



OMNI PARKER HOUSE HOTEL  
MAY 2-4, 2008

BOSTON, MA

**THE SOCIETY FOR THE EXPLORATION OF  
PSYCHOTHERAPY INTEGRATION (SEPI)  
XXIV ANNUAL MEETING**

PSYCHE-SOMA: INTEGRATING THE BODY  
AND MIND IN PSYCHOTHERAPY



[HTTP://CYBERPSYCH.ORG/SEPI](http://cyberpsych.org/sepi)

Dear Colleagues:

On behalf of the The Society for the Exploration of Psychotherapy Integration (SEPI), we welcome you to our 24th Annual Conference.

SEPI is an international organization dedicated to integration across clinical and theoretical perspectives. It was founded 25 years ago by the participants in an NIMH-sponsored meeting on psychotherapy research. Today, SEPI remains the only international organization with its own APA sponsored journal devoted to the integration of diverse psychotherapy perspectives.

SEPI is an especially welcoming organization. It provides a community for clinicians and scholars who wish to expand the limitations of single school perspectives and who are interested in learning alternative ways of working with and thinking about clinical problems. As an organization, SEPI is committed to open, non-hierarchical, and generous dialogue.

This is the spirit that animates our conferences.

Our conference theme is: ***Psyche-Soma: Integrating the Body and Mind in Psychotherapy***

The term psyche-soma comes from the work of D.W. Winnicott and points toward the place where tissue gives rise to experience. The biological basis of our psyche is undoubted, but what would it mean for our theorizing and our technique if we took seriously the embodiment of the mind and the interaction of psychological and physical states?

The question asked by the title of the 24th Annual Conference of the Society for the Exploration of Psychotherapy Integration is: How should we understand and use the body in psychotherapy?

Sincerely,

*Peter C. Costello, Program Chair*

*J. Tyler Carpenter, Arrangements Chair*

#### **Program Committee**

Peter Costello, Ph.D. (Adelphi University), Chair;

Michael Bridges, Ph.D. (Jefferson University);

Franz Caspar, Ph.D. (University of Bern);

Beatriz Gomez, Ph.D.;

Alberta Pos, Ph.D. (York University);

Antonio Vasco, Ph.D. (University of Lisbon).

#### **Arrangements Committee**

J. Tyler Carpenter, Ph.D. (Harvard University), Chair;

George Stricker, Ph.D. (Argosy University);

Shelley McMMain, Ph.D. (Centre for Addiction and Mental Health & University of Toronto).

This program has been reviewed and approved for CE credit for psychologists by the American Psychological Association's Continuing Education Committee. This program offers up to 16 CE credits for psychologists. The provider (SEPI) maintains responsibility for the delivery of the program. Approval #08-196.

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**NOTE:** Sessions in the program identified with **CE** are those for which continuing education credits can be obtained. Fee for CE credits will be paid onsite. Conference personnel will tally CE credits for which you are eligible (1 hour = 1 CE) **after the conference and submit this information to APA.** Your certificate for continuing education credits for SEPI Boston 2008 will be issued and mailed to you directly by APA.

CONFERENCE AT - A - GLANCE

THURSDAY MAY 1

<b>9:00 AM - 12 NOON &amp; 1:30PM - 4:30PM</b>	<b>9:00 AM - 12 NOON</b>	<b>1:30 PM - 4:30 PM</b>
<b>FULL DAY PRE-CONFERENCE WORKSHOP</b> Brandeis-Holmes	<b>MORNING PRE-CONFERENCE WORKSHOP</b> Lowell-Hutchinson	<b>AFTERNOON PRE-CONFERENCE WORKSHOP</b> Lowell-Hutchinson
A Unified Treatment for Emotional Disorders (CE) David H. Barlow & Jill Ehrenreich (Boston University)	Personality Systematics: Principles, Process, and Methods of Unified Psychotherapeutics (CE) Jeffrey J. Magnavita (Glastonbury Psychological Associates, P.C.)	This Shaking Keeps Me Steady: Integrating Concepts and Interventions from Somatic Psychotherapies (CE) Michael R. Bridges (Jefferson University School of Health Professions)

FRIDAY, MAY 2

8:30 AM – 10:15 AM

OPENING PLENARY PANEL  
Rooftop Ballroom

Psyche-Soma: Integrating the Body and Mind in Psychotherapy

When the Mind Is Afraid of the Body: Interoceptive Exposure and Emotion Regulation  
David H. Barlow, Ph.D. Professor of Psychology and Psychiatry Founder and Director Emeritus, Center for Anxiety and Related Disorders Boston University

Physiology and Neurobiology of Empathy during Psychotherapy  
Carl D. Marci, M.D., Director of Social Neuroscience Psychotherapy Research Program Massachusetts General Hospital Harvard Medical School

The Heart, Literally and Metaphorically, in Emotional Arousal, Processing, and Recovery  
Michael R. Bridges, Ph.D. Associate Professor Jefferson University School of Health Professions

PARALLEL SESSIONS (90 MINUTES) 10:30AM – 12:00 NOON

<b>SYMPOSIUM</b> Rooftop Ballroom	<b>WORKSHOP</b> Wheatley Terrace	<b>WORKSHOP</b> Stowe
Psychotherapy Integration in the 21st Century: Investigating Mechanisms of Change. Joseph E. Beeney (The Pennsylvania State University)	Evolving Models for Unifying Clinical Science, Mind-Body Integration, and Their Psychotherapeutic Implications (CE) Jeffrey J. Magnavita (Glastonbury Psychological Associates, P.C.) David M. Allen (Glastonbury Psychological Associates, P.C.)	What Seeks Embodiment in Psychotherapy?  The Attempts of Winnicott's True Self to Come into Existence. Michael Geiss (private practice in psychiatry)
Conceptualizing and Assessing Mechanisms of Change in Psychotherapy. Kenneth N. Levy (The Pennsylvania State University)	Investigating therapist Interventions as Mechanisms of Change Rachel H. Wasserman (The Pennsylvania State University)	
	Discussant: George Stricker (Argosy University)	

## CONFERENCE AT - A - GLANCE (Continued)

## FRIDAY, MAY 2

## PARALLEL SESSIONS (90 MINUTES) 10:30AM – 12:00 NOON

THE BODY AND THERAPEUTIC ACTION—INDIVIDUAL PAPERS  
Brandeis-Holmes

From Session to Synapse: A Close Examination of Therapeutic Action (CE)  
Jeffrey Smith (New York Medical College)

The Bodily Me and Embodied Consciousness  
Jesse Geller (Yale University, Department of Psychiatry)

Patients' Emotional Processes (CE)  
Filipa Machado Vaz (University of Lisbon & IPAM teacher, Portugal)

WORKSHOP  
King

The Developmental Analysis of Psychotherapy Process (CE)  
Michael Basseches (Suffolk University and Harvard University)  
Michael F. Mascolo (Merrimack College)

WORKSHOP  
Lowell-Hutchinson

Psyche and Soma: The Body in Psychotherapy (CE)  
Jacqueline A. Carleton (Editor, US Association Body Psychotherapy Journal)

