TNP’s 31st Annual Conference

NPS Care 4 Texas

September 5-8, 2019
Hilton Austin Hotel
Austin, Texas
From the President

It is with great pleasure and honor to extend to you a warm invitation to attend the 31st Annual TNP Conference, to be held September 5-8, 2019 at the Hilton in Austin.

The theme of the conference is “NPs Care 4 Texas”. As we all know, Nurse Practitioners are a vital part of healthcare delivery in Texas. The vast offerings at this conference are reflective of the impact that Nurse Practitioners have on the delivery of healthcare in Texas. You will find specific tracks for Acute Care, Pediatrics, Women’s Health, Psych/Mental Health, Personal/Professional Development, Geriatric, and Family Practice.

The Hilton Austin, located in the heart of the city, is a perfect venue to celebrate our 31st annual conference and I hope that you will consider coming. Network with colleagues and receive exceptional continuing education that Texas Nurse Practitioners has become known for providing.

Please join us in Austin this September. If you are not already a TNP member, we welcome you to join Texas Nurse Practitioners and receive substantial discounts on your registration. Register now and arrive a day early (Thursday) for phenomenal pre-conference day workshops. If you have an extra PTO day, make time to visit one of the Austin landmarks: Texas State Capitol; LBJ Presidential Library; Bullock Texas History Museum; Lady Bird Lake Hiking Trails; Zilker Metropolitan Park, and the eclectic live music scene on 6th street.

Kind Regards,

Robert Metzger, DNP, APRN, FNP-BC
Texas Nurse Practitioners President 2017 - 2019

Welcome from the TNP 2019 Education Committee

Welcome to the Texas Nurse Practitioners (TNP) 31st Annual Conference in Austin, providing professional leadership and education for Nurse Practitioners!! As you look at the planned conference presentations you will see great diversity in topics as well as sessions which meet the Texas Board of Nursing requirements for CE in Pharmacology (RX), Ethics (E), Jurisprudence (J), Gero (G) and Controlled Substances (CS). We have planned some wonderful pre-conference workshops which provide the opportunity to learn special skills and immerse yourself in areas of special interest.

As has become a tradition, please join us in the Pre-conference Reception on Thursday evening in the Exhibit Hall and gather with other NPs from all over Texas.

Take advantage of the high-quality speakers we have selected to enhance your NP professional and clinical practice. We encourage you to take this opportunity to network, learn and enjoy all of the offerings at the 31st Annual TNP Conference. There truly is something for everyone! We look forward to seeing you.

Sincerely,

Sheri Innerarity, RN, PhD, ACNS, FNP, FAANP
TNP Education Chair

Thank You!

Special Thanks to the 2019 Education Committee

Sheri Innerarity, Chair & TNP Vice President
Elizabeth Gigliotti, Vice Chair
Betty Bautista
Susan Calloway
Henry Guevara
Allison Huffman
Carole Moore
Angel Pina
Kathryn Reveles

Bella Stewart, TNP Education Coordinator
Emily Eastin, TNP CEO
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<th>Date</th>
<th>September 4, 2019</th>
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<tr>
<td><strong>Wednesday</strong></td>
<td>3:00 – 7:00 p.m.</td>
<td>Registration</td>
<td>7:00 a.m. – 7:00 p.m.</td>
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<td><strong>Thursday</strong></td>
<td>7:00 a.m. – 7:00 p.m.</td>
<td>Registration</td>
<td>7:15 – 8:15 a.m.</td>
<td>Exhibit Hall Opens/Silent Auction</td>
<td>7:00 – 12:00 p.m.</td>
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<td>8:30 – 11:45 a.m.</td>
<td>Workshops <em>(break from 10:00-10:15)</em></td>
<td>7:30 – 8:30 a.m.</td>
<td>Saturday Breakfast Symposium <em>(Non-CE) (Limit 150)</em></td>
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<td>12:00 – 1:00 p.m.</td>
<td>Thursday Lunch Symposium <em>(Non-CE) (Limit 200)</em></td>
<td>8:30 – 9:30 a.m.</td>
<td>General Session (GS02): Membership Meeting</td>
<td>8:30 – 9:30 a.m.</td>
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<td>1:15 – 4:30 p.m.</td>
<td>Workshops <em>(break from 3:00 – 3:15)</em></td>
<td>9:30 – 10:00 a.m.</td>
<td>Break/Exhibits/Silent Auction (Non-CE) (Limit 200)</td>
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<td>4:30 – 6:30 p.m.</td>
<td>Welcome Reception in Exhibit Hall</td>
<td>10:00 – 11:00 a.m.</td>
<td>First Breakout Session</td>
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<td>6:45 – 8:30 p.m.</td>
<td>Pre-Conference Board Meeting</td>
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<td>Break/Exhibits/Silent Auction</td>
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<td><strong>Friday</strong></td>
<td>7:00 a.m. – 5:00 p.m.</td>
<td>Registration</td>
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<td>Second Breakout Session</td>
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<td>Friday Breakfast Symposium <em>(Non-CE) (Limit 150)</em></td>
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<td>Lunch Concessions</td>
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<td>7:30 – 8:30 a.m.</td>
<td>Breakfast Concessions/Exhibit Hall Open</td>
<td>12:45 p.m.</td>
<td>Silent Auction Closes</td>
<td>12:45 p.m. – 12:50 p.m.</td>
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<td>8:30 – 8:45 a.m.</td>
<td>Welcome Address</td>
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<td>Third Breakout Session</td>
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<td>8:45 – 10:00 a.m.</td>
<td>General Session (GS01): Engaging the Texas Prescription Monitoring Program to Support Patient Health</td>
<td>2:15 – 2:30 p.m.</td>
<td>Break</td>
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<td>10:00 – 10:30 a.m.</td>
<td>Morning Break in Exhibit Hall, and Silent Auction Opens</td>
<td>2:30 – 3:30 p.m.</td>
<td>Fourth Breakout Session</td>
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<td>10:30 – 11:30 a.m.</td>
<td>First Breakout Session</td>
<td>3:30 – 3:45 p.m.</td>
<td>Fifth Breakout Session</td>
<td>3:30 – 3:45 p.m.</td>
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<td>11:30 a.m. – 12:30 p.m.</td>
<td>Lunch Concessions/Exhibit Hall Open</td>
<td>3:45 – 4:45 p.m.</td>
<td>Esther’s Follies <em>(Ticketed Event)</em></td>
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<td>12:30 – 1:30 p.m.</td>
<td>Second Breakout Session</td>
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<td>1:30 – 2:00 p.m.</td>
<td>Poster Presentations</td>
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<td>Esther’s Follies <em>(Ticketed Event)</em></td>
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<td>Break/Exhibits/Silent Auction</td>
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<td>5:00 p.m.</td>
<td>Exhibit Hall Closes</td>
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<td>Esther’s Follies <em>(Ticketed Event)</em></td>
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<td>6:30 – 9:00 p.m.</td>
<td>TNP Champions Dinner <em>(Ticketed Event)</em></td>
<td>7:30 – 10:30 p.m.</td>
<td>Esther’s Follies <em>(Ticketed Event)</em></td>
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<td>Registration</td>
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<td>Sunday Breakfast Symposium <em>(Non-CE) (Limit 150)</em></td>
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<td>7:30 – 8:30 a.m.</td>
<td>General Session (GS02): Membership Meeting</td>
<td>8:30 – 9:30 a.m.</td>
<td>General Session (GS03): Peeling Back the Layers: A Best Practice Approach to Managing Atopic Dermatitis</td>
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<td>Poster Presentations</td>
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<td>Registration</td>
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<td>Breakfast Concessions</td>
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<td>9:45 – 11:15 a.m.</td>
<td>General Session (GS05): Heart Failure</td>
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<td>General Session (GS05): Heart Failure</td>
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<td>Post-Conference Board Meeting</td>
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For your convenience we have listed the programs within particular tracks that are being offered at the Fall Conference.

