



SESPRS

SOUTHEASTERN SOCIETY OF PLASTIC AND RECONSTRUCTIVE SURGEONS

NEWSLETTER JULY 2025

Daniel Haynes, MD - Editor

MESSAGE FROM THE PRESIDENT



Galen Perdikis, MD
SESPRS President

It is a profound honor to serve as President of the Southeastern Society of Plastic and Reconstructive Surgeons. I am deeply humbled to follow in the footsteps of so many visionary leaders, and particularly grateful to my friend and colleague Dr. Bruce Mast, whose exemplary leadership this past year set a high bar. Bruce guided the Society through an

extraordinary year with grace, professionalism, and a steady hand—thank you, Bruce.

Earlier this year, we celebrated the 40th Annual Atlanta Breast Surgery Symposium, a hallmark SESPRES event that has grown to become the premier breast surgery meeting in the U.S. With four live surgeries, world-class faculty, and robust international participation, this year's meeting lived up to its legacy of innovation, education, and collaboration. We now look forward to the 2026 meeting, which will once again be led by Drs. Bert Losken, Amy Alderman, James Namnoum, and Michael Mirzabeigi, whose dedication continues to elevate this flagship event.

Our 68th Annual Meeting, held this June at The Breakers in Palm Beach, was nothing short of spectacular. The venue, a perennial favorite, provided a beautiful setting for a meeting rich in education, camaraderie, and inspiration. The scientific program, led by Program Chair Dr. Holly Wall, was exceptional in both breadth and quality. We were privileged to host three remarkable keynote speakers who elevated the meeting to new heights: Captain Richard Phillips, whose powerful story of courage and leadership captivated the audience; Dr. David Song, the Upchurch Lecturer, who shared critical insights into the evolving role of plastic surgeons as institutional leaders; and Dr. Linda Phillips, our Jurkiewicz Lecturer, who delivered a compelling talk on mentorship, clinical excellence, and advancing women

in surgery. Each of these presentations left a lasting impression.

The resident and member papers reflected the depth of academic rigor within our region, while the Glancy Competition continued to highlight the best in emerging talent. New additions such as a hands-on ultrasound course further enhanced the educational value of the meeting. Longstanding favorites like the “Just the Facts” panel, the Mini-Craniofacial Symposium, and the Breast Mastery Panel reaffirmed our commitment to comprehensive, relevant programming.

Our Society thrives because of its members—surgeons committed to excellence in education, research, and mentorship. I am especially encouraged by the increasing engagement of our younger colleagues and trainees, whose passion and energy are vital to SESPRES's future. I also want to extend my sincere appreciation to Susan Russell and her outstanding team, whose tireless efforts make everything we do possible.

Thank you for the opportunity to serve. I look forward to the year ahead as we continue to grow, innovate, and support one another across this exceptional community. We look forward to hosting you all at the annual 2026 meeting in Marco Island, which looks to be a spectacular property for some fellowship, family, and top-notch research and education.



SAVE THE DATE



68TH Annual Scientific Meeting - YOU are the Captain Now

The 68th Annual Scientific Meeting of the Southeastern Society of Plastic and Reconstructive Surgeons was held at The Breakers in Palm Beach, Florida, June 15-19, 2025. The setting, weather and food were amazing, but the members, friends and family interactions were even better. Our unique, balanced annual meeting is the secret of SESPRS' success in "advancing professional excellence, quality education and regional collegiality" all while blending our careers with our loved ones. President Dr. Bruce Mast's College Tailgate theme dinner was absolutely brilliant, and everyone of all ages threw aside their rivalries to have a great time dancing, eating, and playing cornhole.



Dr. Holly Wall, Vice President and Program Chair, and the very engaged program committee built the theme of the meeting, "YOU are the Captain Now!" around the keynote speaker, Captain Richard Phillips, of the Somali pirate hostage situation. His standing room only talk, "Strength and Adaptability", was relatable to all plastic surgeons and attending family members.



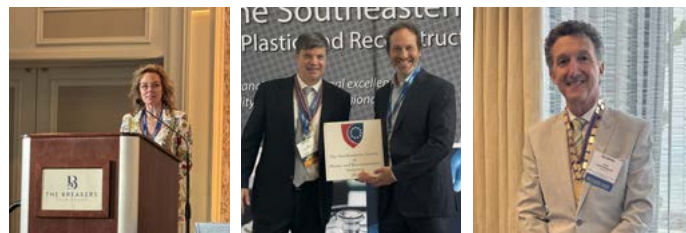
Training, preparation, flexibility, leadership and ultimately ownership are all themes that we apply in our careers and lives. These topics became the panel topic, "The Ship is Sinking – What Do You Do Now?" featuring 6 "disaster" cases highlighting humility and dealing with complications that spanned every plastic surgery subspecialty. The Hand panel, "Charting New Seas in Hand Surgery", explored current innovations in hand surgery. The Breast Reconstruction Revolution and Breast Mastery panels covered a wide variety of current issues in both aesthetic and reconstructive surgery, including Dr. David Song's "Navigating the DIEP SIEA."

