2017 Annual Report

of the

Home Care Alliance of Massachusetts, Inc

& the

Foundation for Home Health, Inc.





www.thinkhomecare.org

"Connecting and educating people and organizations to advance the health of people and communities through access to quality care and services in the home."

- Home Care Alliance of Massachusetts Mission Statement

Annual Message

June, 2017

To the Members:

In June 2016, the Broadway musical *Hamilton* swept the Tony Awards, winning almost every award from acting, to musical score, to production. On the biggest numbers in the show is a musing on how things get done: often behind closed doors and with select parties present. The song is called "The Room Where It Happens."

Looking back on 2016/17, and at the Committee/Task Forces where we represented home care, the meetings that we hosted and attended, and the testimony we presented... we were in a lot of rooms, where a lot happened! Throughout the year, we found new ways to fulfill our mission to support and advance the delivery of home-based care. Our educational Foundation for Home Health finished the year averaging more than three programs per month in rooms all across the state, and reaching all levels of our member organizations from the home health aide to the CEO. Our voices, joined with other state and national associations, reached decision makers in rooms in Washington, DC and resulted in a victory for members in the retraction of the PreClaim Review project. We testified at least three MassHealth hearings and met with the MassHealth leadership team more than a dozen times.

But in the end, the "Room Where it Happens" is that place in the patient's home – that place where you the members make the real difference. If our education and advocacy efforts have been even a small part in helping you to advance the patient experience of care, then this will have been a successful year.

As we look to 2018, we know that demand for community-based care will only continue to grow. Whether it's in providing post acute recovery and rehabilitation, or support for activities of daily living, the holistic, the Home Care Alliance will be here to support and expand our capacity as an industry to meet the demand for these essential services.

Holly Chaffee

Alliance President

Patricia Kelleher
Executive Director

m Kellel

ABOUT THE ALLIANCE

The Home Care Alliance of Massachusetts, Inc. is a statewide association of home care agencies and their allies, dedicated to promoting home care as an integral part of the health care system. Founded in 1969, the Alliance is the definitive voice for home care in the Commonwealth and represents more than 180 agency providers from every corner of the state. It builds public awareness of home care, helping the public understand the scope of its services and make wise health choices.

The Alliance works with government officials, legislators, and other advocacy organizations on legislative and policy initiatives. Some issues affect the entire home care industry, while others are more narrowly focused on specific matters. The Alliance gives voice to members' concerns by developing and commenting on proposed legislation, the budget process, and health care reform initiatives. Additionally, it hosts and attends advocacy events across the state and in Washington, DC, and sits on policy-making committees to raise the profile of the entire industry.

Another of the Alliance's primary functions is to help its members refine and improve their service to their clients. For instance, in 2010, the Alliance created an accreditation program – the only one of its kind in the nation – for its private pay members in order to establish standards and provide a set of best practices. More than sixty agencies are currently accredited.

Also in this vein, the Alliance holds an annual awards ceremony to recognize excellence and innovation within the industry. It fosters communication and sharing among its members by keeping them informed of regulatory and market changes through our professional interest groups, e-mail exchanges, e-newsletters, and publications.

Through its educational subsidiary, the Foundation for Home Health, Inc, the Alliance also supports its members' efforts to improve their clinical excellence by offering workshops, teleconferences, and other educational events throughout the year. The Foundation also collaborates with the five other home care associations in the region to organize the New England Home Care Conference & Trade Show, the largest annual home care conference in the region.

In addition to these services, the Alliance also publishes directories of its members to help referral sources make informed decisions about home health, provides its members with group purchase programs, and hosts the New England Home Health Career Center website.

BOARD OF DIRECTORS & STAFF

Holly Chaffee, Porchlight VNA/Porchlight Home Care – President Jeanne Ryan, Berkshire Healthcare Systems – Vice President Maureen Bannan, Hebrew SeniorLife Home Care – Secretary Shawn Potter, All Care VNA and Hospice – Treasurer

Wayne A. Regan, Simione Healthcare Consultants – Immediate Past President

Jann Ahern, South Shore VNA

John G. Albert, Home Health Foundation, Inc.

Bruce Bender, Home Instead Senior

Care Hearthside

William Connors, Gr. Medford VNA

Theresa Larson, Essex Group/ Home Resources Joseph McDonough, Medical Recruitment Specialists

Kathy McDonough, Comm. Health Net.

