

THE ART OF
PRACTICE
RESILIENCE THROUGH TRYING TIMES



TENNESSEE PSYCHOLOGICAL ASSOCIATION
ANNUAL CONVENTION

November 4 - 7, 2020

The Art of Practice: Resilience Through Trying Times

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2020 TPA Convention Programs and Schedule



Continuing Education (CE) Credit Information:

Workshops are sponsored by the Tennessee Psychological Association. The Tennessee Psychological Association is approved by the American Psychological Association to sponsor continuing education for Psychologists. The Tennessee Psychological Association maintains responsibility for this program and its content.

All Continuing Education (CE) credits are Type I unless otherwise noted. As a state psychological association, TPA offers Type II and Type III CE hours in accordance with the Tennessee State Board of Examiners in Psychology rules and regulations related to continuing education. For an up-to-date list of the rules and regulations governing CE requirements for Psychologists, Senior Psychological Examiners and Licensed Psychological Examiners, please refer to the following website: <https://www.tn.gov/health/health-program-areas/health-professional-boards/psychology-board/psych-board/continuing-education.html>.

CE credit will be granted only to attendees who are present for the entire presentation. This year the convention will be presented online in a live, interactive format and attendance will be electronically monitored.

Given that the effects of COVID-19 have resulted in the inability of practitioners to obtain the requisite number of live/in-person CE credits, the Commissioner of Health has waived requirements for live/in-person CE through December 2020. This policy can be found at: <https://www.tn.gov/content/dam/tn/health/healthprofboards/Policy-on-Continuing-Education.pdf>.

TPA will process evaluations and issue CE certificates for this year's TPA Annual Convention electronically. More information will be provided in announcements after registering, and prior to the program. Rest assured that this process requires very little preparation on your part.

The most important things you can do to assure that you receive the proper CE credits are to **use an e-mail address that will be used only by you** when you register for the convention, and to **type or print that e-mail address accurately when starting a program. Accessibility:** If you have any concerns completing the evaluations through e-mail or other concerns about accessibility, please let us know at the time you register.

Handout Information:

Given our online format, **program handouts will be provided ONLY in digital format. Printed copies of presentation will NOT be provided.** A link to program materials will be sent via e-mail.

2020 Ethics and Law Programming:

Please read before selecting your programs:

The Tennessee Board of Examiners (BoE) in Psychology's Rules and Regulations for Continuing Education requires all licensees to obtain a *minimum* of three (3) hours of continuing education covering the areas of the APA Ethical Code, Tennessee laws, and BoE Rules and Regulations for the practice of psychology during each two-year licensing cycle. In past years, the TPA convention has provided two 3-hour programs, each of which met the full 3-hour requirement. However, during the past several years, due to unique circumstances and skilled speakers, we provided separate programs on topics related to the ethics code and others that focused on state law and the BoE Rules and Regulations. This year we will continue to offer separate programs on ethics and TN laws/BoE Rules and Regulations. If you need to obtain the 3 CE hours for this licensure requirement, please plan to choose two programs; one focused on ethics and one focused on TN laws/BoE Rules and Regulations.

Daily Schedules

Wednesday, November 4, 2020

8:30AM-4:00PM Pre-Convention Workshop

Participants must attend entire program to receive CE credit.

[101] Sex on Your Couch!

What to do when sexual issues show up in your office: Sexual Health, Sex Therapy and working with Diverse Populations.



*Psychology continuing education requirements for licensure renewal in the area of **Cultural Diversity**. Other programs may also meet these criteria, but this program has been designated by TPA, specifically. For further information, please refer to the Rules and Regulations of the TN Board of Examiners in Psychology.*

6 CE credits, Introductory (Type I)

Presenter: Rachel Needle, Psy.D.

Affiliation: Director, Modern Sex Therapy Institutes
Whole Health Psychological Center

Description: Sex and sexuality are often overlooked in graduate school training programs. This workshop is an introduction and overview of Human Sexuality and Sex Therapy. The workshop will review human sexual response, comprehensive evaluation, sexual function and dysfunction, treatment of sexual dysfunction, gender identity, and LGTQIAffirmative Therapy.