When the membership and Southeastern residencies are so strong and robust, candidate and member presentations comprise the vast majority of the meeting. Quick Shot 3-minute presentations by 13 residents started the meeting on Sunday, as well as the two medical student award recipient presentations. Dr. DeVito of University of Virginia won the Quick shot competition with "The Effect of Neoadjuvant Chemotherapy on Implant Loss in Immediate Tissue Expander Based Breast Reconstruction." There were many excellent SESPRS member paper submissions, and the top 10 were eloquently presented. The Glancy resident competition had a record number of entries, and the rivalry was intense! Only the top 10 papers were presented, and Wake Forest took home the coveted Glancy bowl with Dr. Boyajian's stunning delivery of "A Novel 3D Printed Simulator to Teach Metacarpal Fixation with Kirschner Wires." Four members delivered "Just the Facts" to keep us up to date on current literature of 4 controversial topics of osteomyelitis treatment, orbital floor fractures, prophylactic lymphatic surgery and TXA use.

Members, [Click Here to view more event photos](#)

We were honored to have Dr. Dino Elyassnia, The Aesthetic Society Traveling Professor, present during the Face Renaissance panel about preservation rhinoplasty. Dr. Scott Bartlett was the Craniofacial Symposium keynote speaker and shared his 40-year experience with forehead flaps during the same panel. Members Dr. Beth Collins and Dr. Stephenie Poris shared their perspectives on facial rejuvenation.

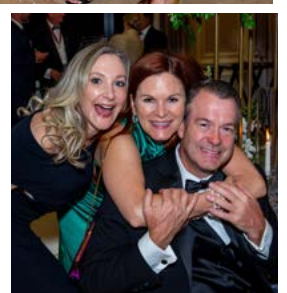
This year, we were fortunate to have both the Upchurch and Jurkiewicz honorary lectures. David Song, MD, MBA, already an acclaimed microsurgeon, is the Chief Medical Officer and VP of Medical Affairs for MedStar Georgetown University. His Upchurch lecture, “Plastic Surgery Leadership in Healthcare Systems and Hospitals”, emphasized that physicians, not bureaucrats, should be the leaders in healthcare systems. It was a truly inspiring talk that discussed how our empathy and business acumen, make us the best leaders to make executive decisions for hospitals, surgeons and patients. Plastic surgeons are an even better physician to lead as we are the “surgeon’s surgeon”. We already interact with all the specialties in medicine, and we are a natural fit. Dr. Linda Phillips, Chief of Plastic Surgery at UTMB for 35 years, was the Honorary Jurkiewicz Lecturer, delivering a worthy talk, “Taking Your Seat at the Plastic Surgery Leadership Table”. She reflected on the impact of Dr. J on so many plastic surgeons, even many in the audience. She shared her career path at a time when there were so few female surgeons and recognized the mentors that greatly supported and influenced her. She stressed the importance and value of diversity and being a voice and role model for all.



It is often difficult to build a balanced meeting to satisfy the many faces of plastic surgery. Perhaps the last panel of the meeting best achieved that in the “Power Panel Hands-On Ultrasound Course”. Dr. Brent DeGeorge and Dr. Holly Wall envisioned and delivered hands-on experience with ultrasound. Dr. John Lindsey taught members how to do TAP and PEC blocks, as well as find perforators, on lean and handsome (sorry, they were my sons) live models. Dr. Kristen Rezak made breast molds out of ballistic gel – in her kitchen – over intact gel, ruptured gel, and saline implants and guided members how to identify each. Dr. Marc Walker demonstrated and taught wrist anatomy, diagnosing wrist disorders, and even diagnosed carpal tunnel syndrome for one of our members. Dr. Oni Garcia really went the extra mile in making training buttocks with pork rump roasts covered in discarded abdominoplasty pannus. He and Dr. Simeon Wall, Jr. guided members to safely perform buttock fat grafting with ultrasound using colored applesauce.



The SESPRS would like to thank everyone involved in this year’s program for its success and share gratitude to our members, candidate members, residents and guests who made the meeting so special. See y’all next year in Marco Island, Florida!



Mini-Symposium on Cleft and Craniofacial Surgery



The 2025 annual meeting of the Southeastern Society of Plastic and Reconstructive Surgeons played host to the 2nd Mini-Symposium on Cleft and Craniofacial Surgery. This followed on the success of the 1st Craniofacial Mini-Symposium in 2023 and the inaugural Mini-Symposium on Hand Surgery last year. The event was organized by Joe Williams, Michael Golinko, Ian Hoppe, Christopher Runyan and Colin Brady.

