



37TH ANNUAL

INTERCONTINENTAL HOTEL - ATLANTA, GA

ATLANTA BREAST SURGERY SYMPOSIUM



“Back to Basics”

Cardone

JANUARY 22-24, 2021

SYMPOSIUM CHAIRS**Program Chairs****Albert Losken, MD**

Professor of Plastic Surgery,
Emory Plastic Surgery
Emory University
Atlanta, Georgia

James D. Namnoum, MD

Clinical Assistant Professor
Emory University
Atlanta, Georgia

Program Co-Chairs**Amy Alderman, MD**

Private Practice
Atlanta, Georgia

L. Franklyn Elliott, MD

Private Practice
Atlanta, Georgia

SYMPOSIUM FACULTY**Marwan Abboud, MD**

Brussels, Belgium

Hilton Becker, MD

Private Practice
Boca Raton, Florida

Giovanni Botti, MD

Salo, Italy

Mitchell Brown, MD

Plastic and Reconstructive Surgeon
University of Toronto
Toronto, Canada

Mark Brzezienski, MD

UT Health Science Center
Professor Program Director & Chair
Department of Plastic Surgery
Chattanooga
Chattanooga, Tennessee

Louis Bucky, MD

Clinical Professor of Surgery
Division of Plastic and
Reconstructive Surgery,
University of Pennsylvania
School of Medicine
Chief of Plastic Surgery
Pennsylvania Hospital
Pittsburgh, Pennsylvania

M. Bradley Calobrace, MD

Clinical Faculty in Plastic Surgery
University of Louisville and
University of Kentucky
Louisville & Lexington, Kentucky

Grant Carlson, MD

Chief of the Division of Plastic
Surgery
Atlanta, Georgia

Mark Clemens, MD

Associate Professor Plastic Surgery
MD Anderson Cancer Center
Houston, Texas

Roy de Vita, MD

Chief of Plastic Surgery
National Institute for Cancer
Rome, Italy

Caroline Glicksman, MD, MSJ

Clinical Assistant Professor
Hackensack
Meridian School of Medicine at
Seton Hall
Sea Grit, New Jersey

Dennis C. Hammond, MD

Partners in Plastic Surgery
Grand Rapids, Michigan

Scott T. Hollenbeck, MD

Associate Professor, Plastic &
Reconstructive Surgery
Vice Chief – Research, Director of
Breast Reconstruction,
Duke University Medical
Center Division of Plastic and
Reconstructive Surgery
Durham, North Carolina

Donald A. Hudson, MD

Professor of Plastic Surgery
University of Cape Town
Cape Town, South Africa

Nolan Karp, MD

Professor of Plastic Surgery
NYU Grossman School of Medicine
New York, New York

G. Patrick Maxwell, MD

Maxwell Aesthetics
Nashville, Tennessee

Michael Mirzabeigi, MD

Private Practice
Atlanta, Georgia

Maurice Nahabedian, MD

Professor of Plastic Surgery - VCU
College of Medicine
National Center for Plastic Surgery
McLean, Virginia

Anne Peled, MD

Director, Breast Cancer Program
Sutter Health CPMC
San Francisco, California

Ziv Peled, MD

Private Practice
San Francisco, California

Tracy M. Pfeifer, MD

Private Practice
New York, New York

J. Peter Rubin, MD, MBA

Professor and Chair Department
of Plastic Surgery
University of Pittsburgh School
of Medicine
Pittsburgh, Pennsylvania

Hani Sbitany, MD

Assistant Professor of Surgery
Mount Sinai Medical Center
New York, New York

David Song, MD

Physician Executive Director
MedStar Health Plastic &
Reconstructive Surgery
Professor & Chair, Department of
Plastic Surgery
Georgetown University
Chicago, Illinois

Louis Strock, MD

Clinical Assistant Professor
UT Southwestern Medical Center
Fort Worth, Texas

Steven Teitelbaum, MD

Assistant Clinical Professor of Plastic
Surgery David Geffen School of
Medicine UCLA
Santa Monica, California

