



## WPA Calendar

### September 27-28, 2018

WPA 2018 Fall Conference  
Glacier Canyon Lodge at  
Wilderness Resort  
Wisconsin Dells, WI

### March 14-16, 2019

WPA 2019 Annual Conference  
The Osthoff Resort  
Elkhart Lake, WI

Visit [www.TheWPA.org/events](http://www.TheWPA.org/events)  
for additional event information.

View the latest installment of  
*Psychiatric Summary*, produced  
by Frederick Langheim, MD,  
PhD, is available online at  
[www.TheWPA.org/psychiatric-  
summary](http://www.TheWPA.org/psychiatric-summary).

## President's Message

*Justin Schoen, MD*



As July is quickly approaching (and will be here when you read the WPA newsletter), I want to enjoy a celebratory moment by congratulating all of the graduating Psychiatry residents and fellows! You have completed many years of

training and education and I look forward to working with you all as colleagues.

I also want to welcome the new residents and fellows who are joining their new residency programs. Psychiatry is an incredible field and I wish you all the best as you begin the journey down specialization! If there is anything specific that we can do as an organization, please let us know. I look forward to meeting each of you in the coming months.

As I write this, I have just learned of the Wisconsin Supreme Court's ruling in the *Ascaris Mayo v. Wisconsin*

Injured Patients and Families Compensation Fund case, in which the court has restored medical malpractice caps in Wisconsin. This decision is a great victory for physicians, and WPA is proud to have been part of a coalition of medical specialty organizations to submit an Amicus Brief in the case.

WPA recently had another successful Executive Council meeting, and our newly formed Political Action Committee is beginning to take shape in structure and finance. I look forward to sharing more about the PAC as we move along, and encourage your support.

We have already had some beautiful summer days, and I hope that you all are making time to relax and enjoy. This is a great time of the year to allow yourself a bit of downtime to decompress, which will ultimately help you and your patients. I wish you the best as we move through the summer months!

*Justin*

## Get to Know Your WPA Executive Council

*Featured EC Member: Gabriella Hangiandreou, MD – AKA “Dr. Gabi”*



I have served on the Executive Council as president of the Northern chapter since 2015, and have greatly enjoyed it. I am happy to try to bring the voice of Psychiatrists working in more rural areas of the state to the table.

I was raised in the 'Deep South' (Mississippi and Louisiana) for the first half of my childhood, before moving to North Central Wisconsin. After high school, I ventured out of the woods to spend 17 years in Madison, for college,

medical school, residency, and a fellowship in Child/Adolescent Psychiatry. During training, I got married and had two children, Elena in '95 and Lindy in '97, and so life was extremely busy as I moved back up North in late 1998 to start my first 'real' job!

From 1999 until 2010, I served as a staff Child/Adolescent Psychiatrist for a tri-county Community Mental Health Center, North Central Health Care. Every day, I drove to a different small town to see kids in the regional offices, dodging turkeys, deer, and the occasional blizzard! Although I loved helping the kids and their families, who presented with a wide variety and severity of difficulties, I started to wear down from my ever-expanding practice and hopelessly long wait-list.

From that point on, I've explored alternative practice models to expand my 'diagnostic and intervention/treatment footprint' through collaboration with primary care providers. From 2010 through 2014, I pioneered such a model inside a medical group before moving to my current position as an Assistant Professor at the Medical College of Wisconsin.

With my MCW role, I am based in Wausau and provide education and consultation to Primary Care Providers across the state through the Child Psychiatry Consultation Program. I teach MCW Child/Adolescent Psychiatry fellows as well as UW School of Medicine-Wausau Campus Family Practice residents. Additionally, I teach medical students and serve on the Psychiatry Resident Interview Committee at MCW-Central Wisconsin Campus.

Along the way, I spent one day per week for a few years providing services to adults and teens within the Wisconsin Department of Corrections. Most recently, I've come back full circle to North Central Health Care, where I will see kids for Collaborative Second Opinion Consultation appointments for their Primary Care Providers.

