

Sepi XV

**Sepi: Society for the Exploration of
Psychotherapy Integration**

XV INTERNATIONAL CONFERENCE
**Theme: Psychotherapy Integration
in the New Millennium**



**April 22-25
1999
Sheraton
Four Points
Hotel
Miami,
Florida**

SEPI: Society for the Exploration of Psychotherapy Integration

*Fifteenth Annual Conference
Psychotherapy Integration in the New Millennium
April 22-25, 1999
Miami Beach, Florida*

Dear Colleague:

The Society for the Exploration of Psychotherapy Integration (SEPI) is pleased to announce its fifteenth annual conference "Psychotherapy Integration in the New Millennium", SEPI XV, to be held at the Sheraton Four Points Hotel in Miami, Florida. SEPI was formed in 1983, springing out of the growing interest of an ever evolving group of psychotherapists, theoreticians, and researchers to dialogue and cross the frontiers that separate traditional schools of psychotherapy, combine and integrate theories, utilize techniques and strategies from different persuasions, and identify underlying common factors.

SEPI XV, under the general heading "Psychotherapy Integration in the New Millennium", is rich in content and will bring together some of the most active, as well as new contributors to share their latest ideas, data and projects. These will be offered in workshops, panels, symposia, discussion groups and informal chats. SEPI conferences are aimed at all those mental health professionals and students interested in issues related to psychotherapy integration, flowing in a very pleasant, convivial, and informal climate.

The conference will be held in Miami, Florida, well known for its' integration of many diverse cultures, as well as for year round beautiful blue skies and white sandy beaches. Within close range to the luxurious Four Points Sheraton Hotel there are many chic restaurants, numerous art galleries, and many exceptional shops. Other points of interest include the beautiful little cities of Coconut Grove, South Beach, Bayside, and the impressive Biscayne and Everglades National Parks. There are endless possibilities for recreation and fun in the Miami Beach area. The concierge desk of the Four Points Sheraton Hotel will be more than happy to offer any further information needed on the various attractions available. One final suggestion, remember your bathing suit and sunscreen because Miami in April almost always promises to be hot and sunny!

Steering Committee

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Carol R. Glass, Ph.D.
Catholic University
Marvin R. Goldfried, Ph.D.
SUNY at Stony Brook
George Stricker, Ph.D.
Adelphi University
Paul L. Wachtel, Ph.D.
City College of CUNY
Barry E. Wolfe, Ph.D.
American Schools of
Professional Psychology

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Florida International Univ.

Program Chair

Jerold Gold, Ph.D.
Long Island University

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Pre-Conference Workshops

Morning Workshops: 9:00 a.m. - 1:00 p.m.

Workshop 1:

Psychotherapy Integration and the Treatment of the Anxiety Disorders. Barry E. Wolfe, Ph.D., American School of Professional Psychology, Virginia.

The purpose of the workshop is to describe and illustrate an integrative theoretical and treatment model for the various forms of self pathology associated with the anxiety disorders. Self pathology refers to dysfunctional ways of experiencing the self. A major part of the workshop will involve illustrations of the application of specific techniques to the treatment of individuals suffering from particular anxiety disorders. This involves treating not only the symptoms of these disorders, but also the underlying self pathology. There will be several case applications involving patients who meet DSM-IV criteria for generalized anxiety disorder, panic disorder with agoraphobia, and selected specific phobias.

Workshop 2:

Integrating Psychodynamic and Behavior Therapy in Short Term Dynamic Psychotherapy: Desensitization of Affect Phobias. Leigh McCullough, Ph.D., Harvard.

This workshop will present an "anxiety-regulating" model of short-term dynamic psychotherapy that uses the behavioral principles of systematic desensitization to treat psychodynamic conflict. In this model, psychodynamic conflict is re-interpreted as an "affect phobia." In contrast to stimuli that are external (bridges, snakes), these "intrapsychic" phobias occur within us. Methods of exposure and response prevention can be applied to warded-off feelings to resolve the psychodynamic conflict. A videotaped case example called "The Lady Cloaked in Fog" will be shown that illustrates the resolution of severe affect phobias. This workshop is based on the book Changing Character, Basic Books, 1977.

Afternoon Workshops: 2:00 p.m. - 6:00 p.m.