## AFTERNOON SESSIONS (90 MINUTES) 1:15 PM - 2:45 PM

## SYMPOSIUM

## Rooftop Ballroom

The Crying Baby: Deciphering the Language of Tears in Psychotherapy  
Chair and Moderator, Michael R. Bridges (Jefferson University School of Health Professions)

How Do You Feel About That? What Do Therapists Do and Say Before, During, and After Clients Cry?  
Kimberly Henchinski (Jefferson University School of Health Professions)

Where Does This End? Client Depth of Emotional Processing Before, During, and After Crying—the Relationship to Session Helpfulness and the Working Alliance  
Charley Franklin (Jefferson University School of Health Professions)

Bruised and Broken Hearts: Cardiovascular Patterns During Crying Associated with Good and Poor Psychotherapy Outcome.  
Merrilee Rackham (Jefferson University School of Health Professions)

Is More Better? Intensity of Emotional Expression While Crying and the Relationship to Immediate Distress and Session Helpfulness  
Marcie Wood (Jefferson University School of Health Professions)

## SYMPOSIUM

## Brandeis-Holmes

Therapist's Emotionality and Patient's Emotionality and Attunement during the Therapeutic Process.

The Phase Model of Paradigmatic Complementarity: Promotion and Assimilation of Therapeutic Strategic Objectives (CE)  
Antonio Branco Vasco, (University of Lisbon, Portugal)  
Nuno Conceicao, (University of Lisbon, Portugal)

Emotions in Psychotherapy: Impact of Patients' and Therapists' Emotional Processes on Therapy Outcomes. (CE)  
Filipa Machado Vaz (University of Lisbon & IPAM teacher, Portugal)  
Antonio Branco Vasco (University of Lisbon, Portugal)

Therapists: How Feelings Impact Therapeutic Actions  
Patricia Saramago (University of Lisbon, Portugal)  
Antonio Branco Vasco (University of Lisbon, Portugal)

AQUA Planning Along the Therapeutic Process: Clinical Decision-Making Based on Psychological Needs. (CE)  
Joao Faria, (University of Lisbon, Portugal)  
Antonio Branco Vasco (University of Lisbon, Portugal)

## FRIDAY, MAY 2

DISCUSSION GROUP  
Lowell-Hutchinson

Two Approaches to the Treatment of Borderline Personality Disorder: Similarities and Differences in Dialectical Behavior Therapy and Transference Focused Psychotherapy  
Kenneth N. Levy (The Pennsylvania State University)  
Shelley McMain (Centre for Addiction and Mental Health and the University of Toronto)  
Jesse Geller (Yale University)

WORKSHOP  
Wheatley Terrace

Befriending the Nervous System: Psychopathology, Fear, and Biofeedback to the Brain (CE)  
Sebern Fisher (private practice, Northampton, Massachusetts)

DISCUSSION GROUP  
Stowe

Integration of Mindfulness into Different Approaches to Psychotherapy. (CE)  
Carol R. Glass, (Catholic University of America, Washington, DC)  
Diane B. Arnkoff, (Catholic University of America, Washington, DC)

DISCUSSION GROUP  
King

Optimism and Health: Psychology's and Physiology's Connection  
Bridget Folks (Argosy University)  
Alison August-Fedio (Argosy University)  
George Stricker (Argosy University)

## PARALLEL SESSIONS 75 MINUTES 3:00 PM - 4:30 PM

WORKSHOP  
Rooftop Ballroom

An Integrative Paradigm for Understanding the Etiology and Mechanisms of Panic: A Treatment Model (CE)  
Jeanne Seitler (President-Elect, The Philadelphia Society for Psychoanalytic Psychology)

WORKSHOP  
Stowe

Embodied and Disembodied Selves: Working with the Body Using Integrated Action Techniques (CE)  
Judith Schoenholtz-Read (Fielding Graduate University)

WORKSHOP  
Brandeis-Holmes

The Reunion Process: A New Focus in Short-Term Dynamic Psychotherapy (CE)  
Steven Sandler (State University of New York at Albany)

WORKSHOP  
Wheatley Terrace

Integrating Body and Mind: Experiencing and Expressing the Internal World through Expressive Arts (CE)  
Graca Duarte Santos

SYMPOSIUM  
King

The Importance of Context in Psychotherapy Integration: Race, Class, Family, and the Context of Daily Life  
Chair, Paul L. Wachtel (City College of New York and CUNY Graduate Center)

Taking Context Seriously: the Foundation for Productive Integrative Thinking (CE)  
Paul L. Wachtel (City College of New York and CUNY Graduate Center)

Systems, Contexts, and Privilege  
Peter Fraenkel (City College of New York and CUNY Graduate Center)

Health and Mental Health Beliefs of Minority Clients  
Carla Moleiro (Lisbon University)

DISCUSSION GROUP  
Lowell-Hutchinson

Practice Research Networks: Exploring A New Strategy For The Actualization Of Psychotherapy Integration (CE)  
Louis Castonguay (Penn State University); Rob Adelman (Sundown Ranch, Canton, Texas); James F. Boswell (Penn State University); Nancy Chiswick (Child, Adult, and Family, State College, PA); Marvin R. Goldfried (Stony Brook University); David Kraus (Behavioral Health Laboratories, Marlborough, MA)

CONFERENCE AT - A - GLANCE (Continued)

FRIDAY, MAY 2

4:30 PM - 5:30 PM

SPECIAL PLENARY AWARDS SESSION  
Rooftop Ballroom

Followed by the Welcoming Reception and Cocktail Party

YOUNG RESEARCHER AWARD

Assimilating Common Factor Treatment Components into Cognitive Therapy for Depression  
Franz Caspar (University of Bern, Switzerland)  
Chair:  
Michael J. Constantino (University of Massachusetts)

DISSERTATION AWARD

Clinical Consensus Strategies for Interpersonal Problems between Young Adults and Their Parents  
Catherine Eubanks-Carter (State University of New York at Stony Brook)

SATURDAY, MAY 3

9:00 AM - 10:30 AM

SPECIAL PLENARY ADDRESS  
Rooftop Ballroom

The Neurobiology of Love: Implications for Mental Health  
C. Sue Carter, Ph.D. Professor of Psychiatry Co-Director of the Brain-Body Center University of Illinois at Chicago.

