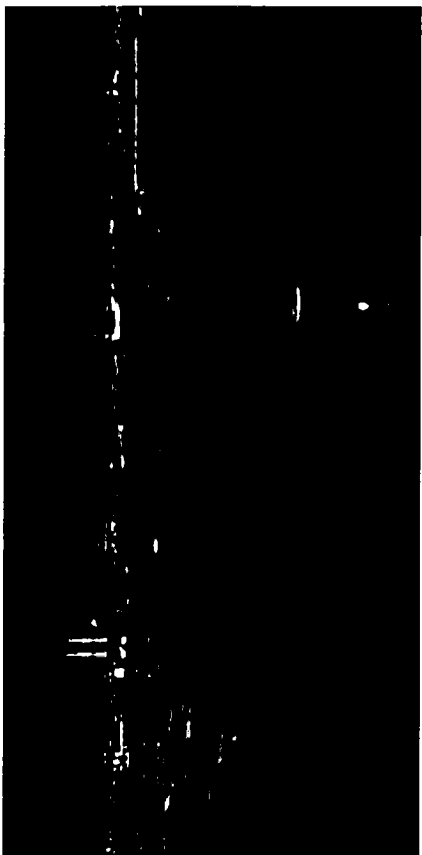


The Society for the Exploration of Psychotherapy Integration (SEPI)



SEPI XXI • MAY 6-8, 2005 • TORONTO, CANADA

TOWARDS RESPONSIVITY: AN INTEGRATIVE
PERSPECTIVE ON MATCHING PSYCHOTHERAPY
INTERVENTIONS WITH CLINICAL ISSUES

Final Program

SEPI XXI • MAY 6-8, 2005 • TORONTO, CANADA
TOWARDS RESPONSIVITY
Final Program

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Sessions At-a-Glance

Thursday, May 5

MORNING PRE-CONFERENCE WORKSHOPS

| | | |
|------------------|---|---|
| 9:00am - 10:00pm | Mindfulness Based Cognitive Therapy and the Prevention of Depressive Relapse <i>Zindel Segal</i> | Working with Narrative and Emotion Processes in Brief Emotion-Focused Psychotherapy <i>Les Greenberg</i> <i>Lynne Angus</i> |
|------------------|---|---|

AFTERNOON PRE-CONFERENCE WORKSHOPS

| | | |
|-----------------|--|---|
| 2:00pm - 6:00pm | Quantum Transformation in Trauma and Healing <i>Diana Fosha</i> | Personality-Guided Relational Psychotherapy <i>J. J. Magnavita</i> |
|-----------------|--|---|

Program Committee

Jeanne Watson (Chair)

Franz Caspar

Marvin Goldfried

Leslie Greenberg

Betty Gomez

Shelley McMaim

Alberta Pos

Local Arrangements Committee

Alberta Pos (Chair)

Shelley McMaim

Kirsten Chan

Rejeanne Dupuis

Antonio Pascual-Leone

Friday, May 6

8:30am - 10:15am

Vanity A

OPENING PLENARY

Towards Responsibility

John Norcross

Marvin Goldfried

Les Greenberg

Franz Caspar

10:30am - 12:00pm

Vanity A

SYMPOSIUM

Assimilation of East and West

Chair:

Stanley Messer

Knightsbridge
SYMPOSIUM

Three Perspectives on Integrative Supervision

Co-Chairs:

Lisa Burtzell

Catherine Eubanks-Carter

Chelsea
SYMPOSIUM

Forgiving or Letting Go: How?

Chair:

Les Greenberg

Discussant:

Sandra Pavio

Westminster
WORKSHOP

Dyadic Regulation of Affect as Sensitive Responsiveness

Chair:

Danny S. C. Yeung

Park Lane
WORKSHOP

Strategies for Dealing with Countertransference in EMDR Treatment.