Workshop 3:

A Clinical Guide to Psychotherapy Integration. Marvin R. Goldfried, Ph.D., State University of New York at Stony Brook.

After placing psychotherapy integration into an historical and contemporary context, the workshop will outline the common and unique contributions that are offered by different theoretical orientations. A common language for formulating clinical problems, planning interventions, and monitoring therapists' progress will be presented, and all this will be illustrated by a videotaped therapy session.

Workshop 4:

Personality-Guided Psychotherapy: From Cognitive-Behavioral to Synergistic Treatment. Theodore Millon, Ph.D., University of Miami.

It is necessary that we take the "integrative" mindset one step further, that is, beyond being wisely eclectic or theoretically synthesized. Rather, our approach centers its focus on the intrusive and persistent personality makeup of the patient, that is on the specific configuration of psychological traits of which he/she is composed. To mirror this unique personal configuration, therapy must not only be multimodal, but most reflect the patients' specific vulnerabilities and repetitively problematic styles of coping.

6:15 PM - 7:15 PM: No-host Cocktail Hour

Friday, April 23

8:45 AM: Welcome and introductory remarks

9:00 AM - 10:30 AM: Plenary Session

Toward a New Model of Integrated Psychotherapy: Psychosynergy. Theodore Millon, Ph.D.

10:30 AM - 10:45 AM: Coffee and Conversation

11:00 AM - 12:30 PM: Workshops

- I - *Performatory psychotherapy: Beyond scientific psychology, beyond narrative, and beyond postmodern critique.* Bette Braun and Mary Carlin.
- II - *Child in family therapy: An integrative approach to working with young children and their families.* Ellen Wachtel.

11:00 AM - 1:00 PM: Symposia

- I - *Working with dreams in psychotherapy.* Stanley Messer (Chair), Drew Westen, Rebecca Curtis, and Sandra Paivio.

II - *What is Empathy?*

Empathy: Its meanings and uses as a prosthetic to promote self-healing in psychotherapy. Arthur C. Bohart.

Empathy in experiential psychotherapy. Jeanne C. Watson.

The role of empathy in exposure based cognitive-behavioral therapy for anxiety disorders. Jeffrey Martin.

Leslie Greenberg, discussant.

1:00 PM - 2:30 PM: SEPI Business Lunch

All conference attendees are invited.

2:30 PM - 4:00 PM: Workshop

The inter-relationship between cognitive and dynamic approaches in the short-term treatment of depression. Allen Kalpin.

2:30 PM - 4:30 PM: Symposia

- I - *State and future of research related to integration: Views and research practice in the research committee.* Franz Caspar, Leigh McCulloch, Stanley Messer, Maria del Carmen Salgueiro, Jeanne Watson, and Marvin Goldfried.

- II - *Integrative psychotherapy in addressing the extremes of human endurance and suffering.* Peter Fraenkel, Stephen Goldstein, Betty Gomez, and Paul Wachtel (Chair and discussant).

2:30 PM - 4:30 PM: Paper Session

The development of new questionnaires measuring changes during integrative psychotherapy. A.E. Kalaitzaki.

An integrative perspective to the delusion formation in schizophrenia, paranoidtype, and schizoaffective disorder. K.A. Zgantzouri.

A Greek approach to integrative psychotherapy of individuals with schizophrenic symptoms: outcome data. J.N. Nestoros, K.A. Zgantzouri, and A.E. Kalaitzaki.

Psychotherapy integration in ancient Greece. J.N. Nestoros.

4:30 PM - 5:00 PM: Coffee and Conversation

5:00 PM - 6:30 PM: Concurrent sessions

I - Discussion Group

A town hall meeting on power in the therapeutic relationship. Sheenah Hankin, Richard Wessler, Mildred Borrás, and Jonathan Stern.

II - Symposium

An integrative treatment for court ordered male spouse abusers: Using dialectical behavioral therapy within a feminist theoretical framework. Leila A. Bakry-Becker, Edward N. Shearin, and Barry Wolfe (discussant).

III - Workshop

Integral myth, mirth, meditation and more. Hilde Rapp, Michael Basseches, and Arthur Egenderf.

IV - Paper Session

Values and psychotherapy integration: A relationship worth exploring. Andres J. Consoli.

