

TNP Fall Conference Bundles – Speaker Bio’s

Bundle 1

1. Practice/Professional Development - Part 1

S62 Prioritizing Self-Care as an APRN

Cara Young, PhD, RN, FNP-BC and Chris Divin

Dr. Cara Young is a family nurse practitioner, nurse researcher, and assistant professor. Dr. Young's diverse program of research examines, and seeks to improve, behavioral and psychosocial transitions for vulnerable populations in the first half of the life course. Her primary line of research has focused on improving the mental health of children, adolescents, and young adults through mindfulness-based interventions.

1. Practice/Professional Development - Part 1

S55 Introduction to Rural Health Clinics - Texas is Calling

Elizabeth Ellis, DNP, APRN, FNP-BC, FAANP, CRHCP and Patty Harper, RHIA, CHTS-IM, CHTS-PW, CHC

Elizabeth Fuselier Ellis, DNP, APRN, FNP-BC, FAANP, CRHCP:

Dr. Ellis completed her Doctor of Nursing Practice, master's in nursing and bachelor's in nursing all at the University of Tennessee Health Science Center-College of Nursing in Memphis. She has practiced as a nurse practitioner for 24 years. She board Certified as a Family Nurse Practitioner and, a Certified Rural Health Care Professional and AgriLife Nurse Scholar. She has served as a leader, executive and national consultant in Advanced Practice Nursing since 2000 with expertise in Advanced Practice Provider utilization, management and billing developing inter-collaborative models of care ensuring quality with a focus on population health.

As a rural health provider and independent clinic owner, Dr. Ellis serves on the board of the Texas Association of Rural Health Clinics, and on the National Association of Rural Health Clinics Public Health Policy Committee. She is active in health policy and legislative efforts ensuring nurse practitioner and rural health modernization. She has served on The Commission on Collegiate Nursing Education (CCNE) and served as a member of the Commission's Executive Board, Board of Commissioners, Report Review Committee and Accreditation Review Committee as a nurse consumer representative. She served on the initial DNP Essentials Committee as their first DNP representative. Dr. Ellis is published in the areas of Doctor of Nursing Practice education, and nurse practitioner utilization and billing. Dr. Ellis currently practices, owns and operates B.I.S Community Clinic a CMS designated Independent Rural Health Clinic. Her clinical practice is focused in primary care, AgriLife health, reducing rural health disparities and promoting wellness and prevention.

Patty Harper RHIA, CHTS-IM, CHTS-PW, CHC:

Patty Harper is CEO of InQuiseek, LLC, a business and healthcare consulting company based in Louisiana. She has over 21 years of healthcare experience in the areas of healthcare finance & reimbursement, health information management, compliance, and practice management. She

began her healthcare career as a hospital controller and reimbursement analyst. Patty holds a B.S. in Health Information Administration (cum laude) from Louisiana Tech University. She is credentialed through American Health Information Management Association(AHIMA) as a RHIA, CHTS-IM, and CHTS-PW. Patty successfully completed AHIMA's ICD-10 Academy and has been recognized as an ICD-10 Trainer. She is also Certified in Healthcare Compliance (CHC®) thorough the Compliance Certification Board. Patty is a frequent speaker and contributor for national, state and regional and rural healthcare associations on these and other reimbursement-related topics. She has held memberships regional, state and national organizations throughout her healthcare career including National Association of Rural Health Clinics (NARHC), National Rural Health Association, AHIMA, MGMA, and HFMA. Patty currently serves on the Board of NARHC and Louisiana Rural Health Association.

1. Practice/Professional Development - Part 1

S51 A Telehealth Primer for NPs

Mahrokh Kobeissi, DNP, APRN, FNP-C

Dr. Kobeissi is an Assistant Professor of clinical nursing and the Family Nurse Practitioner Program Coordinator at the University of Texas Health Science Center at Houston Cizik School of Nursing. Dr. Kobeissi is certified as a Family Nurse Practitioner by the American Academy of Nurse Practitioner. In addition to teaching, she is the founder of Mitzy Med, PLLC®, a telehealth service that offers virtual primary care to patients across the state of Texas.

1. Practice/Professional Development - Part 1

S34 Run, Jump, Lead

Melanie Richburg, MSN, FNP-BC and Shannon Hammonds, MSN, FNP-BC

Dr. Melanie Ann Richburg is the CEO at Lynn County Hospital in Tahoka. Melanie worked as a Family Nurse Practitioner in Tahoka Texas at the Family Wellness Clinic Rural Health Clinic for 15 years until her recent transition to the role as CEO.

Melanie received her BSN from Hardin Simmons University in Abilene, Texas in 1990. After Graduation she worked as a staff RN for Hendrick Medical Center in Women's and Children's Service's. In 1996 Melanie graduated with her MSN, APRN , Family Nurse Practitioner(FNP) from Abilene Christian University. After her APRN studies she worked for Hendrick Medical Center, now Hendrick Health System, as a FNP in Albany Texas. Melanie provided primary care to patients at one of Hendricks's 9 First Med Clinic, later serving as the clinic supervisor of the First Med Clinics. In 2002, Melanie worked at Community Health Center of Lubbock (CHCL) at the North Clinic, serving as clinic supervisor. Melanie was instrumental in establishing a clinic at Mathews Alternative High School and a primary care clinic at Women's Protective Services. In 2005 Melanie returned to her love of Rural Health in Tahoka, Texas, where she has been the last 15 years. She works for Lynn County Hospital District (LCHD) providing care to patients seen in the Family Wellness Clinic as well as the hospital emergency and inpatient departments. While working full time in Tahoka, Melanie served as a part time Instructor Texas Tech Health

Sciences Center School of Nursing in Advance Practice Nursing from 2008 - 2010. Melanie completed her Doctorate of Nursing Practice at Texas Tech University Health Sciences Center (TTUHSC) in 2013. She serves on the TTUHSC School of Nursing Advisory Council. Melanie was awarded South Plains Nurse Practitioner, Nurse Practitioner of the Year in 2013. Melanie is recognized as a Medicare Rural Health Clinic Surveyor through American Association for Accreditation of Ambulatory Surgery Facilities. Melanie also served one term on the Region 1 Medicaid Advisory council for Texas. Melanie served on the Tahoka Rotary Board from 2012-2014 and as President in 2015. Melanie served as the regional representative from South Plains on the Board of Texas Nurse Practitioners from 2015-2017 and is a Legacy Member of TNP
Love what you do... and do what you love... Melanie Ann Richburg loves Rural America and feels blessed every day she is able to give and share with her rural community.

