

## SEPI Survey on Research

For *The Integrative Therapist* Newsletter, Vol. 4, Issue 1, 2018

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Importance of emotion processing

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

Work of Jaak Panksepp, Damasio, Ablon

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

better definition of required outcome measures and impact of specific interventions process

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

(Respondent skipped this question)

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Alan Eppel 1978

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Trauma (somatic, EMDR, van der Kolk et al)

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

ditto

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

What actually helps in real-world psychotherapy. I find most clinical research misleading at best.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

n/a

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Vivian Dent, PhD 1990

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

The recent research that's coming to light on gut health and it's connection to mental health.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

As above - gut health connection to mental health. I think therapists might need to work more holistically with the body.

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

I would personally like to see more research done on erotic countertransference and transference.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

I'm not a researcher.

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

(Respondent skipped this question)

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Walfish et al. on the Lake Wobegon Effect

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

CBT and the effectiveness/efficacy/efficiency of directive short term therapies and confrontation strategies

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

Interactive competencies ("tuning-in- competencies")of "good therapists" and their specific knowledge of patients narratives of their life conditions and environments

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

(Respondent skipped this question)

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Lothar Wittmann 1975

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Research on the therapeutic alliance

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

Research on the value of insight and the role of emotion

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

The value of psychotherapy integration

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

mixed method: qualitative and quantitative single case studies

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

1968

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Generally all of them. Psychotherapy Integration and professional practice require broad, lifetime education in the fields relevant to practice. Reading just Psychotherapy Research is unnecessarily blinkering oneself.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

See above

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

Questions that apply to real world changes in delivery of treatment across technology and systems

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

See above

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

J. Tyler Carpenter, PhD (1986)

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

adapting instruments

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

Combination of different therapies lead significant result

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

The effectiveness of new methods on the results psychological treatments.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

Combination of EMDR & CBT

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

2007

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

New data on the role of inflammation in psychiatric disorders.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

The importance of the therapeutic dyad/alliance in successful therapeutic outcomes.

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

The role of inflammation in mental illness.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

N/A

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Mary Anne Beltzman, ACSW 1983

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

There are many: 1. Psychotherapy is effective 2. All treatments intended to be therapeutic are about equally effective 3. Relationship factors provide the power of various treatments 4. Cogent tx is necessary

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

1. Therapists do not improve with experience 2. Therapists need to practice to improve

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

Characteristics and actions of effective therapists

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

Research on how to improve outcomes

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Bruce Wampold, 1981

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

none

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

research reported by Gendlin and which led him to develop Focusing, about the specific ability found in patients who improved through psychotherapy versus those who did not

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

relational context and training environments which REALLY help future psychotherapists develop their capacity of understanding patients. How training curricula where affective support, freedom, recognition of own personal internal guidance are top priority can make a difference in helping students become a good psychotherapist. Of course this kind of environment should first be created.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

abandon standards, measurement and efficiency focus. Work on how criteria for creating a good therapeutic relationship can be further developed through experience. There is such a gap between what is preached and what therapists really manage to do, because training is so missing in helping them connect and stay connected to their feelings. Many apply criteria without really understanding anything of what is happening in the human relationship, even if they are formally very efficient. Research should help psychotherapy become more human and avoid all those pressures from medicine, economic sectors etc. which bring focus on aspects that de-humanise the relationship

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

(Respondent skipped this question)

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

my own research on depersonalisation as an attachment defence related to cortisol release and timing of dissociation in sessions

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

attachment theory and integration of common themes across treatment approaches

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

Intergration of malan's triangles in a study of therapists and clients and outcomes in a moment to moment and more generalised sense

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

right now applying to specific clinical populations an attachment and defence and help seeking analysis/model of client needs and mechanisms of action which are cognisant of neglect and trauma in the current manifestation of a client's presentation

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

graduated clinical psychology 1997 name: Jonathan Egan

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

The research on neuro-psycho-biological treatments for Depression, ADHD, etc such as Neurofeedback, Chronotherapy, (widely used in Western Europe), with quicker and more permanent good results in the treatment of depression etc.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

I love attending the Evolution of Psychotherapy conferences. The richness and diversity of thought is very helpful.

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

How to combine the "common factors": of therapy with a very good knowledge of the "architecture" of a particular presenting problem (in the context of the persons temperament, learning style, culture, etc)

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

How to help clinicians truly practice in a trauma informed way (VS just paying lip service).

