37th Annual Meeting
Online/Virtual
PENULTIMATE PROGRAM APRIL 13, 2021
Please check and confirm the accuracy of your online
demand or live stream participation

Confirm Your Participation

Online Meeting Dates: June 10-12, 2021

Information About Time Zones

The live stream program is on Greenwich Mean Time (GMT) or
Universal Time clock (UTC) time (which is the same thing).

What this means for your time zone:
- Central European Time (CET) = Lausanne, Portugal, Germany, GMT +2 hours
- Eastern European Time (EET) = Turkey, etc. GMT +3 hours
- Japan Standard Time (JST) = Japan GMT +9 hours
- Eastern Standard Time (EST) = United States/Canada Eastern seaboard, GMT -4 hours
- Central Standard Time (CST) = (Chicago, Dallas), GMT -5 hours
- Pacific Standard Time (PDT) = United States/Canada West Coast (LA, San Francisco,
  Vancouver + most of Arizona in Summer), GMT -7 hours

To check another time zone visit:  https://www.timeanddate.com

Register for the 37th Annual Meeting
Mentorship Program
There will be an opportunity to ask 8 mentors (4 research mentors and 4 clinical mentors) for a one-hour mentorship opportunity during the conference. You will be able to make an appointment with them on the CVENT attendee hub that all attendees will have access to. The mentors this year will be:

Clinical mentors
- Art Bohart PhD
- Rhonda Goldman PhD
- Jeff Magnavita PhD
- Alberta Pos PhD

Research mentors
- Marvin Goldfried, PhD
- Richard Lane, PhD, MD
- Ken Levy, PhD.
- Christoph Flückiger, PhD

Days
- **Thursday, June 10, 2021**
- **Friday, June 11, 2021**
- **Saturday, June 12, 2021**

Plenary & Keynote Schedule
- **Plenary: Thursday, June 10 | 5:30 PM – 6:45 pm GMT**
  - Responsiveness: How Individualized Does It Need to Be?
- **Plenary: Friday, June 11| 2:30 pm- 3:45 pm GMT**
  - Emotion, memory reconsolidation and enduring change: Opportunities and challenges
- **Plenary: Saturday, June 12 | 2:15- 3:30 pm GMT**
  - Awards & Presidential Address

- **Keynote: Saturday, June 12 | 3:45 – 5:00 pm GMT**
  - The Transforming Power of Affect by Dr. Leslie Greenberg
Pre-Conference Workshops

- **Thursday June 10 | 2:00 pm – 5:00 pm GMT**
  - Principles of Transference-Focused Psychotherapy for working with Individuals with Personality Difficulties with Dr. Ken Levy, PhD

- **Thursday June 10 | 2:00 pm – 5:00 pm GMT**
  - The Intricacies of Working with Emotion in Emotion-Focused Therapy for Couples: Emotional Injuries, Self-Soothing, and Forgiveness with Drs. Rhonda Goldman & Caterina Woldarsky- Menses

- **Thursday June 10 | 2:00 pm – 5:00 pm GMT**
  - Enhancing Emotional Awareness to Promote Change Across Psychotherapy Modalities with Dr Richard Lane, Dr. Les Greenberg, Dr. Iftah Yovel, Ph.D, & Dr.Subic-Wrana.

Group Mindfulness

- **Thursday June 10 | 1:00 pm – 2:00 pm GMT**, Zindel Segal, PhD, University of Toronto, coauthor of *Mindfulness Based Cognitive Therapy*, examines mindfulness meditation to promote affect regulation skills in depressed and anxious individuals. Interested in brain imaging to identify neural markers of depression or resilience, he evaluates mindfulness-based interventions delivered via several platforms.

- **Saturday June 12 | 1:00 pm – 2:00 pm GMT**, Clinical Associate Professor and MD, at UBC. Dr. Grabovac works with in and outpatient psychiatry. She provides individual and group mindfulness-based treatments to sexual, mood and oncological disorders. She works with patients that experience phenomenology consistent with descriptions of the stages of insight during their meditation practice.

Casual Chats

- **Friday June 11 | 4:00 pm – 5:15 pm GMT**
  - Post-plenary chat with TBD

- **Saturday June 12 | 1 PM-2 PM GMT**
  - Informal Group Discussion with Dr. Jennifer Callahan Editor of SEPI’s Journal of Psychotherapy Integration (APA)

- **Saturday June 12 | 5:15 pm – 6:30 pm GMT**
  - Post-Keynote chat with Antonio Pascual Leone, PhD

On-Demand Options

- Panels/Sympoisa
- Individual Paper Groups
- Structured Discussions
- Mini-Workshops
- Poster Session
### Plenary

erm Wednesday June 10 | 5:30 PM – 6:45 PM GMT| Live streamed  
CET = 7:30 - 8:45pm  
EST = 1:30 pm - 2:45 pm  
PDT= 10:30 am - 11:45 am

**Responsiveness: How Individualized Does it Need to Be? Why Psychotherapy Integration is in a Pole Position & Why it is Not So Easy**

Franz Caspar, PhD, University of Berne, Switzerland

**Discussant: Louis Castonguay**

### Group Mindfulness

**Thursday June 10 | 1 PM-2 PM GMT| | Live streamed**  
CET = 2 pm- 3 pm  
EST = 9 am -10 am  
PDT= 6 am- 7 am  
CST =8 am- 9 am

**Dr. Zindel Segal, Phd, U of Toronto**

### Panel/Symposium

**Moderator: Giorgio Alberti, Italy**  

**Thursday June 10 | 10 am – 11:15 am GMT| Live Streamed or SimuLive with no interaction and no CEs.**  
CET = 12 pm- 1:15 pm  
EST = 6 am -7:15 pm  
JST = 8 pm - 9:15pm

**Working with Emotions in the Integrative Approach of the SPIC School of Integrative Psychotherapy**

**Working on emotions in integrative psychotherapy:**  
**The SPIC Approach**  
Giorgio Alberti, Private Practice, Italy

**Dealing with shame: an intervention strategy**  
Chiara Massazza, Private Practice, Italy

**Activating emotional experiencing by promoting Corrective experiences in integrative psychotherapy**  
Giorgio G. Alberti, Private Practice, Italy

**Discussant: Shigeru Iwakabe, Ochanomizu University, Japan**
Thursday June 10 | 10 am - 11:15 am GMT | Live Streamed
CET = 12 pm - 1:15 pm
EET = 1 pm – 2:15
EST = 6 am - 7:15 pm

Working with Culture and Emotions in the Therapy Room


Working with Sand Therapy for Emotions Revealed by Culture, Ummu Nur Gunlu, Clinical Psychologist, Ummu Nur Gunlu Psychotherapy Institute - Turkey

Cultural Appearance of Embarrassment in the Therapy Room, Ayse Erenler, Clinical Psychologist, Ayse Erenler Psychotherapy Institute - Turkey

Emotions, Body, and Psychotherapy

Emotions, Body and Neurobiological Approach
Emre Ayag (student)

Emotional Defence Process and the Role of the Body
Yasar Kubilay Taner (student)

Regulation of Emotion in The Body
Aynur Yildiz (student)
Panel/Symposium
Moderator: Nuno Conceição, Portugal

Thursday June 10 | 11:30 am - 12:45 pm GMT | Live Streamed
CET = 1:30 - 2:45 pm
EST = 7:30 - 8:45am

Working with both Emotion and Personality: Explorations around Change Principles, Processes and Mechanisms

The emotional underpinnings of personality pathology: Implications for psychotherapy, Ueli Kramer, University of Lausanne, Switzerland & Ladislav Timulak, Trinity College Dublin, Ireland

Transforming Emotional Pain: A Transdiagnostic Approach. Ladislav Timulak, PhD. Trinity College Dublin, Ireland & Daragh Keogh, Trinity College Dublin, Ireland

On what can we agree about facilitating both emotional change and character change? Nuno Conceição, University of Lisboa, Lisbon Portugal & Ueli Kramer, University of Lausanne, Switzerland

Emotional change as it relates to character change: contributions from ATOS and APT Kristin Osborn, Harvard Medical School & Jenny Svebeck, Stockholm University, Sweden

Panel/Symposium
Moderator: Angelo Compare, Italy

Thursday June 10 | 11:30am - 12:45 pm GMT | Live Streamed
CET = 1:30 pm - 2:45 pm
EST = 7:30 - 8:45am

Evaluating (Post) Graduate Students’ Training in Different Therapeutic Modalities: Approaches to Teaching Integration.