Many of the topics are family practice topics, but if you are looking for a track, please see the programs below:

**Acute**: WS02, WS09, F01, F08, F15, F22, S29, S36, S43, S50, S54, S57, S62

**Geriatric**: F05, F12, F19, S26, S33, S40, S54, S61

**Pediatric**: WS03, F04, F11, F18, F24, S32, S46, S53, S56, S60, S63

**Women’s Health**: WS05, F03, F10, F24, S31, S45

**Psych/Mental Health**: WS04, WS08, F11, F25, S32, S38, S39, S60

**Practice/Professional**: F06, F13, F20, F27, S34, S41, S55, S62, GS04

**Hot Topics**: WS05, WS12, F07, F14, F21, S28, S35, S42, S49, S56, S63

In addition, we will include information next to the description if the session includes any of the following hours required by the Board of Nursing.

**Pharmacology (RX)** *(will be noted once AANP approval has been received. This activity is currently pending approval)*

**Controlled Substance (CS)**: WS04, WS08, F17, F23, S38, S41, S55, S59

**Ethics (E)**: F03, F09, F13, S29, S39, S41, S43, S60, S63

**Jurisprudence (J)**: WS08, F07, F20, S34, S35, S41, S44, S48, S55, S59

**Geriatric (G)**: F03, F05, F12, F15, F19, F21, F26, S29, S33, S36, S39, S42, S43, S47, S49, S52, S54, S56, S61

*Please see the following pages of the conference brochure for a description of each workshop and session offered.*
(WS01) Pharmacology Update  
*Amelie Hollier, DNP, FNP-BC, FAANP*
This 2 hour pharmacology update focuses on cost effective prescribing, avoiding common, dangerous drugs, interactions, and safe prescribing in older patients.

(WS02) Basic Suturing  
*Tara Roberts, MSN, RN, ANP-BC, Steve Branham, PhD, ACNP-BC, FNP-BC, ENPNP-C, FAANP, CCRN and Rita Dello Stritto MSN, PhD*
Basic wound closure is a must for the NP in the office, operating room, or emergency department. This workshop will discuss wound healing, multiple types of wound closure with the opportunity for each participant to practice and receive help from experts in the area of suturing in a non-threatening and friendly manner. (Limit 50)

(WS03) Pediatric Management of Type 1 Diabetes  
*Ceila Levesque, MSN, RN, CNS-BC, NP-C, CDE, BC-ADM*
Management of type 1 diabetes can be very difficult to control and mismanagement can result in severe hypoglycemia or diabetic ketoacidosis. Most literature and conferences focus on the management of type 2 diabetes. This lecture will discuss pathophysiology, diagnosis, and current treatment recommendations for type 1 diabetes including intensive insulin management, continuous glucose monitoring, carbohydrate counting, calculating insulin to carbohydrate ratio and sensitivity factor, adjusting insulin doses and preventing acute complications.

(WS04) The “Good Drugs”  
*Justin Scaffa, PMHNP*
This workshop will help you understand the basic pharmacology of marijuana, benzodiazepines, BzRAs and kratom and their pharmacological effects, and address state of evidence for these drugs. This session will also compare and contrast standard treatments for underlying mental health disorders these drugs claim to treat with the above mentioned drugs, and address some current popular culture ideas about these drugs. *(Advanced Content)*

(WS05) Hormone Therapy  
*Teri DeNeui, DNP, ACNP, APRN-BC*
This workshop will present evidence based data regarding the role of the sex hormones: estrogen, testosterone and progesterone, in the primary body systems- cardiovascular, neurological, musculoskeletal, psychological and reproductive. The various hormone prescribing modalities will be reviewed in detail as well as the ethical implications of advanced hormone prescribing. Legal documentation of controlled substances, informed consent and prudent clinical documentation of hormone treatments will be examined.

(WS06) Beyond the Basics: 12 Lead EKG Interpretation  
*Jose Villa, DNP, APRN, FNP-BC*
This is a 12 lead ekg workshop on learning the basics of a 12 lead ekg on what is normal, abnormal, what is considered an emergency, or what is considered a referral?

(WS07) Pain Management with Auricular Therapy/ Auricular Acupuncture  
*Karen Williams, RN, DNP-C, FNP-BC, and Karen Sova, ANP-BC*
Auricular acupuncture has been around for centuries. It is an additional tool for NP’s to utilize when treating patients with complaints of pain. It is easy to learn, safe, effective and cost effective. This is an introductory course on this valuable skill.

(WS08) Safe Prescribing of Controlled Substances  
*Amelie Hollier, DNP, FNP-BC, FAANP*
This 3 hour presentation on prescribing controlled substances will review the pertinent federal law associated with prescribing controlled substances and highlight safe and unsafe prescriber habits using clinical scenarios.

(WS09) Basic Suturing  
*Tara Roberts, MSN, RN, ANP-BC, Steve Branham, PhD, ACNP-BC, FNP-BC, ENPNP-C, FAANP, CCRN and Rita Dello Stritto MSN, PhD*
Basic wound closure is a must for the NP in the office, operating room, or emergency department. This workshop will discuss wound healing, multiple types of wound closure with the opportunity for each participant to practice and receive help from experts in the area of suturing in a non-threatening and friendly manner. (Limit 50)

(WS10) Chosing and Managing Insulin Therapy  
*Heather Cuevas, PhD, RN, ACNS-BC, FCNS and Lisa Sumlin, MSN, PhD*
Choosing and managing insulin therapy can be challenging not only to the patient but to the provider as well. There are currently a number of blood glucose monitoring devices and insulin options. To know which device or which insulin option is best for your patient can be a daunting task. This workshop is designed to help clarify and simplify choosing and managing insulin therapy. Through case studies this workshop will cover some of the strategies for blood glucose monitoring and the best modality as well as initiating and managing insulin therapy with your patients.

(WS11) Imaging for the Advanced Practice Provider: What to Order When  
*Robert Milman, MD*
This workshop will discuss the role of imaging in the workup of common complaints, compare multiple imaging modalities, and examine how value based care principles apply to medical imaging.