Shannon Hammonds is a Family Nurse Practitioner at Lynn County Hospital District in Tahoka, Tx. Shannon has worked in family practice at the Family Wellness Rural Health Clinic in Tahoka for 9.5 yrs. She also takes care of the rural population at the Lynn County Hospital in the Emergency Department, In-patient, swingbed-rehab settings. She will even make house calls when needed.

Shannon received her BSN degree from Texas Tech Health Sciences Center School of Nursing (TTUHSC-SON) in Lubbock, Tx in 2006. After graduation, she worked as a charge nurse in the surgical intensive care unit and in the burn intensive care unit at a Level One Trauma Center, University Medical Center in Lubbock from 2006-2010. While working nights, raising a family and being a wife, Shannon went back to graduate school at TTUHSC-SON and in 2010 graduated with her MSN, APRN as a Family Nurse Practitioner.

After moving to the 'big city' of Lubbock for 10 years to complete her studies, Shannon moved back to her hometown to serve the community who helped shape and form her. She has been serving the Tahoka community for the past 9.5 yrs. She and her husband Mitch, of 25 yrs, have raised two children and are now the very proud grandparents of two grandchildren. Shannon has worked along side Melanie Richburg APRN, DNP during the growth of the Family Wellness Clinic and its transition into a Rural Health Clinic and continues to work with our leadership team to grow the vision for LCHD under the new leadership of Dr. Richburg as CEO. In 2019, Shannon was recognized as a leader in her region and awarded Outstanding Nurse Practitioner of the Year by the South Plains Nurse Practitioner Chapter.

Shannon also understands the importance of nurturing students as they grow in the role of this great profession - she precepts APRN students every semester and encourages them to practice in the Rural Setting. To whom much is given, much is required!!

Bundle 2

2. Diagnosis/Testing

S47 Imaging Stewardship

Amelie Leal Serrata, APRN, ACNP and PA-C, Karen Scherger, APRN, ACNP and Rhiannon Skinner, PA-C

My colleagues and I are group of Advanced Practice Providers practicing in the Department of Orthopaedics at Parkland Health and Hospital System in Dallas, Texas. This article is a reflection of our combined years of experience in orthopaedics and collaboration with orthopaedic surgeons, occupational therapists, physical therapists and primary care providers within the Parkland Health and Hospital System.

2. Diagnosis/Testing

WS09 - 2 hours 12 Lead EKG

Jose Villa, DNP, APRN, FNP-BC

Dr. Jose L. Villa is a DNP, completed his undergraduate degree from Medical University of SC, and his MSN from the university of Texas Health Science Center in SA. He completed his Doctorate in Nursing Practice from the University of the Incarnate word. His Capstone project was geared on the management of patients with atrial fibrillation and minimizing hospital readmissions in a large military institution.

After spending a few years in active duty in the intensive care units, he was honorably discharged from the Air Force with the rank of Major. His 29 years of experience includes disciplines in family practice, internal medicine, Cardiothoracic surgery (congenital heart disease), interventional cardiology, and electrophysiology. He presently is owner of Villa Family Clinic and works with 5 Star integrity in SA, Texas. He is president to the San Antonio Nurses in Advanced Practice or SANAP. His primary focus is cardiovascular and arrhythmia conditions.

2. Diagnosis/Testing

S44 Advanced Lipid Testing

Mia Painter, DNP, APRN, FNP-C

Mia Painter, DNP, APRN, FNP-C is Director of Clinical Operations and Family Nurse Practitioner at San Marcos Family Medicine with 10 years clinical experience as an Advanced Practice Registered Nurse. She provides primary care across the lifespan as well as nutritional education specializing in Diabetes Management. In addition to her clinical role, Dr. Painter also serves as Director of Clinical Operations with duties consisting of provider recruitment and on-boarding,

medical staff management and day to day clinical operations oversight. She worked previously as a Medical-Surgical Charge Nurse for Central Texas Medical Center while obtaining her Masters Degree from Texas Tech University Health Sciences Center and graduated from Texas Tech University Health Sciences Center's Doctor of Nurse Practice program May 2019. Over the course of her career she has worked as Medical Office Administrator, Medical Assistant, Registered Nurse, and Nurse Educator to obtain 20 years experience in various roles in the field of Family Practice and General Medicine. Dr. Painter currently serves as Recurrent Faculty for Texas Tech University Health Sciences Center Master of Nursing Program, Adjunct Clinical Instructor for University of Texas at Arlington College of Nursing, and preceptor for Nurse Practitioner students of various degree programs. She has served as Vice President (2014, 2019) and President (2015, 2020) for Hill Country Nurse Practitioners Association as well as Bylaws Committee Chair (2017-2018) and Social Committee Chair for the organization (2017-2018). In these roles she has assisted in expanding networking opportunities for Advanced Practice Nurses and Physician Assistants in the area while increasing community action to include local fundraising events to benefit various non-profit organizations within her community.

Bundle 3

3. Medications - Part 1

S58 Continuous Glucose Monitoring

Celia Levesque, DNP, APRN, FNP-C

Celia Levesque is an Advanced Practice Provider for the Department of Endocrine Neoplasia and Hormonal Disorders at MD Anderson Cancer Center. She treats diabetes and its related complications. She is a Family Nurse Practitioner, Clinical Nurse Specialist, Certified Diabetes Educator, and is Certified Advanced Diabetes Management. She has published previously, and speaks frequently on the subject of diabetes management.