Renee McInnes, NVNA & Hospice

Maura McQueeney, Baystate VNA & Hospice

Lisa Parent, Comm. Nurse Home Care

Kathy Trier, Community VNA

Joan Usher, JLU Health Record Systems



Patricia Kelleher
Executive Director







Megan FournierMeetings & Education
Coordinator

Colleen Bayard

Director of Regulatory

& Clinical Affairs



Tom MeyerMembership & Information
Services Coordinator

Jake Krilovich

Director of Legislative

& Public Affairs





Kanika ChambersAdministrative & Member
Services Assistant





YEAR IN REVIEW

In 2016 and 2017, the Alliance once again used education, networking, and information sharing to support quality, promote growth, and drive collaboration to strengthen the future of the Massachusetts home care industry. Membership engagement is up according to many metrics:

- Participation in online interest groups is at 750 individuals, up 35% from the previous year;
- Our website recieved more than 90,000 unique visits;
- Twitter followers increased by 18% to more than 2,700;
- 15 Medical Directors attended the first Home Care and Hospice Medical Directors meeting;
- The Alliance's House Budget Action Alert in April for the Continuous Skilled Nursing Funding Amendment generated 294 messages to House members;
- The "Enough Pay to Stay" Campaign Action Alert for House Budget generated 117 messages to House members; and
- 1,800 people subscribe to our weekly newsletter, *Update*.

Organization viability for the near and long term was addressed:

- A joint Board and Finance Committee Task Force undertook a redesign
 of the dues structure that among other things brought uniformity to the
 dues policy for certified agencies with private care programs that sought
 to (spread?) the dues burden more equitably between small and very large
 agencies.
- The Alliance moved to new space at a lower cost.

HCA's educational Subsidiary, the Foundation for Home Health, offered more than 40 educational conferences and webinars on topics from OASIS and Value Based Purchasing to Wage and Hour Issues to Documentation Best Practices. Total attendence exceeded 1,000.

YEAR IN REVIEW

HCA was engaged with MassHealth on many levels including rates and regulation redrafting. As a result of HCA advocacy, MassHealth:

- Withdrew the post-180 day rate and withdrew and rewrote language around subcontracting for home health aides;
- Adopted HCA's language around "resetting" a client to Day One of home care;
- Added psychiatric support to the Prior Approval unit; and
- Withdrew a proposal for a very low post 180 day rate, withdrew an initial
 proposed medication administrative rate and replaced it with one that was
 double the initial proposal.

Work with MassHealth continues to smooth the transition to the new Third Party Administrator (Optum) with whom MassHealth has contracted to manage all LTSS services. This work will cover: Movement of PA process from UMass to the TPA, development of some home health quality metrics, and eventual movement toward mandated electronic visit verification.

Language supported by the Alliance around certified agency licensure was included in the Governor, House, and the Senate's budgets for FY 2018.

The Alliance's Private Care Advisory Committee crafted and filed a consensus bill on private care licensure.

For the latter half of the year, HCA engaged part time staff support around hospice regulatory issues and revived the Hospice Director's Group.

The Alliance created a COP task force to prepare members for all aspects on the new regulation.

ADVOCACY IN ACTION

Highlights from Beacon and Capitol Hills

"HCA of MA shares Masshealth's concern about the degree to which this (home health) program has grown, but these numbers must be put in context of what if happening in our states mental health systems, said Patricia Kelleher. "As the Boston Globe recently reported, Massachusetts has slashed spending on inpatient mental health care by more than half — or nearly \$161 million — from 1994 to 2013.

"Many of the MassHealth enrollees that our member agencies see have severe and persistent mental illnesses, and the multiple medications that they take can cause additional medical problems that require ongoing medical attention," added Kelleher. "The agencies who do this work feel that they are a huge part of the health care safety net, providing valuable services to patients and families who otherwise would be placed in costlier care settings and/or become a detriment or even threat to their communities."

- Press Statement on MassHealth Audits, August 2016

"HCA of MA believes that this proposed update of the state's Nurse Practice Act delegation regulation builds a framework which would permit home health nurses to operate at the top of their license, retaining those responsibilities pertaining to assessment and critical decision-making. Most importantly, by using the National Council of State Boards of Nursing framework as a guide, these proposed regulations take a practical and overdue step to move us closer to where more than 20 other states are in terms of a delegation model for medication administration in the home setting."

