Conference Program
SEPI 35th Annual Meeting
Lisbon, Portugal, June 6 - 8
2019

Building Alliances
WELCOME!

Dear Colleagues,

On behalf of the Program and Local Organizing Committees, we welcome you to Lisbon for the 35th Annual Conference of the Society for the Exploration of Psychotherapy Integration.

The theme of this conference is **Building Alliances**. As befits this theme, the program includes many submissions that focus on the development and maintenance of the therapeutic alliance, which is one of the most consistent predictors of good outcome across therapeutic orientations. In addition, this conference features symposia, structured discussions, mini-workshops, and posters examining other kinds of alliances that are important to psychotherapy, such as alliances across theoretical orientations, modalities, disciplines, generations, countries, and cultures, as well as alliances between supervisors and supervisees, and between researchers and practitioners.

The program begins on Thursday morning with three pre-conference workshops. Following the lunch break, we will convene to welcome everyone to Lisbon, with a warm greeting from our local organizing chair, Nuno Conceição, and the Dean of the Faculty of Psychology, Luís Curral. We will also pay tribute to Abe Wolf, who embodied the best of SEPI. Thursday afternoon’s plenary session will highlight how SEPI Regional Networks build alliances among integrative therapists around the world. The session will feature a keynote address by António Branco Vasco, who is widely recognized as the father of psychotherapy integration in Portugal.

Friday’s schedule includes a special plenary session honoring the life and legacy of Jeremy Safran, whose intellectual brilliance and interpersonal warmth touched the lives of many SEPI members. Chris Muran, Rhonda Goldman, and António Branco Vasco will share some of their memories of Jeremy and reflections on his contributions.

Both Thursday and Friday evenings feature poster sessions. The Thursday poster session will include a welcome reception, and the Friday poster session will include a cash bar. Poster sessions are an excellent opportunity to meet and build alliances with other conference attendees.

During the Saturday lunchtime, we will have Research Consultations organized by SEPI’s Research Committee; Practice Consultations, organized by SEPI’s Practice Advocacy Committee; and a meeting of the Regional Networks. Saturday’s plenary session will include an awards ceremony, an important opportunity to come together as a SEPI community to celebrate our members. We hope that many of you will also join us to celebrate at the closing Saturday night party.

Our hope is that this conference will give you the opportunity to reconnect with friends and colleagues and also build new connections. The program provides opportunities to be engaged and challenged.

This conference program is the result of the dedicated efforts of many talented SEPI contributors. In particular, I wish to recognize the Program Committee, the Local Host Committee led by Nuno Conceição, Continuing Education Chair Jack Anchin, SEPI Administrator Tracey Martin, and the indefatigable Alexandre Vaz, Program Assistant.

Catherine Eubanks
SEPI President and Program Chair
PROGRAM COMMITTEE
Catherine Eubanks, Ph.D., Program Chair
Shigeru Iwakabe, Ph.D.
Judith C. Baer, MSW, Ph.D.
Daniel Fishman, Ph.D.
Tracy A. Prout, Ph.D.
Sigal Zilcha-Mano, Ph.D.
Richard Lane, MD
Alexandre Vaz, M.A., Program Assistant

SEPI EXECUTIVE COMMITTEE
Catherine Eubanks, Ph.D., President
Stanley Messer, Ph.D., Past-President
Shigeru Iwakabe, Ph.D., President-Elect
Alberta Pos, Ph.D., President-Elect Designate
Kristin Osborn, M.A., LMHC, Secretary
Steven A. Sobelman, Ph.D., Treasurer
Tracey Martin, Administrative Officer

LOCAL HOST COMMITTEE
Nuno Conceição, Ph.D., 2017 President, Local Committee
Chair António Branco Vasco, Ph.D.
Ana Catarina Nunes da Silva, Ph.D.
Joana Fojo Ferreira, Ph.D.
Catarina Vaz-Velho, Ph.D.
Luís Gonçalves, M.A.
João Salgado, Ph.D.
Beatriz Rebelo, M.A.
Daniel Sousa, Ph.D.
Alexandre Vaz, M.A.

SEPI WEBSITE: www.sepiweb.org

SEPI CONFERENCE ACTIVITIES

SEPI Regional Network Coordinators Meeting:
This meeting will be held on Saturday from 1-2:15 in Room 1.

Research Consultations:
These will be held on Saturday from 1-2:15 in Room 3.

Practice Consultations:
These will be held on Saturday from 1-2:15 in Room 6.

Proposed SEPI Convergence Special Interest Group:
This meeting will be held on Friday from 1-2:15 in room 6.
CE CREDITS

Continuing Education credits will be available for approved programming at the 2018 SEPI Conference and will be sponsored by the Society for the Advancement of Psychotherapy-Division 29 of the American Psychological Association. The Society for the Advancement of Psychotherapy is approved by the American Psychological Association to offer continuing education for psychologists. The Society for the Advancement of Psychotherapy maintains responsibility for the program.

CE Credits are granted to participants with documented attendance at eligible sessions and completed evaluation forms for those sessions. Attendance is monitored. Credit will not be granted to registrants who are more than 15 minutes late, are absent for more than 15 minutes during a session, or those who depart more than 15 minutes early from a session. Credit will not be granted to registrants who do not submit a completed evaluation form at the end of the session. It is the responsibility of registrants to comply with these requirements. It is the responsibility of the attendee to determine whether these CE credits are valid in his/her state of licensure or his/her country.

Attendees who have paid the CE fee will receive a CE passport at the beginning of the conference and must bring it to all attended CE sessions. At the beginning of each session, the attendance monitor for the session must stamp/sign you in. At the end of each session, the monitor must stamp/sign you out. At this time you will also receive an evaluation form that must be completed. These forms can be dropped into the CE feedback dropboxes in the registration area. At the close of the conference, turn your passport in to a representative of SEPI who is authorized to verify and sign the form. You will receive a receipt for your log and the approximate CE hours it represents. A CE certificate will be emailed to you so please ensure that a valid email address is included on the passport.

CE COMPLAINT PROCEDURE

Should you wish to file a formal complaint about the CE process, please visit the Society for the Advancement of Psychotherapy’s website: http://societyforpsychotherapy.org/ for a complete list of instructions. The Society for the Advancement of Psychotherapy-APA Division 29 is approved by the American Psychological Association to offer continuing education for psychologists. The Society for the Advancement of Psychotherapy-APA Division 29 maintains responsibility for the program.
## SEPI CONFERENCE 2019 - FINAL PROGRAM OVERVIEW

### THURSDAY, JUNE 6

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<th>Time</th>
<th>Amphitheatre I</th>
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<tr>
<td>10:00-1:00</td>
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<td>Pre-Conference</td>
<td>Pre-Conference Workshop #1</td>
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<td>Workshop #1</td>
<td>How to be a transformational therapist and integrate transformational work into your clinical practice</td>
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<td>Fosha &amp; Conceição</td>
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<td>2:00-2:15</td>
<td>OPENING</td>
<td>Remarks</td>
<td>Building alliances around the world: SEPI Regional Networks</td>
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<td>Remarks</td>
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<td>Varieties of the responsive experience in psychotherapy integration: <strong>António Branco Vasco</strong></td>
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<td>2:15-3:30</td>
<td>PLENARY</td>
<td>KEYNOTE</td>
<td>Integrative psychotherapy in Latin America: An overview</td>
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<td>Bagladi, Balarezo, Dubourdieu, &amp; Gomez</td>
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<td>3:30-3:45</td>
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<td>When the working alliance is the therapy: The vicissitudes of treating individuals with complex traumatization</td>
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<td>Daly, Caron, &amp; Davidtz</td>
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<td>3:45-5:00</td>
<td>Looking at integration from different perspectives</td>
<td>Updates on memory reconsolidation work</td>
<td>Evidence-based psychotherapy training</td>
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<td>Horvath, Tishby, Muran, &amp; Stiles</td>
<td>Goldman, Fredrick, &amp; Lane</td>
<td>Aafjes-van Doom, Prout, &amp; Bate</td>
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<td>Integrative Psychotherapy Research</td>
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<td>Coffee Break</td>
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<td>Caspar, Calaboiça, Morrison, &amp; Podina</td>
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<td>5:30-6:45</td>
<td>CBT and existential/humanistic approaches to couple therapy: Convergence, divergence and integration</td>
<td>Attention to living-in-the-world as a key to effective integrative practice</td>
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<td>Shapiro, Patterson, &amp; Fishman</td>
<td>Psychotherapy change processes with children and adults</td>
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<td>Prout, Kufferath-Lin, &amp; Rudenstine</td>
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<td>6:45 —</td>
<td>Poster Session &amp; Welcome Reception</td>
<td>Integrative Psychotherapy Research ISMAI depression project: Outcome and change process studies on a comparative clinical trial of EFT and CBT for depression</td>
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<td>Salgado, Vieira, Basto, &amp; Barbosa</td>
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<td>A comparative assessment of emotion-focused therapy practice, training, and supervision in Turkey</td>
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<td>Ozakkas, Aslan, Sezgin, Gullu, &amp; Can</td>
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<td>Bridging practice, supervision and research: The fun of learning integration even without fund</td>
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<td>Conde, Gonzalez, Conceição, Vaz, Silva, &amp; Ribeiro</td>
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<td>8:30-9:45</td>
<td>How are the broad integrative constructs of Appropriate Responsiveness, Facilitative Interpersonal Skills and Alliance similar and different? Anderson, Stiles, Westra, Kramer, &amp; Horvath</td>
<td>Ambivalence, alliance ruptures and therapeutic outcomes Oliveira, Ferreira, &amp; Urmanche</td>
<td>Zoom-In: Clinical and supervisory implications of intrapersonal and interpersonal therapy factors and their impact on the therapeutic alliance Gardner, Liu, Shanahan, &amp; Small</td>
<td>Highlights of psychotherapy integration around the world Gómez, Iwakabe, &amp; Vaz</td>
<td>Toward an understanding of the therapeutic alliance with adolescents Cassell, Groth, &amp; Cirasola</td>
<td>Integrating mindfulness- and compassion-based approaches into trauma treatment Favorite &amp; King</td>
<td>Retrospective analysis of psychodynamically-oriented integrative psychotherapy of personality disorders Ozakkas, Yesilbas, Dikmen, &amp; Gunakan</td>
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<td>9:45-10:00</td>
<td>Lessons and confessions from master clinician-supervisors Ochoa, Muran, Angus, Iwakabe, Levenson, &amp; Machado</td>
<td>Psychotherapy as a means of supporting social change Mustakova, McLeod, Sundet, Vaz, &amp; Conceição</td>
<td>Ethical issues in integrative practice &amp; research Bascunan, Bryant, &amp; Horvath</td>
<td>Integrating technique and the therapeutic alliance to achieve better outcome: New ways for looking at individual psychotherapy Leibovich, Nof, &amp; Beiman</td>
<td>Interpersonal reconstructive therapy: Overview and application using experiential interventions within individual and group psychotherapy Dobner-Pereira, Critchfield, Sorbi, &amp; Haase</td>
<td>An analysis of negative identity from different psychodynamic perspectives and cultural implications Tarhan, Ozakkas, Suna, Oktem, Tuncel, &amp; Hızar</td>
<td>Building alliances in the provision of care: Psychology trainees’ experiences working in interdisciplinary team settings Brooks, Schloss, Zelen, Shires, &amp; Tidwell</td>
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<td>10:00-11:15</td>
<td>Mechanisms of change in different forms of psychotherapy Eubanks, Kramer, Beiman, Messer, &amp; Luyten</td>
<td>Deliberate practice for therapists’ facilitative interpersonal skills Anderson, Vaz, Bate &amp; Sousa</td>
<td>The drama of psychotherapeutic conversation: Take 2 on personality change Gross &amp; Conceição</td>
<td>Autonomy-connectedness: A transdiagnostic factor for mental health problems, to be targeted in diverse psychotherapy types Kunst, Maas, &amp; Moleiro</td>
<td>Importance of interdisciplinary, intergenerational, and intercultural collaborations amongst clinicians and researchers (…) Verdon, Maher, &amp; Rabiau</td>
<td>Contextual trauma therapy: Fostering growth via the treatment and supervisory alliances Gold, Daly, &amp; Quiñones</td>
<td>Supervisor-supervisee: allies in the therapeutic trenches Harwell, Morgan, &amp; Taylor</td>
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<td>Remembering Jeremy Safran</td>
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<td>António Branco Vasco, Rhonda Goldman, and J. Christopher Muran</td>
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<td>3:45-5:00</td>
<td>Using qualitative clinical analysis to document the consistency of the phenomenology of transformational healing in AEDP therapy across different cultures Fishman, Fosha, Miqdadi, Ye-Perman, Welling</td>
<td>Working with identity, self-soothing, and forgiveness in emotion-focused therapy for couples Goldman &amp; Woldarsky</td>
<td>A closer look at the change mechanism of corrective emotional experience: Extending our understanding of the core change mechanism in psychotherapy Nakamura, Alberti, &amp; Massazza</td>
<td>Emotion focused therapy under different lenses: Looking at alliance ruptures, treatment integrity and self-forgiveness of emotional injury Cunha, Couto, Monteiro, &amp; Costa</td>
<td>Supervisee disclosure/non-disclosure in psychotherapy supervision: The supervisory alliance and the context Kanazawa, Basseches, &amp; Brandão</td>
<td>Alliances across disciplines and countries Jose, Stucker, &amp; Callahan</td>
<td>Building alliances across national and cultural boundaries—Reflecting on our beliefs and assumptions inside and outside the clinical space Khan, Agrawal &amp; Zhen-Duan</td>
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<td>5:30-6:45</td>
<td>Patient and personality factors in relation to alliance, process and outcome Werbart, Dimaggio, &amp; Kealy</td>
<td>Allying with clients’ self-healing potential: implications for integration Bohart, McLeod, &amp; Sundet</td>
<td>Therapist courage, self-disclosure, and therapeutic relationship: Therapist use of self in facilitating client change Kimura, Beiman, &amp; Svebeck</td>
<td>Advancing psychotherapy through technology and entrepreneurship Magnavita &amp; Vaz</td>
<td>Building alliance to promote applied integrative psychotherapy in Cyprus Platrites, Kazamia, Constantinou, &amp; Platrites</td>
<td>Bridges broken and restored Clark, Gutierrez-Kovner, &amp; Isaacson</td>
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<td>Poster Session &amp; Cash Bar</td>
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# SEPI CONFERENCE 2019 - FINAL PROGRAM OVERVIEW

