



**30** Years  
of TNP

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Celebrating the Past,  
Shaping the Future

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**September 6-9, 2018**

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**Sheraton Dallas | Dallas, Texas**





## From the President

It is with great pleasure and honor to extend to you a warm invitation to attend the 30th Annual TNP Conference, to be held September 6-9, 2018 at the Sheraton in Dallas.

The theme of the conference is “Celebrating the Past, Shaping the Future”. As we all know Nurse Practitioners are a vital part of healthcare delivery in Texas. The vast offerings at this conference are reflective of the impact that Nurse Practitioners have on the delivery of healthcare in Texas. You will find specific tracks for Acute Care, Pediatrics, Women’s Health, Psych/Mental Health, Personal/Professional Development, Geriatric and Family Practice.

The Sheraton Dallas, located in the heart of the city, is a perfect venue to celebrate our 30th annual conference and I hope that you will consider coming. Network with colleagues and receive exceptional continuing education that Texas Nurse Practitioners has become known for providing.

Please join us in Dallas this September. If you are not already a TNP member, we welcome you to join Texas Nurse Practitioners and receive substantial discounts on your registration. Register now and arrive a day early (Thursday) for phenomenal pre-conference day workshops. If you have an extra PTO day, make time to visit the best of downtown Dallas – you will be within walking distance of cultural attractions of the Arts District, such as the Dallas Museum of Art, Kyle Warren Park, and Meyerson Symphony Center and just a close drive to the Dallas World Aquarium and Rainforest, Perot Museum of Nature and Science, George W. Bush Presidential Library and Museum and the Plaza of the Americas, complete with dining and boutique shops.

Kind Regards,

*Robert Metzger, DNP, APRN, FNP-BC*  
Texas Nurse Practitioners President 2017 - 2018

## Welcome from the TNP 2018 Education Committee

Welcome to the Texas Nurse Practitioners (TNP) 30th Annual Conference in Dallas. Thirty Years of providing professional leadership and education for Nurse Practitioners!! As you look at the planned conference presentations you will see great diversity in topics as well as sessions which meet the Texas Board of Nursing requirements for CE in Pharmacology (RX), Ethics (E), Jurisprudence (J), Gero (G) and Controlled Substances (CS). We have planned some wonderful pre-conference workshops which provide the opportunity to learn special skills and immerse yourself in areas of special interest.

As has become a tradition, please join us in the Pre-conference Reception on Thursday evening in the Exhibit Hall, and gather with other NPs from all over Texas.

Take advantage of the high-quality speakers we have selected to enhance your NP professional and clinical practice. We encourage you to take this opportunity to network, learn and enjoy all of the offerings at the 30th Annual TNP Conference. There truly is something for everyone! We look forward to seeing you.

Sincerely,

*Sheri Innerarity, RN, PhD, ACNS, FNP, FAANP*  
TNP Education Chair

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## Thank You! Special Thanks to the 2018 Education Committee

Sheri Innerarity, Chair and Vice President  
Anna Jessup, Vice Chair  
June Belt  
Susan Calloway  
Elizabeth Gigliotti  
Henry Guevara  
Sharon Hillgartner  
Allison Huffman  
Cathy Lux  
Carole Moore  
Angel Pina  
Kathryn Reveles

Bella Key, TNP Education Coordinator  
Emily Eastin, TNP CEO

# OVERALL AGENDA

## Wednesday | September 5, 2018

3:00 – 7:00 p.m. Registration

## Thursday | September 6, 2018

7:00 a.m. – 7:00 p.m. Registration  
8:30 – 11:45 a.m. Workshops (*break from 10:00-10:15*)  
12:00 – 1:00 p.m. Thursday Lunch Symposium (*Non-CE*)  
1:15 – 4:30 p.m. Workshops (*break from 3:00 – 3:15*)  
4:30 – 6:30 p.m. Welcome Reception  
6:45 – 8:30 p.m. Pre-Conference Board Meeting

## Friday | September 7, 2018

7:00 a.m. – 5:00 p.m. Registration  
7:15 – 8:15 a.m. Friday Breakfast Symposium (*Non-CE*)  
7:15 – 8:15 a.m. Breakfast Concessions/Exhibit Hall Open  
8:30 – 8:45 a.m. Welcome by *Robert Metzger*, TNP President  
8:45 – 10:15 a.m. General Session (GS01) Welcome Address  
9:00 – 10:15 a.m. General Session (GS02): Shortcuts to Building Relationships with Patients, Physicians, Partner and Plain Old People  
10:15 – 10:45 a.m. Morning Break in Exhibit Hall, and Silent Auction Opens  
10:45 – 11:45 a.m. First Breakout Session  
12:00 – 1:00 p.m. Lunch Concessions  
1:15 – 2:15 p.m. Second Breakout Session  
2:15 – 2:45 p.m. Break/Exhibits/Silent Auction  
2:15 – 2:45 p.m. Poster Presentations  
2:45 – 3:45 p.m. Third Breakout Session  
3:45 – 4:15 p.m. Break/Exhibits/Silent Auction  
4:15 p.m. Exhibit Hall Closes  
4:15 – 5:15 p.m. Fourth Breakout Session  
6:30 – 9:30 p.m. Legislative Champions Dinner (*Ticketed Event*)

## Saturday | September 8, 2018

7:00 a.m. – 5:00 p.m. Registration  
7:00 – 7:30 a.m. TNPF Walkathon (*Ticketed Event*)  
7:30 a.m. Exhibit Hall Opens  
7:30 – 8:30 a.m. Breakfast Concessions  
7:30 – 8:30 a.m. Saturday Breakfast Symposium (*Non-CE*)  
8:45 – 9:45 a.m. First Breakout Session  
9:45 – 10:15 a.m. Break/Exhibits/Silent Auction  
9:45 – 10:15 a.m. Poster Presentations  
10:15 a.m. Silent Auction Closes & TNPF Drawings in Exhibit Hall  
10:15 – 11:15 a.m. Second Breakout Session  
11:45 a.m. Exhibit Hall Closes  
11:45 a.m. – 1:00 p.m. Membership Luncheon (Members Only) (*Those not attending membership luncheon will be on their own for lunch.*)  
1:15 – 2:15 p.m. Third Breakout Session  
2:15 – 2:30 p.m. Break  
2:30 – 3:30 p.m. Fourth Breakout Session  
3:30 – 3:45 p.m. Break  
3:45 – 4:45 p.m. Fifth Breakout Session  
4:45 – 6:00 p.m. Living Legends Reception