Inner city Hispanic patients and their clinicians: Do cultural and class differences play a role in dropout? Lorna Myers-Pizarro.

Integrative psychotherapy in addictive disorders. Humberto Guajardo, Veronica Bagladi, and Ximena Rojas.

6:30 PM - 7:30 PM: No-host Cocktail Hour

7:30 PM - 9:00 PM: Evening Workshops

I - *You, unfolding: Supreme common factor-Exercises in sensing, thinking and potent speaking for training and practice.* Arthur Egendorf.

II - *Conflict analysis training: A manual-driven integrative psychotherapy.*
Albert J. Levis.

Saturday, April 24

9:00 AM - 10:30 AM: Plenary Session

Clinical Exchange - *The Case of Mrs. C.* John C. Norcross (Chair), Herbert Fensterheim, Leslie S. Greenberg, And Leigh McCullough.

10:30 AM - 11:00 AM: Coffee and Conversation

11:00 AM - 12:30 PM: Workshop

I - *Ego state psychotherapy: a heuristic, practical, and integrative model.* Mark A. Lawrence.

11:00 AM - 12:30 PM: Paper Session

Reactance and assertiveness: A pilot correlational study. Herbert J. Chappa and Elizabeth Farina

Reconciling the individual and the system in relational therapies: An old challenge for a new millennium. Karen D. Fergus and David W. Reid.

Imaginal confrontation in therapy for interpersonal trauma. Sandra C. Paivio, Jerry B. Jellis, and Nancy Tran.

11:00 AM - 1:00 PM: Symposia

I. *Therapeutic termination: Principles and obstacles.* Jeffrey R. Martin (Chair), Rebecca Curtis, Marvin R. Goldfried, Leslie S. Greenberg, and Paul L. Wachtel (Discussant).

II. *Improving cognitive behavior therapy for generalized anxiety disorder: An integrative approach.*

"Cognitive behavior therapy for generalized anxiety disorder: Strengths and limitations." Michelle G. Newman, Louis G. Castonguay, and Thomas D. Borkovec.

"New dimensions in the treatment of generalized anxiety disorder: Interpersonal focus and emotional deepening." Michelle G. Newman, Louis G. Castonguay, and Thomas D. Borkovec.

"The therapist and client experience in integrative treatment for generalized anxiety disorder." Louis G. Castonguay, Alexander J. Schut, Michelle G. Newman, and Thomas D. Borkovec.

1:00 PM - 2:00 PM: Lunch Discussion Groups

I - *Mapping the psychotherapeutic field: How the common factors approach and theoretical integration can work together.* Tullio Carere-Comes.

II - *Neurofeedback: A middle way in psychotherapy integration.* Sebern Fisher.

III - *Healing affects and Meta-therapeutic processes.* Diana Fosha.

IV - *Integrative treatment of Trichotillomania and related impulse disorders.* Douglas H. Powell.

2:00 PM - 4:00 PM: Symposium

Facilitating emotional expression in psychotherapy: Integrative treatment perspectives.

"Emotional expression and reflexive self-examination in client centered and process experiential therapy." Lisa A. Berger and Jeanne C. Watson.

"An integrative model of recovery for substance abusing populations." Elizabeth Bolgar.

"Restructuring core emotion schemes." Leslie Greenberg.

"Facilitating emotional expression in psychotherapy: Integrating cognitive-behavioral and emotionally focused interventions." Jeanne C. Watson and Eileen Kennedy-Moore.

2:00 PM - 4:00 PM: Paper Session

What have we learned from Theme-analysis regarding psychotherapy integration: An empirical investigation. Augustine Meier and Michelin Boivin.

Common factors in psychotherapy and other change inducing relationships: Is therapy different from life? G. K. Lampropoulos and P.M. Spengler.

Conceptual clarifications toward furthering efforts in psychotherapy integration Richard P. Crisa.

Connectionism: A dynamic view of disorders and psychotherapy. Franz Caspar.

2:30 PM - 4:00 PM: Workshops

I - *A relational approach to treating childhood sexual abuse.* Marcia Sheinberg.

II - *An integrative approach for matching weight management treatment to individual clients.* Patty L. Sigl.

