



# American Board of Swallowing and Swallowing Disorders

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Molly Knigge  
MS, CCC-SLP, BCS-S

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Kendrea Garand  
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Gina Palma  
MS, CCC-SLP, BCS-S

### Historian

Joe Murray  
PhD, CCC-SLP, BCS-S

### Consumer Board Member

Phillip Hartzler  
BSIM, MSM

## Easy2Digest: December 2021

### ABSSD at the Annual ASHA Convention

The annual American Speech-Language and Hearing Association (ASHA) Convention was held from November 18-20, 2021 in Washington, DC. There was strong representation by the board members of the ABSSD in both in-person and virtual sessions.



**Molly Knigge, MS, CCC-SLP, BCS-S, ABSSD Chair**, presented on how clinicians can integrate research into their clinical practice and pursue opportunities for research education through higher education and advanced degrees.

**Kendrea Garand, PhD, CScD, CCC-SLP, BCS-S, ABSSD Vice Chair**, discussed predictors of patient-reported dysphagia and symptoms of gastroesophageal reflux in patients with obstructive sleep apnea.

**Donna Scarborough, PhD, CCC-SLP, BCS-S, ABSSD Continuing Education Committee Co-Chair**, delivered a talk on clinical guidelines for fiberoptic endoscopic evaluation of swallowing and a crash course in pediatric feeding and swallowing disorders.

**Yvette McCoy, MS, CCC-SLP, BCS-S, ABSSD Secretary**, presented on the changing dynamics of graduate student training and graduate school admissions in the current climate of the COVID-19 pandemic.

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[www.swallowingdisorders.org](http://www.swallowingdisorders.org)

**Karen Ball, MPA, CCC-SLP, BCS-S, ABSSD Applications Committee Co-Chair**, evaluated interdisciplinary rehabilitation in a case series of patients recovering from the coronavirus.

**Joan Arsenault, MA, CCC-SLP, BCS-S**, provided insight into interpersonal collaboration to maximize patient-centered care in feeding, eating and swallowing in medically complex patients.

**Gina Palma, MS, CCC-SLP, BCS-S** and **Marta Kazandjian, MA, CCC-SLP, BCS-S**, educated ASHA attendees about integrative approaches for patients living with long-term radiation-associated dysphagia following head and neck cancer treatments.

**Mario Landera, SLPD, CCC-SLP, BCS-S, ABSSD Treasurer**, discussed techniques on how to prepare and personalize the clinical swallowing examination.

**Lisa Evangelista, CScD, CCC-SLP, BCS-S**, Public Relations and Communications Committee Co-Chair, led a panel of dysphagia experts on clinical pitfalls in swallowing management and their impact on professional growth.

**Heather Starmer, MA, CCC-SLP, BCS-S**, Continuing Education Committee Co-Chair presented on the caregiver's perspective of head and neck lymphedema in the home setting.





AJSLP

Tutorial

## Tutorial on Clinical Practice for Use of the Fiberoptic Endoscopic Evaluation of Swallowing Procedure With Adult Populations: Part 1

Representatives of the American Board of Swallowing and Swallowing Disorders and  
ASHA Special Interest Group 13: Swallowing and Swallowing Disorders (Dysphagia):  
Susan E. Langmore,<sup>a</sup> Donna R. Scarborough,<sup>b</sup> Lisa N. Kelchner,<sup>c</sup> Nancy B. Swigert,<sup>d</sup>  
Joseph Murray,<sup>e</sup> Selena Reece,<sup>f</sup> Trish Cavanagh,<sup>g</sup> Leah C. Harrigan,<sup>h</sup>  
Rebecca Scheel,<sup>i</sup> Memorie M. Gosa,<sup>j</sup> and Denise K. Rule<sup>k</sup>

Fiberoptic endoscopic evaluation of swallowing (FEES) is a commonly used instrument for swallowing diagnostics. Representatives from ABSSD joined members from ASHA's Special Interest Group 13 (Swallowing and Swallowing Disorders) to develop clinical guidelines for performing FEES in adult patients with dysphagia.

The tutorial provides swallowing practitioners information on the equipment needed, examination procedures, protocols that can be implemented at the time of examination, methods of evaluating compensatory strategies and maneuvers, and interpretation and documentation of the exam findings.