Chair:

Mark Dworkin

1:15pm - 2:45pm

Vanity A

SYMPOSIUM

Integrative Therapists and Their Relation to Their "Home" Orientation

Knightsbridge
SYMPOSIUM

Integrative Treatments for Different Populations

Chelsea
WORKSHOP

An Integrative Approach to Working with Resistance in Psychotherapy

Chair:

Hal Arkowitz

Discussant:

Henry Westra

Westminster
WORKSHOP

Accelerated Experiential Dynamic Psychotherapy

Chair:

Jerry Lamagna

Park Lane
WORKSHOP

Understanding Personality Pathology

Chair:

Jonathan Shedler

3:00pm - 4:15pm

Vanity A

DISCUSSION GROUP

Responsive Attunement to the Therapeutic Alliance

Chair:

Jeremy Safran

Discussant:

J. Christopher Murran

Knightsbridge
DISCUSSION GROUP

Integrations, Metatheories, and Future Visions

Chair:

G. Henriques

Discussant:

Craig N. Shealy

George Stricker

Jack Anchin

J.J. Magnavita

Chelsea
DISCUSSION GROUP

Responsive Attunement in Emotionally Focused Psychotherapy

Chair:

Les Greenberg

Discussant:

Susan Johnson

Sandra Pavio

Leanne Watson

Westminster
SYMPOSIUM

Deepening Dialectical Behavior Therapy

Co-chairs:

Lisa Lyons

Montica Cursky

Discussant:

Paul Wachtel

Park Lane
DISCUSSION GROUP

Responsiveness and Psychodynamic Psychotherapy

Chair:

George Silberschitz

Discussant:

Diana Fosha

Friday, May 6

| | | | | |
|---|---|---|--|--|
| 4:15pm - 5:30pm Vanity A SYMPOSIUM Expectations in Psychotherapy | Knightsbridge SYMPOSIUM Variations on Emotional Processes Across Contexts | Chelsea SYMPOSIUM Three Innovative Applications of Integrative Psychotherapies to Specific Disorders <i>Chair: Barry E. Wolfe</i> | Westminster SYMPOSIUM Matching and Responsiveness in Psychotherapy | Park Lane SYMPOSIUM The Pleasures and Pitfalls of Clinical Writing and How to Get Started <i>J. J. Magnavita Diana Fosha</i> |
| Saturday, May 7 | | | | |
| 9:00am - 10:15am Vanity A KEY NOTE ADDRESS Methods for Enhancing the Psychotherapy Outcome of Patients at Risk for Treatment Failure <i>Michael Lambert</i> | Knightsbridge SYMPOSIUM Integrative Treatments | Chelsea WORKSHOP Supporting Security - A Parent Group Program Designed to Foster Secure Attachment <i>Jean-Victor Wittenberg J. Cummings</i> | Westminster SYMPOSIUM Understanding Emotion Processes in Therapy | Park Lane WORKSHOP The Function of Body Image Treatment (FBIT) <i>Jose Jary</i> |
| 10:30am - 12:00pm Vanity A SYMPOSIUM Establishing an Empirical Foundation for Integrative Psychotherapy Education <i>Discussant: Stanley Messer</i> | Knightsbridge SYMPOSIUM "Paradigmatic Complementarity" and Therapeutic Responsivity | Chelsea WORKSHOP SET-PC: Supportive-Expressive Therapy for Parent-Child Relationship Difficulties <i>Jean-Victor P. Wittenberg J. Cummings</i> | Westminster WORKSHOP An Integrative Model of Addiction <i>Mark Schenker</i> | Park Lane WORKSHOP Keeping Good Boundaries in Psychotherapy <i>Michael Pare Gail Robinson Darlene Hall David Cree</i> |
| 1:15pm - 2:45pm Vanity A WORKSHOP Change Events and Impasses in Emotionally Focused Couples Therapy <i>Susan Johnson</i> | | | | |

Saturday, May 7

| | | | | |
|--|--|--|--|---|
| 3:00pm - 4:15pm Vanity A DISCUSSION GROUP Medical, Psychological, OY! | Knightsbridge SYMPOSIUM Therapists Review Their Work | Chelsea DISCUSSION GROUP Cultural Integration <i>Shigeru Iwakabe Noriko Hiruki Anastasios Stalikas</i> <i>Discussant: Paul Wachtel</i> | Westminster DISCUSSION GROUP Relational Responsiveness <i>Franz Caspar John Norrass</i> | Park Lane DISCUSSION GROUP Integrating Psychotherapy and Pharmacotherapy for Depression and Anxiety <i>Jessica Sandham Swope Carol R. Glass Diane B. Arnkoff</i> |
| 4:15pm - 5:30pm Vanity A SYMPOSIUM Patient's Reflections on Psychotherapy | Knightsbridge WORKSHOP Activating Patient's Resources in Psychotherapy <i>Hector Fernandez-Alvarez Bery Gomez</i> | Chelsea SYMPOSIUM Working with Trauma | Westminster SYMPOSIUM Pragmatic Case Studies in Psychotherapy (PCSP): A New Journal | Park Lane WORKSHOP Working with Marginalized Identities |

