

SEPI XXXV ANNUAL MEETING

Lisbon, Portugal • June 6 - 8, 2019



In partnership with the Faculdade de Psicologia - Universidade de Lisboa

CALL FOR SUBMISSIONS

The Society for the Exploration of Psychotherapy Integration (SEPI) invites submissions for the 35th Annual Conference to be held in Lisbon, Portugal from Thursday, June 6, to Saturday, June 8, 2019. Pre-conference workshops will be held the morning of June 6. The conference site will be the **Faculdade de Psicologia - Universidade de Lisboa**.

SEPI is an international, interdisciplinary organization of practitioners and scholars exploring the benefits of integrating ideas from multiple perspectives and promoting alternative ways of meeting the needs of our clients. SEPI also advances the integration of practice and research.

Conference Theme: Building Alliances

The therapeutic alliance is a robust predictor of outcome across theoretical orientations, and has been referred to as the “quintessential integrative variable” (Wolfe & Goldfried, 1988). The theme for the SEPI 2019 conference, *Building Alliances*, recognizes the centrality of the alliance in psychotherapy practice and research. Consistent with this theme, the conference will include a plenary session celebrating the legacy of Jeremy Safran, whose integrative work on alliance ruptures has made an indelible impact on the field.

However, the theme of *Building Alliances* is not limited to the alliance between a patient and a therapist. We seek to encourage submissions featuring many types of collaborative partnerships:

- **Building alliances across disciplines:** SEPI was initially founded by psychologists and a majority of SEPI members are from the field of psychology. However, the world of mental health care practice and research is larger than psychology, and there is much to be gained from collaborating with practitioners and researchers from disciplines such as social work, mental health counseling, and psychiatry. We welcome submissions that feature collaborations across disciplines and/or include presenters from multiple disciplines.
- **Building alliances across generations:** In a world that seems to change so rapidly, what can therapists and researchers from different generations learn from each other? We welcome submissions that feature intergenerational collaborations and presenters.
- **Building alliances across countries and cultures:** In order to be effective therapists and researchers and scholars of therapy, we must explore and affirm the cultural diversity of patients and practitioners. We welcome submissions that highlight cultural factors and feature presenters from different countries and/or cultural backgrounds.
- **Building alliances between practitioners and researchers:** To quote SEPI's mission statement, "effective psychotherapy must be rooted in both clinical observation and empirical verification." We welcome submissions that feature and encourage active collaboration between researchers and practitioners and provide opportunities for members of both groups to learn from each other.
- **Building alliances across theoretical orientations and treatment modalities:** Last but certainly not least, we welcome submissions that focus on psychotherapy integration and/or collaborations across different orientations and/or treatment modalities.

PROGRAM FORMAT

We encourage the participation of practitioners and scholars from all psychotherapy traditions and disciplines to attend our 2019 conference. The program will consist of **pre-conference workshops, panels, structured discussions, mini-workshops, individual papers, and posters**. There also will be plenary panels and the SEPI president's address.

We wish to underscore that:

- SEPI is particularly devoted to facilitating dialogue among participants. As such, all presentations should allocate ample time for audience participation and discussion.
- We encourage the use of videotaped sessions, verbatim transcriptions, demonstrations, case presentations, or other methods that ground the dialogue, clarify practical considerations, and demonstrate clinical application. Please be sure to secure client's informed consent for the ethical use of session material.

TYPES OF PRESENTATIONS

PANELS/SYMPOSIA (75 minutes)

A panel/symposium is a formal presentation that ideally includes 3 presenters and 1 discussant, leaving time for audience participation. Each panel must have a moderator who will introduce the presenters and topics, monitor time allotments, and guide audience participation.

STRUCTURED DISCUSSIONS (75 minutes)

Please note that the moderator of a discussion group is responsible for confirming at least two other individuals' participation and for organizing all aspects of the presentation. Film, videotape, music, artwork, or other forms of media can also be used to stimulate discussion.