Marissa Tenenbaum, MD

Associate Professor of Plastic &
Reconstructive Surgery Program
Director Plastic Surgery Residency
Program
St. Louis, Missouri

SPONSORED BY:

**The Southeastern
Society of Plastic and
Reconstructive Surgeons
(SESPRS)**

**ENDORSED BY:**

The
Aesthetic
Society®

**PROGRAM OBJECTIVES**

At the completion of this CME activity, registrants will be able to:

- Enhance and expand surgical technique in cases such as composite breast augmentation, delayed autologous latissimus dorsi breast reconstruction, and nipple-sparing mastectomy with nerve preservation and grafting,
- Identify tips to improve various nipple techniques,
- Assess advantages of autologous breast reconstruction,
- Review prepectoral reconstruction techniques when utilizing implants, expanders and ADM,
- Discuss alternative ideas in breast reconstruction surgery,
- Update on BIA-ALCL, the role of textured implants, and optimizing outcomes,
- Improve the strategies in management of breast augmentation and mastopexy to maximize results and minimize complications,
- Discuss strategies to limit implant problems related to breast augmentation,
- Debate and discuss controversies in breast surgery,
- Review current techniques of breast reduction and mastopexy to improve outcomes,
- Discuss long-term effects and safety of the oncoplastic breast surgery patient,
- Identify strategies to improve outcomes of difficult breast surgery problems.

THE 2021 HONORARY HARTRAMPF LECTURER:

Hilton Becker, MD – “My Personal 50-year Experience with Breast Reconstruction”

THE 2021 INTERNATIONAL SCHOLARS PROGRAM:

The Southeastern Society of Plastic and Reconstructive Surgeons provides generous funding to different countries each year to sponsor the travel and registration expenses to the top three (3) Plastic Surgery Chief Residents in that country. This Southeastern honor provides them with a unique international educational outreach. The 2021 Foreign Scholars are invited from South Africa.

THE ONLINE 2021 BREAST SURGERY SYMPOSIUM:

The symposium is offered in its entirety via on-line streaming video of the live surgery as well as the lectures to be viewed from the location of your choice. Only one login per user on one device at a time is permitted. Live questions can be emailed from around the world to Atlanta for immediate answers from the faculty direct to you over the Internet. The entire event is archived for three months following the live meeting and may be reviewed during that time if purchased on-line. CME credit is available for registered on-line attendees who view the meeting LIVE. For more information contact: srussell@sesprs.org.

THURSDAY, JANUARY 21, 2021

6:30–7:30 pm **Welcome Reception and Early Registration**
Intercontinental Hotel
Windsor Ballroom Foyer

FRIDAY, JANUARY 22, 2021

7:00–8:00 am **Registration**
Continental Breakfast/Visit Exhibits
Windsor Ballroom Foyer

8:00 am **SESPRS WELCOME**
David B. Drake, MD, President SESPRS

8:00–12:00 pm **LIVE SURGERY TELECAST**
Moderator–Losken

Room 1	Northside Hospital Observers–Brown, Maxwell, Teitelbaum	Live Surgery Generously Supported by Northside Hospital
8:15 am	Bucky - Composite Breast Augmentation	
10:00 am	Brzezienski - Delayed Autologous Latissimus Dorsi Reconstruction	
Room 2	Northside Hospital Observers–Hollenbeck, Mirzabeigi, de Vita	
8:15 am	Peled - Nipple-sparing Mastectomy with Nerve Preservation and Grafting	

10:30 am **Video Tips & Tricks (5 minutes each)**
Hammond - Markings and Setting the Nipple in Mastopexy Augmentation
Abboud - Scarless Breast Reduction
Calobrace - Tricks when Positioning the Fold in Breast Augmentation and Where to Make the Incision
Brown - Single Stage Correction of the Tuberous Breast