Sunday, May 8

| | | | | |
|---|---|---|---|---|
| 9:00am - 10:30am Vanity A SYMPOSIUM Unified Psychotherapy: Implications for Differential Treatment Strategies and Interventions <i>Discussant: Stanley Messer</i> | Knightsbridge SYMPOSIUM Approaches to the Management of Non-Compliance in Borderline Personality Disorder | Chelsea SYMPOSIUM Moment-By-Moment Processing of Emotion and Cognition in Emotion-Focused, Cognitive-Behavioural, and Interpersonal Therapy | Westminster SYMPOSIUM Individual Musings on Special Topics in Integration | Park Lane WORKSHOP Feeling and Dealing: Attachment Theory in Clinical Practice <i>Ronald Frederick</i> |
| 11:00am - 12:30pm Vanity A CLOSING PLENARY Optimizing Therapist Responsiveness to Patient's Needs <i>George Silberschatz Diana Fosha Nancy McWilliams</i> <i>Discussant: George Stricker</i> <i>Invited Discussant: Michael Lambert</i> | | | | |
| 12:30pm - 12:45pm Vanity A CLOSING REMARKS <i>Program Committee</i> | | | | |

SEPI XXI : TOWARDS RESPONSIVITY
MAY 6-8, 2005, TORONTO, CANADA

Thursday, May 5

Pre-conference registration

8:00 am -8:00 pm

Morning Pre-conference Workshops

9:00 am — 1:00 pm

- 1) Mindfulness Based Cognitive Therapy and the Prevention of Depressive Relapse.
Zindel Segal (University of Toronto, Toronto, Canada)
- 2) Working with Narrative and Emotion Processes in Brief Emotion-Focused Psychotherapy: An Integrative Approach.
Les Greenberg PhD and Lynne Angus PhD, York University Toronto, Canada

Afternoon Pre-conference Workshops

2:00 pm to 6:00 pm

- 3) Quantum Transformation in Trauma and Healing: Videotapes Illustrating the Dyadic Affect Regulation of Intense Emotional Experiencing in AEDP.
Diana Fosha, PhD, Director, AEDP Institute, New York & Adelphi University, New York, USA
- 4) Personality-Guided Relational Psychotherapy
J.J. Magnavita, PhD (University of Hartford & Connecticut Center for Short-Term Dynamic Psychotherapy, Hartford Connecticut, USA)

Note: all pre-conference workshops earn CE credits

Friday, May 6



LIGHT CONTINENTAL BREAKFAST

8:15-8:45
Knightsbridge

Mindfulness with Kate Kitchen

8:00-10:30
Registration
Desk

Registration

8:30-10:15
Vanity A

Opening Plenary Panel

Towards Responsibility: An Integrative Perspective on Matching Psychotherapy Interventions with Client Issues

John Norcross (University of Scranton)

Relational Responsibility: Integrating Human Relationships, Individual Differences, and Treatment Selection.

Marvin Goldfried (State University of New York at Stony Brook)

Case formulation as a roadmap to intervention.

Leslie Greenberg (York University, Toronto, Canada)

Process diagnosis as guide to responsiveness.

Franz Caspar (University of Freiburg, Freiburg, Germany)

Responsivity to the needs of your individual patient: A challenge for practice and research.

TEA & COFFEE BREAK



10:15-10:30

Parallel Sessions
90 min

10:30-12:00
Vanity A

1. Symposium

Assimilation of East and West: Yoga, Brief Psychodynamic Therapy, and the Pragmatic Case Study Method

Chair: Stanley Messer (Rutgers Graduate School of Applied and Professional Psychology, New Jersey)

Donald Morgan (Rutgers Graduate School of Applied and Professional Psychology, New Jersey)

The history of the East-West psychotherapy dialogue.

Stanley B. Messer (Rutgers Graduate School of Applied and Professional Psychology, New Jersey)

Brief psychodynamic therapy.

Tania Mara Miller (Rutgers Graduate School of Applied and Professional Psychology, NJ)
Incorporating yoga into the treatment of anxiety and depression: Three case studies.

2. Symposium

Three Perspectives on Integrative Supervision

Co-Chairs: Lisa Burckell and Catherine Eubanks-Carter. (Stony Brook University, New York)

Lisa A. Burckell (Stony Brook University, New York) and Catherine Eubanks-Carter, M.A. (Stony Brook University, New York)

Supervisee's experience with integrative supervision from a CBT perspective.