3. Medications - Part 1

WS05 Choosing and Managing Insulin Therapy

Lisa Sumlin, PhD, APRN, ACNS-BC

Dr. Lisa Sumlin began her professional diabetes expertise as a Diabetes Educator, providing diabetes education that covered all areas of diabetes self-management from blood glucose monitoring guidelines, medication requirements and adherence, to diabetic foot care. She received her master's degree in nursing and national certification as an Adult Clinical Nurse Specialist (ACNS) with a focus in diabetes management. She earned her PhD in nursing with a focus on diabetes management from the University of Texas at Austin. Dr. Sumlin's research has focused on African American women with diabetes, examining the cultural influences on food practices on diabetes control. She is currently a Clinical Assistant Professor at the University of Texas at Austin School of Nursing. She continues to manage patients with difficult to control diabetes at a non-profit organization for the un-insured and has published the book "The Struggle IS REAL! Diabetes Management For Women Who Love Their Cultural Dishes, Enjoy Food-Focused Social Lives, And Appreciate A Good Piece Of Fried Chicken Every Now And Then." She is a frequent guest speaker for health topics on local radio and television.

Bundle 4

4. Medications - Part 2

S29 Preventing Adverse Drug Events

Jose Villa, DNP, APRN, FNP-BC

Dr. Jose L. Villa is a DNP, completed his undergraduate degree from Medical University of SC, and his MSN from the university of Texas Health Science Center in SA. He completed his Doctorate in Nursing Practice from the University of the Incarnate word. His Capstone project was geared on the management of patients with atrial fibrillation and minimizing hospital readmissions in a large military institution.

After spending a few years in active duty in the intensive care units, he was honorably discharged from the Air Force with the rank of Major. His 29 years of experience includes disciplines in family practice, internal medicine, Cardiothoracic surgery (congenital heart disease), interventional cardiology, and electrophysiology. He presently is owner of Villa Family Clinic and works with 5 Star integrity in SA, Texas. He is president to the San Antonio Nurses in Advanced Practice or SANAP. His primary focus is cardiovascular and arrhythmia conditions.

4. Medications - Part 2

S63 Prescribing from the Guidelines: The Antibiotic Review for NPs

E. Monee Carter-Griffin, DNP, MA, RN, ACNP-BC

Dr. Carter-Griffin is a Clinical Assistant Professor and the Associate Chair for Advanced Practice Nursing in the graduate program at UTA. She has been in academia for over 7 years and the nursing profession for over 10 years. As an ACNP, she has focused on pulmonology and for the past 8 years has practiced in pulmonary critical care. She teaches in the Adult-Gerontology Acute Care Nurse Practitioner Program and the Doctor of Nursing Practice Program. Her clinical interests include pulmonary disorders specifically COPD, antibiotic stewardship, geriatric polypharmacy, and the leader as coach in higher education.

4. Medications - Part 2

F9 TSH Suppressive Therapy and High Dose Thyroid

Robert Morgan, ARPN, ACNP-BC, MSN

Mr. Morgan trained at the University of Texas Medical Branch in Galveston, Texas and was awarded his Masters of Science in Nursing in December 2002. He has been Licensed by the State of Texas as an Acute Care Nurse Practitioner since 2003. He was nominated for Who's Who in Junior Colleges and again for Who's Who in American Universities & Colleges for his outstanding Academic achievements. He was also awarded Citizen of the Year in 1999 for his contributions to the city of Dickinson and Galveston County.

Mr. Morgan has had extensive training in critical care since 1994. Realizing that prevention is the key to maintain a healthy, productive life, he started advanced training in thyroid and hormone therapy in 2003. He received his Certification in Advanced Bio-identical Hormone Replacement Therapy from World Link Medical in 2015. He has received extensive training in hormone and thyroid replacement therapy with over 800 contact hours in the subject matter. His focus of care is on the prevention of devastating diseases such as coronary artery disease, hypertension and diabetes by optimizing hormone and thyroid levels, promoting a healthy diet and lifestyle.

4. Medications - Part 2

F16 Sodium Glucose Cotransport-2 Inhibitors

Veronica Brady, PhD, FNP-BC

Dr. Brady obtained her BSN from Wayne State University. Her MSN from the University of Detroit- Mercy and her PhD for UT School of nursing. She is currently an assistant professor in graduate studies at the Cizik school of nurse and maintains a clinical practice at MD Anderson Cancer Center. Her research interests are in the areas of diabetes, cancer, obesity and bariatric surgery.

Bundle 5

5. Infections

F07 Influenza Updates for the New Decade

Cindy Weston, DNP, APRN, FNP-BC

Cindy Weston, DNP, RN, CCRN, CNS-CC, FNP-BC is an Assistant professor at the Texas A&M College of Nursing and the Associate Dean for Clinical and Outreach Affairs. She completed her BSN from the University of Texas Medical Branch in Galveston, her MSN as a critical care clinical nurse specialist from the University of Texas Health Science Center at Houston followed by a post-Master's FNP certificate at Texas Tech Health science Center and her DNP from the University of Texas Health Science Center at San Antonio. Dr. Weston's research focuses on improving health outc

5. Infections

F23 PrEP: Doing enough to reduce the risk of HIV?

Margaret McLean, MSN, ACNS-BC

Margaret McLean, MSN, ACNS-BC has been practicing in Internal Medicine for the past 10 years. She has practiced in both the hospital and clinic setting in Austin and Dallas. She is currently a primary care provider at UT Southwestern in the division of General Internal Medicine.

5. Infections

F28 The Risk of Infection and Indication of Systemic Antibiotics in Chronic Wounds

Rachel Reitan

Rachel Reitan (DNP, FNP-C, MSNeD, CWS) works primarily with Infectious Diseases and Antimicrobial Stewardship and is a certified wound care specialist in Wichita Falls, Texas. She graduated with her DNP in May 2019 from the University of Texas at Arlington.

5. Infections

F17 STD Update

Shelagh Larson, DNP, APRN, WHNP-BC, NCMP

Dr. Shelagh Larson is a national certified menopause provider since 2010. She has served the NAMS Professional Education committee developing She founded the JPS Menopause Clinic. Shelagh has presented from coast to coast too physicians, NP and PAs about the care of the menopausal women.

Bundle 6

6. Sexuality

F04 Let's Talk about Sex: Child Sexual Abuse

Sandra Onyi, PNP-PC

Sandra Onyi is a certified pediatric nurse practitioner specializing in child abuse. She has worked in the child abuse field from since 2002. She is currently employed at Children's Health Children's Medical Center Dallas in the REACH (Referral and Evaluation of at Risk Children) Clinic. She is the SANE coordinator for the hospital and is a reviewer of the Journal of Pediatric Healthcare.