(WS12) Antibiotic Review  
*E. Monee’ Carter-Griffin, DNP, RN, ACNP-BC*
Antibiotics are one of the most commonly used modern modalities to treat patients and when utilized correctly have the capacity to be life-saving. Unfortunately, in the clinical setting literature has demonstrated incorrect antibiotic selection in commonly treated bacterial infections. This review will aim to enlarge the clinical perspective and enhance the understanding of antibiotic therapy for the treatment of bacterial infections.
(WS13) Surviving an Active Shooter/Stop the Bleed
Scott Barnwell Sgt, Jose Reveles, Jr. Sgt, and Bobby Sellers
Hostile Intruder (Active Shooter) Response is an important skill given the world we live in now. The workshop will give participants the ability to identify behaviors of concern (often the initial warning of an event), recognize a hostile intruder event, formulate a plan, and adapt to the response based on the environment as needed. Participants will have the opportunity to practice formulating the plan and discussing how to assist others responses during an event.

(WS14) Pain Management in the Family Care Setting: Mitigating Risks
Kelley Pennell, DNP, APRN, ACNS-BC and Graves Owen, MD
This conference workshop is designed to target Nurse Practitioners practicing in the Primary Care environment initiating treatment of pain syndromes. The information is designed to inform and update the audience regarding best practices.
Friday, September 6, 2019 | 10:30 - 11:30 a.m.

(F01) Complex Cases in Acute Care
E. Monee’ Carter-Griffin, DNP, RN, ACNP-BC
The complexity of hospitalized patients has increased over the years requiring advanced knowledge to identify the etiology for admission. Nurse practitioners have become a part of the teams caring for this complex patient population. This is a case study presentation utilizing four patient scenarios with advanced conditions and complex cases. (Advanced Content)

(F02) Precision Medicine: Pharmacogenomics in Clinical Practice
Joanna Guenther, PhD, RN, FNP-BC, CNE
Nurse practitioners can enhance patient care and outcomes by adopting a precision medicine approach to patient care through effective implementation of genetic test results. Lack of familiarity with genetic tests is often a barrier to its implementation. This session aims to present information regarding pharmacogenomics and its implementation.

(F03) Beyond Screening: The Role of the APRN in Universal Education and Intimate Partner Violence
Chris Divin, PhD, RN, FNP-BC
Intimate partner violence (IPV) is a serious preventable public health problem that affects one in three women worldwide and jeopardizes the health of all involved. Although screening for IPV is recommended, studies have shown that some providers may lack the necessary training or comfort level in asking about IPV and even if patients are screened, various factors often affect honest disclosure. This session will explore some of the barriers to screening and provide an opportunity to share some practical suggestions for incorporating universal education in regards to IPV into your clinical settings.

(F04) Chest Pain in Children: It’s Not All Heart
Cathy Woodward, DNP, FNP, PNP-AC
Chest Pain in children is a common and, most likely, benign complaint. Differentiating between serious, life threatening chest pain and non-serious pain is important for the NP in a primary clinic or emergency department. This program will discuss the common and not so common causes of chest pain with an emphasis on recognizing the warning symptoms of potentially life threatening causes of chest pain in children.

(F05) The In’s and Out’s of Geriatric House Calls
Maureen Beck, DNP, RN, GNP-BC
This course is a primer on geriatric house calls. Preparation, management, and billing will be discussed.

(F06) Beyond the clipboards: Medication Practices, Take a Seat at the Table
Julie Boytim, DNP, CRNA
Move past the clipboards, and come take a seat at the table. You, the APRN, are integral to leading changes in medication practices and improving patient outcomes. Regulators are actively discussing the causes of medication errors (ME), and implementing guidelines to improve care. It is time for APRNs to appreciate the causes and impact of ME, and become leaders in medication practice improvement. Without a seat at the table, we cannot ensure that new regulation effectively promotes patient safety and optimizes patient care.

(F07) Texas Law and the NP Scope of Practice
John Gonzalez, DNP, APRN, ACNP-BC, ANP-C
Scope of practice for the nurse practitioner goes beyond the Texas Board of Nursing’s nurse practice act and regulations. Additional Texas State laws have an impact on the NP’s scope of practice. This session will explore how Texas State laws shape the nurse practitioner’s scope of practice.

Friday, September 6, 2019 | 12:30 - 1:30 p.m.

(F08) Decoding the CBC: When to Refer
Jill MacPherson, DNP, RN, FNP-BC, AOCNP
This session will review evaluation and interpretation of CBC results and common medical conditions associated with CBC abnormalities.

(F09) Addressing Uncivil Conversations and Aggressive Behaviors
Patricia Obulaney, DNP, RN, ANP-C
Incivility from peers, patients, and families is unfortunately becoming too common in health care settings. Nurses have encountered aggressive behaviors from fellow nurses, other health care providers, patients, families, and visitors in the workplace. This presentation will address recognizing and dealing with aggressive conversations and hostile behaviors.

(F10) The New Pregnancy and Lactation Labeling Law: Implications For Your Practice
Lynda Jarrell, DNP, RN, FNP-BC, CNE
In 2015, the Food and Drug Administration (FDA) published the Pregnancy and Lactation Labeling Rule (PLLR). All drug companies must be compliant by 2020. This presentation will discuss the new labeling rules and the implications for practice.

(F11) Mental Health in Pediatric Primary Care
Stephanie Key, MSN, RN, CPNP-PC
Mental health concerns are common in pediatric primary care. Do you feel competent to assess, screen, and manage your child and adolescent patients who struggle with mental health concerns? This program discussion will review the evidence-based screening tools, brief interventions, and management in the primary care setting.

(F12) The CPAP Resistant Patient
Martin Denbar, DDS
This session will discuss the CPAP resistant patient using an interface to combine CPAP and oral appliance therapy without the typical headgear. (Advanced Content)
(F13) Workplace Violence: What Nurses Need to Know  
Amanda Simonton, MSN, RN, PMHNP-BC  
Workplace violence (WPV) is a significant problem in healthcare. The purpose of this session is to define and discuss the types of WPV nurses and APRNs face, identify patient care areas with the highest risk of WPV, describe the signs patients may exhibit warning of impending violence, and explain methods to promote safety in healthcare settings.

(F14) Rheumatology Review and Update  
Susan Chrostowski, DNP, APRN, ANP-C  
This session provides a rheumatology refresher for nurse practitioners who encounter rheumatology/autoimmune conditions in their practice. The session will focus on distinguishing inflammatory versus non-inflammatory types of arthritis and the various anti-rheumatic treatments that are now available. There will be discussion of common presentations for rheumatic disorders, as well as guidelines for ordering and interpreting rheumatology laboratory studies.

Friday, September 6, 2019 | 2:00 - 3:00 p.m.

(F15) Optimizing Patients for Surgery  
Diane St. Pierre, RN, MSN, ACNP-BC  
Same day cancellations are costly for hospitals, as are surgical site infections and other post operative complications. Here we explore how a county hospital optimization program improved outcomes and reduced cancellations. (Advanced Content)

(F16) Inflammatory Markers: When and What to Order and What to Do With the Number  
Cathy Woodward, DNP, FNP, PNP-AC  
Inflammatory markers can aid the NP in treatment decision making for patients presenting with illness of unknown etiology. This program will help the NP decide which marker is the correct to order and how to interpret the findings. (Advanced Content)

(F17) The Buprenorphine Team: MAT for Patients hospitalized on Medical and Surgical Wards  
Richard Bottner, PA  

(F18) Early Recognition and Management of Pediatric Sepsis  
Virginia Young, MSN, RN, PCNS-BC  
Will discuss the most recent definitions on the sepsis continuum, early recognition of sepsis and an evidenced based treatment plan. Case studies will be presented.

