



Final Program

SEPI XXVII ANNUAL MEETING
May 19-22, 2011

Washington DC, USA



The Catholic University of America
Department of Psychology

The 2011 SEPI conference is being co-sponsored by the Department of
Psychology at The Catholic University of America

Committees

Program Committee

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Franz Caspar, PhD, Switzerland
Marc Diener, PhD, USA
Rhonda Goldman, PhD, USA
Martin Grosse-Holtforth, PhD, Switzerland
Shigeru Iwakabe, PhD, Japan
Alberta Pos, PhD, Canada
Hilde Rapp, PhD, England
Maria Del Carmen Salgueiro, MD PhD,
Argentina
Antonio Vasco, PhD, Portugal

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Diane Arnkoff, PhD
Barry Wolfe, PhD
George Stricker, PhD
Lynn Peterson, Conference Administrator

Conference Committee Chair

Alberta Pos, PhD

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Alberta Pos, PhD

Senior Consultants

Larry Beutler, PhD
Leslie Greenberg, PhD
John Norcross, PhD

**SEPI XXVII ANNUAL MEETING: "Crossing the Divide: SEPI's
Unique Place in Bridging the Science-Practice Gap"
Washington DC, USA, May 19-22, 2011**

Dear Colleagues:

On behalf of the Society for the Exploration of Psychotherapy Integration (SEPI), we welcome you to our 27th Annual Conference!

SEPI is an international organization dedicated to integration across clinical and theoretical perspectives. Founded in 1984, SEPI is an international organization dedicated to integration across clinical and theoretical perspectives. Today, SEPI remains the only international organization devoted to the integration of diverse psychotherapy perspectives with its own APA-sponsored journal. SEPI is an especially welcoming organization. It provides a community for clinicians and scholars who wish to expand the limitations of single-school perspectives and who are interested in learning alternative ways of conceptualizing and working with clinical problems.

It is in this spirit that we convene for the 27th Annual Conference, the theme of which is Crossing the Divide: SEPI's Unique Place in Bridging the Science-Practice Gap.

The integration of science and practice, always important to our profession, may be more important now than ever before. Funding agencies all over the world are increasingly interested in the translation of science to practice and the dissemination of empirically-tested ideas. Third parties such as private and government insurance companies are also requiring accountability. Finally, within the field, questions have been raised about the neglect of science by practitioners (see Baker, McFall, & Shoham, 2009), a theme picked up widely by the media.

Complicating matters, some clinicians have also been critical of researchers. They note that researchers have imposed interpretations of data that are experienced by clinicians as coercive and "out of touch" with clinical reality. Clinicians have asked for more clinically-relevant research. The question arises: How do we best promote this integration of science and practice and create an authentic and lasting collaboration between these two overlapping communities?

We suggest that SEPI and its members have a unique perspective and background that has prepared us to take a leading role in such an integration. As an organization comprised of practicing clinicians, scholars, and researchers, we have much to offer towards understanding the complexities and skill involved in building a truly collaborative and clinically-useful integration of science and practice.

We believe that this year's program contains pre-conference workshops, symposia, discussion groups, mini-workshops, and posters that address innovative ways to integrate science and practice and bear on the broader theme of psychotherapy integration. We hope to create genuine, mutual, and long-lasting connections that will propel the field forward.

Sincerely,

Kenneth N. Levy, Program Chair
Carol Glass, Local Arrangements Chair

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Thursday

**Pre-Conference
Workshop**

CE

Instruments

Thursday

9:00 - 16:30

Delegate Room

Analyzing Psychotherapy Sessions From an Integrative
Perspective: The Psychotherapy Process Q-Set (PQS)

Carolina Seybert - University Ulm, Ulm, Germany

Raymond A. Levy

**Pre-Conference
Workshop**

CE

Emotion

Thursday

13:30 - 16:30

Consulate Room

Emotion-Focused Therapy

Leslie Greenberg - York University, Toronto, ON, Canada

**Pre-Conference
Workshop**

Training

Thursday

13:30 - 16:30

Diplomat Room

Helping Skills Training

Clara Hill - University of Maryland, College Park, MD, USA

Patricia Spangler, Harold Chui, and John Jackson

**Pre-Conference
Workshop**

CE

Psychodynamic

Thursday

13:30 - 16:30

Wine Room

Time-Limited Dynamic Psychotherapy: Two Experts Discuss
Their Different Approaches to a Case

Hanna Levenson - Wright Institute, Berkeley, CA, USA

Jeffrey Binder

Friday

Opening Remarks

Friday
8:00 - 8:15

Plenary

CE

Friday
8:15 - 9:45
Moderator
Kenneth Levy - Pennsylvania
State University, University
Park, PA, USA

Panel

CE

Integration
Friday
10:00 - 11:15
Ambassador Room
Moderator
Jeffrey Magnavita -
Glastonbury, CT, USA

**Innovative Methods for Closing the Science -
Practice Gap**

Innovative Methods for Bridging the Science-Practice Gap:
The Case for Feedback and Problem-Solving Tools
Michael Lambert - Brigham Young University, Provo, UT, USA,,

What Needs to Change to Move From "Research Informed
Practice" to "Empirically Effective Practice?"
Larry Beutler - Palo Alto University, Palo Alto, CA, USA

Practice Research Networks: Making Science "Clinically
Syntonic"
Louis Castonguay - Pennsylvania State University, University Park
USA

Genes, the Brain, and Psychotherapy: Implications of
Genetic and Neurophysiological Data for the Actual Practice
of Psychotherapy
Timothy Strauman - Duke University, Durham, NC, USA