Marvin R. Goldfried (Stony Brook University, New York)

Supervisor's experience conducting integrative supervision from a CBT perspective.

Laurel Gordon (University of Toronto, Toronto, Canada)
Integration via research from a process-experiential perspective.

Jeanne C. Watson (University of Toronto, Toronto, Canada)
Integration via research from a process-experiential perspective.

Michael Rothman (Beth Israel Medical Center, New York)

Supervisor's and a supervisee's experience of psychotherapy integration from a psychodynamic perspective.

J. Christopher Muran (Beth Israel Medical, New York)

Supervisor's experience of psychotherapy integration from a psychodynamic perspective.

3. Symposium

Forgiving or letting go: how? That is the question.

Chair: Leslie Greenberg (York University, Toronto, Canada)

Jerry Mellibruda (Professional School of Psychotherapy, Warsaw, Poland)
Interpersonal violence trauma and psychotherapeutic work on forgiveness.

Wanda Malcolm (Tynedale University College, Toronto, Canada) and Leslie Greenberg (York University, Toronto, Canada)
The process of forgiveness in individuals and couples.

Michael R. Bridges (Temple University, Philadelphia, PA)
Deconstructing the corrective emotional experience: Adaptive and maladaptive emotional expression in resolving emotional injuries.

Helen Chagigiorgis (University of Windsor, Windsor, Canada)
Resolution of child abuse.

10:30-12:00
Westminster

CE

Discussant: Sandra Pavia (University of Windsor, Windsor, Canada)

4. Workshop

Dyadic Regulation of Affect as Sensitive Responsiveness: Seamlessly Integrating Psychodynamic and Cognitive Therapy

Danny S. C. Yeung (Lecturer in Psychiatry, University of Toronto, Toronto, Canada)

5. Workshop

Strategies for Dealing with Countertransference in EMDR Treatment

Mark Dworkin (EMDR Institute facilitator)

10:30-12:00
Park Lane

MR

LUNCH
Time to explore the neighborhood restaurants

Research Consultations
Sponsored by SEPI Research Committee
Consultants: Franz Caspar and team

1. Symposium

Integrative Therapists and Their Relation to Their "Home" Orientation

Relational Psychoanalysis as Cause and Effect in Psychotherapy Integration.
Paul L. Wachtel (City College of the City University of New York, New York)

What Have I Integrated In and Into Experiential Therapy?
Leslie Greenberg (York University, Toronto, Canada)

Cognitive-behavior therapy as a home base for psychotherapy integration.
Marrvin R. Goldfried (Stony Brook University, New York)

Afternoon:
90min sessions
1:15-2:45
Vanity A

FR

From psychotherapy integrationist to true believer.

Jeremy Safran (New School of Social Research, NYC)

Constructing a model of psychotherapy integration: An Argentine Journey.

Hector Fernandez Alvarez (Buenos Aires, Argentina)

1:15-2:45
Westminster

Hal Arkowitz (University of Arizona, Tucson, Arizona)
Henny Westra (York University, Toronto, Ontario, Canada)

4. Workshop

Accelerated Experiential Dynamic Psychotherapy: An Integrative Approach to Clinical Responsivity and Quantum Change in Difficult to Treat Clients

Jerry Lamagna (Private practice, New Jersey) and Kari Gleiser (West Central Behavioral Health, N Hampshire)

5. Workshop

Understanding Personality Pathology: Clinical Case Formulation with the Shedler-Westen Assessment Procedure (SWAP)

Jonathan Shedler (University of Denver, Colorado)

TEA & COFFEE BREAK

1. Discussion Group

Responsive Attunement to the Therapeutic Alliance

Jeremy Safran (New School of Social Research, New York)
J. Christopher Muran (Beth Israel Medical, New York)

2. Discussion Group

Integrations, Metatheories and Future Visions of Psychotherapy

Gregg Henriques (James Madison University, Virginia)
Craig N. Shealy (James Madison University,

1:15-2:45
Knightsbridge

CE

Integrative Treatments for Different Populations

Karen Fergus & Brian Doan (Toronto Sunnybrook Regional Cancer Centre, Toronto, Ontario, Canada)

Supportive-Expressive Group Therapy for Young Women with Aggressive Breast Cancer.

1:15-2:45
Park Lane

Douglas W. Lane & Brett A. Parmenter (Buffalo School of Medicine, Buffalo, N.Y., U.S.A.)

Psychotherapy with Geriatric Patients: Support for bringing Neurology and Neuropsychology to Bear in Integrative Psychotherapy.