This year the event featured a Keynote speaker for the first time. Dr. Scott Bartlett gave an accounting of his 40-year experience treating the mandible in patients with hemifacial microsomia. Two panels were included, one on facial feminization and one on challenging cases. A resident abstract competition was included to determine the winner of the S. Anthony Wolfe Best Craniofacial Presentation Award. This year's winner was Michael Lebhar from the University of Mississippi Medical Center. Joe Williams concluded the symposium with a discussion of the current state of craniofacial fellowships.

Over 60 individuals spent the afternoon learning and sharing their knowledge about cleft and craniofacial surgery. Thanks to Holly Wall and Bruce Mast for facilitating the second iteration of this event at this year's meeting.

Mark A. Codner Aesthetic & Breast Fellowship Award



SESPRS began supporting the Aesthetic and Breast Fellowship Award in 2019, and Dr. Mark Codner was the inaugural recipient of this award. The fellowship was renamed in 2020 to commemorate Dr. Codner's dedication and service to the Atlanta Breast Symposium and to the Southeastern Society

overall. The fellowship grant is made possible by Mentor Worldwide LLC and the Southeastern Society. The 2025-2026 Aesthetic & Breast Fellowship Award was presented at the Black Tie Gala to Dr. Jorge de la Torre of the University of Alabama, Birmingham.

Boyajian of Wake Forest University Takes Home 2025 Glancy Award



Dr. Michael Boyajian, a resident at Wake Forest University Medical Center, was honored at the Black Tie Dinner of the Southeastern Society of Plastic and Reconstructive Surgeons on June 18, 2025, as the winner of the 47th Glancy Award. The Glancy award is given annually to the resident judged to have the best overall presentation in the resident research competition. The Glancy competition is a highlight of the Annual Meeting and is a showcase of the phenomenal original scientific work being done in the academic centers across the southeast. This year, there were a record 106 submissions, representing the full breadth of the specialty. From these, 10 were selected for presentation at the meeting. In his winning presentation, entitled "Novel 3D Printed Simulator to Teach Metacarpal Fixation with Kirschner Wires", Dr. Boyajian presented his work creating a novel simulator to teach metacarpal fixation with Kirschner wires. Dr. Boyajian and his co-researchers created the novel simulator out of silicone using 3D printing technology. They were able to validate the effectiveness of this teaching tool by demonstrating the improvement of junior resident's skills after completing a structured teaching session using the models. The co-authors were Eric Zeng BS, Michael F. Reynolds MD, Christopher M. Runyan MD, PhD, and Kyle E. Robinson MD. This is the second time a resident from Wake Forest University has won the Glancy Award, and the first since 1996, when it was known as Bowman Gray School of Medicine. Dr. Jesse Chou, representing the University of Virginia was honored as runner-up in the Glancy Award competition for the presentation "Sarcopenia in Autologous Breast Reconstruction with DIEP Flaps: A Propensity Score Matched Analysis." In this study, the authors used the cross sectional area of the psoas muscle, measured on preoperative CT, to assess skeletal muscle mass, and were able to show that a lower psoas mass was predictive of postoperative complications following autologous breast reconstruction. Co-authors were Robert DeVito, MD, Hibo Wehelie, BS, Amanda Silva, MD, Scott Hollenbeck, MD, Christopher Campbell, MD, and JT Stranix, MD.

Virginia Tech / Carilion Clinic Triumphs in SESPRS Trivia Competition

The 2025 SESPRS Annual Meeting marked an exciting evolution in resident education and engagement with the debut of the newly formatted SESPRS Trivia Competition—transitioning for the first time from the traditional Resident Jeopardy format to a dynamic, multi-round trivia challenge.

Spanning five rounds and testing the full breadth of plastic surgery knowledge, from principles to minutia, the competition drew 9 spirited teams from across the Southeast. After an evening of rapid-fire questions and high-stakes intellect, Virginia Tech / Carilion Clinic claimed first place, toppling not only peer institutions but also a formidable exhibition team of board-certified plastic surgery veterans, overseen by Drs. Bert Losken and Holly Wall.

Congratulations to all participants—and especially to our champions—for making this inaugural trivia format an overwhelming success. We look forward to building on this momentum at next year’s meeting.

Research Grants Awarded During 2025 Annual Meeting



The Southeastern Society Research Grant program continues to provide value to members by supporting clinical and basic science research. At the 2025 annual meeting, SESPRS awarded two unrestricted \$15,000 research grants. We would like to thank TelaBio for their continued support in co-sponsoring the research grant program along with SESPRS.

