

## ETHICAL STANDARDS FOR CHEMICAL DEPENDENCY SPECIALISTS

The Texas Association of Addiction Professionals is comprised of professional chemical dependency specialists and chemical dependency specialists who, as responsible health-care professionals, believe in the dignity and worth of human beings. In the practice of their profession they assert that the ethical principles of autonomy, beneficence and justice must guide their professional and societal expectations, obligations and conduct. As professionals dedicated to the treatment of chemical dependent clients and their families, they believe that they can effectively treat its individual and familial manifestations. Chemical dependency specialists dedicate themselves to the promotion of the best interests of their society, their clients, their profession and their colleagues.

### **SPECIFIC PRINCIPLES**

**Principle 1: Nondiscrimination.** The chemical dependency specialist must not discriminate against clients or professionals based on race, religion, age, sex, handicaps, national origin, sexual orientation or economic condition.

**Principle 2: Responsibility.** The chemical dependency specialist must espouse objectivity and integrity, and maintain the highest standards in the services the counselor offers.

- a) The chemical dependency specialist, as teacher, must recognize the counselor's primary obligation to help others acquire knowledge and skill in dealing with the disease of chemical dependency.
- b) The chemical dependency specialist, as practitioner, must accept the professional challenge and responsibility deriving from the counselor's work.

**Principle 3: Competence.** The chemical dependency specialist must recognize that the profession is founded on national standards of competency which promote the best interests of society, the client, the counselor and the profession as a whole. The counselor must recognize the need for ongoing education as a component of professional competency.

- a) The chemical dependency specialist must prevent the practice of alcoholism and drug abuse counseling by unqualified and/or unauthorized persons.
- b) The chemical dependency specialist who is aware of unethical conduct or unprofessional modes of practice must report such violations to the appropriate certifying authority.
- c) The chemical dependency specialist must recognize boundaries and limitations of a counselor's competencies and not offer services or use techniques outside of these professional competencies.
- d) The chemical dependency specialist must recognize the effect of impairment on professional techniques and must be willing to seek appropriate treatment for oneself or for a colleague. The counselor must support peer assistance programs in this respect.

**Principle 4: Legal Standards and Moral Standards.** The chemical dependency specialist must uphold the legal and accepted moral codes which pertain to professional conduct, legal and accepted moral codes of our society.

- a) The chemical dependency specialist must not claim either directly or by implication, professional qualifications/affiliations that the counselor does not possess.
- b) The chemical dependency specialist must not use the affiliation with the Texas Association of Addiction Professionals for purposes that are not consistent with the stated purposes of the association.
- c) The chemical dependency specialist must not associate with or permit the counselor's name to be used in connection with any services or products in a way that is incorrect or misleading.
- d) The chemical dependency specialist associated with the development or promotion of books or other products offered for commercial sale must be responsible for ensuring that such books or products are presented in a professional and factual way.
- e) The chemical dependency specialist must obey civil and criminal laws, and commit no act involving moral turpitude of which would bring discredit to the profession.

**Principle 5: Public Statements.** The chemical dependency specialist must respect the limits of present knowledge in public statements concerning alcoholism and other forms of drug addiction.

- a) The chemical dependency specialist who represents the field of alcoholism and drug abuse counseling to clients, other professionals, or to the general public must report fairly and accurately the appropriate information.
- b) The chemical dependency specialist must acknowledge and document materials and techniques used.
- c) The chemical dependency specialist who conducts training in alcoholism and drug abuse counseling skills or techniques must indicate to the audience the requisite training/qualification to properly perform those skills and techniques.

**Principle 6: Publication Credit.** The chemical dependency specialist must assign credit to all who have contributed to the published material and for the work upon which the publication is based.

- a) The chemical dependency specialist must recognize joint authorship, major contributions of professional character made by several persons to a common project. The author who has made the principal contribution to a publication must be identified as a first listed.
- b) The chemical dependency specialist must acknowledge in footnotes or an introductory statement minor contributions of a professional character, extensive clerical or similar assistance and other minor contributions.
- c) The chemical dependency specialist must acknowledge, through specific citations, unpublished, as well as published, materials that have direct influences the research or writing.
- d) The chemical dependency specialist who compiles and edits for publication the contributions of others must list oneself as editor, along with the names of those others who have contributed.

**Principle 7: Client Welfare.** The chemical dependency specialist must respect the integrity and protect the welfare of the person or group with whom the counselor is working.

- a) The chemical dependency specialist must define for self and others the nature and direction of loyalties and responsibilities and keep all parties concerned informed of these commitments.
- b) The chemical dependency specialist, in the presence of professional conflict, must be concerned primarily with the welfare of the client.
- c) The chemical dependency specialist must terminate a counseling or consulting relationship when it is reasonably clear to the counselor that the client is not benefiting from it.
- d) The chemical dependency specialist, in referral cases, must assume the responsibility for the client's welfare either by mutual agreement and/or by the client becoming engaged with another professional. In situations when a client refuses treatment, referral or recommendations, the chemical dependency specialist must carefully consider the welfare of the client by weighing the benefits of continued treatment or termination and must act in the best interest of the client.
- e) The chemical dependency specialist who asks a client to reveal personal information from other professionals or allows information to be divulged must inform the client of the nature of such transaction. The information released or obtained with informed consent must be used for expressed purposes only.
- f) The chemical dependency specialist must not use a client in a demonstration role in a workshop setting where such participation would potentially harm the client.
- g) The chemical dependency specialist must ensure the presence of an appropriate setting for clinical work to protect the client from harm, and the counselor and the profession from censure.
- h) The chemical dependency specialist must collaborate with other health-care professionals in providing a supportive environment for the client who is receiving prescribed medications.