Learning Objectives:

- A. Identify one psychological treatment approach to male and female sexual dysfunction.
- B. Discuss the role of combining psychological and pharmacological treatment for female sexual dysfunction.
- C. Create a culturally sensitive treatment plan for dealing with sexual dysfunction
- D. Describe Rosemary Basson's model of sexual response.

Presenter Information: Dr. Rachel Needle is a Licensed Psychologist and Certified Sex Therapist. She is in private practice, runs a group psychotherapy practice (Whole Health Psychological Center), and has a continuing education provider company with which she

provides CEs and certifications to medical and mental health professionals around the world (Advanced Mental Health Training Institute and Modern Sex Therapy Institutes) as well as provides a Ph.D.in Clinical Sexology. Dr. Needle is a consultant for businesses and Substance Use Disorder treatment centers. She is often interviewed by and quoted in national media outlets. She is Co-Owner of My Private Practice Collective, which provides support and practice building trainings and courses for therapists. Dr. Needle has no potential conflicts of interest to report.

10:00AM-10:15AM Break

12:00PM-1:00PM Lunch Break

2:30PM-2:45PM Break

Thursday, November 5, 2020

8:00AM-11:15AM Plenary Session

Participants must attend entire program to receive CE credit.

9:30AM-9:45AM Break

[111] Plenary Program—TO BE ANNOUNCED.

3.0 CE credits, Introductory (Type I—Anticipated)

Presenter: Arthur Evans, Jr., Ph.D.

Affiliation: Chief Executive Officer and Executive Vice President, American Psychological Association

11:15AM-12:15PM Lunch on Your Own

12:15PM-3:30PM CE Workshops

Participants must attend entire program to receive CE credit.

[121] Ethical Issues in Telepsychology

2.0 CE credits, Intermediate (Type I)

Participants should be familiar with the APA Ethics Code, including informed consent, confidentiality, and boundary issues, as well as with HIPAA.

Presenter: Linda K. Knauss, Ph.D., ABPP

Affiliation: Widener University



*This program is designed to partially fulfill the **Ethics** portion of the CE licensure renewal requirements in the areas of law and ethics. Additional CE credit in the area of TN Law will be necessary to meet the requirement in full.*

Course Description: Across the nation, psychologists are accepting the challenge to expand their competence in telepsychology. This allows psychologists to provide services to meet the needs of patients, clients, supervisees and students for whom other options aren't available during emergencies such as COVID-19.

This workshop will cover legal and ethical issues with a focus on essential, practical and successful telepsychology. APA and other relevant standards and guidelines are outlined. Telebehavioral interprofessional competencies are identified. Issues included are

informed consent for telehealth, HIPAA, privacy and confidentiality, assessment issues, office and technology information, providing telesupervision, reimbursement for telepsychology and working over state borders through PSYPACT. Participants are encouraged to share their dilemmas and questions.

Learning Objectives:

- A. Apply the overarching ethical principles to issues involving telepsychology
- B. Identify issues in telepsychology that promote or prevent client welfare.
- C. Improve ethical decision-making skills in all areas of electronic communication.

Presenter Information: Linda K. Knauss, Ph.D., ABPP is a Professor at Widener University's Institute for Graduate Clinical Psychology and the former Director of Internship Training there.

Dr. Knauss is the Past-chair of the American Psychological Association's Ethics Committee, the American Board of Professional Psychology's Ethics Committee, the Pennsylvania Psychological Association's Ethics Committee, and has served as Co-chair of the Philadelphia Society of Clinical Psychologists' Ethics Committee. Dr. Knauss taught courses in ethics at Widener University, Immaculata University, and the Philadelphia College of Osteopathic Medicine. She has authored several book chapters and journal articles on ethics and has taught many continuing education workshops on a variety of ethical issues.

