



## SOUTHERN PRAIRIE COMMUNITY CARE

### MONTHLY NEWS BRIEF

October 2017

Our News Brief will have a new look come January 2018!!

#### CONTACT US

##### **Southern Prairie Community Care**

607 W Main St., PO Box 513

Marshall, MN 56258

507-532-1336

[info@southernprairie.org](mailto:info@southernprairie.org)

[www.southernprairie.org](http://www.southernprairie.org)

#### OUR STORY

Welcome to Southern Prairie Community Care's monthly news brief. We are excited to share our current plans and results of our work with you. If you see something of interest, have questions or want to contribute to our monthly update, please contact us by phone or email. If you would like to be added to our email list for future monthly updates, please email us at [info@southernprairie.org](mailto:info@southernprairie.org).

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*Please share our Monthly News Brief with your staff, colleagues, and cohorts.*

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Southern Prairie had an opportunity recently to sit down with Senator Tony Lourey, ranking member of the Minnesota Senate's Health and Human Services Policy and Finance Committee, and talk about rural healthcare needs. The roundtable group was organized and requested by the Senator in an effort for him to hear about the experiences, challenges and successes that are present in our rural communities. The individuals around the table represented a diverse group of community partners who were able to provide varying perspectives from the acute care aspect, health and human services, mental health providers, elected community officials along with Southern Prairie. Will Muenchow, Executive Director of SPCC, was able to provide an overview of the challenges with individual electronic health records and speak to the importance of centralized communication specific to possibilities afforded with a Health Information Exchange, which many of the members around the table were able to speak to and support. Wendy Augeson, Integrated Care Program Director with SPCC, was able to share supporting information about the need to be able to address the social determinants impacting people's ability to seek both medical and mental health care. It was a great opportunity to come together and share one common voice. As Senator Lourey stated, "Healthcare is only going to move forward in a meaningful and sustainable manner if we bring people together and leave politics at the door."

## INTEGRATED COMMUNITY CARE PROGRAM UPDATE

Integrated Care has kicked off another Data Driven Intervention Strategy. Outreach efforts are underway to connect with a small group of individuals who have been identified as having an elevated predictive high utilization risk that may be associated with poor outcomes and increased cost of care. These calculations were achieved utilizing the risk assessment tool developed by Milliman, an actuarial consulting firm that Southern Prairie contracted with through our analytics grant. The risk assessment tool combines data that is received through the Department of Health and Human Services along with the county health rankings data compiled through the University of Wisconsin Population Health Institute to establish a more timely manner in which to best predict risk in our population. While outreach efforts do fall short at times in being able to connect with everyone we would like to, we continue to see significant value and benefit in being able to provide community connections, professional resources and establishment of relationships with those that need our help the most.

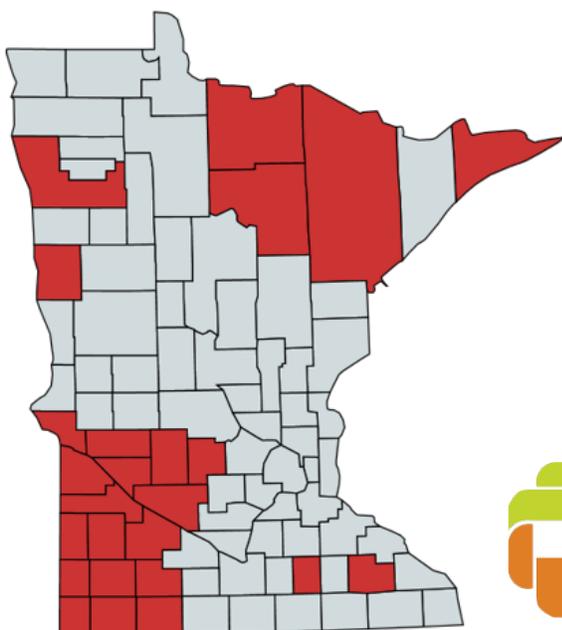
## HEALTH INFORMATION EXCHANGE AND ANALYTICS UPDATE

The CareTrac Health Information Exchange continues to grow. CareTrac went live with Woodland Centers, Murray County Medical Center, and Northern Minnesota Network in the past month.

Northern Minnesota Network consists of four Health Centers with 18 sites and two seasonal mobile units, Community Health Services, Sawtooth Mountain Clinic, Scenic Rivers Health Services and Lake Superior Community Health Center. These locations stretch across Minnesota from Crookston to Grand Marais, down to Rochester, and many others in between these locations.

The completion of these facilities brings CareTrac into 25 counties and 17 facilities. The rest of October and November will be busy as well with the implementation of the LTSS project with DHS, Early Pregnancy Notification via Encounter Alerts, and working on long term strategy and budget for CareTrac HIE for 2018 and beyond.