I am Board Certified in General Psychiatry and Child and Adolescent Psychiatry, and am active on the Mental Health/AODA Coalition in my home county, where the rates of trauma exposure, substance and alcohol use, suicide, and stigma around seeking care are unfortunately high, and the number of options for accessing professional care is very low.

I am on a continual quest to maintain my own mental health! After years of spending my free time happily attending my kids' soccer games, dance shows and competitions, and making costumes for school plays and musicals, in the past couple of years I now have more time for my veggie and flower gardens, numerous pets, making quilts, and travel. The whole family is heading to Samos, Greece, in August, to explore our roots! Additionally, although I still don't like beer, I support my husband Stan in his venture of the past 3(+) years, as he's founded a craft brewing company in our hometown.

## WPA has formed a PAC

Angela Janis, MD, WPA PAC Board President

WPA PAC is a newly-formed political action committee that affords members an opportunity to engage in the political process and advocate for the psychiatric profession. The PAC is designed to strengthen current and new key relationships with state lawmakers by supporting candidates who support mental health issues, and who can help shape effective policy.

Through the PAC, WPA collects voluntary contributions and distributes them—at the direction of the PAC Board and with the advice of consultants—to candidates for state office who share our policy goals and vision for

the future of mental health care, and to organizations that support those campaigns. Political contributions are an important part of legislative advocacy in that they help elect candidates who support WPA's legislative priorities.

As we enter election season, your participation NOW can help WPA make an impact in the fall! Please contribute to the PAC today. Visit the website [www.TheWPA.org/WPAPAC](http://www.TheWPA.org/WPAPAC) today to make a donation.

## New Addiction Psychiatry Fellowship Offered in Wisconsin

With increased public awareness and decreasing stigma around addiction, the need to train more doctors in this specialty is especially high. The Medical College of Wisconsin is now offering a one-year, ACGME-accredited addiction psychiatry fellowship in Milwaukee. The goal of the program is

to graduate competent physicians who, in addition to providing excellent, compassionate care, also take on a role in advocacy and education of community and colleagues.

## Two UW Psychiatry Residents Recognized with APA Fellowships



Michelle Hume MD, PhD and Melanie Scharrer, MD, both residents in the Psychiatry Residency Program at the University of Wisconsin, have been awarded Fellowships by the American Psychiatric Association.

Doctor Hume, a second-year resident, has been recognized with an APA/APAF Leadership Fellowship, designed to develop leaders in the field of organized psychiatry by providing opportunities for a psychiatry trainee to engage, interact and participate at a national level. Doctor Scharrer, a third-year resident, has received a Public Psychiatry Fellowship, designed to create the next generation leaders in public psychiatry. Additional information about APA/APAF Fellowship opportunities is available at [psychiatry.org](http://psychiatry.org).

Michelle Hume MD Melanie Scharrer, MD

## WPA 2018 Fall Conference - September 27 & 28, 2018

By now you should have received a program brochure for our Fall Conference on Alcohol: Advocating for Change, Addressing Culture, and Advancing Public Health. If you haven't already, please register.

It's no secret that there exists a widespread acceptance of alcohol use in Wisconsin state culture. What's more, alcohol plays a significant role in professional burnout among physicians; and, stigma becomes an issue for physicians who suffer from an alcohol use disorder and who find it difficult to break down barriers to get proper treatment.

Join us in Wisconsin Dells on September 27 and 28 as we explore standard of care approaches to alcohol use disorders and engage in discussion of the public health ramifications of alcohol use disorder including steps we as psychiatrists can take to affect change within the community.

The conference will be held at the Glacier Canyon Lodge at Wilderness Resort in Wisconsin Dells and will include a Thursday night keynote presentation with dinner, followed by all day Friday sessions. Don't forget to book your lodging early.



Alcohol: Advocating for  
Change, Addressing Culture,  
and Advancing Public Health

WPA 2018 Fall Conference

**Conference Extra!** A complimentary pre-conference workshop will be offered on Thursday, September 27th from 12:00 to 4:00 pm. "Applying the Integrated Care Approach: Practical Skills for the Consulting Psychiatrist" will be presented by John Kern, MD from the University of Washington AIMS Center. The session, part of APA's Transforming Clinical Practice Initiative (TCPI), is open to all psychiatrists and primary care physicians, and registration for the WPA Fall Conference is not required. A nominal fee will cover lunch for all attendees. Visit [www.TheWPA.org](http://www.TheWPA.org) for details.