12:00–1:00 pm **Lunch**

FRIDAY, JANUARY 22, 2021 - *continued*

1:00 pm	Opening Remarks Albert Losken, MD–Program Chairman
1:00–2:30 pm	AUTOLOGOUS BREAST RECONSTRUCTION Moderator–Elliott
1:00–1:15 pm	Nahabedian–Autologous Breast Reconstruction in an Era of Aesthetic Optimization
1:15–1:30 pm	Elliott–Why Some Surgeons Choose a Pedicle TRAM
1:30–1:45 pm	Hollenbeck–Making the DIEP Flap Work in Academic Institutions
1:45–2:00 pm	Sbitany–Microvascular Breast Reconstruction in the Community: Maximizing Efficiency and Outcomes
2:00–2:15 pm	Song–Alternative Options in Full Autologous Breast Reconstruction ▲
2:15–2:30 pm	HONORING MARK A. CODNER, MD Albert Losken, MD, L. Franklyn Elliott, MD, David B. Drake, MD
2:30–3:00 pm	HONORARY HARTRAMPF LECTURE Introduction–Elliott Hilton Becker, MD – “My Personal 50-year Experience with Breast Reconstruction”
3:00–3:30 pm	Coffee Break/Visit Exhibits Windsor Ballroom Foyer
3:30–5:00 pm	IMPLANT/EXPANDER/ADM/PREPECTORAL RECONSTRUCTION Moderator–Losken
3:30–3:45 pm	Peled–Team Approach to Optimizing Outcomes for Nipple-Sparing Mastectomy and Pre-pectoral Reconstruction
3:45–4:00 pm	Nahabedian–Patient Selection, Long-term Outcomes and Two Staged Prepectoral Breast Reconstruction ▲
4:00–4:15 pm	Hudson–Deciding when to Use DTI or Tissue Expanders without ADM in Prepectoral Breast Reconstruction

▲ Identified as applicable to patient safety

FRIDAY, JANUARY 22, 2021 - *continued*

4:15–4:30 pm **de Vita–Prepectoral Implant Reconstruction without ADM/Mesh**

4:30–4:45 pm **Tenenbaum–Single-stage, Prepectoral Implant Reconstruction and NSM in the Ptotic Patient**

4:45–5:00 pm **Discussion**

5:00–6:30 pm **PANEL - ALTERNATIVE IDEAS IN BREAST RECONSTRUCTION**
Moderator–Namnoum

5:00–5:15 pm **Brzezienski–Vertical Inset Latissimus Dorsi/Implant Reconstruction and the “Social Breast”**

5:15–5:30 pm **Nahabedian–Prosthetic Reconstruction and Postmastectomy Radiotherapy - Does Anything Make a Difference?**

5:30–5:45 pm **Peled–Preserving and Restoring Sensation after Mastectomy and Reconstruction**

5:45–6:00 pm **Mirzabeigi–Targeted Breast Reinnervation: Nerve Grafting and Neuroma Management**

6:00–6:15 pm **Abboud–Scarless Composite Breast Reconstruction Using an Advancement Skin Flap, Loops and Lipofilling** ▲

6:15–6:30 pm **Discussion**

7:30–9:00 pm **GALA RECEPTION**
Venetian Ballroom

▲ Identified as applicable to patient safety

SATURDAY, JANUARY 23, 2021

7:00–8:00 am **Continental Breakfast/Visit Exhibits**
Windsor Ballroom Foyer

8:00–9:30 am **ROLE OF TEXTURED IMPLANTS IN THE ERA OF BIA - ALCL**
Moderator–Namnoum

8:00–8:15 am **de Vita–BIA-ALCL What's New?**

8:15–8:30 am **Glicksman–Management of the Asymptomatic Patients with Textured Implants** ▲

8:30–8:45 am **Song–To Texture or Not in Reconstructive Breast Surgery?**

8:45–9:00 am **Clemens–Breast Implant Associated ALCL: Treatment at Any Stage and When to Refer** ▲

9:00–9:15 am **Strock–The Expanding Role of Mesh in the Absence of Textured Implants in Breast Augmentation**

