



## SOUTHERN PRAIRIE COMMUNITY CARE

Our News Brief will have a  
new look come January  
2018!!

### MONTHLY NEWS BRIEF

December 2017

#### CONTACT US

##### **Southern Prairie Community Care**

607 W Main St., PO Box 513

Marshall, MN 56258

507-532-1336

[info@southernprairie.org](mailto:info@southernprairie.org)

[www.southernprairie.org](http://www.southernprairie.org)

#### OUR STORY

Welcome to Southern Prairie Community Care's monthly news brief. We are excited to share our current plans and results of our work with you. If you see something of interest, have questions or want to contribute to our monthly update, please contact us by phone or email. If you would like to be added to our email list for future monthly updates, please email us at [info@southernprairie.org](mailto:info@southernprairie.org).

---

*Please share our Monthly News Brief with your staff,  
colleagues, and cohorts.*

---

#### INTEGRATED COMMUNITY CARE UPDATE

As we look to wrap up 2017, it is fun to reflect on the accomplishments and successes of the year, and there have been a lot of them! Our integration coordinators continue to provide high touch community based care coordination to an average number of 200 people a month. This does not include the more than 100 phone calls we receive each month from clients we have worked with in the past, self-referrals and professional/partner referrals. Sometimes the care coordination entails multiple phone calls, visits and appointments on a weekly or at times even daily basis. We continue to foster and grow meaningful, impactful relationships within our communities, growing a grand network of passionate, committed partners. We also have had many opportunities to share the creative, innovative work that we are doing on a state level, presenting at numerous conferences and symposiums across the state. Other highlights of the year include the addition of our licensed alcohol and drug counselor whom is positioned in the Woodland Center office building in Willmar, embedded integration coordinator in the New London ACMC office one day a week, and specialized training for some of our staff members to lead the I Can Prevent Diabetes Class (now known as Prevent T2). There have been some staffing changes and evolutions across our 12-county area and those updates and changes have been shared in previous months news briefs. We truly have a talented team in place! Coming together with our Population Health team and

having the support of CCHI, led to the hosting of a Prevent T2 class, which started in July and will continue through February. We continue to explore options to offering the Prevent T2 class or other health education opportunities! If your organization is interested in a partnership please let us know, together we can do so much!

On January 8<sup>th</sup>, our outreach representative will begin reaching out to individuals identified as taking ten or more prescription maintenance medications. This is a data driven intervention strategy (DDIS) that we have done in the past with a positive response and impact noted. Most people are very receptive to education and information available to them to help ensure that they are taking the



right medications and that there are no potential interactions amongst those medications. While a mini comprehensive assessment is completed with all individuals, the primary focus revolves around medication use and compliance. We will be working closely with our pharmacy partners to refer possible clients to medication therapy management appointments. We are applying lessons learned from past outreach work and are excited to possibly apply some innovative technology to the outreach process in 2018.

Integrated Care is looking forward to working with our health information experts on an upcoming pilot project to provide early response and intervention to pregnant individuals in our area. Through this project, we expect that with early notification, with the help of health professionals and community support, pregnant moms will become engaged and remain engaged throughout the pregnancy with the outcome of healthier babies in our 12 counties. The work on the Early Pregnancy Notification (EPN) pilot with SPCC partners in our 12-county collaboration is already underway. The development work needed to modify the partner electronic health record applications to be able to collect and transmit the required information for this project to be successful is being completed. We expect testing to begin in December with the ability to go live with the pilot in January.



Southern Prairie Center for  
**Community Health Improvement**

*Improving Together*



*At CCHI we believe that good health evokes purpose and value. Our solutions to health are original and community-based.*

*Through wellness learning experiences, cultural liaison services, and trauma-informed community practices, good health is achieved.*

## POPULATION HEALTH NEWS

### 2017 Overview

In 2017, the goal at CCHI was to solidify our vision and mission while building and sustaining meaningful relationships. We would like to extend our deepest gratitude to all partners across the southwest region! From the linkage of community agencies and individuals within the community, enormous strides have been made in improving health equity efforts in population health.

We completed three projects while continuing to grow partnerships throughout our 12-county region. The Accountable Communities for Health (ACH) grant began in January 2015 and ended in September 2017. It focused on reducing the rate and preventing the onset of type 2 diabetes and prediabetes. The Otto Bremer Trust funded the Somali Community Health Improvement Project from September of 2016 to August of 2017. Community stakeholders worked on establishing the framework for a cultural liaison to bridge gaps between the Willmar health system and community members who are East African. Reimagine Wellness was a pilot project with the Center for Prevention at Blue Cross from March of 2017 to November of 2017. This project focused on developing a culturally inclusive wellness program to support increased movement and improved nutrition.



We are excited to move into 2018 as we recently signed a contract to begin a Community Health Worker project through a partnership with the Center for Prevention at Blue Cross Blue Shield. This CHW will work closely with the East African community in Willmar and will share knowledge and tools to help individuals and families access resources to improve healthcare and pharmacy-related literacy. In addition, the CHW will strive to improve access to healthcare and social services and focus on building relationships with key community leaders to fill gaps between the healthcare system and community. Directing efforts toward health equity and community-based learning opportunities is a huge component of this position. We look forward to announcing our newest team member in January's newsletter!