## Legislative Update

*Eric Jensen, WPA Lobbyist*

The Wisconsin Supreme Court issued its ruling on June 27 in the *Ascaris Mayo v. Wisconsin Injured Patients and Families Compensation Fund* case to uphold the \$750,000 cap on noneconomic damages, thus restoring medical malpractice caps in Wisconsin.

In January, WPA joined a coalition of medical specialty organizations to jointly file an amicus brief with the Supreme Court in support of the cap. The collaborative efforts of Wisconsin's medical community resulted in a major victory for physicians and helped preserve access to healthcare across Wisconsin.

The amicus brief was filed on behalf of WPA, the Wisconsin Chapter of the American College of Emergency Physicians, the Wisconsin Academy of Family Physicians, the Wisconsin Academy of Ophthalmology, the Wisconsin Orthopaedic Society, the Wisconsin Radiological Society, the Wisconsin Society of Anesthesiologists, and the Wisconsin Society of Plastic Surgeons by Guy DuBeau and Axley Brynson, LLP.

The case centers around *Ascaris Mayo*, who lost her limbs after a Milwaukee emergency room failed to identify an untreated infection. A court awarded her economic damages as well as \$15 million intended to compensate for pain and suffering.

The state's Injured Patients and Families Compensation Fund, which covers large medical malpractice claims in the state, moved to reduce the \$15 million to \$750,000. An appeals court backed the award and ruled the law unconstitutional.

Chief Justice Patience Roggensack wrote the majority opinion upholding the law, in part because she said the Legislature acted rationally when creating the law.

"We conclude that the Legislature's comprehensive plan that guarantees payment while controlling liability for medical malpractice through the use of insurance, contributions to the fund and a cap on noneconomic damages has a rational basis," she wrote. "Therefore, it is not facially unconstitutional."

## APA Assembly Update, Spring 2018

*Clarence Chou, MD and Michael Peterson, MD, PhD, Assembly Reps*

The annual spring APA Assembly and Area 4 Council meetings were held prior to the APA Annual Meeting in New York in May. We were pleased to have the opportunity to again represent Wisconsin as your Assembly Representatives.

Detailed minutes of the meetings as well as a brief summary of action papers are available at [www.theWPA.org](http://www.theWPA.org) or can be obtained by request through the WPA office at [WPA@badgerbay.co](mailto:WPA@badgerbay.co).

Among the Actions taken during this session, the Assembly voted to:

- urge the APA to support the AMA Position opposing unsupervised practice of non-physician practitioners
- enforce Parity laws with insurance companies
- promote the supervision of Psychiatric MH NPs and PAs in Psychiatry by Psychiatrists
- request help from CMS to improve addiction treatment process
- adopt the AACAP policy statement on psychologist prescribing
- support Medication Assisted Treatment (MAT) in physician health programs

- support a study on single payer nationwide health care system
- ask the APA Department of Education to find ways of improving identification and treatment of borderline PD
- ask the APA to support improving access to ABPN exams
- urge the APA to remove MOC as a barrier to credentialing and hiring of psychiatrists
- defeat a call for creating guidelines for public statements by psychiatrists (this was a most contentious issue that elicited substantial testimony in Reference Committee and debate by the Assembly. While the author argued that paper expressly did not call for a revision of the APA Ethical Guidelines on the Goldwater Rule, several felt the scope as stated was too broad and there was overwhelming concern voiced that it could impact the Goldwater Rule. In the end, and after many attempts to amend the paper, it was defeated by a sizeable majority).

Thank you for allowing us to represent you, the WPA membership, regionally at the Area 4 Council and nationally at the APA Assembly. Please contact us through the WPA office ([WPA@badgerbay.co](mailto:WPA@badgerbay.co) or 920-560-5643) with your input, concerns or ideas for future action papers.