**The Unified Psychotherapy Project (UPP) and
Psychotherapedia™: A Compendium for Research
and Practice**

Right Tool for the Right Job: Psychotherapedia and Core
Competencies for Integrative Practice
Kenneth Critchfield - University of Utah, Salt Lake City, UT, USA

Transforming Self, Transforming World, and the Forum B
Project: Implications and Applications for the Unified
Psychotherapy Project
Craig Shealy - James Madison University, Harrisonburg, VA, USA,
Jay Cozen, Gregg Henriques, Lee Sternberger

Psychotherapedia: A much needed tool in psychotherapy
integration
Jay Lebow - Northwestern University, Evanston, IL, USA,,

Friday

Panel

CE

Practice

Friday

10:00 - 11:15

Consulate Room

Moderator

John Norcross - University of
Scranton, Scranton, PA, USA

**Tailoring Psychotherapy to the Individual Patient:
Where Science and Practice Converge**

Adapting Psychotherapy to the Patient's Culture, Religion,
and Stage of Change: Evidence-Based Responsiveness
John Norcross - University of Scranton, Scranton, PA, USA

Fitting Treatment to Patient: Two Moderating Variables that
Work

Larry Beutler - Palo Alto University, Palo Alto, CA, USA

Adapting Psychotherapy to the Patient's Preferences
Joshua Swift - University of Alaska, Anchorage, AK, USA

Panel

Change

Friday

10:00 - 11:15

Delegate Room

Moderator

Antonio Vasco - Universidade
de Lisboa, Portugal

**Regulation of Psychological Vital Needs as the
Touchstone of Well-Being: The Case of Related-
ness/Autonomy, Pleasure/Pain, and Coherence/
Incoherence of Self**

Discussant: António Vasco - Universidade de Lisboa, Portugal

Psychological Need for Autonomy/Relatedness:
Relationships With Psychological Well-Being and
Psychological Distress

Filipe Bernardo - Universidade de Lisboa, Portugal, Antonio Vasco

Psychological Need for Pleasure/Pain: Relationships With
Psychological Well-Being and Psychological Distress

Natalia Cadilha - Universidade de Lisboa, Portugal, António Vasco

Psychological Need for Coherence of Self/Incoherence of
Self: Relationships With Psychological Well-Being and
Psychological Distress

Catarina Rodrigues - Universidade de Lisboa, Portugal, António Vasco

Panel

CE

Depression

Friday

10:00 - 11:15

Diplomat Room

Moderator

Alberta Pos - York University,
Toronto, ON, Canada

**Relationships Among Therapist Empathy, Client
Change Processes, and Outcome in Psychotherapy
of Depression**

Therapist Empathy and Early Alliance Formation in First
Sessions of Experiential Psychotherapy for Depression

Ashley Spigelman - York University, Toronto, ON, Canada, Alberta Pos

The Role of Empathy in Facilitating Inter- and Intra-personal
Change in Psychotherapy

Jeanne Watson - University of Toronto, Toronto, ON, Canada, Patricia
Steckley, Evelyn McMullen

Friday

Therapist Presence, Empathy, and the Working Alliance in
Experiential Treatment for Depression
Alberta Pos - York University, Toronto, ON, Canada, Shari Geller, John
Oghene

Panel
Quality
Friday
10:00 - 11:15
Wine Room
Moderator
Per-Einar Binder - University
of Bergen, Norway

**Qualitative Explorations of Impasse,
Interruptions, and Formation of the Therapeutic
Alliance**

Discussant: Kirsten Benum - Department of Psychology, University of
Oslo, Oslo, Norway

Collaborating With the Patient in the Struggle Toward
Growth: Skilled Psychotherapists' Experiences of the
Patient in Difficult Therapies Ending Well
Christian Moltu - Helse Førde, Norway, Per-Einar Binder, Brynjulf
Stige

A Human Professional: An Exploration of Adolescent
Patients' Experiences of Possibilities and Challenges in
Psychotherapy Relationships
Per-Einar Binder - University of Bergen, Norway, Helge Holgersen

"Do You Feel I Still Have Issues to Work On?" A Qualitative
Study of How Improvement Is Negotiated in the Process of
Ending Psychotherapy
Marit Råbu - University of Oslo, Oslo, Norway, Hanne Haavind, Per-
Einar Binder

Open Discussion

CE

Psychodynamic
Friday
11:30 - 12:30
Ambassador Room

**Integrative Aspects of Davanloo's Intensive Short-
Term Dynamic Psychotherapy (IS-TDP)**

Linda Smoling Moore - Private Practice, Bethesda, MD, USA
Discussants: John Rathauer and Leslie Greenberg

Open Discussion

CE

Other
Friday
11:30 - 12:30
Consulate Room

**Is Research Relevant to Clinical Work and
Psychotherapy Integration? Lessons Learned by
Leading Clinical Researchers**

Louis Castonguay - Pennsylvania State University, University Park, PA,
USA
Discussants: Marvin Goldfried - SUNY at Stony Brook, Stony Brook,
NY, USA,
Clara Hill, University of Maryland, College Park, MD, USA,
Paul Wachtel, City University of New York, New York, NY, USA

