Nurse Practitioners Independent Practices Bring Comprehensive, Innovative Healthcare to Communities Across New York State

House Calls, Addiction Services, Chronic Care Management

From the Bronx to Buffalo, nurse practitioners (NPs) around New York State are leading the way in providing comprehensive, personalized care to adults and children in their local communities.

“As healthcare professionals and as business owners, NPs are creating new models of care to meet changing health care needs,” says Stephen Ferrara, Associate Dean of Clinical Affairs at Columbia University School of Nursing, and Executive Director of The Nurse Practitioner Association New York State.

Palliative Care and Geriatrics in the Bronx

“As nurse practitioners are making a difference in all areas of health care,” says Margaret Nolan, owner of Geriatric Assessment and Support. Nolan, who has a doctorate in Nursing Practice (DNP), has practiced medicine in critical care settings, nursing homes and outpatient settings. She now operates an independent practice coordinating care for older patients and those facing the end-of-life.

“As the population ages and people live longer, the need for health care professionals who can organize and review goals of care becomes increasingly important,” Nolan says. “There is a lot of focus on how sick one may be, but little on the length of the illness, she adds, “That is my specialty.”

Her service does not provide primary care, rather she provides consultative services. She utilizes the phone, the internet, and may make patient visits if possible. Her company’s goal is to and helps patients and families navigate what can often be a daunting health care and social service system to keep the focus on the individual’s goals of care.

She says, “Patients come to me via word of mouth, referrals from providers, and other professionals. Much of my work has been devoted to care of the geriatric patient and it’s gratifying to be able to help these patients and their families during what can be a challenging period.”

The Nurse Practitioner Association New York State

Nurse Practitioners (NPs) are registered nurses who have completed advanced education, at a Master’s or Doctorate level, plus additional clinical preparation. These professionals are authorized to independently diagnose illness and physical conditions, perform therapeutic and corrective measures, order tests, prescribe medications, devices and immunizing agents, and refer patients to other health care providers. The Nurse Practitioner Association New York State (The NPA), the only statewide professional association of nurse practitioners, promotes high standards of healthcare delivery through the empowerment of nurse practitioners and the profession throughout New York State. For more information, visit: www.TheNPA.org.