Community EMS and Mobile Integrated Health Care Update

Home Care Alliance of Massachusetts
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# Massachusetts Program Overview

## 1. COMMUNITY EMS
- EMS-based programs, in partnership with municipalities
- Focus on prevention of illness or injury through needed high value public health services with low risk potential
- Approved services defined by DPH, with option to petition to add new services
- Change to EMS care settings and patient access points, not the scope of care

## 2. MIH
- Utilizes EMS and other health care personnel to deliver a coordinated continuum of care
- Addresses gaps in service delivery within a community
- Proactively prevents unnecessary hospitalizations or other harmful and wasteful resource delivery
- Care is provided outside of the hospital environment

## 3. MIH with ED AVOIDANCE
- Component of an approved MIH Program that must be applied for separately, with a goal to prevent unnecessary hospitalizations
- Operated by an MIH Program and includes the community’s primary ambulance service
- Follows a primary ambulance service response, patient assessment, consultation with on-line medical direction, and patient consent to treatment at an alternate destination
Creation of MIH & CEMS in Massachusetts

MIH and Community EMS (CEMS) established by Chapter 111O of the General Laws of Massachusetts, as inserted by section 93 of chapter 46 of the Acts of 2015

Mobile Integrated Health Advisory Council convened, engaging 19 experts to guide establishment of a regulatory framework for the creation of MIH

DPH promulgates regulations, 105 CMR 173.000, *Mobile Integrated Health Care and Community EMS Programs*

DPH accepts CEMS applications in October 2018 and MIH and MIH with ED Avoidance applications in December 2018
Approved CEMS Program Services

SUBSTANCE USE DISORDERS (SUDS)
- Naloxone Information & Training
- Sharps Awareness
- Substance Use Disorders Education

MENTAL ILLNESS AND MENTAL HEALTH
- Behavioral Health Home and Community Referrals
- Depression and Suicide Prevention Resource Lists in the Community
- Firearms Safety

HOUSING STABILITY/HOMELESSNESS
- Assistance with Environmental Lead (Pb) Testing
- Assistance with Radon/Air Quality Testing
- Child Passenger Safety
- Children with Special Care Needs Evaluation
- Emergency Preparedness Individual Evaluation
- Fire and Burn Prevention and Education
- Home and Community Falls Prevention
- Home Safety Evaluation
- Housing instability/homelessness risk
- Poison Control Home Evaluation
- Water Safety
- Welcome Family (Home Evaluation for New Caregivers)
- Windows Falls Prevention

CHRONIC DISEASE FOCUS ON CANCER, HEART DISEASE & DIABETES
- Asthma Evaluation
- Health Promotion Screening
- Provision of Primary Care Resource List & Referral
- Sharps Awareness
- Vaccinations (by Paramedics ONLY)
- Well-being check
  - Home Weight check
  - Blood Pressure check
  - Blood Sugar check
  - Medication Confirmation check (Post-discharge instructions)
Current Snapshot of CEMS Programs

- **Pittsfield**: Substance Use Disorders Education, Naloxone Information & Training, Sharps Awareness
- **Taunton (Brewster Ambulance)**: Home Safety Evaluations, Well Being Checks
- **Fall River**: Home Safety Evaluations, Well Being Checks
- **Burlington**: 7 Programs
- **Boston**: Vaccination (by Paramedics)
- **Brockton (Brewster Ambulance)**: Home Safety Evaluations, Well Being Checks
- **Hanover**: Fire & Burn Prevention & Education
- **Duxbury**: 7 Programs
- **Mansfield**: 19 Programs
- **Edgartown**: Fire & Burn Prevention & Education, Home and Community Falls Prevention
- **Acushnet**: Sharps Awareness

Approved Programs as of September 16, 2019
Current Snapshot of CEMS Programs, cont’d

MOST COMMON SERVICES OFFERED

• Fire and Burn Prevention & Education
• Home Safety Evaluations
• Well-being Checks
• Sharps Awareness
• Naloxone Training
• Behavioral Health Home & Community Referrals
• Vaccinations (Paramedics Only)

11 CITIES & TOWNS
52 CEMS PROGRAMS

Approved Programs as of September 16, 2019
Resources

- MIH and Community EMS Website  
  www.mass.gov/mih

- Community Program applications  
  https://www.mass.gov/how-to/apply-to-operate-a-community-ems-program

- List of approved CEMS services  
  https://www.mass.gov/info-details/approved-community-ems-services

- Past MIH and CEMS educational webinar presentations:  
  https://www.mass.gov/service-details/mih-and-community-ems-educational-resources

- Contact Information:  
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Thank you for joining today’s presentation!

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