Trainee Development in an Integrative Psychotherapy Training Program

Changing Attitudes Towards Evidence-Based Psychodynamic Psychotherapy Katie Aafjes-van Doorn, Yeshiva University, NY; Tracy Prout, Yeshiva University, NY; Lauren Smith, Kenyon College, OH (Student)

Assessment of psychological and personality features in relation to the psychotherapy theoretical orientation
choice: empirical evidence and theoretical considerations
Dr. Alessio Gori* PhD, University of Florence, Italy. Dr. Eleonora Topino (PhD Student) & Dr. Marco Cacioppo PhD, LUMSA University of Rome.

Discussant: George Tasca, University of Ottawa

Panel/Symposium
Modertator; Orya Tishby PhD Israel.

Thursday June 10 | 11: 30am - 12:45 pm GMT| Live Streamed
CET = 1:30 pm- 2:45 pm
EST = 7:30 - 8: 45am

The Role of Emotion Recognition and Emotion Regulation in Short Term Psychodynamic Therapy

The relationship between therapists' accuracy in emotion detection, therapy process and outcome. Maayan Abargil, PhD. student, Hebrew University, Jerusalem, Israel

Alliance Rupture and Repair and the Use of Emotion Regulation Strategies in Psychodynamic Therapy.
Michal Ben Lavi – PhD. Student, Hebrew University, Jerusalem, Israel.

Therapists' feelings, types of rupture and repair, and changes in patients' awareness and clarity of emotion in short-term psychodynamic therapy. Orya Tishby, Ph D. Department of Psychology, and the Freud Center for Psychoanalytic Research, Hebrew University, Jerusalem, Israel

Discussant: Catherine Eubanks, PhD, Yeshiva University, New York, USA.
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<th>Pre-Conference Workshop 1:</th>
<th>Thursday June 10</th>
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<td>Principles of Transference-Focused Psychotherapy for working with Individuals with Personality Difficulties</td>
<td>Kenneth N. Levy, Ph.D., The Pennsylvania State University</td>
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<td>The Intricacies of Working with Emotion in Emotion-Focused Therapy for Couples: Emotional Injuries, Self-Soothing, and Forgiveness</td>
<td>Rhonda Goldman, PhD. Chicago Professional School of Psychology</td>
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<td>Catalina Woldarsky-Meneses, PhD, Private Practice Lausanne, Switzerland</td>
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<td>Enhancing Emotional Awareness to Promote Change Across Psychotherapy Modalities</td>
<td>Richard Lane, MD, Ph.D. University of Arizona</td>
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<td>Iftah Yovel, Ph.D. Hebrew University of Jerusalem</td>
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<td>Leslie Greenberg, Ph.D. Distinguished Researcher York University, Toronto, Canada</td>
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<td>Claudia Subic-Wrana, Ph.D., Psychoanalytic Training Institute, Cologne-Duesseldorf, Germany</td>
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### Conference Group Join Time

**Thursday June 10 | 7:00 PM-8 30 PM**
- EST = 3 – 4:30 pm
- CET = 9:00 – 10:30 am
- PDT = 12 – 1:30 pm
- EET = 10:00 -11:30 pm
- JST = 4 -5:30 am (Sleep)

**Group Reception/ Meet and Greet** will be attended by many SEPI leaders so you can meet them and chat!

### Friday, June 11, 2021

#### Workshop

**Friday June 11 | 10 am -11 15 am GMT| Live Streamed**
- CET = 12 pm- 1:15 pm
- EET = 1 pm – 2:15 pm

**Therapy with Games: Core & Becoming Model**
**Focused on Secure Attachment**

- Moderator and Presenter: Nurşen Şirin, Ph.D.,
  Family Therapist and Child Development Expert

#### Panel Symposium

**Friday June 11 | 10 am – 11:15 am GMT| Live Streamed with one recorded talk, from PDT- Horvath**
- CET = 12 pm- 1:15 pm
- PDT = 4 am

**The Alliance Over Time: Recent Conceptual and Methodological Advancements**

- A dynamic concept of the alliance: Evolution over the course of treatment. Adam Horvath, PhD, Simon Fraser University, Vancouver, CA

- The impact of the alliance on symptoms early in therapy – An individual participant data meta-analysis. C. Fluckiger, PHD, Switzerland

- Modelling dimensional dynamics in factor models – The fusion of work alliance dimensions. Holger Brandt
Panel/Symposium
Moderator:
Dr. Tahir Ozakkas, Turkey

Friday June 11 | 10 am - 11 15 am GMT| Live Streamed
CET = 12 pm- 1:15 pm
EET = 1:00 pm- 2:15 pm

Cultural Factors in the Processing and Expression of Emotions

The Effects of Turkey’s Socio-cultural structures on Experiencing and Processing Emotions with the Masterson Approach
Habibe Aykan, Psikoterapi Enstitüsü Turkey

Cultural factors in the processing and expression of emotions in Emotion Focus Therapy
İsa Soylamış, Psikoterapi Enstitüsü Turkey

Cultural factors in the processing and expression of emotions by Transference Focused Therapy
Tahir Ozakkas, PhD., Psikoterapi Enstitüsü Turkey

Cultural factors in the processing and expression of emotions by Dynamic psychotherapy with limited duration
Nurcan Ayday, Psikoterapi Enstitüsü Turkey

Structured Discussion
Moderator:
Elsa Conde MA, University of Lisbon Portugal

Friday June 11 | 10 am – 11:15 am GMT| Live Streamed
CET = 12 pm - 1:15 pm
EET = 1:00 pm - 2:15 pm

Bridging Practice, Research and Training: Towards Sustainable Enlivening Environments for the New Generation of Integrative Therapists

Discussants:
Andre Marques Ferreira, University of Lisbon Portugal
António Farinha-Fernandes, University of Lisbon, Portugal
Ana Gonzalez, University of Lisbon, Portugal
Filipe Lopes, University of Lisbon, Portugal
Sara Neves, University of Lisbon, Portugal
Catarina Paulo, University of Lisbon, Portugal
Ana Silva, University of Lisbon, Portugal
Susana Vaz, University of Lisbon, Portugal
Nuno Conceição, University of Lisbon, Portugal
Panel/Symposium
Moderator
Louis Castonguay, PhD, USA

Friday June 11 | 11:30am - 12:45 pm GMT| Simu-Live Video-no interaction possible.
EST = 7:30-8:45am
CET = 12 pm- 1:15 pm
EET = 1:00pm- 2:15 pm

Bringing clinicians and researchers together: Integrating research on and clinical implementation of principles of change in the treatment of anxiety disorders

Revisiting empirically based principles of change Louis G. Castonguay, PhD., Penn State University, USA.
presenter
Implementing principles of change in clinical routine: A cognitive behavioral perspective Catherine S. Spayd, Duncansville Professional Center, Duncansville, PA, USA,

Implementing principles of change in clinical routine: A psychoanalytic perspective Eva D. Papiasvili, Columbia University, USA.

Implementing principles of change in clinical routine: An integration of evidence-based practice. Igor Weinberg, McLean Hospital, Harvard University, USA.

Mini-Workshop 2.
Organized by
Suela Ndoja
Psychologist/psychotherapist
Albania

Friday June 11 | 11:30 am - 12:45 pm GMT| Live Streamed
EST = 7:30 - 8:45 am
CET = 1:30 - 2:45 pm

Core Painful Emotions of Orphan Persons with Disabilities in Psychotherapy: A New Emotional Mirroring Transformation Approach

Presenter: Dr. Suela Njoda
Clinical Psychologist/psychotherapist

Panel/Symposium
Moderator:
Dr Ueli Kramer, PhD. University of Lausanne

Friday June 11 | 11:30 am - 12:45 pm GMT| Live Streamed
EST = 7:30 - 8:45 am
CET = 1:30 - 2:45 pm

Emotional processing and the development of the Self
Pre-treatment interpersonal problems as moderators of between- and within-patient effects of self-compassion on treatment outcome in depression. Erkki Heinonen, PhD., Oslo, Norway.

Changes in expressed self-contempt in borderline personality disorder across treatment explains self-esteem and outcome Hélène Beuchat (Student) University of Lausanne.