Friday

Open Discussion

CE

Other

Friday

11:30 - 12:30

Delegate Room

**Conference
Workshop**

CE

Alliance

Friday

11:30 - 12:30

Diplomat Room

**Conference
Workshop**

Depression

Friday

11:30 - 12:30

Wine Room

Keynote

CE

Friday

13:45 - 14:45

Moderator

Kenneth Levy - Pennsylvania
State University, University
Park, PA, USA

Panel

CE

Depression

Friday

15:00 - 16:15

Ambassador Room

Moderator

Alberta Pos - York University,
Toronto, ON, Canada

**Treatment Guideline Development of the
American Psychological Association**

Jeffrey Magnavita - Glastonbury, CT, USA

Discussants: Lynn Bufka, Daniel Galper, and Kenneth Levy

**Implications of Twelve-Step Programs for
Psychotherapy**

Mark Schenker - Recovery Options Associates, Lafayette Hill, PA,
USA

**Multitheoretical Psychotherapy for Depression:
Combining Strategies From Evidence-Based
Practice**

Jeff Harris - Texas Woman's University, Denton, TX, USA

**Research and Practice: Building Stronger Bridges
Between Communities of Knowledge Seekers**

Louis Castonguay - Pennsylvania State University, University Park, PA,
USA

**Client and Therapist Factors Influencing Clients'
Engagement in Therapy Processes and Outcome
During Experiential Treatment of Depression**

Early Individual Differences in Therapy Processes and
Outcome for Experiential Therapy for Depression
Alberta Pos - York University, Toronto, ON, Canada, Manolo Escobar

Can Sequences of Therapist Interpersonal Behavior in First
Sessions Predict Early Alliance Formation in Experiential
Treatment of Depression?

Karen Wong - York University, Toronto, ON, Canada, Alberta Pos

Friday

Therapist Influence on Depressed Clients' Therapeutic Experiencing and Outcome
Kristen Adams - York University, Toronto, ON, Canada, Leslie Greenberg

Panel

CE

Training
Friday
15:00 - 16:15
Consulate Room
Moderator
Clara Hill - University of Maryland, College Park, MD, USA

Panel

CE

Practice
Friday
15:00 - 16:15
Delegate Room
Moderator
Marvin Goldfried - Stony Brook University, Stony Brook, NY, USA

Panel

CE

Psychodynamic
Friday
15:00 - 16:15
Diplomat Room
Moderator
Lotte Smith-Hansen - Cambridge Health Alliance,

Research on Helping Skills Training

Teaching Novice Trainees to Use Immediacy
Patricia Spangler - University of Maryland, College Park, MD, USA, C. Hill, M. Dunn, A. Hummel, T. Walden, J. Liu, J. Jackson, H. Ganginis, N. Salahuddin

Teaching Novice Trainees to Use Challenges
Harold Chui - University of Maryland, College Park, MD, USA, C. Hill, A. Hummel, S. Ericson, H. Ganginis, S. Ain, E. Merson

Teaching Novice Trainees to Use Interpretations
John Jackson - University of Maryland, College Park, MD, USA, C. Hill, E. Merson, J. Liu, S. Ericson, M. Wydra

Building a Two-Way Bridge Between Research and Practice: Experiences in Conducting Empirically Supported Treatments

Discussant: Marvin Goldfried - Stony Brook University, USA

Clinical Experiences in Conducting Empirically Supported Treatments for Panic Disorder
Abraham Wolf - MetroHealth Medical Center, Cleveland, OH, USA

Integration of Clinical Experience in Conducting Empirically Supported Treatments: Social Phobia
Andrew McAleavey - Pennsylvania State University, University Park, PA, USA

Clinical Experiences in Conducting Empirically Supported Treatments for Generalized Anxiety Disorder
Lauren Szkodny - Pennsylvania State University, University Park, PA, USA

Psychodynamic Psychotherapy Process Research: Implications for Clinical Practice

Discussant: Kenneth Levy - Pennsylvania State University, USA

An Empirical Study of the Accuracy of Therapist Defense Interpretation and In-Session Change in Patients' Defensive Functioning
J. Christopher Perry - McGill University, Montreal, Quebec, Canada, Jonathan Petraglia, Trevor Olson

Friday

Harvard Medical School,
Cambridge, MA, USA

When Is Transference Work Useful?
Per Høglend - University of Oslo, Oslo, Norway

Psychodynamic Psychotherapy Process Research:
Implications for Clinical Practice
Raymond A. Levy - Massachusetts General Hospital, Cambridge, MA,
USA, Lotte Smith-Hansen

Paper Session

Friday
15:00 - 16:15

Wine Room

Moderator
Catarina Vaz-Velho -
University of Évora, Évora,
Portugal

The Legend of Trust
Claire Nelissen - 'De Studio' Practice for Integrative Psychology,
Haarlem, Netherlands

The Relationship Between Counsellors' Dispositional Hope,
Differentiation of Self, and Epistemic Style
Denis O'Hara - School of Social & Health Sciences, University of
Abertay, Dundee, UK

Thinking About Psychotherapy and the (In)ability to
Regulate Fundamental Psychological Needs
Catarina Vaz-Velho - University of Évora, Évora, Portugal, António
Vasco, Nuno Conceição

Panel

CE

Narrative

Friday
16:30 - 17:45

Ambassador Room

Moderator
Daniel Fishman - Rutgers
University, Piscataway, NJ,
USA

**A Systematic Case Study That Integrates
Theoretical Approaches and Bridges Science,
Practice, and Training: The Case of "Grace," a
Trauma Survivor**

Discussants: Stanley Messer - Rutgers University, Piscataway, NJ,
USA and George Stricker, Argosy University, Washington, DC, USA

The Case of "Grace," a Trauma Survivor, Seen in Integrative
Therapy: The Larger Context
Daniel Fishman - Rutgers University, Piscataway, NJ, USA