Dr. Knauss is the Past-president of the Pennsylvania Psychological Association, the Pennsylvania Psychological Foundation, and the Philadelphia Society of Clinical Psychologists. She is also the Past-president of the APA Division of State Provincial and Territorial Association Affairs. She served as a member of the American Psychological Association's Council of Representatives (2000-2006; 2013-2018 representing Pennsylvania). Dr. Knauss received the 2019 Award for Distinguished Contributions to the Science and Profession of Psychology from the Pennsylvania Psychological Association. She is also the recipient of a 2015 APA Presidential Citation for her work in APA as well as the recipient of the 2002 Ethics Educators Award presented by the Pennsylvania Psychological Association's Ethics Committee, and the recipient of the 2004 Pennsylvania Psychological Association Distinguished Service Award.

In addition to her work at Widener University, Dr. Knauss maintains a private clinical practice where she sees children, adolescents, adults, and families.

2:15-2:30PM Break

2:30PM-3:30PM CE Workshop

Participants must attend entire program to receive CE credit.

[122] Issues and Updates on Tennessee Laws and Rules that Govern the Practice of Psychology

1.0 CE credits Intermediate (Type I)

Attendees should have some familiarity with licensure and psychology as a profession.

Presenter: Pamela Auble, Ph.D., ABPP

Affiliation: Private Practice, Nashville, TN



*This program is designed to fulfill the TN State **Law** portion of the CE licensure renewal requirements in the areas of law and ethics. Additional CE credit in the area of Ethics will be necessary to meet the requirement in full.*

Course Description: In this presentation, the focus will be on relevant rules and statutes for psychologists in Tennessee during COVID 19. The governor's executive orders in 2020 will be reviewed with a discussion of how these impact psychologists, and the time frame of the orders. Relevant standards of practice for remote service delivery will be described. Remote assessment and testing will be discussed. Procedures for determining and documenting decisions to see clients in person during the pandemic will be discussed. The presentation will also explore PSYPACT and the Psychology Inter-jurisdictional Compact and how and when it will become operational. This was not passed by the Tennessee legislature in the last session but may well be passed in the upcoming legislative session. Continuing education rules have also been affected by the pandemic, and these will be reviewed.

Learning Objectives:

- A. Describe recent TN legislation affecting psychology, and specifically in PSYPACT
- B. Examine requirements for safe and ethical practice in TN during COVID 19
- C. Identify temporary changes in Rules for practice during the pandemic
- D. Apply information on remote service delivery

Presenter Information: Pamela Auble is a clinical neuropsychologist with a forensic practice in civil and criminal cases in Tennessee. Perhaps because of her work, she has an abiding interest in legal issues, and how those impact psychologists. She was honored to serve as a practicing psychologist representative on the Board of Examiners from 2009 to 2015. Dr. Auble is currently the liaison for the Tennessee Psychological Association to the Board of Examiners.

Friday, November 6, 2020

8:00AM-11:15AM CE Workshop

Participants must attend entire program to receive CE credit.

9:45AM-10:00AM Break

[211] A Rational Rationale for Psychopharmacology & Differences in Practice By Age
3.0 CE credits, *Intermediate (Type I)*

Presenters Roger Clark, Psy.D., MSCP & David Shearer, Ph.D., MSCP

Affiliations: Both presenters—U.S. Army

Course Description: This presentation will provide information on the use of medication to treat behavioral health conditions. Discussion and examples of support for medication will be compared to evidence for circumstances where there are better alternatives to medication. The manner in which this differs by age of the patient will be discussed. The manner in which pharmacological research shapes opinions and the practice of psychopharmacology will be examined and the value of having psychologists participate in the pharmacological treatment of patients will be discussed.

Learning Objectives:

- A. Participants will describe the rational use of psychopharmacology
- B. Participants will identify and compare the benefits of medication to alternatives.
- C. Participants will describe the role of psychologists in the provision of rational psychopharmacology.
- D. Participants will describe the rational use of psychopharmacology
- E. Participants will identify medications used for different types of behavioral health

conditions and compare how the use of medications for behavioral health conditions varies between pediatric and adult populations.

