



Newsletter

Holly Wall, MD, Editor

Spring 2018

MESSAGE FROM THE PRESIDENT



Braun H. Graham, MD
SESPRS President

Greetings to all Southeasterners. I hope you and your families enjoyed a healthy and prosperous new year! 2018 brings a busy schedule for our organization. We just returned from the 11th Annual Oculoplastic and 34th Annual Breast Symposia hosted by the SESPRS, January 18–21, 2018 in Atlanta. We enjoyed a world class faculty for the Oculoplastic event

this year and we had a record 450 surgeons registered for the Breast meeting. In addition, we had nearly 150 plastic surgeons view the three day breast symposium online—also a new record. Congratulations to Dr. Mark Codner and his committee for assembling a great faculty in combination with an exciting interactive day of live surgery broadcast from Northside Hospital in Atlanta. For those of you unable to make the trip to Atlanta in January, consider registering for next year’s Breast symposium online.

With January behind us, we are well underway planning our annual meeting to be held June 17–20th at the famous Breakers Hotel in West Palm Beach, FL. The hotel has undergone many upgrades including the gorgeous Ocean Bar and Grill overlooking the beach and Atlantic surf. Dr. Codner will provide an excellent scientific program as well as ample doses of practice management pearls for residents and newly trained surgeons entering practice. He has also invited a practice management panel that offers informative pearls for our seasoned members’ practices. A seminar of this caliber would cost hundreds of dollars to attend as a separate event.

Bring your beach sandals, running shoes, tennis racquets, golf clubs and snorkel gear. We will have a full array of outdoor and sports activities to share with your families. For the certified scuba divers, we are putting together a dive trip to the beautiful Breaker’s Reef that is always teeming with colorful coral and wildlife. Bring your

certification cards! For the fishermen (and women), take note that the Atlantic gulf stream is located very close to the hotel. A deep sea fishing expedition can be arranged with little travel time by boat.

Lastly, let me remind you that our longstanding Southeastern tradition is to enjoy a well-deserved vacation with your family. Be sure to bring the children to the Sunday themed dinner which will be a Jimmy Buffett Margaritaville affair on the Ocean lawn overlooking the beach. There will be outdoor games and crafts for the youth as well as “cheeseburgers in paradise.” Plan to enjoy the Black Tie dinner on Tuesday evening. Children over 14 years of age are welcome to reserve a space with their parents. We look forward to another successful annual meeting and I thank you for the honor of serving as your President. See you at the Breakers! ■

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SESPRS 2018 11TH ANNUAL OCULOPLASTIC AND 34TH ANNUAL ATLANTA BREAST SURGERY SYMPOSIUM

The January Symposia in Atlanta were held at The Intercontinental Hotel in Buckhead despite the repeated, annual ominous threat of ice and snow this year. After the snowmelt, a “show must go on” group effort was made by the esteemed Faculty and Staff to host the 11th Annual Oculoplastic Symposium. The highlights of the 2018 meeting included updated presentations on aesthetic goals of aesthetic blepharoplasty, ptosis surgery, a safe and effective approach to periorbital fat grafting including advantages and risks, as well as non-surgical advances in eyelid rejuvenation. The Oculoplastic Symposium was chaired by Dr. Mark Codner and co-chaired by Drs. Glenn Jelks and Sonny McCord. Thanks to the prestigious Faculty sharing outstanding talks and video presentations, the attendance and quality of the meeting this year was at an all time high.



The Atlanta Breast Symposium marked its 34th year and hosted over 450 attendees in Atlanta and approximately 150 online attendees from over 15 countries around the world by live streaming video which allows them the opportunity to email live questions. The themes for both meetings respectively was “The Future of Oculoplastic/Breast Surgery: Is it Aesthetic or Reconstructive?” Live Breast Surgery was telecast at The Intercontinental

and online with new High Definition technology. The Live Surgery and Surgical Videos included Mastopexy with Mesh by Bill Adams, Male Breast Reduction for extreme gynecomastia correction by Jeff Kenkel, DIEP Breast Reconstruction beautifully demonstrated by Ed Buchel, and Transgender Breast Augmentation by Mitch Brown. Transgender breast and chest surgery was a new requested teaching topic for 2018.