(F19) Role of Cardiac Monitoring in Prevention of Cryptogenic Stroke  
Rose Paul Bagh, DNP, APRN, CCRN, RNFA, FNP-BC, AGACNP-BC  
Session will discuss the concept of Cryptogenic Stroke and its relationship with Cardiac Arrhythmia. Cardiac embolism secondary to occult paroxysmal atrial fibrillation (PAF) is considered a common cause of Cryptogenic Stroke. Ability to detect possible etiology of stroke has profound implications in terms of treatment strategy and reduction of risk of further stroke. Session will discuss causes of Cryptogenic Stroke, role of cardiac monitoring and early detection of occult atrial fibrillation to prevent recurrence of stroke.

(F20) The Future is Now: How to Implement Telehealth into Your Practice  
Verónica Pike, FNP-C  
In this session, we will explore how to improve patient outcomes, customer experience, increase revenue, and improve your lifestyle by implementing telehealth into your practice. (Advanced Content)

(F21) Antibiotic Mini Review  
E Monee’ Carter-Griffin, DNP, RN, ACNP-BC  
Antibiotics are one of the most commonly used modern modalities to treat patients and when utilized correctly have the capacity to be life-saving. Unfortunately, in the clinical setting literature has demonstrated incorrect antibiotic selection in commonly treated bacterial infections. This review will focus on the most common drug classes, spectrum of activity, and indications for prescribing.

Friday, September 6, 2019 | 3:30 - 4:30 p.m.

(F22) Diagnosis and Management of Hematologic and Oncologic disorders for the Advanced Practice Provider  
Eliezer Bose, PhD, APRN, ACNP-BC  
This presentation will review the diagnosis and management of hematologic and oncologic disorders for a beginning advanced practice provider. We will describe and compare platelet destruction disorders, different anemias, hematologic malignancies and plasma cell disorders. We will use case studies to illustrate presented content in the clinical setting.

(F23) Obesity and Medical Management  
Sandy McCoy, RN, MSN, FNP-BC  
This session will explore the complexities of obesity and the approved pharmacological treatments and applications through case studies. (Advanced Content)

(F24) Improving the Care of Adolescent and Young Adult Females with Polycystic Ovary Syndrome in Primary Care  
Cara Young, PhD, RN, FNP-C and Maria Monge, MD  
This presentation will provide attendees with the most up-to-date evidence related to medical management of polycystic ovary syndrome (PCOS) as well as findings from a pilot randomized control trial testing an innovative mindfulness-based healthy lifestyle intervention for adolescents with PCOS.

(F25) A Double-edged Sword: Managing Comorbid Chronic Illness & Depression  
Susan Calloway, PhD, FNP-BC, PMHNP-BC, FAANP  
Three chronic conditions will be examined; cardiovascular disease which is the leading cause of death in the U.S., diabetes with an ever increasing prevalence due to obesity and a sedentary lifestyle and chronic pain often due to arthritis which leads to drug seeking, isolation and limited physical activity. Evidence will be presented on the impact of depression on health outcomes, quality of life and the analysis of medications given in these conditions which may contribute to worsening depressive symptoms. Strategies for the nurse practitioner in recognizing and treating depression will be presented.
Kim Giberga, MSN, ARNP, FNP-C, RPhS
This discussion will focus on the community based mineral, or supplement product daily, but what does the current supplements and more than half of all adults take at least one vitamin Our country spends $30 billion annually on vitamins and

Kim Giberga, MSN, ARNP, FNP-C, RPhS
(S33) The Geriatric Patient: Supplements and Interactions: An Evidenced Based Review
Kim Giberga, MSN, ARNP, FNP-C, RPhS
Our country spends $30 billion annually on vitamins and supplements and more than half of all adults take at least one vitamin mineral, or supplement product daily, but what does the current evidence say? This discussion will focus on the community based

Kim Giberga, MSN, ARNP, FNP-C, RPhS
(S34) What do you Mean I Made a Mistake? Preventing Cognitive Error in Your Practice
Elda Ramirez, PhD, RN, FNP-BC, ENP-C, FAEN, FAANP, FAAN Preventing cognitive error in NP practice.

Kim Giberga, MSN, ARNP, FNP-C, RPhS
(S35) Jurisprudence for Advanced Practice Nurses in Texas
Glenda Joiner-Rogers, PhD, RN, AGCNS-BC Nursing jurisprudence is that area of law that is comprised of the legal laws, rules and regulations that exist to ensure patient safety and which affect the practice of Advance Practice Nurses. When these rules and regulations are violated, complaint investigations may be conducted by the Texas Board of Nursing and/or civil or criminal charges may be brought regarding the conduct or decision making of the Advanced Practice Nurse and their continued licensure to practice. Advanced Practice Nurses should know how to avoid such situations and understand the Texas Board of Nursing investigation process and their legal rights to protect themselves should their practice come under review.

Kim Giberga, MSN, ARNP, FNP-C, RPhS
(S36) Wound Management From the Office to the ICU
Lisa Ginapp, MSN, APRN, AGANCNP-BC, WCC, DWC, OMS Most healthcare providers are not well equipped with knowledge of wound care or access to specialists. Wound Management From the Office to the ICU will provide learners with assessment and decision making skills to feel more confident in starting treatment for patients with acute and chronic wounds. Correct identification, documentation and treatment of wounds is essential for patient care in all arenas. This program will provide case studies to review with evidence based guidelines to improve your practice. (Advanced Content)

Kim Giberga, MSN, ARNP, FNP-C, RPhS
(S37) Changing Strategies for Diabetes Education: Improving Rural Community Access with Telehealth
Mia Painter, MSN, FNP-C
The interactive breakout session will address telehealth as an innovative strategy to improve care access and patient outcomes by providing diabetes self-management education in a rural community. The target audience includes healthcare clinicians/practitioners, administrators, payers, and policy/government relations.

Kim Giberga, MSN, ARNP, FNP-C, RPhS
(S38) Marijuana: Medical Use, Recreational Use, Complications and Interactions
Kim Giberga, MSN, ARNP, FNP-C, RPhS
22.2 million people reported they have used marijuana in the last month in a recent survey and while more than half adults have tried it in the past, 44% of those adults continue to use marijuana. As prescribers, it is important to understand the uses for medical marijuana, how it interacts with other medications, and potential complications. CBD oil and emerging research will be discussed as well.
(S39) Improving Spiritual Health Through Intentional Screening and Targeted Interventions in Primary Care
Erika Benfield, DNP, RN, FNP-C
We will explore ways to address current practice gaps for screening for distress in the primary and acute care settings as an initiative to address the growing suicide epidemic. We will review a translational approach for screening and the facets of individual intervention that lead to success. (Advanced Content)

(S40) COPD: The Who, What, When, and Why of Management
Patrick Laird, DNP, RN, ACNP-BC, NEA-BC
Chronic obstructive pulmonary disease (COPD) is a common respiratory condition characterized by persistent respiratory symptoms and airflow limitation which is not fully reversible. COPD is associated with high morbidity and mortality resulting in significant resource utilization resulting from frequent provider visits, repeated hospitalizations due to acute exacerbations, and the need for long-term therapy. This presentation will discuss the pathophysiology of COPD, describe the role of pulmonary function tests in the diagnosis of COPD, and discuss the comprehensive management of patients with acute COPD exacerbations.