## SATURDAY MORNING, JUNE 8

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<td>8:30-9:45</td>
<td>Videos of master supervisors at work: Building the supervisory alliance</td>
<td>Learning from the client: Discussion on a successful case in AEDP with the client, the therapist, and the researchers</td>
<td>Meaning in life: An area of integration</td>
<td>Recent developments of the FIS Task: Expanding competence measurement in new domains</td>
<td>Integrating perspectives: Bridging divides between healthcare disciplines, diverse provider backgrounds, and care providers and receivers</td>
<td>Building an alliance between psychology and religion Magaldi, Prout, &amp; Kufferath-Lin</td>
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<td>Levenson &amp; Inman</td>
<td>Iwakabe, Bahat, Rose, &amp; Fosha</td>
<td>Curtis, Fraenkel, &amp; Klaassen</td>
<td>Anderson, Finkelstein, Duffy, Vaz, &amp; Foley</td>
<td>Brooks, Schloss, Zelen, &amp; Shires</td>
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<td>10:00-11:15</td>
<td>Building alliance across countries and cultures</td>
<td>Beyond common and specific factors: Memory reconsolidation as a transtheoretical mechanism of change and unifying framework in psychotherapy</td>
<td>Innovative moments and ambivalence in psychotherapy: Current research and applications to practice</td>
<td>Shedding silos: Integrating psychotherapy research and clinical practice in a doctoral-level training clinic</td>
<td>Therapeutic collaboration: An integrative microprocess of both the therapist and client’s positions through therapy</td>
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<td>Inman, Wright, Lee, &amp; Nevo</td>
<td>Batista, Magalhães, &amp; Oliveira</td>
<td>Batista, Ecker, &amp; Vaz</td>
<td>Rudenstine, Ferrara, Punaes, &amp; Goldman</td>
<td>Ribeiro, Cardoso, &amp; Pinto</td>
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<td>11:15-11:45</td>
<td>Therapist’s persuasiveness: A neglected common factor?</td>
<td>Metacognitive Interpersonal Therapy for personality disorders: The experiential shift</td>
<td>A multi-faceted measure: Various applications of 3RS in psychotherapy research</td>
<td>Services to the underserved: Implementation of cross-cultural adaptations to modern therapy practices</td>
<td>Building alliance and change in psychotherapy with male clients acting violently against their female partner</td>
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<td>Vaz, Wachtel, Anderson, &amp; Angus</td>
<td>Dimaggio</td>
<td>Lipner, Dolev, &amp; Couto</td>
<td>LaCelle, Nackashi, Arcona, &amp; Torres</td>
<td>Bollingmo, Gravdal, &amp; Lamo</td>
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<td>1:00-2:15</td>
<td>Practice Consultations</td>
<td>Research Consultations</td>
<td>Regional Networks Meeting</td>
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<td>2:15-3:30</td>
<td>AWARDS AND PRESIDENTIAL ADDRESS</td>
<td>The Integrative Therapist</td>
<td>Catherine F. Eubanks</td>
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<td>3:45-5:00</td>
<td>Case formulation in the age of evidence-based practice</td>
<td>Facilitative interpersonal relationship skill training (FIRST): Can FIS be trained?</td>
<td>Tools of the trade: psychotherapists’ personal characteristics and therapeutic abilities</td>
<td>What can stand in the way of building a good alliance in early sessions of therapy: Client issues to watch for</td>
<td>Supervision, alliance &amp; moments of meeting</td>
<td>The contemporary strive to diminish schisms in psychotherapy: Building bridges across modalities and disciplines</td>
<td>Case formulation integrating a developmental phase-by-phase perspective: Applications of the Paradigmatic Complementarity Metamodel</td>
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<td>Kramer, Goldman, &amp; Critchfield</td>
<td>Bate, Perlman, Duffy, &amp; Ryum</td>
<td>Kealy, Laverdière, Lecours, &amp; Shahar</td>
<td>to watch for Pos</td>
<td>Hennissen, McCrossin, Heinonen &amp; Bekes</td>
<td>Tsiakos, Triantafyllopoulou, &amp; Theodorakopoulou</td>
<td>Ferreira, Nunes da Silva &amp; Vaz Velho</td>
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<td>5:00-5:30</td>
<td>Coffee Break</td>
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<td>5:30-6:45</td>
<td>How do we think about causality? Implications for psychotherapy practice and research</td>
<td>Testing the efficacy of a deliberate practice workshop for identifying and navigating markers of ambivalence and resistance</td>
<td>Do personality disorders demand better alliances between and case formulation, moment-to-moment, and phase-to-phase maps or heuristics?</td>
<td>Three critical moment in psychotherapy</td>
<td>Contemporary problems gay men bring to psychotherapy: everything a straight therapist needs to know</td>
<td>Integrating culture and elasticity in education and practice of psychotherapy</td>
<td>Integrating music and the arts into integrative couple and family therapy: A cross-cultural discussion</td>
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<td>McLeod, Bohart, Sundet, &amp; Fishman</td>
<td>Anderson, Poulin, Westra, &amp; Norouzian</td>
<td>Amaro, Conceição, Dimaggio, &amp; Critchfield</td>
<td>Fernandes, Basseches, Brandão, &amp; Santos</td>
<td>Ozakkas, Yazici, Yazici</td>
<td>Integrating culture and the arts into integrative couple and family therapy: A cross-cultural discussion</td>
<td>Fraenkel, Vicencio, &amp; Palmer</td>
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<td>7:30</td>
<td>Gala Dinner. Tickets required.</td>
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Thursday, June 6

Pre-Conference Workshop
Organizer: Diana Fosha, AEDP Institute, New York

Thursday | 10:00 AM — 1:00 PM | Room 11
How to be a transformational therapist and integrate transformational work into your clinical practice: Insights from the clinical practice of and research into AEDP

Diana Fosha, AEDP Institute, New York, NY
Nuno Conceição, University of Lisbon

Pre-Conference Workshop
Organizer: John McLeod, University of Oslo, Norway

Thursday | 10:00 AM — 1:00 PM | Room 5
An introduction to pluralistic therapy

John McLeod, University of Oslo, Norway
Marcella Finnerty, IICP College, Dublin, Ireland
Julia McLeod, University of Abertay Dundee, UK
Rolf Sundet, University of South-Eastern Norway

Pre-Conference Workshop
Organizer: Lynne Angus, York University, Canada

Thursday | 10:00 AM — 1:00 PM | Room 1
From same old storytelling to self-narrative change: An evidence-based, marker guided approach to facilitating client change processes in brief therapy

Lynne Angus, York University, Canada
Christiane Macaulay, York University, Canada
Jasmine Khattra, York University, Canada
Lunch
Thursday | 1:00 PM — 2:00 PM |
Explore local restaurants (on your own)

Opening Remarks & Keynote Address
Thursday | 2:00 PM — 3:30 PM | Amphitheatre I
Welcome to SEPI 2019
Catherine Eubanks, Yeshiva University, USA
Nuno Conceição, University of Lisbon, Portugal
Luís Curral, University of Lisbon, Portugal

Tribute to Abraham W. Wolf
Marvin R. Goldfried, Stony Brook University, USA

Building alliances around the world: SEPI Regional Networks
Beatriz Gómez, Aigle Foundation, Argentina
Tahir Özakçaş, Psikoterapi Enstitusu, Turkey
Magdalena Frouzová, Skálův institut, Czech Republic

Varieties of the responsive experience in psychotherapy integration
António Branco Vasco, University of Lisbon, Portugal

Break
Thursday | 3:30 PM — 3:45 PM |

Panel
Thursday | 3:45 PM — 5:00 PM | Amphitheatre I
Looking at integration from different perspectives

Processing rupture and repair of the alliance: Its relation to emotion regulation and changes in interpersonal relationships
Orya Tishby, Hebrew University, Jerusalem, Israel

Elaborating on Bordin: From purposeful collaboration & emotional bond to intersubjective negotiation
J. Christopher Muran, Adelphi University, New York, USA

What does the history and development of the alliance concept tell us about a road map for integration?
Adam Horvath, Simon Fraser University, Vancouver, Canada

What kind of psychotherapy theories are we exploring the integration of?
William Stiles, Miami University, Oxford, USA
Panel
*Emotion*
Organizer: Rhonda Goldman, The Chicago School of Professional Psychology, Chicago, USA

*CE*

Thursday | 3:45 PM — 5:00 PM | Amphitheatre II

**Updates on memory reconsolidation work**

Memory reconsolidation and emotional arousal: An explorative study of psychotherapy models
Alyssa Fredrick, Rhonda Goldman, The Chicago School of Professional Psychology, Chicago, USA

Memory reconsolidation, emotional arousal and enduring change in psychotherapy: Implications for research
Richard Lane, University of Arizona

Discussant:
Lynne Angus, York University, Canada

Panel
*Training*
Organizer: Jordan Bate, Yeshiva University, USA

*CE*

Thursday | 3:45 PM — 5:00 PM | Room 11

**Evidence-based psychotherapy training**

The Effect of Deliberate Practice Training on the Development of Therapists in Training
Tracy A. Prout, Katie Aafjes-van Doorn, Yeshiva University, USA

Changes in Trainees' Attitudes towards Evidence-Based Psychodynamic Treatments
Tracy A Prout, Katie Aafjes-van Doorn, Yeshiva University, USA

Integrating Research to Enhance Training in Psychodynamic Attachment-Based Approaches for Children and Families
Jordan Bate, Yeshiva University; Kelsey Armusewicz, Howard Steele, Miriam Steele, New School University, New York; Anne Murphy, Montefiore Medical Center