The Annual Honorary Hartrampf Lecture entitled “The Surgical Treatment of Breast Cancer in the United States: The Tipping Point” was brilliantly given by Dr. Grant Carlson. The data based lecture included major trends and the evolution of breast cancer and reconstructive surgery over the past several decades. Topics discussed included the role of health insurance, implant based reconstruction compared to TRAM based reconstruction, secondary bias caused by changes in healthcare reimbursement and social media’s impact in increasing the demand for bilateral mastectomy for prophylaxis and the influence of implant based reconstruction compared to autologous reconstruction. Congratulations to Dr. Carlson who gave one of the most clear and concise summaries of international trends in breast reconstruction.

The Symposium’s social venue was highlighted by a Friday night Persian dinner gala which included a Sinatra style Jazz Quartet and back by popular demand—The Bourbon Street Bar. The Faculty Dinner was hosted by Drs. Anne and Jim Namnoum. The Bostwick Resident Paper Award was given to Dr. Jonathan B. Olenczak from UVA.

The Southeastern Society of Plastic and Reconstructive Surgeons thanks program Chair Dr. Mark Codner and co-chairs Drs. Jim Namnoum and Bert Losken. A special appreciation goes to our Founders Drs. Carl Hartrampf, Jr. and L. Franklyn Elliott for their continued support for over 30 years. Thank you to Susan Russell, the SESPRS Executive Director for organizing one of the best meetings. ■



JONATHON BRYCE-EDWARD OLENCZAK, MD RECEIVES THE 2018 JOHN BOSTWICK AWARD



The Bostwick award is sponsored by the SESPRS and given to the resident with the best project in the field of aesthetic and reconstructive breast surgery. The applications continue to increase and submissions are now accepted from all regional plastic surgery societies and the submissions continue to grow in number. This year we had 21 excellent applications and the best abstract was awarded to Dr. Olenczak who finished his plastic surgery residency at the University of Virginia and is now a fellow at MD Anderson Cancer Center. He received a generous check and a copy of the second edition of Dr. Bostwick’s breast book. He presented his work at the Atlanta Breast Symposium entitled “Mechanistic analysis of improved biointegration of acellular dermal matrix through the inclusion of fenestrations.” This was well received and very informative. We look forward to even more applications next year. ■

THE SESPRS 61ST ANNUAL SCIENTIFIC MEETING

As Program Chairman of our 61st Annual Scientific Meeting, I would like to personally invite you to attend this educational and collegial program to be held at The Breakers, in Palm Beach, Florida from June 16–20, 2018. Our Theme this year is “Pearls of Wisdom,” which will highlight many surgical, non-surgical and practice management topics related to plastic surgery. Our program committee has worked together to bring you an educational and entertaining summer meeting specifically geared toward our members educational requests. We will host our Hot Topics Non-CME session on Saturday beginning at 4 pm followed by our Welcome reception in and amongst our exhibitors.

Abstracts for Hot Topics, Resident and Member papers are being accepted—be sure to submit your papers before the **deadline of March 15th** for consideration as a podium presentation!

Our Sunday program is packed with Resident papers, guest speakers providing “Pearls of Wisdom of Facial Rejuvenation” by Michael Yaremchuk, MD and Joseph Hunstad, MD. Our Keynote presentation titled “What the Most Influential People Do Differently” will be given by Mr. Garrison Wynn who is a high energy and humorous motivational speaker who has appeared on ABC News, has spoken to American Express and Wells Fargo, and has outstanding reviews by The New York Times, Wall Street Journal, and Forbes. Our Sunday program will be the Resident Jeopardy Bowl hosted by Bert Losken, MD and Toast to Trudie, which is a special luncheon for Women in Plastic Surgery and will be hosted by Drs. Holly Wall, Lynn Damitz, and Carmen Kavali. Our evening event hosted by Dr. and Mrs. Braun Graham is a Margaritaville Themed party out on the Ocean Lawn at The Breakers.