Special thanks to the research grant committee members, Drs. Brent DeGeorge, Brett Phillips, John Lindsey, Harvey Chim, Sherry Collawn, Heather Faulkner, and Christopher Campbell. Committee members who submitted research grant applications recused themselves from judging the submissions.

The 2025-2026 research grants were awarded to Dr. Brett Phillips of Duke University for his project, entitled “Assessment of Topical Minoxidil on Skin Flap Viability in Breast Reconstruction,” and Dr. Bert Losken of Emory University for “Evaluating Prophylactic Non-Surgical Interventions Using Artificial Intelligence to Identify Subclinical Facial Aging Patterns.”

Annual Toast to Trudie 2025

The annual Toast to Trudie event, the innovative creation of our SESPRS Past President Ann Reilly, began in 2013 to honor Dr. Gertrude Waite, the only female founding member of SESPRS in 1958. Each year, women members and guests of SESPRS join for this event to not only honor “Trudie”, her leadership skills and example, but also to network, mentor and discuss solutions to challenges faced by plastic surgeons at all stages of one’s career. Over lunch, each table focused on a topic which acted as a springboard for an engaging discussion and was facilitated by a member or guest plastic surgeon. This year’s topics and discussion leaders included:

- **Academic Versus Private Practice Career Options and Pathways** - *Ashley Lentz*
- **Leadership Pathways** - *Linda Phillips*
- **How to Support and Lift Each Other Up** - *Lynn Damitz*
- **Work-Life Balance** - *Abby Chaffin*
- **Family and Childcare in Residency and Career** - *Ann Reilly & Kate Chiasson*
- **Imposter Syndrome** - *Carmen Kavali*
- **Expectations of Women Physicians** - *Holly Wall*

We had 60 attendees this year and expect this event to grow stronger over the coming years as the current and future generations of women plastic surgeons in the Southeastern continue to mentor and sponsor one another. We gratefully acknowledge the support of Allergan to provide this luncheon experience and look forward to another successful event in Marco Island in 2026.



Resident Quick Shots



Thirteen additional resident submissions were presented as five-minute “Quick Shots” on Sunday, June 15. The session was lively and well attended, and members of the Resident Competition Committee had the difficult task of selecting the best paper. The winning paper was entitled “The Effect of Neoadjuvant Chemotherapy on Implant Loss in Immediate Tissue Expander Based Breast Reconstruction”, and it was presented by Dr. Robert DeVito from the University of Virginia. The runner up was “Synovial Flap for Recurrent Carpal Tunnel Syndrome: Long-Term Follow Up”, by Dr. Robert Travis, of Virginia Tech Carilion School of Medicine. In addition to the resident presentations, the two medical Student Scholarship winners reprised their award-winning talks from the Medical Student Virtual Competition, held on May 2. Promoting research and education are founding principles of The Southeastern Society of Plastic and Reconstructive Surgeons, and SESPRS members and their leadership have always recognized the importance of engaging trainees and students in the Annual Meeting. The Glancy Presentations, Quick Shots, and the Medical Student Virtual Event are the cornerstones of this effort.

The Effect of Neoadjuvant Chemotherapy on Implant Loss in Immediate Tissue Expander Based Breast Reconstruction
 Robert G. DeVito MD1, Hibo M. Wehelie BS1, Eileen Wen BS2, Alejandro Mendoza Isoula BS2, Scott T. Hollenbeck MD1, John T. Stranix MD1, Chris A. Campbell MD1
 1 - Department of Plastic Surgery, Maxillofacial and Oral Health, University of Virginia, Charlottesville, VA, USA. 2 - School of Medicine, University of Virginia, Charlottesville, VA, USA
 Background: Implant-based reconstruction represents the most common method of breast reconstruction today. Many surgeons approach implant-based breast reconstruction in two stages, the first stage being placement of a tissue expander at the time of mastectomy. Neoadjuvant chemotherapy, which has become commonplace, can have systemic effects that potentially place patients at risk for implant loss, infection, wound, and other complications. Methods: We performed a retrospective review

of all cases of implant-based breast reconstruction at a single institution between 2017 and 2024. A total of 210 patients met inclusion criteria of immediate tissue expander placement. 51% of cases were bilateral and 319 total breasts were reconstructed. 71 patients underwent neoadjuvant chemotherapy and 139 did not. Using regression analysis patients were matched for laterality, age, BMI, and ASA status. Patients were separated into neoadjuvant chemotherapy and non-neoadjuvant chemotherapy cohorts. Primary outcomes were all-cause implant loss, wound, infection, and seroma. Results: The rate of tissue expander loss in patients who underwent neoadjuvant chemotherapy was 19% (20/105 breasts), and the rate of implant loss in patients who did not undergo neoadjuvant chemotherapy was 10% (22/214 breasts). On chi-square analysis and Fisher exact tests this difference was statistically significant ($p=0.007$). On regression analysis neoadjuvant chemotherapy increased risk of implant loss by 15% ($p=0.039$). There were no statistically significant differences in wound, seroma, and infection. Conclusion: In this study neoadjuvant chemotherapy is an independent risk factor for implant loss after immediate tissue expander-based breast reconstruction. Further analysis of technique, implant factors, and specific chemotherapeutic agents are warranted.