## Emergency Detention Task Force Update

WPA and the Wisconsin Chapter, American College of Emergency Physicians continue their collaborative work on an Emergency Detention Task Force. The group is working to develop a shared set of recommendations regarding emergency detentions should legislative opportunities arise, and intends

to publish a white paper providing evidence and guidance around "medical clearance" of patients in the emergency department prior to psychiatric admission.

## In Memoriam

Diana J. Lamps MD, former member of WPA's Executive Council, died on Wednesday, June 20, 2018 after a tragic car crash in Chicago. Born October 31, 1951 in Milwaukee, WI, Doctor Lamps graduated from Palmyra High School in 1969, and continued her education graduating from the UW-Madison School of Medicine and Public Health in 1985.

As a psychiatrist, she dedicated her life to helping others, spending most of her professional life at the Great Lakes Psychiatric Care Center in Manitowish, WI, of which she founded, owned and operated.

## MCW Announces Incoming Psychiatry Residents

### MCW-Milwaukee

*Mara Pheister, MD, MCW Psychiatry Residency Program Director*

**Shannon Friedbacher, MD** attended the Medical College of Wisconsin in Milwaukee. Shannon is very active in the MCW Wellness Committee and has volunteered throughout medical school at the Saturday Clinic for the Uninsured. She also was one of the first students to participate in WPA's Mentor Program.

**Anne-Marie Guica, MD** is a graduate from University of Wisconsin School of Medicine and Public Health where she trained in the urban medicine (TRIUMPH program) based in Milwaukee. She is a member of the Gold Humanism Honor Society, and has been awarded with the UW School of Medicine 2016 Community Service Award.

**Mackenzie Hatfield Kresch, MD** joins us from Marshall University Joan C Edwards School of Medicine where she served as the vice-chair of the Psychiatry Interest Group. Recently, she presented a poster at the American Psychiatric Association Annual Conference on Patients with Intellectual and Developmental disabilities.

**Zachary Markman, DO** is a graduate of Touro University College of Osteopathic Medicine, California Campus and a native of Appleton, Wisconsin. He completed his undergraduate degree in Philosophy at the University of Wisconsin while also serving as a volunteer EMT.

**Morgan Matzke, MD** graduated from Rush Medical College where she led the psychiatry interest group. She has previously worked as a certified birth doula and a professional actress, and has a long-standing interest in women and children's mental health.



**Emily Rion, MD** is a graduate of Washington University in St Louis School of Medicine and native of Michigan. She served as co-president for a group that educates high school students about sexual education, wellness, and healthy relationships.

**Kayla Schenheit, MD** is a graduate of University of Minnesota Medical School, Duluth Campus. She is a member of the Gold Humanism Honor Society and has a long-standing interest in providing service to underserved and rural communities.

**Irene Warner, MD** graduated from medical school at Michigan State University. She has a passion to provide service to disadvantaged communities around the globe, serving in Fiji, New Zealand, Argentina, Haiti, and Cuba. In medical school, she was strong advocate of women's health and reproductive education in the Grand Rapids area.

**Thomas Ilic, MD** will join us as a PGY-2 resident, after completing his first year of Psychiatry Residency at Mount Sinai, St. Luke's Roosevelt in New York City. He completed medical school at Tufts University School of Medicine.

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### MCW-Central Wisconsin

*Edward Krall, MD, MCW Psychiatry Residency Program Director*

**Shweta Anand Karve, MD** attended Medical College in Pune India and has recently served as a research assistant at Stanford University Department of Psychiatry in California.

**Christian Ryser, DO** is from Utah, and attended Des Moines University of Osteopathic Medicine. He achieved the Gold Touch award for 100+ community volunteer hours and is an avid outdoor enthusiast.

**Tsarina Rachel VanWieren, DO** completed medical school at Kansas City University of Medicine and Biosciences. She is from Calgary, Canada and her extensive community service includes providing free medical screenings to schoolchildren from low-income families.