2:45-3:00



Jeremy Baumbach (Private Practice, Whitehorse, Yukon Territories, Canada)

Lessons Learned from Uncommon Clients.

Discussion periods
75min
3:00-4:15
Vanity A

Carolina McBride, Michael Bagby, Leslie Atkinson, & Paula Ravitz (Centre for Addiction and Mental Health and the University of Toronto, Toronto, Ontario, Canada)

Attachment Security as a Moderator of Treatment Outcome in Major Depression Following Interpersonal Psychotherapy and Cognitive Behavior Therapy.

3:00-4:15
Knightsbridge

3. Workshop

An Integrative Approach to Working with Resistance in Psychotherapy

1:15-2:45
Chelsea

Virginia)
George Stricker (Argosy University,
Washington D.C.)
Jack Anchin (University at Buffalo, The State
University of New York, Buffalo, New York)
Jeffrey Magnavita (University of Hartford, CT)

Parallel Sessions
(75mins)
4:15-5:30
Vanity A

1. Symposium
**Expectations in Psychotherapy: Therapist
Responsiveness to an Undervalued Common
Treatment Factor**

3. Discussion Group
**Responsive Attunement in Emotionally
Focused Psychotherapy: Working with
Individuals and Couples**

Roger P. Greenberg (Department of Psychiatry
and Behavioral, SUNY Upstate Medical
University, New York) and Michael J.
Constantino (University of Massachusetts,
Amherst, MA)
The impact of patient expectations on
psychotherapy process and outcome.

Leslie Greenberg (York University, Toronto,
Canada)
Susan Johnson (University of Ottawa, Ottawa,
Canada)
Sandra Parvio (University of Windsor,
Windsor, Canada)
Jeanne Watson (University of Toronto,
Toronto, Canada)

3:00-4:15
Westminster

4. Symposium
**Deepening Dialectical Behavior Therapy:
Using Learning Theory to Enhance
Psychoanalysis**

Lisa Lyons (City University of New York)
Monica Carsty (Institute for psychoanalytic
treatment and research, New Jersey)
Discussant: Paul Wachtel (City University of
New York)

4:15-5:30
Knightsbridge

CE
2. Symposium
**Variations on Emotional Processes Across
Psychotherapy Contexts**

Heather Gregan and Leslie Greenberg (York
University, Toronto, Canada)
Emotion Skills Training.

3:00-4:15
Park Lane

5. Discussion Group
**Responsiveness and Psychodynamic
Psychotherapy**

George Silberschatz (UCSF, San Francisco,
USA)
Diana Fosha (Director, AEDP Institute,
New York)

Alberta Pos and Leslie Greenberg (York
University, Toronto, Canada)
Early Differences in Alliance Building and
Emotional Processing Affecting Therapy
Progress and Outcome.

Rhonda Goldman and Ellen Keating (*Argosy University, Illinois School of Professional Psychology, Chicago Illinois*)
Processing Shame and Vulnerability.

4:15-5:30
Chelsea

3. Symposium

Three Innovative Applications of Integrative Psychotherapies to Specific Disorders:

A Symposium

Chair: Barry E. Wolfe (Private Practice, Rockville, Maryland)

Joseph Grillo (Argosy University, Washington, D.C.)

An integrative psychotherapy for incarcerated individuals.

Frank Ouseley (Charis Center, Sarasota, Florida)

An application of Wolfe's self-wounded model of anxiety disorders to a case of post-traumatic stress disorder.

Phillip Pearlman (Lumina Partners, New York)
An integrative model of narcissistic personality disorder.

4:15-5:30
Westminster

4. Symposium

Matching and Responsiveness in Psychotherapy

Jerry N. Downing (University of San Francisco, CA, U.S.A.)

Unification vs. Pluralism in Psychotherapy: Implications for Responsivity.

Craig N. Steady (James Madison University, VA, U.S.A.)

Equiintegration (EI) Theory, the Beliefs, Events, and Values Inventory (BEVI), and the EI Self: Overview and implications for matching psychotherapy interventions with clinical issues.