Synovial Flap for Recurrent Carpal Tunnel Syndrome Long-Term Follow Up
 Robert Travis MD, Anthony Capito MD
 Virginia Tech Carilion Background: Recurrent carpal tunnel syndrome is a challenging surgical problem. Revision carpal tunnel release with vascularized flap coverage is indicated when scarring around the median nerve is believed to be the culprit for recurrence. Synovial flap coverage at the time of neurolysis is a described technique but long-term results have not been reported. The aims of this study were to present long-term (>1 year) patient reported survey outcomes after revision carpal tunnel release with synovial flap coverage and to identify any patient related factors associated with worse outcomes. Methods: A retrospective review identified 28 patients who underwent revision release combined with synovial flap coverage over a 10-year time frame. Patient demographics and preoperative symptoms were collected. All patients were contacted via telephone. 21 patients completed followup surveys including the QuickDASH and Boston Carpal Tunnel Questionnaire (BCTQ). Data was analyzed using a Fisher’s exact test with a significance set to a p value ≤ 0.05 (71.4%). All patients considered the surgery successful and 18 would elect to undergo the surgery again. No patients required an additional release. No specific patient characteristics or preoperative symptoms were associated with a poor outcome. There were no major complications. Conclusion: Revision carpal tunnel release with synovial flap coverage demonstrated good longterm patient reported outcomes. This is a reliable, effective treatment option for this challenging condition.



2025 Sporting Results

Fun Run

First Overall: **Grant Moyer** - (22:10)

Second Overall: **Riley Dean** - (22:40)

Third Overall: **Max Hanemann** - (22:56)

First Female: **Madeline Snidow** - (23:19)

Second Female: **Diane Dutton** - (23:51)

First Female Junior: **Cecilia Garza**

First Member: **Chris Campbell** - (25:06)

John G. Sparrow Golf Tournament

First Place – Score of 57

Brad Denney

John Lorentz

Bob Fadem

Tom McFadden

Runners-up – Score of 62

Tim Wilson

Christopher Smith

James Curtis

Walter Dutton

Closest to Pin – **James Curtis**

Straightest Drive – **Mimi Haynes**

Longest Drive – **Ben Eskra**

Longest Putt – **Kweku Pobee**

Early Career Social & Job Fair at The Breakers: A Memorable Night of Mentorship and Connection



The Southeastern Society of Plastic Surgeons was proud to host the Early Career Social and Job Fair at the iconic Breakers resort in Palm Beach—an unforgettable evening that combined meaningful networking with a touch of fun and competition.

Designed specifically for residents, fellows, and members in the early stages of their careers, this event offered a unique platform to connect directly with seasoned board members, established surgeons, and prospective employers in an approachable, engaging setting. Against the backdrop of the elegant oceanfront venue, attendees had the rare opportunity to explore career opportunities, ask candid questions, and gain invaluable insights from some of the most respected voices in our field.

One of the night's most enjoyable highlights was the "Signature Scavenger Hunt"—a light-hearted challenge encouraging early career members to collect signatures from board members and senior attendees by engaging in conversation. This clever twist not only broke the ice but also helped spark meaningful interactions and new mentorships in a natural, relaxed way.

Whether seeking job opportunities, practice-building advice, or simply a chance to build new friendships, attendees left the event energized and inspired. The atmosphere was one of camaraderie and shared purpose—a testament to the strength and spirit of the SESPRS community.

We extend a heartfelt thank-you to all who attended, especially our board members who generously shared their time and wisdom. This event is quickly becoming a favorite tradition, and we look forward to making it even bigger next year.

You're Invited: 41st Annual Atlanta Breast Surgery Symposium January 30 – February 1, 2026 | InterContinental Hotel, Atlanta, GA

We are excited to announce that planning is well underway for the 41st Annual Atlanta Breast Surgery Symposium. Taking place once again at the elegant InterContinental Hotel in Atlanta, the 2026 meeting promises to be one of our most engaging and inspiring yet.

This year's theme, "*Restoring More than Shape*," speaks to the evolving goals and art of breast surgery — blending innovation, aesthetics, and patient-centered care.

Why You Shouldn't Miss It:

Live Surgery on Friday

A hallmark of our symposium and one of the few meetings worldwide dedicated exclusively to breast surgery. Dr. Nicholas Haddock will be performing a tertiary type of breast reconstruction, Dr. Kamakshi Zeidler will be performing an aesthetic implant explantation case and Dr. Danielle LeBlanc will be performing a secondary breast reconstruction.