## Sunday | September 9, 2018

7:00 – 12:00 p.m. Registration  
7:00 – 8:00 a.m. Breakfast Concessions  
7:00 – 8:00 a.m. Sunday Breakfast Symposium (*Non-CE*)  
8:00 – 9:30 a.m. General Session (GS03): Legislative Update: Political Landscape & Agenda for the 2019 Session  
9:30 – 9:45 a.m. Break  
9:45 – 10:45 a.m. General Session (GS04): Jurisprudence for Advanced Practice Nurses in Texas  
10:45 – 11:00 a.m. Break  
11:00 a.m. – 12:00 p.m. General Session (GS05): COPD For Nurse Practitioners  
12:15 p.m. Post-Conference Board Meeting

# PRE-CONFERENCE WORKSHOPS

**Thursday, September 6, 2018 | 8:30 - 11:45 am**

## **(WS01) Pharmacology Update**

*Amelie Hollier, DNP, FNP-BC, FAANP*

This 3 hour pharmacology update focuses on cost effective prescribing, avoiding common, dangerous drug interactions, and safe prescribing in older patients.

## **(WS02) Basic Suturing**

*Tara Roberts, MSN, RN, ANP-BC and Michael Hazel DNP, RN, FNP-BC*

Basic wound closure is a must for the NP in the office, operating room or emergency department. This workshop will discuss wound healing, multiple types of wound closure with the opportunity for each participant to practice and receive help from experts in the area of suturing in a non-threatening and friendly manner. (Limit 50)

## **(WS03) Medication Assisted Therapy for Substance Use Disorders in the Outpatient Setting**

*Justin Scaffa, BSN, PMHNP*

Only 10 -20 percent of substance use disorder patients seek specialized treatment for their disorder. This means most of the medical intervention possible for patients in need of treatment for their substance use has to be outpatient treatment in primary care, psychiatry, or other outpatient health care resources. This presentation will discuss assessment of substance use disorders, how to prevent increasing the risk of creating a substance use disorder patient, harm reduction strategies that prevent relapse, and medication management for substance use, cravings, and sequelae.

## **(WS04) It's All in Your Head**

*Alexandra Armitage, CNL, APRN*

Demystifying neurology in everyday practice. A practical guide to the diagnosis and management of common neurological illness.

## **(WS05) Surviving an Active Shooter**

*Scott Barnwell Sgt and Jose Reveles, Jr.,*

Hostile Intruder (Active Shooter) Response is an important skill given the world we live in now. The workshop will give participants the ability to identify behaviors of concern (often the initial warning of an event), recognize a hostile intruder event, formulate a plan, and adapt to the response based on the environment as needed. Participants will have the opportunity to practice formulating the plan and discussing how to assist others responses during an event.

## **(WS06) Initiation and Adjustment of Insulin Pump**

*Celia Levesque, RN, MSN, CNS-BC, NP-C, CDE, BC-ADM*

This lecture will cover insulin pump indications, advantages, disadvantages, candidate requirements, dose initiation, dose adjustment, and troubleshooting complications.

## **(WS07) Pain Management with Auricular Therapy/ Auricular Acupuncture**

*Karen Williams, RN, DNP-C, FNP- BC and Karen Sova, RN, BSN, MSN, ANP-BC, COHN-S*

Auricular acupuncture has been around for centuries. It is an additional tool for NP's to utilize when treating patients with complaints of pain. It is easy to learn, safe, effective and cost effective. This is an introductory course on this valuable skill.

**Thursday, September 6, 2018 | 1:15 - 4:30 pm**

## **(WS08) Safe Prescribing of Controlled Substances**

*Amelie Hollier, DNP, FNP-BC, FAANP*

This 3 hour presentation on prescribing controlled substances will review the pertinent federal law associated with prescribing controlled substances and highlight safe and unsafe prescriber habits using clinical scenarios.

## **(WS09) Advanced Wound Closure**

*Tara Roberts, RN, ANP-BC and Michael Hazel DNP, RN, FNP-BC, MSN*

Advanced wound closure is for the NP who is ready to advance their skills to include wound blocks and complex wounds. This workshop will allow the learner to expand their scope of practice to tackle a more difficult wound which will need more than one stitch. This will allow the attendee to utilize multiple techniques of closure. (Limit 50)

## **(WS10) Bumps, Rashes and Scratches: Best Practices for Pediatric Dermatologic Disorders in Primary Care**

*Marcie Lusk and K.T. Helgesen DNP, DNP, APRN, FNP-C*

This session focuses on practical pediatric dermatology for the primary care nurse practitioner, with emphasis on correct diagnosis, therapeutic options and clinical pearls.

## **(WS11) Pain Management with Auricular Therapy/ Auricular Acupuncture**

*Karen Williams, RN, DNP-C, FNP- BC and Karen Sova RN, BSN, MSN, ANP-BC, COHN-S*

Auricular acupuncture has been around for centuries. It is an additional tool for NP's to utilize when treating patients with complaints of pain. It is easy to learn, safe, effective and cost effective. This is an introductory course on this valuable skill.

## **(WS12) Orthopaedic Examination of the Extremities and Spine**

*Angela Pearce, RN, FNP-C, ONP-C and Robert Metzger, DNP, APRN, FNP-BC*

This workshop will provide attendees with lecture and hands on training regarding proper orthopaedic examinations for both the upper and lower extremities, as well as the spine.

## **(WS13) To IUD or to not IUD, That is the Question**

*Shelagh Larson (Brown), RNC, WHNP, NCMP*

Texas has one of the highest maternal mortality rates in the world. Teen births are 58 per 1000, while the national average is 46/1000. By age 20, about 20 percent of white teens and 40 percent of Hispanic

and black teens will have been pregnant. Good news is the birth rate for teenagers, age 15-19, declined 10% in 2013 from 2012 (79 percent over five years) to 26.5 births per 1,000 teenagers and cut the abortion rate by 77%, another historic low for the nation. The birth rate for unmarried women declined for the 5th consecutive year in 2013. A large part of this decrease is due to the Long-acting Reversible Contraception (LARC). In this 3-hour workshop you will be trained on the effectiveness, the differences and insertion/removal of IUD LARCs.

**(WS14) Integrative and Functional Medicine 101: Basic Concepts Across the Lifespan**

*Emily Gutierrez, DNP, PNP-C, IFM-CB*

Come learn about integrative and functional medicine, a systems-based biological approach that shifts the focus from managing the symptoms of disease to exploring the root causes of chronic illness. Applications for conditions such as the common cold/viral illnesses, irritable bowels, hypertension, hyperlipidemia, headaches, fatigue, eczema, pain, ADHD, depression, anxiety, OCD, and autism will be explored. Learn about pharmacovigilance of dietary supplements and how to safely prescribe them as a provider. We will close with interactive peer discussions over clinical cases, helping practitioners apply concepts to their patients or within their own health journey.

