



QUARTERLY PUBLICATION OF THE WISCONSIN PSYCHIATRIC ASSOCIATION

## WPA Calendar

### August 23, 2017

Southern Chapter Summer Event  
*The Goldwater Rule*  
The Madison Club, Madison, WI

### October 5-6, 2017

WPA Fall Conference  
*Ethics, Integrated Care and  
Complex Patient Interactions*  
InterContinental Hotel,  
Milwaukee, WI

### March 8-10, 2018

WPA Annual Conference  
*Emerging Treatments  
and Controversies*  
The Edgewater, Madison, WI

Visit [www.TheWPA.org](http://www.TheWPA.org) for  
information on other events.

The twenty-second installment  
of *Psychiatric Summary*,  
produced by Frederick Langheim,  
MD, PhD, is available online  
at [www.TheWPA.org](http://www.TheWPA.org).

## President's Message

*By Justin Schoen, MD, FAPA*



We're in the midst of summer and hopefully everyone is enjoying their outdoor plans and adventures!

At the end of the recent APA Annual Meeting, my role as the WPA President became official. I am excited to share the journey with you through regular communications and at our events. Much like summer, the future of WPA holds the potential for tremendous growth and opportunity. I will be working closely with our Executive Council and management team to continue developing our organization for success now and into the future. I plan to focus on membership development and legislative work, and I hope to create a pipeline for more people to get involved in the WPA and Psychiatry in general.

I want to take a moment to reach out to all of you who are reading this as a way to further engage you in the association. Please reach out to me if there are particular subject matters, legislative concerns, or innovative ideas

that you believe will help! Contact me through the WPA office at [WPA@badgerbay.co](mailto:WPA@badgerbay.co), or through our Executive Director, Sally Winkelman, who will help navigate the discussion.

We are working through ever variable medical and political environments that often collide, which also provides fertile grounds for evolution. I truly believe we are better together, and there is a significant amount of work in front of us. Let's work together to shape the future of Psychiatry in Wisconsin. Thank you again for the opportunity!

Have a wonderful summer!

*Justin*

## WPA Legislative Update

*By Eric Jensen, WPA Lobbyist*

### Chiropractor Scope Expansion Efforts – Again

It seems like every year we discuss a new effort by the chiropractors to expand their scope. Last session and summer it was an effort to create a "Doctor of Chiropractic Medicine" license that, with little additional training, would have authorized chiropractors to perform undefined "minor procedures," utilize some anesthesia, prescribe some medications, etc. That bill was supported by one chiropractor organization (WI Chiropractic Association), but opposed by the other (Chiropractic Society of WI) and never progressed in the Legislature.

This session come AB 260 (Rep. Chuck Wichgers, R-Muskego) and SB 232 (Sen. Frank Lasee, R-DePere) – companion legislation that would (among other things) authorize chiropractors to conduct pre-participation physical exams for student-athletes and that would require the WIAA, state technical colleges and 2-year UW campuses to accept a chiropractor's pre-participation exam.

Despite opposition from 22 physician, hospital, insurer and other organizations, AB 260 moved very quickly from introduction to hearing (Assembly Health Committee) to committee vote, and was voted on by the full Assembly on June 21st. An amendment offered on the Assembly floor by Rep. Deb Kolste (D-Janesville) that would have removed the athletic examinations portion of the bill was defeated on a party-line vote, and the bill was passed on a "voice vote" which means there is no record of any particular lawmaker's vote on final passage.

A WPA Legislative Alert was sent to WPA members in June providing details about AB 260/SB 232 and urging WPA members to contact their State Senators to oppose the legislation.

SB 232 has been assigned to the Senate Health Committee, and AB 260 now received from the Assembly is awaiting committee assignment. Senator Leah Vukmir (R-Wauwatosa) chairs the Senate Health Committee and has generally been opposed to chiropractic scope expansion efforts. With summer in full swing, it is unlikely there will be any action on these bills in Senate until at least this fall, but it is important for Senators to hear from you now to set the tone for their consideration.

### Doctor Day 2018

Doctor Day will be on January 30, 2018 – mark your calendars now! We moved the date earlier to ensure as best we can that the Legislature has not adjourned their session when you come to Madison next year. Stay tuned for sign-up and other information.