Monday begins with one of our meeting highlights, the Problems and Pearls session. Please be sure to submit your cases to Brian Rinker, MD prior to the meeting. This session continues to provide valuable discussion for cases with challenges in our specialty. The Resident Competition continues and Member papers will be presented later in the morning. Patient Safety will be addressed during the Monday morning session and a special guest lecture by Michele Shermak, MD on “Pearls of Wisdom of Massive Weight Loss Surgery of the Trunk.” Our Special Upchurch Lecture will be given this year by one of our Southeastern Members, Jim Grotting, MD. Dr. Grotting is a leader in our specialty and we are honored to have him lecture this year on “Privilege, Planes and Plans.” Monday is a free evening for attendees, but there will be a “Special Resident Reception” hosted by Allergan.



Tuesday will begin with our complimentary MOC Accredited Course provided by Maurice Nahabedian, MD on “Direct to Implant Breast Reconstruction, Drains, and Antibiotics.” The ever popular “Just the Facts Panel” moderated by Bruce Mast, MD will provide interesting facts on oral antibiotics, NSAIDs, large volume fat grafting and toxin injections. Drs. Yaremchuk and Hunstad will provide “Pearls of Wisdom of Periorbital Rejuvenation” followed by “Pearls of Wisdom of Massive Weight Loss Surgery of the Extremities” by Michele Shermak, MD and “Pearls of Wisdom of Breast Aesthetic Surgery” by Maurice Nahabedian, MD. **All of our Pearls of Wisdom sessions will allow for discussion and audience case presentations. Please be sure to bring these with you to the meeting.** This evening will be our Gala Black Tie Dinner Dance in the Mediterranean Ballroom and the cocktail reception will begin a bit earlier this year at 6:30 pm.

On Wednesday morning we will hear the final reports from our grant recipients of 2017. A new, not to be missed panel including VERY VALUABLE PRACTICE ADVICE! Business and Legal Consultant Panel—covering topics such as Hiring with Background Checks and Firing Without Legal Consequences—What Every Plastic Surgeon Should Know to Run a Business. This very valuable session features Ryan Miller, CEO Etna Interactive—Medical Marketing Agency, Lawrence Keller, Certified Financial Planner—Physician Financial Services, Bob Aicher, Esq., ASAPS General Counsel and Helen Daniell—Practice Management. Topics will also include “3 Online Marketing Mistakes That Are Costing you a Fortune” and “Bad Taste or Illegal Social Media and ABPS Policies.” The same type of information is generally offered at our National Meetings in costly courses but will be offered complimentary to our SESPRS members.

We hope to see you in June for this impactful program. ■

CALL FOR CASES 2018 PROBLEMS AND PEARLS SESSION, 61ST ANNUAL SCIENTIFIC MEETING

Dr. Brian Rinker, Chairman of the Annual Problems and Pearls Session, invites submission of instructive, interesting, and problematic cases for discussion and audience participation during the Annual Scientific Meeting to be held June 16–20, 2018. According to the post-meeting questionnaires, this has been a continuing favorite. Sometimes results with difficult problems are not stellar, and this is a great opportunity to share these experiences and learn together in a collegial environment. Please submit a case history and pre-, intra-, and postoperative photos if available. Please remove any patient-identifying information. Cases may be cosmetic or reconstructive. To spur participation, cases may be submitted anonymously. Cases may be submitted in PowerPoint format to Dr. Rinker at brink2@uky.edu for consideration by May 15, 2018. The SESPRS looks forward to another lively and interactive program.

The Problems and Pearls session will be on Monday, June 18th. ■

LEGISLATIVE ADVOCACY IN THE SOUTHEAST

January 2018

- Signed on to letters by the Alliance of Specialty Medicine to the **Arkansas** Senate and House regarding legislation that institutes notification requirements for when a patient's biologic medicine is substituted
- Connected with the **Florida** Society of Plastic Surgeons regarding office-based surgery legislation that was recently introduced for the 2018 session
- Participated in a call hosted by the Medical Association of **Georgia** (MAG) regarding rival pieces of OON legislation in the House and Senate; and signed on to a Physicians for Fair Coverage press release and Medical Association of Georgia talking points memo in support of the Senate bill
- Submitted comments cosigned by the **Virginia** Society of Plastic Surgeons to the Senate Committee on Education and Health in opposition to a measure that would expand optometric surgical scope of practice
- Submitted comments cosigned by the **Florida** Society of Plastic Surgeons regarding legislation that would remove the direct supervision requirement for laser procedures

and transfer regulatory authority of those procedures from the Board of Medicine to a nonmedical state agency