**Principle 8: Confidentiality.** The chemical dependency specialist must embrace, as a primary obligation, the duty of protecting the privacy of clients and must not disclose confidential information acquired in teaching, practice or investigation.

- a) The chemical dependency specialist must inform the client and obtain agreement in areas likely to affect the client's participation including the recording of an interview, the use of interview material for training purposes and the observation of an interview by another person.
- b) The chemical dependency specialist must make provisions for the maintenance of confidentiality and the ultimate disposition of confidential records.
- c) The chemical dependency specialist must reveal information received in confidence only when there is a clear and present danger to the client or to other persons, and then only to appropriate professional workers or public authorities.
- d) The chemical dependency specialist must discuss the information obtained in clinical or consulting relationships only in appropriate settings, and only for professional purposes clearly concerned with the case. Written and oral reports must present only data germane to the purpose of the evaluation and every effort must be made to avoid undue invasion of privacy.
- e) The chemical dependency specialist must use clinical and other material in classroom teaching and writing only when the identity of the persons involved is adequately disguised.

**Principle 9: Client Relationships.** The chemical dependency specialist must inform the prospective client of the important aspects of the potential relationship.

- a) The chemical dependency specialist must inform the client and obtain the client's agreement in areas likely to affect the client's participation including the recording of an interview, the use of interview material for training purposes and /or observation of an interview by another person.
- b) The chemical dependency specialist must inform the designate guardian or responsible person of circumstances which may influence the relationship, when the client is a minor or incompetent.
- c) The chemical dependency specialist must not enter into a professional relationship with members of one's own family, intimate friends or close associates, or others whose welfare might be jeopardized by such a dual relationship.
- d) The chemical dependency specialist must not engage in any type of sexual activity with a client.

**Principle 10: Interprofessional Relationships.** The chemical dependency specialist must treat colleagues with respect, courtesy and fairness, and must afford the same professional courtesy to other professionals.

- a) The chemical dependency specialist must not offer professional services to a client in counseling with another professional except with the knowledge of the other professional or after the termination of the client's relationship with the other professional.
- b) The chemical dependency specialist must cooperate with duly constituted professional ethics committees and promptly supply necessary information unless constrained by the demands of confidentiality.

**Principle 11: Remuneration.** The chemical dependency specialist must establish financial arrangements in professional practice and in accord with the professional standards that safeguard the best interests of the client, of the counselor and of the profession.

- a) The chemical dependency specialist must consider carefully the ability of the client to meet the financial cost in establishing rates for professional services.
- b) The chemical dependency specialist must not send or receive any commission or rebate or any other form of remuneration for referral of clients for professional services. The counselor must not engage in fee splitting.
- c) The chemical dependency specialist in clinical or counseling practice must not use one's relationship with clients to promote personal gains or the profit of an agency or commercial enterprise of any kind.

- d) The chemical dependency specialist must not accept a private fee or any gift or gratuity for professional work with a person who is entitled to such services through an institution or agency. The policy of a particular agency may make explicit provisions for private work with its clients by members of its staff, and in such instances the client must be fully apprised of all policies affecting the client.

**Principle 12: Societal Obligations.** The chemical dependency specialist must advocate changes in public policy and legislation to afford opportunity and choice for all persons whose lives are impaired by the disease of alcoholism and other forms of drug addiction. The counselors must inform the public through active civic and professional participation in community affairs of the effects of alcoholism and drug abuse addiction and must act to guarantee that all persons, especially the needy and disadvantaged, have access to the necessary resources and services. The chemical dependency specialist must adopt a personal and professional stance which promotes the well-being of all human beings.

I have read, understand and commit to the preceding Ethical Standards.

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**ASSURANCES AND RELEASES**

TCBAP may request further information from all persons listed on the application form, in order to verify training, employment, etc. This information is not available to others outside the certification process without the written consent of the applicant.

“I give my permission for the TCBAP and staff to investigate my background as it relates to information contained in this application for certification. I understand that intentionally false or misleading statements, or intentional omissions, shall result in denial or revocation of certification.”

“I consent to the release of information contained in my application file, and other pertinent data submitted to, or collected by the TCBAP, to officers, members, and staff of the aforementioned board.”

“I further agree to hold the TCBAP, its officers, board members, employees, and examiners free from civil liability for damages or complaints by reason of any action that is within the scope of the performance of their duties which they may take in connection with this application and subsequent examinations, and/or the failure of TCBAP to issue certification.”

“I hereby affirm that the information provided on this form is correct and that I believe I am qualified for the certification for which I am applying.”

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**Applicant Signature**

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**Credentials**

\_\_\_\_/\_\_\_\_/\_\_\_\_  
**Date**