# PROGRAM SESSIONS

Friday, September 7, 2018 | 10:45 - 11:45 a.m.

**(F01) Emergency Management of Primary Care Conditions: When to Seek Higher Level of Care**

*Elda Ramirez, PhD, RN, FNP-BC, ENP-C, FAANP, FAEN, FAAN*  
All primary nurse practitioners are faced with co-morbid patients on a daily basis. Identifying patients that need a higher level of care becomes a fine line. This presentation defines disease patterns and the specific rules that will prove to always lead to positive patient outcomes and assure quality assurance for your practice.

**(F02) How to Confidently Prescribe Inhaled Steroids for Your Asthmatic Patients**

*Michelle Dickens, MSN, RN, FNP-C, AE-C*  
Asthma is a complex disease that often requires multiple medications for successful management. National guidelines for treatment exist but can be confusing. This session will explore the selection of and appropriate dosing of inhaled corticosteroid (ICS) medications as part of an evidence-based asthma treatment plan. Clinical pearls based on real-life experience will be shared as well.

**(F03) Changes in Hormone Therapy Guidelines**

*Shelagh Larson, DNP, WHNP, NCMP*  
The Women's Health Initiative study changed the face of women's health. Now, twenty-five years later, the research indicates that most of those results were fake news. Many studies and years later, turns out hormones are first line for vasomotor symptoms, prevention of bone loss, premature hypoestrogenism and genitourinary symptoms. The new global guidelines will be presented.

**(F04) Understanding Substance Use Disorders and Motivating Change**

*Amanda Simonton, MSN, APRN, PMHNP-BC and Donna Rolin*  
This presentation will outline the diagnostic criteria of substance use disorders and criteria for high-risk alcohol use. Motivational interviewing techniques and medication options will be reviewed.

**(F05) Peripheral Neuropathy: A Closer Look for Clinicians**

*Louisa Chicka Ikepeama, DNP, APRN, CCRN, ACNP-BC*  
The causes of peripheral neuropathy are many and variable, and have significant health care cost implications. Deficits were associated with numbness, pain, restless legs, trouble walking, trouble with balance, and reduced quality of life. Prompt diagnosis and treatment are important to improve impact on injury and quality of life.

**(F06) Can I do it? Frequently Asked Questions on NP Scope of Practice from TNP's Practice Committee**

*Erin Cusack*  
"Can I do it? Frequently Asked Questions on NP Scope of Practice from TNP's Practice Committee" will discuss and provide case studies on some of the most challenging scope of practice questions nurse practitioners encounter every day. Topics will include how to navigate the NP role in the hospital setting, adding new activities to your scope of practice, and the in's and out's of drafting your Prescriptive Authority Agreement.

Friday, September 7, 2018 | 1:15 - 2:15 p.m.

**(F07) Working in Urgent, Emergency and Critical Access Care: Are you Covered?**

*Elda Ramirez, PhD, RN, FNP-BC, ENP-C, FAANP, FAEN, FAAN*  
Clarifying the gray of the Consensus Model and the State Board in relation to specialty practice in urgent, emergency and critical access care.

**(F08) Black Box Warning Medications and What the APRN Needs to Know**

*Kim Giberga, ARNP, FNP-C, RPhS*  
Often providers do not even know the medications they are prescribing have black box warnings. Refresh your knowledge of which medications have black box warnings, the significance of these warnings and what precautions need to be taken if any and what needs to be documented. Pearls for discussing medication warnings with patients will be included.

**(F09) What is This? Cutaneous and Mucosal Presentation of STDs**

*Shelagh Larson, DNP, WHNP, NCMP*  
Ever wonder why this strange rash, weird throat plaque, or eye infection may not look just right? It may not be what you think. STDs are at an epidemic level and are no longer just a pelvic issue. They maybe hiding in plain sight.

**(F10) Obesity in the Pediatric Population – Use of a Shared Medical Appointment**

*Cathy Lux, DNP, RN, CPNP*  
Treating pediatric obesity is challenging. There is insufficient time during a primary care visit to appropriately address all of the issues. Shared Medical Appointments for pediatric obesity can be an effective way to give your patients the content that they need cost effectively.

**(F11) Antibiotic Considerations in the Elderly**

*E. Monee Carter-Griffin, DNP, RN, ACNP-BC*  
Literature has indicated that overall antibiotic prescribing is greater in the elderly population. It is not uncommon for the elderly to receive overly broad antibiotics or treatment for a prolonged duration. This presentation will focus on the physiologic changes of aging, diagnostic challenges, antibiotic dosing, drug interactions, and resistance.

**(F12) Validation of Practice Based Evidence for Effective Management of Chronic Migraine and Occipital Neuralgia in the Post 9/11 Combat Veteran**

*Karen Williams, RN, DNP-C, FNP-BC*  
This presentation reviews the need for alternatives in chronic headache treatment when there is a history of head or neck trauma and conventional medications are not sufficient. Combined treatments of Onabotulinum A ( Botox) and occipital blocks may be very helpful in reducing frequency and severity of the debilitating headaches.

Friday, September 7, 2018 | 2:45 - 3:45 p.m.

**(F13) Depression and Altered Mood States in Peri and Post Menopausal Women: Understanding the Role of Sex Hormones**

*Terri DeNeui, MSN, APRN-BC, DNP*

This evidence based presentation will open the dialogue of the global presence and rise of depression and altered mood states in women and the relationship to decline in sex hormone production. The neuro-cognitive role of androgens in the female patient will be highlighted, as well as diagnosis of androgen deficiency and replacement therapy for the female patient. The learner will leave equipped with the tools necessary to identify symptoms, sub-optimal and optimal lab values and treatment options for the androgen deficient female patient.

**(F14) Celiac Disease Screening, Diagnosis, and Treatment: What You Need to Know About this Health Issue**

*Cheryl Gainer, MSN, RN, CNM*

This presentation will assist Nurse Practitioners in case finding, screening, diagnosing and treating Celiac Disease thru the lifespan. Exploring Celiac Disease incidence, prevalence, and affects on health thru the lifespan will provide Nurse Practitioners with the knowledge and skills to conduct screening, diagnosis, and treatment of individuals with the disease.

**(F15) The NP Role in Antibiotic Stewardship: How to Say No and Feel Good About It**

*Pam Brown, DNP, APRN, FNP-BC*

Interactive session offering strategies on how to say no to patients expecting antibiotic therapy that is not indicated.

