



Self Tape Guidelines

- Hold your camera horizontal (so we can fill the frame)
- Don't shoot too far away, standard practice is a medium shot (belt buckle to top of head) unless instructed otherwise.
- Set your camera/phone on something so it's stable and doesn't move and become distracting! (If you need to move throughout the scene, then it's fine to have someone holding it to follow you.)
- Aim for good lighting, natural light is best but make sure you are not in the dark or in the shadows!
- Make sure we can hear you! Test your phone/camera in advance and make sure there isn't any distracting background noise.
- Be sure to Slate! Tell us your name, age (if minor), agent (if applicable). That should definitely be how you start your video.
- Think about your location where you are filming, make sure it's not distracting and there are not random people (those pesky family members!) in the background if they are not part of the scene.
- Label your video. We do not want to have 58940.MOV when we download it. Label it with your name so we don't lose track!
- Send your video to us using a transfer system, DO NOT post your video on Vimeo, YouTube, etc. We need a file that we can directly download. We recommend WeTransfer, Dropbox, GoogleDrive, etc.
- Lastly, if you have questions- just ask! We want you to be able to give the best self tape audition you can, so we are happy to answer any questions!