PARALLEL SESSIONS (75 MINUTES) 10:45 AM - 12:00 PM

<p><b>WORKSHOP</b> Gardner</p> <p>The Experiential Use of Words: The Top-Down Impact of Words in Bottom-Up Treatments. (CE) Natasha Prenn (The AEDP Institute; and private practice in psychotherapy, New York, NY)</p>	<p><b>WORKSHOP</b> Stowe</p> <p>Voices from the Edge: The Disabled Body and Its Impact on the Psychosomatic System (CE) Matthew C. P. Purinton (Council for Relationships, Philadelphia, Pa.)</p>	<p><b>WORKSHOP</b> Brandeis-Holmes</p> <p>Developments in the Neurobiology of Attachment: Implications for Integrative Practice and Training Vanja Orlans (Middlesex University, England, UK) Maria Gilbert (Middlesex University, England, UK)</p>	<p><b>WORKSHOP</b> Wheatley Terrace</p> <p>Finding Your Way in an Integrated Therapy (CE) Jeffrey Smith (New York Medical College)</p>	<p><b>DISCUSSION GROUP</b> Lowell-Hutchinson</p> <p>When the Physical Symptoms Have Psychological Meaning (CE) Angela Brandao (Hospital Cuf Infante Santo, Lisbon, Portugal)</p>
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TREATMENT OF ADOLESCENTS: INDIVIDUAL PAPERS  
Rooftop Ballroom

Neither Child Nor Adult: Integrative Therapy with Adolescents.  
Patrick M. Grehan (The Derner Institute, Adelphi University, Garden City, NY)

Integrative Dance/Movement Therapy: Transforming Aggressive Behaviors in Children and Adolescents. (CE)  
Graca Duarte Santos (University of Evora, Portugal)

"The Earth as Seen from the Surface of the Moon": A Drawing by a Schizophrenic Adolescent Illustrating the Impact of Trauma on the Soma-Psyche and his Struggles with, for, and against Relatedness. (CE)  
Burton Norman Seitler (Director, Child and Adolescence Psychotherapy, New Jersey Institute for Training in Psychoanalysis and Psychotherapy)

WORKSHOP  
King

Personality Structure and the Treatment of Industrially-Related Psychiatric Injuries  
David Reiss (Private Practice in Psychiatry, San Diego, California)

SATURDAY, MAY 3

1:15 PM - 2:45 PM

KEYNOTE ADDRESS  
Rooftop Ballroom

The Polyvagal Theory, Social Engagement, and Attachment: Reciprocal Influences between Body and Brain.  
Stephen W. Porges, Ph.D. Director, Brain-Body Center Department of Psychiatry University of Illinois at Chicago

AFTERNOON SESSIONS (75 MINUTES) 3:00 PM - 4:15 PM

<p><b>WORKSHOP</b> Brandeis-Holmes</p> <p>Of the Self, By the Self, For the Self: Intra-Relational Strategies for Healing Traumatic Ruptures between Mind and Body. (CE) Jerry Lamagna (The AEDP Institute and Private Practice of Psychotherapy, New York)</p>	<p><b>WORKSHOP</b> Gardner</p> <p>From the Visceral to the Ephemeral: An Integrative Treatment Model of Hard-Wired Responses to Relational Difficulties (CE) Tom Caplan (Private Practice in Psychotherapy, Montreal, Canada)</p>	<p><b>WORKSHOP</b> Stowe</p> <p>Case Formulations Integrating Body, Self, and Sociocultural Factors: 28 Core Clinical Hypotheses. (CE) Barbara L. Ingram (Pepperdine University)</p>
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SYMPOSIUM  
Lowell-Hutchinson

The Use of Art Therapy, Guided Imagery, Music, and a Personal Construct Approach in the Treatment of Traumatic Brain Injury. (CE)

Multi-Model, Multi-Sensory Treatments and Personal Construct Psychology in a Case of Traumatic Brain Injury  
Jeanne Seitler (President-Elect, Philadelphia Society for Psychoanalytic Psychology);  
M. Elizabeth Stokes (Private Practice, Fellow, Association for Music and Imagery)

THE BODY, CLINICAL PROBLEMS, AND PSYCHOTHERAPY: INDIVIDUAL PAPERS  
King

The Impact of Infertility: Relations among Personality, Family Structure, and Attachment  
Angela Brandao (Hospital Cuf Infante Santo, Lisbon, Portugal)  
Fernanda Salvaterra (Adoption Services from CDSL, Lisbon Portugal)

An Integral-Constructive Approach to the Body-Mind in the Treatment of Anxiety (CE)  
Andre Marquis (University of Rochester)

Affect-Focused Psychotherapy to Treat Hostility in Cardiac Patients (CE)  
Ellen A. Dornelas (Director of Behavioral Health Programs, Hartford Hospital)

WORKSHOP  
Rooftop Ballroom

Physiology and Neurobiology of Empathy during Psychotherapy  
Carl D. Marci (Director of Social Neuroscience, Psychotherapy Research Program, Massachusetts General Hospital, Harvard Medical School)

PAPER WITH DISCUSSANT AND AUDIENCE COMMENTS  
Wheatley Terrace

The NEMES (New Experiences and New Meanings of Experiences) Model of Change. (CE)  
Rebecca Curtis (The Derner Institute, Adelphi University)  
Jeffrey J. Magnavita (Glastonbury Psychiatric Associates)

LATEAFTERNOON SESSIONS (75 MINUTES) 4:15 PM - 5:30 PM

<p><b>WORKSHOP</b> Gardner</p> <p>Is Reich Still Relevant? Self-Regulation from Wilhelm Reich to Peter Levine. (CE) Jacqueline A. Carleton (Editor, USAssociation for Body Psychotherapy Journal)</p>	<p><b>DISCUSSION GROUP</b> Brandeis-Holmes</p> <p>What Therapists Need to Know When Working with Lesbian, Gay, and Bisexual Clients. (CE) Marvin R. Goldfried (Stony Brook University, New York)</p>	<p><b>WORKSHOP</b> Wheatley Terrace</p> <p>The Neuroscience of Mind-Body Integration: Lessons from Resonant Frequency Breathing (CE) D. Eric Chamberlin (Hartford Hospital and The Institute for Living; Fox Run Psychiatric Associates, Connecticut)</p>	<p><b>WORKSHOP</b> Stowe</p> <p>"I Am as I Am Not" or "Wherever I Go, There I've Been": Paradox and the Psyche-Soma (CE) J. Tyler Carpenter (Harvard University; Roger Williams University; NeuroBehavioral Associates)</p>
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**CONFERENCE AT - A - GLANCE (Continued)****SATURDAY, MAY 3****LATEAFTERNOON SESSIONS (75 MINUTES) 4:15 PM - 5:30 PM**

<b>WORKSHOP</b> <b>Lowell-Hutchinson</b>  Existential Issues in Anxiety Disorders and Their Treatment. <b>(CE)</b> Barry E. Wolfe (President, Center for Training in Psychotherapy Integration)	<b>CASE PRESENTATION WITH DISCUSSANT AND AUDIENCE COMMENTS</b> <b>Rooftop Ballroom</b>  The Case of Rachel and Control of Menstruation <b>(CE)</b> Rebecca Curtis (The Derner Institute, Adelphi University) Stanley B. Messer (Rutgers University)	<b>WORKSHOP</b> <b>King</b>  Biopsychosocial Psychotherapy: Conceptualization Model And Thirteen Key Strategies <b>(CE)</b> Jeff E. Brooks-Harris (University of Hawaii)
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**SUNDAY, MAY 4****PARALLEL SESSIONS (90 MINUTES) 9:00 AM - 10:30 AM**