**(F16) Congenital Disorder of the Newborn: Advanced Physical Assessment Skills for Early Identification of Genomic Conditions**

*Jessica Peck, DNP, APRN, CPNP-PC, CNE, CNL*

This session will help APRNs learn to achieve early identification of congenital disorders of the newborn through advanced physical assessment skills and genomic consideration.

**(F17) The NP Role in APS Challenges in the Aged Population**

*Emily Merrill, PhD, APRN, FNP, BC, CNE, FAANP and Amy Moore DNP, APRN, FNP-C*

The session discusses the role of the NP in collaboration with APS to assess the needs of the aging population as related to dementia, cognitive impairment, neglect, abuse, and financial exploitation.

**(F18) The NP Role in the Opioid and Prescription Crisis**

*Joe Flores, JD, APRN, FNP-BC*

The NP's Role in combatting the Opioid and Prescription Fraud Crisis.

Friday, September 7, 2018 | 4:15 - 5:15 p.m.

**(F19) Understanding Syncope: Diagnosis, Risk Assessment and Treatment**

*Rose Bagh, MSN, APRN, CCRN, RNFA, FNP-BC, AGACNP-BC*

Session will discuss the concept of Syncope, its relation to other causes of transient loss of consciousness (TLOC), certain conditions which may be misdiagnosed as Syncope, various causes and how to differentiate various types of Syncope, specific diagnostic tests with risk stratification, specific conditions and treatments, specific issues with older population, and driving restrictions relating to Syncope.

**(F20) The Changing Epidemiology of Clostridium Difficile**

*Cheryl Juneau, DrPH, MSN, RN, FNP-C*

The epidemiology of Clostridium difficile is changing. Typically associated as a hospital acquired infection among elderly patients with multiple co-morbidities, more cases are now emerging within the community in healthy persons. This presentation will discuss the changing epidemiology, the latest treatment options and prevention strategies for Clostridium difficile

**(F21) Everything You Need to Know When Obtaining A Sexual History and How to Ask**

*Pam Brown, DNP, APRN, FNP-BC*

Most NP programs and medical schools in the United States teach students to ask the same three questions when obtaining sexual history from patients. Information obtained in a well-structured sexual history can provide insight into the effectiveness of chronic disease management, health promotion and risk reduction. Knowing what to ask and how to ask the important questions is an essential competency for all Nurse Practitioners and requires periodic updating.

**(F22) Learning From the Past: Vaccine Challenges**

*Cathy Lux, DNP, APRN, CPNP-PC*

This session examines the social and pathophysiologic underpinnings of vaccine development and adverse events, including historic vaccine tragedies and (pseudo)scientific arguments used by vaccine skeptics. By improved understanding of the reservations of vaccine resistant families, providers will be better prepared to offer reasoned and persuasive counter arguments. The current AAP Refusal to Vaccinate Policy will also be discussed, in juxtaposition with the current Parental Rights movement and vaccine legislation, as well as documentation of vaccine refusal.

**(F23) Care Expectations: Bridging the Care of Migraine from the Clinic to the ED**

*Kim Oas, MSN, APRN, FNP-BC*

Care coordination between the ED and the ambulatory clinic is challenging for many reasons. One population that would benefit from consistent evidence based expectations across the care continuum is the patient with migraine headache. This presentation will entail a conversation between two NPs, one based in the ED, and the other based in the ambulatory clinic. Both bring expertise and extensive experience in the care of the migraine patient across this continuum. Current evidence based practice recommendations for medications and treatment options will be presented and reviewed in detail. New medications set to be released soon will be included. Lastly, considerations in practice strategies which can serve to bridge this care continuum will be explored.

## **(F24) How to Prepare for a Deposition or Being Subpoenaed for Testimony in Court or before the Board of Nursing**

*Joe Flores, JD, APRN, FNP-BC*

APRN's are playing an increasingly pivotal role in the health care arena. The APRN's prominence and increased autonomy has made the profession increasingly a target for being named in lawsuits individually or jointly, being subpoenaed to provide deposition or open court testimony on health fraud, medical malpractice, opioid diversion or pain clinic cases and on other professional issue questions. APRN's may also be called in to be debriefed or interrogated by federal or state officials and they must familiarize themselves and be prepared for such situations.

**Saturday, September 8, 2018 | 8:45 – 9:45 a.m.**

## **(S25) Understanding Ventricular Arrhythmias**

*Jose Villa, DNP, APRN, FNP-BC*

Presentation of ventricular arrhythmias and many causes of sudden cardiac death a leading cause of mortality worldwide.

## **(S26) Multifaceted Smoking Cessation Strategies for Nurse Practitioners**

*Susan Chaney, EdD, RN, FNP-C, FAANP and Susan Sheriff PhD, MS, BS*

The presenters will present multifaceted smoking cessation strategies for men and women. The presenters will evaluate the use of electronic cigarettes: interventions and strategies. The presentation will include pharmacotherapeutics.

## **(S27) Human Trafficking – Identifying and Treating Victims in the Clinical Setting**

*Jessica Peck, DNP, RN, CPNP-PC, CNE, CNL*

Human Trafficking is at an all-time historical high, generating more than \$39 billion in annual revenue. The average age of entry is 12-14 years of age and the average life expectancy once in trafficking is only seven years. Up to 87% of victims encounter a healthcare professional without being identified as a victim. This presentation will equip APRNs to recognize signs of human trafficking and to treat common health problems of identified victims.

## **(S28) Disruptive Mood Dysregulation Disorder: A Unique Pediatric Neuropsychopharmacological Approach**

*Dan Matthews, MD*

This presentation will describe the brain dysfunctions which underlie the hallmark symptoms of persistent irritability and frequent, severe explosive anger outbursts in Disruptive Mood Dysregulation Disorder (DMDD). A unique Neuropsychopharmacological treatment to ameliorate these brain dysfunctions will be described. Research demonstrating significant effectiveness will, also be presented.

## **(S29) Polypharmacy for the Geriatric Client**

*Susan Chrostowski, DNP, APRN, ANP-C*

This session provides an overview of the unique challenges related to caring for the geriatric client. Issues of polypharmacy, caregiver competency, and memory impairment will be discussed.

## **(S30) The Modern Practice**

*Veronica Pike, FNP-C*

In this session, I will walk you through how NP practices are using modern technology to serve patients in new ways, and how they are organizing their practices to serve both patients and providers.