### State Budget Update

The Wisconsin Constitution requires that the State Budget be signed into law by July 1 of the odd year – and as of today (June 26) the Joint Finance Committee (JFC) has not completed its work on the budget. Once JFC is complete, the budget bill must be approved by both the Assembly and Senate before finally going to the Governor for signature. The upside is that in Wisconsin, there is no government shut-down—absent a budget for the next biennium, all agencies and programs continue forward at the last biennium's funding and spending levels.

The Governor, Senate and Assembly remain at odds over a small number of key programs, including education and transportation funding. Leaders have been meeting regularly in an effort to find common ground, but have been unable to do so thus far.

## Inaugural Class of Residents at MCW-Central Wisconsin

Edward Krall, MD, Program Director



I really am very grateful for how our program did in the MATCH, so please excuse my enthusiasm! All three candidates were in the top 15 of our ranking list and all three have ties to Wisconsin or Minnesota and commitments to serving in rural areas. We are thankful for all who contributed to this exciting expansion of the MCW Psychiatry Residency Program.

Amy Butterworth completed her undergrad at Jacksonville State University in Alabama. She has completed one year of a family practice residency, has her MBA, has worked as a teacher, and has tutored students for USMLE. Dr. Butterworth is enthusiastic about serving in the community from Day 1.

Albina Ovasapyan attended the University of Wisconsin-Parkside for undergrad, and the University of Wisconsin-Madison for medical school. She is from Wisconsin, has worked in the MEDIC, a student-run free clinic in Madison and led the Psychiatry Student Interest Group. She has taught in an adult literacy program and is interested in Wisconsin's Child Psychiatry Consultation Program.

Ryan Stever completed his undergraduate studies at the University of Minnesota, Duluth and went to medical school at St. George's University School of Medicine. He is from southeastern Minnesota, has strong ties to serving rural communities, and has taught psychopharmacology to psychology undergraduates.

## MCW's Northeast Wisconsin (N.E.W.) Program Welcomes Residents

Robert Gouthro, MD, Program Director



Daniel Hoppe attended the University of Texas Medical School Galveston Branch where he also served as a tutor to second year medical students, helping them prepare for the USMLE. Prior to turning his attention toward medicine he worked as a realtor in California.

Andrew Kordus earned his medical school degree from Nova Southeastern University College in Florida. He has been active in volunteer activities and previously worked with the Million Veteran Program as a clinical researcher through MCW.

Brooke Mastroianni earned her MD from the St. George's University of London where she was awarded several merit awards. Brooke elected to complete many of her clinical rotations in Puerto Rico where she quickly became fluent in Spanish.

Waqas Yasin graduated from the Liaquat National Hospital and Medical College in Lodran, Pakistan where he was awarded the MD's Gold Medal for Best Graduate. He has been active in rural volunteer work in his home country of Pakistan as well as in psychiatric research here in the United States.

## Meet our New Residents at MCW - Milwaukee Campus

Mara Pheister, MD, Program Director



Peter DeVries is a graduate of the University of Wisconsin School of Medicine and Public Health and a native of Marshfield, Wisconsin. He completed his undergraduate degree at the University of Minnesota-Twin Cities.

Jennifer Ha graduated medical school from the University of Toledo College of Medicine, after which she completed residency in Pathology at University Hospitals- Case Western Reserve University Cleveland, OH. She completed her fellowship at Case Western in Cytopathology before making the decision to change to the field of Psychiatry.

Sara Lindeke is one of our own, graduating from MCW – Milwaukee campus, where she was a member of the Gold Humanism Honor Society. Sara is a native of Appleton, Wisconsin.

Ana Maria Navarro-Montoya is a native of Columbia who graduated medical school from Universidad de Antioquia Facultad de Medicina in Medellín, Colombia. She completed one year of psychiatry residency before moving to the United States.

Hannah Reiland is a LaCrosse native who graduated from Des Moines University College of Osteopathic Medicine. She graduated from UW Madison with a degree in Creative Writing and is also a member of the Gold Humanism Society.

Hannah Schroeder is also a native of Appleton and graduated from Edward Via College of Osteopathic Medicine – Virginia Campus. She majored in psychology and Spanish at UW-Oshkosh.