9:15–9:30 am **Discussion**

9:30–10:00 am Coffee Break/Visit Exhibits
Windsor Ballroom Foyer

10:00–11:00 am **BREAST AUGMENTATION AND MASTOPEXY**
Moderator–Alderman

10:00–10:15 am **Hammond–Mastopexy with Augmentation - When and How**

10:15–10:30 am **Tenenbaum–Keeping Mastopexy-Augmentation a Single Stage Procedure**

10:30–10:45 am **Bucky–Adding Predictability to Periareolar Mastopexy**

10:45–11:00 am **Discussion**

SATURDAY, JANUARY 23, 2021 - *continued*

11:00–12:30 pm **BREAST AUGMENTATION: IMPLANT PROBLEMS**
Moderator–Maxwell

11:00–11:15 am **Brown–Revisiting the Dual Plane**

11:15–11:30 am **Strock–Prevention and Management of Rippling: Is It the Implant or the Pocket?** ▲

11:30–11:45 am **Botti–Breast Remodeling after Implant Removal**

11:45–12:00 pm **Teitelbaum–Capsular Contracture with Severe Ptosis: The Hazardous Capsulectomy/Mastopexy**

12:00–12:15 pm **Calobrace–Mastopexy with Autoaugmentation and Fat Grafting after Explantation**

12:15–12:30 pm **Discussion**

12:30–1:30 pm **Lunch**

12:30–1:30 pm **Special Resident Luncheon with Caroline Glicksman, MD, MSJ**
Revisionary Breast Implant Surgery
(Open to all Registered Residents, sign-up will be required)

1:30–1:45 pm **INTERNATIONAL SCHOLARS' AWARDS - SOUTH AFRICA**
Moderator–Losken

1:45–2:00 pm **JOHN BOSTWICK RESIDENT PAPER AWARD**
Moderator – Losken

2:00–2:15 pm **2020 BREAST SYMPOSIUM LIVE SURGERY RESULTS**
Moderator–Namnour
Case 1: **Kanchwala–Bilateral Delayed Perforator Flap Breast Reconstruction with Immediate Implant Placement**
Case 2: **McGuire–“Secondary Breast Augmentation**
Case 3: **Wall–Bilateral SIEF - No Pre-Expansion**

SATURDAY, JANUARY 23, 2021 - *continued*

2:15-3:45 pm

POINT COUNTERPOINT CONTROVERSIES IN BREAST SURGERY

Moderator—Losken/Namnoum

2:15-2:20 pm

Alderman—Making a Case for the Subglandular Plane

2:20- 2:25 pm

Teitelbaum—Making a Case for Dual Plane

2:25-2:35 pm

Discussion

2:35-2:40 pm

Calobrace—Why I use Textured Implants

2:40- 2:45 pm

Bucky—Why I use Smooth Implants

2:45-2:55 pm

Discussion

2:55-3:00 pm

Sbitany—Why Two Stage Reconstruction is Better

3:00- 3:05 pm

Tenenbaum—Why DTI Reconstruction is Better

3:05-3:15 pm

Discussion

3:15-3:20 pm

Botti—Breast Reduction with No Scars is Preferable

3:20- 3:25 pm

Karp—Breast Reduction with Short Scars is Preferable

3:25-3:30 pm

Hammond—Breast Reduction with the Inverted-T Scars are Preferable

3:30-3:45 pm

Discussion

3:45-4:15 pm

Coffee Break/Visit Exhibits

Windsor Ballroom Foyer

4:15-5:30 pm

BREAST REDUCTION AND MASTOPEXY

Moderator—Alderman

4:15-4:30 pm

Abboud—The Power Assisted Liposuction Mammoplasty (PALM).