**Saturday, September 8, 2018 | 10:15 - 11:15 a.m.**

## **(S31) Hi, I'm Calling about the Patient in Room...**

*Elizabeth Gigliotti, BA, MS, APRN, NP-C, ACNP-BC*

Conference program description: Taking calls at night for both common and acute issues for hospitalized patients can be stressful, especially if the patient is unknown to the provider. This talk will outline an approach for on-call notifications, assessing for early signs of critical illness, and diagnosing and managing problems such as fever, chest pain, and shortness of breath using clinical vignettes.

## **(S32) Dangers of Fainting**

*Jose Villa, DNP, APRN, FNP-BC*

Presentation on the causes of fainting and pathological causes of fainting vs sudden cardiac arrest.

## **(S33) Recognizing and Treating Chronic Venous Insufficiency**

*Kim Giberga, MSN, ARNP, FNP-C, RPhS*

The Framingham study estimated almost 25 million people with Chronic Venous Insufficiency. That's twice the number with Coronary artery disease, 5x the number of people with PAD and more than 5x the number with CHF. Yet, it is underdiagnosed. Learn to recognize the signs and symptoms of Chronic Venous Insufficiency, treatment options, complications and prognosis of this often missed disease.

## **(S34) Evaluation and Treatment of Depression and Anxiety in Primary Care**

*Mikayle Durant, MSN, APRN, PMHNP-BC*

This session explores utilization of various screening tools for depression and anxiety in primary care settings. Evidenced-based pharmacological treatment options with real world scenarios and interactive audience participation will provide for an active learning environment. Participants will have increased awareness of strategies for patient referral when a higher level of care is needed.

## **(S35) Appraising the Evidence: Research, Clinical Trials, and Practice Guidelines**

*Valerie Danesh, PhD, RN, CCRP*

An overview of evidence appraisal techniques that can be applied to research, clinical trials and clinical practice guidelines. Practical application will also include preparing attendees to critically appraise a current clinical practice guideline for relevance and clinical practice use. Attendees will have the opportunity to practice critical appraisal of current clinical practice guidelines.

## **(S36) Billing and Coding**

*Veronica Pike, FNP-C*

Understand how to document a visit; Understand the tools for coding and reimbursement; Understand 'incident to' billing.



**Saturday, September 8, 2018 | 1:15 - 2:15 p.m.**

**(S37) Nurse Practitioners Need to Know: Facts about Near Death Experiences**

*Beverly Byers, EdD, RN, LMT, MTI and Janice Miner Holden, EdD, LPC-S, NCC, ACMHP*

After reviewing the highlights of research conducted on the phenomena of near-death experiences (NDEs) we will review the common characteristics, aftereffects and appropriate responses to a patient that reveals this extraordinary experience.

**(S38) Medication Adherence Issues in the Primary Care**

*Tanja Morgan, DNP, RN, FNP-C*

Discuss direct and indirect medication adherence monitoring methods. Summarize various evidence based methods to improve medication adherence. Discuss considerations that could cause interference with medication adherence.

**(S39) Breaking the Cycle of Intimate Partner Violence: The Role of the Advanced Practice Nurse in Screening for IPV**

*Chris Divin, PhD, RN, FNP-BC*

Breaking the Cycle of Intimate Partner Violence on the U.S.-Mexico Border: Voices of Aging Mexican-American Women

**(S40) Successfully Engaging and Treating Individuals on the Autism Spectrum**

*Jayne Dunlap, MSN, FNP-C*

Have you felt unprepared to navigate health care encounters with patients on the autism spectrum? Learn practical strategies toward successful engagement with individuals with Autism Spectrum Disorder (ASD) and their families to positively impact health trajectories.

**(S41) Caring for the Greatest Generation...Season 2**

*Melanie Richburg, DNP, FNPC*

**(S42) Texas Law and the NP Scope of Practice: What Can I Do?**

*John Gonzalez, DNP, RN, ACNP-BC, ANP-C*

Scope of practice for the nurse practitioner goes beyond the Texas Board of Nursing's nurse practice act and regulations. Additional Texas State laws have an impact on the NP's scope of practice. This session will explore how Texas State laws shape the nurse practitioner's scope of practice.

**Saturday, September 8, 2018 | 2:30 - 3:30 p.m.**

**(S43) Pleural Fluid Analysis: Back to Basics**

*Patrick Laird, DNP, RN, ACNP-BC and Tonya Page MSN, APRN, ACNP-BC*

Pleural fluid analysis aids in determining potential causes of pleural effusion. Diagnostic or therapeutic thoracentesis allows clinicians the ability to sample, visualize, examine microscopically, and quantify pleural fluid for chemical and cellular content. A systematic approach to pleural fluid analysis is essential in formulating a comprehensive differential diagnosis list. This presentation will describe the pathophysiology of pleural effusion, describe common causes of pleural effusion and assist the clinician in differentiating transudative from exudative effusions using systematic approach to fluid analysis.

**(S44) Glioblastoma: Clinical Presentation and Management**

*Ufoma Avbovbo, DNP, APRN, NP-C*

This presentation will describe an overview of Glioblastoma using a case study report. Glioblastoma is a high grade and malignant brain tumor that is very aggressive. Understanding the presenting symptoms, and current standard of care is important in the management of this malignant brain disease.

**(S45) Overcoming Obesity: Current Trends in Obesity Management**

*Susan Bowlin, MSN, ACNP-BC, FNP-BC*

Emerging Medical & Surgical Trends in Obesity Management

**(S46) Pediatric Syncope**

*Mary Hoang, CPNP-AC/PC*

Syncope is common in pediatric patients. What is the current guideline and how to distinguish cardiac from non-cardiac syncope?

**(S47) ICU Survivorship: Breathing Easy?**

*Valerie Danesh, PhD, RN and Nancy Shearey, MSN, FNP-C*

ICU survivors often face post-hospitalization deficits in functional, cognitive, and/or psychological status known as Post-Intensive Care Syndrome (PICS). This session will review the evidence on PICS prevalence and associated outcomes, with a focus on pulmonary implications in the post-ICU setting.

**(S48) What's Up with the Prescription Drug Monitoring Program (PDMP) and Why Do I Need it Now?**

*Jan Zdanuk, DNP, FNP-BC, CNS, APRN, FAANP*

The PDMP is among the most promising state-level intervention to monitor controlled substances prescribing, improve clinical practices, and protect patients at risk. Policies are being implemented to require prescribers to check the system before prescribing controlled substances to prevent polypharmacy and protect public health.