Patterns of emotional processing in daily lives: building blocks for self-esteem. Ueli Kramer, PhD., University of Lausanne, Switzerland.

Discussant: Dr Richard Lane, Phoenix Arizona, USA.

Panel Symposium
Moderator: Dr. Pomini, PhD, Switzerland

Friday June 11 | 11:30 am -12:45 pm GMT| Live streamed
EST = 7:30 - 8:45 am
CET = 12 pm- 1:15 pm

Healing Psychological Distress Through New Technology-Based Interventions

From simulation to action: Investigating the effects of preventive smartphone-supported guided self-help intervention for students with depressive symptoms Arnaud Pictet, Service Santé et psychologie, University of Geneva, Switzerland,

Hap-pas-Hapi: Randomised controlled trial to examine the effect of cultural adaptation on acceptance and efficacy of an Internet-based self-help intervention for the treatment of psychological distress Eva Heim, Department of Psychology, University of Zurich, Switzerland,

Dealing with interpersonal loss: The case of a French-speaking internet-based intervention
Laurent Berthoud, Institute of Psychology, University of Lausanne, Switzerland,
Virtual Reality Exposure Therapy (VRET) for Specific Phobias mediated over the internet
Marius Rubo; Department of Psychology, Clinical Psychology and Psychotherapy, University of Fribourg, Switzerland.

Discussant: Eva Heim, University of Zurich, Switzerland

Structured Discussion
Moderator
Jennifer Davidtz, PhD, Professor, USA
Organized by, Ms. Goldhagen, MA, USA

Friday June 11 | 11:30am -12:45 pm GMT | Live Streamed
EST = 7:30 am - 8:45am
IRAN = 4:00 pm – 5:15 pm

Processing emotions in psychotherapy: beginning clinicians' experiences across the course of training

Participants
Renata Goldhagen, M.S., M.A., Nova Southeastern University, home country: USA
Behnoosh Nadealizadeh, M.S., M.A., Nova Southeastern University, home country: Iran
Sowmya Yeturo, M.S., Nova Southeastern University, home country: USA
Nakisa Ghannad, B.A., Nova Southeastern University, home country: USA
Katarzyna Wojnas, B.S., Nova Southeastern University, home country: USA

Moderator: Jennifer Davidtz, Ph.D., Nova Southeastern University, home country: USA

Panel/Symposium
Moderator
Sasha Rudenstine, PhD
New York, USA

Friday June 11 | 1 pm - 2 15 pm GMT | Live Streamed
CET = 3 pm- 4:15 pm
EST = 9am-10:15 am

Examining Elements of the Therapeutic Process in Short Term Psychotherapy

Therapist Feelings of Incompetence and Their Relationship to the Working Alliance and Outcomes in
Panel Symposium
Moderator:
Jordan Bate, PhD,
Yeshiva University

Friday June 11 | 1 pm - 2:15 pm GMT | Live Streamed
CET = 2 pm - 3:15 pm
EST = 9 am – 10:15 am

Expanding the Research on Facilitative Interpersonal Skills to Work More Effectively with Emotions in Psychotherapy

The relationship between nonverbal skills and interpersonal effectiveness and the effect of therapist training
Yocheved Ayden Ferstenberg, MA, Yeshiva University (student), Katie Aafjes-van Doorn, DClinPsy, Yeshiva University, Jordan Bate, PhD, Yeshiva University.

What are the nonverbal physiological and emotional features of a therapist’s internal experience that are associated with high facilitative interpersonal skills? Lyles Swift-Farley, MA, The New School (student); Joshua Maserow, MA, The New School (student); Evan Henritze, MA (student); Timothy Anderson, PhD, Ohio University; Jordan Bate, PhD, Yeshiva University

Facilitative Interpersonal Skills (FIS) with High-Risk Clients and Clinician Experience and Regulation of Emotions
Molly Duffy, MA, The New School (student); Ljiljana Zecevic, PhD, Northwell Health, Lenox Hill Hospital; Timothy Anderson, PhD, Ohio University; Jordan Bate, PhD, Yeshiva University

Discussant: Dr. Timothy Anderson, USA
Mini-Workshop
Organized by: Dr. K Barish NYC, USA

**Emotion: An Integrative Model for Child and Adolescent Psychotherapy**
Presenter: Dr. Kenneth Barrish, PhD, New York, USA

Friday June 11 | 1:00 pm - 2:15 pm GMT | Live Streamed
CET = 3 pm - 4:15 pm
EST = 9 - 10:15 am

Structured Discussion
Moderator: Gregg Henriques, PhD

**Advancing Psychotherapy Integration by Creating Common Ground**

Participants:
Greg Henriques, PhD
Marv Goldfried, PhD
Michael Mascolo, PhD
Jeffery Smith, PhD

Friday June 11 | 1:00 pm - 2:15 pm GMT | Live Streamed
EST = 9 am to 10:15
PDT: 6 am to 7:15

Plenary
Organized by R Lane

**Emotion, memory reconsolidation and enduring change: Opportunities and challenges**

Participants:
Richard D. Lane, PhD, MD
David Sander, PhD
Hanna Levenson PhD
Lynne Angus PhD

Friday June 11 | 2:30 pm - 3:45 pm GMT | Live Streamed
CET = 4:30 - 5:45 pm
EST = 10:30 - 11:45 am
CST = 9:30 - 10:45 am
PDT = 8:30 - 9:45 am

Post-Plenary Chat

Friday June 11 | 4:00 – 5:15 pm GMT | Live Streamed
CET = 6:00 - 7:15
EST = 12:00 – 1:15

Led by TBD
Panel/Symposium
Moderator
Art Bohart, PhD,
California State University
Dominguez Hills and
Santa Clara University.

Friday June 11 | 4:00 pm - 5:15 pm GMT| Live Streamed
EST = 12 noon – 1:15 pm
PMT= 9 am- 10:15 am

Wisdom, Creativity, and Emotion in Psychotherapy

Psychotherapy and the Promotion of Wisdom: A Therapeutic Common Factor? Arthur C. Bohart, California State University Dominguez Hills and Santa Clara University

A Most Common Therapeutic Factor: Reaching Affect and Creativity Through Metaphor Jerrold Lee Shapiro, Santa Clara University

Don't Let the Technological Tail Wag the Humanistic Dog: The Role of Wisdom in Psychotherapy Presenter: Michael F. Mascolo, Merrimack College

Mini-Workshop
Organized by Dr. Gomez,
PhD, Argentina

Friday June 11 | 4:00 pm - 5:15 pm GMT| Live Streamed
EST = 12 noon – 1:15 pm
Argentina: 1pm- 2:15 pm

Supervision for Therapists Working in a Program for Socio-Economically Deprived People

Beatriz Gómez, Ph.D, Aigle Foundation, Argentina
Diana Kirszman, Ph.D, Aigle Foundation
Héctor Fernández-Alvarez, Ph.D, Aigle Foundation
### Mini-Workshop

**Hannah Schmitt**  
Ferkauf Graduate School of Psychology at Yeshiva University

**Trans Competence and the Gendered Clinician: A Workshop for Therapists**

| Friday June 11, 4:00 pm – 5:15 pm GMT | Live streamed  
| CET = 6:00- 7:15 pm  
| EST = 12:00 – 1:15 pm |

### Panel Symposium

**Moderator:**  
Rebecca Curtis, PhD., USA

**Online Video Therapy**

**Online psychotherapy in pandemic and beyond it: How to improve it?**  
Marian Durao, Argentina & US, Universidad de Flores

**Teletherapy During the Pandemic with Young Children and Children and Adolescents with Disabilities**  
T. Holman, PhD. Washington School of Psychiatry & Institute for Contemporary Psychotherapy & Psychoanalysis, Washington DC, USA

