Do you have questions about your medications?

Your pharmacist can help.

Medication Therapy Management . . . Pharmacists can help.

Do you or someone you care about take medications?

If so, it is very important that the medications are properly managed. These powerful substances need to be selected, taken and monitored appropriately to achieve the best benefits.

Can Pharmacists do more than dispense medications?

Yes. In addition to safely and effectively dispensing medications, pharmacists can provide medication therapy management services in every patient care setting to ensure that medications are used safely, effectively and in a way that most benefits patients.

Are Pharmacists the medication experts on the health care team?

Yes. As your health care provider with years of training and experience in managing medication therapies, your pharmacist is the best qualified to help you get the most benefit from your medications.

What types of patient care services do Pharmacists provide through Medication Therapy Management?

Medication therapy management services include medication therapy reviews, complex medication consultations and referrals from specialist physicians, health and wellness services, immunizations, disease education, health coaching and many other patient care services that can help you.

Take control of your medication therapy today by partnering with your pharmacist - your health care medication expert!

Patients may also benefit from:

- Periodic assessment of their health status.
- Formulation of a medication treatment plan.
- Selection, initiation, modification, or administration of medication therapy upon approval from their physician.
- Monitoring and evaluation of their response to therapy, including safety and effectiveness.
- Periodic comprehensive medication reviews to identify, resolve, and prevent medication-related problems, including adverse drug events.
- Documentation of the care delivered and communication of essential information to their other primary care providers.
- Verbal education and training designed to enhance understanding and appropriate use of their medications.
- Information, support services, and resources designed to enhance adherence with medication regimens.

Pharmacists are the ‘medication experts’ on the health care team – their expertise and medical knowledge stem from both undergraduate and graduate education and training in helping all types of patients manage their medications. In addition to their specialized education and training, accessibility gives pharmacists a unique advantage to providing patient care in a health care landscape where primary care physicians are less and less available. Pharmacists are in the unique position to help coordinate patient care and provide preventive services relating to prescription, non-prescription and nutritional supplement products.

Medication Management services provide patients with knowledge leaving them better equipped to manage their illness and improve their quality of health.

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What is a Medication Review?

It is a service provided by pharmacists which often is called medication therapy management or MTM.

It is more than just answering questions when you pick up a prescription. During a medication check-up, your pharmacist will meet with you by appointment, for a one-on-one to review all of your medications, including:

- Prescription medications
- Over-the-counter medications
- Herbal products
- Dietary supplements

During this Review, your Pharmacist can:

- Help you understand how the medications help you manage your health conditions.
- Answer any questions you have about your medications.
- Help you organize your medications and prepare questions to ask your other health care providers.
- Check if you are having any problems with your medications. If problems are found, your pharmacist may be able to work with you and your health care providers to help solve these problems.
- Help you keep track of any issues you have had with medications in the past.
- Help you make a complete list of all your medications that you can share with other health care providers

Who should have a Medication Review?

Anyone who uses prescription medications, over-the-counter medications, herbal products, or other dietary supplements may be helped by a medication check-up.

This service may be most helpful if you:

- Use several medications.
- Have several health conditions.
- Have questions or problems with your medications.
- Take medications that require laboratory monitoring.
- Have been hospitalized recently.
- Have recently changed your medications.
- Want to reduce your out-of-pocket medication costs.
- Get medications from more than one place.

Many insurance companies now pay for medication check-ups (or MTM services), but may limit who can receive coverage through the insurance plan.

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