Assimilative Integration by Combining Expressive Writing
with an Affect- and Attachment-Focused Therapy in
Treating a Trauma Survivor: The Case of "Grace"
Erica Pass - Institute for Personal Growth Counseling &
Psychotherapy, Highland Park, NJ, USA

Panel

CE

Other

Friday
16:30 - 17:45

Consulate Room

Moderator
Michael Constantino -

**Psychotherapy Expectations and Preferences:
Integrating Theory, Practice, and Research**

Discussant: Diane Arnkoff - The Catholic University of America,
Washington, DC, USA

An Expectancy-Based Approach to Facilitating Corrective
Experiences in Psychotherapy
Michael Constantino - University of Massachusetts, Amherst, MA,
USA, Henny Westra

Friday

University of Massachusetts,
Amherst, MA, USA

Clinician Interventions and Participant Characteristics That Foster Positive Patient Expectations for Psychotherapy and Psychotherapeutic Change
Rebecca Ametrano - University of Massachusetts, Amherst, MA, USA, Michael Constantino

Revisiting Sex Differences in Preferences for an Ideal Psychotherapist

Joan DeGeorge - University of Massachusetts, Amherst, MA, USA, Michael Constantino, Roger Greenberg, Joshua Swift, Lotte Smith-Hansen

Panel



Integration

Friday

16:30 - 17:45

Delegate Room

Moderator

Paul Wachtel - City University of New York, New York, NY USA

Working From the Outside In: Integrating Principles, Tactics, and Techniques from Outside One's Home Orientation: Part I

How I Went From an Evidence Based Behavior Therapist to a Psychotherapy Integrationist in the 1970's

Elliot Seligman - Private Practice, New York, NY, USA

En Route to Integration

Jesse Geller - Yale University Psychiatry, New Haven, CT, USA

Integrating Other Approaches Into Experiential Emotion Focused Approaches to Psychotherapy

Jeanne Watson - University of Toronto, Toronto, ON, Canada

Paper Session

Friday

16:30 - 17:45

Diplomat Room

Ester Danelová - Masaryk University, Brno, Czech Republic

The Training in Psychotherapy Integration (TPI) From the View of the Trainees Before the Start of the Training

Romana Plchova - Masaryk University, Brno, Czech Republic

Supervising Psychotherapy: An Interdisciplinary Approach

Tania Zohn-Muldoon - Iteso University, Guadalajara, Mexico

Integrating Psychotherapy Approaches in Practice: The Case of Training in Psychotherapy Integration Trainers

Ester Danelová - Masaryk University, Brno, Czech Republic, Tomáš Hálek

Paper Session

Friday

16:30 - 17:45

Wine Room

Moderator

María del Carmen Salgueiro - Fundación Aigle, Buenos Aires, Argentina

The Trend Towards Integration Among Psychotherapy Trainees: Attribution of Common Versus Specific Factors in Prototypical Case Studies

Luis Botella - Ramon Llull University, Barcelona, Spain, Joana Maestra

Friday

If You Want to Get Ahead, Get a Sequence of General Strategies: Research on Integrative Decision Making in Real-World Psychotherapy
Nuno Conceição - Lisbon, Portugal, Antonio Vasco, Catarina Vaz-Velho

Psychotherapy and Psychopharmacology: An Integrative Approach
María del Carmen Salgueiro - Fundación Aigle, Buenos Aires, Argentina, Beatriz Gómez

Awards Ceremony



Friday
18:00 - 19:00

Client Emotion in Cognitive-Behavioral and Interpersonal/Emotional Processing Therapy for Generalized Anxiety Disorder
James Boswell - Pennsylvania State University, University Park, PA, USA

How to Train Therapists in Developing Individualized Case Conceptualizations When There Is No "Right" View of a Patient
Thomas Berger - University of Bern, Bern, Switzerland, Franz Caspar

Cognitive Behavioral and Integrative Treatment of Abused Children: Examining Cognitive and Emotional Processes and Developmental Considerations
Sarah Krueger - Catholic University of America, Washington, DC, USA

Saturday

Plenary

CE

Saturday

8:30 - 10:00

Moderator

Kenneth Levy - Pennsylvania State University, University Park, PA, USA

The Nature of Evidence: How to Achieve Science-Practice Integration

Discussant: Joel Weinberger - Adelphi University, USA

Adversarial Collaboration Is a Must If We Hope to Identify Practical Truths About the Effects of Psychotherapies
Robert DeRubeis - University of Pennsylvania, Philadelphia, PA, USA

"ESTs": Problematic Assumptions in the Pursuit of Evidence-Based Practice

Paul Wachtel - City University of New York, New York, NY, USA

The Larger Context of the EST Movement

Paul Critts-Christoph - University of Pennsylvania, Philadelphia, PA, USA

What Constitutes "Evidence" in Evidence-Based Practice?
Marvin Goldfried - SUNY at Stony Brook, Stony Brook, NY, USA

Panel

CE

Development

Saturday

10:15 - 11:30

Ambassador Room

Moderator

Michael Basseches - Suffolk University, Boston, MA, USA

Researcher-Therapist Dialogue: What a Developmental Analysis of the Psychotherapy Process Adds to a Case Study of Emotion-Focused Therapy

Discussants: Leslie Greenberg, York University, Toronto, ON, Canada, and Shana Dangelo-Perrucci, MCI-Framingham, USA

A Developmental Analysis of Psychotherapy Process in a Successful Case of Emotion-Focused Therapy
Michael Basseches - Suffolk University, Boston, MA, USA, Shana Dangelo-Perrucci

Change in the Case of Lisa: The Therapist's View
Rhonda Goldman - Argosy University, USA