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Dr. Daria Shewchuk, Registered Psychologist Masters in 1987, PhD in 2001

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

RCTs suggesting no difference among major (and other) BPD treatments; findings of allegiance effects among psychotherapy trials; DBT and BA component trials showing efficacy for subsets of Tx programs

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

therapist effects research (e.g., Castonguay & Hill book) finding humility as major factor in therapist effectiveness; literature showing stability or decrease in effectiveness of therapists over time

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

efficacy of psychotherapy integration via flexible use of principles from range of orientations; evidence for affect avoidance model (Smith, 2017)

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

more effectiveness research (e.g., PRNs); further testing of generalist treatments (e.g., GPM for BPD) rather than shoring up of package treatments (e.g., DBT)

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Benjamin N. Johnson; 2020 expected (PhD)

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

None, that I can think of right now, tho probably some have seeped into my mind. Ones that might have made a difference (e.g. about patients for whom transference interpretations make things worse) were already known to me from my own personal experience.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

Research/writing about behavioral techniques that work have added to my initial repertoire of psychodynamic tools.

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

Whether twice/week for 6 months is better than once/week for one year.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

NA



**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

MD psychiatrist, psychoanalyst, graduated from residency in 1976.

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

It hasn't generally been research findings that have made me reconsider my ideas regarding psychotherapy practice.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

The findings about the importance of obtaining regular feedback from clients have been influential.

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

What are the most effective therapies for people with intellectual disabilities that have suffered trauma?

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

Not a researcher.

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

1988

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

That the therapeutic relationship has more influence than the therapist's orientation

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

DBT research which proves that an individual can stabilize behaviour and sense of self in phase 1 before dealing with trauma in phase 2, to allow recovery from bpd

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

The lived experience of long term therapy from the clients point of view.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

Reflective practice and the need to practice self care to prevent burn out .. hopefully to adequate funded supervision

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

(Respondent skipped this question)

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Common factors model research and recent head to head outcome studies

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

See above

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

Matching patient and therapist variables and outcome

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

Publish in the monitor

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Harold Pass 1974

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Research on the importance of the therapeutic alliance and on the fact that some therapists are better than others. Both of these have had an impact on psychotherapy and more research on these variable should be done.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

None that I know of.

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

Much more research on the emotional intelligence of therapists is needed.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

The different metatheoretical languages of research and clinical practice needs integration.

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Zoltan Gross, Ph.D. 1952

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

The results on patient feedback in therapy and the researches that have shown how in clinical practice the therapists use the techniques of different theoretical orientations

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

Results of research on patient feedback on outcome and therapeutic relationship and risk of rupture

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

research on the patient's preferences and the choice of therapeutic techniques and those on the therapist's style

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

develop a network between clinicians interested in research and understand the needs of clinicians in relation to research

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Angelo Compare, 20 years of graduation

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Supershrink Master Therapists

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

As above

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

What do therapists decide what to do in the therapy room

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

Keep analysis simple

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

(Respondent skipped this question)

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Findings regarding the unreliability of clinical judgment helped me understand the importance of routine outcome monitoring.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

Norcross book on evidence-based factors in the client-clinician relationship shaped my way of practicing, by re-directing my attention to significant relationship-related markers.

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

How would psychotherapy outcomes be affected by a large-scale implementation of routine outcome monitoring and feedback.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

In order to narrow the research-practice gap, psychotherapy research should focus on underlying process, factors, and mechanisms of change that can provide valuable information across the spectrum of theoretical orientations.

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Anonymous.

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

My career has been dedicated to understanding the unconscious studying the creative process as a scientific conflict resolution phenomenon. I identified it as an energetic transformation following the physics of the pendulum oscillation, and as an equilibrational phenomenon following formal operations and leading to four alternative personality types as wellness diagnoses. Science is shown to account for Freud's structural model and the notions of transference but as innate relational modalities.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

I developed a psychological self-assessment battery that measures the unconscious using a personality inventory and a set of creativity tasks that help the person become conscious of the unconscious as an emotional education program. The assessment is delivered online and is didactic, diagnostic and therapeutic.