4:15-5:30
Park Lane

5. Symposium

The Pleasures and Pitfalls of Clinical Writing and How to Get Started

Jeffrey J. Magnavita (Private Practice, Glastonbury, CT)

Diana Fosha (Director, AEDP Institute, New York)

CONFERENCE RECEPTION

ALL ATTENDEES WELCOME

Saturday, May 7

7:30-8:30



LIGHT CONTINENTAL BREAKFAST

8:15-8:45

Knightsbridge

Mindfulness with Kate Kitchen

9:00-10:15

Vanity A

Key-Note Address

Michael Lambert (Brigham Young University, Utah)

Methods for Enhancing the Psychotherapy Outcome of Patients at Risk for Treatment Failure: Integration of Empirical and Clinical Procedures

10:15-10:30



TEA & COFFEE BREAK

Parallel Sessions
(90 mins)

10:30-12:00
Vanity A

CE **Establishing an Empirical Foundation for Integrative Psychotherapy Education**

Daniel Greben (University of Toronto)
Findings from a postgraduate course on integrative therapy.

Priyanti Weerasekera (McMaster University)
Teaching psychotherapy integration: The McMaster Model

Dr. David Allen (University of Tennessee Health Sciences Center)

Teaching psychotherapy integration to psychiatry residents and psychology interns at the University of Tennessee Health Science Center.

Dr. Lesley Wiesenfeld (University of Toronto)
Integrative psychotherapy education: The trainee's perspective.

Dr. Stanley Messer (Rutgers Graduate School of Applied and Professional Psychology, New Jersey), Discussant

2. Symposium

Integrative Treatments

Henny Westra (York University, Toronto, Canada)

Preparing Clients for Therapy: Motivational Interviewing as a prelude to CBT for anxiety.

Charles Chen (OISE/University of Toronto, Canada)

Linking morita therapy to solution focused therapy.

CE *Uzma Rehman (Queen's University, Kingston, Canada)*

The feasibility of integrating a mindfulness component to traditional behavioral marital

therapy.

Valerie Herd and Ephrem Fernandez (Southern Methodist University, Dallas, Texas)
The efficacy of integrative CBAT in regulating anger.

10:30-12:00
Chelsea

3. Workshop

Supporting Security – A Parent Group Program Designed to Foster Secure Attachment

Jean-Victor Witenberg & Joanne Cummings (Hospital for Sick Children, Toronto, Canada)

10:30-12:00
Westminster

4. Symposium

Understanding Emotion Processes in Therapy

Janice Weston and Leslie Greenberg (York University, Toronto, Canada)

Exploration of the interruption of emotion in therapy: Development of a process model.

Lisa Sicoli and Leslie Greenberg (York University, Toronto, Canada)

Development and validation of a model of resolving hopelessness events in therapy.

Antonio Pascual-Leone and Leslie Greenberg (York University, Toronto, Canada)

The transformation of affect: How emotional processing happens in session.

10:30-12:00
Park Lane

5. Workshop

The Function of Body Image Treatment (FBIT): An Integrated Experiential and Cognitive/Behavioral Approach

Josee Jarry (University of Windsor, Canada)

12:00-1:15

119

LUNCH

Afternoon:
(90 mins)
Sessions
1:15-2:45
Vanity A

CE

1. Workshop
Change Events and Impasses in Emotionally Focused Couples Therapy

Susan Johnson (University of Ottawa, Canada)

1:15-2:45
Knightsbridge

2. Symposium
"Paradigmatic Complementarity" and Therapeutic Responsibility: Birds of One Feather!

Antonio Branco Vasco (Alameda da Universidade, Lisboa, Portugal)
The "paradigmatic complementarity" integrative model: A brief introduction.

Nuno Conceicao, Antonio Branco Vasco, Ana Cristina Nave, Ana Medina and Carla Moleiro (Alameda da Universidade, Lisboa, Portugal)
Are temporal patterns of strategic objectives responsive to selves in process? Self-markers as criteria for clinical decision-making.

Ana Medina, Antonio Branco Vasco, Ana Cristina Nave, Nuno Conceicao and Carla Moleiro (Alameda da Universidade, Lisboa, Portugal)
Does agreement between therapist's strategic objectives and patient's needs improve the quality of the alliance?

Ana Cristina Nave, Antonio Branco Vasco, Ana Medina, Carla Moleiro and Nuno Conceicao (Alameda da Universidade, Lisboa, Portugal)
Validation and challenge as responsive acts.

Angelo Brandao and Antonio Branco Vasco (Alameda da Universidade, Lisboa, Portugal)
Self-discrepancies: A common factor and a therapeutic decision-making criterion.

Carla Moleiro, Nuno Conceicao, and Antonio Branco Vasco (Alameda da Universidade, Lisboa, Portugal)

1:15-2:45
Chelsea

Therapist responsiveness to patient characteristics beyond diagnosis: An empirical test of systematic treatment planning and an example of "paradigmatic complementarity" model.

