegangi@gmail.com).....	10
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Durao, Maria A (marian.durao@gmail.com).....	26
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Esterline, Kate (kate.esterline@gmail.com).....	29
Eubanks, Catherine F. (catherine.eubanks@einstein.yu.edu).....	8, 10, 12, 14, 15, 23, 24, 27
Faranda, Frank (frankfaranda@gmail.com).....	29
Fernández-Alvarez, Héctor (ludjurkowski@gmail.com).....	15, 20, 24, 27
Firestone, Lisa (lfirestone@glendon.org).....	9
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Florencio, Joana (joana.florencio.fp@gmail.com).....	11
Flückiger, Christoph (christoph.flueckiger@psychologie.uzh.ch).....	21
Fowler, Carina	29
Francis, Mark (markfrancisphd@icloud.com).....	28
Frank, Kenneth A. (ken_frank@msn.com).....	24
Fraser, J. Scott (scott.fraser@wright.edu).....	25, 29
Fukushima, Tetsuo (te2fuku@yahoo.co.jp).....	17
Fuller, Adam Kittinger (afuller@mrsi.org).....	27
Gahleitner, Silke Birgitta (sb@gahleitner.net).....	16
Gardner-Schuster, Erica (garde946@newschool.edu).....	23
Garrett, Michael (mgarrett50@aol.com).....	7
Gerald, Tilman (tgerald13@gmail.com).....	16
Gershby, Naama (naama.gershby@yale.edu).....	25
Gillman, Deborah A. (gillmanda@upmc.edu).....	28
Glass, Carol R. (glass@cua.edu).....	11
Gleiser, Kari (kari.gleiser@gmail.com).....	10
Gofman, Mordechai (mordechaigofman@gmail.com).....	10
Goldfried, Marvin R. (marvin.goldfried@stonybrook.edu).....	22
Goldman, Rhonda (rgoldman@argosy.edu).....	8, 18
Goldstein, Shari E. (goldsteinshari@gmail.com).....	17
Gomez, Beatriz (beatrizgomez@fibertel.com.ar).....	15, 24, 27, 29
Goodheart, Carol (carol@drcarolgoodheart.com).....	12
Gori, Alessio (Alessio_Gori@libero.it).....	20
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Haas, Janet (jhaas@williampennfoundation.org).....	28
Hamlett, Nakia Maureen (nakia.hamlett@yale.edu).....	9
Harris, Jeff E. (jharris18@twu.edu).....	10, 15

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Hershenberg, Rachel (rhershenberg@gmail.com).....	20
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Jeronimo, Iris (irisjeronimo@gmail.com).....	11
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Josephs, Lawrence (josephs@adelphi.edu).....	22
Kanazawa, Yoshi (yk@psy.meijigakuin.ac.jp).....	24
Karaeminogullari, Berrin	14
Kelly, Shalonda (skelly@rci.rutgers.edu).....	13
Khan, Shamaila (shamaila.khan@bmc.org).....	14
Kim, Haedong (shdkim@umd.edu).....	11
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Kramer, Ueli (ueli.kramer@chuv.ch).....	12, 18, 19
Krieger, Tobias (tobias.krieger@psy.unibe.ch).....	21
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Lefebvre, Jacqueline (jl1234@nova.edu).....	28
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Levy, Kenneth N (klevy@psu.edu).....	8, 9, 18, 23, 26
Lewy, Arthur L. (alewy@uw.edu).....	26
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Luz, Catarina (catarinalourencoluz@gmail.com).....	11

Lyons, Lisa (lisa.lyons62@gmail.com).....	24
Mackay, Sarah (macka111@uwindsor.ca).....	16
Magnavita, Jeffrey J (magnapsych@gmail.com).....	8, 11, 12
Maia, Patricia (patricia_fmaia@hotmail.com).....	11
Marquet, Pierre (pierre.marquet@chuv.ch).....	19
Marquis, Andre (amarquis@warner.rochester.edu).....	12, 25, 27
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McCarrick, Shannon M (mccarrickshannon@gmail.com).....	9
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Molzon, Corey (chmolzon@loyola.edu).....	19
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Nomura, Tomoko (t.nomura1028@gmail.com).....	11
Norcross, John (norcross@scranton.edu).....	16, 29
Nordberg, Samuel (samnordberg@gmail.com).....	22, 28
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Omar, Yasmine (yasmineomar12@gmail.com).....	13
Osborn, Kristin (kristin@kristinosborn.com).....	19, 29
Oswald, Jennifer (joswald@albany.edu).....	17
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Reda, Michael (Rike.Meda@gmail.com).....	27
Rodrigues, Catarina	10
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Sezgin, Betul.....	14
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Stevenson, Janee	18
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Tekneci, Mehmet	14
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