6. Sexuality

F03 Sexual Dysfunction

Shelagh Larson, DNP, APRN, WHNP-BC, NCMP

Dr. Shelagh Larson is a national certified menopause provider since 2010. She has served the NAMS Professional Education committee developing She founded the JPS Menopause Clinic. Shelagh has presented from coast to coast too physicians, NP and PAs about the care of the menopausal women.

6. Sexuality

S38 Female Androgen Insufficient Syndrome

Terri DeNeui, DNP, APRN, ACNP-BC

Speaker, Author, and Board-Certified Nurse Practitioner Dr. Terri DeNeui has extensive training in her field. She earned her B.A in Nursing from Texas Women's University and her Master's and Doctoral degrees at UT Arlington. In addition to her training as an Acute Care Nurse Practitioner specializing in acute and emergency medicine, she has extended her education to include certifications in Preventative Wellness Medicine, Functional Medicine and Advanced Hormone Replacement Therapy modalities.

In 2008, Dr. DeNeui, APRN, founded EVEXIAS Medical Centers to meet the unique age management needs of adults across the lifespan who have not found relief with traditional medicine. Dr. DeNeui, and her team of 5 Board Certified Nurse Practitioners have treated over 15,000 women and men in the area of hormone restoration and prevention of disease through a functional, integrated approach, and are positively affecting lives on a daily basis.

Her passion for speaking and educating has earned her accolades across the country and invitations to write columns and speak in a variety of settings, including television, radio,

medical conferences and seminars across the country. Speaking nationally to professionals and laypersons alike on the importance of hormone optimization and its effects on the aging process, Dr. DeNeui has introduced life-changing technologies in a variety of settings.

Dr. DeNeui lives in the Dallas / Ft. Worth Metroplex with her husband Dan and two dogs, Bodie and Bella. Their family of 7 children and 3 grandchildren also live in the area and are never too far from home.

6. Sexuality

S52 Transgender Healthcare

Tracey Page, MSN, APRN, WHNP-BC and Laurita Old Hudec, MSN, APRN, WHNP-BC

Dr. Tracey Page is an ally and advocate for vulnerable populations with a focus on the healthcare needs of LGBTQA+ populations and their healthcare providers.

Laurita Old Hudec is a woman's health nurse practitioner with a passion for providing safe, comprehensive care for all women regardless of gender assignment at birth.

Bundle 7

7. Acute Care

F08 Diagnosis and Management of Congestive Heart

Buffy Powell, DNP, RN, ACNP-BC

Buffy Powell is a board certified acute care nurse practitioner (ACNP-BC). Her specialty is adult cardiovascular care. Currently, she is employed by Cardiac and Vascular Center of North Texas in Fort Worth, Texas. Prior to this, Buffy was employed by Permian Cardiology in Midland, Texas for over 20 years. Buffy has been on the faculty at the University of Texas at Arlington (UTA) College of Nursing and Health Innovation since 2018. Her current teaching responsibilities are in the Adult-Gerontology Acute Care Nurse Practitioner program and the Doctor of Nursing Practice program.

7. Acute Care

S50 Wound Management Basics

Lisa Ginapp, MSN, APRN, AGACNP-BC, WCC, DWC, OMS

I am nationally board certified through the American Nurses Credentialing Center (ANCC) as an Adult-Gerontological Acute Care Nurse Practitioner (AGACNP-BC) since 2005. I am also nationally certified through the National Alliance of Wound Care and Ostomy (NAWCO) as a specialist in wound care (WCC), diabetic wound care (DWC) and as an ostomy management specialist (OMS). I have functioned as the clinical educator and preceptor of APN's and MD's for Geriatric Associates of America, as well as performed as the Clinical Practice Manager and educator for Bay Area House Calls. I have been self employed as a nurse practitioner since 2013 and have been performing legal case reviews across the country since 2009. I accept consultations from local healthcare providers for acute care, geriatric care, advanced wound care, ostomy care and nursing education. I have collaborative delegation agreements with several physicians to provide patient coverage for wound care, infectious disease, internal medicine and inpatient rehab at the HCA Clearlake Regional Medical Center, HCA Mainland Medical Center, Cornerstone Clearlake LTAC Hospital and the Kindred Clearlake LTAC Hospital. I also see outpatients in the afternoons at the Center for Advanced Wound Care and Hyperbaric Medicine at Mainland Medical Center and perform house calls as requested. I am a guest speaker and preceptor for graduate nursing programs and also provide lectures at local, state and national nursing conferences, businesses and medical facilities. I am an active member of the American Association of Nurse Practitioners, Sigma Theta Tau International Nursing Honor Society, the Texas Nurse Practitioners, the Houston Area Nurse Practitioners, the Galveston Coalition of Advanced Practice Nurses and past president of the Gulf Coast chapter of the national Gerontological Advanced Practice Nurses Association.

7. Acute Care

S43 Complex Cases in Acute Care: Round 2

E. Monee Carter-Griffin, DNP, MA, RN, ACNP-BC

Dr. Carter-Griffin is a Clinical Assistant Professor and the Associate Chair for Advanced Practice Nursing in the graduate program at UTA. She has been in academia for over 7 years and the nursing profession for over 10 years. As an ACNP, she has focused on pulmonology and for the past 8 years has practiced in pulmonary critical care. She teaches in the Adult-Gerontology Acute Care Nurse Practitioner Program and the Doctor of Nursing Practice Program. Her clinical interests include pulmonary disorders specifically COPD, antibiotic stewardship, geriatric polypharmacy, and the leader as coach in higher education.

7. Acute Care

F22 The Ins and Outs of Acute Respiratory Failure

Patrick Laird, DNP, APRN, ACNP-BC, NEA-BC

Dr. Patrick Laird is an Assistant Professor of clinical nursing and the Coordinator of the Adult/Gerontology Acute Care Nurse Practitioner program and Master of Science in Nursing Program Director at The University of Texas Health Science Center at Houston Cizik School of Nursing. He is certified as an adult Acute Care Nurse Practitioner by the American Nurses Credentialing Center. In addition to teaching, Dr. Laird continues to practice as an ACNP in pulmonary/critical care medicine.