<b>WORKSHOP</b> <b>Wheatley Terrace</b>  Embodying Wisdom: Transforming Psychological Trauma through Working with the Body, Attachment, and Emotions. <b>(CE)</b> Danny Yeung (The AEDP Institute; and Private Practice in Psychiatry, Toronto, Canada)	<b>DISCUSSION GROUP</b> <b>Brandeis-Holmes</b>  The Therapeutic Alliance: Expert and Student Perspectives on Current and Ideal Training Practices. <b>(CE)</b> Michael J. Constantino (University of Massachusetts at Amherst); Gregory B. MacEwan (University of Massachusetts at Amherst); James F. Boswell (Pennsylvania State University); Louis G. Castonguay (Pennsylvania State University); Marvin R. Goldfried (Stony Brook University); Stanley B. Messer (Rutgers University); Mamta Dadlani (University of Massachusetts at Amherst); Rachel Wasserman (Pennsylvania State University)	<b>SYMPOSIUM</b> <b>Rooftop Ballroom</b>  Integrative Treatment of Borderline Personality Disorder. <b>(CE)</b>  Matthew Leeds (Cambridge Health Alliance and Harvard Medical School)  Carolyn Z. Conklin (Cambridge Health Alliance and Harvard Medical School)  Martha Sweezy (Cambridge Health Alliance and Harvard Medical School)
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**TRAUMA—INDIVIDUAL PAPERS**

**Lowell-Hutchinson**  
 Using the Abused Body: Contributions from Paradigmatic Complementarity  
 Nuno Conceicao (University of Lisbon, Portugal); Antonio Branco Vasco (University of Lisbon, Portugal); Joao Parente (Hospital Fernando Fonseca, Amadora, Lisbon)

**Trauma-Informed Integrative Treatments for Co-Occurring Disorders. (CE)**

Jessica Sandham Swope (The Catholic University of America, Washington, DC); Carol R. Glass (The Catholic University of America); Diane B. Arnkoff (The Catholic University of America); Roger D. Fallot (Community Connections, Washington DC); Gregory J. McHugo (New Hampshire-Dartmouth Psychiatric Research Center, Lebanon NH)

**Touching Spots, Breaking Points: Future-Oriented Psychotherapy of Bodily Self-Harm.**

Per Johan Isdahl (Chief psychologist, Eating Disorders Unit, Ullevål University Hospital, Oslo, Norway)

**RELATIONSHIP AND INTERACTION IN PSYCHOTHERAPY—INDIVIDUAL PAPERS**

**King**  
 Towards an Integrative Language: Three Axes for Analyzing Client-Therapist Interactions  
 Catarina Vaz-Velho (University of Evora, Portugal); Hans Welling

**Mismatch between Therapist and Client in Therapeutic Failures: A Qualitative Study on Therapist Perspective.**

Shigeru Iwakabe (Ochanomizu University, Tokyo, Japan)

**Mirrors and Echoes in Supervision (CE)**

Gregory J. C. Nolan (University of Manchester, England, UK)

**Differences between Male and Female Perpetrators of Domestic Abuse: Implications for Psychotherapy (CE)**

Margaret E. Smith (University of Derby, UK)

**TREATMENT INNOVATIONS—INDIVIDUAL PAPERS**

**Stowe**  
 A Web-Based Cognitive-Behavioral Approach to Social Phobia: Results of a Randomized Controlled Trial. **(CE)**

Franz Caspar (University of Bern, Switzerland); Thomas Berger (University of Bern, Switzerland); Elenore Hohl (University of Bern, Switzerland)

**Mind and Body Together? A New Measure for Planning Treatment and Assessing Outcome. (CE)**

Alessio Gori (University of Florence, Italy), Marco Giannini (University of Florence, Italy) & David Schuldberg (University of Montana, USA)

**Affect Regulation, Neurofeedback, and Psychotherapy Integration. (CE)**

Sebern Fisher (Private Practice in Psychotherapy, Northampton, Massachusetts)

**SUNDAY, MAY 4****11:00 AM - 12:35 PM****SPECIAL CLOSING PLENARY SESSION**  
**Rooftop Ballroom****STRATEGIES OF CHANGE: CURRENT STATUS AND FUTURE DIRECTIONS**

The current status of three strategies of change that cut across different types of therapy: expectancies, working alliance, and the acquisition of new understanding (or insight). Future research directions, as well as clinical and conceptual implications, related to these and other principles of change will be presented. This symposium is dedicated to the work of Marvin R. Goldfried.

Louis G. Castonguay, Chair (Penn State University); James F. Boswell (Penn State University); Michael J. Constantino (University of Massachusetts, Amherst); Marvin R. Goldfried, Discussant (Stony Brook University); John C. Norcross, Discussant (University of Scranton); Martin Grosse Holtforth (University of Bern, Switzerland); Joan DeGeorge (University of Massachusetts, Amherst); Clara E. Hill (University of Maryland); Lotte Smith-Hansen (University of Massachusetts, Amherst)

**EXPECTANCIES AS A UNIFYING CHANGE CONSTRUCT IN PSYCHOTHERAPY**

Michael J. Constantino and Lotte Smith-Hansen

Framing expectation as an important, yet undervalued common treatment factor, this paper will (a) define various types of therapy expectancies, (b) briefly review empirical findings related to patient expectancies, and (c) discuss current and future directions for research and practice in consideration of the expectancy construct.

**THE WORKING ALLIANCE: WHERE ARE WE AND WHERE SHOULD WE GO?**

Louis G. Castonguay, Michael J. Constantino, Martin Grosse Holtforth, and Joan DeGeorge

This paper will present important findings that have emerged from decades of research on the working alliance, as well as some suggestion for future research on this trans-theoretical construct.

**INSIGHT: WHERE ARE WE AND WHERE SHOULD WE GO?**

James F. Boswell, Louis G. Castonguay, and Clara E. Hill

Taking the lead from Castonguay and Hill's (2006) edited book *Insight in Psychotherapy*, this paper will present clinical and conceptual issues related to new understanding, or insight in psychotherapy as well as provide a review of the state of literature on this construct. Suggestions for future research on insight in psychotherapy will also be presented.

**DISCUSSANTS**

Marvin R. Goldfried & John C. Norcross.