**Video therapy with the Underprivileged During COVID-19**  
Rebecca Curtis, Ph D. NY, USA

**Discussant:** James Tyler Carpenter, PhD., US

### Mini-Workshop

**Organized by:**  
Rhonda Goldman, PhD, USA

**Deliberate Practice for Emotion-Focused Therapy**

**Presenters:**  
Rhonda Goldman, PhD  
The Chicago School of Professional Psychology, USA  
Alexandre Vaz, PhD  
ISPA-University Institute, Lisbon, Portugal  
Tony Rousmaniere, PhD  
University of Washington, Seattle, USA
<table>
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<th>Event</th>
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<tr>
<td>Panel Symposium</td>
<td>Friday June 11</td>
<td>5:30 pm – 6:45 pm GMT</td>
<td>Live Streamed</td>
<td>George Silberschatz, University of California San Francisco, USA</td>
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<tr>
<td>Perspectives on Corrective Emotional Experiences in Psychotherapy</td>
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<td>Victoria Lemle Beckner, San Francisco Group for Evidence-Based Psychotherapy, USA</td>
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<td>Trevor Ahrendt, Private Practice, San Francisco, USA</td>
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<td>Mini-Workshop</td>
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<td>5:30 pm - 6:45 pm GMT</td>
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<td>Dr Robert Resnick, PhD</td>
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<td>Contemporary Individual Gestalt Therapy</td>
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<td>Dr. Robert Resnick</td>
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<td>Panel/Symposium</td>
<td>Friday June 11</td>
<td>5:30 pm – 6:40 pm GMT</td>
<td>Live Streamed</td>
<td>Joshua Pretsky, MD, Associate Clinical Professor of Psychiatry, David Geffen School of Medicine at UCLA</td>
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<td>From the APA Psychotherapy Caucus Training Advancement Initiative: Teaching Psychiatrists-in-Training to Work with Emotion and Emotional Change in Psychotherapy</td>
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<td>Distinguished Professor of Psychiatry, UCSF, USA</td>
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Teaching “Parent Emotional Training” Roberta Isberg, MD Assistant Professor of Psychiatry Harvard Medical School
Senior Attending in Psychiatry Boston Children’s Hospital, USA

Narrative Medicine: An Experiential Approach to Teaching Human Emotional Experience Dalia N Balsamo, MD Associate Clinical Professor of Psychiatry University of California, Riverside, School of Medicine USA

Discussant: Jeffery Smith, MD, Clinical Professor of Psychiatry New York Medical College Leader, APA Psychotherapy Caucus

Saturday, June 12, 2021

Mini Workshop
Organized by: Iva Enachescu-Hroncová PhD, The International Center for the Integrated Psychotherapie/Knobloch and a Healthy Life Style, Czech Republic

Saturday June 12 | 10:00 am -11:15 am GMT | Live Streamed
CET = 12 noon -1:15 pm
EST = 6:00 am -7:15 am

Presenters
Iva Enachescu-Hroncová PhD, Czech Republic
Vladimir Aurelian Enachescu, PhD, Czech Republic

Panel Symposium
Moderator: Joëlle Darwiche, PhD, University of Lausanne, Switzerland

Saturday June 12 | 10 am -11:15 am GMT | Live Streamed
CET = 12 noon-1:15 pm
EST= 6 am-7:15 am

Emotional functioning in couples

Affective behavior in parent couples undergoing couple therapy. Esther Liekmeier, (Presenter) Joëlle Darwiche1, & Jean-Philippe Antonie Family and Development research center (FADO), Institute of Psychology, University of Lausanne, Switzerland
Attachment style and emotional inertia: how do highly insecure individuals regulate their emotions in intimate relationships
Georgia Kouri & Dominik Schoebi
Department of Psychology, University of Fribourg.

Rejection experiences in romantic relationships: how rejection sensitive individuals regulate their emotions.
Marianne Richter (presenter) & Dominik Schoebi. Department of Psychology, University of Fribourg

Panel Symposium
Moderator:
Ghazaleh Bailey, PhD, Switzerland

Saturday June 12 | 10 am- 11:15 am GMT | Live Streamed
CET = 12 noon- 1:15 pm
Turkey = 1pm – 2:15 pm
EST = 6am – 715 am

Emotion and the Body

Acoustic analysis of clients’ expression of self-compassion, self-criticism and protective anger within Emotion Focused Therapy video sessions
Ghazaleh Bailey, Slovakia

Gaps and opportunities in the rare genetic disease psychotherapy
Dr. Michal Konstacky, PhD, MBA, Switzerland

Unaddressed mental health problems among people with rare disorders
Weronika Wojtowicz, PhD, Poland

Mini-Workshop
Gregor Zvelc- organizer
PhD, Slovenia

Saturday June 12 | 10:00- 11:15 am GMT | Live Streamed
CET = 12:00 pm – 1:15 pm

Mindfulness- and Compassion-Oriented Integrative Psychotherapy

Maša Žvelc, PhD
Gregor Žvelc, PhD, Slovenia
Panel Symposium
Moderator:
Tahir Ozakkas,
Psikoterapi Enstitüsü Turkey

Saturday June 12 | 10:00 am - 11:15 am GMT| Live Streamed
EET = 1:00- 2:15 pm

What is the Processing and Expression of Emotions in the Session and Communication?"

The therapeutic function of emotions in a time-limited dynamic psychotherapy approach
Ayşe Devrim Burçak, PhD, Psychotherapy Institute-Turkey

The Meaning of Emotions in The Psychotherapy Session.
Derya Şentürk, Psychotherapy Institute-Turkey

Therapeutic intervention techniques in the framework of the Masterson
Tuba Dursun Tuncel, Psychotherapy Institute-Turkey

What Do Emotions Mean in the Session? Studying Emotions in Transference-Focused Psychotherapy,
Nazan Parlak, Psychotherapy Institute-Turkey

Panel/Symposium
Moderator:
Tuba Dursun -Tuncel, Turkey

Saturday June 12 | 11:30 am - 12:45 pm GMT| Live Streamed
CET = 1:30 pm – 2:45 pm
EET- 2:30- 3:45 pm

Working with Emotions Using Different Theories of Psychotherapy

Working with transference and countertransference In Kernberg’s transference-focused therapy
Tuba Dursun Tuncel, Turkey

Working with Emotions in Dialectic Behavior Therapy
Gonca Günakan Turkey – Psikoterapi Enstitüsü

Working with Emotions in Greenberg’s Emotion-Focused Therapy, Merve Özlem Hizar, Turkey–Psikoterapi Enstitüsü

Working with Emotions in Masterson Approach
İlke Tarhan Kelebek, MS – Psikoterapi Enstitüsü.

Discussant: Dr. İnci Çavuşoğlu, Psychogenomics in Emotional Psychotherapy, Turkey
### Mini-Workshop

**Organizer**
Oana Maria Popescu, Romania

**Saturday June 12 | 11:30 am - 12:45 pm GMT | Live Streamed**

CET = 1:30 pm – 2:45 pm

**The Wizarding School: An Integrative Psychotherapy Program for Children**

**Presenters:**
Oana Maria Popescu
Integrative psychotherapist, President of the Association for Integrative Research, Counseling and Psychotherapy, Timisoara, Romania,

Corina Elena, psychotherapist, integrative child and adolescent psychotherapist, Head of the Child Psychotherapy Department at the Association for Integrative Research, Counselling and Psychotherapy (ACCPI), Timișoara, Romania

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### Panel Symposium

**Moderator:** Leon Hoffman, MD, USA

**Saturday June 12 | 11:30 am - 12:45 pm GMT | Live Streamed**

CET = 1:30 - 2:45 pm

EST = 7:30 - 8:45 am

**Psychological Distress and the Online Therapist: Searching for a Silver Lining During the Time of COVID-19**

**Psychological Distress in the COVID Era**
Tracy Prout, PhD., Ferkauf Graduate School of Psychology (Yeshiva University), USA & Sigal Zilcha-Mano, University of Haifa, Israel.

**Experience of the transition to remote therapy, attitudes towards online therapy**
Katie Aafjes-van Doorn, Ferkauf Graduate School of Psychology, Yeshiva University, New York, US.