Bundle 8

8. Psych/Mental Health

S42 Expanding Technology to Increase Mental Health Services to Students

Isadora Fox, MSN, RN, PMHNP, DNP Student

Isadora Fox is a psychiatric nurse practitioner in private practice in Austin, as well as a DNP student at the University of Texas at Austin. Her latest research publication was in the November issue of the Journal of the American Psychiatric Nurses Association. She is also a founding member of Psychiatric Advanced Practice Nurses of Austin and the editor of its newsletter.

8. Psych/Mental Health

S32 Borderline Personality Disorder

Justin Cullers, MSN, APRN, PMHNP-BC

Justin Cullers MSN, APRN, PMHNP-BC started working with patients, as a United States Army combat medic, in 1988. After leaving active duty to become a licensed vocational nurse, he progressively earned his associate's, bachelor's and master's degrees in nursing. As a staff nurse, he worked in psychiatric hospitals and residential treatment centers. Additionally, Justin worked as a medical-surgical and occupational health nurse. As an Army Nurse Corps officer in the U.S. Army Reserves, he served in various leadership positions. He has practiced as a psychiatric nurse practitioner for the last six years in community mental health and private practice settings with patients of all ages. Presently, he practices psychiatric medication management combined with psychotherapy in private practice in Austin. This May, he completed the Adult Psychodynamic Psychotherapy program at the Center for Psychoanalytic Studies in Houston where he received intensive supervision of patients with borderline personality disorder over a two-year period. He is a former president of Psychiatric Advanced Practice Nurses of Texas and Psychiatric Advanced Practice Nurses of Austin. He currently serves on the TNP Policy Council.

8. Psych/Mental Health

S56 Bipolar and its Counterparts

Justin Scaffa, PMHNP

Justin Scaffa PMHNP has experience in Psychiatric ER, inpatient, intensive outpatient, army, group home, detox and rehab, and both rural and urban community and private practice. He has treated children to geriatrics and has a portfolio in geriatrics from the University of Texas at Austin. He currently does telepsychiatry for veterans and in rural community care as well as working in a private practice in both Austin and Georgetown. He has worked with bipolar

patients he encountered in primary care as a nurse all the way to inpatient and ER environments.

8. Psych/Mental Health

S49 ADHD: Access

Mark Soucy, MSN, RN, PMHNP and Benjamin Snellgrove, MSN, RN, PMHNP

Dr. Mark Soucy is an Associate Professor of Nursing and Medicine at UT Health San Antonio where he coordinates the Psychiatric Mental Health Nurse Practitioner Program. He is active in practice treating children, adolescents, and adults.

Mr. Benjamin Snellgrove is a Clinical Assistant Professor of Nursing at UT Health San Antonio and a Psychiatric Mental Health Nurse Practitioner where he teaches in both the undergraduate and graduate nursing programs. His practice includes children, adolescents, and adults.

Bundle 9

9. Pediatric - Part 1

F25 Ten False Contraindications to Vaccines

Holly DiLeo, PhD, APRN, FNP-BC

Dr. Holly DiLeo is a Family Nurse Practitioner and Assistant Professor teaching in the BSN to DNP program at the University of the Incarnate Word in San Antonio, Texas. She has over 30 years of nursing experience with 20+ years as a family nurse practitioner. Dr. DiLeo is the Director of the UIW Nursing Cardinal Wellness Center, a nurse-managed clinic that offers preventative health services to socioeconomic disadvantaged children and adults.

9. Pediatric - Part 1

WS13 - 2 hours New Frontiers in Pediatric Food Allergy

Kathleen Pitts, PhD, APRN, PNP-BC, MPH Melissa Hearrell, MSN, APRN, FNP-C & Lorraine Lyter-Reed, MSN, APRN, FNP-BC

Melissa L. Hearrell MSN, APRN, FNP-C is a Clinical Instructor at Baylor College of Medicine. She is practicing in the Department of Pediatrics in the Immunology, Allergy & Retrovirology Section at Texas Children's Hospital.

Her career focus is geared towards food allergy research and treatment and she has had extensive experience with multiple food allergy clinical trials. Currently she is developing dedicated food challenge suites across the Texas Children's organization to help expand access to care for food allergy patients and their families.

Lorraine Lyter-Reed MSN, APRN, FNP-BC is a Clinical Instructor at Baylor College of Medicine, practicing in the Allergy, Immunology & Retro

9. Pediatric - Part 1

F04 Let's Talk about Sex: Child Sexual Abuse

Sandra Onyi, PNP-PC

Sandra Onyi is a certified pediatric nurse practitioner specializing in child abuse. She has worked in the child abuse field from since 2002. She is currently employed at Children's Health Children's Medical Center Dallas in the REACH (Referral and Evaluation of at Risk Children) Clinic. She is the SANE coordinator for the hospital and is a reviewer of the Journal of Pediatric Healthcare.

Bundle 10

10. Pediatric - Part 2

WS04 - 2 hours Infant Assessment Pearls

Brittany Christianson, DNP, APRN, NNP-BC, CNE

Brittany Christiansen is a pediatric and family nurse practitioner in emergency and urgent care departments. Dr. Christiansen is a Clinical Assistant Professor at The University of Texas at Austin School of Nursing and teaches courses in the NP and DNP programs. Her areas of interest include advance practice regulations, childhood illness, and asthma education and management. She is a certified asthma educator and former board member of the Association of Asthma Educators. She currently serves as Chairman of the Board for Texas DNP and President of TANC: The Texas Austin NAPNAP Chapter. Dr. Christiansen has experience working in a variety of specialties including NICU, Surgical/Trauma ICU, emergency and urgent care, and asthma case management.