MINI-WORKSHOPS (75 minutes)

Mini-workshops are designed primarily for practitioner audiences and focus on skill development or experiential involvement. Preference will be given to workshops that include multiple presenters. A workshop "summary sheet" (overview of the topic) and handouts (if applicable) should be available to

participants. Only a limited number of mini-workshops will be possible during the conference. Due to the short nature of these workshops, a pointed focus is desirable.

INDIVIDUAL PAPERS (15 minutes)

This category includes research, theoretical, and clinical papers that are not part of a panel/symposium. The program committee will form accepted papers into panels. However, we **strongly** recommend that instead of submitting individual papers, you try to create a panel yourself by seeking out other people doing similar work and recruiting a discussant. For this purpose, you are encouraged to use the SEPI listserv or Facebook

POSTERS

Posters are graphic representations of the results of studies or tools to help in decision-making. Interested attendees have one-on-one discussions with the presenter whose work is displayed. Poster dimensions should approximate 91 x 122 cm (or 36 x 48 inches). Many attendees appreciate receiving a handout that summarizes a poster's findings.

PRE-CONFERENCE WORKSHOPS (3 hours)

Pre-conference workshops are scheduled the morning of the first day of the conference to allow participants to learn about a particular approach in more depth. Preference will be given to pre-conference workshops that include multiple presenters. A very limited number of pre-conference workshops will be possible.

LIMITS ON FIRST AUTHORSHIPS

There is a **limit of two first-author presentations at the conference**; however, there is no limit on other forms of participation, such as discussant, moderator, or second authorship. All presenters will be subject to the usual registration fee for the conference.

DEADLINE FOR SUBMISSIONS

The submission deadline is **December 22, 2018**. Submit online through the SEPI Conference submission portal at <http://www.mymeetingsavvy.com/sepi>. The program committee will send notices of acceptance by February 28, 2019.

Please note that if you are submitting a panel, structured discussion, or workshop, you must provide **two learning objectives** and upload the **CVs of all presenters** as part of your submission. Guidance for writing learning objectives is available within the submission portal. We encourage submitters of panels, structured discussions, and workshops to obtain your co-presenters' CVs prior to logging into the submission portal. These materials are required in order to facilitate making conference submissions eligible for continuing education credit, which is a great service to many SEPI members.

Continuing education for psychologists will be offered through the Society for the Advancement of Psychotherapy (Division 29 of the American Psychological Association/APA). The Society for the Advancement of Psychotherapy is approved by the APA to offer continuing education for psychologists, but the Society maintains responsibility for the program.

CONFERENCE LANGUAGE

Please note that presentations must be given in English. Please rest assured that perfect English is NOT a requirement; however, presentations must be understandable to English speakers.

REVIEW CRITERIA

All submissions are rated for rigor (scientific, clinical or theoretical), scope of coverage, relevance to psychotherapy integration, and consistency with the meeting theme. Mini-workshops and pre-conference

workshops are additionally rated for presenter qualifications and usefulness of the training objectives. Proposals must be sufficiently detailed to allow evaluation of these criteria.

TRAVEL AWARDS

Student travel stipends

Six student stipends not to exceed \$500 each are available to defray costs for students who are presenting at the conference. To qualify for a stipend, students must be the first author and presenter of a paper or poster and must be SEPI members. The submission portal provides an opportunity for students to indicate that they are interested in being considered for a travel stipend.

Paul L. Wachtel Travel Grants

Up to two travel grants not to exceed \$1000 each are available to support travel to the conference by SEPI members and SEPI fellows. Please note that SEPI student members are not eligible for these grants. To apply, please go to the awards section of the SEPI website: https://www.sepiweb.org/page/wachtel_award.

We hope to see you in Lisbon!

PROGRAM COMMITTEE

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For conference specific questions/requests, please contact us at: sepichair2019@gmail.com