Nurse Practitioners Independent Practices Bring Comprehensive, Innovative Healthcare to Communities Across New York State

House Calls, Addiction Services, Chronic Care Management

From the Bronx to Buffalo, nurse practitioners (NPs) around New York State are leading the way in providing comprehensive, personalized care to adults and children in their local communities.

“As healthcare professionals and as business owners, NPs are creating new models of care to meet changing health care needs,” says Stephen Ferrara, Associate Dean of Clinical Affairs at Columbia University School of Nursing, and Executive Director of The Nurse Practitioner Association New York State.

Family Practice on Staten Island
Nurse Practitioner Efrat LaMandre always knew that she wanted to open up her own practice “It’s been very rewarding being able to drive patient care in the way that I think it should be driven,” she says.

Her practice, EG Healthcare, focuses on pediatric and adult medicine, offering “modern healthcare with a community feel.” Complete physical evaluations and social assessments are a priority. Every patient is not only examined physically but also screened for depression, food scarcity and substance abuse. Patients are then connected with necessary resources on Staten Island.

LaMandre emphasizes inclusivity and education in her practice. “We extend ourselves to populations who have often been considered underserved,” she says. “We reach out to local churches and organizations to provide patient education and information about health care concerns.” Her practice also prides itself in being a safe environment for the LGBTQ community.

As the owner of an independent, autonomous practice, LaMandre has a two-pronged approach: She actively promotes her own practice, and also takes time to promote the larger role of NPs as health care providers in the community. She serves on the Regional Board of the Nurse Practitioner Association in her area, and in that capacity coordinates educational programs for Nurse Practitioners of Staten Island. She also serves on the Staten Island University Hospital Foundation Board of Trustees. In addition she serves on the board of the Staten Island Pride Center.

She says, “I am, of course, a huge advocate for nurse practitioners, however, I also strongly believe in integrating myself and our role in the medical world and in working closely with physicians, physician assistants, and other health care professionals to help shape policy and maximize patient care. Ultimately it’s all about the patient.”

The Nurse Practitioner Association New York State
Nurse Practitioners (NPs) are registered nurses who have completed advanced education, at a Master’s or Doctorate level, plus additional clinical preparation. These professionals are authorized to independently diagnose illness and physical conditions, perform therapeutic and corrective measures, order tests, prescribe medications, devices and immunizing agents, and refer patients to other health care providers. The Nurse Practitioner Association New York State (The NPA), the only statewide professional association of nurse practitioners, promotes high standards of healthcare delivery through the empowerment of nurse practitioners and the profession throughout New York State. For more information, visit: www.TheNPA.org.

**Source:** The Nurse Practitioner Association New York State

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