Panel
*Psychotherapy*
Organizer: Verónica Bagladi, Chilean Institute of Integrative Psychotherapy

Thursday | 3:45 PM — 5:00 PM | Room 5

**Integrative psychotherapy in Latin America: An overview**

Verónica Bagladi, Chilean Institute Of Integrative Psychotherapy

Lucio Balarezo, Catholic University, Ecuador

Margarita Dubourdieu, Universidad Católica del Uruguay

Beatriz Gómez, Aigle Foundation
Panel
Alliance
Organizer: Nicole F. Caron, Nova Southeastern University, USA

Thursday | 3:45 PM — 5:00 PM | Room 1
When the working alliance is the therapy: The vicissitudes of treating individuals with complex traumatization

The story we tell ourselves about ourselves
Nathan Daly, Nova Southeastern University

Trauma, dissociation, and violence: Maintaining the alliance with the forensic patient
Nicole F. Caron, Nova Southeastern University

Connecting in the context of disconnection: Facilitating internal and external working alliances in the treatment of dissociative identity disorder
Jennifer Davidtz, Nova Southeastern University

Discussant:
Steven N Gold, Nova Southeastern University

Panel
Research
Organizer: Nazia Ishfaq, Institute of Southern Punjab, Pakistan

Thursday | 3:45 PM — 5:00 PM | Room 6
Attachment theory, research and practice

Building alliance between brain and body: A future integration to cognitive therapy through insights from neuroscience and attachment theory
Nazia Ishfaq, Institute of Southern Punjab, Pakistan; Naeem Leghari, Nishter medical University and Hospital, Pakistan; Aroob Fatima, FMH College of Medicine and Dentistry, Pakistan; Farah Malik, Institute of Applied Psychology, University of Punjab, Pakistan

Patient attachment & therapist countertransference in psychodynamic psychotherapy
Thomas William Westerling, Robert Drinkwater, Helen Stevens, Jack Beinashowitz, Rebecca Drill, Cambridge Health Alliance/Harvard Medical School; Holly Laws, University of Massachusetts, Amherst; Shelby Ortega, Regis College; David Goodman, Boston College

Elaboration of countertransference experience: comparing single cases
João Francisco Barreto, Universidade do Porto, Portugal; Paula Mena Matos, Universidade do Porto, Portugal
Reflective functioning mediates the effects of attachment insecurity on perceived wellbeing in a sample of psychotherapists
Agostino Brugnera, Cristina Zarbo, Andrea Greco, Adalberto Auteri, Angelo Compare, University of Bergamo, Italy; Gianluca Lo Coco, University of Palermo, Italy; Giorgio Tasca, University of Ottawa, Canada; Kim De Jong, Leiden University, Netherlands

Mini-Workshop
Child/Adolescent
Organizer: Kenneth Barish, Weill Cornell Medical College
Thursday | 3:45 PM — 5:00 PM | Room 3
How to be a better child therapist: 10 principles of therapeutic change
Kenneth Barish, Weill Cornell Medical College, USA

Coffee Break
Thursday | 5:00 PM—5:30 PM | Main Hall

Structured Discussion
Psychotherapy
Organizer: Jerrold Lee Shapiro, Santa Clara University
Thursday | 5:30 PM — 6:45 PM | Amphitheatre I
CBT and existential/humanistic approaches to couple therapy: Convergence, divergence and integration
Jerrold Lee Shapiro, Santa Clara University, USA
Terence Patterson, University of San Francisco, USA
Daniel Fishman, Rutgers University, USA

Mini-Workshop
Integration
Organizer: Paul L Wachtel, City College of New York
Thursday | 5:30 PM — 6:45 PM | Amphitheatre II
Attention to living-in-the-world as a key to effective integrative practice
Paul L Wachtel, City College of New York, USA

Panel
Process
Organizer: Tracy A Prout, Yeshiva University, USA
Thursday | 5:30 PM — 6:45 PM | Room 11
Psychotherapy change processes with children and adults
Child psychotherapy processes in RFP-C
Tracy A Prout, Geoff Goodman, LIU CW Post; Arielle Sherman, Yeshiva University; Amanda Strano, LIU CW Post
Psychotherapy process with parents
Tatianna Marie Kufferath-Lin, Ferkauf Graduate School of Psychology; Katie Aafjes-van Doorn, Tracy A Prout, Yeshiva University

Correlates of change in functioning among adult psychotherapy patients
M. Sasha Rudenstine, City University of New York, USA

Discussant:
Catherine Eubanks, Yeshiva University

Panel/Symposium
Research
Organizer: Ioana Podina, University of Bucharest, Romania

Thursday | 5:30 PM — 6:45 PM | Room 5
Integrative Psychotherapy Research

Integrating concepts and interventions into an existing approach - an easy thing?
Franz Caspar, Thomas Berger, Martin grosse Holtforth, University of Bern, Switzerland

Psychotherapy process research in cognitive-behavioral therapy:
A review of the process variables and measures
Cláudia Calaboiça, Ana Sofia Mendes, Liliana Meira, Anita Santos, Instituto Universitário da Maia - ISMAI

What events clients identified as occurring during the single greatest change in treatment
Orrin-Porter Morrison, Antonio Pascual-Leone, University of Windsor, Ontario, Canada

A sleeper effect investigation of exposure-based vs. cognitive-only intervention for anxiety disorders: A longitudinal multilevel meta-analysis
Ioana Podina, University of Bucharest; Andreea Vislă, Liviu Fodor, Babes-Bolyai, Christoph Flückiger, University of Zurich, Switzerland

Panel
Process-outcome
Organizer: João Salgado, Instituto Universitário da Maia, Portugal

Thursday | 5:30 PM — 6:45 PM | Room 1
ISMAI Depression Project: Outcome and change process studies on a comparative clinical trial of EFT and CBT for depression
ISMAI Depression Project: Final results of a comparative randomized clinical trial of psychotherapy treatments (EFT vs CBT) for major depression
João Salgado, Instituto Universitário da Maia

ISMAI Depression Project: Results of a 36-months follow-up study comparing EFT and CBT for major depression
Paula Marinho Vieira, João Salgado, Carla Cunha, Instituto Universitário da Maia

How therapeutic alliance is related with the progress of assimilation of problematic experiences?
Isabel Basto, ISMAI; William Stiles, Miami University, Oxford, USA; João Salgado, Instituto Universitário da Maia

Flexibility between immersion and distancing: A dynamic pattern that benefits symptomatic improvement in depression
Eunice Barbosa, Instituto Universitário da Maia (ISMAI); Marlene Patrícia Sousa, Instituto Universitário da Maia (ISMAI); José Pinto-Gouveia, University of Coimbra, Portugal; João Salgado, Instituto Universitário da Maia

Panel
Emotion-focused
Organizer: Tahir Ozakkas, Psikoterapi Enstitusu, Turkey
CE

Thursday | 5:30 PM — 6:45 PM | Room 6
A comparative assessment of emotion-focused therapy practice, training, and supervision in Turkey

Evaluation of emotion-focused therapy applications and results in Turkey
Ayse Gavas Aslan, Psikoterapi Enstitusu

An evaluation of emotion-focused therapy training by Turkish therapists in Turkey
Betul Sezgin, Psikoterapi Enstitusu

An evaluation of emotion-focused therapy supervision by Turkish therapists in Turkey
Fatma Canan Gullu, Psikoterapi Enstitusu

Evaluation of emotion-focused couple therapy practice in Turkey on a case study
Kamile Can, Psikoterapi Enstitusu
Structured Discussion
Supervision
Organizer: Elsa Conde, Ana Gonzalez, University of Lisbon, Portugal

Thursday | 5:30 PM — 6:45 PM | Room 3
Bridging practice, supervision and research: The fun of learning integration even without funds
Elsa Conde, Ana Gonzalez, Nuno Conceição, Inês Amaro, Filipe Bernardes Sintra Lopes, António Farinha-Fernandes, Ana Silva, Susana Vaz, Sara Freitas Ribeiro, University of Lisbon; Alexandre Vaz, ISPA-University Institute, Lisbon

Poster Session & Welcome Reception

Thursday | 6:45 PM — | Main Hall
Poster Session & Welcome Reception

Client experiences in the early phase of Accelerated Experiential Dynamic Psychotherapy
Ayaka Kono, Kaori Nakamura, Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Diana Fosha, Jenn Edlin, AEDP Institute, New York

Retrospective Investigation of the Use of Developmental Touch Therapy on Children with Attention Deficit Hyperactivity Disorder
Fatma Akcakoca, Psikoterapi Enstitusu

Developing a Transtheoretical Model of Psychotherapeutic Competencies to care depressive patients in Primary Care
Ana Karina Zúñiga, Paulina Araya, Lucía Nuñez, Guillermo de la Parra, Pontificia Universidad Católica de Chile, Santiago

"This is not being seen, not being heard; this is being felt": A Qualitative Investigation of Bodily Experiences of Psychotherapists in Psychotherapy Process
Aliye Guclu Ercin, Zeynep Catay Caliskan, Istanbul Bilgi University

Study of the main factors of dropout in psychotherapy from the client`s perspective
Ana de Brito Brás de Oliveira, Ana Nunes da Silva, Universidade de Lisboa, Faculdade de Psicologia

Predictors of Training Efficacy among Therapists Attending a Deliberate Practice Workshop on Motivational Interviewing
Aviel Oppenheim, Nikoo Norouzian, Lauren Elizabeth Poulin, Henny Westra, Kimberley Hara, York University, Canada; Michael Constantinou, University of Massachusetts, Amherst; Martin Antony, Ryerson University
The process of assimilation of problematic experiences -- follow up analysis: comparing a good outcome case with a relapse case
Beatriz da Conceição Viana, Isabel Basto, João Salgado, Instituto Universitário da Maia

Transtheoretical self instances to inform integrative case conceptualization: the role of mental states and cognitive fusion on the regulation of psychological needs
Bruno Faustino, António Branco Vasco, Isabel Barahona, Paulo Lopes, Telma Marques, University of Lisbon, Portugal

Affective neuroscience research and integrative psychotherapy: associations between subliminal emotional processing, emotional difficulties, early maladaptive schemas and symptoms
Bruno Faustino, Isabel Barahona, António Branco Vasco, Miguel Baião, Paulo Lopes, Jorge Oliveira, University of Lisbon, Portugal

Daily affect in PTSD: Implications for intervention
Camilo Ruggero, Jennifer Callahan, University of North Texas

The Role of Therapeutic Interventions for the Assimilation Progress
Carla Sofia Moura Monforte, Maria Leonor Pereira da Rocha, Isabel Basto, João Salgado, Instituto Universitário da Maia

Psychological Intervention: An Integrative Supervision Model
Carolina Madaíl, Espaço P; Sílvia Marina; Ana Torres; Joana Antão; Ivone Duarte; Cristina Costa Lobo; Miguel Ricou

Rumination Room: The role of executive control in the emotional response to auditory stimuli
Catarina Rosa, Pedro Bem-Haja, Maria Ferreira, Carlos F. Silva, Universidade de Aveiro, Portugal; Miguel M. Gonçalves, Universidade do Minho, Braga, Portugal

Let the body speak: A self-development group focused on body awareness in disabled adults
Cristina Elena Petre, Faculty of Psychology and Educational Sciences, University of Bucharest

'The Grief and Growth Therapy': outline of an integrated model for working with bereaved
Maria Luisa De Luca, Salesian Pontifical University, Rome, Italy

The Effect of Time-Limited Dynamic Psychotherapy on Depression
Ibrahim Sari, Azad Gunderci, Beria Toptas, Dilara Deniz Türk, Busra Aglamaz, Melis Tas, Psikoterapi Ensitusu, Turkey
Intersubjectivity, from fetal to postnatal life
Inci Cevusoglu, Psychotherapy Institute, Turkey

The Profession without a Frame: The Assessment of Psycho-symptomatology and Help Seeking Attitudes of Set Workers in relation to Burnout
Ece Akten, Istanbul Bilgi University, Turkey