**THURSDAY, MAY 1**

**PRE-CONFERENCE WORKSHOPS**

*(separate registration)*

**REGISTRATION**

8:00 am - 9:00 am

**FULL DAY PRE-CONFERENCE WORKSHOP**

**Brandeis-Holmes**

9:00 am - 12 noon  
&  
1:30pm - 4:30pm

A Unified Treatment for Emotional Disorders **(CE)**  
*David H. Barlow & Jill Ehrenreich (Boston University)*

**MORNING PRE-CONFERENCE WORKSHOP**

**Lowell-Hutchinson**

9:00 am - 12 noon

Personality Systematics: Principles, Process, and Methods of Unified  
Psychotherapeutics **(CE)**  
*Jeffrey J. Magnavita (Glastonbury Psychological Associates, P.C.)*

**AFTERNOON PRE-CONFERENCE WORKSHOP**

**Lowell-Hutchinson**

1:30 pm - 4:30 pm

This Shaking Keeps Me Steady: Integrating Concepts and Interventions from  
Somatic Psychotherapies **(CE)**  
*Michael R. Bridges (Jefferson University School of Health Professions)*

**FRIDAY, MAY 2**

7:30 am - 8:30 am

**LIGHT CONTINENTAL BREAKFAST**

8:00 am - 10:30 am

**REGISTRATION**

8:30 am - 10:15 am

**OPENING PLENARY PANEL (OPP)**  
**Rooftop Ballroom****PSYCHE-SOMA: INTEGRATING THE BODY AND MIND IN PSYCHOTHERAPY**

When the Mind Is Afraid of the Body: Interoceptive Exposure and Emotion Regulation

*David H. Barlow, Ph.D.*

*Professor of Psychology and Psychiatry*

*Founder and Director Emeritus, Center for Anxiety and Related Disorders*

*Boston University*

Physiology and Neurobiology of Empathy during Psychotherapy

*Carl D. Marci, M.D., Director of Social Neuroscience*

*Psychotherapy Research Program*

*Massachusetts General Hospital*

*Harvard Medical School*

The Heart, Literally and Metaphorically, in Emotional Arousal, Processing, and Recovery

*Michael R. Bridges, Ph.D.*

*Associate Professor*

*Jefferson University School of Health Professions*

10:15 am - 10:30 am

**TEA AND COFFEE BREAK**

10:30am - 12:00 noon

**SYMPOSIUM (S1)**  
**Rooftop Ballroom****PSYCHOTHERAPY INTEGRATION IN THE 21ST CENTURY:  
INVESTIGATING MECHANISMS OF CHANGE**

Conceptualizing and Assessing Mechanisms of Change in Psychotherapy

*Kenneth N. Levy (The Pennsylvania State University)*

Neurophysiological and Neuropsychological Approaches to Outcome Assessment

*Joseph E. Beeney (The Pennsylvania State University)*

Investigating therapist Interventions as Mechanisms of Change

*Rachel H. Wasserman (The Pennsylvania State University)*

Discussant

*George Stricker (Argosy University)*

**FRIDAY, MAY 2 (continued)****WORKSHOP (W2)**  
**Wheatley Terrace**

Evolving Models for Unifying Clinical Science,

Mind-Body Integration, and Their Psychotherapeutic Implications **(CE)**

*Jeffrey J. Magnavita (Glastonbury Psychological Associates, P.C.)*

*David M. Allen (Glastonbury Psychological Associates, P.C.)*

**THE BODY AND THERAPEUTIC  
ACTION—INDIVIDUAL PAPERS (IP4)**  
**Brandeis-Holmes**

From Session to Synapse: A Close Examination of Therapeutic Action **(CE)**

*Jeffrey Smith (New York Medical College)*

The Bodily Me and Embodied Consciousness

*Jesse Geller (Yale University, Department of Psychiatry)*

Patients' Emotional Processes

*Filipa Machado Vaz (University of Lisbon & IPAM teacher, Portugal)*

**WORKSHOP (W5)**  
**King**

The Developmental Analysis of Psychotherapy Process

*Michael Basseches (Suffolk University and Harvard University)*

*Michael F. Mascolo (Merrimack College)*

**WORKSHOP (W6)**  
**Lowell-Hutchinson**

Psyche and Soma: The Body in Psychotherapy **(CE)**

*Jacqueline A. Carleton (Editor, USAssociation Body Psychotherapy Journal)*

**WORKSHOP (W3)**  
**Stowe**

What Seeks Embodiment in Psychotherapy?

The Attempts of Winnicott's True Self to Come into Existence.

*Michael Geiss (private practice in psychiatry)*

**LUNCH**  
**Research Consultations**

*(sign up at registration table)*



10:30am - 12:00 noon

10:30am - 12:00 noon

10:30am - 12:00 noon

10:30am - 12:00 noon

10:30am - 12:00 noon

12:00 noon - 1:15 pm



**FRIDAY, MAY 2 (continued)****AFTERNOON SESSIONS 90 MINUTE**

1:15 pm - 2:45 pm

**SYMPOSIUM (S1)**  
**Rooftop Ballroom****THE CRYING BABY: DECIPHERING THE LANGUAGE OF TEARS IN PSYCHOTHERAPY***Chair and Moderator, Michael R. Bridges (Jefferson University School of Health Professions)***How Do You Feel About That? What Do Therapists Do and Say Before, During, and After Clients Cry?***Kimberly HENCHINSKI (Jefferson University School of Health Professions)***Where Does This End? Client Depth of Emotional Processing Before, During, and After Crying—the Relationship to Session Helpfulness and the Working Alliance**  
*Charley Franklin (Jefferson University School of Health Professions)***Bruised and Broken Hearts: Cardiovascular Patterns During Crying Associated with Good and Poor Psychotherapy Outcome.***Merrillie Rackham (Jefferson University School of Health Professions)***Is More Better? Intensity of Emotional Expression While Crying and the Relationship to Immediate Distress and Session Helpfulness***Marcie Wood (Jefferson University School of Health Professions)*

1:15 pm - 2:45 pm

**SYMPOSIUM (S2)**  
**Brandeis-Holmes****THERAPIST'S EMOTIONALITY AND PATIENT'S EMOTIONALITY AND ATTUNEMENT DURING THE THERAPEUTIC PROCESS.****The Phase Model of Paradigmatic Complementarity: Promotion and Assimilation of Therapeutic Strategic Objectives (CE)***Antonio Branco Vasco, (University of Lisbon, Portugal)**Nuno Conceicao, (University of Lisbon, Portugal)***Emotions in Psychotherapy: Impact of Patients' and Therapists' Emotional Processes on Therapy Outcomes. (CE)***Filipa Machado Vaz (University of Lisbon & IPAM teacher, Portugal)**Antonio Branco Vasco (University of Lisbon, Portugal)***Therapists: How Feelings Impact Therapeutic Actions***Patricia Saramago (University of Lisbon, Portugal)**Antonio Branco Vasco (University of Lisbon, Portugal)***AQUA Planning Along the Therapeutic Process: Clinical Decision-Making Based on Psychological Needs. (CE)***Joao Faria, (University of Lisbon, Portugal)**Antonio Branco Vasco (University of Lisbon, Portugal)***FRIDAY, MAY 2 (continued)****DISCUSSION GROUP (DG3)**  
**Lowell-Hutchinson****Two Approaches to the Treatment of Borderline Personality Disorder: Similarities and Differences in Dialectical Behavior Therapy and Transference Focused Psychotherapy***Kenneth N. Levy (The Pennsylvania State University)**Shelley McMains (Centre for Addiction and Mental Health and the University of Toronto)**Jesse Geller (Yale University)***WORKSHOP (W4)**  
**Wheatley Terrace****Befriending the Nervous System: Psychopathology, Fear, and Biofeedback to the Brain (CE)***Sebern Fisher (private practice, Northampton, Massachusetts)***DISCUSSION GROUP (DG5)**  
**Stowe****Integration of Mindfulness into Different Approaches to Psychotherapy. (CE)***Carol R. Glass, (Catholic University of America, Washington, DC)**Diane B. Arnkoff, (Catholic University of America, Washington, DC)***DISCUSSION GROUP (DG6)**  
**King****Optimism and Health: Psychology's and Physiology's Connection***Bridget Folks (Argosy University)**Alison August-Fedio (Argosy University)**George Stricker (Argosy University)***TEA AND COFFEE****PARALLEL SESSIONS 75 MINUTES****WORKSHOP (W1)**  
**Rooftop Ballroom****An Integrative Paradigm for Understanding the Etiology and Mechanisms of Panic: A Treatment Model (CE)***Jeanne Seifler (President-Elect, The Philadelphia Society for Psychoanalytic Psychology)*