(S41) Effective Use of the Prescription Monitoring Program
Linda Yazdanshenas
This program will provide a review of The Prescription Monitoring Program in Texas and its move to the Texas State Board of Pharmacy; and How to use the Prescription Monitoring Program to assist in making clinical decisions when dispensing controlled substance prescriptions.

(S42) Polypharmacy Among Geriatric Patients
E. Monee' Carter-Griffin, DNP, RN, ACNP-BC
The elderly represent a growing population in the US. Chronic illness is common among the elderly with estimates of 77% having at least two chronic diseases. As a result, polypharmacy is common with the potential for negative outcomes. This is a case study presentation on the potential problems with polypharmacy and its impact in specific diseases.

(S43) Hidden Dangers of Syncope
Jose Villa, DNP, APRN, FNP-BC
This is a conference presentation on the suspecting causes of syncope that may lead to sudden cardiac arrest, ekg and physical exam findings to help NPs identify the dangers of fainting.

(S44) Diagnostic Difficulty and Errors in Primary Care
Mahesh Pillai, MSN, AGNP-C
Studies show that one in ten diagnoses are wrong and these diagnostic errors lead to 40,000 to 80,000 deaths annually. The importance of sound clinical skills and cognitive understanding of pathophysiology to counter difficulties and to minimize errors will be discussed with the audience.

(S45) STDs: Is this What I Think it is?
Shelagh Larson, DNP, WHNP-BC, NCMP
STI are at a rate of all time high. Due to cuts in funding, many clinics that normally see these patients are closed. That leaves these patients coming to you. Do you know the latest treatments? Do you know about EPT: expedited partner therapy? Partner treatment is the standard of care by law and Texas Board of Nursing. Come get the latest lowdown on the down low!

(S46) Adolescents, Vaping, & Juuling: What You Need to Know
Kathryn Reveles, PhD, DNP, APRN, CPNP-PC
What you need to know to discuss e-cigarettes, vapes, and juuling with your adolescent patients.

(S47) Nutrition as Primary Prevention of Diseases of Aging
Michael Roussell, PhD
This talk will delve into the use of nutritional interventions for the primary prevention of diseases of aging. (Advanced Content)

(S48) Wading the Muddy Waters of Nursing and Medical Peer Review
Janet Sumner, PhD, RN, CPNP
This session will differentiate between nursing and medical peer review and describe how the NP can impact the processes.

(S49) Management of Type 1 Diabetes in 2019
Celia Levesque, MSN, RN, CNS-BC, NP-C, CDE, BC-ADM
Management of type 1 diabetes can be very difficult to control and mismanagement can result in severe hypoglycemia or diabetic ketoacidosis. Most literature and conferences focus on the management of type 2 diabetes. This lecture will discuss pathophysiology, diagnosis, and current treatment recommendations for type 1 diabetes including intensive insulin management, continuous glucose monitoring, carbohydrate counting, calculating insulin to carbohydrate ratio and sensitivity factor, adjusting insulin doses and preventing acute complications. (Advanced Content)

Saturday, September 7, 2019 | 2:30 - 3:30 p.m.

(S50) Post Operative Supplementary Motor Area Syndrome: Clinical Presentation and Management
Ufionna Avbovbo, DNP, RN, NP-C
Supplementary Motor Area Syndrome (SMA) is a neurosurgical syndrome that can occur after surgical resection of the SMA. SMA syndrome involves speech impairment, and contralateral weakness postoperatively. This presentation will describe an overview of SMA syndrome using a case study, clinical manifestations, preoperative imaging, postoperative signs and symptoms, treatment and management, and implications for advanced practice providers.

(S51) The Nuts and Bolts of Obesity Management
Jennifer Kucera, RN, CURN, MSN, FNP-C
This presentation will review the defining characteristics, diagnostic criteria, and clinical components of obesity management. This presentation will also highlight what one clinician has done in her practice to provide successful obesity care in a Family Practice/Primary Care setting.

(S52) Low Back Pain in the Adult Patient
William Crowe, FNP-BC
This session will discuss the impact of low back pain on the healthcare system, and will describe the top causes of low back pain.
(S53) Pediatric Celiac Disease
Kathryn Reveles, PhD, DNP, APRN, CPNP-PC
Celiac disease in the pediatric population is more common than first thought. Knowing the appropriate diagnostic steps and management of the disease is essential for healthcare providers.

(S54) Why this Medication? A Guide to Anti-Arrhythmic Drugs for Atrial Fibrillation
Glenda Dell, APRN, ACNS-BC
Atrial fibrillation is the most common sustained cardiac arrhythmia, with an increase in prevalence, and incidence with age. There are many options of anti-arrhythmic medications. Learn why these medications are chosen, as well as monitoring recommendations, for following patients, on these medications in your practice.

(S55) DEA MAT Regulations - Demystifying DEA's Role & Implementing a Zero Risk Program
Dennis Wichern
This is a one hour class linking DEA’s, FDA’s and SAMHSA’s authority as it relates to MAT along with national studies, risk mitigation strategies, patient limits, criminal and civil case studies, emerging issues, urine drug screens, common FAQ’s, law enforcement & provider partnerships, and preparing for a DEA audit. The goal of the course is to alleviate provider concerns regarding DEA relative to MAT.

(S56) The Who, What, and When of Immunizations: An Update on Adult and Childhood Vaccinations
Holly DiLeo, PhD, RN, FNP-BC,
This presentation will provide the background needed to increase the provider’s knowledge and understanding regarding the current vaccine recommendations for adults and children; placing them in a position to educate their patients about the importance of being vaccinated.

Saturday, September 7, 2019 | 3:45 - 4:45 p.m.

(S57) Shortness of Breath Has You Blue? Here is What to Do
Elizabeth Gigliotti, BA, MS, NP-C, ACNP-BC
Acute respiratory distress and failure occurs frequently in hospitalized settings and is one of the most common triggers for rapid response emergencies and transfer to higher level of care. In this session, clinical manifestations and causes of respiratory failure will be discussed as well as management with noninvasive ventilation (CPAP vs BPAP) or oxygen supplementation given specific clinical scenarios (COPD, pulmonary edema, asthma, etc.).