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### MCW-Northeastern Wisconsin

*Robert Gouthro, MD, MCW Psychiatry Residency Program Director*

**James Billings, MD**, a Green Bay native, graduated from the Medical College of Wisconsin Milwaukee campus in May. He has extensive experience working with palliative and hospice care teams as a chaplain.

**Joanna Buck, MD** is from Brookfield, WI, completed her undergraduate medical training as a member of the first graduating class from the Medical College of Wisconsin Green Bay Campus.

**Jared Metropulos, MD** is originally from Rice Lake, WI and graduated from the Medical College of Wisconsin Green Bay regional Campus as part of its inaugural class this May.

**Vincent Fryer, MD** was born in Lismore, Australia. He completed his undergraduate medical training at St. George's University of London in 2017. He is currently assisting the N.E.W. Psychiatry Program design and implement a Northeastern Wisconsin mental health access project.

## UW Welcomes New Psychiatry Residents

*Katrina Hickle-Koclanes, MD, WPA Executive Council RFM Rep from UW*

It was another record-breaking year for the University of Wisconsin residency recruitment. We received over 1,000 applications, interviewed over 100 applicants, and our residency expanded to our first class of 10 residents!

We are proud to announce our 2022 class of outstanding psychiatry residents:

- **Theresa Flanagan** from University of Vermont
- **Dan Jurczyk** from the University of Wisconsin-Wisconsin Academy for Rural Medicine (WARM) Program
- **Evan Kourtjan** from Michigan State University College of Human Medicine
- **Jeff Mahlum** from University of Wisconsin School of Medicine and Public Health
- **Doug McWilliams** from Rush Medical College
- **Aaron Owen** from University of Wisconsin School of Medicine and Public Health

- **Shiri Raphaely** from University of Washington Medical School
- **Megan Smith** from Creighton University
- **Ron Sommers** from Loyola University Stritch School of Medicine
- **Jenny Tumba** from University of Illinois College of Medicine- Rockford

This is an eclectic group of individuals from all over the country!

A common theme among our incoming residents is a commitment to service with all having unique experiences in their local communities, institutions, and abroad. They also have a vast array of interests and accomplishments. One of our incoming residents is a violinist who plays for Me2, the world's only classical music organization created for individuals with mental illness and the people who support them. Another is a researcher in video game addiction. And yet another is a former substance abuse counselor. We also have an AOA member, a Fulbright scholar and three Gold humanism awardees. They are an impressive group indeed, and we look forward to having them join us.

## Congratulations to Wisconsin's Graduating Residents

*Katrina Hickle-Koclanes, MD and Gregory Burek, MD, WPA Executive Council RFM Reps*

The University of Wisconsin Department of Psychiatry is proud to celebrate its graduating class of residents and fellow, and wishes each of them well in their future endeavors:

- **Laurel Bessey, MD** will be joining the faculty at UW as an adult outpatient psychiatrist.
- **Tyler Laws** is starting a Forensics fellowship through MCW and Mendota Mental Health.
- **Rebecca Radue, MD** is starting her fellowship in Geriatrics at UW followed by a Child and Adolescent fellowship, also at UW.
- **Ying Wang, MD** will be doing a fellowship in Addiction at Albert Einstein in the Bronx.
- **Lisa Bodenhamer, DO** is planning on staying in the Madison area and practicing adult psychiatry.
- **Josh Boguch, MD** will be graduating as a Child Psychiatrist and joining the UW child psychiatry faculty.

The Medical College of Wisconsin Department of Psychiatry and Behavioral Medicine is proud to announce this year's graduating residents and fellows, and offers congratulations and well wishes for future success:

