

Sandra Lorden

LCDC, RSPS, PRSS

Summarize service to TAAP/NAADAC or TCB, to include your local Chapter & any Awards/Honors

For the past 10 years, I have served on the Fort Worth TAAP Board in various roles, including Student Liaison, Social Media Chair, and currently Treasurer. I coordinate volunteers for chapter events, including Recovery in the Park, the CEU Mini Metamorphosis Conference, and the annual DFW Behavioral Health Symposium. I also serve on the scholarship committee and mentor emerging professionals through NAADAC's Minority Fellowship Program. My service has been recognized through honors such as Counselor of the Year, Professional of the Year, SAMHSA Minority Fellowship Fellow of the Month, and the Unsung Hero Award. Additionally, I regularly present on professional ethics at state, regional, and local TAAP conferences, supporting the continued growth and development of addiction professionals.

Professional Work Experience – to include Service Work

I have worked in diverse behavioral health settings, including Cenikor Foundation, where I served as Admissions Manager, Corporate Trainer, Clinical Manager of an 80-bed residential facility, Outreach Manager, and Business Development professional. My responsibilities included staff training, counselor intern development, compliance monitoring, and quality assurance. I also have experience in private practice administration. Currently, I provide court-ordered intensive and supportive outpatient treatment to justice-involved clients. Additionally, I volunteer at the Tarrant County Jail, facilitating classes for individuals participating in the reentry program.

Share your philosophy about the role and future of TAAP/TCB

My philosophy for the future of TAAP and TCB is to strengthen their shared commitment to professional qualifications, competency, and ethical practice among counselors, clinical supervisors, prevention specialists, and other behavioral health professionals. Maintaining rigorous standards protects the integrity of these organizations and advances the profession. Professionals entering or currently serving in the field must demonstrate foundational knowledge and the ability to apply it effectively. I hope to support the structure, accountability, and ethical guidance necessary to promote competent practice and protect the communities we serve.