Individual Differences and Responsiveness in Psychotherapy: When is more better? And who needs more of what?
Chris Edmondstone, Shawn Harrington, Sandra Paivio, Antonio Pascual-Leone, University of Windsor, Ontario, Canada

The experiential psychotherapy of a boy caught in the trap of parental conflict: The case study
Elena Otilia Vladislav, University of Bucharest

Tracking emotional change process in psychotherapy: The initial validation of The Four State Scale for Emotional Episodes (4-SSEE) Risa Tomimasu, Shigeru Iwakabe, Kaori Nakamura, Wakako Yamazaki, Ayumi Noda, Yuika Kimura, Ochanomizu University, Japan; Diana Fosha, Jenn Edlin, AEDP Institute, New York

The Relation of Nonverbal Synchrony and Therapeutic Alliance Ruptures
Jack Trevor Friedman, Jerzy Kaufmann, Howard Steele, Miriam Steele, Jeremy Safran, New School University, New York, USA

Integrative psychotherapy for personality disorder: a stepped care randomised controlled trial
Brin FS Grenyer, University of Wollongong, Australia

The sociopolitical crisis of domestic terror in the United States: Utilizing the therapeutic alliance to address toxic masculinity
Christian Dieter Haase, James Madison University

Rapid Help with Reprocessing of Trauma: Hypnotic Reprocessing
Haluk Alan, Serra Seylin Alan, Psikoterapi Enstitusu, Turkey

Positive Parenting Measure System: Building collaboration between children, parents and specialist
Ivan Armijo, Universidad del Desarrollo, Santiago, Chile; Maria Magdalena Muñoz, María Paz Badilla, Catarina Guerrero, Javiera Gutiérrez, Nestor Lorca, Fundación Ideas para la Infancia
Taking care of yourself in order to take care of others: Self-care of clinical psychologists who work with people who’ve experienced traumatic events
Maria Inês Ventura, Ana Nunes da Silva, University of Lisbon

Rationale for adding theatrical techniques to psychotherapy: An integrative outlook
Ioana Podina, Claudiu Papasteri, Catalin Nedelcea, University of Bucharest; Romina Sehlanec, Alexandra Sofonea, Horea Murgu, Adrian Titieni, Nicolae Mandea, University of Theatre and Film "I.L. Caragiale"

Elaboration of Countertransference Experience: A Text Analysis
João Francisco Barreto, Paula Mena Matos, Universidade do Porto, Portugal

Scientific and Moral Arguments for Therapeutic Alliances
Judith Christine Baer, Rutgers University; Jerome Wakefield, New York University

Single Case Archive: A novel tool for research, clinical practice and teaching
Juri Krivzov, Liza Notaerts, Reitske Meganck, Martias De Smet, Joke Vandamme, Ghent University, Belgium

A practice-based study exploring the effectiveness of counselling provided by trainee therapists in low-cost counselling
Julie Kilkelly, Irish Institute of Counselling and Psychotherapy
Structured Discussion

Common Factors
Organizer: Timothy Anderson, Ohio University, Athens, USA

How are the broad integrative constructs of appropriate responsiveness, facilitative interpersonal skills and alliance similar and different?

Timothy Anderson, Ohio University, Athens, USA
William Stiles, Miami University, Oxford, USA
Henny Westra, York University, Canada
Ueli Kramer, University of Lausanne, Switzerland
Adam Horvath, Simon Fraser University, Vancouver, Canada

Panel

Psychotherapy/Research bridge
Organizer: João Tiago Oliveira, Universidade do Minho, Braga, Portugal

CE

Friday | 8:30 AM — 9:45 AM | Amphitheatre II
Ambivalence, alliance ruptures and therapeutic outcomes

"To change or not to change?" The impact of ambivalence on therapeutic outcomes
João Tiago Oliveira, Inês Sousa, António P. Ribeiro, Eugénia Ribeiro, Sónia Gonçalves, Paulo Machado, Miguel M. Gonçalves, Universidade do Minho, Braga, Portugal

Resolving ambivalence in Psychotherapy - an illustrated presentation of the Ambivalence Resolution Coding System 2.0
Helena Ferreira, Cátia Braga, António P. Ribeiro, Miguel M. Gonçalves, Universidade do Minho, Braga, Portugal

Ambivalence and alliance ruptures in treatment for substance use disorders: A case study
Adelya Urmanche, Adelphi University, New York; João Tiago Oliveira, Miguel M. Gonçalves, Universidade do Minho, Braga, Portugal; Catherine Eubanks, Yeshiva University; J. Christopher Muran, Adelphi University, New York, USA

Discussant:
J. Christopher Muran, Adelphi University, New York, USA

Panel

Alliance
Organizer: Jerald R. Gardner, Beth Israel Medical Center, New York, USA

CE

Friday | 8:30 AM — 9:45 AM | Room 11
Zoom-in: Clinical and supervisory implications of intrapersonal and interpersonal therapy factors and their impact on the therapeutic alliance

Therapists' effect on changes in interpersonal and personality styles among patients with personality disorder
Vocal synchrony in therapeutic alliance ruptures
Conor Shanahan, J. Christopher Muran, Adelphi University, New York, USA; Catherine Eubanks, Yeshiva University

The eye of the storm through the therapist’s eyes: A grounded theory case study of how therapists experience alliance ruptures in the context of alliance-focused supervision
Rachel B. Small, J. Christopher Muran, Adelphi University, New York, USA; Catherine Eubanks, Yeshiva University

Therapist and patient agreement versus disagreement in the alliance: Clinical and training implications
Jerald Robert Gardner, Beth Israel Medical Center, New York, USA; J. Christopher Muran, Bernard Gorman, Adelphi University, New York, USA; Catherine Eubanks, Yeshiva University

Structured Discussion
Culture
Organizer: Beatriz Gómez, Aigle Foundation, Argentina

Highlights of psychotherapy integration around the world
Beatriz Gómez, Aigle Foundation
Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan
Alexandre Vaz, ISPA-University Institute, Lisbon
Discussant
Catherine Eubanks, Yeshiva University

Panel
Child/Adolescent
Organizer: Sophie Cassell, Adelphi University, New York, USA

Towards an understanding of the therapeutic alliance with adolescents
Attachment style and the alliance rupture landscape in psychotherapy with adolescents
Sophie Cassell, Adelphi University, New York, USA; Guy Diamond, Drexel University; J. Christopher Muran, Adelphi University, New York, USA

Psychotherapy techniques related to therapist alliance among adolescents with eating disorders: The utility of integration
Taylor Dawn Groth, Adelphi University, New York, USA; Mark Hilsenroth, Adelphi University, New York, USA
Mini-Workshop

**Trauma**
Organizer: Todd Knowlton Favorite, University of Michigan

The factor structure of the Working Alliance Inventory Short-form in youth psychotherapy: An empirical investigation
Antonella Cirasola, Anna Freud Center, London, UK; Peter Martin, University College, London, UK; Peter Fonagy, University College, London, UK; Nick Midgley, University College, London, UK

Discussant:
Orya Tishby, Hebrew University, Jerusalem, Israel

Friday | 8:30 AM — 9:45 AM | Room 6

**Integrating mindfulness- and compassion-based approaches into trauma treatment**

Anthony King, University of Michigan

Todd Knowlton Favorite, University of Michigan

Panel

**Case studies**
Organizer: Tahir Ozakkas, Psikoterapi Enstitusu

Retrospective analysis of psychodynamically-oriented integrative psychotherapy of personality disorders

Retrospective analysis of the psychotherapeutic treatment of a case of narcissistic personality disorder with video clips of sessions
Dilek Yesilbas, Psikoterapi Enstitusu

Retrospective analysis of the psychotherapeutic treatment of a case of borderline personality disorder with video clips of sessions
Ulker Dikmen, Psikoterapi Enstitusu

Retrospective analysis of the psychotherapeutic treatment of a case of schizoid personality disorder with video clips of sessions
Gonca Gunakan, Psikoterapi Enstitusu

Friday | 8:30 AM — 9:45 AM | Room 3

Brief Break

Friday | 9:45 AM — 10:00 AM |
Structured Discussion

**Alliance**
Organizer: Elizabeth S. Ochoa, Mount Sinai Beth Israel Medical Center, New York, USA

**Structured Discussion**

**Psychotherapy/research bridge**
Organizer: Elena Mustakova, Health Realization Counseling

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**Friday | 10:00 AM — 11:15 AM | Amphitheatre I**

**Lessons and confessions from master clinician-supervisors: Learning to build a hardy therapeutic alliance**

J. Christopher Muran, Adelphi University, New York, USA
Lynne Angus, York University, Canada
Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan
Hanna Levenson, Wright Institute, USA
Paulo Machado, Universidade do Minho, Braga, Portugal

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**Friday | 10:00 AM — 11:15 AM | Amphitheatre II**

**Psychotherapy as a means of supporting social change: Exploring alternatives to the dominant discourse around mental and emotional suffering and healing**

Elena Mustakova, Health Realization Counseling
John McLeod, Institute for Integrative Counselling and Psychotherapy, Dublin
Rold Sundet, University of South-eastern Norway
Alexandre Vaz, ISPA-University Institute, Lisbon
Nuno Conceição, University of Lisbon

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**Friday | 10:00 AM — 11:15 AM | Room 11**

**Ethical issues in integrative practice & research**

**Ethical dimensions in psychotherapy: Therapist and patient perspectives**
Luz Bascunan, Universidad de Chile, Santiago

**The ethics of using clinical intuition in psychotherapy**
Krystal Bryant, City University of Seattle; Toupey Luft, University of Lethbridge

**The potential of sharing psychotherapy research data: The ethical challenges and possible solutions**
Adam Horvath, Simon Fraser University, Vancouver, Canada
Panel
Psychotherapy /research bridge
Organizer: Liat Leibovich, Haifa University, Israel
CE

Friday | 10:00 AM — 11:15 AM | Room 5
**Integrating technique and the therapeutic alliance to achieve better outcome: New ways for looking at individual psychotherapy**

How do supportive techniques bring about therapeutic change: The therapeutic alliance as a mediator between supportive techniques and subsequent depressive symptoms reduction in SE therapy
Liat Leibovich, Haifa University, Israel; Sigal Zilcha-Mano, University of Haifa, Israel

If you believe that breaking is possible, believe also that fixing is possible:” On ruptures and their repairs in child psychotherapy
Aviv Nof, Haifa University, Israel; Sigal Zilcha-Mano, University of Haifa, Israel

The Integrative impact of interventions on alliance and insight: The case of therapist self-disclosure
Sharon Beiman, Tel-Aviv Yaffo Academic College

Discussant:
Paul L Wachtel, City College of New York

Panel
Psychotherapy
Organizer: Julia Dobner-Pereira, James Madison University
CE

Friday | 10:00 AM — 11:15 AM | Room 1
**Interpersonal reconstructive therapy: Overview and application using experiential interventions within individual and group psychotherapy**

Interpersonal reconstructive therapy: Overview of the framework
Paulihna Sorbi, James Madison University; Kenneth L. Critchfield, James Madison University

IRT as an integrative, principles-based, unifying framework
Christian Dieter Haase, James Madison University; Eliza Irene Stucker, James Madison University, USA; Kenneth L. Critchfield, James Madison University

Group-based experiential techniques and IRT
Julia Dobner-Pereira, James Madison University; Paulihna Sorbi, James Madison University; Kenneth L. Critchfield, James Madison University

Discussant:
Catherine Eubanks, Yeshiva University
Panel

Personality
Organizer: Tahir Ozakkas, Psikoterapi Enstitusu

Friday | 10:00 AM — 11:15 AM | Room 6

An analysis of negative identity from different psychodynamic perspectives and cultural implications

Negative identity from the perspective of self psychology
Askin Suna, Psikoterapi Enstitusu

Negative identity from the perspective of Masterson approach and transference-focused psychotherapy
Esra Yazici, Psikoterapi Enstitusu

Erik Erikson’s identity theory and negative identity
Tuba Dursun Tuncel, Psikoterapi Enstitüsü