10. Pediatric - Part 2

F18 Start Smart: Empowering Families Tackle Nutrition Challenge

Keli Hawthorn, MS, RD, LD

Coming Soon

10. Pediatric - Part 2

S53 Congenital Disorders of the Newborn

Jessica Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP

Dr. Jessica Peck is an expert pediatric clinician and anti-trafficking advocate who provides innovative, visionary, and award-winning leadership to develop and lead inclusive and diverse interprofessional teams in multiple arenas to provide outcomes of high-quality health care. Dr. Peck is a recognized and published national expert about human trafficking. She served as founding Chair of the Alliance for Children in Trafficking, a national campaign of the National Association of Pediatric Nurse Practitioners Partners for Vulnerable Youth, where she worked with other national organizations to equip healthcare professionals to combat human trafficking of children and advocates for other vulnerable youth populations. Dr. Peck worked with the Office of Trafficking in Persons to help create a set of core competencies for health care professionals caring for trafficked individuals. She serves as the Lead Medical Consultant for UnBound Houston and helped to create a statewide continuing education and to pass legislation mandating CE for all direct care providers in Texas. Dr. Peck is currently a Professor of Nursing at Baylor University in Dallas, Texas. She holds active credentials as a Pediatric Nurse Practitioner, a Certified Nurse Educator, and a Clinical Nurse Leader. Dr. Peck has been practicing as a Pediatric Nurse Practitioner for more than 15 years in primary care environments. Dr. Peck travels nationally to speak on the use of technology in nursing education and practice, including health impacts of social media use by teens. As both a nurse

practitioner and a mother of four children, she has a special interest in educating and equipping families to promote positive physical, emotional, mental, social and spiritual health. She regularly writes articles for parenting magazines and is a frequent guest on radio and television to promote the health of children.

Bundle 11

11. Geriatric

F26 Wiggle Room - An Overview of Movement Disorders

Alex Armitage, CNL, APRN, FNP-BC

Alex Armitage is an experienced neurological provider with over a decade of clinical experience who is focused on holistic, personalized, patient-centered care using both traditional and complementary treatment modalities. She has experience managing patients with multiple comorbidities and complex polypharmacy across the lifespan.

She is a provider in the Plummer Movement Disorder's Center at Baylor Scott and White in Temple, Tx, where she runs her neurology clinic and manages the deep brain stimulation program. She is a published author, columnist, and speaker. She is also passionate about teaching and mentoring students.

11. Geriatric

F05 Geriatric Pharmacology

Kim Posey, DNP, APRN, AGPCNP-BC, GS-C

Kimberly Posey, DNP, APRN, AGPCNP-BC, GS-C is the director of the Nurse Practitioner Programs at Texas Christian University, Harris College of Nursing and Health Sciences. She is an adult-gerontology primary care nurse practitioner with extensive clinical experiences in skilled nursing, long-term care, and primary care geriatrics. She is passionate about providing cost-effective and evidence-based care to the geriatric population.

11. Geriatric

S40 Polypharmacy - How and When to Deprescribe

Lynda Jarrell, DNP, APRN, FNP-BC, CNE

Lynda Jarrell is the Director of the Family Nurse Practitioner Program at University of Texas at Arlington. Lynda teaches both didactic and clinical courses in the FNP program. She also teaches Advanced Pharmacology for all NPs.

11. Geriatric

F12 Alzheimer's Dementia

Maureen Beck, DNP, APRN, GNP-BC

Dr. Maureen Stabile Beck began her career as an acute care nurse in the field of pre and post cardiothoracic surgical care. She became accredited as a critical care nurse and was an ICU head

nurse for several years. After completing her master's in nursing as a Gerontological Nurse Practitioner, she joined the Memorial Geriatric Evaluation and Resource Center providing primary care and house calls to patients over 65. She helped plan and open the UT Physicians Center for Healthy Aging in 2010 and continues to provide primary care geriatrics there and through the House Call Program. She completed her DNP in 2015. She currently serves as Assistant Professor in the Division of Geriatric and Palliative Medicine at McGovern School of Medicine at UTHealth. She is a Hartford Distinguished Educator in Gerontological Nursing.

Bundle 12

12. Women's Health

S31 Clinically Important Update in Cervical Cancer

Antay Parker, DNP, APRN, WHNP-BC, CNM, CNOR, RNFA, C-EFM

Dr. Antay Parker is a board-certified women's health nurse practitioner & certified nurse midwife in Fort Worth, Texas. She completed her Doctor of Nursing Practice degree at The University of Oklahoma Health Science Center in May 2018. She has also completed undergraduate degrees in history at East Texas Baptist University in 2008 and in nursing at The University of Texas at Arlington in 2011. She completed her Master of Science in Nursing Leadership at The University of Texas at Tyler in 2013 and her Master of Science as a Women's Health Nurse Practitioner at the University of Cincinnati in 2015. She completed her post-master's certification in nurse midwifery at Texas Tech University Health Science Center in 2020. Her nursing career began in 2011 as a cardiovascular intensive care nurse followed by time in the operating room & post-anesthesia care unit. She is also a certified perioperative nurse. In July 2019, she joined Acclaim Physician Group as a provider at John Peter Smith Hospital in Fort Worth. Prior to joining Acclaim, she was in private practice in Fort Worth. She is also a registered nurse first assist, specializing in obstetric & gynecologic surgery as well as gynecologic robotic surgery. Dr. Parker has presented & published on a variety of topics ranging from postoperative pain management to cardiovascular health to healthcare risk management through error reduction. Dr. Parker is the President of Fort Worth Region Nurse Practitioners, a Legacy member of TNP, Lifetime member of Association of Perioperative Nurses (AORN), as well as an active member of Fort Worth Region Nurse Practitioners, National Association of Nurse Practitioners in Women's Health, American College of Obstetrics & Gynecology, Society of Maternal-Fetal Medicine, American College of Nurse Midwives, Sigma Theta Tau International, as well as multiple other professional nursing organizations. Dr. Parker currently resides in the Fort Worth area with her 16-year-old adopted daughter, Peyton. She is a native of Louisiana but has enjoyed living in the Fort Worth area for the last eleven years and calls it home. She enjoys playing the piano & violin, watching movies, going to plays & concerts, reading, traveling the world, and spending time with friends.

12. Women's Health

F02 The Female Heart: For Better or Worse

Carole Moore, APRN, MNsc, ACNP-BC

Carole Moore entered the field of nursing in the early 1990s by progressing through each of the educational levels beginning as an LVN. She graduated from the University of Texas at Austin in 1997 with her BSN and from the University of Arkansas for Medical Sciences in 2005 with her MNsc. She began practicing as an Acute Care Nurse Practitioner in Pulmonary Medicine, then migrated into the field of Surgery with a focus on Bariatric Surgery, and has worked as a

Cardiology Specialist with the Central Texas Veteran's Healthcare System since 2010. As a nurse practitioner, she focuses on and delights in helping patients understand their acute and chronic illnesses and prescribed therapies to improve their overall health and well-being. She is a published author, educator, and speaker.