## Current Minnesota Footprint - CareTrac



- Chippewa County Montevideo Hospital
- Montevideo Clinic
- Des Moines Valley Health & Human Services
- Southwest Health & Human Services
- Nobles County Health & Human Services
- Southern Prairie Community Care
- Redwood Area Hospital
- Kandiyohi County Health & Human Services
- Woodland Centers
- Greater MN Family Services
- Southwestern Mental Health
- Murray County Medical Center
- Western Mental Health
- Sawtooth Mountain Clinic
- Cook Area Health Services, dba Scenic Rivers Health Services
- Lake Superior Community Health Center
- Community Health Services



**CARETRAC**  
DRIVEN BY DATA



*At CCHI we believe that good health evokes purpose and value. Our solutions to health are original and community-based.*

*Through wellness learning experiences, cultural liaison services, and trauma-informed community practices, good health is achieved.*

**POPULATION HEALTH NEWS**

**Staffing Update**



In early October, Samantha Nelson was named the new Executive Director of the Center for Community Health Improvement. She takes over the leadership from Norris Anderson who has served as interim Executive Director over the last year.

Samantha joined the Southern Prairie Community Care team in November 2016 as the Population Health Manager. In that role, she has led the further development and expansion of various population health programs in several communities in our 12-county region. She brings a passion for health equity along with strong abilities to collaborate, network, and lead community-based health improvement opportunities. Her background in education has

brought an important experience to the programming. Several months ago, Samantha completed her Masters in Educational Leadership with a focus on health equity and mindfulness across the educational system.

During the last year, Samantha has been involved with the CCHI Board of Directors, has connected with various non-profit educational activities as well as gaining grant seeking expertise. She has displayed a leadership strength and approach that will serve the CCHI work well both now and into the future.

**Work and Partnership Updates**

We are grateful for partnerships that continue to grow as well as new partnerships that are helping to shape and build collaborative work throughout communities. Here is a snapshot of the current work that is being done in our three focus areas:

**Wellness Cultivation**

- Blood Glucose Screenings
- PreventT2
- Reimagine Wellness
- Willmar Diabetes Coalition
- World Diabetes Day
- Many Faces Presentation

**Culturally Responsive Care**

- Mental Health Presentation
- Cultural Education at Rice Hospital
- CHW White Paper
- CHW Grant

**Trauma-Informed Community**

Improving quality of life, health, and well-being for young adults and youth to better work and live with trauma impact.

During the month of October, we had a new opportunity to support a worksite wellness initiative with Yellow Medicine County and Countryside Public Health. Together we administered blood glucose screenings to help identify the risk for prediabetes or type 2 diabetes and to provide education and resources as needed.

Our group shared space with local nurses offering flu shot clinics at the same location in Granite Falls. The YMC wellness committee greeted at the main doors; Samantha Nelson and Cindy Jurgenson from CCHI helped with Prediabetes Risk Assessments; Kris Boike, Liz Auch, and Megan Boutain from Countryside Public Health did the blood glucose screenings and offered follow-up education. The event was well received by employees and 27 screenings were completed over the span of two lunch hours.



## WHY PARTICIPATE IN A BLOOD GLUCOSE SCREENING?

**1** OUT OF **3** U.S. ADULTS HAS **PREDIABETES,** ONLY **10% KNOW** THEY HAVE IT.



If you're interested in hosting an event like this, we would love to partner. Take the next step in being proactive about health and host a screening today!

Email [info@spcchi.org](mailto:info@spcchi.org) for more information.

### COMMUNITIES LEARNING TOGETHER

#### Diabetes Prevention and Wellness Expo - Worthington

On Saturday, November 4<sup>th</sup>, the Community Wellness Partners team is leading a Diabetes Prevention and Wellness Expo at the Worthington HyVee store from 9:00a-12:00p. The event will offer community members the opportunity to receive a free blood glucose and blood pressure screening, connect with experts from various local health organizations, explore different nutrition and movement education, and identify new resources in the community that focus on supporting good health for all people.

Event sponsors include: Hy-Vee Worthington, the Lion's Club, Nobles County Community Services, Open Door, Sanford Worthington, Southern Prairie Community Care, Sterling Drug, University of Minnesota Extension, and the YMCA.

Community Wellness Partners is a partnership between Cottonwood, Jackson and Nobles counties to promote wellness throughout the tri-county region. Community Wellness Partners encompasses two different grant programs: the Community Wellness Grant and the Statewide Health Improvement Partnership Grant.

#### Adverse Childhood Experiences Study (ACEs) Community Event - Willmar

PACT for Families Collaborative is hosting a community event on November 6<sup>th</sup> and 7<sup>th</sup> focused on understanding the Adverse Childhood Experiences Study (ACEs). These gatherings will offer an Understanding ACEs presentation and brief discussion of what we can do as a community to improve health and resilience, and create a community of healing.

Contact PACT for Families for further information.