**Saturday, September 8, 2018 | 3:45 - 4:45 p.m.**

**(S49) The Use of Procalcitonin to Improve Antibiotic Stewardship**

*Patrick Laird, DNP, RN, ACNP-BC*

Data show procalcitonin-guided algorithms not only reduce antibiotic usage, but do so without compromising clinical outcomes. At the conclusion of the presentation the attendee will be able to describe the pathophysiology of sepsis and procalcitonin, describe the advantages of using procalcitonin levels in patients with sepsis and septic shock and discuss how the use of procalcitonin measurements may improve antibiotic stewardship.

**(S50) Influenza: What We Need to Know**

*Cindy Weston, DNP, RN, CCRN, CNS-CC, FNP-BC*

This session will discuss the CDC updates on Influenza including lessons from the 2017-2018 season, vaccination, and recommendations for the future.

**(S51) Providing Gender Affirming Primary Care in Family Practice**

*Andie Gersh, RN, FNP-C and Cara Young PhD, RN, FNP-C*

This presentation will offer attendees practical knowledge related to providing gender-affirming primary care through a 'lessons learned' approach. Informed by the processes a small nurse practitioner run family practice undertook to provide gender-affirming primary care, this session will provide an opportunity for discussion related to the multi-level considerations involved in providing quality primary care to the transgender and gender non-conforming community.

**(S52) The Mental Health Crisis on Campus: What Do NPs Need to Know?**

*Kathleen Robylet, DNP, DMN, RN, APRN, PMHNP-BC*

The mental health crisis on campus is growing and suicide is now the second leading cause of death among college students. Nurse practitioners must know how to respond. This session will present an overview of what NPs need to know: the most common mental health problems found among college students; suicide and safety assessment; pharmacological and non-pharmacological treatment methods; criteria for referral; resources; and strategies for treatment in primary care and psychiatric-mental health settings.

**(S53) You've Come Along Way Baby: Pacemakers and ICDs**

*Glenda Dell, MSN, APRN, ACNS-BC*

The first pacemaker was implanted in 1958, and lasted a mere three hours. The first ICD was implanted in 1980, and was a therapy that was not widely accepted, and considered unethical. Fast forward to the 21st century, and learn about new innovations, in device therapy and gain the knowledge to care for patients with these devices.

**(S54) A Win-Win Situation: Improving Healthcare Through Nurse Practitioner Led Innovations in Telehealth**

*Susan Calloway, PhD, RN, FNP-BC, PMHNP-BC, FAANP*

Nurse practitioners have the knowledge and trust of the public to become successful business owners providing services to rural and underserved areas through telehealth. This session will provide the foundational knowledge and resources for nurse practitioners considering the provision of telehealth services.

# POSTER PRESENTATIONS

Friday, September 7, 2018 | 2:15 - 2:45 pm

## **Pituitary Apoplexy: Clinical Presentation and Management**

*Ufuoma Avbovbo, DNP, APRN, NP-C*

This poster presentation will describe an overview of Pituitary Apoplexy (PA) using a case study/ report. The incidence, clinical manifestations/ presenting signs and symptoms, treatment, management, and implications for advance practice providers (APP) will be addressed.

## **Implementation of a Patient Portal to Increase Workplace Efficiency**

*Kylie Bunner, MS, RN, APRN, FNP-C*

Implementation of a patient portal within the primary care office leads to increased patient engagement and decreased workload. Improvement of patient-provider communication will lead to greater workplace efficiency.

## **The Phenomena of Death Bed Visions and Near-Death Experiences**

*Beverly Byers, EdD, RN, LMT, MTI Professor of Nursing & Trissi Guinn, MSN, RN*

Death bed visions (DBV) and near-death experiences (NDE) will be defined and explained. Information includes the characteristics and the differences in DBV and NDE.

## **Breaking the Cycle of Intimate Partner Violence on the U.S.-Mexico Border: Voices of Aging Mexican-American Women**

*Chris Divin, PhD, RN, FNP-BC*

This poster depicts the findings of a qualitative study that explored the intimate partner violence (IPV) experience through the lens of aging Mexican-American women to increase understanding of how their experience and associated sociocultural factors shaped their lives today. The strengths manifested throughout and beyond the IPV experience offer hope and insight not only to health care professionals, but all involved in breaking the chain of violence for future generations.

## **Nurse Practitioner Support for Influenza Vaccination of Healthcare Professionals**

*Laurie Duran, APRN*

Policies mandating influenza vaccination that utilize a Nurse Practitioner consultant to address individual concerns and tailor vaccine administration whenever possible have been successful in protecting healthcare professionals at military hospitals.

## **Trauma Focused - CBT in the Treatment of Substance Use Disorder**

*Tracy Senterfitt, BSN, RN & Ivonne Espinosa, FNP*

TF-CBT use in treating patients with substance abuse.

## **Using CBT in Primary Care to Improve Diabetes Outcomes**

*Ivonne Espinosa, FNP-BC*

CBT in primary care

## **RNs, NPs, & MDs: Can't We All Get Along?**

*Elizabeth Gigliotti, NP-C, ACNP-BC*

This poster shares the results of a qualitative study done on nurse and physician perception of the impact of an acute care nurse practitioner program providing nighttime coverage on medical surgical units in a community hospital after one year.

## **Team Teaching in Online Graduate Nursing Courses**

*Denise Goddard, DNP MSN APRN FNP-C*

Strategies for success in Team Teaching instructional modality in online Nursing courses presented by University Faculty recognized by US News and World Report as one of the BEST Online MSN Programs. Online education is the future for Nursing through flexible learning opportunities that keep nurses in the workforce while pursuing additional education. Team teaching may alleviate the Nursing Faculty shortage. Real life scenarios and best practice recommendations will be presented.

## **Typhoid VS Typhus in Peds Clinic: A Case Study**

*Denise Goddard, DNP, MSN, RN, FNP-C & Priscilla Leibel, RN, BSN*

Case study demonstrates the value of knowledge-based patient screening for rare infectious diseases and the role of the Advanced Practice Nurse. Pediatric Case Study demonstrating the value of knowledge-based patient screening for rare infectious diseases and the role of the Advanced Practice Nurse.

## **Breast Implant-Associated Anaplastic Large Cell Lymphoma (BIA-ALCL): Recognizing the Signs and Symptoms**

*Lynn Grimes, RN, MSN, ANP, AOCNP*

Breast Implant-Associated Anaplastic Large Cell Lymphoma (BIA-ALCL) is a rare disease and is often overlooked due to lack of awareness in the medical community. Early diagnosis and treatment is crucial for positive outcomes.

## **APRN Driven Approach to Patient Centered Care Utilizing a Universal Bed Care Delivery Model**

*Brandi Holcomb, MSN, CCRN, APRN, AGACNP-BC*

This session will explore improved patient outcomes impacted directly by the guidance of acute care nurse practitioners such as decreased length of stay, increased patient and family satisfaction as evidenced by increased patient satisfaction scores, increased continuity of care, improved nursing satisfaction related to lower nurse to patient ratios, and an increased level of confidence from medical staff related to high level of clinical staff expertise.