12. Women's Health

F10 Breast Cancer: Understanding the Basics for the Primary Care Provider

Kimberly Brooks MSN, AGCNS-BC, AOCNS

Coming Soon

12. Women's Health

F24 Estrogen Matters

Terri DeNeui, DNP, APRN, ACNP-BC

Speaker, Author, and Board-Certified Nurse Practitioner Dr. Terri DeNeui has extensive training in her field. She earned her B.A in Nursing from Texas Women's University and her Master's and Doctoral degrees at UT Arlington. In addition to her training as an Acute Care Nurse Practitioner specializing in acute and emergency medicine, she has extended her education to include certifications in Preventative Wellness Medicine, Functional Medicine and Advanced Hormone Replacement Therapy modalities.

In 2008, Dr. DeNeui, APRN, founded EVEXIAS Medical Centers to meet the unique age management needs of adults across the lifespan who have not found relief with traditional medicine. Dr. DeNeui, and her team of 5 Board Certified Nurse Practitioners have treated over 15,000 women and men in the area of hormone restoration and prevention of disease through a functional, integrated approach, and are positively affecting lives on a daily basis.

Her passion for speaking and educating has earned her accolades across the country and invitations to write columns and speak in a variety of settings, including television, radio, medical conferences and seminars across the country. Speaking nationally to professionals and laypersons alike on the importance of hormone optimization and its effects on the aging process, Dr. DeNeui has introduced life-changing technologies in a variety of settings.

Dr. DeNeui lives in the Dallas / Ft. Worth Metroplex with her husband Dan and two dogs, Bodie and Bella. Their family of 7 children and 3 grandchildren also live in the area and are never too far from home.

Bundle 13

13. Practice/Professional Development - Part 2

F06 Our Most Dreaded Conversations

Antay Parker, DNP, APRN, WHNP-BC, CNM, CNOR, RNFA, C-EFM

Dr. Antay Parker is a board-certified women's health nurse practitioner & certified nurse midwife in Fort Worth, Texas. She completed her Doctor of Nursing Practice degree at The University of Oklahoma Health Science Center in May 2018. She has also completed undergraduate degrees in history at East Texas Baptist University in 2008 and in nursing at The University of Texas at Arlington in 2011. She completed her Master of Science in Nursing Leadership at The University of Texas at Tyler in 2013 and her Master of Science as a Women's Health Nurse Practitioner at the University of Cincinnati in 2015. She completed her post-master's certification in nurse midwifery at Texas Tech University Health Science Center in 2020. Her nursing career began in 2011 as a cardiovascular intensive care nurse followed by time in the operating room & post-anesthesia care unit. She is also a certified perioperative nurse. In July 2019, she joined Acclaim Physician Group as a provider at John Peter Smith Hospital in Fort Worth. Prior to joining Acclaim, she was in private practice in Fort Worth. She is also a registered nurse first assist, specializing in obstetric & gynecologic surgery as well as gynecologic robotic surgery. Dr. Parker has presented & published on a variety of topics ranging from postoperative pain management to cardiovascular health to healthcare risk management through error reduction. Dr. Parker is the President of Fort Worth Region Nurse Practitioners, a Legacy member of TNP, Lifetime member of Association of Perioperative Nurses (AORN), as well as an active member of Fort Worth Region Nurse Practitioners, National Association of Nurse Practitioners in Women's Health, American College of Obstetrics & Gynecology, Society of Maternal-Fetal Medicine, American College of Nurse Midwives, Sigma Theta Tau International, as well as multiple other professional nursing organizations. Dr. Parker currently resides in the Fort Worth area with her 16-year-old adopted daughter, Peyton. She is a native of Louisiana but has enjoyed living in the Fort Worth area for the last eleven years and calls it home. She enjoys playing the piano & violin, watching movies, going to plays & concerts, reading, traveling the world, and spending time with friends.

13. Practice/Professional Development - Part 2

S57 The NP as the First Assist

Antay Parker, DNP, APRN, WHNP-BC, CNM, CNOR, RNFA, C-EFM

Dr. Antay Parker is a board-certified women's health nurse practitioner & certified nurse midwife in Fort Worth, Texas. She completed her Doctor of Nursing Practice degree at The University of Oklahoma Health Science Center in May 2018. She has also completed undergraduate degrees in history at East Texas Baptist University in 2008 and in nursing at The University of Texas at Arlington in 2011. She completed her Master of Science in Nursing

Leadership at The University of Texas at Tyler in 2013 and her Master of Science as a Women's Health Nurse Practitioner at the University of Cincinnati in 2015. She completed her post-master's certification in nurse midwifery at Texas Tech University Health Science Center in 2020. Her nursing career began in 2011 as a cardiovascular intensive care nurse followed by time in the operating room & post-anesthesia care unit. She is also a certified perioperative nurse. In July 2019, she joined Acclaim Physician Group as a provider at John Peter Smith Hospital in Fort Worth. Prior to joining Acclaim, she was in private practice in Fort Worth. She is also a registered nurse first assist, specializing in obstetric & gynecologic surgery as well as gynecologic robotic surgery. Dr. Parker has presented & published on a variety of topics ranging from postoperative pain management to cardiovascular health to healthcare risk management through error reduction. Dr. Parker is the President of Fort Worth Region Nurse Practitioners, a Legacy member of TNP, Lifetime member of Association of Perioperative Nurses (AORN), as well as an active member of Fort Worth Region Nurse Practitioners, National Association of Nurse Practitioners in Women's Health, American College of Obstetrics & Gynecology, Society of Maternal-Fetal Medicine, American College of Nurse Midwives, Sigma Theta Tau International, as well as multiple other professional nursing organizations. Dr. Parker currently resides in the Fort Worth area with her 16-year-old adopted daughter, Peyton. She is a native of Louisiana but has enjoyed living in the Fort Worth area for the last eleven years and calls it home. She enjoys playing the piano & violin, watching movies, going to plays & concerts, reading, traveling the world, and spending time with friends.