— Testimony to the Massachusetts Board of Registration in Nursing Relative to 244CMR 3:01- 3:05, October 2016

ADVOCACY IN ACTION

"HCA has always believed then and we believe even more strongly now that setting rates arbitrarily based on not on patients' needs but on calendar days of services is arbitrary, unprecedented and ultimately unsustainable. No other health care service in the system, including nursing homes care, is paid based on number of days. The closest example may be the Medicare episodic system which has resource adjustments up for certain long stay patients, recognizing them often to be the most complex.

As proposed, this rate would force agencies to make an economic rather than a clinical decision on whether to continue to retain these high risk clients. It will force an access crisis on or about July 1 and it will essentially create a new reduced home health benefit level, without filling a state plan amendment or vetting it with stakeholders. "

— Testimony on Proposed MassHealth Rates, January 2017

"Citizens who get and give home care are too often invisible inside these walls. We are invisible because the care that home care gives is one to one and it is delivered behind the doors of a private home. I think we are here today to make the invisible visible, especially as it relates to the home care needs of families with young and older children with extremely complex medical needs.

We need to help elected officials to understand that this program that serves less than 1,000 families annually is a lifeline for families in this room, and for the families that couldn't be here today

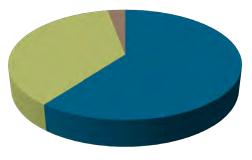
We are help to help our elected officials to see and understand how critical the Continuous Skilled Nursing program is, and how it needs their immediate attention if it is to continue to meet the needs of families it was established to support. As you have already heard, these are families that often endure tremendous struggles to stay together, with care at home, out of hospitals, out of nursing homes."

— Patricia Kelleher Remarks, Pediatric Home Family Coalition Lobby Day, January 2017

FY 2016 FINANCIALS

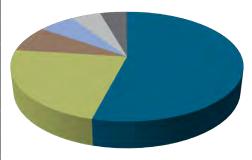
Support & Revenue

Membership Dues	\$867,168
Workshops & Seminars	\$530,330
Publications & Other	\$41,543
TOTAL	\$1,439,041



Operating Expenses

Salaries & Benefits	\$823,314
Conferences &	\$349,854
Meetings	
Occupancy	\$118,012
Consulting & Prof. Fees	\$89,637
Equipm. & Operation	\$74,786
Travel	\$30,839
Printing & PR	\$21,860
Dues & Subscriptions	\$12,118
All Other Expenses	\$2,980
TOTAL	\$1,523,400



Non-Operating Activities

Contributions	\$250
Investment Return	(\$758)
TOTAL	(\$508)

Assets & Liabilities

Total Assets	\$1,342,108
Total Liabilities	\$326,162
Total Net Assets	\$1,015,946
Beggining Net	\$1,100,813
Assets	
Change in Assets	(\$84,867)

STAR AWARD WINNERS

AIDE OF THE YEAR (co-winner) *Gach Clamp, HHA*Emerson Hospital Homecare

AIDE OF THE YEAR (co-winner)

Nancy Quinlan, CNA HHA

Aberdeen Home Care

CLINICIAN OF THE YEAR (co-winner) **David Ahearn, MSW**Baystate Home Health



CLINICIAN OF THE YEAR (co-winner) Carlton Jorge, RN Community Nurse Home Care

MANAGER OF THE YEAR (co-winner) *Arline McKenzie*, *Nursing Manager*Walpole Area VNA

STAR AWARD WINNERS

MANAGER OF THE YEAR (co-winner)

Susan Proulx-Galster, Hospice & Palliative

Care Program Manager

Circle Home

HOME CARE CHAMPION Massachusetts Pediatric Home Nursing Care Campaign

LEGISLATOR OF THE YEAR *Representative Aaron Vega* (D-Holyoke)

Innovation Award Winners

Instant Hire Event

HouseWorks

Camp Angel Wings

Lean Process Management

Southcoast VNA

Brockton VNA

MEMBERSHIP

Agencies

24 Hours Care

A Better Life Homecare LLC

A Quality Home Care Inc.

Abbott Home Health Care, Inc.

ABC Home Healthcare Professionals

Aberdeen Home Care, Inc.