Panel

CE

Integration

Saturday

10:15 - 11:30

Consulate Room

Moderator

Carol Glass - Catholic University of America, Washington, DC, USA

Advances in Integrative Psychotherapy Approaches for Children and Adolescents

Integrative Psychotherapy Approaches for Children: A Practice-Oriented Literature Review and Overview of Trauma-Focused Integrative Play Therapy
Sarah Krueger - Catholic University of America, Washington, DC, USA, Carol Glass

Parent Consultations About Young Children: An Integrative Approach
Ellen Wachtel - Private Practice, New York, NY, USA

Saturday

Integrative Therapy With Children and Adolescents: Then and Now

Mary FitzPatrick - Payne Whitney Psychiatric Clinic, New York, NY, USA

Panel

CE

Integration

Saturday

10:15 - 11:30

Delegate Room

Moderator

Franz Caspar - University of Bern, Bern, Switzerland

Working From the Outside In: Integrating Principles, Tactics, and Techniques from Outside One's Home Orientation: Part II

Crossing the Theoretical Line: Non-Analytic Activity in Analytic Psychotherapy

Charles Gelso - University of Maryland, College Park, MD, USA

Emotion-Focused Chair-Work with Clients with Borderline Personality Disorder: Scaffolding Safety and Effectiveness with Psychodynamic, DBT, and Systems Theory

Alberta Pos - York University, Toronto, ON, Canada

Psychoanalysis and CBT: Compatibilities in Practice

Jill Bresler - New York, NY, USA

Panel

CE

Narrative

Saturday

10:15 - 11:30

Diplomat Room

Moderator

Daniel Fishman - Rutgers University, Piscataway, NJ, USA

Using Case Studies to Develop Theory: Examples in Assimilation Processes, the Therapeutic Alliance, and Interpersonal Defenses

Discussant: Daniel Fishman - Rutgers University, Piscataway, NJ, USA

Building Assimilation Theory: Reflections from Case Studies of Generalized Anxiety Disorder

Michael Gray - Liberty Behavioral Healthcare/Indiana Department of Corrections, New Castle, IN, USA, William Stiles

Using Case Study Material to Demonstrate and Refine the Relational Approach to the Therapeutic Relationship

Stanley Messer - Rutgers University, Piscataway, NJ, USA

Developing and Validating Interpersonal Defense Theory Through Multiple Theory-Building Case Studies

Michael Westerman - New York University, New York, NY, USA

Saturday

Panel

Integration

Saturday

10:15 - 11:30

Wine Room

Moderator

António Vasco - Universidade de Lisboa, Lisbon, Portugal

Emotional Processing, Human Needs, and Alexithymia: Facilitation and Hindering of Well Being and Therapeutic Progression

Discussant: António Vasco - Universidade de Lisboa, Lisbon, Portugal

Impact of Patients' Emotional Processes in Therapy Outcomes Based on an Integrative Model

Filipa Machado Vaz - Universidade de Lisboa, Lisbon, Portugal, António Vasco, J. Machado Vaz

Needs Necessarily Needed: A Guide for Clinical Decision Making

João Nuno Faria - Universidade de Lisboa, Lisbon, Portugal, António Vasco

Alexithymia and Psychotherapy: If I Don't Know How I Feel How Can I Know What I Need?

Ana Nunes da Silva - Universidade de Lisboa, Lisbon, Portugal, António Vasco, Jeanne Watson

Keynote

CE

Saturday

12:45 - 13:45

Moderator

Kenneth Levy - Pennsylvania State University, University Park, PA, USA

From RCTs to Comparative Effectiveness Studies

The Importance of Data Across Multiple Sources

Ann Doucette - The George Washington University Medical Center/The Evaluators' Institute, Washington, DC, USA

Paper Session

Saturday

14:00 - 15:15

Ambassador Room

Moderator

Jacqueline Carleton - Association for Body Psychotherapy Journal, New York, NY, USA

Approaches to Psychotherapy Integration in Treating Complex Posttraumatic Stress Disorder

Sally Nazari - Argosy University, Washington, DC, USA, Alysia Powell

Multimodal Psychotherapy for Immigrant Survivors of Torture and Trauma

Joshua Semiatin - University of Maryland, Baltimore County, Baltimore, MD, USA, Sally Nazari

Treatment of Attachment Trauma with EMDR and SE

Dawn Canfora - Association for Body Psychotherapy Journal, New York, NY, USA, Jacqueline Carleton

Saturday

Panel

Narrative
Saturday
14:00 - 15:15
Consulate Room
Moderator
Luis Botella - Ramon Llull
University, Barcelona, Spain

**Psychotherapy Integration and Psychotherapy
Research: Consilience and Cross-Fertilization**

Discussants: Luis Botella - Ramon Llull University, Barcelona, Spain
and Berta Vall, Ramon Llull University, Barcelona, Spain

The Trend Towards Integration Among Psychotherapy
Trainees: Attribution of Common vs. Specific Factors in
Prototypical Case Studies

Luis Botella - Ramon Llull University, Barcelona, Spain, Joana
Maestra

Towards a Phenomenological Understanding of Meaning-
Making Processes in Psychotherapy: Applicability of a
Narrative Assessment Grid to Client Generated Narratives
Berta Vall - Ramon Llull University, Barcelona, Spain, Luis Botella

Cognitive Complexity and Case Formulation in
Psychotherapy Experts Versus Novices: Implications for
Psychotherapy Integration

Silvia Urbano - Ramon Llull University, Barcelona, Spain, Luis Botella,
Josep Gallifa

Panel

CE
Neuroscience
Saturday
14:00 - 15:15
Delegate Room
Moderator
Timothy Strauman - Duke
University, Durham, NC, USA

**Change and the Client's Brain: Neuroscience and
Psychotherapy**

Discussant: Timothy Strauman - Duke University, Durham, NC, USA

Can Basic Neuroscience Research Tell Us Anything About
Psychotherapy?