13. Practice/Professional Development - Part 2

F19 Success of an Advanced Practitioners Run Geriatric Trauma Program

Cari Selzer, DNP, APRN, ACNS-BC and Elizabeth Smith, DNP, APRN, ACNS-BC

Elizabeth Smith is the Executive Medical Director for Inpatient Transformation and the Director of Trauma and Acute Care Surgery Advanced Practice. Elizabeth was instrumental in identifying best practices for geriatric trauma patients to establish guidelines and develop the "GT55" program for John Peter Smith Hospital in Fort Worth. Cari Selzer is currently the Manager for the Trauma and Acute Care Surgery Advanced Practice team at JPS as well as an Associate Professor and Program Director for the AGACNP program for Texas Christian University. Cari was one of the original advanced practitioners hired to manage the care for the geriatric trauma population cared for at the only Level I Trauma Center in Tarrant County. Elizabeth and Cari will discuss program development, obstacles they've encountered, 5-year review of this program as well as share how their APP program has grown because of the success of this program.

13. Practice/Professional Development - Part 2

F27 Transitioning from the Clinic to the Classroom

Jessica Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP

Dr. Jessica Peck is an expert pediatric clinician and anti-trafficking advocate who provides innovative, visionary, and award-winning leadership to develop and lead inclusive and diverse interprofessional teams in multiple arenas to provide outcomes of high-quality health care. Dr. Peck is a recognized and published national expert about human trafficking. She served as founding Chair of the Alliance for Children in Trafficking, a national campaign of the National Association of Pediatric Nurse Practitioners Partners for Vulnerable Youth, where she worked with other national organizations to equip healthcare professionals to combat human trafficking of children and advocates for other vulnerable youth populations. Dr. Peck worked with the Office of Trafficking in Persons to help create a set of core competencies for health care professionals caring for trafficked individuals. She serves as the Lead Medical Consultant for UnBound Houston and helped to create a statewide continuing education and to pass legislation mandating CE for all direct care providers in Texas. Dr. Peck is currently a Professor of Nursing at Baylor University in Dallas, Texas. She holds active credentials as a Pediatric Nurse Practitioner, a Certified Nurse Educator, and a Clinical Nurse Leader. Dr. Peck has been practicing as a Pediatric Nurse Practitioner for more than 15 years in primary care environments. Dr. Peck travels nationally to speak on the use of technology in nursing education and practice, including health impacts of social media use by teens. As both a nurse practitioner and a mother of four children, she has a special interest in educating and equipping families to promote positive physical, emotional, mental, social and spiritual health. She regularly writes articles for parenting magazines and is a frequent guest on radio and television to promote the health of children.

Bundle 14

14. Pain/Opioids

S54 Understanding the Off-label CBD Formations

Andy Ruiz, PharmD, MSc, FACA and Sydney Braasch, Pharm D

Dr. Andy Ruiz is President and Partner at Stonegate Pharmacies: Stonegate Pharmacy, Stonegate Pharmacy on Broadway; Partner at Renue Pharmacies in San Antonio and Co-Founder of Endotech Solutions, LLC.

Andy attended The University of Texas at Austin for 2 years prior to entering the University of Texas at Austin College of Pharmacy where he earned his Doctor of Pharmacy in 2008. After completion of his Doctor of Pharmacy, Andy assisted in the design and implementation of the first combined Master of Science in Pharmacy and Community Pharmacy Residency. He was also the first trainee of this American Society of Health-System Pharmacists (ASHP) accredited residency. After completion of the combined Master of Science/Residency Program, Andy joined an independent pharmacy in San Antonio, Texas where he was the Wellness Director and Pharmacist-in-Charge of a closed door specialty and home infusion pharmacy. In May of 2011, Andy moved to Austin and soon after assumed his role as a business partner and Pharmacist-in-Charge at Stonegate Pharmacy. As President, Andy oversees all operations of Stonegate Pharmacies.

Andy enjoys teaching at the academic, interprofessional and intraprofessional level. At the University of Texas at Austin College of Pharmacy Andy teaches both elective and didactic courses as an Adjunct Assistant Professor. Dr. Ruiz also serves as an Adjunct Assistant Professor for Midwestern University College of Pharmacy, and faculty preceptor for Incarnate Word University Feik School of Pharmacy. In addition, Andy lectures for various chemical companies on Hormone Replacement Therapy for Men and Women. He is also a Fellow, and serves as an instructor, for the American College of Apothecaries where he teaches advanced courses in Men's and Women's Health.

In 2010, Andy published his original research on Bioidentical Hormones. Prior to 2010, Andy published original research on Infectious Disease. Andy served on the Board of The International Academy of Compounding Pharmacists (IACP) Foundation and served as the Foundation's Research Committee Chair. Andy is currently a member of the National Community Pharmacist Association (NCPA), Texas Pharmacy Association (TPA), American College of Apothecaries (ACA), and Alliance of Independent Pharmacists of Texas (AIP). Andy is also active in research and his current research is focused on the safety and efficacy of various routes of administration for Bioidentical Hormone Replacement Therapy in menopausal women. He hopes to start a new study on the utility of sublingual hormone replacement therapy.

14. Pain/Opioids

Pain Management Alternative to Opioids Multimodal Treatments

Graves Owen

Coming Soon

14. Pain/Opioids

F13 Pain Management: Delegation and CS Mitigating Risks

Kelley Pennel, DNP, APRN, ACNS-BC

I am contracted with the Texas Board of Nursing as a pain management practice expert witness and I continue to specialize in the treatment of pain syndromes as a Clinical Nurse Specialist. My passion for my career as a clinician aligns with my goal to improve the journey for patients suffering with chronic pain syndromes. My second passion is ensuring clinicians possess the most up to date practice related information for implementation in practice. I have specialized in pain management since 2007.

14. Pain/Opioids

F14 Addressing Methamphetamine Abuse in Primary Care

Marcie Lusk, DNP, APRN, FNP-C, ENP

Drs. Lusk and McInnis are both Clinical Assistant Professors of Nursing at The University of Texas at Tyler, teaching in the Family Nurse Practitioner Program. Together they teach Diagnostics & Procedures, which includes a suture and splint lab that is offered several times a year. Both are certified FNPs and work in the urgent care and emergency settings.