



## WE'VE GOT YOUR BACK!

We know that being an attorney isn't always easy! When you're filling everyone else's needs, who has your back? This year, the bar will work to find ways to fill your tank and lift you up! This year's dynamic luncheon speakers will provide guidance and motivation that will leave you feeling energized and centered to head back into your day.

### NEW - casual attire welcomed/encouraged at bar luncheons

**September** – Mark Eigarsh, criminal defense attorney, creator of *Eigarsh Happiness Systems*

**October** – George Felos, lead attorney in the Terri Schiavo case, creator of *Meditation for Lawyers*

**March** – Eugene Pettis, 1st African American President of The Florida Bar, presenting *Building Your Reputation in the Legal Community*

**April** – Nora Bergman, author of *50 Lessons for Lawyers – Earn More, Stress Less, Be Awesome* and *50 Lessons for Women Lawyers – From Women Lawyers*



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## SUPPORTING MEMBERS

**Dues Scholarship Fund** – A dues scholarship fund is available to assist members; contact Melissa Byers for details at [Mbyers@stpetebar.com](mailto:Mbyers@stpetebar.com).

**Benefits** – The bar is working to provide benefits relevant to members such as a Group Healthcare Insurance.

**Supporting One Another** – A community connection feature will be added to the new bar website. This listserv/group blog will allow members to post questions, share ideas/challenges, etc.

**Feedback from You** – At every bar luncheon members will provide feedback about ways the bar can better support you. A board member will be seated at every table.

**Feedback for The Florida Bar** – network/share feedback with **The Florida Bar President John Stewart** at this year's Judicial Reception on February 20, 2020!!



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## INCREASING CIVILITY AND RESPECT

### **Paraclete/Social Media –**

It's hard to be rude to opposing counsel when you have seen them with their family! The Paraclete/Bar Social Media will focus on more content reflecting you – your families, your hobbies, your feedback about relevant topics related to the bar! Please provide pictures/feedback/celebration announcements to Executive Director Melissa Byers at Mbyers@stpetebar.com.

### **Increased Partnerships –**

The SPBA will welcome leadership/members from other local bars to monthly events including PFAWL, the LGBTQ Bar Association, the Fred G. Minnis, Sr. Bar Association, George Edgecomb Bar Association

### **Increased Referrals –**

Practice areas will be listed on name badges (must add area of practice when registering online) and time will be provided for networking at luncheons. The bar will also host monthly referral mixers – see below...



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## GREATER CONNECTION



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Join us **every Wednesday** of the month to get to know one another, the judiciary, and leadership! Begins in September

### **1st Wednesday – “Build Your Business” Coaching Lunches**

Kickoff will be the September 19th Build Your Business Seminar; monthly coaching sessions begin October 2nd {12pm at Acropolis upper level}

### **2nd Wednesday – “Wednesday Wellness”** – begins 9/11/19

**Gentle yoga** with instructor Attorney Maria DeLiberato.  
{6pm at Demens Landing – bring towel or mat; all levels welcome}

**St. Pete Runfest 5k Training** – nine week training  
{6pm kickoff meeting at Northshore Playground behind the pool}

### **3rd Wednesday – “Java With The Judges”** – begins 9/18/19 {8am at St. Pete Judicial Center}

### **4th Wednesday – “Mid-Week Mixer”** – begins 9/25/19

Want to connect, support others, and increase your referrals? Attend the monthly mid-week mixers (mocktails will also be offered)! All bar members will have practice areas on their name badges!  
{5:30pm at Trophy Fish}