1:15 pm - 2:45 pm

1:15 pm - 2:45 pm

1:15 pm - 2:45 pm

1:15 pm - 2:45 pm

2:45 pm - 3:00 pm

3:00 pm - 4:30 pm

**FRIDAY, MAY 2 (continued)**

3:00 pm - 4:30 pm

**WORKSHOP (W2)**  
**Stowe**

Embodied and Disembodied Selves: Working with the Body Using Integrated Action Techniques **(CE)**  
*Judith Schoenholtz-Read (Fielding Graduate University)*

3:00 pm - 4:30 pm

**WORKSHOP (W3)**  
**Brandeis-Holmes**

The Reunion Process: A New Focus in Short-Term Dynamic Psychotherapy **(CE)**  
*Steven Sandler (State University of New York at Albany)*

3:00 pm - 4:30 pm

**WORKSHOP (W4)**  
**Wheatley Terrace**

Integrating Body and Mind: Experiencing and Expressing the Internal World through Expressive Arts **(CE)**  
*Graca Duarte Santos*

3:00 pm - 4:30 pm

**SYMPOSIUM (S5)**  
**King****THE IMPORTANCE OF CONTEXT IN PSYCHOTHERAPY INTEGRATION: RACE, CLASS, FAMILY, AND THE CONTEXT OF DAILY LIFE**

*Chair, Paul L. Wachtel (City College of New York and CUNY Graduate Center)*

Taking Context Seriously: the Foundation for Productive Integrative Thinking **(CE)**  
*Paul L. Wachtel (City College of New York and CUNY Graduate Center)*

Systems, Contexts, and Privilege  
*Peter Fraenkel (City College of New York and CUNY Graduate Center)*

Health and Mental Health Beliefs of Minority Clients  
*Carla Moleiro (Lisbon University)*

3:00 pm - 4:30 pm

**DISCUSSION GROUP (G6)**  
**Lowell-Hutchinson**

Practice Research Networks: Exploring A New Strategy For The Actualization Of Psychotherapy Integration **(CE)**  
*Louis Castonguay (Penn State University); Rob Adelman (Sundown Ranch, Canton, Texas); James F. Boswell (Penn State University); Nancy Chiswick (Child, Adult, and Family, State College, PA); Marvin R. Goldfried (Stony Brook University); David Kraus (Behavioral Health Laboratories, Marlborough, MA)*

**FRIDAY, MAY 2 (continued)****SPECIAL PLENARY AWARDS SESSION (SPS)**  
**Rooftop Ballroom****YOUNG RESEARCHER AWARD**

Assimilating Common Factor Treatment Components into Cognitive Therapy for Depression

*Franz Caspar (University of Bern, Switzerland)*  
Chair

*Michael J. Constantino*  
*(University of Massachusetts)*

**DISSERTATION AWARD**

Clinical Consensus Strategies for Interpersonal Problems between Young Adults and Their Parents

*Catherine Eubanks-Carter (State University of New York at Stony Brook)*

**WELCOMING RECEPTION AND COCKTAIL PARTY**  
**Press Room**

4:30 pm - 5:30 pm

5:30 pm - 8:30 pm

**SATURDAY, MAY 3**

8:00 am - 9:00 am

**ALL CONFERENCE ATTENDEES WELCOME!  
LIGHT CONTINENTAL BREAKFAST**

9:00 am - 10:30 am

**SPECIAL PLEINARY ADDRESS (SPA)  
Rooftop Ballroom**

The Neurobiology of Love: Implications for Mental Health  
*C. Sue Carter, Ph.D.*  
 Professor of Psychiatry  
 Co-Director of the Brain-Body Ce  
 University of Illinois at Chicago.



10:30 am - 10:45 am

**TEA AND COFFEE BREAK****PARALLEL SESSIONS 75 MINUTES**

10:45 am - 12:00 pm

**WORKSHOP (W1)  
Gardner**

The Experiential Use of Words: The Top-Down Impact of Words in Bottom-Up  
 Treatments. **(CE)**  
*Natasha Prenn (The AEDP Institute; and private  
 practice in psychotherapy, New York, NY)*

10:45 am - 12:00 pm

**WORKSHOP (W2)  
Stowe**

Voices from the Edge: The Disabled Body and Its Impact on the Psychosomatic  
 System **(CE)**  
*Matthew C. P. Purinton (Council for Relationships, Philadelphia, Pa.)*

10:45 am - 12:00 pm

**WORKSHOP (W3)  
Brandeis-Holmes**

Developments in the Neurobiology of Attachment: Implications for Integrative  
 Practice and Training  
*Vanja Orlans (Middlesex University, England, UK)*  
*Maria Gilbert (Middlesex University, England, UK)*

10:45 am - 12:00 pm

**WORKSHOP (W4)  
Wheatley Terrace**

Finding Your Way in an Integrated Therapy **(CE)**  
*Jeffrey Smith (New York Medical College)*

**SATURDAY, MAY 3 (continued)****DISCUSSION GROUP (DG5)  
Lowell-Hutchinson**

When the Physical Symptoms Have Psychological Meaning **(CE)**  
*Angela Brandao (Hospital Cuf Infante Santo, Lisbon, Portugal)*

**TREATMENT OF ADOLESCENTS: INDIVIDUAL PAPERS (IP6)  
Rooftop Ballroom**

Neither Child Nor Adult: Integrative Therapy with Adolescents.  
*Patrick M. Grehan (The Derner Institute, Adelphi University, Garden City, NY)*

Integrative Dance/Movement Therapy: Transforming Aggressive Behaviors in  
 Children and Adolescents. **(CE)**  
*Graca Duarte Santos (University of Evora, Portugal)*

"The Earth as Seen from the Surface of the Moon": A Drawing by a Schizophrenic  
 Adolescent Illustrating the Impact of Trauma on the Soma-Psyche and his Struggles  
 with, for, and against Relatedness. **(CE)**  
*Burton Norman Seitler (Director, Child and Adolescence Psychotherapy, New Jersey  
 Institute for Training in Psychoanalysis and Psychotherapy)*

**WORKSHOP (W7)  
King**

Personality Structure and the Treatment of Industrially-Related Psychiatric Injuries  
*David Reiss (Private Practice in Psychiatry, San Diego, California)*