Negative identity from the perspective of emotion-focused therapy
Ulker Dikmen, Psikoterapi Enstitusu

Structured Discussion

Alliance
Organizer: Renata Faye Schloss, Nova Southeastern University

Friday | 10:00 AM — 11:15 AM | Room 3

Building alliances in the provision of care: Psychology trainees’ experiences working in interdisciplinary team settings

Renata Faye Schloss, Nova Southeastern University
Amanda Zelen, Nova Southeastern University
Kayla Shires, Nova Southeastern University
Lauren Tidwell, Nova Southeastern University
Katharine Brooks, Nova Southeastern University

Coffee Break

Friday | 11:15 AM — 11:45 AM | Main Hall

Structured Discussion

Process-outcome
Organizer: Catherine Eubanks, Yeshiva University

Friday | 11:45 AM — 1:00 PM | Amphitheatre I

Mechanisms of change in different forms of psychotherapy

Catherine Eubanks, Yeshiva University
Ueli Kramer, University of Lausanne, Switzerland
Sharon Beiman, Tel-Aviv Yaffo Academic College
Stanley Messer, Rutgers University, Piscataway, USA
Patrick Luyten, Luven University
**Mini-Workshop**

*Training*
Organizer: Alexandre Vaz, ISPA-University Institute, Lisbon

Friday | 11:45 AM — 1:00 PM | Amphitheatre II

**Deliberate Practice for therapist’s facilitative interpersonal skills**

Timothy Anderson, Ohio University, Athens, USA
Alexandre Vaz, ISPA-University Institute, Lisbon
Jordan Bate, Yeshiva University
Daniel Sousa, ISPA-University Institute, Lisbon

**Mini-Workshop**

*Personality*
Organizer: Nuno Conceição, University of Lisbon

Friday | 11:45 AM — 1:00 PM | Room 11

**The drama of psychotherapeutic conversation: Take 2 on personality change and habits of mind**

Zoltan Gross, Independent Practice
Nuno Conceição, University of Lisbon

**Panel**

*Psychotherapy*
Organizer: Laura Elena Kunst, Tilburg University

Friday | 11:45 AM — 1:00 PM | Room 5

**Autonomy-connectedness: A transdiagnostic factor for mental health problems, to be targeted in diverse psychotherapy types**

Joyce Maas, Tilburg University

**Autonomy-connectedness among clinical and non-clinical samples in a collectivistic culture: Its relation to anxiety and depressive symptoms**

Carla Moleiro, Instituto Universitário de Lisboa

**Autonomy enhancing treatment: A person-centered and transdiagnostic approach**

Laura Elena Kunst, Tilburg University
Panel
*Culture*
Organizer: Stéphanie Verdon, McGill University, Montreal, Canada

**Friday | 11:45 AM — 1:00 PM | Room 1**

**Importance of interdisciplinary, intergenerational, and intercultural collaborations amongst clinicians and researchers when working with second-generation immigrant youth and their families regarding romantic relationships**

*Theoretical implications for interdisciplinary teams working with second-generation migrant youth and their family around romantic relationships*
Stéphanie Verdon, Gabrielle Maher, Marjorie Aude Rabiau, McGill University, Montreal, Canada

*Clinical implications for interdisciplinary teams working with second-generation migrant youth and their family around romantic relationships*
Gabrielle Maher, Stéphanie Verdon, Marjorie Aude Rabiau, McGill University, Montreal, Canada

**Culture, migration, and identity formation in adolescent refugees: a family perspective**
Marjorie Aude Rabiau, McGill University, Montreal, Canada

Discussant:
Caminee Blake, McGill University, Montreal, Canada

Panel
*Trauma*
Organizer: Steven N Gold, Nova Southeastern University

**Friday | 11:45 AM — 1:00 PM | Room 6**

**Contextual trauma therapy: Fostering growth via the treatment and supervisory alliances**

*The Contextual Trauma Model: The Role of the Collaborative Alliance*
Steven N Gold, Nova Southeastern University

*Fostering Growth in Contextual Therapy Via the Collaborative Alliance*
Nathan Daly, Nova Southeastern University

*Fostering Growth in Contextual Supervision Via the Collaborative Alliance*
Michael Quiñones, Nova Southeastern University

Discussant:
Jennifer Davidtz, Nova Southeastern University
**Panel**

*Supervision*
Organizer: Michelle Harwell, Institute of Contemporary Psychoanalysis

Friday | 11:45 AM — 1:00 PM | Room 3
**Supervisor-supervisee: Allies in the therapeutic trenches**

*From Fragmentation to Coalescing: Reflections from a Novice Psychotherapist*
Taz Morgan, Pacifica Graduate Institute

*Expanding One’s Clinical Capacities: A Poetic Expedition of Individual Supervision*
Gabrielle Taylor, New Center for Psychoanalysis

*Assembly Required: An Exploration of Nonlinear Dynamics in Clinical Growth*
Michelle Harwell, Institute of Contemporary Psychoanalysis

Discussant:
Ginna H. Clark, Institute of Contemporary Psychoanalysis

**Lunch**
Friday | 1:00 PM — 2:15 PM |
**Explore local restaurants (on your own)**

**Plenary**
Friday | 2:15 PM — 3:30 PM | Amphitheatre I
**Remembering Jeremy Safran**
António Branco Vasco, Univerity of Lisbon
Rhonda Goldman, The Chicago School of Professional Psychology
J. Christopher Muran, Adelphi University, New York

Moderator: Catherine Eubanks, Yeshiva University

**Brief Break**
Friday | 3:30 PM — 3:45 PM |

**Panel**

*Case studies*
Organizer: Daniel Fishman, Rutgers University, Piscataway, USA

Friday | 3:45 PM — 5:00 PM | Amphitheatre I
**Using qualitative clinical analysis to document the consistency of the phenomenology of transformational healing in AEDP therapy across different cultures**
A case-based, qualitative, multi-cultural method for analyzing the phenomenology of transformational healing in AEDP therapy
Diana Fosha, AEDP Institute, New York, NY

Applying the method to a female Arab Muslim AEDP therapist who saw a female Arab Muslim patient in Arabic in Cyprus
Dina Miqdadi, Private Practice, Limassol, Cyprus

Applying the method to a female Chinese AEDP therapist who saw a male mainland Chinese patient in Chinese in mainland China
Huan Jacquie Yé-Perman, AEDP Institute, NY, NY

Applying the method to a male Portuguese AEDP therapist who saw a male Portuguese patient in Portuguese in Portugal
Hans Welling, Private Practice, Lisbon, Portugal

Discussant:
Daniel Fishman, Rutgers University, Piscataway, USA

Mini-Workshop
Couples
Organizer: Rhonda Goldman,
The Chicago School of Professional Psychology,
Chicago, USA
CE

Friday | 3:45 PM — 5:00 PM | Amphitheatre II
Working with identity, self-soothing, and forgiveness in emotion-focused therapy for couples
Rhonda Goldman, The Chicago School of Professional Psychology, Chicago, USA
Catalina Woldarsky, Webster University, Geneva campus

Panel
Change Process
Organizer: Kaori Nakamura,
Ochanomizu University, Tokyo, Japan
CE

Friday | 3:45 PM — 5:00 PM | Room 11
A closer look at the change mechanism of corrective emotional experience: Extending our understanding of the core change mechanism in psychotherapy
Giorgio Alberti, Studio Medico di Psicoterapia, Milano

From in-session corrective emotional experiences to outside-session changes: A theory-building case study using in-session process data and e-mail exchanges
Kaori Nakamura, Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan

Possible relationships between mentalization and corrective experience
Chiara Massazza, ACOF Olga Fiorini
Panel
Emotion-focused
Organizer: Carla Cunha,
Instituto Universitário da Maia
CE

Friday | 3:45 PM — 5:00 PM | Room 5

Emotion focused therapy under different lenses: Looking at alliance ruptures, treatment integrity and self-forgiveness of emotional injury

Repairing ruptures in the therapeutic alliance in Emotion Focused Therapy for social anxiety
Ana Bela Couto, University Institute of Maia; Hannah Young, Claire Inglis, Marianna Vidali, Loukia Micha, Jessica Shaw, University of Strathclyde, Glasgow, UK; Catherine Eubanks, Yeshiva University; Robert Elliott, University of Strathclyde, Glasgow, UK; Leslie Greenberg, York University, Canada; Carla Cunha, Instituto Universitário da Maia

Benchmarking treatment integrity assessment measures in emotion-focused therapy: Considerations and suggestions for future research
Marina Monteiro, Daniela Nogueira, Instituto Universitário da Maia - ISMAI; Robert Elliott, University of Strathclyde, Glasgow, UK; João Salgado, Carla Cunha, Instituto Universitário da Maia

Development of an emotion-focused therapy intervention for the promotion of self-forgiveness of emotional injuries: A feasibility study with university students
Liliana Costa, Cristina Montanha, Ana Bela Couto, Carla Cunha, Instituto Universitário da Maia - ISMAI; Everett Worthington, Virginia Commonwealth University

Discussant:
Catherine Eubanks, Yeshiva University

Panel
Supervision
Organizer: Yoshinobu Kanazawa, Meiji Gakuin University
CE

Friday | 3:45 PM — 5:00 PM | Room 1

Supervisee disclosure/nondisclosure in psychotherapy supervision: The supervisory alliance and the context

Supervisee disclosure and reflective practice in psychotherapy
Michael Basseches, Suffolk University, Boston, USA; Alison R. Thomas, University of Alabama at Birmingham

Supervisee nondisclosure: The perspective of Portuguese supervisees
Angela Brandão, University of Lisbon, Portugal; Sara Freitas Ribeiro, University of Lisbon

Japanese supervisees’ nondisclosure experiences: Is silence gold?
Yoshinobu Kanazawa, Meiji Gakuin University; Yuki Arakaki, Ochanomizu University, Tokyo, Japan; Kyoka Kido, Meiji Gakuin University; Chikara Maehira, Meiji Gakuin University; Yuki Mashiko, Meiji Gakuin University; Madoka Ueno, Meiji Gakuin University

Discussant:
Michael Basseches, Suffolk University, Boston, USA

Panel/Symposium
Organizer: Jennifer Callahan, University of North Texas, Denton, USA

Alliances across disciplines and countries
Building a provider alliance to address co-occurring substance use and child maltreatment concerns: Lessons learned and recommendations
Anita Jose, Montefiore Medical Center; Scott Wetzler, Montefiore Medical Center

Spiritual care in clinical practice: using professional chaplaincy to address values dimensions of therapeutic care in Interpersonal Reconstructive Therapy (IRT)
Eliza Irene Stucker, Kenneth L. Critchfield, James Madison University

Examination of international research alliances: A social network analysis of published articles in the Journal of Psychotherapy Integration
Jennifer Callahan, University of North Texas, Denton, USA; Martin Kivilghan, University of Iowa

Structured Discussion
Culture
Organizer: Neha Agrawal, Center for Multicultural Training in Psychology

Building alliances across national and cultural boundaries—Reflecting on our beliefs and assumptions inside and outside the clinical space
Neha Agrawal, Center for Multicultural Training in Psychology

Jenny Zhen-Duan, Center for Multicultural Training in Psychology
Coffee Break

Friday | 5:00 PM — 5:30 PM | Main Hall

Panel/Symposium

**Personality**
Organizer: Andrzej Werbart, Stockholm University, Sweden

**Patient and Personality Factors in Relation to Alliance, Process and Outcome**

Studies of personality configurations in relation to psychotherapy process and outcome
Andrzej Werbart, Stockholm University, Sweden

Improving self-esteem through integrative group psychotherapy: Quality of object relations as a moderator of the alliance-outcome relationship among patients with personality dysfunction
David Kealy, University of British Columbia, Vancouver, Canada; Katie Aafjes-van Doorn, Yeshiva; Anthony Joyce, University of Alberta, Edmonton, Canada

Assessing maladaptive interpersonal patterns and changing with guided imagery and rescripting in patients with personality disorders
Giancarlo Dimaggio, Centro di Terapia Metacognitiva Interpersonale

