Track and tier placement is based on diagnosis (DX), severity, remission, needs and license type. Individualized TPAPN participation components are determined based on track and tier placement and need as determined by the Texas Board of Nursing, referral information, toxicology tests, substance use and mental health evaluations, treatment providers, other clinicians, and TPAPN. Note: Within each tier the level of severity and/or remission moves from less severity to more severity.

**Track A:**
Help for nurses with SUBSTANCE USE or SUBSTANCE USE & CO-OCCLUDING MENTAL HEALTH CONDITIONS
For nurses with a substance use, or substance use and co-occurring mental health condition and/or history.

*(drug testing required; practice monitoring usually required)*

<table>
<thead>
<tr>
<th>TIER 0-EE</th>
<th>TIER 1 No/Provisional DX</th>
<th>TIER 2 Mild DX</th>
<th>Tier 3 Moderate DX</th>
<th>Tier 4 Severe DX</th>
</tr>
</thead>
<tbody>
<tr>
<td>BON* APPROVAL REQUIRED</td>
<td></td>
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</tr>
</tbody>
</table>

**Tier 0-EE**

Participation Components
Least \[\text{Least} \] \rightarrow Most

TPAPN participation components are individualized and depend on numerous factors including one’s referral information, diagnoses, severity, remission, needs and license type.

There are special considerations for APRNs due to the nature of their practice.

**Track B:**
Help for nurses with MENTAL HEALTH CONDITIONS
For nurses with either a mental health condition or a history of a mental health condition.

*(drug testing may be required; practice monitoring may be required)*

<table>
<thead>
<tr>
<th>TIER 1</th>
<th>TIER 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>BON* APPROVAL REQUIRED</td>
<td></td>
</tr>
</tbody>
</table>

**Tier 1**

Participation Components
Least \[\text{Least} \] \rightarrow Most

For nurses who have disclosed a mental health condition and/or treatment, are stable and do not have nursing practice concerns or a criminal history and who do not require nursing practice monitoring.

**Tier 2**

**For nurses with either a mental health condition or a mental health condition history and who require nursing practice monitoring.**

* BON: Texas Board of Nursing