Friday through Sunday Scientific Sessions

Friday through Sunday Scientific Sessions – Featuring groundbreaking techniques, the latest technology, and dynamic video case presentations from exceptional faculty. We will have interactive panels on common breast techniques that are always entertaining and educational.

Special Guest Lecture

We are honored to welcome *Dr. Lynn Jeffers* as our 2026 Hartrampf Lecturer. A respected leader in breast surgery and reconstruction, Dr. Jeffers will share her experience and insights in a can't-miss presentation.

Global Perspectives

Our international scholars, invited from Israel by Dr. Yoav Barnea, will share unique global viewpoints and surgical approaches as part of the faculty.

NEW Non-CME Thought Leader Spotlights

This focused series highlights emerging techniques, tools, and innovations shaping the future of breast surgery. Whether you're a returning attendee or considering joining us for the first time, the 2026 Symposium offers an unmatched opportunity to learn, connect, and be inspired. And for those unable to travel, live streaming will once again be available for remote participation.

We look forward to seeing you in Atlanta this January!

The Southeastern Welcomes Our Incoming President

Many of us enjoy the Surgeon Spotlight in Plastic Surgery News: We are introducing a similar feature for the Newsletter, so that we may get to know each other a little better. We hope you will find this enjoyable and entertaining.



Galen and Ingrid Perdikis

Galen Perdikis, MD, FACS is the President of the Southeastern Society of Plastic & Reconstructive Surgeons. Dr. Perdikis received his medical degree from the University of Witwatersrand in Johannesburg, South Africa, and then completed general surgery residency at Creighton University in Omaha, NE. From there he traveled to Nashville for plastic surgery residency at Vanderbilt. Dr. Perdikis was Professor and Chair of the Division of Plastic Surgery at the Mayo Clinic in Jacksonville, FL, before returning to Tennessee to become Professor and Chair of the Department of Plastic Surgery at Vanderbilt University Medical Center. He now assumes the heavy responsibility (and heavy gold medallion) as our 68th President.

If I had to start my career over I might...

I have had a crazy path from South Africa to England, the military, research lab, etc., that led me to where I am now. Not sure how I actually would change it. Maybe to have immigrated to the USA earlier!

I am very proud to be able to call myself American!

An operation I no longer perform is...

TRAM flap. Yeah, DIEPS all day long now.

Something most people wouldn't suspect about me...

Most think of me as a city boy which I am, BUT we actually have a farm with bees, guinea hens, and now cattle!

My best vacation ever was...

Ingrid and I taking our boys back to Africa to see the wild life in Zimbabwe and South Africa. Very special!

All-time favorite movie (or movies)...

Shawshank Redemption!!

What's the best thing you (or Ingrid) cooks?

Nah, not much cooking these days as we are empty nesters. The two of us just love going to a restaurant with no booking, sitting at the bar, ordering a few appetizers and a drink.

A favorite aphorism or words to live by...

Two on my dept. planning board, written by my sons:

1. Sleep when you are dead (there is too much to do and enjoy)
2. You don't get today back, make it a good one!



MAKE A DONATION TODAY!

In 2021, Dr. Norman Cole proposed that the Southeastern Society of Plastic and Reconstructive Surgeons establish an endowment fund to support its educational and research endeavors. At his recommendation, the Legacy Circle was established as part of the SESPRS Education and Research Fund (a 501(c)(3) charitable fund). Several functions of our Society, such as the Mark Codner Aesthetic and Breast Fellowship and the named lectures at the annual meeting, are supported through the Legacy Fund. The Legacy Fund, in turn, is supported by donations from current and past members. Members will be recognized in the Annual Report both by the number of consecutive years they have given support, and by the cumulative total of donations.

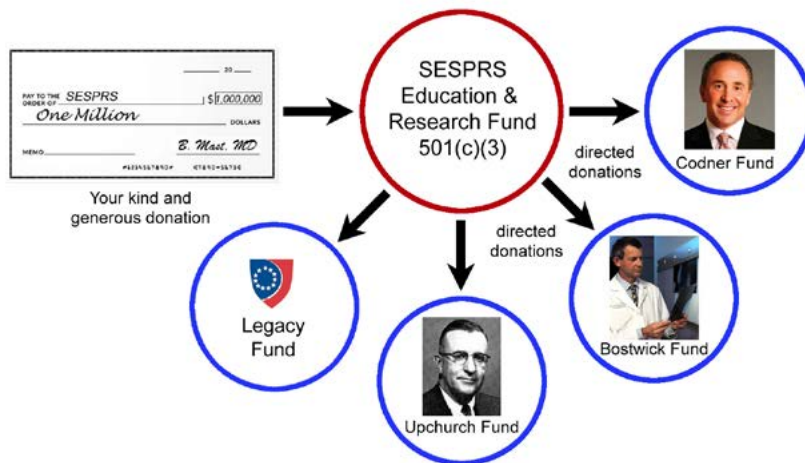
Recognition based on amount the total amount of donations is divided into three groups:

