



SOUTHERN PRAIRIE COMMUNITY CARE

MONTHLY NEWS BRIEF

September 2017

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OUR STORY

Welcome to Southern Prairie Community Care's monthly news brief. We are excited to share our current plans and results of our work with you. If you see something of interest, have questions or want to contribute to our monthly update, please contact us by phone or email. If you would like to be added to our email list for future monthly updates, please email us at info@southernprairie.org.

Please share our Monthly News Brief with your staff, colleagues, and cohorts.

EXECUTIVE DIRECTOR TRANSITION



On August 25th, the SPCC Board of Directors accepted the resignation of Liz Cinqueonce, who has been serving as our Executive Director since October 2016, and as a member of the SPCC staff since 2014. She accepted the Chief Operating Officer position with MN Community Measurement that will allow her to be closer to home and more available to her family while still working to continue advancing improvements in health and health care in Minnesota. Liz has been an incredible asset to SPCC and exceptional resource to staff members. Her expertise and personality will be missed. The great work Liz helped to develop at SPCC will continue to grow as she moves on to this new opportunity.

We are pleased to announce that the Board of Directors also acted to implement an internal transfer appointing Will Muenchow as the co-director of SPCC as of September 1st and he will transition to being the Executive Director effective September 29th. Will has repeatedly demonstrated an ability to lead and deliver results since he started with SPCC in 2015. His thorough understanding of SPCC programs coupled with his history serving in executive level positions prior to joining SPCC position him well to serve our organization in this new role.



INTEGRATED COMMUNITY CARE PROGRAM UPDATE

As we transition into Fall the Integration Coordinators in all of the respective communities continue to find themselves busy. As Southern Prairie continues to be more and more recognized there has been a referral source change trend identified. Initially referrals were identified via our utilization of the claims data through our data driven intervention strategies, now the shift has been that referrals are coming from our partners, the mental health centers, public health, and the clinics we are involved with, as well as other community resources. While the data is still very useful and important it has been fun to collaborate more and work directly with the partners in the various communities. We continue to try streamline the process and make it as easy and possible for referrals. If you have any questions, please do not hesitate to reach out to us.



Staffing Update



Kim Jibben joined the Integrated Care team this past month. Kim will be based out of the Montevideo, Woodland Centers office. Kim has been a nurse since 1992, starting out as an LPN and deciding to go back to school later in life and complete her RN. Kim has worked in acute care settings at both the Montevideo and Granite Falls Hospitals, Montevideo Clinic and as a school nurse. She also has experience with the prior Migrant program working as the nurse with them and serving as the nurse manager at a local assisted living. She is a lifelong resident of Montevideo and as her experience conveys, she is well established within the health care community. Kim has four daughters and six grandchildren, she keeps busy attending various activities for them including tennis, dance and golf.

Kim has jumped right into the world of Integrated Care! With her diverse experiences, she will be a great fit for the Integration Coordinator role in Montevideo. She can be reached by calling 320-269-6581 extension 2029 or by cell phone 507-591-0450. Welcome to the Southern Prairie team Kim!

HEALTH INFORMATION EXCHANGE AND ANALYTICS UPDATE

Staffing Update



James Dungan-Seaver joined Southern Prairie Community Care in late August as the new Health Information Exchange (HIE) Program Manager. James will be in charge of leading many HIE activities, including implementations, PHR for LTSS, clinical alerts, and general HIE operations.

James comes to SPCC from the Hamm Clinic, a community mental health clinic located in St. Paul, where he served as IT Manager and later Director of Operations for a total of ten years. James led the clinic's EHR implementation project, and soon started participating in HIE policy and standards workgroups from a community mental health perspective. Throughout his time at Hamm, James was an active participant and presenter in local and statewide eHealth and technology conferences. The move to a position in health information exchange is natural progression for his interest to expand the use of technology in healthcare, providing better care for all community members at a local, regional and national level.

James lives in St. Paul with his wife, Darcy, and their sons Simon (17 years old) and Leo (14 years old). Originally from Knoxville, Tennessee, James has lived in Minnesota since 1995. He assures everyone who will listen that he likes Minnesota and its people very much but did not move here for the weather.

CareTrac – HIE Update

August was a busy month for the CareTrac Health Information Exchange. CareTrac went live with Western Mental Health (WMH) on Wednesday, August 16th. CareTrac is currently in the process of scheduling full staff training with WMH and expect to have all staff members utilizing the HIE in September. This marks the third mental health provider to be onboarded into the HIE.

In addition to WMH, Woodland Centers, Murray County Medical Center, Community Health Services, Sawtooth Mountain Clinic, Scenic Rivers Health Services and Lake Superior Community Health Center are all in the process of being onboarded into the HIE. CareTrac expects all sites to be in the HIE by the end of September 2017.

On August 28th, CareTrac launched its analytics solutions for both internal and network partner usage. The new solution will provide a comprehensive look at the SPCC attributed population. These reports include a breakdown of the total cost of care, financial reporting, targeted intervention strategies, gaps in care and many other critical reports.



At CCHI we believe that good health evokes purpose and value. Our solutions to health are original and community-based.

Through wellness learning experiences, cultural liaison services, and trauma-informed community practices good health is achieved.

