

# INJURY PREVENTION: FREQUENTLY ASKED QUESTIONS

## What are my top priorities as a new Injury Prevention Coordinator?

There are a few things that should be done as you begin your new role as an Injury Prevention Coordinator for a trauma program. Here are a few suggestions:

- Schedule a meeting with your Trauma Program Manager to gain understanding and a historical perspective of previous efforts (if applicable), or future direction of your IP duties.
- Meet with the Trauma Registry Team. LEARN TO LOVE THE TRAUMA REGISTRY! Utilize the data from your trauma registry to help guide efforts. Know the most common injuries your trauma center is treating based on the data found within the registry.
- Look for community partners. Collaboration is key for furthering IP initiatives. Trying to do things on a limited budget is not effective, so collaborating with a community partner (i.e. law enforcement, EMS, non-profits, or government agencies) can help roll your programs out to a broader audience.
- Spend your first year "getting out there". Attend community events, get out and meet community leaders and look for ways to collaborate. Meet with local law enforcement or EMS, and figure out what others are doing and look for ways to assist.

Getting to know the clear expectations of your trauma program will help make you a successful injury prevention coordinator. Using community resources and learning how to collaborate are skills of an effective and smart injury prevention professional.

### How do I find funding for IP activities?

- Start with your hospital foundation for philanthropic funds then spread out. Look to local businesses with a common theme such as a bike shop to donate helmets for a bike safety event.
- Then just keep asking and don't be afraid of no. They may put it in their budget next year. You can contact an auto insurance companies for distracted or impaired driving events. The motor vehicle administration and highway safety offices may have grants that your project may be eligible as a sub grantee.
- Contact wireless phone companies for texting and driving education; they have funds for corporate social responsibility.
- Grants come in all sizes you just need to align your project with the mission of the grantors.

### How do we start a STOP the Bleed program?

Three things need to be in place: instructors, equipment and a website.

#### Instructors

- STOP the Bleed has specific requirements for their program and Instructors. Please begin by familiarizing yourself with this:
  - https://www.bleedingcontrol.org/~/media/bleedingcontrol/files/private/bleeding%20control%20basic%20instructor%20guide.ashx
- Anyone on your staff interested in becoming an Instructor, is required to register on the *BleedingControl.org*website. Once instructor status is approved, access to the brochure PDF, the power point presentation,
  certificate PDF, and the website dashboard to log courses will be shared.
- After registering as an Instructor, host one or two trainings with in-house hospital staff. These attendees will become your core teaching staff.

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