



## American Board of Fluency and Fluency Disorders

All applicants that have received an acceptance letter on or after January 1, 2020 will now be required to have a mentor that is a Board Certified Specialist in Fluency Disorders. First and foremost, thank you for agreeing to mentor this candidate. We have developed suggested guidelines for how to proceed with the mentorship process. We hope that both the applicant and mentor take the time to review these guidelines in order to have a successful specialty certification experience. However, these are suggestions, not requirements. Mentors and applicants must come up with a schedule and plan that works best for them.

### **Suggestions for time spent with applicant:**

- **Meet at least three times** (either in person or via phone/video platform). Discuss each case and focus on the clinician's approach to assessment/therapy. Don't forget to review video clips.
- **Review draft of portfolio.** Provide feedback prior to submission.

### **Suggestions for topics to address during meetings with the applicant:**

- **Holistic assessment/therapy.** *Does the applicant evaluate and address the thoughts, feelings and other potential relative contributing factors for the person with a fluency disorder?*
- **Rationales for selected assessment/treatment approaches.** *Are the evaluations and treatment plans developed based on what the applicant knows from the literature as well their prior experience working with people who have fluency disorders? Are the treatment approaches selected with the client's unique characteristics and experiences in mind?*
- **Client driven therapy.** *Is there evidence that the goals were developed with the client based on their values and priorities?*

**The lived experience of stuttering.** *Has the applicant attended support groups, panels discussions, etc.?*

\*Please note: The American Board of Fluency and Fluency Disorders recognizes that the submitted portfolio does not necessarily reflect the mentor's approach to the assessment or treatment of people who have fluency disorders. It is ultimately the applicant's decision as to the work that they decide to put forth for final submission.

We are delighted that you have both agreed to enter into this mentorship and we hope that this relationship will enrich your certification experience and help applicants to feel more prepared to submit their portfolio. Please let us know if you have any questions as you compile your portfolio.

Regards,

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ABFFD Chair