Presenter Information: Dr. Clark enlisted in 1983 and travelled the world with the military. Along the way, he earned a B.S. in Psychology from UMUC European Division, a Master's in Clinical Psychology from Murray State University, and a doctorate in Clinical Psychology from Spalding University. He has served as an active duty psychologist. Currently, Dr. Clark is a civilian government employee, serving as the Chief of the Child and Family Behavioral Health System at FTCKY. Dr. Clark completed a fellowship in Pediatric Psychology, is certified in Clinical Psychology by ABPP, has a Master's in Clinical Psychopharmacology from Fairleigh Dickinson University, and is licensed in TN and in LA as a Medical Psychologist.

11:30AM-12:15PM **TPA Business Meeting**

12:15PM-2:15PM **CE Workshop**

Participants must attend entire program to receive CE credit.

[221] **Ethical Issues with Suicidal and Dangerous Patients**

2.0 CE credits, Intermediate (Type I)

Participants must at least be enrolled in a graduate psychology program.

Presenter: Linda K. Knauss, Ph.D., ABPP

Affiliation: Widener University



*This program is designed to partially fulfill the **Ethics** portion of the CE licensure renewal requirements in the areas of law and ethics. Additional CE credit in the area of TN Law will be necessary to meet the requirement in full.*

Course Description: Suicide is among the top 10 causes of death in the United States. Suicide is among the top 10 causes of death in the United States. When the number of suicides and homicides are compared, there are more people annually who kill themselves than there are murders of other people. No therapist is completely free of the responsibility to assess and respond to the risk of suicide. Evaluating and responding to a suicide risk includes every aspect of ethical decision-making. This workshop will review the ethical and risk-management issues that arise when clients pose an immediate threat of harm to themselves or to others. The discussion will focus on suicidal clients, with special attention to risk assessment and intervention. The duty to protect others and special issues raised by clients with HIV will also be addressed.

Guidelines for standards of care come from the clinical literature, ethics codes, court cases, and statutes. This presentation will include numerous case vignettes and an interactive format.

Learning Objectives:

- A. Identify the clinical, ethical, and legal issues involved with treating clients who threaten to harm themselves.
- B. List the factors that are helpful in evaluating the risk of suicide.
- C. Describe the duty of mental health professionals to protect a third party from clients who threaten violent harm.
- D. Discuss the essential clinical, ethical, and legal questions that mental health professionals face when dealing with an HIV-positive client who appears to threaten others with infection

Presenter Information: Linda K. Knauss, Ph.D., ABPP is a Professor at Widener University's Institute for Graduate Clinical Psychology and the former Director of Internship Training there.

Dr. Knauss is the Past-chair of the American Psychological Association's Ethics Committee, the American Board of Professional Psychology's Ethics Committee, the Pennsylvania Psychological Association's Ethics Committee, and has served as Co-chair of the Philadelphia Society of Clinical Psychologists' Ethics Committee. Dr. Knauss taught courses in ethics at Widener University, Immaculata University, and the Philadelphia College of Osteopathic Medicine. She has authored several book chapters and journal articles on ethics, and has taught many continuing education workshops on a variety of ethical issues.

Dr. Knauss is the Past-president of the Pennsylvania Psychological Association, the Pennsylvania Psychological Foundation, and the Philadelphia Society of Clinical Psychologists. She is also the Past-president of the APA Division of State Provincial and Territorial Association Affairs. She served as a member of the American Psychological Association's Council of Representatives (2000-2006; 2013-2018 representing Pennsylvania). Dr. Knauss received the 2019 Award for Distinguished Contributions to the Science and Profession of Psychology from the Pennsylvania Psychological Association. She is also the recipient of a 2015 APA Presidential Citation for her work in APA as well as the recipient of the 2002 Ethics Educators Award presented by the Pennsylvania Psychological Association's Ethics Committee, and the recipient of the 2004 Pennsylvania Psychological Association Distinguished Service Award.

In addition to her work at Widener University, Dr. Knauss maintains a private clinical practice where she sees children, adolescents, adults, and families.