Abigail Adams Home Care, LLC

Able Home Care, LLC

ABP Best Home Care Agency

Access Homecare Services, Inc.

Acclaim Home Health Care

Ace Medical Services, Inc

Active Home Care

Acton Public Health Nursing Service

Advantage Home Health Care Services

All At Home Health Care

All Care VNA & Hospice

AlphaCare Home Health Agency

Alternative Home Health Care, LLC

Always Best Care Senior Services

Always Here Home Care, Inc.

Amada Senior Care - Central Mass

Amada Senior Care of Boston MW

Amedisys Home Health

America at Home Healthcare & NS

Amigos Homecare

Angel Care VNA

Apex Healthcare Services, Inc.

Arbor Homecare Services

Around the Clock Home Healthcare

At Home Elder Care Inc.

Avenue Homecare Services, Inc.

BAYADA Home Health Care

Baystate Home Health

Beneficence Home Healthcare Inc.

Berkshire VNA/Medical Center

Best Home Care N' More Inc.

Blissful Homecare LLC

Brockton VNA

Brookdale Home Health

Brooksby Visiting Nurse Service

Cahoon Care Associates LLC

Capuano HomeHealth Care, Inc.

Care For Life Home Health Agency

Care From The Heart, LLC

CareGroup Parmenter HC & Hospice

Caretenders

CCBC Home Health

Chelsea Jewish Visiting Nurse Agency

Circle Home, Inc.

Collective Home Care Inc.

Colony Care At Home, Inc.

Comfort Home Care LLC

Comfort Keepers of S. Shore & Cape

Comforting Hands LLC

Commonwealth Caregivers, Inc.

Commonwealth Clinical Services, Inc.

Commonwealth Registry of Nurses, Inc.

Community Health Network, Inc.

Community Nurse Home Care, Inc.

Community VNA, Inc.

Compassionate HealthCare Systems

MEMBERSHIP

Agencies, cont.

Comprehensive Home Care

Connected Home Care, LLC

Constellation Health Services

Cooley Dickinson VNA & Hospice

Cornerstone Healthcare Systems

Crossway Homecare

Deaconess Abundant Life Services

Elder Achievers

Elderwood Home Care

Emerson Hospital Home Care

EPIC Health Services, Inc.

Every Step Home Care Inc.

Excel HomeCare Services

Excella Home Health, An Encompass Co.

Extended Family of Wayland

Ezra Home Care, LLC

Family Care Extended

Glenmeadow at Home

Greater Medford VNA

Guardian Angel Senior Services, Inc.

Guardian Healthcare, LLC

Guardian Home Health Care

Guided Living Senior Home Care

GVNA Healthcare, Inc.

Habilitation Assistance Corp.

Hahn Home Health Care, Inc.

Hallmark Health VNA & Hospice, Inc.

Hampden County V. Nurses and HCS

Happier in My Home, Inc.

Hebrew SeniorLife Home Care

Holyoke Visiting Nurse Association

Home Care Assistance

Home Health VNA, Inc.

Home Instead SC Hearthside, Inc.

Home Instead SC of Berkshire County

Home Instead SC of Boston North

Home Instead SC of Cape Cod

Home Instead SC of Lexington

Home Instead SC of North Andover

Home Instead SC of North Dartmouth

Home Instead SC of N. Bristol County

Home Instead SC of Norwell

Home Instead SC of Norwood

Home Instead SC of Springfield

Home Instead SC of the S. Shore

Home Resources, Inc.

HospiceCare in the Berkshires

HouseWorks, LLC

Humana At Home / SeniorBridge

ICK Assurance Home Health Care Inc.

Integra Home Health Agency

International Health Solutions

JHC HomeCare & Hospice

Kind Hands Care at Home LLC

Lahey Health at Home

Lifod Home Health Care LLC

LivHOME, Inc.

Love My Care Home Health Services

MasterPeace, Inc.

Maxim Healthcare Services

Medical Resources Home Health Corp.

Mercy Home Care

MEMBERSHIP

Agencies, cont.

Metropolitan Home Care, Inc.

Metropolitan Home Health Services, Inc.

MetroWest HomeCare & Hospice, LLC

Minute Women Home Care

Multicultural Community Services of the

Pioneer Valley, Inc.

Multicultural Home Care, Inc.