## **The Role of Race in Genetics and Clinical Practice**

*Ashley Hughes, MSN, APRN, FNP-C & Olubanke Babalola, MSN, APRN, FNP-C, RRT*

The implications of race on genetics and clinical practice

## **Disaster Relief Community Nursing: Outreach Response by UT Health School of Nursing**

*Beverly Gail Hutzler, RN*

Outreach community health nursing providing assistance and relief to areas affected by natural disasters. Through the generosity of others, we are able to find peace in a storm by serving one another.

**Saturday, September 8, 2018 | 9:45 - 10:15 am**

## **Insulin Pump Therapy in 2018**

*Celia Levesque, RN, MSN, CNS-BC, NP-C, CDE, BC-ADM & Deborah McCres, MSN, RN, FNP-BC, CNS, CEN, CFRN, EMT-P*

This poster will cover the current insulin pump technology on the United States market, basic functions of the insulin pump, advantages, disadvantages, candidate requirements, dosage calculations, and common complications while wearing the insulin pump.

## **Resilience in Nurse Coaching Students**

*Lyn McCright, RN, MPH, APRN, AHN-BC, HWNC-BC*

To improve the psychological well-being of nurse coaching students enabling them to become more resilient and create a high performing work environment.

## **Breaking Down Barriers to HPV Vaccination**

*Patricia Obulaney, DNP, APRN, ANP-C & Lydia Madsen & Kristen Ownby, Madsen, PhD, RN, ACNP-BC & Ownby, PhD, RN, ACHPN, AOCN*

Human Papilloma Virus (HPV) is the most prevalent sexually transmitted illness and the Texas HPV vaccination rate is unacceptably low. The APRN needs to take the lead concerning the importance of HPV immunization and increasing vaccine rates in Texas..

## **Evidence-Based Interventions in Global Health**

*Tracey Smith Page, DNP, RN, FNP-BC*

Evidence-Based Interventions in Global Health

## **Utilizing an Advanced Practice Registered Nurse Transitional Home Care Team**

*Sherrie Pierce, DNP, RN, FNP & Dorothy Andrew, DNP, RN, CCM*

To describe the impact of home visits by Advanced Practice Registered Nurses (APRN) on 30 day readmission rates.

## **Developing a Foot Care Clinic in a Homeless Shelter: A Partnership with the Community**

*Kimberly Posey, DNP, RN, AGPCNP-BC*

Developing a Foot Care Clinic in a Homeless Shelter: A Partnership with the Community

## **Provider Collaboration to Improve Pediatric Oral Health Care**

*Doris Poston, FNP-C*

Tooth decay in the pediatric setting can be seen as a window into the overall health of the child and future health implications. Prevention of tooth decay in such a vulnerable population includes public health teaching and reinforcement to parents and caregivers to decrease oral health risk factors.

## **Increasing Prediabetes Awareness and Screening in an Underserved Hispanic Community**

*Miriam Ramos, DNP, APRN, FNP-C*

Prediabetes and diabetes continue to be a major health concern. The purpose of this poster presentation is to increase awareness of and screening for prediabetes with available tools, to prevent or delay the onset of type 2 diabetes in the Hispanic community.

## **Pumped for Pulmonary - A Multidisciplinary Team Approach for Targeting Readmission Risk, Optimizing Inpatient Care, and Anticipating Discharge Needs to Mitigate Readmissions in Patients with Chronic Obstructive Pulmonary Disease (COPD).**

*Elena Ruocco, APRN, FNP-BC, AGACNP-BC*

Chronic Obstructive Pulmonary Disease is a condition associated with frequent hospitalizations and high healthcare costs. In order to reduce hospitalizations in this population a multidisciplinary team approach was utilized employing a standardized care plan for patients with a high risk of readmission.

## **Trauma Focused Screening and CBT with Adolescents Living with HIV in Swaziland: A Student Perspective**

*Monique Straker, RN, BSN PMHNP Student & Dina Brown, RN, BSN PMHNP Student*

TTUHSC faculty and PMHNP students travel to Swaziland, Africa to help implement an evidence-based intervention with HIV infected youth struggling with depression. The goal is to establish mental health services via telehealth.

## **Cultural Considerations in Mental Health Screenings in a Medically Underserved Community in Peru**

*Wendy Thal, DNP, APRN, FNP-C & Anna Jessup, MSN, APRN, FNP-C*

Mental health issues, including depression, are a growing concern globally. A primary care clinic, which included mental health screenings, was offered as part of a weeklong global health excursion to an urban medically underserved community in Peru. A screening tool, PHQ-9, which has been translated into Spanish, was chosen for its ease of use in a mobile clinic setting. The purpose of this interprofessional presentation is to explore the fidelity of the PHQ-9 in a medically underserved community in Peru using case studies and provider insights.

## **Implementing Pharmacogenetic Testing as a Tool to Reduce Polypharmacy in the Long-term Care Setting**

*Josie Tombrella, DNP, APRN, AGPCNP-BC*

The use of multiple medications can be problematic and while deprescribing is an obvious solution, it can be difficult to know which medications are helping and which are harming a patient. Pharmacogenetic testing is an evidence-based tool that can help guide prescribing and deprescribing practices, offering healthcare providers the realization of individualized medication profiles that allow for a more personalized approach to patient care.

**Finding Shelter for the Homeless and Their Animal Companions: Evidence for Policy Change**

*Pamela Willson, PhD, APRN, FNP-BC, FAANP*

This poster reviews homeless facility policy/procedures regarding offering services to individuals with companion animals in Texas. Homeless key informants describe the strengths, weaknesses, opportunities and threats of current policy/procedures. Qualitative descriptive analysis provides the APRN with an understanding of the psychological experience of their patients and offers suggestions for policy change.

**Use of Routine ECG in Sports Evaluations to Identify Potential Risk for Sudden Cardiac Arrest and Death**

*Joanne Woods, DNP, FNP-C*

The purpose of this project was to determine if use of routine ECG in addition to a pre-participation sports evaluation identifies potential risks for SCA more than the pre-participation sports evaluation alone.

# SPECIAL EVENTS

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**Thursday Opening Night  
“Welcome Networking Event”  
Thursday, September 6, 2018  
4:30 – 6:30 p.m.**

Kick-off the 30th Annual TNP Conference by networking with others from your area of the state! Event to be held in the Exhibit Hall.