### General Psychiatry Residency

- **Gregory Burek, MD** will be working with MCW and Aurora Psychiatric Hospital to set-up a Trauma Recovery Center.
- **Reena Kumar, DO** will pursue a fellowship in Child & Adolescent Psychiatry at MCW.
- **Sally Lohs, MD** will pursue a fellowship in Child & Adolescent Psychiatry at MCW.
- **Mimi Nelson, MD** has not yet finalized her plans for after graduation.
- **Emilie Padfield, MD** will be joining Aurora Psychiatric Hospital to work on the adult inpatient psychiatry unit.
- **"William" Youngchan Park, MD** will pursue a fellowship in Child & Adolescent Psychiatry at MCW.
- **Jill Sorby, MD** will be working at the Clement J Zablocki VA Hospital in Milwaukee on the inpatient psychiatry unit.
- **Anthony Thompson, DO** will pursue a fellowship in Child & Adolescent Psychiatry at MCW.
- **Amit Bhavan, MD** is joining Oregon Health & Science University in Portland as an inpatient child psychiatrist.
- **Fanisha Porter, MD** will pursue a fellowship in Forensic Psychiatry at MCW.
- **Rebecca Bauer, MD** will be working at Froedtert Hospital on the Inpatient Consult-Liaison Service.
- **Joanne Orfei, DO** will be working at Advocate Christ Hospital in Chicago as an inpatient consultation psychiatrist.
- **Julie Owen, MD** will join the faculty of MCW working to develop and implement behavioral health services in Froedtert and MCW's emergency department.
- **Tonnette Alcide, MA** will be working at Milwaukee County on the inpatient psychiatry unit.
- **Stormie Keeler, MA** has accepted a fellowship as a health psychologist at a primary care clinic in Wenatchee, Washington.
- **Mark La Fave, MS** has not yet finalized his plans for after graduation.
- **Larissa Singh, MA** will be pursuing a two-year Neuro-Health Psychology fellowship at Jackson Memorial Hospital in Miami, Florida.



## Save the Date for the WPA 2019 Annual Conference

The WPA 2019 Annual Conference, *Providing Stability in an Unstable World: Updates in the Diagnosis and Treatment of Borderline Personality Disorder*, will take place March 14-16, 2019 at The Osthoff Resort in Elkhart Lake, WI. A number of national experts have been identified to participate. Conference details will be announced soon on the WPA website.

## Member in the News



### Dr. Michael Miller Elected to AMA Council Leadership

In competitive elections for council seats, seven delegates were selected by their peers at the AMA House of Delegates to serve. Included was longtime WPA member and leader, Michael M. Miller, MD, who was elected to serve on the AMA Council on Science and Public Health.

Doctor Miller is a nationally recognized addiction psychiatrist and addiction medicine physician. He has effectively integrated addiction care into the various psychiatric subspecialty services at Rogers Behavioral Health.

Dr. Miller's work with the Division of Mental Health and Substance Abuse Services of the Wisconsin Department of Health Services, and his work on prevention with respect to opioid overdose and accidental deaths, is well known and ongoing in the state of Wisconsin, and nationally.

Dr. Miller has served as Vice Speaker of the Wisconsin Medical Society House of Delegates and has been a member of the WMS delegation to the AMA HOD since 2000. He has chaired or served on numerous committees and task forces of the WMS, the WPA, AAAP, ASAM, ABAM, and the ABAM Foundation. Notably, he chaired the WMS Council on Addictive Diseases and served a dozen years on the Managing Committee of Wisconsin's Statewide Physician Health Program.

## APA Updates

- In June, APA called for increased access to mental health care in the wake of data released by the Centers for Disease Control and Prevention (CDC) showing that suicide rates have increased in almost every state from 1999-2016. The CDC researchers found that more than 50% of those who died by suicide did not have a known diagnosed mental health condition.
- The APA July Course of the Month is PTSD: Pathophysiology, Treatment, and Military Aspects. This course discusses the unique characteristics of combat operational stress as well as the currently available treatment modalities for PTSD. Presented by David Benedek, MD, COL, MC, USA, Associate Director, Center for the Study of Traumatic Stress, Uniformed Services University of the Health Sciences. Visit [www.psychiatry.org](http://www.psychiatry.org) for details on this, and all free courses offered monthly to members.
- APA is accepting abstract submissions for the 2019 APA Annual Meeting through September 6th. The Scientific Program Committee encourages submissions that relate to the conference theme, "*Revitalize Psychiatry: Disrupt, Include, Engage, and Innovate.*"