4:30-4:45 pm

Alderman—Utility of the Superior-medial Breast Reduction

4:45-5:00 pm

Hudson—Increasing Long Term Projection in Breast Reduction

5:00-5:15 pm

Rubin—Dermal Suspension Mastopexy after Weight Loss

5:15-5:30 pm

Discussion

SUNDAY, JANUARY 24, 2021

7:00–8:00 am	Continental Breakfast/Visit Exhibits Windsor Ballroom Foyer
8:00–9:15 am	ONCOPLASTIC BREAST SURGERY Moderator–Losken
8:00–8:15 am	Peled–Oncoplastic Lumpectomy versus Mastectomy with Reconstruction: A Patient-centered Approach to Weighing the Options
8:15–8:30 am	Rubin–The Oncological Risk of Fat Grafting to the Breast
8:30–8:45 am	Losken–The Aesthetic Approach to Partial Breast Reconstruction
8:45–9:00 am	Carlson–The Outcomes of Skin Reducing Mastectomy and Tissue Expander Reconstruction in Large Breasted Women
9:00–9:15 am	Discussion
9:15–9:45 am	Coffee Break/Visit Exhibits Windsor Ballroom Foyer
9:45–11:00 am	DIFFICULT PROBLEMS IN BREAST SURGERY Moderator–Elliot
9:45–10:00 am	Glicksman–Update and Management of Breast Implant Illness for the Plastic Surgeon ▲
10:00–10:15 am	Calobrace–My Approach to the Patient with BII
10:15–10:30 am	Teitelbaum–A Patients Must Know Their Limits: The Secondary Deformities No One Can Fix and How To Correct Them
10:30–10:45 am	Namnoum–Developing an Aftercare Program for Breast Surgery that Makes a Difference
10:45–11:00 am	Discussion

SUNDAY, JANUARY 24, 2021 - *continued*

11:00–12:15 pm **HOT TOPICS IN BREAST SURGERY**
Moderator–Nammoum

11:00–11:10 am **Karp–Structural Options for Mastopexy and Implant Support**

11:10–11:20 am **Clemens–Immediate Prophylactic Lymphovenous Bypass: When, Why, and Who Benefits**

11:20–11:30 am **Pfeifer–Aesthetic Breast Surgery in NYC-in the COVID Era**

11:30–11:40 am **Brown–High Resolution Ultrasound in an Aesthetic Breast Practice**

11:40–11:50 am **Hudson.–The Risks and Benefits of Vasoconstriction in Breast Surgery** ▲

11:50–12:00 pm **Botti–Nanotexturing Implant Technology**

12:00–12:15 pm **Discussion**

12:15 pm Meeting Adjourns

▲ Identified as applicable to patient safety

ACCREDITATION

The Southeastern Society of Plastic and Reconstructive Surgeons is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide medical education for physicians.

The Southeastern Society of Plastic and Reconstructive Surgeons designates this live activity for a maximum of 20.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the 20.5 AMA PRA Category 1 Credit(s)[™], 2 have been identified as applicable to patient safety. ▲

SPECIAL NEEDS

Any special needs or challenged requests should be submitted to the SESPRS office by November 30, 2020.

REGISTRATION FEES AND CANCELLATION POLICY

Resident registration fees are complimentary with a letter submitted with their registration from their plastic surgery program director. Physicians in their first and second year after residency are eligible for the New Physician rate. Physicians who have more than two years of practice and are not members of SESPRS/ASPS/ASAPS/ISAPS are eligible for Guest Physician rates.

The registration fee for a spouse/companion includes meals and social functions. Spouses/companions wishing to attend the symposium presentations must register under the "Office Personnel or Nurse" category.

Please register early. Full refunds minus a \$50 processing fee will be considered if written notice of cancellation is received by October 31, 2020. No refunds will be given after October 31, 2020.

RESERVATIONS

Intercontinental Hotel (located in the heart of Buckhead)

3315 Peachtree Road, NE

Atlanta, GA 30326

404-946-9000

Room rates are \$290 per night, single or double occupancy. Reservations must be received by December 29, 2020 for this rate to be honored.

There is NO GUARANTEE that rooms will be available up to the deadline date, and there is no guarantee that rooms will be available at this rate. Rates quoted here are on a space-available basis only. Once our block of rooms is sold out, which may be earlier than December 29, 2020, there is no guarantee that rooms will be available at this rate. Visit our Website sesprs.org to make on-line hotel reservations. Click on this meeting on our site for more information: www.sesprs.org

ONLINE REGISTRATION

Online registration is available at www.sesprs.org. If you have any questions, please call (435) 901-2544 or visit our website at www.sesprs.org.