4:00 PM - 4:30 PM: Coffee and Conversation

4:30 PM - 6:00 PM: Workshops

I - *A theoretical orientation scale for clinical education: Classroom, supervision, and research applications.* Daniel Coleman.

II - *The problem of criminal aggression and violence: Toward an art and science of treatment.* J. Tyler Carpenter.

III - *Interpersonal psychotherapy for depression as an example of psychotherapy integration.* Kosse Jonker and Jan de Vries.

4:30 PM - 6:00 PM: Symposium

Learning from the basics: Clinical implication of social, developmental and cross cultural study of the self.

"Self evaluative motives: Clinical implications of the need for positivity and verification." Elizabeth Pinel.

"The development of the self." Janis E. Jacobs.

"The self in context: Implications for psychopathology and psychotherapy." G.C. Nagayama Hall.

Barry E. Wolfe (Discussant).

7:00 PM - Dinner Party

8:00 AM - 9:00 AM: Breakfast Meeting

Open forum on the status of the Journal of Psychotherapy Integration. Jerry Gold.

9:00 AM - 10:00 AM: Discussion Groups

I - *Patient's perceptions of the therapeutic components of treatment.* Lisa Kentgen and Michael Sweeney.

II - *Research on psychotherapy integration.* Carol R. Glass, Diane B. Arnkoff, Franz Caspar, and Roberto Opazo.

III - *When transference and counter-transference become issues in cognitive therapy: An informal discussion between cognitive and psychoanalytic therapists.* Martin H. Rock, Martin Sloane, Will Swift, and George Stricker.

9:00 AM - 10:30 AM: Paper Session

Beyond core difficulties of psychotherapy integration: A new look. Finn Rasbourg.

Implementing the cognitive interpersonal model with psychodramatic techniques for social phobia. Daniel Bogiaizian.

A dialectical-constructivist perspective on psychotherapeutic success and failure. Michael Basseches.

10:00 AM - 11:00 AM: Discussion Group

The integrated psychotherapy that dares not speak its name: HIV/AIDS related work. Mark G. Winiarski.

10:00 AM - 12:00 Noon: Symposium

The client's active, integrative contribution to the psychotherapy process.

"The processes of client self healing." Arthur C. Bohart.

"The client's theory of change as the quintessential integrative variable." Barry Duncan.

"The psychodynamics of the client's activity and integrative efforts." Jerry Gold.

SEPI XV Conference Registration Form

Name: _____

Organization: _____

Mailing Address: _____

City/State/Zip/Country: _____

Phone: (_____) _____ Fax: (_____) _____

E-mail: _____

All Presenters must register.

SEPI XV Conference Registration Fees:

		Conference	Workshops
Before March 22, 1999:	SEPI Members	\$170.00	\$75.00
	Non-members	\$220.00	\$85.00
	Students SEPI Members	\$95.00	\$35.00
	Student non-members	\$110.00	\$50.00
After March 22, 1999:	SEPI Members	\$185.00	\$90.00
	Non-members	\$235.00	\$100.00
	Students SEPI Members	\$110.00	\$50.00
	Student non-members	\$125.00	\$65.00

Saturday Dinner:

Tickets for the Saturday night dinner are limited and pre-registration is strongly recommended.

_____ ticket(s) x \$55.00 per ticket.

Payment Options:

Total amount enclosed: \$ _____

Check (Payable to SEPI) Visa Mastercard American Express

Credit Card Number: _____

Expiration Date: _____
Month Year Cardholder's Signature

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Workshops

The pre-conference workshops, which will be held on Thursday April 22, 1999, are co-sponsored by SEPI and Adelphi University. APA Continuing Education credit will be available for full attendance at these workshops. Credit will not be received for partial attendance at these workshops.

Cancellation and Refund Policy

Full refund will be given if a workshop is canceled by SEPI. Requests for refunds will be honored only before March 22, 1999.

Hotel Information

Attendees are responsible for making their own reservations.

Four Points Sheraton Hotel
Room rates: \$139.00 (Single or Double)

Telephone: (305) 531-7494

Telephone: (800) 525-6994

Fax: (305) 532-2490

Getting to the Hotel:

From the airport to the hotel, the Super Shuttle costs \$11 per person. Taxis are about \$25. The hotel is located at 4343 Collins Avenue, Miami Beach.

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