Joseph Beene - Pennsylvania State University, University Park, PA,
USA

Neuroimaging and Mechanisms of Action in Psychotherapy
Andrew Gerber - Columbia University, New York, NY, USA

Changes in Brain Function Following Cognitive Therapy and
Social Skills Training: Toward Understanding Mechanisms
Kari Eddington - University of North Carolina Greensboro, Greensboro,
NC, USA

Panel **CE**

Practice
Saturday
14:00 - 15:15
Diplomat Room
Moderator
Kenneth Levy - Pennsylvania
State University, University
Park, PA, USA

**Innovative Methods for Closing the Science-
Practice Gap: Part II**

Dynamic Patterns and Attractors in Clinical Practice: Using
Dynamic Systems Theory to Facilitate Quantitatively
Rigorous Idiographic Assessment and Intervention
Aron Fisher - Pennsylvania State University, University Park, PA,
USA, Michelle Newman, Peter Molenaar

Saturday

The Augmentation Paradigm for Psychotherapy Integration
James Hansell - University of Michigan, Ann Arbor, MI, USA, Michael Dolson, Victoria Harley, Nidaa Kazi, Abby Ballin, Keltia Franke, Jennifer Kraft, Helen Wu, Tae Yean Kim

The Importance of Meta-Analysis for Closing the Science-Practice Gap
William Gottdiener - John Jay College of Criminal Justice, New York, NY, USA

Paper Session

Saturday

14:00 - 15:15

Wine Room

Moderator

Julie Bindeman -
Private Practice, Rockville,
MD, USA

The Views We Have Are Just as Valuable as Other Perspectives: Service Users' Experiences of Doing Collaborative Research

Christian Moltu - Psykiatrisk klinikk, Helse Førde, Norway, Jon Stefansen, Marit Svisdahl, Marius Veseth

The Effects of Integrating Mindfulness in Cultural Sensitivity Training on the Development of Sociocultural Empathy

Patrice Alvarado - Argosy University, Washington, DC, USA, Edward Shearin, James Sexton

The Effects of Self-Disclosure in Two Cases
Julie Bindeman - Private Practice, Rockville, MD, USA

Open Discussion

Therapist

Saturday

15:30 - 16:30

Consulate Room

Clinicians as Researchers

Kevin Meehan - Long Island University, Brooklyn, NY, USA
Raymond Levy, Abraham Wolf, and Nate Thoma

Open Discussion

CE

Other

Saturday

15:30 - 16:30

Diplomat Room

How Can SEPI Help Build a Bridge Between Clinical Research and Therapeutic Practice?

Barry Wolfe - Center for Training in Psychotherapy Integration, Rockville, MD, USA

Saturday

Panel

Other
Saturday
15:30 - 16:30
Wine Room
Moderator
Andre Marquis - University of
Rochester, Rochester, NY,
USA

Integral Psychotherapy in Process: A Systematic Study of the Application of Integral Theory Principles to the Exploration of Psychotherapy Integration

Blocked Speech, Blocked Body, Blocked Thought: The Contributions of Integral Theory to the Psychodynamic Treatment of a Patient with Somatization Disorders and PTSD Related to Childhood and Adulthood Trauma
Janet Lewis - University of Rochester, Rochester, NY, USA

The Influence of Integral Theory on the Cognitive-Behaviorally Oriented Psychotherapy of a Patient with Bulimia Nervosa, Major Depressive Disorder, and Generalized Anxiety Disorder

Sarah Hubbard - Center for Eating Disorders, Sheppard Pratt Health System, Baltimore, MD, USA

Ever Open to What Works for the Patient: A Case Study of Comprehensive Treatment That Included Integrally-Informed Cognitive-Behavioral Therapy, a Developmental Test of Faith, Pharmacotherapy, and Brain Stimulation
E. Baron Short - Medical University of South Carolina, Charleston, SC, USA

Conference Workshop

Child
Saturday
15:30 - 17:30
Ambassador Room

CE

Emotion: An Integrative Framework for Child Psychotherapy

Kenneth Barish - Westchester Center, Rye, NY, USA

Conference Workshop

Integration
Saturday
15:30 - 17:30
Delegate Room

CE

Three Approaches: What Can Be Integrated in an Integrative Approach?: Part I

Leslie Greenberg - York University, Toronto, ON, Canada
Paul Wachtel, Giao Tran, Carol Glass

Saturday

Panel

CE

Alliance

Saturday

16:30 - 17:45

Consulate Room

Moderator

Kenneth Levy - Pennsylvania State University, University Park, PA, USA

Paper Session

Saturday

16:30 - 17:45

Diplomat Room

Moderator

Tahir Özakkas - Psikoterapi Enstitüsü, Darıca/Kocaeli, Turkey

Paper Session

Saturday

16:30 - 17:45

Wine Room

Moderator

Isabel Sá - University of Lisbon, Lisbon, Portugal

Getting Specific About Common Factors: Status of the Therapeutic Alliance

Discussant: Stanley Mèsser - Rutgers University, New Brunswick, NJ, USA

Working Alliance as a Predictor of Dropout and Outcome in the Treatment of Borderline Personality Disorder

Rachel Wasserman - Pennsylvania State University, University Park, PA, USA, Kenneth Levy, John Clarkin, Otto Kernberg