**Psychotherapists’ attitudes toward online therapy: measure development and first results**
Vera Békés, PhD., Ferkauf Graduate School of Psychology, Yeshiva University, New York, USA
Panel Symposium
Moderator: Ueli Kramer, PhD., University of Lausanne, Switzerland

Saturday June 12 | 11:30 am - 12:45 pm GMT | Live Streamed
CET = 1:30 pm – 2:45 pm
EST= 7:30 am - 8:45 am

The Next Generation of Research on Emotion in Psychotherapy

The Emotion-Focused Therapy Treatment Integrity Landscape: Training in Person-Centred & Experiential Psychotherapy Scale (PCEPS EFT-9), A Transdiagnostic Adherence and Competence Measure
Marina Monteiro (presenter), Daniela Nogueira, Robert Elliott, University of Strathclyde, Glasgow, UK João Salgado, & Carla Cunha ISMAI, University Institute of Maia, Portugal & CPUP – Center of Psychology of University of Porto, Portugal

The Swiss Practitioner-Researcher Network Study on Emotion-Focused Therapy (EFT): Design and first results
Ines Culina (Presenter), Catalina Woldarsky Meneses, Marielle Sutter, Martin Grosse Holtforth, Ueli Kramer

Emotional Processing in Emotion-Focused Therapy for Social Anxiety Disorder: An Intensive Analysis of a Single Case
Asif Bar-Sinai, Ben Shahar & Eran Bar-Kalifa

Change in Emotional Arousal in Clients with Borderline Personality Disorder during a Brief Treatment
Loris Grandjean, Hélène Beuchat Jean-Nicolas Despland, Thomas Berger and Ueli Kramer

Discussant: Leslie Greenberg, PhD

Mini-Workshop
Organizer:
John Pihlaja
Social Psychologist, MSc Finland

Saturday June 12 | 11:30 am - 12:45 pm GMT | Live Streamed
CET = 1:30 pm – 2:45 pm
EST= 7:30 am - 8:45 am

The Neuroscience of Success:
Why you are so good with the most difficult of emotional problems and how to become even better
<table>
<thead>
<tr>
<th>Event</th>
<th>Date and Time</th>
<th>Location</th>
<th>Details</th>
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<tbody>
<tr>
<td>Group Mindfulness</td>
<td>Saturday June 12</td>
<td>1 PM-2 PM GMT</td>
<td>Live streamed CET = 3 pm- 4 pm EST = 9-10 am PDT= 6 am- 7 am CHICAGO TIME =8 am- 9 am</td>
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<td>Led by Dr. Andrea Gabovac MD, UBC.</td>
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<tr>
<td>Casual Chat with Jennifer Callahan, USA</td>
<td>Saturday June 12</td>
<td>1 PM-2 PM GMT</td>
<td>Live streamed CET = 3 pm- 4 pm EST = 9-10 am PDT= 6 am- 7 am CHICAGO TIME =8 am- 9 am</td>
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<td></td>
<td>Informal Group Discussion with Dr. Jennifer Callahan, Editor of SEPI’s <em>Journal of Psychotherapy Integration</em> (APA)</td>
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<tr>
<td>Plenary Awards and Presidential Address:</td>
<td>Saturday June 12</td>
<td>2:15-3:30 PM GMT</td>
<td>Live streamed CET= 4:15-5:30 PM EST= 10:15-11:30AM Chicago = 9:15- 10:30 am PDT = 7:15- 8:30 am</td>
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<tr>
<td>Organized by SEPI</td>
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<td>Awards and Presidential Address</td>
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<td>Presenters</td>
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<tr>
<td>Keynote Address</td>
<td>Saturday June 12</td>
<td>3:45—5:00 pm GMT</td>
<td>Live streamed CET= 5:45-7:00 PM EST= 11:45 – 1:00pm PDT = 8:45 – 10 am</td>
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<td></td>
<td>Keynote: The Transforming Power of Affect by Dr. Leslie Greenberg, PhD, Distinguished Research Professor, York University, Toronto CA</td>
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<tr>
<td>Post-Keynote Chat (casual)</td>
<td>Saturday June 12</td>
<td>5:15—6:30 pm GMT</td>
<td>Live streamed CET= 7:15-8:30 PM EET = 8:15- 9:30 pm EST= 1:15 - 230 pm PDT =10:15- 11:30 am</td>
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<td>Led by Antonio Pascual Leone, PhD</td>
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</table>
### Panel Symposium

**Moderator:** Tracy Prout, PhD, USA  
**Saturday June 12 | 5:15 pm - 6:30 pm GMT**  
*Live Streamed*

**New Forms of Deliberate Practice: DP for Child Therapy, Trainers, and Multicultural Orientation**

**Practice Playing: Deliberate Practice for Working with Children’s Emotions**  
Jordan Bate, Ferkauf Graduate School of Psychology (Yeshiva University), USA

**Deliberate Practice for Trainers**  
Tony Rousmaniere, Washington State, USA; Alexandre Vaz, ISPA University, Lisbon, Portugal

**Deliberate Practice for Multicultural Orientation**  
Selina Phan, Ferkauf Graduate School of Psychology (Yeshiva University), USA

**Discussant:** Hanna Levenson, PhD

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### Panel Symposium

**Moderator:** Toupey Luft, PhD  
**Saturday June 12 | 5:15 pm – 6:30 pm GMT**  
*Live Streamed*

**The Call to Inner Work: Encouraging Clients’ Emotional Changes by Engaging with Our Own**

**Connecting to Jung’s Wounded Healer for Emotional Awareness and Growth**  
Toupey Luft, Lethbridge

**Building Emotional Functioning for the Psychotherapist as Person and Professional**  
Nan Stevens, PhD.

**Encouraging Clients to Befriend Their Difficult Emotions**  
L. Marie Damgaard, M.Ed.

**Discussant:**  
Dr. David Kealy, UBC, BC, CA
### Mini-Workshop

**Organizer:**
Robert Resnick, PhD  
Private Practice Pacific coast, USA

**Saturday June 12 | 5:15 pm -6 30 pm GMT| Live Streamed**  
EST = 1:30 – 2:45pm  
PDT = 10:30- 11:45am

**A Couple of Individuals**

**Presenter**
Dr. Robert Resnick

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### Panel/Symposium

**Moderator**
Dr. K. Barish

**Saturday June 12 | 5:15 pm - 6:30 pm GMT| Live Streamed**  
EST = 1:15 – 2:30 pm  
PDT = 10:15- 11:30am

**Emotions and Human Flourishing in an Age of COVID-19 and its Sequelae**

**An Existential Approach to Anxiety and to COVID-19 and its Sequelae**
Jerrold Lee Shapiro, Ph.D.  
Santa Clara University, Santa Clara, California, USA

**Emotions and Human Flourishing from the Perspective of Psychodynamic Child Therapy**
Kenneth Barish, Ph.D.  
Weill Cornell Medical College, New York, USA

**The Role of Cognitive Behavioral Therapy in COVID – 19**
Gili Adler Nevo, M.D.  
University of Toronto  
Michael Garron Hospital, Toronto East Health Network, Toronto, CA
In addition to the Live Stream presentations (which will also be recorded as on-demand videos and stored for your later viewing convenience) there will be other On-Demand Videos of some panels and posters available for viewing at your convenience right away. These panels are not scheduled and are not CE eligible. These will only be available as on-demand videos.

There are several panels that will be offered as on-demand videos. The reason these are not live stream videos has less to do with content and more to do with time issues and participant locations. Each offering provides rich and meaningful content that will appeal to meeting attendees. The list that follows is organized alphabetically by moderator.

**On-Demand Panel/Symposium**

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<tr>
<th>Panel/Symposium</th>
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<tbody>
<tr>
<td><strong>Stress and Coping During COVID-19 in an International Sample of More Than 14,000 Participants</strong></td>
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<td>Personal characteristics, stress, defenses and symptoms in relationship to protective health behaviors in 4 countries during early COVID-19 Pandemic.</td>
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<tr>
<td>J. Christopher Perry, M.P.H., M.D. McGill University at the Jewish General Hospital, Montreal, QC, Canada</td>
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<tr>
<td>Older adults cope better with the Covid-stress: the role of childhood trauma and defense mechanisms</td>
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<tr>
<td>Vera Bekes, PhD. Ferkauf Graduate School of Psychology, Yeshiva University, New York, USA</td>
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<tr>
<td>Did Spirituality contribute to Resiliency and Wellbeing during a Global Pandemic in an International BIPOC Sample?</td>
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<tr>
<td>Claire J. Starrs, PhD. Department of Psychology, SUNY Potsdam, NY, USA</td>
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<tr>
<td><strong>Discussant:</strong> Mariagrazia DiGiuseppe, PhD., Pisa, Italy</td>
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<tr>
<td><strong>Defense mechanism and measurement questions in the context of adult and child psychotherapy</strong></td>
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<tr>
<td>Moderator: Vera Békés, PhD. NY, USA</td>
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<tr>
<td>Moderator:</td>
<td>Integrating Music, Metaphor, and Play into Couple and Family Therapy: Science, Craft, and Art</td>
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<tr>
<td>Peter Fraenkel, PhD: Associate Professor, The City College of New York</td>
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<tr>
<td>Integrating Music into Couple and Family Therapy. Peter Fraenkel, PhD. Associate Professor, The City College of New York</td>
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<tr>
<td>Integrating Metaphor into Couple Therapy. Arthur Nielsen, MD. Professor of Psychiatry and Behavioral Sciences, Feinberg School of Medicine, Northwestern University; Faculty, The Chicago Psychoanalytic Institute and The Family Institute at Northwestern University</td>
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<tr>
<td>Integrating Play and Family Therapy. Timothy Baima, Ph.D., Professor &amp; Marriage, Family, Child Counseling Emphasis Coordinator, Palo Alto University</td>
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<td>Panel/Symposium</td>
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<tr>
<td>Moderator:</td>
<td>Psychotherapy and Transdiagnostic Factors: Influence and treatment of core personality vulnerabilities</td>
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<tr>
<td>Paul L. Hewitt, Ph.D., R.Psych.</td>
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</table>
Understanding the impact of perfectionism and social disconnection on treatment outcome in group therapy for depression. Martin M. Smith, Ph.D. Department of Psychology, University of British Columbia, Vancouver, Canada