- Submitted comments cosigned by the **Florida** Society of Plastic Surgeons in opposition to State Senator Denise Grimsley's troublesome truth in advertising/board equivalency legislation
- Conducted a call with the **Louisiana** Society of Plastic Surgeons to determine future advocacy efforts regarding truth in advertising/board equivalency measures that the Louisiana Board of Medical Examiners may be considering this spring

February 2018 (through February 9)

- Submitted comments cosigned by the **Florida** Society of Plastic Surgeons regarding legislation that would remove the direct supervision requirement for laser procedures and transfer regulatory authority of those procedures from the Board of Medicine to a nonmedical state agency
- Signed on to SUNucate Coalition letters in **Virginia** in support of measures allowing students to possess and apply sunscreen during school ■



TOAST TO TRUDIE

Lynn Damitz, Holly Wall, and Carmen Kavali are looking forward to another Toast to Trudie get together of the women of the Southeastern next June at The Breakers in Palm Beach, Florida. We have listened to your feedback and have moved the gathering to be a luncheon on Monday, June 18 at 12:30pm. For those of you who have not been, it is a time for women residents and plastic surgeons to get together, relax, and talk about training and practice. Trudie was one of the founders of the Southeastern Society and our inspiration for the event. I personally have gained so much from these gatherings, including advice and friendships maintained over the years. The Breakers is an amazing resort and world renowned for their impeccable service. Make sure you save the dates of June 16–20, 2018 for your favorite summer meeting. ■



OUR SOUTHEASTERN HIGH ACHIEVERS!

Southeastern Members are Leaders

Congratulations to Lynn Damitz, MD who became the Chief of the Division of Plastic and Reconstructive Surgery at University of North Carolina at Chapel Hill on October 1, 2017. Dr. Damitz was appointed as faculty to the division in 2000 and built an impressive clinical practice and became Director of Aesthetic Services. She received multiple Resident Educator of the Year awards from the UNC School of Medicine. She was promoted to Professor in 2014. Nationally, she serves as Chair of State Affairs for the Legislative Advocacy Committee and the Vice Chair for the Membership Recruitment, Compliance and Development Committee for ASPS. She is also a Senior oral board examiner for the American Board of Plastic Surgery. Dr. Damitz is one of few women to break this ceiling.



Dr. Galen Perdikis has been named Professor and Chair of Vanderbilt's Department of Plastic Surgery as of August 1, 2017. He is the department's fourth leader since it was established in 1973. After doing his fellowship in plastic surgery, Dr. Perdikis had been serving as the Chair of the Division of Plastic Surgery at the Mayo Clinic in Jacksonville, Florida. He has been active in research on numerous topics ranging from facial aesthetic surgery to breast reconstruction outcomes. He is a journal submissions reviewer for multiple journals and has served on multiple boards.



We are so proud of our Southeastern members who are making such a difference in the training of the next generations of plastic surgeons. ■

PRELIMINARY PROGRAM

Saturday, June 16, 2018

4:00–5:00 pm	Hot Topics Session Non-CME
6:00–8:00 pm	Welcome Reception
7:30 pm	Past Presidents Dinner

