A Framework for Addressing Social Determinants of Health Through Service Coordination

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OBJECTIVES

- Learn about Social Determinants of Health
- Learn how our work relates to Social Determinants of Health
- Learn how to integrate what you’ve learned into your work
- Create tools to tell your story
ST. MARY DEVELOPMENT: THE WORK WE DO

- **Real Estate Development**
  - Affordable accessible housing primarily through tax credit programs

- **St. Mary Connect**
  - Connecting residents to critical services to age in place
SOCIAL DETERMINANTS EFFECT CARE & HEALTH

Developed by Healthy People 2020 this diagram provides the framework for thinking about SDOH in five domains:

- Economic Stability
- Education
- Social and Community Context
- Health and Health Care
- Neighborhood and Built Environment
NEIGHBORHOOD & BUILT ENVIRONMENT: REAL ESTATE DEVELOPMENT
NEIGHBORHOOD & BUILT ENVIRONMENT: ACCESSIBILITY
REDUCING THE NEGATIVE IMPACT OF SOCIAL DETERMINANTS OF HEALTH THROUGH SERVICE COORDINATION
WHY SOCIAL DETERMINANTS OF HEALTH?

St. Mary Development believes that:

• Where we live shouldn’t determine how long or how well we live

• Health Equity should be available to all

• Sustainability of our resident services program is part of our mission
Improving social determinants of health through affordable housing development and service coordination

**ECONOMIC STABILITY**
- Benefits enrollment assistance
- Advocating for resident benefits and bill payment programs
- Budgeting
- Bill payment education
- Social Security enrollment & education
- Emergency assistance
- Utility assistance enrollment & education
- End of Life Planning
- Affordable rents 20%-40% less than market rate

**HOUSING & NEIGHBORHOOD ENVIRONMENT**
- Senior accessible construction design
- Affordable housing options
- Eviction prevention
- Coordination of onsite farmer’s market, home delivered meals
- Coordination of transportation
- Advocacy with RTA and enrollment assistance in discount fare programs

**HEALTH & HEALTHCARE**
- Enrollment assistance for health insurance ie. Medicare/Medicaid
- Care Coordination
- Chronic condition & wellness programming on-site
- Coordinating NET & transportation to medical providers
- Medical expense education & assistance
- Assisting residents with home health referrals
- Coordinating onsite healthcare providers

**SOCIAL & COMMUNITY CONTEXT**
- Partnership with Montgomery County Police Department
- Community space for resident engagement
- Educating residents about senior volunteer opportunities
- Coordinating voter education and civic participation
- Service Coordination that encourages community engagement

**EDUCATION**
- Evidence based educational programming including workshops and classes covering Financial, Physical Wellness, Emotional Wellness, Social Support, Environmental Health, & Intellectual Health
- Partnership with Sinclair College of Lifelong Learning
- Coordinating educations onsite from Area Agency on Aging

This template was developed as part of a NeighborWorks America Learning Community on Health Partnerships, with St. Mary Development Corporation, Penquis Community Action Agency, Community Service Programs of West Alabama, NeighborWorks Sacramento and Northwest Michigan Community Action Agency.
Access to transportation:

Miami University SCRIPPS Assessment of Service Needs of People 60+ in the Greater Dayton Area found #1 barrier is Transportation.

What we do: Connection to door-to-door transportation
What we do: Provider access in the building

WE ALREADY KNOW THIS!
SOCIAL DETERMINANTS OF HEALTH: EDUCATION & LIMITED UNDERSTANDING
SOCIAL DETERMINANTS OF HEALTH: EDUCATION & HEALTHCARE
SOCIAL DETERMINANTS OF HEALTH:
SOCIAL ENGAGEMENT & COMMUNITY CONTEXT
SOCIAL DETERMINANTS OF HEALTH: SOCIAL ENGAGEMENT & COMMUNITY CONTEXT

• ADVOCACY & EMPOWERMENT
• CHRONIC DISEASE EDUCATION
• VOTER EDUCATION
• PROVIDER EDUCATION

TELL THE STORY OF YOUR RESIDENTS!
Evidence based 6 Dimensions of Wellness:

1. Physical
2. Emotional
3. Social
4. Intellectual
5. Environmental
6. Financial
• Dayton Police Department dispatch reports follow-up
• After hospitalization care coordination
Improving social determinants of health through affordable housing development and service coordination

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ELEVATOR PITCH

St. Mary Development addresses social determinants of health by building affordable housing and connecting residents to services that sustain their housing and health. Through our work, we cover all five social determinant categories, including Economic Stability, Education, Social/Community Context, Health & Healthcare and Neighborhood & Built Environment.

We currently serve 650 senior residents in the Dayton-Ohio area in 8 apartment communities and connect them to services such as nutrition programs, access to healthcare, transportation, eviction prevention, health insurance and social interaction. At the same time, we provide our residents with high-quality, safe housing that is accessible and designed to allow aging-in-place.
### Social Needs Screening Tool

<table>
<thead>
<tr>
<th>Question</th>
<th>Y</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?</td>
<td></td>
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<tr>
<td>In the last 12 months, has the gas, electric, or water company threatened to shut off services in your home?</td>
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<tr>
<td>Are you worried that in the next 2 months, you may not have stable housing?</td>
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<tr>
<td>In the last 12 months, have you needed to see a doctor but could not because of cost?</td>
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<tr>
<td>In the last 12 months, has lack of transportation kept you from medical appointments, work, or getting things done for daily living?</td>
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<tr>
<td>Do you ever need help reading materials at the doctor's office?</td>
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<tr>
<td>Do you often feel that you lack companionship?</td>
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<tr>
<td>Do you have any other non-medical needs that need addressed? If so, please explain:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are any of your needs urgent?</td>
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<td></td>
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<tr>
<td>For example: I don’t have food or I don’t have a safe place to sleep.</td>
<td></td>
<td></td>
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<tr>
<td>If you checked YES to any of the boxes above, would you like to receive assistance with any of these needs?</td>
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</tbody>
</table>

*Screening tool adapted from the Health Leads Social Needs Screening Toolkit and graphic design elements from freepik.com*

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By signing below, you are confirming that you understand information obtained will be maintained as confidential and released only with your permission.  

What is one thing that would improve your quality of life?  

_________________________________________  
Signature  

_________________________________________  
Date
TAKE AWAY

COLLABORATE
& listen

motivationalfirst.wordpress.com
COMMUNITY PARTNERS & ACTIVE PARTICIPATION

- CAANE Collaborative
- All Inclusive Senior Services
- United Way has an Information & Resources Committee
- Greater Dayton Breakfast Club
- Montgomery County Frail Elder Advisory Committee


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