



American Board of Swallowing and Swallowing Disorders

Easy to Digest

September 2014

2014 Board Members

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Nancy Swigert
MA, CCC-SLP, BCS-S

Vice Chairperson

Luis F. Riquelme
PhD, CCC-SLP, BCS-S

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Donna Edwards
MA, CCC-SLP, BCS-S

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MA, CCC-SLP, BCS-S

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MS, CCC-SLP, BCS-S

Cesar Ruiz
SLP.D, CCC-SLP, BCS-S

Laurie Sterling
MS, CCC-SLP, BCS-S

Debra Suiter
PhD, CCC-SLP, BCS-S

Consumer Board Member
Joanne Petro

Historian
Joe Murray



*"Autumn is a second spring when every leaf is a flower."
-Albert Camus*

Transitioning into the fall season brings images of football, gorgeous leaves, cool nights, and the promise of the holiday season. It is a wonderful time of year as we all transition back into busy fall schedules from the lazy, dog days of summer. In this E2D you'll find updates on projects the American Board of Swallowing & Swallowing Disorders has been working on and reminders about upcoming opportunities.

Congratulations and welcome to the newest BCS-S affiliates

Kathy Groves Wright, Cincinnati Veterans Affairs Medical Center
Mentor: Joe Murray

Rebecca Lindsay, Rehabilitation Hospital of Southern New Mexico
Mentor: Jodi Antinoja

Kimberly Richmond-Boyd, Methodist Rehabilitation
Mentor: Jessica Dudash

Margaret Tiner, University of Michigan Hospital
Mentor: Joseph Murray

Elizabeth Cuadrado, Robert Wood Johnson University Hospital
Mentor: Bill Roche

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Stella Reyes, O'Connor Hospital

Mentor: Sarah Leyba

Karen (Davis) Villanueva, Robert Wood Johnson University Hospital

Mentor: Valerie Weber

Lisa Evangelista, UC Davis Medical Center

Colleen Frayne, NYU Rusk Rehab

Mentor: Linda Smith-Davis

Thank you to all the mentors who assist applicants during the BCS-S process!

Congratulations to the new BCS-S Board Members and Officers

Emily Mayfield was elected to the Board of the American Board of Swallowing & Swallowing Disorders and will begin her three-year term in January of 2015.

Luis F. Riquelme will begin a three-year term as the Chair of the American Board of Swallowing & Swallowing Disorders in January 2015.

Barbara Messing will begin a three-year term as Vice Chair of the American Board of Swallowing & Swallowing Disorders in January 2015. Per the ABS-SD manual, the board chair selects the vice chair.

Cesar Ruiz was elected as the new Treasurer of the Board and will begin a two-year term in January 2015.

Donna Edward's term as secretary was extended for one year through 2015. Donna's one-year term and Cesar's two year term will allow the Executive Committee to have staggered terms. Staggered terms ensure that the whole Executive Committee does not rotate off at the same time in the future. Thank you Donna for agreeing to this extension!

SAVE THE DATE

Join the American Board of Swallowing and Swallowing Disorders during the annual ASHA convention! There will be three different times to meet with members of the American Board of Swallowing & Swallowing Disorders during the ASHA Convention in Orlando Florida, November 20-22.

- Joint meeting with ASHA's Special Interest Group 13 (Swallowing & Swallowing Disorders) will take place on Thurs 11/20, 7am to 8:30am in the Hyatt Regency, Mezzanine Level in Challenger rooms 38-41.
- There will be an informational session with all Specialty Board Chairs on Thurs 11/20 at noon to answer questions regarding specialty certification within ASHA. Location is TBA, please visit our website closer to convention for an announcement regarding location of this meeting.
- Auxiliary Session with members of the American Board of

Swallowing and Swallowing Disorders will take place on Friday, November 21, 11:45-1:00pm. Location is TBA, please visit our website closer to convention for an announcement regarding location of this meeting.

Got CEUs?

Don't forget there are many quality continuing education programs available at a reasonable cost via the American Board of Swallowing and Swallowing Disorders website. All of the continuing education programs have been prepared and reviewed by Board Certified Specialists in Swallowing and Swallowing Disorders and are designed to provide evidence-based information on important issues encountered by speech-language pathologists providing dysphagia services. You may consider one of the following, or visit the website (<http://swallowingdisorders.site-ym.com/?page=courses>) for a complete listing of continuing education offerings:

- **The Other Side of the Spoon: Balancing Dysphagia Choices Across a Lifetime - 2013 Meet the Masters** (Paula Leslie, Joan C. Arvedson, Peter Lam, & Alan Meisel)
Addresses coping with diversity in culture and diet and continuing to provide excellent care to all patients. Fundamental principles and frameworks are discussed that support processes for decision making.
- **Dysphagia Research Consumerism - How to Read Research Studies** (James L. Coyle)
Finding good evidence to support clinical decisions can be time-consuming and is often avoided because of busy clinic schedules. This course provides tactics to determine what evidence to seek out from the scientific literature to support decision-making, how to construct a search and locate an appropriate study when you have limited resources, how to evaluate studies for their validity and evidence quality, and how to integrate that evidence in the decision-making process.
- **Accuracy and Reliability of Swallowing Assessments** (Joseph Murray)
Discusses the characteristics of accurate measures of swallow physiology and identifies problems in dysphagia practice that may impair judgment accuracy and reliability.

Mentor Committee Update

Thank you to our valued mentors for your continued dedication to the AB-SSD Mentoring Program!

Here are a few updates to help keep you informed of recent changes:

- Participants in the Mentoring Program, formerly known as 'mentees', will now be referred to as protégés. This change reflects discussions between the Applications Committee and the Mentorship? Committee. During mentor training, frequent phrasing of 'mentor' and 'mentee' often required clarification. To remain consistent with the manual, it was felt that the use of the term 'applicant' should only be applied to those who had had an application accepted. Thus the term 'protégé' has been coined, in compliance with ASHA standards, to refer to previously identified 'mentees'

- Interest in the Mentoring Program continues to grow, including an exciting number of pediatric focused clinicians. As a result, the number of interested pediatric protégés is out-pacing the number of available pediatric mentors. As the role of the mentor is to support the protégé through the application process, specific clinical experience is not necessary to provide a quality mentoring experience. As is the case with any mentoring question that you are unsure of the answer, please always feel welcome to contact Donna Edwards (EdwardsD@childrensdayton.org) or Emily Mayfield (emilybmayfield@gmail.com) for assistance. We appreciate the willingness of our mentors to provide their valuable time and experience to assist protégés in navigating through the application process!

See you in Orlando!

We look forward to seeing many of you at the ASHA Convention! Please continue to promote specialty in swallowing and swallowing disorders in your communities.

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