Sunday, June 17, 2018

6:30–7:30 am	Past Presidents Breakfast
8:00–8:10 am	Welcoming Remarks Braun H. Graham, MD
8:10–9:00 am	Resident Competition Papers
9:00–9:30 am	Pearls of Wisdom of Facial Rejuvenation Michael Yaremchuk, MD
9:30–10:00 am	Pearls of Wisdom of Facial Rejuvenation Joseph Hunstad, MD
10:00–10:15 am	Discussion and Audience Case Presentation
10:15–10:45 am	Break/Exhibits/Posters
10:45–11:15 am	Member Papers
11:15–12:15 pm	Keynote Presentation What the Most Influential People Do Differently Mr. Garrison Wynn
12:15 pm	Resident Jeopardy Bowl
12:30 pm	Toast to Trudie Luncheon <i>Sponsored by Allergan</i>
1:00 pm	Optional Dive Excursion
1:30 pm	Annual Tennis Tournament
2:00 pm	Optional Snorkel Excursion
6:30 pm	Theme Dinner Event The Ocean Lawn Margaritaville Theme

Monday, June 18, 2018

7:15–8:00 am	Problems and Pearls
8:00–8:45 am	Resident Competition Papers
8:45–9:45 am	Patient Safety: Strategies and Controversies Current Office and Operating Room Safety Recommendations
9:45–10:15 am	Pearls of Wisdom of Massive Weight Loss Surgery of the Trunk Michele Shermak, MD
10:15–10:30 am	Discussion and Audience Case Presentation
10:30–11:00 am	Break/Exhibits/Posters
11:00–11:30 am	Member Papers

Monday, June 18, 2018 (continued)

11:30–12:30 pm	Upchurch Lecture Privilege, Planes, and Plans James C. Grotting, MD
12:30–1:30 pm	Special Resident Session Written and Oral Board Presentation Michael Harrington, MD
1:00 pm	Golf Tournament The Breakers West—Rees Jones
6:00 pm	Special Resident Reception <i>Sponsored by Allergan</i>

Tuesday, June 19, 2018

6:00 am	Annual Fun Run
7:00–8:00 am	MOC Accredited Course Direct to Implant Breast Reconstruction, Drains, and Antibiotics Maurice Nahabedian, MD
8:00–9:00 am	Just the Facts Panel
9:00–9:30 am	Pearls of Wisdom of Periorbital Rejuvenation Joseph Hunstad, MD
10:00–10:15 am	Discussion and Audience Case Presentation
10:15–10:45 am	Break/Exhibits/Posters
10:45–11:15 am	Member Papers
11:15–11:45 am	Pearls of Wisdom of Massive Weight Loss Surgery of the Extremities Michele Shermak, MD
11:45–12:15 pm	Pearls of Wisdom of Breast Aesthetic Surgery Maurice Nahabedian, MD
12:15–12:30 pm	Discussion and Audience Case Presentation
12:30 pm	SESPRS Business Meeting
12:30 pm	Resident Luncheon
7:00 pm	Black Tie Reception and Dinner

Wednesday, June 20, 2018

7:30–8:15 am	Research Grant Reports
8:15–11:30 am	Don't Miss This! Very Valuable Practice Advice Business and Legal Consultant Panel, Hiring with Background Checks and Firing without Legal Consequences
11:30 am	Closing Remarks Stephen J. Finical, MD

PLEASE READ BELOW BEFORE PROCEEDING WITH REGISTRATION

Registration includes:

- Daily breakfast
- Welcome Reception
- Theme Dinner
- Black Tie Reception and Dinner
(Residents and children 16 or older must register separately for the Black Tie Event. If you are a Glancy Competition Participant, there is no charge for the Black Tie Event.)

There is an additional \$\$ charge for residents, resident's spouses, and young adults 16 and over to attend the Black Tie Event. During the registration process you must select each event you will attend even if there is **NO CHARGE** for the event. It is important to list everyone attending each event for our planning. You **MUST** register each person individually and indicate each event they will attend.

61ST ANNUAL MEETING REGISTRATION FORM

Early Bird Registration Closes on May 11, 2018

Please Select All of the Following that Apply:

	Before 5/11/18	After 5/11/18
SESPRS Member	☐ \$700	☐ \$800
First Time Attendee (SESPRS Eligible)	☐ \$500	☐ \$600
Guest Physician (NON SESPRS Member)	☐ \$1400	☐ \$1500
Resident/Fellow	☐ \$0	☐ \$100
Spouse	☐ \$450	☐ \$500
Resident Spouse	☐ \$100	☐ \$150
Children 5 and under	☐ \$0	☐ \$100
Children 6–15	☐ \$150	☐ \$200
Young Adults 16–20	☐ \$200	☐ \$250
Guest Family Member	☐ \$400	☐ \$450
Nurse/Office Personnel	☐ \$500	☐ \$550
Theme Dinner Non-Registered Guest (only for non-registered attendees)	☐ \$175	☐ \$200
Black Tie Dinner—Non-Registered Guest (only for non-registered attendees)	☐ \$200	☐ \$250

Optional Activities: You must indicate below **EACH** person attending each event.
These optional activities are only available to **REGISTERED** attendees, children, and guests.