3. Workshop
SET-PC: Supportive-Expressive Therapy for Parent-Child Relationship Difficulties

Jean-Victor P. Wittenberg & Joanne Cummings (Hospital for Sick Children, Toronto, Canada)

1:15-2:45
Westminster

4. Workshop
An Integrative Model of Addiction
Mark Schenker (Recovery Options Associates, Lafayette Hill, PA, U.S.A.)

1:15-2:45
Park Lane

5. Workshop
Keeping Good Boundaries in Psychotherapy: An Interactive Workshop using Hollywood Movie Vignettes

Michael Pare (The Medical Clinic for Person-Centered Psychotherapy, Toronto, Canada), Gail Robinson (University of Toronto), Darlene Hall (Toronto Institute for Contemporary Psychoanalysis) & David Cree (McMaster University, Hamilton, Canada)

2:45-3:00



TEA & COFFEE BREAK

Discussion Period (75 mins)
3:00-4:15
Vanity A

1. Discussion Group
Medical, Psychological, OY!
Joel Weinberger (Adelphi University, New York)

David Emanuel (Isabella Geriatric Center, New York)
George Stricker (Argosy University, Washington, DC)
Ken Levy, (Pennsylvania State University)

3:00-4:15
Park Lane

3:00-4:15

Knightsbridge

2. Symposium

Therapists Review Their Work

Tord Borgstrom (Psychiatric Sector, Falun Sweden)
Time limited psychotherapy-deep, intensive, effective for many.

CE

Barry Wolfe (Private Practice, Maryland)
Healing the self wounds of a public speaking phobic: The case of Glen.

Parallel Sessions
(75mins)

4:15-5:30
Vanity A

CE

1. Symposium

Bjorn Philips, Andrej Werhori, Peter Wennerberg & Johan Schubert (Institute of Psychotherapy, Stockholm, Sweden)
What may help me with my problems? Young adult's ideas of cure prior to psychotherapy.

3:00-4:15
Chelsea

3. Discussion Group

Cultural Integration: How Psychotherapists Modify and Introduce Theories of Psychotherapy Into Another Culture

Shigeru Iwakabe (Ochanomizu University, Tokyo, Japan)
Noriko Hiraki (Japan Women's University)
Anastassios Stalikas (Panteion University of Social and Political Science, Greece)
Discassant: Paul Wachtel (City University of, New York)

4:15-5:30
Knightsbridge

4. Discussion Group

Relational Responsiveness: Tailoring the Therapy Relationship to the Individual Patient

Franz Caspar (Universiteit of Freiburg,

3:00-4:15
Westminster

Freiburg, Germany)
John Norcross (University of Scranton)

5. Discussion Group

Integrating Psychotherapy and Pharmacotherapy for Depression and Anxiety: A Discussion Group

Jessica Sandham Swope (Catholic University of America, Washington)
Carol R. Glass (Catholic University of America, Washington)
Diane B. Arnkoff (Catholic University of America, Washington)

Alphons Richert (Western Illinois University, Michigan)
Narrative, process and psychotherapy integration.

SueAnne Piliero (Adelphi University, New York)

Patients' reflect upon their affect-focused psychotherapy: A retrospective study.

2. Workshop

Activating Patient's Resources in Psychotherapy

Hector Fernandez-Alvarez and Betty Gomez (Fundacion Aigle, Buenos Aires, Argentina)

3. Symposium
Working with Trauma

CE
Amirra Simha-Alpern (Derner Institute, Adelphi University, New York)
"I finally have words" - Integrating psychodynamic psychotherapy approach with principles of emotional intelligence training in treating trauma.

Veronica Fiske(Adelphi University, New York)
Speaking in tongues: Learning the language of multiple self-states.

Silke Birgitta Gahleitner (Alice-Salomon-University of Applied Sciences, Germany)
Gender specific aspects of coming to terms with sexual abuse: Towards an integrative approach to treating complex trauma.

4. Symposium

CE
Pragmatic Case Studies in Psychotherapy (PCSP): A New Journal that Enhances the Exploration of Psychotherapy Integration

Daniel Fishman (Rutgers University, New York)
Introduction to PSPC and its use as a tool for exploring integration within the cognitive-behavioral tradition.

Ronald Miller (St. Michael's College, Vermont)
PCPS as a tool for exploring integration within a humanistic and experiential context.