Meta-cognitions, psychological inflexibility and cognitive and behavioral responses to symptoms as mechanisms of change in Acceptance and Commitment Therapy for chronic fatigue. Agostino Brugnera*, Ph.D. University of Bergamo

Attachment Insecurity in Group Psychotherapy for Binge-Eating Disorder. Giorgio A. Tasca, Ph.D. School of Psychology, University of Ottawa, Ottawa, Canada

A Dynamic-Relational Approach to the Treatment of Perfectionism. Paul L. Hewitt, Ph.D., R.Psych. Dept. of Psychology, University of British Columbia, Vancouver, Canada

Panel/Symposium
Moderator
R. Johansson, PhD
Associate Professor
Stockholm University and Karolinska Institute
Stockholm, Sweden

On-Demand Panel

Emotional Awareness and Expression Therapy for Chronic Pain and Functional Somatic Disorders

Internet-administered Emotional Awareness and Expression Therapy for Somatic Symptom Disorder with Centralized Somatic Symptoms. Daniel Maroti (PhD Student)

The Effects of a Single-session EAET Interview for Centralized Chronic Pain. Shoshana Krohner (PhD Student).

Group EAET Reduces Pain Severity More than CBT Among Older Military Veterans
Brandon Yarns, MD. (Early-career Psychiatrist)

Discussant: Mark A. Lumley, PhD, Distinguished Professor
Wayne State University, Detroit, USA
# Panel/Symposium
Moderated by Dr. A. Levis
Private Practice, USA.

### On-Demand Panel

**Introducing the Formal Theory of Behavior:**
Integrating psychology, morality, and the rigorous sciences into the Science of Conflict Resolution, the Moral Science

**Introducing the Formal Theory of Behavior**
Albert Levis, MD Museum of the Creative Process, Founder and Director Psychiatrist, Private Practice

**Clinical case study of a suicidal female patient:**
Completing the CAB as a didactic, diagnostic and therapeutic self-assessment
Maxwell Levis, PhD Assistant Professor, Department of Psychiatry Dartmouth College, USA

**Creativity and Power Management:**
a concise program of emotional education for the classroom
Melissa Levis, MFA Museum of the Creative Process, Educator & Art Therapist USA

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# Panel/Symposium
Moderator:
Traci Pacita Maynigo, Psy.D., Montefiore Medical Center, USA

### On-Demand Panel

**Integrating Multicultural Frameworks into Emotionally Focused Therapy**

**Emotional Infidelity and Vulnerability Across Cultures:**
Unwrapping Emotions with an Indian Couple
Moshe Moeller, Ph.D., Montefiore Medical Center, Albert Einstein College of Medicine

**The Language of Emotions:**
Increasing Emotional Vulnerability in Latin Couples
Mary V. Minges, Ph.D., Montefiore Medical Center

**The Influence of Intersecting Social-Cultural Identities on our Relational-Emotional Experiences**
Sinead Sant-Barket, Ph.D., The City College of New York
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<tr>
<td><strong>Emotional Well-Being between Psychotherapy, Psychophysiology and Bioresonance</strong></td>
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<td>Moderator: Maurizio Grandi, Torino Italy</td>
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<tr>
<td><strong>The correlation between psychotherapy and bioresonance methodology</strong></td>
<td>Erica Francesca Poli, MD</td>
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<tr>
<td><strong>Method: Regenotherapy</strong></td>
<td>Arianna Ballati, Psychologist and student</td>
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<tr>
<td><strong>Procedure and case study</strong></td>
<td>Denise Bisanti, psychologist, Italy.</td>
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<td><strong>Discussant:</strong> Arianna Ballati, Psychologist and Student at La Torre di Maurizio Grandi</td>
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<tr>
<td><strong>Treatment failure in psychotherapy: Perspectives on premature termination</strong></td>
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<td>Moderator: George Silbershatz, PhD, Ca USA</td>
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<tr>
<td><strong>Contextualizing Treatment Failure within the Patient’s Plan for Therapy</strong></td>
<td>James McCollum, San Francisco Psychotherapy Research Group, USA</td>
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<tr>
<td><strong>The patient’s efforts to prevent treatment failure: An evidence-based case study of coaching and premature termination in psychotherapy</strong></td>
<td>David Kealy, University of British Columbia, Canada</td>
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<tr>
<td><strong>Comparing patient’s and therapist’s efforts in preventing treatment failures using the rupture-repair framework and the coaching framework</strong></td>
<td>Xiaochen Luo, Santa Clara University, USA</td>
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<td><strong>Discussant:</strong> Shigeru Iwakabe</td>
<td>Ochanomizu University, Japan</td>
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<tr>
<td><strong>Integrating Religion and Spirituality into Psychotherapy</strong></td>
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<tr>
<td>Moderator: Joshua K. Swift, Ph.D., Idaho State University, USA</td>
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</table>
Integrating Spirituality and Religiosity into Psychotherapy for Military Populations: A Systematic Review. Elizabeth A. Penix (Student). Idaho State University

Religiosity/Spirituality of Psychotherapists and its Relationship to Evaluations of Religious/Spiritual Clients. Rhett Mullins (Student) Idaho State University


Discussant: P. Scott Richards, Ph.D., Orem, UT, USA

Panel/Symposium
Moderator: Hafize Albayrak, PhD Clinical psychologist Psikoterapi Enstitüsü-Türkiye

On-Demand Panel
The Relationships Between Childhood Traumatic Experiences and Attachment

Attachment and attachment styles. Banu İkincisoy, Psychotherapist, Psikoterapi Enstitüsü-Türkiye

Effect Of Trauma On Children Hafize Albayrak, PhD Clinical Psychologist Psikoterapi Enstitüsü-Türkiye

Trauma and Attachment Relationship Meryem Ekinci Clinical Psychologist Psikoterapi Enstitüsü-Türkiye

Panel/Symposium
Moderator: George Silbershatz, PhD, Ca USA

On-Demand Panel
A dyadic framework for understanding and assessing countertransference feelings

How do patients experience their therapist's countertransference feelings? Denise Lew, PhD. San Francisco Psychotherapy Research Group, USA
The psychometric properties of the patient's and therapist's experience of attunement and responsiveness scale Xiaochen Luo, Santa Clara University, USA.

Within and between effects of in-session countertransference feelings on felt attunement in psychotherapy dyads over time. Olivia Tabaczyk, Palo Alto University, USA

DISCUSSANT: James McCollum, San Francisco Psychotherapy Research Group, USA

On-Demand Panels of Individual Papers
There are several papers that were submitted as individual papers that have been bundled to form theme panels. These will all be demand videos. There are over 20 of these bundled panels listed below according to their themes. Each has three or four papers on the panel with an opportunity to watch each paper. You can later email presenters if you wish!

Panel/Symposium
Moderator: Professor Özlem Ayduk (University of California Berkeley Department of Psychology)

Anger and Emotion

Working through lingering anger following interpersonal grievances: Examining mechanisms of change in rumination, reappraisal, and identification of unmet needs
Michael Strating, University of Windsor, Canada.