To read more, check out: [https://pubs.asha.org/doi/pdf/10.1044/2021\\_AJSLP-20-00348](https://pubs.asha.org/doi/pdf/10.1044/2021_AJSLP-20-00348).

**Congratulations to Our New BCS-S Affiliates!**



Ekaterina Bruno  
Vibra Hospital of Denver  
Mentor: Amy Litwack

Madeleine Chua Uy

Texas Health Resources – Presbyterian Hospital of Dallas  
Mentor: Melissa Farrow

**Louise Cunningham**  
Memorial Sloan Kettering Cancer Center  
Mentor: Alla Mehl

**Kelsey Day**  
California Hospital Medical Center

**Pamela Dodrill**  
Brigham and Women's Hospital NICU

**Kahla Graham**  
Northwestern University  
Mentor: Laurie Sterling

**Kristen Linnemeyer**  
UC San Diego Health

**Ashley Munoz Lopez**  
Houston Methodist  
Mentor: Cheryl Wagoner

**Chelsea Randall**  
Children's Hospital  
Mentor: Christina Rappazzo

**Laura Randen**  
Elite Dysphagia Diagnostics & Speech Services LLC

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## Meet the Masters 2021

We would like to thank Bracco Diagnostics that supported the 2021 Meet the Masters Symposium with the educational grant that allowed clinicians to attend the event and obtain free continuing education units (CEUs).

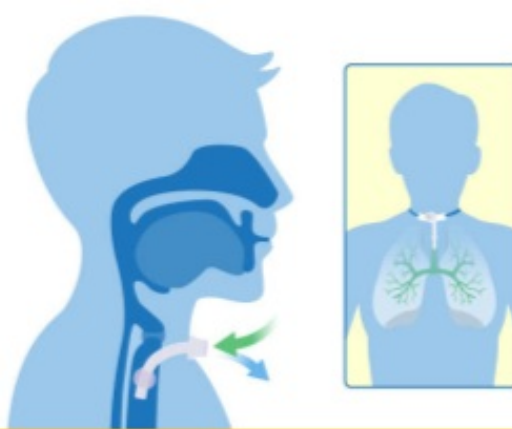
Please check out the ABSSD CE page to view the *2021 Meet the Masters Symposium: From Physiology to Food: Using the VFSS to Inform Dietary Recommendations Across the Lifespan* at:

[https://www.swallowingdisorders.org/page/2021\\_MTM\\_From\\_Physiology\\_to\\_Food](https://www.swallowingdisorders.org/page/2021_MTM_From_Physiology_to_Food)

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## ABSSD CEU Opportunities

Please check out the ABSSD's [Continuing Education page](#) to access these new courses!



## **Ethical and Critical Decisions: The Why/When to Intubate, Extubate, Place a Tracheostomy and Start Oral Intake in Medically Fragile Patients**

Jo Puntil Sheltman, MS, CCC-SLP, BCS-S, ASHA Fellow  
Marc Moss, MD

THE ABSDD CE COMMITTEE  
PRESENTS



TWO PEDIATRIC FOCUSED CEUS  
HIGHLIGHTING RESEARCH & BEST PRACTICES

**Pediatric Airway Disorders  
& Feeding-Swallowing**

**Christina Rappazzo BCS-S  
Deepak Mehta MD  
(Otolaryngologist)**

**Course covers:**

Laryngomalacia  
Supraglottoplasty  
Laryngeal Clefts  
Tracheostomy  
Subglottic Stenosis  
Airway Reconstruction  
Intubation Risks

**Surgical Videos Included**

**Congenital Heart Defects  
& Feeding-Swallowing**

**Hema Desai BCS-S  
Nita Doshi MD  
(Cardiologist)**

**Course covers:**

Cardiac Dx Overview  
Pathophysiology of CHD  
Neurologic Disruptions & CHD  
Vocal Fold Immobility &  
Ultrasound assessment  
Feeding-Swallowing  
Assessment & Management of  
CHD

**2 HOURS ASHA CEUS EACH**

[www.swallowingdisorders.org/page/courses](http://www.swallowingdisorders.org/page/courses)

**Dysphagia in Pediatric Patients  
with Airway Disorders**

**Dysphagia in Pediatrics Patients with  
Cardiac Conditions**

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