The Preliminary Efficacy of an Integrative Psychotherapy Workshop in Alliance Strategies

Lotte Smith-Hansen - Cambridge Health Alliance, Cambridge, MA, USA, Michael Constantino, Alessandro Piselli, Anna Remen

Gender Differences in the Role Played by the Therapeutic Relationship

Franz Caspar - University of Bern, Bern, Switzerland, Isabelle Schmutz, Thomas Berger

A Comparison of Emotional and Cognitive Change Mechanisms for Shame

Genevieve Vrana - York University, Toronto, ON, Canada, Leslie Greenberg

Type of Motivation Predicts Retention in Therapy

Björn Phillips - Center for Dependency Disorders, Stockholm, Sweden, Peter Wennberg

Hucum ("Attack") Therapy

Tahir Özakkas - Psikoterapi Enstitüsü, Darıca/Kocaeli, Turkey

Patients' Internalization of Their Therapists: Associations With Alliance and Outcome in Psychodynamic, Cognitive Behavioral, and Eclectic Forms of Therapy

Lauren Becker - Yeshiva University, Bronx, NY, USA, Martin Ro

Defense, Schema Compensation, and Experiential Avoidance: Integrating Psychodynamic, Cognitive, and Third-Wave Behavioral Perspectives on Emotion in Psychotherapy

Stephen Holland - Capital Institute for Cognitive Therapy, Washington, DC, USA

Put Your Fears on Your PDA: Self-Monitoring Using New Technologies

Isabel Sá - University of Lisbon, Lisbon, Portugal, João Faria, Luísa Carriço, Marco Sá

Saturday

Poster Session
Saturday
18:00 - 19:00

1 - Patient/Counselor Matching in Relation to Alliance and Short-Term Outcome in Community-Based Substance Abuse Treatment Programs

Jessica Hamilton - University of Pennsylvania, Philadelphia, PA, USA, Sarah Ring-Kurtz, Robert Gallop, Bridget McClure, Agatha Kulaga, John Rotrosen, Paul Crits-Christoph

2 - A Meta-Analysis of the Relation Between Patient Attachment and Therapeutic Alliance

Samantha Bernecker - Pennsylvania State University, University Park, PA, USA, William Ellison, Kenneth Levy

3 - Predictors of Treatment Engagement in a Community Mental Health Center

Laura Heintz - University of Pennsylvania, Philadelphia, PA, USA, Marna Barrett, Mary Beth Connolly Gibbons, Kelli Scott, Lindsay Schauble, Sarah Thompson, Paul Crits-Christoph

4 - Racial Differences in Psychotherapy Utilization in the Community Mental Health System

Kelli Scott - University of Pennsylvania, Philadelphia, PA, USA, Mary Beth Connolly Gibbons, Lindsay Schauble, Sarah Thompson, Jessica Hamilton, Laura Heintz, Paul Crits-Christoph

5 - Changes in CCRT Patterns Over the Course of Cognitive and Interpersonal Therapies

Sarah Thompson - University of Pennsylvania, Philadelphia, PA, USA, Mary Beth Connolly Gibbons, Lindsay Schauble, Kelli Scott, Laura Heintz, Jessica Hamilton, Paul Crits-Christoph

6 - Client Microprocesses Measurement and Interaction: The Relationship Between Client Reflexivity, Client Affect, and the Client's Bond With the Therapist

Danielle Katz - York University, Toronto, ON, Canada, Carol Cavaliere, Kimbely Mercer-Lynn, John Eastwood, Peter Gaskovski

7 - Common Factors in ESTs for Major Depressive Disorder

James Hansell - University of Michigan, Ann Arbor, MI, USA, Helen Wu, Jenna Kraft, Keltia Franke, Abby Ballin, Nidaa Kazi, Victoria Harley, Michael Dolson

8 - Reasons for Termination in Psychotherapy of Borderline Personality Disorder

J. Wesley Scala - Pennsylvania State University, University Park, PA, USA, Kenneth Levy, Laura Moser, John Clarkin

Saturday

9 - An Examination of Racial Differences in the Attitudes and Expectations Towards Treatments for Depression in the Community Mental Health System

Lindsay Schauble - University of Pennsylvania, Philadelphia, PA
Mary Beth Connolly Gibbons, Sarah Ring-Kurtz, Sarah Thompson, Kelli Scott, Jessica Hamilton, Laura Heintz, Paul Crits-Christoph

10 - A Pilot Randomized Trial of a Community-Friendly E-Dynamic Psychotherapy Versus Treatment-As-Usual in the Treatment of Depression in the Community Mental Health System

Mary Beth Connolly Gibbons - University of Pennsylvania, Philadelphia, PA, USA, Kelli Scott, Lindsay Schauble, Sarah Thompson, Jessica Hamilton, Laura Heintz, Paul Crits-Christoph

11 - Therapists' Techniques in Psychoanalysis, Short and Long-Term Psychodynamic Psychotherapy: Are They Different?