Nashoba Nursing Service & Hospice

Neighborhood Home Care

New England Therapy Associates

New Outlook Homecare, LLC

Nizhoni Health

North Hill Home Health Care

Northeast Clinical Services, Inc.

NVNA and Hospice

O'Connell Care at Home

Optimal Home Care, LLC

Overlook Care At Home

Partners HealthCare at Home

Patient Care Solutions LLC

Personal Touch Home Care

Petra Healthcare, LLC

Porchlight VNA

Prestige Health Care Services, Inc

Prime Home Health and Companion Care

Profess. Nurse & Home Care of Cape Cod

PSA Healthcare

Royale Care, Inc.

RSSI Home Care

Salmon VNA & Hospice

Senior Helpers Boston

Senior Helpers of Westford

ServiceNet Home Care/ServiceNet, Inc.

South Shore Visiting Nurse Association

Southcoast Visiting Nurse Association

Spectrum Home Health & Hospice Care

Steward Home Care

Stoughton Public Health & VNA

Suburban Home Health Care, Inc.

T.L. Connections, Inc.

Tribute Home Care

Upham's Home Health Care

Visiting Angels of Acton

Visiting Angels of Cape Cod

Visiting Angels of Chelmsford

Visiting Angels of Danvers

Visiting Angels of Newton and Canton

Visiting Angels of North Attleboro

Visiting Angels of North Reading

Visiting Angels of Worcester

violening range is or vvoices

VNA Care

VNA of Cape Cod, Inc.

VNA of Eastern Massachusetts

VNA of Middlesex-East & VN Hospice

VNA of Southern Worcester County, Inc.

VNS of Newport & Bristol Counties

Walpole Area VNA

Whittier Home Health Care Agency

Membership

Allieds, cont.

Accred Commission for Health Care

Alert Sentry AMC Health

Anconhono Corrico

Ansaphone Service

Atlantic Charter Insurance Co.

Automatic Laundry Services Company

Axxess

Atiis

BDO USA, LLP

Be Safer At Home, A Connect Am. Co.

BerryDunn

BlackTree Healthcare Consulting

Byram Healthcare Centers, Inc.

Caregiver Homes of Massachusetts Catholic Charities - Community

Interpreter Services

Citrin Cooperman & Co., LLP

CliftonLarsonAllen, LLP

ClinLogica

Comm Health Accred Program (CHAP)

Corridor

Elgon Information Systems

Enos Home Oxygen & Medical Supply

Enterprise Fleet Management

Fazzi Associates, Inc.

Fred C. Church, Inc.

Garrity Insurance Agency

Harvard Pilgrim Health Care

Health and Home Care Training Center

Healthcentric Advisors

Home Care Aide Council

Home Care Association of America

Home Healthcare Solutions, A Cardinal

Health Company

Homecare Homebase

Honeywell Life Care Solutions

Hospice & Palliative Care Fed of MA

Independent Living Innovations, LLC

IntelaTrak

Kinnser Software

Krokidas & Bluestein LLP

Marcum LLP

MassPay

MatrixCare

McBee Associates, Inc.

Medical Recruitment Specialists, LLC

Medline Industries, Inc,

Merrimack Valley Insurance Agency

MHA Solutions

Murphy, Hesse, Toomey, & Lehane, LLP

Naylor LLC

Philadelphia Insurance

Philips Lifeline

Qualidigm

Quality In Real Time

Quality WORKS

RBC Limited

Sallop Insurance

Simione Healthcare Consultants

USC Unemployment Services

Membership

Allied, cont.

Corporation Verrill Dana LLP VNAs of New England Wound Care Education Institute ZurickDavis Executive HC Searches

Membership

Individuals

Lawrence Baker
Karen Carney
Katunge Charles
Timothy Chase
Richard Chesney
Margaret Doherty
Meg Doherty
Valerie Donnelly

Kathy Duckett

Daniel Forbes
James Fuccione
Rachel McGourthy
Patricia O'Brien
Ruth Odgren
Cheryl Pacella
Charles Targowski
Joan Usher
Rod Weaver









www.**thinkhomecare**.org

© 2017 Home Care Alliance of Massachusetts, Inc. 75 Kneeland St., Ste. 709, Boston, MA 02111 P: (617) 482-8830 • F: (617) 426-0509