(S58) Successful Diabetes Management in Primary Care
Vanessa Bolyard, DNP, APRN, FNP-C
Develop an understanding of the various medication classifications for diabetes and explore different successful treatment options for diabetics. (Advanced Content)

(S59) Auricular Therapy: Is there a Place for it in Your NP Tool Kit?
Karen Williams, RN, DNP-C, FNP-BC, and Karen Sova, ANP-BC
Pain is a very common complaint and will quickly reduce quality of life. In this day of opioid abuse and polypharmacy, NP’s who are on the frontlines in primary care, need alternatives that do not cause more side effects. Auricular acupuncture is easy to learn, safe, effective and cost effective. (Advanced Content)

(S60) Re-framing the Approach to the Diagnosis and Treatment of Borderline Personality Disorder in Adolescents
Dan Matthews, MD
This presentation will describe the identified brain dysfunctions contributing to the symptoms/traits that define the diagnosis of Borderline Personality Disorder (BPD). Unique neuropharmacological and manualized psychotherapeutic interventions have been developed to better address the specific symptoms/traits present in patients with BPD. Given these new developments, a new movement to diagnose BPD in adolescents has gained momentum, thus allowing earlier intervention with the hope that the prognosis for this disorder will be significantly improved. The literature over the last 10 years regarding the diagnosis and treatment of BPD will be summarized. (Advanced Content)

(S61) Delirium in Acute Care: What Can We Do?
Kathleen Cox, PhD, DNP, APRN, ACNP-BC
This presentation will enable participants to differentiate types of delirium and delirium “mimickers”; incorporate delirium assessments into regular nursing care; assess ways to utilize various screening instruments with existing hospital protocols; and apply delirium prevention and treatment strategies in acute settings.

(S62) Medication Management for Nurse Practitioners: Protecting Yourself from Liability
Lynn Pierce, BSN, RN
This session will enable Nurse Practitioners to understand the nature of malpractice claims through the exploration of current claims data. We will review the nature of medication related claims, injuries and outcomes from both a risk and fiscal perspective.

(S63) Human Trafficking: Achieving Core Competencies and Implementing Organizational Protocols
Jessica Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP
87% of trafficking victims have encountered a healthcare professional up to nine times during their captivity without being identified. Potential victims can present in any clinical setting. As the most trusted health care providers, APRNs are frontline responders and should be equipped to identify and treat victims. This session will equip NP-leaders to help implement organizational protocols to maximize health outcomes.
Global Health in Eswatini, Africa
Linda Bostwick, FNP-BC
This presentation will describe the experience of one family nurse practitioner who spent 10 months in Eswatini, Africa, as visiting faculty for the first master’s level family nurse practitioner program in the country. She went as a volunteer with Peace Corps/Seed Global Health. She will discuss some of the opportunities and challenges and address some of the ethical questions related to global health.

Imposter Syndrome: Are You a Victim?
Kathryn Ellis, DNP, RN, ANP-BC, FNP-BC, FAANP and Kenneth Lowrance DNP, APRN, CNS, FNP-BC, NEA-BC, FAANP
Have you ever felt that the successes you have achieved in your educational and/or professional trajectories are not authentic? Do you believe your accomplishments are due to sheer luck or coincidence rather than hard work? If so, you may be a victim of Imposter Syndrome. This presentation provides an in-depth understanding of this phenomenon, provides you an opportunity for self-assessment of imposter characteristics, and provides an array of effective strategies to deal with this situation.

Diabetes Update 2019
Ethany Howden, MSN, RN, FNP-C
Stressed with the onslaught of new guidelines this year? This discussion provides an overview of what everyone ought to know about the new 2019 updates to diabetes management guidelines from the American Diabetes Association and the American Association of Clinical Endocrinologists/ American College of Endocrinology.

Improving Disaster Readiness of Interprofessional Health Care Students by Utilizing Realistic Simulation Scenarios
Deborah McCrea, EdD-C, MSN, RN, FNP-BC, CNS, CEN, CFRN, EMT-P
Shared lessons learned about educational curriculum and strategies utilized to prepare inter-professional health care students to fully participate in the National Incident Management systems (NIMS) Disaster Exercise and know what to expect of the roles of student leaders in the area of Decontamination, Triage, Treatment, Transport, Hospital and Morgue.

PHQ-9 in the Latin American refugee population
Anna Jessup, DNP, APRN, FNP-C & Wendy Thal, DNP, APRN, FNP-C, APHN-BC
PHQ-9 screening a discussion if it is culturally competent in the refugee Latin American population once they have migrated to the United States.

Considering IV Blood Draw
Megan King, BSN, RN
Patients present to the emergency department (ED) everyday requiring an IV and blood work. In some EDs it is policy for a patient to have separate venipuncture for blood work and IV placement. This practice can result in unnecessary discomfort for the patient. The CDC reported 141.4 million visits to the ED in 2017 with 11.2 million patients admitted to the hospital as a result of the ED visit. All of these patients potentially need multiple venipunctures for blood work and IV placement. The purpose of the study is determine whether using an IV to obtain a blood sample in patients of all ages decreases the patient discomfort more.

Barriers to Accessing Mental Health Care
Aubrey Kirchoff, MA, BS, LPC, RN
Learn about the biggest barriers that patients face while seeking psychiatric care and the most evidenced-based methods of combating these barriers.

An Effective Alternative to Antipsychotic Use in Long Term Care
Elizabeth Long, DNP, APRN, GNP-BC & Michelle Dionne-Váhalík, DNP, RN
A large percentage of patients with dementia experience some type of agitation, psychosis, or disordered mood. This may contribute to decreased quality of life for patients and families and have significant economic impact on the health care system. Although not approved by the Food and Drug Administration, antipsychotics are often used to treat agitation and psychosis in older adults with dementia. Evidence shows an increased mortality rate and side effects with the use of these agents. Music and memory interventions, incorporating a personalized music list, are repeatedly and consistently showing improved patient outcomes with decreases in agitation and antipsychotic use in long term care settings.

The Effects of an Evidence-Based Dilation Protocol on Missed Dilations
Gail Morrell, DNP, MSN, FNP-BC
The purpose of this project was to decrease the number of missed pupillary dilations to 2% or less of all patients requiring dilation, through the implementation of an evidence-based dilation protocol. Through the use of this protocol, a statistically significant outcome was achieved.

Use of a Clinic-Based Skin Cancer Prevention Bundle to Promote Sun-Protective Behaviors in Patients at Moderate to High Risk for Skin Cancer
Elizabeth Petitt, DNP, RN, FNP-C, DCNP
In adult dermatology clinic patients age 20-65 at moderate to high risk for skin cancer (P), does a clinic-based skin cancer prevention bundle (I), through comparison of pre- and post-intervention Sun Protection Habits Index (SPHI) summary scores and sunburn frequency (C), affect the proportion of participants using SPBs and reporting sunburn (O) over a two-month period (T)? The poster will report project methodology, and outcomes, as well as potential implications for clinical practice.

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A Quality Improvement Project to Increase Patient Portal Enrollment and Utilization in At-Risk Women Living with HIV
Erica Plimpton, DNP, MPH, RN, FNP
A DNP project focused on increasing patient portal enrollment and utilization at an HIV primary care clinic in Dallas, TX. Women identified as at-risk for poor engagement in care were targeted and enrolled in a patient portal system to enhance engagement and retention in care.