- The 1958 Club (the year of the Society’s founding): \$250-\$2,999
- The 28 Society (named for the 28 original members): \$3,000-\$9,999
- The Legacy Circle: \$10,000+

Consecutive years of giving to the Southeastern will also be denoted in the Annual Report with a colored symbol:

- Bronze: Five years**
- Silver: Ten years**
- Gold: Twenty years**

Tax-deductible donations can be made to honor any member, family member, or family within the Southeastern Society. Once donations to the fund exceed \$10,000 those individuals will be entered into the Legacy Circle and recognized each year in the Annual Meeting Program. Qualifying donations can include a single gift, planned giving over several years, or combined giving from multiple donors. Both the donor and the honoree will be recognized. The Society will happily accept gifts made by check, credit card, or through estate planning.



Thank you for your dedication to SESPRS and for helping us continue this vital work.

Donors in BLUE • Honorees in RED

- 1958 Club (\$250-\$2,999)**
- Michael Angel, MD
 - William Byron Barber, MD
 - Ashley Lentz, MD
 - Henry Vasconez, MD

- The 28 Society (\$3,000-\$9,999)**
- Jorge de la Torre, MD
 - Timothy Willson, MD
 - Mary Gingrass, MD
 - Mindy Haws, MD
 - Henry Vasconez, MD

- Legacy Circle (\$10,000+)**
- Kye Higdon, MD
 - Holly C. Wall, MD
 - John Bostwick, MD
 - Mark A. Codner, MD
 - Ann Ford Reilley, MD
 - Samuel Upchurch, MD

2025 ANNUAL BUSINESS MEETING ELECTION OF OFFICERS

During the annual business meeting of the Southeastern Society of Plastic and Reconstructive Surgeons on Wednesday, June 18, 2025, the proposed slate of the nominating committee was presented to the membership. The individuals below were elected to, or are continuing in positions as noted:

- PresidentGalen Perdikis, MD
- President-ElectHolly C. Wall, MD
- Vice President Scott T. Hollenbeck, MD
- Treasurer Timothy S. Wilson, MD (2026)
- Secretary Lynn A. Damitz, MD (2027)
- Assistant Secretary. Brian D, Rinker, MD (2028)
- HistorianKye K. Higdon, MD (2026)
- Parliamentarian Michael S. Hanemann, MD (2026)

- Past President and Trustee
Bruce A. Mast, MD (2026)
- Trustee. Ashley K. Lentz, MD (2026)
- Trustee. Daniel F. Haynes, MD (2026)
- Trustee. Harvey W. M. Chim, MD (2027)
- Trustee. Kurtis E. Moyer, MD (2027)
- Trustee. Brett T. Phillips, MD (2028)
- Trustee. Christopher M. Runyan, MD (2028)
- Ex-Officio Board Member
Abigail E. Chaffin MD (2026)

CALENDAR OF EVENTS

FUTURE ANNUAL MEETINGS

- June 14 - 18, 2026 **JW Marriott Marco Island Beach Resort**
Marco Island, FL
- June 20 - 24 2027 **Ponte Vedra Inn & Club**
Ponte Vedra, FL
- June 10 - 14, 2028 **The Cloister**
Sea Island, GA
- June 17 - 21, 2029 **The Breakers**
Palm Beach, FL

FUTURE ANNUAL ATLANTA BREAST SURGERY SYMPOSIA

- Jan. 30 - Feb 1, 2026 **Intercontinental Hotel**
Atlanta, GA
- Jan. 29 - 31, 2027 **Intercontinental Hotel**
Atlanta, GA
- Jan. 28 - 30, 2028 **Intercontinental Hotel**
Atlanta, GA



41ST ANNUAL ATLANTA BREAST SURGERY SYMPOSIUM

Restoring More Than Shape

January 30 - February 1, 2026 | Intercontinental Hotel, Atlanta Georgia

2025 - 2026 COMMITTEES

ACCME

Abigail Chaffin – Chair (2028)
Christopher Campbell
Lynn Damitz
Michael Hanemann
Kye Higdon
Scott Hollenbeck
Albert Losken
Susan Russell

AWARDS/SPECIAL RECOGNITION

Albert Losken – Chair
Galen Perdakis
Holly Wall
Scott Hollenbeck

CONSTITUTION & BY-LAWS

Vince Naman – Chair (2028)
Christopher Campbell
Christopher Runyan
Gregory Swank
Timothy Wilson