Discussant:
Catherine Eubanks, Yeshiva University

Friday | 5:30 PM — 6:45 PM | Amphitheatre I

Panel

**Change Process**
Organizer: Arthur Bohart, Santa Clara University

**Allying with clients' self-healing potential: Implications for integration**

Allying with the client as active self healer: Client creativity
Arthur Bohart, Santa Clara University

Encouraging client agency, creativity, resources and self-healing activity: How it's done in pluralistic therapy
John McLeod, Institute for Integrative Counselling and Psychotherapy, Dublin

Family based practices: To follow the family as key to change in situations characterized by lack of change and by detrimental development
Rolf Sundet, University of South-Eastern Norway

Friday | 5:30 PM — 6:45 PM | Amphitheatre II
Panel  
*Culture*  
Organizer: Yuka Kimura, Ochanomizu University, Tokyo, Japan

Friday  |  5:30 PM — 6:45 PM | Room 11
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**Therapist courage, self-disclosure, and therapeutic relationship: Therapist use of self in facilitating client change**

The courage to know that we (therapists) are disclosing and disclosed inevitably  
Sharon Beiman, Tel-Aviv Yaffo Academic College

**Therapeutic courage in Japanese psychotherapists: The self-disclosure of their own past psychological wounds**  
Yuka Kimura, Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan

**How to determine when and how to self-disclose and whether or not it is effective**  
Jenny S. Svebeck, Stockholm University, Sweden

Discussant:  
Nuno Conceição, University of Lisbon

Mini-Workshop  
*Integration*  
Organizer: Jeffrey Magnavita, Independent Practice

Friday  |  5:30 PM — 6:45 PM | Room 5
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**Advancing psychotherapy through technology and entrepreneurship**

Jeffrey Magnavita, Independent Practice

Alexandre Vaz, ISPA-University Institute, Lisbon

Panel  
*Psychotherapy /research bridge;*  
Organizers: Kyriakos Platrites, Cyprus Institute for Psychotherapy

Friday  |  5:30 PM — 6:45 PM | Room 1
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**Building alliance to promote applied integrative psychotherapy in Cyprus**

Building alliance between science and justice: The viability of a memorandum of understanding to move young addicts accused for possessing illegal drugs for personal use from court trial to treatment  
Eleftheria Kazamia, Natasa Andreou, Despena Constantinides-Glynou, Cyprus Institute for Psychotherapy

Building alliance between practice and research: "The Motivational Focus Group"
Athina Constantinou, Cyprus Institute for Psychotherapy; Anthi Adrovitsanea, National and Kapodestrian University of Athens; Sonia - Isabella Barciuk, University of Warsaw; Kyriakos Platrites, Cyprus Institute for Psychotherapy

**Building alliance across disciplines: Integrating psychotherapy, medicinal herbal remedies, nutrition and auricular neuromodulation**
Panos Platrites, Kyriakos Platrites, Cyprus Institute for Psychotherapy

**Building alliance across theoretical orientations: "The 7-Domain Keyword List" for mental health assessment**
Kyriakos Platrites, Cyprus Institute for Psychotherapy

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**Panel**

*Psychoanalysis*
Organizer: Ginna H. Clark,
Institute of Contemporary Psychoanalysis

**CE**

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**Poster Session**

& **Cash Bar**

Friday | 5:30 PM — 6:45 PM | Room 6

**Bridges broken and restored**

*Building bridges of philoxenia versus walls of xenophobia*
Victoria Gutierrez-Kovner, Private practice, Pasadena, CA, USA

*The perils of single alliances: A case study of Munchausen by proxy*
Tyia Grange Isaacson, ICP

**Sexuality, alliances, and impasses**

Ginna H. Clark, Institute of Contemporary Psychoanalysis

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**The Influence of Dominant Interpersonal Patterns in Complex Trauma on the Therapeutic Relationship and Therapy Process**
Kimberly Van Nieuwenhove, Reitske Meganck, Ghent University, Belgium

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**The impact of a literary work on the attitude towards the use of social media and video games**
Constantinos Makris, Cyprus institute for psychotherapy

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**The "scientist-practitioner" in action: the integration of clinical practice and research in the SCTA training in psychotherapy**
Laura Bastianelli, Davide Ceridono, Maria Luisa De Luca, IRPIR and Salesian Pontifical University, Rome, Italy
The Vital Parenting Tasks: Development of an Integrative Framework for Clinical Work with Parents in Child and Adolescent Psychotherapy and Counselling
Laine Jäderberg, Alistair McBeath, Metanoia Institute / Middlesex University

Attachment Style and Psychotherapist Self-Efficacy: The Moderating Role of Therapist Education
Livia Chyurlia, Taylor Gillespie, Paula Ravitz, Camille Garceau, Giorgio Tasca, University of Ottawa, Canada

Retention and Dropout in Family Therapy: Observing Alliances at 1st session
Luciana Sotero, Faculty of Psychology and Educational Sciences - Coimbra University; Cristina Macedo, Ana Paula Relvas, Faculty of Psychology and Educational Sciences

Feedback in psychotherapy
Luís Baptista Gonçalves, University of Lisbon, Portugal

Supervision of Addiction Treatment in Poland
Magdalena Kotyza, Michal Czernuszczyk, Fundacja Dobrostanu Ogólnego

Therapist initiated self-disclosure as an alliance building intervention
Cristina Magalhaes, Ellen Magalhaes, Paula Strauss, Alliant International University, Los Angeles

Treatment Termination with Children: Guidelines for Clinicians
Cristina Magalhaes, Paula Strauss, Alliant International University, Los Angeles

Emotion dysregulation in adolescence: emotion regulation strategies and emotional and behavioral problems
Maria Pinheiro, Isabel Sá, University of Lisbon, Portugal

Social-cognitive Transactional Analysis: A history of theoretical integration to enhance psychotherapy effectiveness and research
Laura Bastianelli, Davide Ceridono, Maria Luisa De Luca, IRPIR and Salesian Pontifical University, Rome, Italy
Integration of psychotherapy and psychodynamic psychopharmacology in the treatment of schizophrenia: the search for meaning
Marta Scattergood, Laboratorium Psychoedukacji

Research of The Relationship between Mentalization and Tendency of Borderline Personality Disorder and Autism Spectrum Disorder using Japanese Mentalization Scale (J-MentS)
Yurika Matsuba, Steve K Lee, Miyuki Haraguchi, Nario Ihara, Taisuke Katsuragawa, Waseda University

Just what the doctor ordered: How the doctor`s attachment style affects the doctor-patient relationship
Mariana Barstad Castro Neves, Flavia Sollero-de-Campos, Pontificia Universidade Católica do Rio de Janeiro, Brazil

How to defeat the Hydra? On the effectiveness of fighting (or not) with our clients` symptoms
Michał Jasiński, Guillem Feixas, Universitat de Barcelona, Spain

"The unexpected gift of a breakup": Romantic attachment, posttraumatic growth, and psychotherapy in the context of divorce and separation in a Chilean sample
Monica Guzman-Gonzalez, Universidad Catolica del Norte

Temporal Patterns of Emotional Arousal and Processing: A Process Study involving Single-Session Intervention
Stephanie Nardone, Antonio Pascual-Leone, University of Windsor, Canada; Ueli Kramer, University of Lausanne

Emotion Regulation Strategies and Subclinical Eating Pathology: Validation of the Complexity of Emotion Regulation Scale
Stephanie Nardone, Amanpreet Ahluwalia, Donika Yakoub, Cristina Andreescu, Antonio Pascual-Leone, University of Windsor, Ontario, Canada

Alexithymia: Is it a psychological symptom or a personality trait?
Nimet Zenginer Kirisci, Tahir Ozakkas, Psikoterapi Enstitusu

Personality and Prejudice: How personality traits predict general and cultural competence
Olivia Grace Glasgow, Caroline V. Gooch, Timothy Anderson, Ohio University, Athens, USA
The Life Narrative Interview for Children (LNIC): From research data to clinical practice
Pedro Sousa Saraiva, FPCE-UP; Margarida Rangel Henriques, Universidade do Porto, Portugal

A systematic review of empirical studies investigating narrative, emotion and meaning making processes in psychotherapy
Ana Daniela Aleixo, António Pires, David Neto, Alexandre Vaz, ISPA-University Institute, Lisbon, Portugal; Lynne Angus, York University, Canada

Therapeutic collaboration and assimilation of problematic experiences in a successful case of depression
Raquel Carvalho de Queiroz, Eugénia Ribeiro, Universidade do Minho, Braga, Portugal; Fernanda Serralta, Universidade do Vale do Rio dos Sinos

The Village-Theatre-of-the-Body: Alliances and Attachment Webs in the Treatment of Pediatric Non-Epileptic Seizures (PNES)
Shoulamit Milch-Reich (Inbar), Bruria Ben Zeev, Tel Aviv University

Measuring Interpersonal Affects and Cognitions
Eliza Irene Stucker, Julia Dobner-Pereira, Kenneth L. Critchfield, James Madison University; Lorna Smith Benjamin, University of Utah, Salt Lake City, USA

Achieving successful resolution of alliance ruptures: Predictors and potential consequences
Tal Ben David, Tohar Dolev, Sigal Zilcha-Mano, University of Haifa, Israel

Integrating Mindfulness- and Compassion-based Approaches into Treatment for Trauma and Posttraumatic Stress Disorder (PTSD)
Todd Favorite, Anthony King, University of Michigan

Group Interventions for premature birth given mothers based on integration Psychotherapy
Tuba Dursun Tuncel, Psikoterapi Enstitüsü
Predictive validity of Ages & Stages Questionnaires (ASQ) and the Bayley for the investigation of learning difficulties in the first years of school education
Ximena Pereira, Luisa Schonhaut, Ivan Armijo, Universidad del Desarrollo, Santiago, Chile

The experience of shame in supervision: A qualitative study on Japanese psychotherapists
Yuki Arakaki, Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan
Saturday, June 8

Mini-Workshop
Supervision
Organizer: Hanna Levenson, Wright Institute
CE
Saturday | 8:30 AM — 9:45 AM | Amphitheatre I
Videos of master supervisors at work: Building the supervisory alliance
Hanna Levenson, Wright Institute
Arpana G. Inman, Lehigh University, Bethlehem, USA

Structured Discussion
Emotion-focused
Organizer: Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan
Saturday | 8:30 AM — 9:45 AM | Amphitheatre II
Learning from the client: Discussion on a successful case in AEDP with the client, the therapist, and the researchers on therapeutic change in early sessions
Sigal Bahat, AEDP Institute
Isaac Kates Rose, Center for Jewish Nonviolence
Diana Fosha, AEDP Institute, New York
Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan

Panel
Integration
Organizer: Rebecca Coleman Curtis, Adelphi University, New York, USA
CE
Saturday | 8:30 AM — 9:45 AM | Room 11
Meaning in life: An area of integration
The role of experimenting with the world and irrationality in meaning-making: The relational movement approach to psychotherapy integration
Peter Fraenkel, PhD, The City College of New York
Searching for meaning: An existential-analytical perspective
Derrick Klaassen, Trinity Western University
What do therapists say to help clients create meaning
Rebecca Coleman Curtis, Adelphi University, New York, USA
Panel

**Therapist factors**
Organizer: Timothy Anderson, Ohio University, Athens, USA

Saturday | 8:30 AM — 9:45 AM | Room 5

**Recent developments of the FIS task: Expanding competence measurement in new domains**

Can FIS Methods Be Used for Specific Clinical Issues? Helping Therapists with Client Suicidality and Cultural Competency
Molly Duffy, New School University, New York; Caroline V. Gooch, Timothy Anderson, Ohio University; Jordan Bate, Yeshiva University, New York

Simulated responsiveness: Do repeated responses to the same simulated client change?
Joshua Finkelstein, The New School for Social Research

**FIS and the importance of therapeutic persuasiveness as an understudied (and essential) common factor**
Alexandre Vaz, Daniel Sousa, João Mourato, Martim Cruz, ISPA-University Institute, Lisbon