**LUNCH**  
**Research Consultations Organized by Franz Caspar**  
*(sign up at registration table)*

**KEYNOTE ADDRESS (KA)  
Rooftop Ballroom**

The Polyvagal Theory, Social Engagement, and Attachment: Reciprocal Influences  
 between Body and Brain.  
*Stephen W. Porges, Ph.D.*  
 Director, Brain-Body Center  
 Department of Psychiatry  
 University of Illinois at Chicago

**TEA AND COFFEE**

10:45 am - 12:00 pm

10:45 am - 12:00 pm

10:45 am - 12:00 pm

12:00 pm - 1:15 pm

1:15 pm - 2:45 pm

2:45 pm - 3:00 pm

**SATURDAY, MAY 3 (continued)****AFTERNOON SESSIONS 75 MINUTES**

3:00 pm - 4:15 pm

**WORKSHOP (W1)**  
**Brandeis-Holmes**

Of the Self, By the Self, For the Self: Intra-Relational Strategies for Healing Traumatic Ruptures between Mind and Body. **(CE)**  
*Jerry Lamagna (The AEDP Institute and Private Practice of Psychotherapy, New York)*

3:00 pm - 4:15 pm

**WORKSHOP (W2)**  
**Gardner**

From the Visceral to the Ephemeral: An Integrative Treatment Model of Hard-Wired Responses to Relational Difficulties **(CE)**  
*Tom Caplan (Private Practice in Psychotherapy, Montreal, Canada)*

3:00 pm - 4:15 pm

**WORKSHOP (W3)**  
**Stowe**

Case Formulations Integrating Body, Self, and Sociocultural Factors: 28 Core Clinical Hypotheses. **(CE)**  
*Barbara L. Ingram (Pepperdine University)*

3:00 pm - 4:15 pm

**SYMPOSIUM (S4)**  
**Lowell-Hutchinson****THE USE OF ART THERAPY, GUIDED IMAGERY, MUSIC, AND A PERSONAL CONSTRUCT APPROACH IN THE TREATMENT OF TRAUMATIC BRAIN INJURY**

Multi-Model, Multi-Sensory Treatments and Personal Construct Psychology in a Case of Traumatic Brain Injury **(CE)**  
*Jeanne Seidler (President-Elect, Philadelphia Society for Psychoanalytic Psychology); M. Elizabeth Stokes (Private Practice, Fellow, Association for Music and Imagery)*

3:00 pm - 4:15 pm

**THE BODY, CLINICAL PROBLEMS, AND PSYCHOTHERAPY: INDIVIDUAL PAPERS (IP5)**  
**King**

The Impact of Infertility: Relations among Personality, Family Structure, and Attachment  
*Angela Brandao (Hospital Cuf Infante Santo, Lisbon, Portugal)*  
*Fernanda Salvaterra (Adoption Services from CDSSL, Lisbon Portugal)*

An Integral-Constructive Approach to the Body-Mind in the Treatment of Anxiety **(CE)**  
*Andre Marquis (University of Rochester)*

Affect-Focused Psychotherapy to Treat Hostility in Cardiac Patients **(CE)**  
*Ellen A. Dornelas (Director of Behavioral Health Programs, Hartford Hospital)*

**SATURDAY, MAY 3 (continued)****WORKSHOP (W6)**  
**Rooftop Ballroom**

Physiology and Neurobiology of Empathy during Psychotherapy  
*Carl D. Marci (Director of Social Neuroscience, Psychotherapy Research Program, Massachusetts General Hospital, Harvard Medical School)*

**PAPER WITH DISCUSSANT AND AUDIENCE COMMENTS (PD7)**  
**Wheatley Terrace**

The NEMES (New Experiences and New Meanings of Experiences) Model of Change. **(CE)**  
*Rebecca Curtis (The Derner Institute, Adelphi University)*  
*Jeffrey J. Magnavita (Glastonbury Psychiatric Associates)*

**LATE AFTERNOON SESSIONS 75 MINUTES****WORKSHOP (W1)**  
**Gardner**

Is Reich Still Relevant? Self-Regulation from Wilhelm Reich to Peter Levine. **(CE)**  
*Jacqueline A. Carleton (Editor, USAssociation for Body Psychotherapy Journal)*

**DISCUSSION GROUP (DG2)**  
**Brandeis-Holmes**

What Therapists Need to Know When Working with Lesbian, Gay, and Bisexual Clients. **(CE)**  
*Marvin R. Goldfried (Stony Brook University, New York)*

**WORKSHOP (W3)**  
**Wheatley Terrace**

The Neuroscience of Mind-Body Integration: Lessons from Resonant Frequency Breathing **(CE)**  
*D. Eric Chamberlin (Hartford Hospital and The Institute for Living; Fox Run Psychiatric Associates, Connecticut)*

**WORKSHOP (W4)**  
**Stowe**

"I Am as I Am Not" or "Wherever I Go, There I've Been": Paradox and the Psyche-Soma **(CE)**  
*J. Tyler Carpenter (Harvard University; Roger Williams University; NeuroBehavioral Associates)*

3:00 pm - 4:15 pm

3:00 pm - 4:15 pm

4:15 pm - 5:30 pm

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4:15 pm - 5:30 pm

4:15 pm - 5:30 pm

**SATURDAY, MAY 3** *(continued)*

4:15 pm-5:30 pm

**WORKSHOP (W5)**  
**Lowell-Hutchinson**

Existential Issues in Anxiety Disorders and Their Treatment. **(CE)**  
Barry E. Wolfe *(President, Center for Training in Psychotherapy Integration)*

4:15 pm-5:30 pm

**CASE PRESENTATION WITH DISCUSSANT AND AUDIENCE COMMENTS (CP6)**  
**Rooftop Ballroom**

The Case of Rachel and Control of Menstruation **(CE)**  
Rebecca Curtis *(The Derner Institute, Adelphi University)*  
Stanley B. Messer *(Rutgers University)*

4:15 pm-5:30 pm

**WORKSHOP (W7)**  
**King**

Biopsychosocial Psychotherapy: Conceptualization Model And Thirteen Key Strategies **(CE)**  
Jeff E. Brooks-Harris *(University of Hawaii)*

6:30 pm

**CONFERENCE DINNER**  
**(Registration Required)****SUNDAY, MAY 4****LIGHT CONTINENTAL BREAKFAST**

8:00 am - 9:00 am

**PARALLEL SESSIONS 90 MINUTES****WORKSHOP (W1)**  
**Wheatley Terrace**

Embodying Wisdom: Transforming Psychological Trauma through Working with the Body, Attachment, and Emotions. **(CE)**  
Danny Yeung *(The AEDP Institute; and Private Practice in Psychiatry, Toronto, Canada)*

9:00 am - 10:30 am

**DISCUSSION GROUP (DG2)**  
**Brandeis-Holmes**

The Therapeutic Alliance: Expert and Student Perspectives on Current and Ideal Training Practices. **(CE)**  
Michael J. Constantino *(University of Massachusetts at Amherst); Gregory B. MacEwan (University of Massachusetts at Amherst); James F. Boswell (Pennsylvania State University); Louis G. Castonguay (Pennsylvania State University); Marvin R. Goldfried (Stony Brook University); Stanley B. Messer (Rutgers University); Mamta Dadlani (University of Massachusetts at Amherst); Rachel Wasserman (Pennsylvania State University)*

