

Excellence in Holistic Healthcare Delivery

6th Texas Regional Holistic Nursing Conference and Central Texas Nurse Practitioner Update

February 25, 2017, 8am-5 pm
McLennan Community College

Community Service Center at the Conference Center
4601 N. 19th St., Waco Texas

Registration cost and deadline:
\$85 Earlybird by January 31, 2017, \$99 Regular

DELIVERY (6th Texas Regional Holistic Nursing Conference and Central Texas Nurse Practitioner Update)

7:30 Breakfast and Vendors

7:45 Welcome

8-9 am **Keynote: Future Trends in Advanced Holistic Nursing Practice: Facilitating Health, Wellness and Well-being--Dr. Margaret Erickson**

9-10 am Opioids and Alternative Forms of Pain Management--Shannon Wright, NP, Richard McBride, NP

10-10:15 am Break

10:15-11:15 am Introduction to Nurse Coaching--Lyn McCright, Teresa Walding, Peggy Bartholomew, NP, Carla Hay-Perdue, NP

11:15-12:15 am Coaching for our Clients and Ourselves--Lyn McCright, Teresa Walding

12:15-1:15 Lunch, networking and Vendors

1:15-2:15 pm Keeping Children Safe--A Ground Visionary--Elaine Carroll

2:15-3:15 pm Guided Imagery for Post Traumatic Stress and Its Role in Self-Efficacy (Self-Care)--Liz Flynn, NP

3:15-3:30 Break

3:30-4:30 pm **Endnote:** NP Patient Advocacy, Context and Practice: A New Practice Model--Karen Mercereau, RN, iRNPA

Closing and Evaluation

Central Texas Chapter
American Holistic Nurses Association



Margaret Erickson, PhD, RN, APRN-BC will Keynote:

EXCELLENCE IN HOLISTIC HEALTHCARE DELIVERY

A combined conference of the **6th Texas Regional Holistic Nursing Conference** and the **Central Texas Nurse Practitioners Update** to be held February 25, 2017 in Waco, Texas at McLennan Community College, 8am-5pm.

Seven CEU's will be offered. CEU's accepted by American Holistic Nurses Certification Corporation (AHNCC) for Holistic Nursing and Nurse Coaching certification and re-certification.

Registration available at <https://ctnp.enpnetwork.com/>



Karen Mercereau, RN will Endnote:

VISIONARY LEADER IN HEALTHCARE

A clinical RN for 48 years, Karen Mercereau is recognized as a visionary leader in health care, known for her ability to transcend challenges and to create opportunity from complexity. After developing the model of independent RN Patient Advocates (iRNPA) over 7 years of practice, Karen has developed the RN Patient Advocates/University of Arizona College of Nursing Learning Intensive to prepare qualified clinical RNs to become independent RN Patient Advocates.

Registration available at <https://ctnp.enpnetwork.com/>



The purpose of the conference is for the RN to learn about evidenced based holistic nursing practice for their patients and themselves. Conference objective: The learner will be able to discuss the transformation taking place in advanced practice and holistic nursing practice. Seven CNE's may be earned. CNE's accepted by American Holistic Nurses Certification Corporation (AHNCC) for Holistic Nursing and Nurse Coaching certification application and renewal.

Registration available at <https://ctnp.enpnetwork.com/>

CNE's applicable for certification and renewal in Holistic Nursing and Nurse Coaching through American Holistic Nursing Certification Corporation (AHNCC).

Sponsored by CenTex Chapter...AHNA, Central Texas Nurse Practitioners, and McLennan Community College