

When advanced illness overwhelms, it takes a unique medical provider to respond at such a sensitive time – and requires an array of healthcare services with skilled and confident caregivers.



Care Dimensions, founded in 1978 as Hospice of the North Shore, provides compassionate care throughout all stages of advanced illness. Our expansive services and expert staff honor the richness of patients' lives — addressing complex medical issues, as well as emotional, spiritual and family concerns. We treat patients with dignity and respect, so they may live as fully as possible.



Care Dimensions, one of the nation's first hospice programs and the region's largest, provides services in more than 90 communities in Eastern Massachusetts.

As a non-profit, community-based leader in advanced illness care, we honor diversity and welcome patients of all race, color, national origin, age, disability, religion, sexual orientation or gender expression. Our services include:

- Hospice
- Palliative care
- Specialized care programs: *Dementia, Cardiac and Lung Diseases, Pediatrics, Developmentally Disabled Adults*
- Meeting the unique needs of: *Veterans and the LGBTQ Community*
- Kaplan Family Hospice House and Care Dimensions Hospice House
- Grief support
- Education and training

Main: 888-283-1722  
Referrals: 888-287-1255  
Referral Fax: 978-774-4389

[CareDimensions.org](http://CareDimensions.org)



ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-888-283-1722 (TTY: 7-1-1).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-283-1722 (TTY: 7-1-1).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-888-283-1722 (TTY: 7-1-1).



## Hospice | Palliative Care Support Services



*Compassionate, expert care and support  
throughout all stages of advanced illness*

## HOSPICE

Care Dimensions helps patients every step of the way, wherever they live – at home and in assisted living communities, in skilled nursing facilities and hospitals, and in our inpatient hospice houses. Our interdisciplinary team provides:

- Expert medical care
- Service coordination
- 24/7 support
- Pain management
- Collaboration with community physicians
- Caregiver education
- Complementary therapies
- Medications, medical supplies and equipment
- Emotional and spiritual support

## HOSPICE HOUSES

Our Kaplan Family Hospice House (Danvers) and Care Dimensions Hospice House (Lincoln, on the Waltham line) offer a home-like alternative to hospitalization for patients who require care for acute pain and symptom management. We offer different levels of care to meet patient and family needs:

- Inpatient/acute care for complex pain and symptom management.
- Respite care to relieve caregivers for up to five days. Based on availability.
- Residential care may be an option for patients who have no suitable residence or caregiver. Based on availability and requires a room and board charge.

## SPECIALIZED CARE PROGRAMS

Designed to maximize quality of life and avoid hospitalization, the programs include symptom management tools and caregiver support.

- Dementia
- Chronic conditions (*Cardiac and Respiratory*)
- Pediatrics
- Developmentally disabled adults

## UNIQUE COMMUNITIES

We provide respectful, sensitive care to:

- Military veterans
- LGBTQ community

## PAYMENT FOR HOSPICE CARE

Hospice services are covered by Medicare, certain Medicaid and most insurance policies. Contributions from families and the community enable Care Dimensions to provide care to any patient eligible for hospice, regardless of ability to pay.

## PALLIATIVE CARE

For patients who are living with an advanced illness, palliative care offers:

- Relief from pain and other symptoms
- Assistance in making difficult medical decisions
- Coordinated care with physicians and specialists
- Emotional and spiritual support

## SUPPORT SERVICES

### GRIEF SUPPORT

A family's need for support doesn't end when their loved one dies. We offer bereavement support at the Bertolon Center for Grief & Healing in Danvers, in our Waltham office and at community locations.

- Individual counseling, support groups and workshops
- Children's program coordinated by child life specialist
- Camp Stepping Stones for families who've lost a loved one

### SUPPORT AND EDUCATION

The emotional side of advanced illness is often more devastating than the disease itself. We ease the journey by surrounding patients, families and community caregivers with supportive staff and services.

- Emotional support and guidance
- Hands-on medical training for families
- Complementary therapies: art, music, pets, massage, Reiki, Compassionate Touch
- 24/7 support
- End-of-life nursing education for community professionals

## COMMUNITY EVENTS

We began as a community-based organization and community members have given back, as active volunteers and generous donors. Care Dimensions is a 501(c)(3) non-profit organization. Community events include:

- Services of Remembrance
- Annual Gala and Regatta
- Brick Dedication Ceremonies
- Walk for Hospice
- Tree of Lights Ceremonies

**Referrals: 888-287-1255**

