

(Course taught occasionally at the University of Scranton and, in the past, at the University of Rhode Island.)

Psychotherapy Integration

Fall 2016

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Description: A critical and comprehensive survey of psychotherapy integration, including conceptual underpinnings, historical perspectives, research evidence, integrative psychotherapy models, integrative treatment modalities, as well as future directions. Case presentations and videotaped sessions of integrative psychotherapies are highlighted.

Evaluation: (1) Successful completion of assigned readings and videotapes; (2) critical analysis and discussion of assignments at weekly classes; (3) quality of 12 weekly papers prepared in APA style; and (4) a final paper.

Texts:

Norcross, J. C., & Goldfried, M. R. (Eds.). (2005). *Handbook of psychotherapy integration* (2nd ed). New York: Oxford University Press.

The required videotapes will be furnished by the professor and the library.

| Week | Topic | Readings & Videotapes |
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| 1 | Welcome; Conceptual Underpinnings | SEPI website; browse JPI |
| 2 | Historical Perspectives | Chapters 1 and 2 |
| 3 | Common Factors | Chapters 3 & 4 Miller videotape |
| 4 | Technical Eclecticism: Multimodal Therapy | Chapter 5 Lazarus videotape |
| 5 | Technical Eclecticism: STS | Chapter 6 Beutler videotape |
| 6 | Theoretical Integration: Transtheoretical Therapy | Chapter 7 Norcross videotape |

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| 7 | Theoretical Integration: Cyclical Psychodynamics | Chapter 8 Wachtel videotape |
| 8 | Assimilative Integration | Chapters 10 & 11 Stricker videotape |
| 9 | Integrative Therapy for Borderline Personality | Chapter 14 Linehan videotape |
| 10 | Integrative Therapy for Culturally Diverse | Chapter 15 Comas-Diaz videotape |
| 11 | Integrating Therapy Formats | Chapter 17 Videotape TBA |
| 12 | Student choice: Integrating Spirituality & Therapy or Integrating Pharmacotherapy & Therapy | Chapter 19 or 20 Videotape: TBA |
| 13 | Training and Research Perspectives | Chapters 21 & 22 Supervision videotapes |
| 14 | Possibilities and Directions | Chapter 23 & 24 Final Paper Due |