9:00 am - 10:30 am

**SYMPOSIUM (S3)**  
**Rooftop Ballroom****INTEGRATIVE TREATMENT OF BORDERLINE PERSONALITY DISORDER. (CE)**

Are Common Principles Emerging in the Treatment of Borderline Personality Disorder?  
Matthew Leeds *(Cambridge Health Alliance and Harvard Medical School)*

9:00 am - 10:30 am

Borderline Personality Disorder Subtypes: Clinical Presentations and Treatment Implications  
Carolyn Z. Conklin *(Cambridge Health Alliance and Harvard Medical School)*

Regulating Shame & Calling Out Compassion: Compatibility of Internal Family Systems (IFS) and Dialectical Behavioral Therapy (DBT)  
Martha Sweezy *(Cambridge Health Alliance and Harvard Medical School)*

**TRAUMA—INDIVIDUAL PAPERS (IP4)**  
**Lowell-Hutchinson**

Using the Abused Body: Contributions from Paradigmatic Complementarity  
Nuno Conceicao *(University of Lisbon, Portugal); Antonio Branco Vasco (University of Lisbon, Portugal); Joao Parente (Hospital Fernando Fonseca, Amadora, Lisbon)*

9:00 am - 10:30 am

**SUNDAY, MAY 4 (continued)**

9:00 am - 10:30 am

**TRAUMA—INDIVIDUAL PAPERS (continued)**  
**Lowell-Hutchinson**

Trauma-Informed Integrative Treatments for Co-Occurring Disorders. **(CE)**  
*Jessica Sandham Swope (The Catholic University of America, Washington, DC); Carol R. Glass (The Catholic University of America); Diane B. Arnkoff (The Catholic University of America); Roger D. Falot (Community Connections, Washington DC); Gregory J. McHugo (New Hampshire-Dartmouth Psychiatric Research Center, Lebanon NH)*

Touching Spots, Breaking Points: Future-Oriented Psychotherapy of Bodily Self-Harm.  
*Per Johan Isdahl (Chief psychologist, Eating Disorders Unit, Ulleval University Hospital, Oslo, Norway)*

9:00 am - 10:30 am

**RELATIONSHIP AND INTERACTION IN PSYCHOTHERAPY—**  
**INDIVIDUAL PAPERS (IP5)**  
**King**

Towards an Integrative Language: Three Axes for Analyzing Client-Therapist Interactions  
*Catarina Vaz-Velho (University of Evora, Portugal); Hans Welling*

Mismatch between Therapist and Client in Therapeutic Failures: A Qualitative Study on Therapist Perspective.  
*Shigeru Iwakabe (Ochanomizu University, Tokyo, Japan)*

Mirrors and Echoes in Supervision **(CE)**  
*Gregory J. C. Nolan (University of Manchester, England, UK)*

Differences between Male and Female Perpetrators of Domestic Abuse: Implications for Psychotherapy **(CE)**  
*Margaret E. Smith (University of Derby, UK)*

9:00 am - 10:30 am

**TREATMENT INNOVATIONS—INDIVIDUAL PAPERS (IP6)**  
**Stowe**

A Web-Based Cognitive-Behavioral Approach to Social Phobia: Results of a Randomized Controlled Trial. **(CE)**  
*Franz Caspar (University of Bern, Switzerland); Thomas Berger (University of Bern, Switzerland); Elenore Hohl (University of Bern, Switzerland)*

Mind and Body Together? A New Measure for Planning Treatment and Assessing Outcome. **(CE)**  
*Alessio Gori (University of Florence, Italy), Marco Giannini (University of Florence, Italy) & David Schuldberg (University of Montana, USA)*

Affect Regulation, Neurofeedback, and Psychotherapy Integration **(CE)**  
*Sebern Fisher (Private Practice in Psychotherapy, Northampton, Massachusetts)*

**SUNDAY, MAY 4 (continued)****TEA AND COFFEE****SPECIAL CLOSING PLENARY SESSION (SCPS)**  
**Rooftop Ballroom****STRATEGIES OF CHANGE: CURRENT STATUS AND FUTURE DIRECTIONS**

The current status of three strategies of change that cut across different types of therapy: expectancies, working alliance, and the acquisition of new understanding (or insight). Future research directions, as well as clinical and conceptual implications, related to these and other principles of change will be presented. This symposium is dedicated to the work of Marvin R. Goldfried.

*Louis G. Castonguay, Chair (Penn State University); James F. Boswell (Penn State University); Michael J. Constantino (University of Massachusetts, Amherst); Marvin R. Goldfried, Discussant (Stony Brook University); John C. Norcross, Discussant (University of Scranton); Martin Grosse Holtforth (University of Bern, Switzerland); Joan DeGeorge (University of Massachusetts, Amherst); Clara E. Hill (University of Maryland); Lotte Smith-Hansen (University of Massachusetts, Amherst)*

**EXPECTANCIES AS A UNIFYING CHANGE CONSTRUCT IN PSYCHOTHERAPY**

Framing expectation as an important, yet undervalued common treatment factor, this paper will (a) define various types of therapy expectancies, (b) briefly review empirical findings related to patient expectancies, and (c) discuss current and future directions for research and practice in consideration of the expectancy construct.

*Michael J. Constantino and Lotte Smith-Hansen*

**THE WORKING ALLIANCE:**  
**WHERE ARE WE AND WHERE SHOULD WE GO?**

This paper will present important findings that have emerged from decades of research on the working alliance, as well as some suggestion for future research on this trans-theoretical construct.

*Louis G. Castonguay, Michael J. Constantino, Martin Grosse Holtforth, and Joan DeGeorge*

**INSIGHT: WHERE ARE WE AND WHERE SHOULD WE GO?**

Taking the lead from Castonguay and Hill's (2006) edited book *Insight in Psychotherapy*, this paper will present clinical and conceptual issues related to new understanding, or insight in psychotherapy as well as provide a review of the state of literature on this construct. Suggestions for future research on insight in psychotherapy will also be presented.

*James F. Boswell, Louis G. Castonguay, and Clara E. Hill*

**DISCUSSANTS**

*Marvin R. Goldfried & John C. Norcross.*

10:30 am - 11:00 am

11:00 am - 12:30 pm

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Marci, Carl D.	Sat. 3:00 – 4:15	Rooftop Ballroom	W6	P21
Marci, Carl D. M.D.	Fri. 8:30 – 10:15	Rooftop Ballroom	OPP	P12
Marquis, Andre	Sat. 3:00 – 4:15	King	IP5	P20
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Messer, Stanley B.	Sun. 9:00 – 10:30	Brandeis-Holmes	DG2	P23
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Purinton, Matthew C. P.	Sat. 10:45 – 12:00	Stowe	W2	P18
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