Can therapist FIS to text predict quality of text-based treatment?
V. Kate Foley, Scott Mimnaugh, The New School for Social Research

Panel

**Alliance**
Organizer: Renata Faye Schloss, Nova Southeastern University

Saturday | 8:30 AM — 9:45 AM | Room 1

**Integrating perspectives: Bridging divides between healthcare disciplines, diverse provider backgrounds, and care providers and receivers**

Accepting our differences and committing to cohesion: A case study
Amanda Zelen, Nova Southeastern University

Bridging the divide and working together in the provision of mental healthcare
Renata Faye Schloss, Nova Southeastern University; Katharine Brooks, Nova Southeastern University;

Sources of experienced stigma: A qualitative review
Kayla Shires, Nova Southeastern University

Discussant:
Lauren Tidwell, Nova Southeastern University
Panel

Alliance
Organizer: Marjorie Aude Rabiau, McGill University, Montreal, Canada
CE

Saturday | 8:30 AM — 9:45 AM | Room 6
Increasing alliance between supervisee and supervisor as a way to improve therapeutic outcomes

Review of key aspects of supervisor-supervisee alliance in teaching integrative therapy
Marjorie Aude Rabiau, Patricia Paul, McGill University, Montreal, Canada

Using outcome monitoring to increase supervisor-supervisee alliance
Guylaine Seguin, Marjorie Aude Rabiau, McGill University, Montreal, Canada

Adapting modes of supervision to the needs of the supervisee and its challenges: A case example
Caminee Blake, Jeff McCrossin, Marjorie Aude Rabiau, McGill University, Montreal, Canada

Panel

Spirituality
Organizer: Danielle Magaldi, City University of New York, USA
CE

Saturday | 8:30 AM — 9:45 AM | Room 3
Building an alliance between psychology and religion

When God is psychology’s ally
Tracy A Prout, Yeshiva University; Danielle Magaldi, City University of New York, USA

The importance of treatment system alliances in a family therapy treating severe mental illness
Tatianna Kufferath-Lin, Ferkauf Graduate School of Psychology

Brief Break

Saturday | 9:45 AM — 10:00 AM |

Panel

Training
Organizer: Arpana G. Inman, Lehigh University, Bethlehem, USA
CE

Saturday | 10:00 AM — 11:15 AM | Amphitheatre I
Building alliance across countries and cultures

International engagement: Foundational and psychology-specific competencies
Arpana G. Inman, Lehigh University, Bethlehem, USA; Susan Nolan, Seton Hall University

Training psychologists for international engagement: Perspectives for training programs
Challenges for developing counseling psychology profession in South Korea: Internationalization of counseling psychology  
Jiyeon Lee, Hankuk University of Foreign Studies

BREM program: Integration into the Canadian mental health system  
Gili Adler Nevo, University of Toronto

Discussant:  
Hanna Levenson, Wright Institute

**Mini-Workshop**  
**Neuroscience**  
Organizer: Bruce Ecker, Coherence Psychology Institute  
CE

Saturday | 10:00 AM — 11:15 AM | Amphitheatre II  
**Beyond common and specific factors:**  
Memory reconsolidation as a transtheoretical mechanism of change and unifying framework in psychotherapy

Bruce Ecker, Coherence Psychology Institute  
Alexandre Vaz, ISPA-University Institute, Lisbon

**Panel**  
**Change Process**  
Organizer: Miguel M. Gonçalves, Universidade do Minho, Braga, Portugal  
CE

Saturday | 10:00 AM — 11:15 AM | Room 11  
**Innovative moments and ambivalence in psychotherapy:**  
Current research and applications to practice

Tracking change in Barlow's Unified Treatment for emotional disorders  
João Batista, Helena Ferreira, Rafaela Araújo, Carina Magalhães, Cátia Braga, Pablo Fernández-Navarro, Miguel M. Gonçalves, Universidade do Minho, Braga, Portugal

Feedback Initiated Narrative Development (FIND) Protocol: Eliciting resources in psychotherapy  
Carina Magalhães, Miguel M. Gonçalves, Universidade do Minho, Braga, Portugal; Robert Neimeyer, University of Memphis; Cátia Braga, Pablo Fernández-Navarro, Andreia Milhazes, João Batista, Universidade do Minho, Braga, Portugal
Ambivalence in Psychotherapy Questionnaire:  
Development and validation studies  
João Tiago Oliveira, António P. Ribeiro, Miguel M. Gonçalves,  
Universidade do Minho, Braga, Portugal  
Discussant:  
Ueli Kramer, University of Lausanne, Switzerland

Panel  
Psychotherapy/research bridge  
Organizer: M Sasha Rudenstine,  
City University of New York, USA  
CE

Saturday | 10:00 AM — 11:15 AM | Room 5  
Shedding silos: Integrating psychotherapy research and clinical practice in a doctoral-level training clinic  
M Sasha Rudenstine, City University of New York, USA  
How research enhances "standard of care" for child and adult patients in a historically psychodynamic oriented training clinic  
Identifying and overcoming barriers to utilization and retention of clinical services  
Mike Ferrara, City University of New York, USA  
Looking through a kaleidoscope: Illustrating how research informs clinical care through case studies  
Diana Punales, City University of New York, USA  
How ongoing psychotherapy research has modified doctoral training  
Roberta Goldman, City University of New York, USA  
Discussant:  
Paul L Wachtel, City College of New York

Panel  
Common Factors  
Organizer: Eugénia Ribeiro,  
University of Minho, Portugal  
CE

Saturday | 10:00 AM — 11:15 AM | Room 1  
Therapeutic collaboration: An integrative microprocess of both the therapist and client's positions through therapy  
Therapeutic collaboration in psychotherapy: An integrative theoretical and empirical update  
Eugénia Ribeiro, Dulce Pinto, Universidade do Minho, Braga, Portugal
Mini-Workshop

Culture
Organizer: Kimberly Campbell, Ph.D., Campbell Psychological Services, LLC
CE

Panel

Family
Organizer: Shireen Meistrisch, LCSW, International Academy of Collaborative Professionals
CE

Coffee Break

Structured Discussion

Therapist factors
Organizer: Alexandre Vaz, ISPA-University Institute, Lisbon

Therapists' interventions after therapeutic collaboration breaks: A comparative study between narrative and cognitive-behavioral therapies
Cátia Cardoso, Dulce Pinto, Eugénia Ribeiro, University of Minho, Portugal

Framing therapeutic collaboration from a self-dialogic perspective: An exploratory case study
Dulce Pinto, Teresa Valente, Eugénia Ribeiro, University of Minho, Portugal

Discussant:
Ana Nunes da Silva, University of Lisbon

Enhancing the therapeutic relationship with African American clients
Kimberly Campbell, Ph.D., Campbell Psychological Services
Jacqueline Jackson, Private Practice

Family transitions: The mental health professional's role in collaborative divorce
Roxane Polak, Ph.D., New York Association of Collaborative Professionals
Bob Raymond, Ph.D., Adelphi University, New York, USA

Discussant:
Abby Rosmarin, Esq., LMHC, New York Association of Collaborative Professionals

Therapist's persuasiveness: A neglected common factor?
Alexandre Vaz, ISPA-University Institute, Lisbon
Paul L Wachtel, City College of New York
Timothy Anderson, Ohio University, Athens, USA
Lynne Angus, York University, Canada
**Mini-Workshop**

*Personality Disorders*

Organizer: Giancarlo Dimaggio, Centro di Terapia Metacognitiva Interpersonale

Saturday | 11:45 AM — 1:00 PM | Amphitheatre II

**Metacognitive Interpersonal Therapy for personality disorders: The experiential shift**

Giancarlo Dimaggio, Centro di Terapia Metacognitiva Interpersonale

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**Panel/Symposium**

*Research*

Organizer: Lauren M. Lipner, Adelphi University, New York

CE

Saturday | 11:45 AM — 1:00 PM | Room 11

**A multi-faceted measure: Various applications of 3RS in psychotherapy research**

Lauren M. Lipner, J. Christopher Muran, Adelphi University, New York, USA; Catherine Eubanks, Yeshiva University

**The validation of control chart-identified rupture sessions using 3RS**

Lauren M. Lipner, J. Christopher Muran, Adelphi University, New York, USA; Catherine Eubanks, Yeshiva University

**The role of alliance expectations in the association between interpersonal problems and ruptures**

Tohar Dolev, University of Haifa, Israel; Catherine Eubanks, Yeshiva University; Tal Ben David, Sigal Zilcha-Mano, University of Haifa, Israel

**Ruptures in the therapeutic alliance and their resolution in different therapeutic modalities: Which is similar or different between them**

Ana Bela Couto, Marlene Patrícia Sousa, Carla Cunha, Isabel Basto, Instituto Universitário da Maia; Catherine Eubanks, Yeshiva University; Leslie Greenberg, York University, Canada; Robert Elliott, University of Strathclyde, Glasgow, UK;

Discussant:
Adam Horvath, Simon Fraser University, Vancouver, Canada

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**Panel**

*Culture*

Organizer: Melissa Marguerite LaCelle, Nova Southeastern University, USA

CE

Saturday | 11:45 AM — 1:00 PM | Room 5

**Services to the underserved: Implementation of cross-cultural adaptations to modern therapy practices**
Prominent barriers to delivering Western therapy practices internationally
Michael Nackashi, Nova Southeastern University

Utilizing strategies to overcome cross-cultural barriers and optimize therapeutic service delivery
Zachary Arcona, Nova Southeastern University

Therapeutic alliance as a catalyst for effective cross-cultural therapeutic service adaptation and delivery
Melissa Marguerite LaCelle, Nova Southeastern University, Fort Lauderdale, United States

Potential benefits to therapists resulting from international humanitarian trips
Cynthia Torres, Nova Southeastern University

Discussant:
Stephen Campbell, Nova Southeastern University

Saturday | 11:45 AM — 1:00 PM | Room 1
Building alliance and change in psychotherapy with male clients acting violently against their female partner
Bente Lømo, Norwegian Centre for Violence and Traumatic Stress Studies, Oslo, Norway; Hanne Haavind, University of Oslo, Norway; Odd Arne Tjersland, University of Oslo, Norway

Finding common ground: Therapist responsiveness to male clients who have acted violently against their female partner
Bente Lømo, Norwegian Centre for Violence and Traumatic Stress Studies, Oslo, Norway; Hanne Haavind, University of Oslo, Norway; Odd Arne Tjersland, University of Oslo, Norway

Building bridge between research findings and clinical practice: Implementation of conceptual models
Halvor Wennesland Gravdal, Alternative to Violence, Norway

Evaluation of the implementation process
Hans Christian Bollingmo, Alternative to Violence, Norway

Discussant:
John McLeod, Institute for Integrative Counselling and Psychotherapy, Dublin

Saturday | 11:45 AM — 1:00 PM | Room 6
Researching youth experiences of psychotherapy following trauma: Researcher practitioner collaborations
Professionals' views on sexual violence services for young people
Rosaleen McElvaney, Dublin City University; Andrina Monaghan, Dublin City University; Christina Treacy, Dublin City University

Engaging young people in psychotherapy research on experiences of trauma services
Rosaleen McElvaney, Dublin City University; Andrina Monaghan, Dublin City University; Christina Treacy, Dublin City University

Understanding the psychotherapeutic process of sexually abused adolescents that drop out of psychotherapy: Therapists' perspective
Lucía Núñez, University of Chile; Claudia Capella, University of Chile; Vera Vasquez, University of Chile

Panel
Depression
Organizers: Marlene Patrícia Sousa, Instituto Universitário da Maia (ISMAI)
CE

Saturday | 11:45 AM — 1:00 PM | Room 3
iCare4Depression project: Building alliances between psychotherapy and information and communication technologies in treating depression

Blended cognitive-behavioral therapy for depression: The iCare4Depression study protocol
Liliana Meira, Marlene Patrícia Sousa, Eunice Barbosa, Sara Silva, Isabel Basto, Patrícia Pinheiro, Tiago Ferreira, João Salgado, Instituto Universitário da Maia