From Sadness to Anger Cultural Features and Emotion Focus Therapy Practices with Adolescents
Ayşe Devrim Burçak, Turkey

Anger and Adolescence
Ebru Akbaş, Turkey
### Emotion and relationship

**Therapeutic collaboration as a facilitating process of problematic experiences assimilation: a comparative case study**
De Rachel Querioz, Portugal/Brazil

**Cultural expressions used in the integrated psychotherapy approach: the sample of Turkish culture.**
Bahtiyar Eraslan Çapan, PhD.
Integrative Psychotherapy Institute, Turkey.
PhD. MD. Tahir Ozakkas

**Dyadic interaction analysis: A comparative study of a dropout and a good outcome completer.**
Ângela Ferreira

### The Brain and Emotion

**The effect of Sandplay therapy on the limbic system and prefrontal cortex in patients with GAD: an investigation using magnetic resonance spectroscopy (MRS)**
Mariana Foo, Indonesia

**Effectiveness of Brainspotting (BSP) on a PTSD patient as seen through metabolite changes in the brain: A Magnetic Resonance Spectroscopy Case Report.**
Mariana Foo, Indonesia

**Practical Neurobiological approaches to facilitating our client's/patient’s emotional resources**
Albert Sheldon, USA

### Emotion and the Family

**Working with Children and Families with Emotions**
Erenler Ayşe, Private Practice, Turkey
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<tr>
<th>Panel/Symposium</th>
<th>Social shift in pedagogical, marriage and family counseling</th>
<th>Vladimir Enachescu, PhD, Romania/Czech Republic</th>
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<td></td>
<td>The use of expressive techniques in emotional reconnection in child-parent psychotherapy</td>
<td>Elena Otilia Vladislav, Romania</td>
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<td>Panel/Symposium</td>
<td>Emotion and Development</td>
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<td>Helping mothers face mixed feelings towards their children using feminist-psychodynamic theory and techniques from ISTDP</td>
<td>Deborah Pollack, USA</td>
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<td>Working with emotion in children: emotion coaching</td>
<td>Gülhan Telci, Turkey</td>
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<tr>
<td>Panel/Symposium</td>
<td>Research and Emotion</td>
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<td>Integrating research traditions: Levels of Personality Functioning and Emotional Intelligence</td>
<td>Johannes C. Ehrenthal, Germany</td>
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<td>How to integrate research and practice: building an infrastructure to foster the design and implementation of research projects in clinical practice and supported by technologies</td>
<td>Guadalupe Molinari, Spain</td>
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<tr>
<td>Panel/Symposium</td>
<td>Emotion and Risk</td>
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<td></td>
<td>Suicide and higher powers</td>
<td>Vaclav Hyrman, Canada</td>
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<td>Death anxiety in depression and anxiety: A meta-analysis</td>
<td>Ioana Podina, Romania</td>
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</table>
When the therapist's interventions triggered an experience of risk on client: How the dyad worked on it? Cátia Sofia Ribeiro Cardoso

Panel/Symposium

On-Demand Panel/Symposium

Self, Emotion, and Emotion Freedom Technique

Minimal and empirical dual self system: from the points of clinical, developmental, and philosophical view. Ahmet Çorak, Turkey

The place and functionality of emotions in the construction of the real self. Rümeysa Betül Seyithanoğlu, Turkey

Emotional freedom technique (EFT) and psychotherapy integration. Nimet Zenginer Kirişci, Turkey

Panel/Symposium

On-Demand Panel/Symposium

Culture and Emotion

Emotions about the body in a cultural environment with a gender regime Aynur Boyraz, Turkey

Reflections of change in Turkish Family structure on marriage relations: Emotion-focused couple therapy case analysis. Gülhan Telci, Turkey

The Collectivist Individual: Understanding Emotional Well-being within a Person-Centered Therapy Framework. Ishba Rehman, UK

Challenging racism in the therapy room: A Foucauldian Analysis of Counselling Psychologists accounts of their experiences and strategies working with clients’ racist remarks. Angelina Baslari,, UK
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<tr>
<td><strong>Mindfulness and Emotion 1</strong></td>
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<tr>
<td>The Acquisition and Application of Mindfulness in Cardiac Rehabilitation. Stuart Bassman, PhD., USA</td>
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<td>Processing and Transformation of Emotions with Mindful Processing. Gregor Zvelc, PhD., Slovenia</td>
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<td><strong>Mindfulness and Emotion 2</strong></td>
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<td>Becoming an Interior Decorator: The Acquisition and Application of Mindfulness in Ecology and Mental Health. Stuart Bassman, USA</td>
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<td>From the Language of Emotions to the Emotions of the Language. Aynur Boyraz, Turkey</td>
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<td>Zen Mind, Therapist Mind. Peter Lin, USA.</td>
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<td><strong>Integration and Emotion 2</strong></td>
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<td>The Integrative Strategic Model in Psychotherapy. Oana Maria Popescu, Romania.</td>
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<td>Working with emotions within Integrated Psychotherapy (therapy with a client with addiction) case report. Gabriela Kosikova, Czech Republic/Slovakia</td>
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<td>Patients' Style of Emotional Processing Moderates the Effect of Emotion Related Common Factors in Psychotherapy. Miriam Brintzinger, Switzerland</td>
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<td>Improving emotion regulation with integrated psychotherapy approach: a case study. Zehra Ercan, Turkey</td>
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<td>A new measure for assessing the efficacy perception of online psychotherapy: the e-psychotherapy self-efficacy scale. Alessio Gori, PhD, Florence Italy</td>
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<td>Therapists Report Reduced Therapeutic Skills in Telepsychology Versus Face-to-Face Therapy. Tao Lin, USA/China</td>
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<td>Treating from Afar: Mental Health Providers’ Challenges and Concerns During the COVID-19 Pandemic. Suzannah Stone, USA</td>
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Harnessing the placebo effects using imaginary pills to transform emotional pain. Bagge Niels, Denmark

The centrality of emotion in developmental trauma and in the psychotherapeutic remediation of its adult consequences. Nia Pryde, UK

A clinician’s guide to the complex relationship between emotion and memory reconsolidation. Jeffery Smith, USA

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Play and Words

Predicting properties of alexithymia on help-seeking attitudes towards psychotherapy: A call out to practitioners to redefine the counselling mindset. Polychronis Makris, UK

The effectiveness of Sandplay Therapy in treating Generalized Anxiety Disorder patients with childhood trauma as seen through metabolite changes in Dorsolateral Prefrontal Cortex and Centrum Semiovale. Mariana Foo, Indoenesia

Therapy with Games: Core & Becoming Model Focused on Secure Attachment. Nurşen Şirin, Turkey

Panel/Symposium

On-Demand Panel/Symposium

Emotion focused therapy Panel

Orientation of Beginner Integrated Therapists to Emotion Focused Therapy. Anisha Shah, India

The Empowering Emotion -focused therapy @EU project: Presenting a Strategic Partnership to disseminate the practice, supervision and training in emotion-focused in European countries. Carla Cunha
A case of emotion-focused therapy with an unexpected outcome. Jules Mathys, Switzerland

Trauma work in emotion focused therapy. Habibe Aykan, Turkey

Discussant: Dr. Catalina Woldorfsky, Switzerland.

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<td>An existential integrative therapeutical approach: transforming painful life crisis emotions through awareness, creativity and meaning. Maria Durao, Argentina</td>
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<td>Philosophical background of integrated psychotherapy. Patricie Juračková, Czech Republic</td>
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<td>Emotions on the Psychodramatic Stage. Elif Baybuğa, Turkey</td>
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<td>The role of emotions and action catharsis in the role improvement processes in psychodrama. Sueda Ozcan Ceran, Turkey</td>
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<td>The emotional personality of psychotherapists. Antonio Alcaro, Italy</td>
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### Panel/Symposium

**The Management of the Therapist's Affective Resonances (MTAR).** Florence Belasco, Italy.

Therapists’ experiences about alliance, communication, and program suitability in a blended online intervention to promote resilience after a natural disaster. Zhaoyi Chen, USA/Canada

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<td>Role of the image in reaching emotions.** Hasip Hakverir, Turkey.</td>
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<td>The rules of emotions.** Vaclav Hyrman, Canada</td>
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### On-Demand Structured Discussions

**Structured Discussion**

**Moderator:**

Orrin-Porter Morrison, Private Practice, Canada

**On-Demand Structured Discussion**

**The Role of Spirituality in Psychotherapy**

**Discussants**

Orrin-Porter Morrison, Private Practice, Canada
Antonio Pascual-Leone, University of Windsor, Canada
Josee Jarry, University of Windsor, Canada
Joseph Hoyda, University of Windsor, Canada (student)
Barbara Helms, Chaplain with the Canadian Armed Forces and Ottawa Muslim Association, Canada

**Structured Discussion**

**CO MODERATORS**

Jeanne Watson, PhD
University of Toronto. Canada

**The Responsive Therapist: Markers, Emotions, and Integration**

**Discussants**

Catherine Eubanks PhD–Yeshiva University, USA
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<td>Brigham Young University, USA</td>
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<td>Russ Bailey - Brigham Young University, USA</td>
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<td>Ben Ogles - Brigham Young University; USA</td>
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<td>Alex Vaz - ISPA-University Institute; Portugal</td>
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<th>Modeling the Emotional Dynamics of the Therapeutic Relationship</th>
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<td>Paul R. Peluso, Ph.D., Florida Atlantic University, USA</td>
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<td>Andrew Baker, Ph.D.</td>
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<td>Robert Freund, Ph.D.</td>
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<td>Patricia Diaz, Ph.D.</td>
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**On-Demand Mini-Workshops**
There are many on-demand videos for mini-workshops. Learn from an expert at your own pace and on your own schedule.