Codie Vassar is a native of Beloit, Wisconsin and graduated from Medical College of Wisconsin, Milwaukee Campus. Prior to medical school, he was part of AmeriCorps-Community Health Corps where he worked primarily at the 16th St. Clinic in Milwaukee.

Alice Zhou graduated from Saint Louis University School of Medicine. During her undergraduate years, she was a member of the Vanderbilt Women's Ultimate Frisbee Team.

## UW Welcomes Residency Class of 2021

Art Walaszek, MD, Program Director



We proudly introduce our next incoming class of UW Psychiatry Residents, the Class of 2021. What an incredible year for recruiting new psychiatrists - the field had a record number of applicants and a record number of residency positions. Given the quality of applicants we interviewed—and of our nine new residents—our future is indeed very bright.

Colleen Considine received her undergraduate degree from Northwestern and graduated from Rush University Medical Center in Chicago. While in

medical school, she participated in an away rotation in Community Treatment Alternatives (CTA) at Journey Mental Health Center in Madison.

Misty Embrey was a high school valedictorian and magna cum laude graduate of Columbia University, where she majored in Neuroscience and Behavior. She graduated from the Frank H. Netter MD School of Medicine at Quinnipiac University, CT, where she founded and led the school's first interest group for students interested in complementary and integrative medicine.

## UW Welcomes Residency Class of 2021 *continued...*

Jacob Ferris majored in Biology, Art, and Art History at Rice University and completed medical school at University of Texas at San Antonio. Last year, he matched into the Neurology residency at the University of Colorado and is now transferring to our Psychiatry residency to pursue the specialty that best fits his values and skills.

Mudit Kumar completed his medical education at Maulana Azad Medical College in New Delhi, participated in three different externships at hospitals affiliated with Brown University, including the Center for Autism and Developmental Disabilities of Bradley Hospital.

Alexandra Kushnir is a graduate of the People's Friendship University of Russia Faculty of Medicine in Moscow. She qualified as a Medical English Translator while in medical school. She participated in a research project with the American Society of Addiction Medicine on the use of ASAM criteria for determining level of patient care.

Israel Labao completed his MPH at Yale where he served as Co-President of the Yale chapter of the American College of Healthcare Executives. He completed his undergraduate studies at the University of Illinois at Urbana-

Champaign, where he majored in Psychology and Spanish and his medical studies at Rosalind Franklin University.

Wren Logan attained undergraduate degrees in Biology and Microbiology from the University of Iowa, and finished medical school at the University of Illinois in Chicago. Her interests range from palliative care to mental health stigma to LGBTQ health issues.

Andressa Medrado completed her medical training at Universidade Federal Fluminense Faculty of Medicine in Rio de Janeiro. She has worked in a general ICU and obstetrical ICU in Rio de Janeiro, as well as at the University of Rochester, Brown University, and the Adult Correctional Institute of Rhode Island.

Emee Ta completed undergraduate studies at the University of Michigan and medical school at Wayne State University. She completed an externship at the Rehabilitation Institute of Chicago (RIC), where she participated in a research project.

## State Legislative Trends Impacting Psychiatry

*Amanda Chesley Blecha, Esq., APA Regional Field Director*



State legislatures across the country continue to address access to mental health care and the opioid epidemic, while a growing number of states are eliminating Maintenance of Certification (MoC).

The APA and its district branches and state associations (DB/SAs) are proactively promoting evidence-based alternatives to mental health access challenges, such as expansion of collaborative care models, telepsychiatry implementation, network adequacy, and parity enforcement.

Meanwhile, APA and its DB/SAs continue to work in tandem to defeat unsafe prescribing proposals. Psychologists are aggressively seeking the ability to prescribe independently with minimal education and training, endangering patient safety. Through well-executed opposition campaigns, APA and its DB/SAs have deterred the introduction of psychologist prescribing legislation this session in 10 states and defeated bills in others, including Hawaii. Though the Governor of Idaho did sign a compromise bill into law, which incorporated stronger education and supervision requirements negotiated by the Idaho Psychiatry Society.

Legislation eliminating MoC as a condition of employment, hospital admitting privileges, reimbursement, licensure, and/or malpractice coverage is a growing trend, particularly in the eastern and southern regions. Several APA DB/SAs have initiated legislation or voiced support for these legislative initiatives. This year, a handful of states enacted varying laws including Georgia, Maine, and Maryland.