ETHICS

Bruce Mast – Chair (2026)
Executive Committee

FINANCE

Michael Hanemann - Chair
Timothy Wilson - Treasurer
Robert Garza
Ben McIntyre

FUTURE MEETINGS

Bruce Mast – Chair (2026)
Galen Perdakis

JUDICIAL COUNCIL

John Lindsey – Chair
Albert Losken
Jorge de la Torre
David Drake
Stephan Fincal

MEMBERSHIP

Brian Rinker – Chair (2028)
Ashley Lentz
Kurtis Moyer
Brett Phillips
Blair Wormer

NEWSLETTER

Daniel Haynes - Chair (2026)
Michael Hanemann
Peter Thompson

NOMINATING

John Lindsey – Chair (2026)
Holly Wall
Kate Chiasson
Gabriela Garcia-Norres
Marc Walker

PROGRAM

Holly Wall & Galen Perdakis –
Co-Chairs (2026)
Abigail Chaffin - ACCME Chair
Kate Chiasson
Harvey Chim
Brent DeGeorge
Mark Feldmann
Alexandra Hart
Michael Hanemann
Ian Hoppe
Scott Hultman
Ashley Lentz
Benjamin McIntyre
Kurtis Moyer
Brian Rinker
Christopher Runyan
Christopher Smith
Jim Thompson
Megan Vucovich
Marc Walker
Timothy Wilson

REGIONAL SOCIETIES REPRESENTATIVE

Abigail Chaffin – Chair
Harvey Chim

RESEARCH GRANT

Brent DeGeorge – Chair (2026)
Anu Antony
Christopher Campbell
Harvey Chim
Sherry Collawn
Mark Feldmann
Adam Katz
John Lindsey
Kurtis Moyer
Brett Phillips

RESIDENT COMPETITION

Brian Rinker - Chair
Brent DeGeorge - Co-Chair
Morgan Brgoch
Patrick Buchanan
Anthony Capito
Cristen Catignani
Abigail Chaffin
Lynn Damitz
Tae Chong

Jared Davis
Brad Denney
Harold Friedman
Michael Harrington
Alexandra Hart
Fernando Herrera
Benjamin McIntyre
Paschalia Mountziaris
Kurtis Moyer
Kristen Rezak
Christopher Runyan
Jim Thompson
Peter Thompson
Jared Troy
Megan Vucovich
Timothy Wilson
Blair Wormer

SPORTS & ACTIVITIES

Scott Hollenbeck – Tennis
Thomas McFadden – Golf
Jorge de la Torre – Fun Run

WEBSITE & SOCIAL MEDIA

Daniel Haynes – Chair
Mayowa Abidun
Cristen Catignani
Megan Jack
Ashley Lentz
Blair Wormer

Ad HOC - VISITING PROFESSORSHIP

Adam Katz – Chair
Abigail Chaffin
Scott Hollenbeck
Albert Losken
Galen Perdakis
Holly Wall

Ad HOC - MARK A. CODNER AESTHETIC & BREAST FELLOWSHIP

Kye Higdon – Chair
Ashley Lentz
Albert Losken
Bruce Mast
Galen Perdakis
Kristen Rezak
Christopher Runyan
Jack Scheuer

Ad HOC - MEDICAL STUDENT COMPETITION

Brett Phillips – Chair
Mayowa Abidun
Abdelaziz Atwez
Christopher Campbell
Anthony Capito

Sherry Collawn
Garbiele Garcia-Norres
Robert Garza
Scott Hultman
Laura Humphries
Megan Jack
Carmen Kavali
Ashley Lentz
John Lindsey
Ben McIntyre
Vince Naman
Brian Rinker
Blair Wormer

Ad HOC - JANUARY SYMPOSIA

Albert Losken – Chair
Amy Alderman
Jorge de la Torre
Kye Higdon
Michael Mirzabeigi
James Namnoum
Holly Wall

Ad HOC – EARLY CAREER & CANDIDATE ENGAGEMENT

Abigail Chaffin – Co-Chair
Alexandra Hart - Co-Chair
Mayowa Abiodun
Cristen Catignani
Harvey Chim
Jared Davis
Brad Denney
Gabriele Garcia-Norres
Paul Ghareeb
Michael Harrington
Kye Higdon
Maryann Martinovic
Susan Orra
Brett Phillips
Kristen Rezak
Jack Scheuer
Peter Thompson
Jared Troy
Megan Vucovich
Blair Wormer
Holly Wall

Ad HOC - LEGACY FUND

Timothy Wilson – Chair
Lynn Damitz
Jorge de la Torre
Scott Hollenbeck
Bruce Mast
Kurtis Moyer
Galen Perdakis