Annual Fun Run (6/19/18 @ 6:00 am)

List names: _____

☐ \$0 ☐ \$0

Annual SESPRS Business Meeting (6/19/18 @ 12:30 pm)

List names: _____

☐ \$0 ☐ \$0

Black Tie Dinner Residents & Resident Spouse (6/19/18 @ 7:30 pm)

List names: _____

☐ \$200 ☐ \$200

Black Tie Dinner—Young Adults (6/19/18 @ 16 to 20)

List names: _____

☐ \$75 ☐ \$100

Golf Club Rental

List names: _____

☐ \$65

☐ \$65

Golf Tournament (6/18/18 @ 1:00 pm)

List names: _____

☐ \$100

☐ \$100

Resident Jeopardy Bowl (6/17/18 @ 12:30 pm)

List names: _____

☐ \$0

☐ \$0

Resident Luncheon, must be a registered resident (6/19/18 @ 12:30 pm)

List names: _____

☐ \$0

☐ \$0

Special Resident Session (6/18/18 @ 12:30 pm)

List names: _____

☐ \$0

☐ \$0

Tennis Tournament (6/17/18 @ 1:30 pm)

List names: _____

☐ \$85

☐ \$85

Theme Dinner (6/17/18 @ 6:30 pm)

List names: _____

☐ \$0

☐ \$0

Theme Dinner non-registered guest (6/17/18 @ 6:30 pm)

List names: _____

☐ \$200

☐ \$250

Toast to Trudie Luncheon (6/17/18 @ 12:30 pm)

List names: _____

☐ \$0

☐ \$0

Welcome Reception (6/16/18 @ 6:00 pm)

List names: _____

☐ \$0

☐ \$0

Scuba Dive Excursion (limited to 20 participants, 6/17/18 @ 1:00 pm, MUST BE CERTIFIED)

List names: _____

☐ \$175

☐ \$175

Extra Gear (BC, regulator, etc.)
☐ \$30

☐ \$30

Total Amount from Above:

If you have selected an event with a charge above please be certain to add the correct amount to your total charge if more than one person will attend.

Contact Information

Main registrant's name: _____

Spouse & children's name(s) and age(s): _____

Guest/office personnel name: _____

Address: _____

City: _____ State: _____ Zip: _____

Check _____ MC _____ Visa _____ AMX _____

Card number: _____ Expiration: _____

CWV Code: _____ Signature: _____

Date: _____ Phone #: _____

Cancellation Policy: Full refunds minus a \$50 service charge will be considered if written notice of cancellation is received on or before April 15, 2018. No refunds will be given after April 15, 2018.

**If paying by check mail to SESPRS, 6300 Sagewood Drive, Suite H255, Park City, UT 84098
or if by credit card please email the completed for to srussel@sesprs.org.**

CALENDAR OF EVENTS

FUTURE ANNUAL MEETINGS

June 8–12, 2019	The Ritz-Carlton Naples, Florida
June 7–11, 2020	The Sanctuary Kiawah Island, SC
June 11–17, 2021	The Westin Hilton Head, SC

FUTURE ANNUAL ATLANTA BREAST SURGERY SYMPOSIUM

January 18–20, 2019	Intercontinental Hotel Atlanta, Georgia
January 24–26, 2020	Intercontinental Hotel Atlanta, Georgia
January 22–24, 2021	Intercontinental Hotel Atlanta, Georgia



SESPRS
6300 Sagewood Drive, Suite H255
Park City, UT 84098
(435) 901-2544

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