Breastfeeding Considerations for the Medically Complex Infant

This session will start with a review of foundation knowledge related to breast milk composition and the mechanics of breastfeeding. It will then focus on assessment and intervention principles specific to breastfeeding with medically complex infants.

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Disclosures:
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Learning objectives:
1) List 3 strategies to adjust flow rate while breastfeeding.
2) Describe 3 characteristics of a deep latch.
3) Describe how milk is removed from the breast.

Time ordered agenda:
5 minutes – Introduction
10 minutes – Breast milk composition
15 minutes – Mechanics of breastfeeding
10 minutes – Assessment principles
20 minutes – Intervention strategies