Donald Morgan (Rutgers University, New York)
PCPS as a tool for exploring integration between eastern and western healing traditions.

Joel Weinberger (Adelphi University, New York)

4:15-5:30
Park Lane

York
PCPS as a tool for exploring integration within the psychoanalytic tradition.

5. Workshop

Working with Marginalized Identities: A Radical, Humanistic, and Integrative Approach

Shaindl Diamond and Patricia Poulin (University of Toronto)

7:00 - ?



CONFERENCE DINNER
Academy of Spherical Arts
Dinner / Billiards / Dancing

Sunday, May 8

8:00-9:00 am



LIGHT CONTINENTAL BREAKFAST

Parallel Sessions
(90 mins)
9:00-10:30
Vanity A

1. Symposium

Unified Psychotherapy: Implications for Differential Treatment Strategies and Interventions

Jeffery J. Magnaniva (University of Hartford, Connecticut and Connecticut Center for Short Term Dynamic Psychotherapy, Hartford, Connecticut, USA)
Navigating the personality system from the micro to the macro-level: Strategies and interventions.

Jack C. Anchin (University at Buffalo, The State University of New York, New York)
Using a nonlinear dynamical biopsychosocial systems paradigm to individually tailor the

process of psychotherapy.

Diana Fosha (Director, AEDP Institute, New York)

Unifying metatheoretical considerations: Conceptual and clinical aspects.

Paul L. Wachtel (City University of New York)
Identifying cyclical patterns: A key to unified meta-theory.

Stanley B. Messer (Rutgers University, New York, Discussant)

2. Symposium

Approaches to the Management of Treatment Non-Compliance in Borderline Personality Disorder: Contrasting Three Approaches

Shelley McMain (Centre for Addiction and Mental Health/University of Toronto, Toronto, Canada)

Kenneth Levy (Pennsylvania State University, Pennsylvania)

Jeanette Legris (University of Toronto, Canada)

Jonathan Sheidler (University of Denver, Colorado)

3. Symposium

Moment-By-Moment Processing of Emotion and Cognition in Emotion-Focused Therapy, Cognitive-Behavioural Therapy, and Interpersonal Therapy

Sandra Jackson, Shake Toukmanian and Leslie Greenberg (York University, Toronto, Canada)
Examining emotional and cognitive processing during the self-relevant dialogue of depressed clients in emotion-focused therapy and interpersonal therapy: A preliminary look at six cases.

Dincer Kocalar, Leslie Greenberg and Shake Toukmanian (York University, Toronto, Canada)

Comparison of emotional processing of depressed clients in emotion-focused therapy and cognitive-behavioral therapy.

Jennifer Ellison, Leslie Greenberg and Shake Toukmanian (York University, Toronto, Canada)

Client-therapist interactions during emotion episodes in emotion-focused therapy, cognitive-behavioral therapy and interpersonal therapy.

4. Symposium

Individual Musings on Special Topics in Integration

Uma Rehman (Queen's University, Kingston, Canada)

Integrating data from basic science into marital therapy with immigrant South Asian couples.

Gregg Henriques (James Madison University Virginia)

The unified theory and its implications for psychotherapy.

Charles Chen (University of Toronto, Canada)

Humanistic psychotherapy and career psychology: An integration in meaning making.

Lisa Cross (Yale School of Medicine, Connecticut, USA) and Douglas Lane (SUNY, Buffalo, New York)
"A dialogue on the 'nuts and bolts' of integrative supervision."

5. Workshop

Feeling and Dealing: Attachment Theory in Clinical Practice

Ronald Frederick (Abbott Northwestern Hospital, Minneapolis, U.S.A.)

9:00-10:30
Westminster

9:00-10:30
Park Lane

9:00-10:30
Chelsea

CE

CE

CE

CE



11:00-12:30
Vanity A

Closing Plenary Session

Optimizing Therapist Responsiveness to Patient's Needs

George Silberschatz (UCSF, San Francisco, USA)
Therapist responsiveness: Theoretical, clinical, and empirical findings.

Diana Fosha (Director, AEDP Institute, New York)
Responsivity and beyond: Thoughts from an attachment and emotion informed therapeutic perspective.

Nancy McWilliams (Private Practice, Flemington, New Jersey)
The inevitable integrations in responsive practice: A clinician's perspective.

George Stricker (Argosy University, Washington, DC), Discussant

Michael Lambert (Brigham Young University, Utah), Invited Discussant

Closing Remarks from the Program and Planning Committee.

12:30-12:45

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