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<td>Moderator and Presenter David Mars, Ph.D.</td>
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<td><strong>How Healing Portrayals Can Help Create a Fresh Reconsolidation of Memory of Traumatic Events and Potentiate a Transformative Process to Reduce Re-Enactments of Trauma-Based Emotional Patterns</strong></td>
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<td>Moderator and Presenter David Mars, Ph.D.</td>
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<td><strong>Seven Channels of Experience and How the Selective Perception, Reception and Expression of Them Can Evoke and Amplify Emotion Especially with Those with Avoidant Attachment Styles</strong></td>
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<td><strong>Why Do Men Show So Much Dysfunction in Emotional and Relational Reactivity and Stuckness in Daily Life (and in Psychotherapy) and What Can We Do About It</strong></td>
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<td>Illuminating the Emotions Within: Oneness Model</td>
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<td>Memory Reconsolidation Fulfills Goldfried’s Vision: An Empirical, Potent Process of Lasting Change Shared Across Therapies</td>
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Presenters:
Lisbeth Parra, liparra@montefiore.org, Montefiore Medical Center, USA
Christian Larios, clarios@montefiore.org, Montefiore Medical Center, USA
Traci Pacita Maynigo, tmaynigo@montefiore.org, Montefiore Medical Center, USA
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<td>Moderator and Presenter: Yakov Shapiro, M.D. Clinical Professor and Psychotherapy Supervisor University of Alberta, Edmonton, Canada</td>
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<td>Albert Sheldon University of Washington, Seattle, WA</td>
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<td>Beatriz Sheldon Seattle, WA</td>
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SEPI's 37th Annual Meeting
Online/Virtual
POSTER SESSION

38 posters to peruse at your leisure!

   
   Barthasarathy Arunya, Paulomi M Sudhir, and Shyam Sundar

   
   Panos Asimakis and Gudrun Stummer

3. Memory Lane: Successful Resolutions as a Potential Path Towards Corrective Emotional Experience.
   
   Tal Ben David Sela, Yara Khoury, Liat Leibovich, and Sigal Zilcha-Mano

4. Understanding the Relationship Between Clients’ Emotion Dysregulation and Presenting Mental Health Functioning.
   
   Xiqiao Chen, Marissa Pizziferro & Richelle Allen

   
   Zhaoyi Chen

   
   Paula Dagnino, Ana Calderón, Rolando De la Cruz, and Sergio Gloger

   
   Mariana Neves Galante Dias, Patrícia Filipa Nunes Oliveira,
   Ana Raquel Jesus Faia Terruta da Silva, André Marques Ferreira, and
   Nuno Miguel Silva Conceição

   
   Julia Dobner-Pereira, Ken Critchfield, and Rebekah Martin

   
   Tohar Dolev-Amit, Aviv Nof, Amal Asaad, Amit Tchizick, and Sigal Zilcha-Mano

11. Semantic differentiation of food attributes in consciousness of people with disordered eating (orthorexia nervosa).

Maryna Fatieieva


Benjamin Feldman, Hanna Levenson, and Lynne Angus

13. Personality pathology as a moderator of within and between-patient effects of emotion regulation on outcome in a naturalistic sample.

Javier Fernandez-Alvarez, Beatriz Gomez, Martin Grosse Holforth, and Juan Martin Gomez Penedo


Hadar Fisher

15. A Qualitative Investigation of Therapist Experiences with Countertransference.

Shainoor Kara, Ann Hérard, and Nicola Gazzola

16. A Qualitative Exploration of Feelings of Incompetence Among Counselling Interns.

Bradley Daly, Lydie Masengo, and Nicola Gazzola

17. A Qualitative Investigation of Novice Therapists’ Experiences of Workplace Emotional Distress and Self-Care.

Cara Chen, Lydie Masengo, and Nicola Gazzola


Raymond Hawkins and Catherine Hawkins

19. Quality of Life Enhances Group Psychotherapy Effectiveness.

Jackson Hewitt, Paul Hewitt, Martin Smith, Randy Paterson, and Joelle LeMoult


Laine Jäderberg and Alistair McBeath

21. Development and demonstration of a Self-Understanding of Interpersonal Patterns Scales- Interview (SUIP-I) scaling system.
Maya Joffe, Lirit Yaffe-Herbst, Mary Beth Connolly Gibbons, and Sigal Zilcha-Mano

22. Exploring the effectiveness of an online workshop for emotional intelligence in undergraduate students.

Alan Kian and Alberta Pos

23. What makes it so hard to use what we learn? The Gap Between Skill Acquisition and Skill Application Comparing English and Spanish-Speaking Couples in a Relationship Education Program.

Christian Larios, Mary V. Minges, Wenzhu Mowrey and, Traci Maynigo


Florence Lau and Vera Békés

25. Changing emotion with emotion: The best sequence for emotional transformation depends on the target concern.

Stephanie Nardone and Antonio Pascual-Leone

26. Trauma and Depression: A Study of the Trauma Practice Approach to Treatment.

Lucas Norton, Cassandra Wyers, Kristina Cordeiro, Anna Baranowsky, and Robert T. Muller

27. Facilitating Characterological Change: Preliminary Study on Therapists Training in Habit Interruption according to Zoltan Gross’s Theory.

Patrícia Filipa Nunes Oliveira, Mariana Neves Galante Dias, Ana Raquel Jesus Faia Terruta da Silva, André Marques Ferreira, and Nuno Miguel Silva Conceição

28. Are all measures equal? An exploration of self-report measures across Latinx individuals born outside or inside the U.S.

Lisbeth Parra, Mary V. Minges, Wenzhu Mowrey, Moshe Moeller, and Traci Maynigo

29. The Ability of Nonverbal Synchrony to Serve as a Marker of Alliance Ruptures.

Galit Peysachov, Keren Cohen, Tohar Dolev-Amit, Fabian T Ramseyer, and Sigal Zilcha-Mano
30. Working with mental health patients' emotions associated with the threads of COVID-19 pandemic.

   Kyriakos Platrites and Mikaella Kokkinou

31. Borderline personality disorders in transition from adolescent to adult specialised services.

   Elisabetta Scanferla, Philiber Duriez, Julia Clarke, Mathilde Septier, Philip Gorwood,

   and Lucia Romo


   Geoffrey Stone and Nicola Gazzola

33. Predictors of Attrition in Relationship Education Workshops.

   Lauren Sweitzer, Anders Chan, Traci Maynigo, Moshe Moeller, Scott Wetzler, Mary Minges, Lawrence Chau, and Michael Scuello

34. Identifying Ruptures and Repairs in Alliance-Focused Training Group Supervision.

   Jonathan Warren, Catherine Eubanks, and J. Christopher Muran

35. The Impact of Shame on the Therapeutic Alliance Through a Rupture-Repair Framework.

   Jonathan Warren and Catherine Eubanks


   Gregory Weil, Howard Steele, Catherine F. Eubanks, and J. Christopher Muran


   Nicole Weishoff, Katie Aatjes-van Doorn, Tracy Prout, and Leon Hoffman

38. Cognitive behavioral therapy approach’s view of emotions and intervention methods: case of depression

   Bahtiyar Eraslan Çapan