Integrated Care for Hispanic Individuals with Serious Mental Illness and Type 2 Diabetes
Kendall Wines, APRN, FNP-C
This poster will appraise the current evidenced based data on Hispanic individuals with serious mental illness (SMI) and type 2 diabetes in a South Texas community. As well as discuss intervention strategies implemented to provide integrated care to Hispanic individuals with SMI and type 2 diabetes using the Plan-Do-Study-Act cycle, and examine the strengths and limitations of a DNP capstone project.

Genetic Screening Intervention: Identifying Carrier Status with a History of Cancer
Rose Saldivar, DNP, APRN, FNP-BC & Rebecca Urbanovsky, MSN, APRN, FNP-BC
This poster will identify who meets criteria for genetic testing, why testing is important, and what will be learned from the information received from the test.

Synchronizing Patient-Centered Care and Collaborative Care
Mariya Tankimovich, DNP, MSN, APRN, FNP-C, CNE
This poster will show where Patient-Centered Care and Collaborative Care are in theory/practice, where PCC and CC are not synchronized, and suggest strategies for dovetailing PCC and CC. It will then identify dovetailing strategies pertinent to NPs.

Should Nurse Practitioners Have Professional Liability Insurance?
Kendall Wines, APRN, FNP-C
The purpose of this poster is to clarify all of the confusing aspects of professional liability insurance for nurse practitioners in the state of Texas.

Saturday, September 7, 2019 | 9:30 - 10:00 am

Incorporating Weight Management Into Your Practice
Susan Bowlin, MSN, APRN, FNP-BC, ACNP-BC, CBN
Obesity rates increase in the US every year and is now the #1 preventable cause of death. Recognizing obesity as a chronic disease that requires ongoing treatment is the first step to helping patients but where do we go from there? This session will help you break down the steps to effectively incorporate weight management into your everyday practice.

Cannabidiol (CBD): Miracle or Hype?
Kimberly Posey, DNP, APRN, AGPCNP-BC, GS-C
This one hour presentation aims to update the Nurse Practitioner’s current knowledge about cannabidiol (CBD) to allow an informed dialogue with patients. Nurse Practitioners need to understand the changing landscape around CBD with a practical knowledge on legal issues surrounding CBD products, pharmacological actions and effects, potential medical uses, and available preparations. A review of literature regarding the clinical uses of CBD will be discussed.

Improving Patient Access
Annette Bacon, DNP & Joaana Glaze, MSN and Catherine McCaffity, MS
This poster will discuss current practice with appointment settings, Call Center development and education, as well as Outcomes-Patients, Call Staff Associates, Providers.

Alarming Silence - The Effect of Decreasing Alarms in the Adult Critical Care Setting
Laurie Beall, BSN, RN, ACNP-DNP
This poster will discuss adjusting alarms to prevent provider fatigue while not compromising patient safety.

Preventing Unnecessary Re-admissions in Recently Discharged Rural Patients: The Power of Collaboration
Denise Black, MSN, APRN, ACNS-BC & Erica Francis, MSN, FNP
An APRN led Transitional Care Clinic was designed to decrease preventable readmissions to the hospital and ED by providing care to patients who are high risk for readmission within 30 days post discharge. We have been able to correlate when referrals to the TCC went down, readmissions went up and conversely when referral rates increased, readmissions decreased.

The Power of Presence: The Nurse-Patient Relationship
Linda Bostwick, FNP-BC
This poster will discuss the concept of presence in the nurse-patient relationship, ingredients of presence, how presence leads to healing, and implications for nursing.

Understanding the Rural Healthcare Delivery Systems
Vicki Brooks, DNP, APRN, FNP-BC
This poster will explain how NP’s fit into rural healthcare systems, and identify barriers and benefits of rural health systems.

APRN Perceptions following PM-DNP Education
Brittany Christiansen, DNP, APRN, CPNP-PC/AC, FNP-C, AE-C
This poster will discuss perceptions of role and practice changes for APRNs who obtain PM-DNP education.

Autism Screening and Management Practice of Primary Care Nurse Practitioners
Julie Elam, MSN, RN, FNP-C, DNP & Jane Champion, PhD, DNP, MA, MSN, FNP, AH-PMH-CNS, FAANP, FAAN
The purpose of this project is to assess clinical guidelines utilized by primary care-based nurse practitioners for assessment and management of autism. This assessment is intended to identify needs for practice improvement initiatives relevant to assessment and management of autism among primary care-based nurse practitioners.
Toolkit Design and Development for Establishing a Foot Clinic for the Homeless Population
Emily Estes, BSN, RN, CCRN
This project provides information on the development and implementation of a foot care clinic to close the gap on foot health, which is often overlooked. The project includes a toolkit, which provides a guide for those wanting to develop a foot care clinic for the homeless population in their community.

Providing Culturally Competent Healthcare to the Lesbian, Gay, Bisexual, and Transgender (LGBT) Population
Mundi Gutierrez, BSN, RN, CNOR
Providing culturally competent healthcare to the lesbian, gay, bisexual, and transgender (LGBT) population

Designing Better Educational Presentations-Understanding various Technology Tools to Enhance your Talks
Deborah McCrea, EdD-C, MSN, RN, FNP-BC, CNS, CEN, CFRN, EMT-P
This presentation will focus on how to utilize the latest technologies and strategies to enhance the design of presentations when delivering content to patients, students or other colleagues on various platforms including live lectures or online settings. Information will be conveyed to the participant about the latest tools to enhance multimedia presentations for both lectures and the instructional setting such as online media.

The Impact of Azithromycin and a Combination of Neomycin, Polymyxin B and Bacitracin on Bacterial Vaginosis using an Ex Vivo Vaginal Mucosal Culture Model
Mini Jose, PhD, FNP-BC & Richard Pyles, PhD
For this project, we evaluated the safety profile of the proposed antibiotic combination and the efficacy against selected dysbiotic VMB communities and lack of damage to eubiotic profiles.

Habit or Motivation? Making lifestyle choices that last a lifetime.
Christina Keil, APRN, FNP-BC
Learn how the brain processes and forms habits and how we can assist in developing new habits. Is it motivation or habit? Get an idea of how to make those lifestyle changes once and for all.

One World-Health Promotion in Rural India: implications for domestic practice
Michelle Kelly, DNP, FNP, PHN, CNE & Shipla Dandekar, RN, FNP
Ever wonder how your APRN health promotion skills would apply in a low resource international setting? Hear about how APRN’s are in the position to holistically assess health behaviors across cultures and develop practical health promotion teaching tactics to coach patient’s in their self-care.
Thursday Opening Night
"Welcome Networking Event"
Thursday, September 5, 2019
4:30 – 6:30 p.m.

Kick-off the 31st Annual TNP Conference by networking with others from your area of the state! Event to be held in the Exhibit Hall.

TNP Champions Dinner
Friday, September 6, 2019
6:30 – 9:00 p.m.

Enjoy an evening with your friends and colleagues, featuring something new for TNP... a “songwriter in the round” concert performed by singer-songwriters from the Austin Songwriters Group!