**TNP Legislative Champions Dinner (LD01)  
Friday, September 7, 2018  
6:30 – 9:30 p.m.**

Enjoy an evening with your friends and colleagues, featuring something new for TNP... an Interactive Song Session to Harness Your Creative Power – don't worry, no musical talent is required. We will create an original “theme song” for the Texas Nurse Practitioners.

***Ticketed Event (\$100) Registration Required***

**TNPF Walk-a-Thon  
Saturday, September 8, 2018  
7:00 – 8:00 am**

Enjoy an invigorating walk on Saturday morning to benefit Texas Nurse Practitioners Foundation (TNPF). Participants are eligible for prizes and will receive a goodie bag. A special prize will be awarded to the walker who raises the most money for TNPF. The district raising the most money for TNPF will be recognized. You are encouraged to commit and collect from sponsors prior to coming to the conference. **Registration is \$15.** If you prefer not to walk please consider making a donation to TNPF. So, come join us and have fun while raising money for TNPF.

***Walk-a-Thon Details:***

*Thank you for helping Texas Nurse Practitioner Foundation fulfill its mission of providing educational opportunities for the advancement of registered nurses in a specialty field that promotes health care access to all people.  
100% of proceeds benefit the Foundation.*

**Living Legends Reception  
Saturday, September 8, 2018  
4:45 –6:00 p.m.  
(Light snacks provided)**

Calling all TNP Members!  
You are cordially invited and won't want to miss the TNP's 30th Anniversary Living Legends Reception. Come roast and toast and share a laugh with our TNP Past Presidents. Stories or photos shared double our joy!

***No ticket required.  
Your presence is a gift!***

# SYMPOSIUMS

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## Thursday Lunch Symposium

**12:00 – 1:00 pm**

*(Limit 200)*

**Sponsored by:** Lilly

**Program Title:** Options in insulin: Basaglar® (insulin glargine injection)

**Program Description:** This program will discuss an insulin glargine option from the Boehringer Ingelheim and Eli Lilly and Company Diabetes Alliance. The presentation will provide information regarding the BASAGLAR clinical profile, as well as dosing and administration. There will also be a discussion on some of the challenges associated with initiating insulin and an overview of BASAGLAR patient resources.

## Friday Breakfast Symposium

**7:15 – 8:15 am**

*(Limit 150)*

**Sponsored by:** Gilead Sciences, Inc.

**Program Title:** CASE-BASED APPROACHES IN HIV PREVENTION: A Focus on Women

**Speaker:** *Brenda Wolfe, RN, MSN, APN, ACRN*  
*Director of Clinical and Educational Initiatives and Family, Planning Nurse Practitioner*  
*Planned Parenthood of Illinois*

**Program Description:** Each year, approximately 40,000 new HIV infections are diagnosed in the U.S and 7,000 are in women. This presentation will introduce important concepts in HIV prevention and review considerations and data unique to women. Additionally, identification of people at risk for acquiring HIV, outcomes of clinical studies and recommended guidelines will be discussed.

# GENERAL SESSIONS

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**Friday, September 7, 2018 | 8:45 – 9:00 am**

**(GS01) Welcome Address**

**Friday, September 7, 2018 | 9:00 – 10:15 am**

**(GS02) Shortcuts to Building Relationships with Patients, Physicians, Partner and Plain Old People**

*Robert Milman and Shana Merlin*

With hands on activities, instant feedback, and practical learning, we tackle the issue of Medical Communication head on. By increasing presence, enabling connection, and improving communication participants learn what it means to be better medical professionals moment to moment. This leads to improved patient care, malpractice reduction, and increased collaboration. Forget the long lectures and workbooks. Merlin Works provides interactive training that is so fun, you won't even notice all the learning we are sneaking in. You'll walk away with an increased ability to communicate effectively, support team members, and maintain high functioning during demanding situations.

**Sunday, September 9, 2018 | 8:00 – 9:30 am**

**(GS03): Legislative Update: Political Landscape & Agenda for the 2019 Session**

We will walk nurse practitioners through the political and legislative landscape for the upcoming session and provide an update on Texas' Interim Charge Committees on healthcare, the implementation status of various bills from 2017 impacting nurse practitioners, and new state and federal regulatory updates on opioids.

**Sunday, September 9, 2018 | 9:45 – 10:45 am**

**(GS04): Jurisprudence for Advanced Practice Nurses in Texas**

*Glenda Joiner-Rogers, PhD, RN, AGCNS-BC*

Nursing jurisprudence is that area of law that is comprised of the legal laws, rules and regulations that exist to ensure patient safety and which affect the practice of Advance Practice Registered Nurses. When these rules and regulations are violated, complaint investigations may be conducted by the Texas Board of Nursing and/or civil or criminal charges may be brought regarding the conduct or decision making of the Advance Practice Registered Nurse and their continued licensure to practice. Advance Practice Nurses should know how to avoid such situations and understand the Texas Board of Nursing investigation process and their legal rights to protect themselves should their practice come under review.

**Sunday, September 9, 2018 | 11:00 am – 12:00 pm**

**(GS05): COPD For Nurse Practitioners**

*Susan Corbridge, PhD, APRN, FAANP*

Cyclin-dependent kinase (CDK) 4/6 inhibition significantly prolongs progression-free survival (PFS) in patients with metastatic breast cancer (mBRCA) whose disease progresses on endocrine therapies. This activity will address the efficacy and safety of CDK4/6 inhibitors and describe how to monitor for and address adverse events (AEs) associated with these agents. It will also review strategies to monitor and improve patient adherence to treatment.



# HOTEL DETAILS

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A block of rooms have been secured at the Sheraton in Dallas.  
**The cut-off for the group rate, based on availability, is [August 13, 2018](#).**

**Sheraton Dallas**  
400 North Olive Street  
Dallas, Texas 75201

**Single/Double - \$169**  
**Triple - \$169**  
**Quad - \$169**

**Make a [Reservation Online](#) or Call 1-888-627-8191 for reservations.**

*Reference Texas Nurse Practitioners or the group code "TNP" to make reservations at the group rate.*

**The cut-off date is [August 13, 2018](#).**

Reservation requests received after the cut-off date will be on availability at the Hotel's prevailing rates. Please remember that Thursday, September 6 will be the Pre-Conference Workshops and the General Conference will be Friday, September 7 through Sunday, September 9 (concluding by noon).

**Check-in:** 3:00 PM  
**Check-out:** 12:00 PM

## **Transportation Info**

### **PARKING:**

Self parking: \$13 daily  
Valet parking: \$31 daily

*There are also other parking options near the hotel.*