Clinical results of the pilot study of the iCare4Depression project
Marlene Patrícia Sousa, Eunice Barbosa, Liliana Meira, Sara Silva, Isabel Basto, Patrícia Pinheiro, Tiago Ferreira, João Salgado, Instituto Universitário da Maia

Clinical application of face-to-face cognitive behavioral therapy with technological components: A case study
Eunice Barbosa, Marlene Patrícia Sousa, Liliana Meira, Sara Silva, Isabel Basto, Patrícia Pinheiro, Tiago Ferreira, João Salgado, Instituto Universitário da Maia

Discussant:
William Stiles, Miami University, Oxford, USA
Lunch
Saturday | 1:00 PM — 2:15 PM |
Explore local restaurants (on your own)

Consultations and Regional Networks Meeting
Saturday | 1:00 PM — 2:15 PM |
Regional Networks Meeting — Room 1
Research Consultations — Room 3
Practice Consultations — Room 6

Awards & Presidential Address
Saturday | 2:15 PM — 3:30 PM |
The Integrative Therapist
Catherine Eubanks, Yeshiva University

Brief Break
Saturday | 3:30 PM — 3:45 PM |

Panel
Case studies
Organizer: Ueli Kramer, University of Lausanne, Switzerland
CE
Saturday | 3:45 PM — 5:00 PM | Amphitheatre I
Case formulation in the age of evidence-based practice
Case formulation in emotion-focused therapy
Rhonda Goldman, The Chicago School of Professional Psychology, Chicago, USA

Case formulation in interpersonal reconstructive therapy for CORDS patients: Theory and evidence to date
Kenneth L. Critchfield, James Madison University; Eliza Irene Stucker, James Madison University, USA; Lorna Smith Benjamin, University of Utah, Salt Lake City, USA

Case formulation for borderline personality disorder: Process of change and links with outcome
Ueli Kramer, University of Lausanne, Switzerland
Facilitative Interpersonal Relationship Skill Training (FIRST): Can FIS be trained?

Results from a novel therapist training program
Scott Mimnaugh, The New School for Social Research; Matthew Perlman, Timothy Anderson, Ohio University; Kate Foley, Jeremy D. Safran, The New School for Social Research, NY, USA

Can the Facilitative Interpersonal Skills (FIS) be trained?
Implementing training in a hospital setting
Jordan Bate, Yeshiva University; Jerome Kogan, Lenox Hill Hospital; David Roane, Lenox Hill Hospital; Timothy Anderson, Ohio University, Athens, USA

Adaptation of the Facilitative Interpersonal Skills task for working with suicidal clients: Implications for clinical training and research
Molly Duffy, Ljiljana Zecevic, New School University, New York; Jordan Bate, Yeshiva University; Jerome Kogan, Lenox Hill Hospital; Timothy Anderson, Ohio University

Facilitative interpersonal skills (FIS) amongst trainee therapists: Findings utilizing cross-sectional and longitudinal (repeated) measurement procedures
Truls Ryum, Patrick Vogel, Heidi Brattland, Norwegian University of Science and Technology, Tordheim, Norway

Tools of the trade: Psychotherapists' personal characteristics and therapeutic abilities

The impact of personal psychotherapy on psychiatry residents' professional development
David Kealy, George Hadjipavlou, University of British Columbia, Vancouver, Canada

Feeling drained: Professional well-being among psychotherapists and the roles of narcissism and empathy
Olivier Laverdière, Université de Sherbrooke; David Kealy, John Ogrodniczuk, University of British Columbia, Vancouver, Canada

Predicting psychotherapy trainees' first mid-year practicum performance based on self-reported and interview-based non-academic assessments prior to admission
Serge Lecours, Joussemet Mireille, Laurin Julie, Marie-Julie

Panel
Training
Organizer: Jordan Bate, Yeshiva University, USA

Panel
Therapist factors
Organizer: David Kealy, University of British Columbia, Vancouver, Canada
Béliveau, Isabelle Daigneault, Dominique Meilleur, Jean-Sébastien Boudrias, Université de Montréal

**What does it take to treat suicidal, treatment-resistant depression: Reflections on core competencies**
Golan Shahar, Ben Gurion University, Beer Sheva, Israel

Discussant:
Timothy Anderson, Ohio University, Athens, USA

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**Mini-Workshop**

**Alliance**
Organizer: Alberta Pos, York University, Canada

**CE**

Saturday | 3:45 PM — 5:00 PM | Room 5

**What can stand in the way of building a good alliance in early sessions of therapy: Client issues to watch for**

Alberta Pos, York University, Canada

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**Panel/Symposium**

**Research**
Organizer: Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland

Saturday | 3:45 PM — 5:00 PM | Room 1

**Supervision, alliance, and moments of meeting**

**Countertransference toward dependent (anaclitic) and self-critical (introjective) depressed patients: a qualitative study**
Vicky Christina Hennissen, Reitske Meganck, Ghent University, Belgium

**Getting the most out of supervision: Flexibility in formats**
Jeff McCrossin, McGill University, Montreal, Canada; Marjorie Aude Rabiau, McGill University, Montreal, Canada

**What fits whom? Patients' psychological resources and vulnerabilities as predictors of working alliance in three models and durations of therapy**
Erkki Heinonen, Paul Knekt, Tommi Härkänen, Esa Virtala, Olavi Lindfors, National Institute for Health and Welfare, Helsinki, Finland

**Moment of meeting -- Important interpersonal moments between patient and therapist**
Vera Bekes, Yeshiva University; John Christopher Perry, Jewish General Hospital, Montreal, Canada
**Panel**

*Psychotherapy*
Organizer: Dimitrios Tsiakos, Center for Contemporary Psychotherapy & Psychoanalysis
CE

**Saturday | 3:45 PM — 5:00 PM | Room 6**

**The contemporary strive to diminish schisms in psychotherapy: Building bridges across modalities and disciplines**

**Intersubjectiveness and technology**
Dimitrios Tsiakos, Center for Contemporary Psychotherapy & Psychoanalysis

**Building bridges across therapeutic tools and different cultural settings: A case of applying e-therapy when working with an economic immigrant**
Maria Triantafyllopoulou, Center for Contemporary Psychotherapy & Psychoanalysis, Athens, Greece

**Integrating psychotherapy and pharmacological treatment in a case of panic disorder**
Angeliki Theodorakopoulou, Center for Contemporary Psychotherapy & Psychoanalysis, Athens, Greece

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**Mini-Workshop**

*Process*
Organizer: Joana Fojo Ferreira, University of Lisbon, Portugal

**Saturday | 3:45 PM — 5:00 PM | Room 3**

**Case formulation integrating a developmental phase-by-phase perspective: Applications of the Paradigmatic Complementarity Metamodel**

Joana Fojo Ferreira, Ana Nunes da Silva, Catarina Vaz-Velho, Isabel Gonçalves, Nuno Conceição, University of Lisbon, Portugal

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**Coffee Break**

Saturday | 5:00 PM — 5:30 PM | Main Hall

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**Structured Discussion**

*Theory*
Organizer: John McLeod, University of Oslo, Norway
CE

**Saturday | 5:30 PM — 6:45 PM | Amphitheatre I**

**How do we think about causality? Implications for psychotherapy practice and research**

John McLeod, University of Oslo, Norway

Arthur Bohart, Santa Clara University

Rolf Sundet, University of South-Eastern Norway

Daniel Fishman, Rutgers University, Piscataway, USA
Panel Training
Organizer: Lauren Elizabeth Poulin, York University, Canada

Saturday | 5:30 PM — 6:45 PM | Amphitheatre II

**Testing the efficacy of a deliberate practice workshop for identifying and navigating markers of ambivalence and resistance**

Using deliberate practice in a workshop format to train therapists to navigate process markers of ambivalence and resistance: Outcomes of a randomized trial
Henny Westra, Nikoo Norouzian, Lauren Elizabeth Poulin, Kimberley Hara, York University, Canada; Michael Constantino, University of Massachusetts Amherst; Martin Antony, Ryerson University

**Therapist ability to accurately assess working alliance and session quality following a deliberate practice workshop**
Lauren Elizabeth Poulin, Nikoo Norouzian, Henny Westra, Kimberley Hara, York University, Canada; Michael Constantino, University of Massachusetts Amherst; Martin Antony, Ryerson University

**Comparing the predictive capacity of different measures of therapist empathy on session outcomes in the context of a deliberate practice training study**
Nikoo Norouzian, Lauren Elizabeth Poulin, Henny Westra, Kimberley Hara, York University, Canada; Michael Constantino, University of Massachusetts Amherst; Martin Antony, Ryerson University

Panel Integration
Organizer: Inês M. Amaro, Universidade de Lisboa, Portugal

Saturday | 5:30 PM — 6:45 PM | Room 11

**Do personality disorders demand better alliances between and case formulation, moment- to-moment, and phase-to-phase maps or heuristics?**

Beyond Case Formulation: Facilitating Characterological Change Also with Process Formulation and its Temporal Sequencing Maps
Nuno Conceição, Joana Fojo Ferreira, University of Lisbon, Portugal

**Arriving at a case formulation in interpersonal reconstructive therapy: A task-analytic approach**
Inês M. Amaro, Ana Gonzalez, Filipe Lopes, Susana Vaz, Sara Freitas Ribeiro, Nuno Conceição, University of Lisbon; Alexandre Vaz, ISPA-University Institute, Lisbon; Dimitra Doumpioti, Hestia Psychology Centre, Barcelona, Spain

**Mechanisms and processes of change in interpersonal reconstructive therapy for CORDS patients**
Kenneth L. Critchfield, James Madison University; Lorna Smith Benjamin, University of Utah, Salt Lake City, USA

**Using guided imagery before and after the case formulation in the psychotherapy of personality disorders**
Giancarlo Dimaggio, Centro di Terapia Metacognitiva Interpersonale

Discussant:
Ueli Kramer, University of Lausanne, Switzerland

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**Mini-Workshop**
*Psychotherapy*
Organizer: Cláudio Pina Fernandes, Faculdade de Ciências da Universidade de Lisboa

**CE**

Saturday | 5:30 PM — 6:45 PM | Room 5

**Three views of the same critical moment in psychotherapy: Integrating complementary views to facilitate the psychotherapeutic process.**

Angela Brandão, University of Lisbon, Portugal

Michael Basseches, Suffolk University, Boston, USA

Cláudio Pina Fernandes, Faculdade de Ciências da Universidade de Lisboa

Andreia Santos, Faculdade de Ciências da Universidade de Lisboa

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**Mini-Workshop**
*Psychotherapy*
Organizer: Gil Tunnell, Columbia University, New York, USA; AEDP Institute

**CE**

Saturday | 5:30 PM — 6:45 PM | Room 1

**Contemporary problems gay men bring to psychotherapy: Everything a straight therapist needs to know**

Gil Tunnell, Columbia University, New York, USA; AEDP Institute

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**Panel**
*Training*
Organizer: Tahir Ozakkas, Psikoterapi Enstitusu

**CE**

Saturday | 5:30 PM — 6:45 PM | Room 6

**Integrating culture and elasticity in education and practice of psychotherapy**
Integrative approach to psychotherapy training during psychiatry education
Ahmet Bülent Yazici, Psychotherapy Institute, Kocaeli, Turkey

Use of cinema in group psychotherapy in inpatient clinics: An integrative and elastic approach
Esra Yazici, Sakarya University Turkey

Cultural elasticity of psychotherapy integration
Tahir Ozakkas, Psikoterapi Enstitusu

Structured Discussion
Couple; Family
Organizer: Peter Fraenkel, PhD, The City College of New York

Integrating music and the arts into integrative couple and family therapy: A cross-cultural discussion
Javier Vicencio, Crisol Postgraduate Center for Family and Couple Therapy
Hilary Ann Palmer, The Tavistock Institute

Gala Dinner
(Tickets Required)

Saturday | 5:30 PM — 6:45 PM | Room 3
Gala Dinner (Tickets Required)
Restaurant: "E tem Dente"
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