Addressing the opioid epidemic is a priority of many states throughout the country, particularly in the Midwest. A plethora of bills have been introduced, with over 45 states considering more than 500 bills aimed at dealing with prescription drug misuse prevention. Laws have been enacted to provide prescription guidelines, improve prescription drug monitoring programs, increase access to opioid antagonists, protect good Samaritans, or require prescription drug education. Wisconsin has been a leader, most recently passing nine additional bills as part of the Rep. Nygren's H.O.P.E. Agenda during its special session.

## APA Assembly Update, May 2017

*Michael Peterson, MD, PhD, Assembly Rep*



The annual spring APA Assembly and Area 4 Council were held prior to the APA Annual Meeting in San Diego this past May. Wisconsin was represented by Drs. Clarence Chou and Michael Peterson (Wisconsin Representatives) and Dr. Jake Behrens (Area 4 ECP from Wisconsin).

Detailed minutes of the meetings as well as a brief summary of action papers compiled by the APA Assembly Recorder, Dr. Steve Daviss, are available at [www.theWPA.org](http://www.theWPA.org) or can be obtained by request through the WPA office at [WPA@badgerbay.co](mailto:WPA@badgerbay.co).

Action papers included statements against physician assisted suicide, against psychologist prescribing, for promoting neuroscience based nomenclature (NbN) for medications, for the APA to develop educational materials around genetic testing, for minimum duration of medical student education in psychiatry, for prevention of burnout, and numerous other topics. One new practice guideline on the treatment of Alcohol Use Disorders was also moved forward.

In addition to Assembly business, we also heard from the APA President Elect, Dr. Anita Everett; APA Assembly Incoming Speaker, Dr. Theresa Miskimen; Dr. Patrice Harris, Chair, AMA Board of Trustees; and APA CEO and Medical Director, Dr. Saul Levin. Many mentioned the importance of remaining engaged and active with the APA and APA PAC, given current political concerns and uncertainty around health care reform.

Overall, the APA continues to thrive with increased financial reserves and membership nationally over the past five years. A few take home reminders:

- If WPA membership can expand membership by a net of 65 members, Wisconsin would realize an increase to three representatives at Area 4.
- We are representing you, the WPA membership, regionally at the Area 4 Council and nationally at the APA Assembly. Please contact any of us (Drs. Chou, Peterson and Behrens) if you have ideas for action papers or concerns to be raised at these meetings. Any of us can be reached through the WPA office at [WPA@badgerbay.co](mailto:WPA@badgerbay.co) or 920-560-5643.



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## Southern Chapter Summer Event

*Cindy Stanford, MD, Southern Chapter President*



WPA is pleased to be hosting a Southern Chapter event on Wednesday, August 23, from 6:00 to 8:00 pm at the Madison Club in Madison. The topic this summer will be an informal discussion and interpretation of the "Goldwater Rule", section 7 of the APA principles of medical ethics. The APA stance is that it is unethical for a psychiatrist to give a medical opinion about a public

figure they have not examined in person. The event will include a light dinner, and an interesting convergence of psychiatry, ethics, and politics. Dr. Ken Robbins and Dr. Jeff Marcus have graciously agreed to help facilitate discussion.

This is a complimentary event, please visit the WPA website to register online. We hope to see you there!

## Exploring Ethics and More at the WPA Fall Conference

*Oct. 5-6, 2017 in Milwaukee*

The Fall Conference promises to spark discussion and interaction among attendees as national presenters Annette Hanson, MD and Mark Komrad, MD offer their insight on current national movements relating to physician-assisted suicide, as well as providing a history and overview of existing laws and ethics surrounding the practice.

Conference sessions will also cover a range of complex physician-patient interactions, as well as dialogue led by David Katzelnick, MD from Mayo Clinic on the strategic implementation and effects of integrated care models in practice.

The program has been approved by the APA for 7.75 AMA PRA Category 1 Credits™. Learn more and register at [www.TheWPA.org](http://www.TheWPA.org).

# Psychiatry Update:

Ethics, Integrated Care  
and Complex Patient Interactions

WPA 2017 Fall Conference

October 5 & 6, 2017  
InterContinental Hotel, Milwaukee, WI