2:15pm-2:30pm Break

2:30PM-3:30PM CE Workshop

Participants must attend entire program to receive CE credit.

[231] Issues and Updates on Tennessee Laws and Rules that Govern the Practice of Psychology

1.0 CE credits, Intermediate (Type I)

Attendees should have some familiarity with licensure and psychology as a profession.

Presenter: Pamela Auble, Ph.D., ABPP

Affiliation: Private Practice, Nashville, TN



*This program is designed to fulfill the TN State **Law** portion of the CE licensure renewal requirements in the areas of law and ethics. Additional CE credit in the area of Ethics will be necessary to meet the requirement in full.*

Course Description: In this presentation, relevant rules and statutes for psychologists in Tennessee will be addressed, along with updates on recent changes and ongoing issues. Requirements for licensure will also be discussed, including the discontinuation of ASPPB/National Register Designation Project in 2018, the process of upgrades from psychological examiner to senior psychological examiner, and potential hurdles in licensing for psychologists and certified psychological assistants. Changes to the EPPP (the written examination for licensure) will be reviewed. Continuing education rules for the practice of psychology in the Rules and Regulations of the Board of Examiners will be

reviewed along with upcoming changes in CE rules. Recent Tennessee legislation affecting the practice of psychology will be discussed. There will also be a discussion of possible violations of the licensing statutes and rules, and consequences for such violations.

Learning Objectives:

- A. Describe recent TN legislation affecting psychology
- B. Examine requirements for licensure and hurdles to becoming licensed.
- C. Apply current Rules as they relate to continuing education, and understand upcoming changes in CE rules.
- D. Identify the types of Rule violations and resulting adverse decisions from the TN Board of Examiners.

Presenter Information: Pamela Auble is a clinical neuropsychologist with a forensic practice in civil and criminal cases in Tennessee. Perhaps because of her work, she has an abiding interest in legal issues, and how those impact psychologists. She was honored to serve as a practicing psychologist representative on the Board of Examiners from 2009 to 2015. Dr. Auble is currently the liaison for the Tennessee Psychological Association to the Board of Examiners.

5:00PM-6:30PM CE Workshop

Participants must attend entire program to receive CE credit.

[241] Addressing Mental Health Disparities & Providing Services to Diverse Populations

1.5 CE credits, Introductory (Type I)

Presenters: Khatidja Ali, Ph.D.

Affiliations: Memphis VA Medical Center

Course Description: Mounting evidence indicates that racial/ethnic minorities in the United States experience mental health disparities (Center for Disease Control [CDC], 2008). Given current events surrounding race-based trauma and the disproportionate impact of COVID-19 on African American populations, this presentation examines the literature on racial/ethnic disparities in mental health care. The presentation aims to highlight these disparities, identify factors that may contribute to these disparities, and review recommendations on addressing these disparities in multiple setting, including severe mental illness (SMI) populations (Maura and Weisman de Mamani, 2017), public health and policy (Primm et al, 2010; McMcguire and Miranda, 2008), and rural health care (Safran et al., 2009). This review will further discuss strategies to support provision of mental health services to diverse groups.

Learning Objectives:

- A. Identify racial/ethnic disparities in mental health care.
- B. Examine factors that contribute to disparities in mental health care.
- C. Construct a plan to help manage mental health disparities in the area in which you work.
- D. Collaborate with other participants to discuss your plans and barriers to implementation.

Presenter Information: Dr. Ali serves as a medical psychologist for the Palliative Care and Oncology team at the Memphis VAMC. Her primary professional interests are in end-of-life care, psycho-oncology, and medical ethics. She is particularly interested in development of team-based programs that provide holistic care for patients who are facing life-limiting illness.

Saturday, November 7, 2020

8:00AM-11:15AM CE Workshop

Participants must attend entire program to receive CE credit.

9:30AM-9:45AM Break

[311] Clinical Practice Guidelines and Evidence-Based Practice for Psychologists

3.0 CE credits, Introductory

Presenter: Claire F. Collie, Ph.D.