View Meeting from the comfort of your Home Online – Available for Breast Symposium Only. \$899 for the entire three-day event.

REGISTRATION

ONLINE REGISTRATION [>Click here for the online registration page](#)

Online registration is available at www.sesprs.org. If you have any questions, please call **(435) 901-2544** or visit our website at www.sesprs.org.

View Meeting from the comfort of your Home Online—Available for Breast Symposium Only. \$899 for the entire three-day event. Visit www.sesprs.org to register under the 2021 online streaming event tab.

REGISTRATION

Please fill out and mail this form to **SESPRS, 6300 Sagewood Drive, Suite H255, Park City, UT 84098** or fax to **(435) 487-2011**. A confirmation notice will be sent by e-mail to each registrant upon receipt of their registration.

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Fax: _____

Email: _____

ASPS Member ID No.: _____

Please check the appropriate response:

	Breast & Periorbital/Facial Symposium		Breast Symposium ONLY	
	Before 10/15	After 10/15	Before 10/15	After 10/15
SESPRS Member	<input type="checkbox"/> \$1350	<input type="checkbox"/> \$1450	<input type="checkbox"/> \$1050	<input type="checkbox"/> \$1150
ISAPS Member	<input type="checkbox"/> \$1550	<input type="checkbox"/> \$1650	<input type="checkbox"/> \$1350	<input type="checkbox"/> \$1450
ASPS/ASAPS Member	<input type="checkbox"/> \$1700	<input type="checkbox"/> \$1800	<input type="checkbox"/> \$1350	<input type="checkbox"/> \$1450
Guest Physicians (<i>non SESPRS, ASPS, ASAPS, ISAPS Member</i>)	<input type="checkbox"/> \$1800	<input type="checkbox"/> \$1900	<input type="checkbox"/> \$1450	<input type="checkbox"/> \$1550
Guest Physician Less Than 2 Years in Practice	<input type="checkbox"/> \$1000	<input type="checkbox"/> \$1100	<input type="checkbox"/> \$800	<input type="checkbox"/> \$900
Resident/Fellows <small><i>Letter From Plastic Surgery Program Director required in advance</i></small>	<input type="checkbox"/> Comp	<input type="checkbox"/> \$100	<input type="checkbox"/> Comp	<input type="checkbox"/> \$100
RN, NP, PA, or Office Personnel	<input type="checkbox"/> \$900	<input type="checkbox"/> \$1000	<input type="checkbox"/> \$800	<input type="checkbox"/> \$900
Spouse/Companion (<i>Socials Only</i>)	<input type="checkbox"/> \$250	<input type="checkbox"/> \$350	<input type="checkbox"/> \$200	<input type="checkbox"/> \$300

List Spouse/Guest name if applicable: _____

TOTAL AMOUNT ENCLOSED: \$

Method of Payment: Check (US Funds Only) MasterCard Visa AMEX

Card Number: _____ 3 or 4 digit code _____

Expiration Date: _____

Signature: _____

If paying by credit card, please complete this registration form and fax or mail. If paying by check, please include a check in U.S. funds payable to: **Southeastern Society of Plastic and Reconstructive Surgeons (SESPRS)**.

If paying by mail, please send to: **SESPRS 6300 Sagewood Drive, Suite H255, Park City, UT 84098.**

Streaming Online Event Registration—Available for Breast Symposium Only—\$899. Registration MUST be done on-line. Visit our website for details: www.sesprs.org (CME Available Only if Watched LIVE)

Full refunds minus a \$50 processing fee will be considered if written notice of cancellation is received by October 31, 2020.

No refunds will be given after October 31, 2020.

37TH ANNUAL SESPRS ATLANTA BREAST SURGERY SYMPOSIUM - 2021



SESPRS

6300 Sagewood Drive
Suite H225
Park City, UT 84098

REGISTER ONLINE : www.sesprs.org | EARLY REGISTRATION BEFORE OCTOBER 15th, 2020