Anna Yackle <ayackle@illinoisheartland.org>, Membership Coordinator of the Illinois Heartland Library System in Carbondale, created a terrific list as a starting point for libraries to share with their communities. Her list of Online Resources to Help Adults Stay Sane in the Time of CoVid -19 has been expanded by others.

C-SPAN2 BOOK-TV (Television for Serious Readers) has a video library of non-fiction author interviews and presentations at https://www.c-span.org/series/?bookTv.

In addition, C-SPAN has an extensive Video Library of current events and history specials. Just type a keyword, a name, the organization or congressional bill you’re seeking, into the search box near the top of any page - https://www.c-span.org/quickguide/.

The National Film Board of Canada has over 4,000 films, documentaries, and short pieces available to stream for free and this includes a rich library of Indigenous content https://www.nfb.ca/indigenous-cinema/?&film_lang=en&sort=year:desc.title&year=1917..2020.

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10 Virtual Book Clubs You Can Join Now—And How to Start Your Own

151 Fun Things to Do When You Are Bored (Ideas for 2020!) 14 Feb 2020
https://www.developgoodhabits.com/what-to-do-bored/

The 10 Things You Need To Let Go To Be Happy 11 Jul 2016
https://www.nerdycreator.com/blog/10-things-to-let-go-of-to-be-happy/