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

The self-assessment is available online. A segment of it is free and it provides the basic insight on one's wellness personality type and its manifestation through a creativity task as a sample conflict resolution. This brief assessment is the beginning of a concise program of emotional education. It is also useful for evaluating a person prior to an intake. I would love to see fellow professionals collaborating in its validating behavior as a science of conflict resolution.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

The priority is validating that behavior is a science; that it is the Science of Conflict Resolutional Science, tantamount to making behavior into the Moral Science. I like validations that we can evolve diagnostic categories of wellness that also account for pathology; that we can understand morality as a psychological phenomenon and that we can integrate religions as partial and complementary discoveries of the Science of Conflict Resolution. Psychology needs to understand motivation driven by the need to reduce psychic tension, or conflict tension. We need to understand morality as the key driving force of the unconscious mind.

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Albert Levis, MD Graduated from University of Zurich in 1963.

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

- the power/curative value of therapeutic relationship is way more than I originally thought (and was taught) - the Dodo bird verdict is now compelling with a few exceptions and has made me question the utility of different txs for different disorders based on diagnosis

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

- Psychotherapy Relationships That Work - honoring patient preferences in therapy (at least initially) tailoring treatment to patient's transdiagnostic characteristics (rarely to diagnosis)

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

(Respondent skipped this question)

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

(Respondent skipped this question)

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

(Respondent skipped this question)

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Findings from Psychotherapy Process Q Sort and Defensive Functioning Scale.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

None come to mind because it is so individualized

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

Does length and frequency of sessions make a difference in outcome?

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

We need to encourage research by individuals whose primary identity is clinician.

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

MD 1958, verifies in psychoanalysis 1971.

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Trauma

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

Trauma and attachment

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

How texting influences the therapeutic relationship

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

Better dissemination and more case studies with outcomes

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Judith C. Baer, Ph.D. 1996

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Neuroscience

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

Trauma epigenetics

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

Redesign the Ace or study the Human Animal Bond /Veterinary Social Work

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

Encourage social workers to do more research

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Findings from studies in which patients with repaired ruptures had better outcomes than patients with no ruptures at all--this points to the possibility that ruptures can be important opportunities that should be embraced rather than avoided. As someone who is generally conflict-averse, I find this idea challenging, a little scary, and exciting.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

The lack of strong evidence of a clear advantage of experienced therapists over novices suggests that I can't just sit back and assume that I will get better over time. The nascent findings about deliberate practice point to the possibility that getting better requires thoughtful attention and sustained and focused effort.

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

I have 2: When to lead (and push and challenge and direct) vs follow (and listen and validate and support) in therapy (and I realize that those are not mutually exclusive), and what kinds of therapists are the best match for what kinds of patients (to help me match myself with the people I am most likely and able to help).

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

More collaboration between researchers and full-time practitioners, and the infrastructures and incentives necessary to facilitate such collaboration.

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

Catherine Eubanks, PhD in 2008

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

None recently

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**



I see the focus on individuals as if their family dynamics make no difference as highly problematic as well as invalidating to patients who are told they have impaired "distress tolerance highly illogical and counterproductive.

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

The effects of kin selection, self sacrifice, culture, intergenerational transmission of dysfunctional patterns, shared intrapsychic conflicts in families, individuation and groundlessness.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

No longer a researcher but kin group process needs to be brought back into the mix.

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

David M. Allen, MD - finished my psychiatry residency in 1977.

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

The 'Dodo verdict'.

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

[onlinelibrary.wiley.com/doi/10.1002/jclp.20583/full](https://onlinelibrary.wiley.com/doi/10.1002/jclp.20583/full)

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

How to improve interpersonal capacities in therapists.

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

Long-term studies on therapist development.

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

(Respondent skipped this question)

---

**Q1 What research findings, if any, have made you rethink or significantly reconsider previous ideas you held on psychotherapy practice?**

Paul Wachtel's integrative work

**Q2 What research findings have most influenced your thinking on how to improve as a therapist?**

(Respondent skipped this question)

**Q3 What researchable question on psychotherapy would you most like to see addressed (or be addressed more thoroughly)?**

Long term outcome studies (on the order of years)

**Q4 If you are a researcher, what is your top priority or suggestion in order to make the research field more relevant for real-world clinical practice?**

Sampling actual (and diagnostically complicated) patients

**Q5 Please identify yourself and year of graduation (unless you wish to remain anonymous).**

ph.d. 1985