What does the ABNT do?

- Represents the views and interests of UK neurology trainees to the ABN, JRCPTB, RCP, BMA and EAN, an average of one committee attendance per fortnight on your behalf!
- Raises awareness of issues relevant to neurology training and neurology trainees to members via a newsletter, ABNT website and Twitter.
- Works to support and enhance neurology training in the UK (see Our Initiatives).
- Provides regional support to neurology trainees via network of regional representatives.
- Promotes Neurology as a specialty to FY, IMT doctors and medical students, e.g. ABNT Mentoring Scheme.

Our Initiatives

Mentoring Scheme
This annual scheme matches FY and IMT doctors with neurology registrars to provide support and advice in developing a career in neurology. More than 100 doctors have been offered mentors so far. If you are interested in being a mentor or a mentee, please visit the ABNT website and fill out an application form. Contact liason@abnt.org.uk for further information.

The ABN Training Day
The ABN organises the Training Day, held annually, the day before the ABN Annual Meeting. It draws on expertise from around the UK to provide UK trainees with consultant-led teaching.

ABNT Pages and Twitter
We have dedicated trainee pages on the ABNT website with useful information on developing your career in Neurology. This includes insightful information on Shape of Training and changes to the curriculum. We also have research pages with further information on participating in research as a trainee, whether you are embarking on your very first research project, or a seasoned academic looking for post-doctoral funding. Our twitter, @ABNTtrainees shares useful updates on research, training and job opportunities. Please give us a follow!

ACNR Input
We collaborate with the ACNR to produce articles for trainees by trainees, including reviews on books and conferences. Please visit www.acnr.co.uk to read the papers and email media@abnt.org.uk if you would like to contribute or propose a topic.

ABN Preparing for Consultancy Course
We are in the process of arranging our second consultancy course for September 2024. Aimed at ST6/ST7 trainees, this course will cover topics such as early consultant career development, job planning, managing complaints and many others.

ABN Acute Neurology Boot Camp
The annual Acute Neurology Boot Camp has become a firm fixture in the trainee calendar. The course was developed in 2019 by the ABNT with support from the ABN to help improve the confidence of trainees either starting their neurology training or returning after a period of time away (e.g., research, parental leave, out-of-programme experiences, etc.).

Since COVID, the course has been remote, leading to attendees from across the UK and worldwide. Speakers have been nominated as young, dynamic consultants representing the breadth of UK neurology, with topics focussed on acute presentations that are likely to be seen on an on-call shift. Alongside the course, we also developed a survival guide to be used as an aide memoir during an on-call shift with tips on managing challenging presentations such as status epilepticus, acute headache and neuromuscular weakness. It also provided links to valuable resources.

Each year, we have had excellent feedback providing evidence that the course achieves its aims: to increase attendees’ confidence in holding the on-call bleep and provide high-quality, relevant teaching.

We are continuing to develop the course going forward and will be running our fifth Boot Camp virtually on 3rd July 2024.