Carolina Seybert - University Ulm, Ulm, Germany, Mattias Desmet, Ingrid Erhardt, Susanne Hoerz, Wolfgang Mertens, Stuart Ablon, Raymond Levy, Horst Kächele

Sunday

**Conference
Workshop** **CE**
Interpersonal
Sunday
8:15 - 9:45
Ambassador Room

**Conference
Workshop** **CE**
Integration
Sunday
8:15 - 9:45
Consulate Room

**Conference
Workshop** **CE**
Integration
Sunday
8:15 - 9:45
Delegate Room

**Conference
Workshop** **CE**
Integration
Sunday
8:15 - 9:45
Diplomat Room

Open Discussion
CE
Integration
Sunday
8:15 - 9:45
Wine Room

**Reconceptualizing Therapeutic Relationship
Processes and Their Role in Outcome: The Theory
of Interpersonal Defense as a Guide for Treatment**
Michael Westerman - New York University, New York, NY, USA

New Contemporary Gestalt Therapy Films
Robert Resnick - Gestalt Associates Training, Los Angeles, CA, USA

**Three Approaches: What Can Be Integrated in an
Integrative Approach?: Part II**
Leslie Greenberg - York University, Toronto, ON, Canada
Paul Wachtel, Giao Tran, Carol Glass

**Integrating Empirically-Supported Cognitive
Behavioral Treatments with Clinically Informed
Psychodynamic Perspectives**
Stephen Holland - Capital Institute for Cognitive Therapy,
Washington, DC, USA

Strategies for Engaging the Patient/Client
Sherwood Waldron - NY Psychoanalytic Society & Institute, New
York, NY, USA

Sunday

Panel

CE

Other
Sunday

10:00 - 11:15

Ambassador Room

Moderator

Marc Diener - Argosy
University, Washington, DC,
USA

Panel

CE

Integration

Sunday

10:00 - 11:15

Consulate Room

Moderator

Michael Basseches - Suffolk
University, Boston, MA, USA

Paper Session

Sunday

10:00 - 11:15

Delegate Room

Moderator

Kenneth Barish -
Westchester Center for the
Study of Psychoanalysis and
Psychotherapy, Rye, NY, USA

**Innovative Uses of Meta-Analysis for Bridging the
Science-Practice Gap**

Discussant: William Gottdiener - John Jay College of Criminal
Justice, New York, NY, USA

A Meta-Analytic Review of Psychotherapy Dropout Rates
Adult Individual Psychotherapy

Marc Diener - Argosy University, Washington, DC, USA, Jennie Sh,
Louis Primavera

Do Anger Management Treatments Help Angry Adults?:
Meta-Analytic Answer

Grazyna Kusmierska - John Jay College of Criminal Justice, New
York, NY, USA

The Outcome of Psychotherapy for Borderline Personality
Disorder: A Meta-Analysis

William Ellison - Pennsylvania State University, University Park,
USA, Kenneth Levy

**The Importance of Single Case Analyses for
Psychotherapy Integration**

Discussant: María del Carmen Salgueiro - Fundación AIGLE, Bue
Aires, Argentina and Beatriz Gómez, Fundación AIGLE, Buenos Air
Argentina

Single Case Analysis: One Parallelism With Neurology and
Neuropsychology

Angela Brandão - Hospital Cuf Infante Santo, Lisbon, Portugal

Rigorous Observation and Developmental Formulation:
What Do They Mean for Psychotherapy Research?

Michael Basseches - Suffolk University, Boston, MA, USA

Case Study Method Within Peterson's "Disciplined Inqu
Model of Best Practice: Developing a New "Common
Factor" for Integrating Therapy Theories

Daniel Fishman - Rutgers University, Piscataway, NJ, USA

Understanding Pathways to Therapeutic Change Throu
Changes in Representation of Self and Significant Other
the Treatment of Adolescents and Young Adults

Ilan Harpaz-Rotem - Yale University School of Medicine, New Ha
CT, USA, Sidney Blatt

The Therapeutic Alliance in Child Psychotherapy: Paren
Child, Adolescent, and Therapist Perspectives

Isabel Sá - University of Lisbon, Lisbon, Portugal, João Faria

Sunday

Helping Parents Help Their Children: An Integrative Framework

Kenneth Barish - Westchester Center for the Study of Psychoanalysis and Psychotherapy, Rye, NY, USA

An Alternative Approach to Psychotherapy With Dependent Patents: The Relationship Profile Test

Deborah Heiser - New York, NY, USA, Robert F. Bornstein, Laura Traynor

A Clinical Case of an Avoidant Attachment

Doris Silverman - USA

Transference and Countertransference Pitfalls Specific to Different Therapy Approaches

Lisa Cross - Yale University, New Haven, CT, USA

Walking a Middle Path Toward Sustainable, Evidence Informed Integrative Psychotherapy

Discussants: Gilbert Greene - Ohio State University, Columbus, OH, USA and Mo Yee Lee, Ohio State University, Columbus, OH, USA

Adherence and Flexibility, Adoption and De-Adoption of Integrative Evidence Based Models With High Risk Youth and Families

Gilbert Greene - Ohio State University, Columbus, OH, USA, David Grove, Kathy Raffel, Cynthia Valdez Dougherty

Developing and Disseminating a Moderated Common Factor Model

J. Scott Fraser - Wright State University, Dayton, OH, USA, Andrew Solovey

Results of Studying a Moderated Common Factors Protocol in Clinical Practice Settings

Mo Yee Lee - Ohio State University, Columbus, OH, USA

Next Steps for Integrating Science and Practice: A Discussion

George Stricker, Barry Wolfe, Alberta Pos, Stanley Messer, Michael Lambert, Shelley McMain

Paper Session

Sunday

10:00 - 11:15

Diplomat Room

Moderator

Lisa Cross - Yale University, New Haven, CT, USA

Panel

CE

Family

Sunday

10:00 - 11:15

Wine Room

Moderator

J. Scott Fraser - Wright State University, Dayton, OH, USA

Plenary

Sunday

11:30 - 13:00

Moderator

Kenneth Levy - Pennsylvania State University, University Park, PA, USA

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