Affiliations: Chair, APA Clinical Practice Guidelines Advisory Steering Committee; National Director, Local Evidence Based Psychotherapy Coordinator Program/ Department of Veterans Affairs

Course Description: This session will provide an overview of clinical practice guidelines (CPGs) for psychologists including the principles and methodology underlying development of CPGs, criteria to ensure that CPGs are based on scientifically rigorous evidence and accepted by professional organizations, and will describe the process of development of the American Psychological Association's Clinical Practice Guidelines as an example. The use of CPGs by psychologists as a component of evidence-based practice will be discussed, and resources to support psychologists' use of CPGs within their own practice will be reviewed. Finally, challenges and future directions for CPG development will be reviewed.

Learning Objectives:

- A. The learner will describe the principles and methodology underlying development of clinical practice guidelines for psychologists.
- B. The learner will be able to list criteria that identify a clinical practice guideline as being based on rigorous scientific evidence.
- C. The learner will explain how clinical practice guidelines can be utilized within evidence-based practice.
- D. The learner will be able to identify at least two challenges or future directions for clinical practice guideline development.

Presenter Information: Dr. Claire Collie is a clinical psychologist in the Office of Mental Health and Suicide Prevention, Department of Veterans Affairs Central Office. Dr. Collie serves as the National Director for the VA's Evidence Based Psychotherapy Coordinator Program and is involved in several research studies examining the implementation of evidence-based psychotherapies. She is also the current Chair of the American Psychological Association's Clinical Practice Guidelines Advisory Steering Committee.

11:15AM-12:15PM Lunch on Your Own

12:15PM-3:30PM CE Workshop

Participants must attend entire program to receive CE credit.

1:30PM-1:45PM Break

[321] Technology in Mental Health for 2020

3.0 CE credits, Introductory (Type I)

Presenter: Bill Hudenko, Ph.D.

Affiliation: Research Assistant Professor, Department of Psychological & Brain Sciences, Dartmouth College; Adjunct Assistant Professor, Department of Psychiatry, Dartmouth's Geisel School of Medicine; CEO, Voi Inc.

Course Description: In the midst of the COVID-19 pandemic, there has never been a more rapid adoption and proliferation of technology in the field of mental health than what we are seeing today. Thousands of therapists have begun using Telehealth technologies to work remotely with clients, and mental health apps are becoming increasingly common to address a broad variety of disorders. This presentation will identify and discuss the critical importance of technology for solving a variety of health disparities in the U.S. today. There will be a discussion of examples of successful implementation of digital tools to improve mental health care. Trends in technology and mental health that are likely to drive progress in 2020 and beyond will be identified. At the conclusion of there will be a proposal of a model for Telehealth, digital therapeutics, and AI-augmentation that may help to integrate current practice with emerging trends.

In terms of disclosure, Dr. Hudenko reports that he is a shareholder in Voi Inc. and in Trusst Health Inc. He will likely talk about work in both technology companies as examples during his presentation.

Learning Objectives:

- A. Attendees will explain how technology is of critical importance in solving a variety of health disparities in the U.S. today
- B. Attendees will describe what constitutes a successful implementation of digital tools to improve mental health care
- C. Attendees will identify trends in technology and mental health that are most prevalent in 2020
- D. Attendees will list components of a model for Telehealth, digital therapeutics, and AI-augmentation that enhances the integration of current practice with emerging trends

Presenter Information: Dr. Hudenko is a licensed psychologist, a researcher, and a professor who holds a joint appointment as a faculty member at Dartmouth's Department of Psychological and Brain Sciences and Dartmouth's Geisel School of Medicine. His research focuses on the use of technology to improve mental health delivery and patient outcomes. Dr. Hudenko is also currently the CEO of Voi Inc., a company dedicated to reducing suicide rates through the implementation of technology and artificial intelligence and he is the President and co-founder of Trusst Health Inc., a startup company devoted to providing high quality, affordable remote psychotherapy via messaging.

3:30PM Convention Concludes