POPULATION HEALTH NEWS

Farewell to Luci Kovash



Luci has been making an impact in the Southern Prairie region since 2014 in population health initiatives. Her passion and advocacy for health equity and good health for all people served as a vehicle to guide the Accountable Communities for Health grant. This grant began January 2015 and focused on reducing the rate and preventing the onset of type 2 diabetes and prediabetes. In late 2016 when Luci's family relocated to Moorhead, MN, she remained committed to SPCC and CCHI with population health as a Diabetes Consultant. As the ACH grant ends at the end of September, Luci will transition out of our team but the seeds she has planted will continue to grow. Our team wants to thank Luci for facilitating leadership workgroups, connecting unique partnerships across communities, and creating a foundation for our program areas through her leadership and interpersonal skills. Luci established the backbone for future population health work in our organization and we will be forever grateful for her compassionate, selfless service across the region.

ACH Funded Diabetes Prevention Initiative Update

September marks the close of our ACH funded Diabetes Prevention Initiative. The ACH grant was the first grant Southern Prairie Community Care received to begin our population health work. We would like to thank all of our partner organizations who collaborated with us and supported the ACH grant work. Without our partners and stakeholders, we could not have accomplished all that we did during the past 2 ½ years. THANK YOU! It has been truly uplifting to work with so many different organizations in such creative ways to improve the health of the communities in which we work and live.



Although the grant is ending, we will continue our efforts in delaying and preventing the onset of type 2 diabetes. We are busy working on the final grant report. It has been rewarding to look at the data and outcomes from the work that was accomplished during the grant period.

The Population Health Advisory Council, with representation from clinics, hospitals, social services, public health, mental health as well other community resources, acted as a leadership team to the ACH grant project. The council met on a regular basis throughout the grant period and helped to identify need areas and resources in the 12-county area.

Diabetes screening events took place in 9 different communities with a total of 30 screening events. During diabetes screening events, we identified individuals at risk for diabetes, provided diabetes prevention education and materials, and referred individuals at risk for developing diabetes to Prevent T2 classes (formerly known as I Can Prevent Diabetes) and Reimagine Wellness classes.

Southern Prairie Community Care hosted 7 Prevent T2 classes. Prevent T2 is an evidence-based curriculum developed by the Center for Disease Control and Prevention. The curriculum is a year long program in which individuals meet weekly for the first 16 weeks and monthly for 8 months thereafter. A trained lifestyle coach leads the program to help individuals change certain aspects of their lifestyle, like eating healthier, reducing stress, and getting more physical activity. The program also includes group support from others who share the same goals and struggles.

In November of 2016, SPCC staff along with the assistance of a University of Minnesota Duluth medical student created a healthy lifestyle curriculum titled “Reimagine Wellness.” This is an authentic, mindful approach to lifestyle change and chronic disease prevention. With medical content, best-practice educational pedagogy, and mindfulness principles, Reimagine Wellness offers diverse participants personalized wellness education. We began offering Reimagine Wellness classes in May of 2017 and have provided the class to 8 cohort groups. We have 6 Wellness Guides trained to facilitate the program.

In addition to hosting classes, we provided support to the U of M Extension by providing diabetes screenings and assistance with recruiting participants for the diabetes prevention classes that they hosted.

This is a small glimpse at the content of our final report. A full report will be posted on our website at a later date.

Be Well,

Samantha and Luci

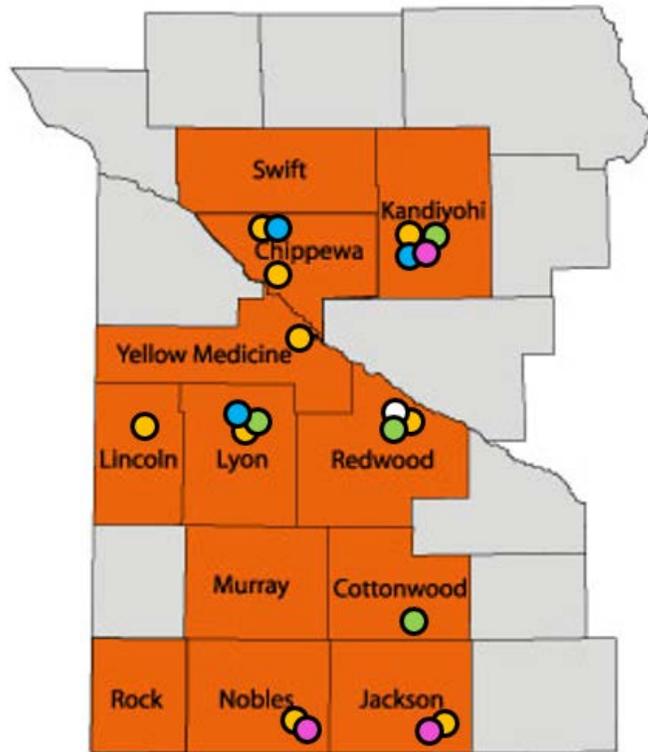


Figure 1. Service Map Summary 2015-2017

 Leadership	Advisory Council (Redwood Falls)
 Screenings	Marshall (8 events) Milan (2) Redwood Falls (1) Willmar (12) Worthington (3) Jackson (1) Ivanhoe (1) Granite Falls (1) Montevideo (1)
 Prevent T2	Windom x1 Marshall x2 Willmar x2 Redwood x2
 Reimagine Wellness	Marshall x2 Milan x1 Willmar x5
 ICPD classes supported by screenings and recruitment	Willmar- Somali ICPD Class through U of M Extension Willmar- Spanish ICPD Class through U of M Extension Worthington -Spanish ICPD class X2 U of M Extension Jackson ICPD Class through U of M Extension