Ticketed Event ($100) Registration Required

TNPF Walk-a-Thon
Virtual

Enjoy an invigorating walk on your own time before or during TNP’s Annual Conference and raise money for Texas Nurse Practitioner Foundation (TNPF). Virtual Walk could include the treadmill, walking prior to arrival, walking up 6 flights of stairs, walking around Austin’s Famous 6th street, etc. You are encouraged to commit and collect from sponsors prior to coming to the conference. Registration is $25. If you prefer not to participate in the Virtual Walk-a-Thon, but would like to support the Foundation, you may donate $50 to not walk. The mission of the Foundation is to provide educational opportunities for the advancement of registered nurses in a specialty field that promotes health care access to all people. 100% of the proceeds benefit the Foundation and are tax deductible. Please post photos of your Virtual Walk-a-Thon on social media and use the following hashtags #TNPFvirtualwalk2019 and #TNPFall2019.

Walk-a-Thon Details:
Thank you for helping Texas Nurse Practitioner Foundation fulfill its mission of providing educational opportunities for the advancement of registered nurses in a specialty field that promotes health care access to all people. 100% of proceeds benefit the Foundation.

Esther’s Follies
Saturday, September 7, 2019
7:30 – 10:30 pm

Join us for a night of entertainment at Esther’s Follies, hailed as “Austin’s answer to Saturday Night Live,” featuring sharp, insightful comedy performed by talented actors, entertainers, and musicians.

Ticketed Event ($50) Registration Required
Thursday Lunch Symposium
12:00 – 1:00 pm (Limit 200)

Sponsored by: Novo Nordisk

Are We Waiting Too Long to Start a GLP-1 RA in Adults Patients With T2D?

Brief Overview: This presentation provides an overview of a GLP-1 RA for adult patients with T2D, including an in-depth review of head-to-head data from the clinical trial program. The results from a CVOT will also be reviewed. Lastly, initiation and proper dosing schedule will be discussed.

Speaker: Rosemarie Lajara

Friday Breakfast Symposium
7:15 – 8:15 am (Limit 150)

Sponsored by: Dairy Max

Saturday Breakfast Symposium
7:15 – 8:15 am (Limit 150)

Sponsored by: Astra Zeneca

Cardio-Renal Complications of T2D: Focus on Heart Failure

Saturday Lunch Symposium
12:15 – 1:15 pm (Limit 200)

Choosing a Combination Oral Contraceptive to Balance the Needs of Your Patients

Speaker: Cindy Cooke, DNP, FNP-C, FAANP

Understanding the Options for Management of Hypothyroidism

Speaker: Angela Golden, DNP, FNP-C, FAANP

Sponsored by:
Acella Pharmaceuticals
Avion Pharmaceuticals

Sunday Breakfast Symposium
7:15 – 8:15 am (Limit 150)

Sponsored by: Jaymac Pharmaceuticals
Friday, September 6, 2019 | 8:45 - 10:00 am

(GS01) Engaging the Texas Prescription Monitoring Program to Support Patient Health
Dr. Lucas Hill
We will discuss recent trends in controlled substance misuse and harm, patient outcomes related to PMP implementation, plan for integration of PMP queries in clinical workflow, and consider interventions to support patient health when concerning patterns of controlled substance use are identified.

Saturday, September 7, 2019 | 8:30 - 9:30 am

(GS02) Membership Meeting
Calling all TNP members. Please join us as we recognize 2019 award winners and conduct our annual meeting.

Sunday, September 8, 2019 | 8:30 - 9:30 am

(GS03) Peeling Back the Layers: A Best-Practice Approach to Managing Atopic Dermatitis
Susan Tofte, BSN, MS, FNP-C
Don’t miss Susan Tofte as she presents the latest information on how to incorporate new guideline recommendations for the evaluation and management of atopic dermatitis based on history and severity. Deepen your knowledge of the new pharmacotherapies approved for treatment of atopic dermatitis and enhance your ability to collaborate with patients on ways to improve their quality of life by addressing comorbidities and adhering to individualized treatment regimens.

Sunday, September 8, 2019 | 9:45 - 11:15 am

(GS04) Capitol Update: Legislation Affecting Your Practice
Erin Cusak, Casey Haney, and Allen Blakemore
It was a session like no other in Texas! Learn first hand through actual case studies the lessons learned from the most recent Legislative Session and where we go from here.

Sunday, September 8, 2019 | 11:30 am - 12:30 pm

(GS05) Managing Heart Failure
Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FAHA
Don’t miss Mary Ellen Roberts, DNP, RN, APN-C, FNAP, FAANP, FAAN, FAANP as she presents the latest information on how to incorporate new guideline recommendations for the evaluation and management of heart failure based on individual patient characteristics and goals. Deepen your knowledge of the new pharmacotherapies approved for treatment of heart failure and enhance your ability to collaborate with patients on ways to improve adherence to treatment regimens.
**HOTEL DETAILS**

**Hilton Austin Hotel**  
500 East 4th Street | Austin, Texas 78701

- Single/Double: $189  
- Triple: $209  
- Quad: $229  

Register Online: [https://book.passkey.com/go/TxNursePractitionersConf](https://book.passkey.com/go/TxNursePractitionersConf)  
Call 1-800-236-1592 to make reservations.  
*Reference Texas Nurse Practitioners or the group code “TNP” to make reservations at the group rate.*

**The cut-off date is August 11, 2019.**

Reservation requests received after the cut-off date will be on availability at the Hotel’s prevailing rates.

Please remember that Thursday, September 5 will be the Pre-Conference Workshops and the General Conference will be Friday, September 6 through Sunday, September 8 (concluding by 12:30 pm).

- Check-in: 3:00 PM  
- Check-out: 12:00 PM

It is highly recommended to make your reservation early. If for some reason you need to cancel your hotel reservation, please contact TNP at (512) 291-6224 or bella@texasnp.org so that we may be able to reallocate that room to another attendee.

**Parking:**  
- Day Self-parking: $15.00 for guests  
- Overnight Self-Parking: $32.00 for guests  
- Valet Parking up to 6 hours: $30.00  
- Valet Parking after 6 hours: $41.00  
- Valet Parking Overnight: $41.00

**Airport Information:**  
From Austin-Bergstrom Airport: Take Hwy. 71 West approximately 5.5 miles to I-35. Merge onto I-35 North and take 234C. Turn left at the 1st light (6th St.) Travel west on 6th St and turn left onto Neches St. The Hilton Austin is on the corner of 5th and Neches.

- Distance from Hotel: 7 miles  
- Drive Time: 15 minutes

**Airport Transportation:**  
Transportation from Austin-Bergstrom International Airport to and from the Hilton is available with SuperShuttle “Shared Ride” or ExecuCar “Private Sedan/SUV”.

Make reservations at [www.SuperShuttle.com](http://www.SuperShuttle.com) or [www.ExecuCar.com](http://www.ExecuCar.com) use code HILTN for a 5% discount off published online fare.

**Typical Minimum Care:**  
- Bus Service: $1.75  
- Super Shuttle: $16.00  
- Taxi: $30.00  
- Ride Share: Uber & Lyft *(rates vary)*