

ROAD SIGNS/SIGNALS PAPARAZZI

Skills: Teamwork, Road Sign Identification, Locomotor Movement, Sport Skills

Fitness Target: Aerobic Capacity

Virginia Standards: Health 1.2b, 1.3h, 1.6a, 2.5b, 3.1c, 3.5b, 4.4e, 4.6a, 5.5c
PE 1.2a, 1.3, 1.5a, 2.2a, 2.3c, 2.4, 3.2a, 3.3, 3.4c, 4.3, 4.4a, 5.5b

National Standards: Physical Education Standard 1, 4, and 5

Equipment: Cones to mark the playing area, street sign cutouts (attached), team markers (i.e.-polyspots)

Activity:

Before the activity begins, the teacher will show the students all of the signs that they will need to know (stop sign, one way, yield, wrong way, red light, green light, yellow light, right turn signal, etc.). Students will be able to describe what each sign means for a cyclist.

To prepare for the activity, students will need a partner. Each pair will stand together at a marker (i.e. – polyspot) to start the activity. Inside the playing area will be place street sign cutouts that are face down. When the activity begins, the students will move into the playing area and place their hands on one cutout and face each other. On the count of three, the partners will lift their cutout and show it to each other like they are taking a “snap shot” with a camera”. If the two cutouts match, the partners may collect them an etc.)d take them back to their team marker before going out again to collect more. If the cutouts do not match, the partners must return to the team marker without the cutouts and then try again. The objective is to collect as many pairs of cutouts as possible.

Teaching Tips:

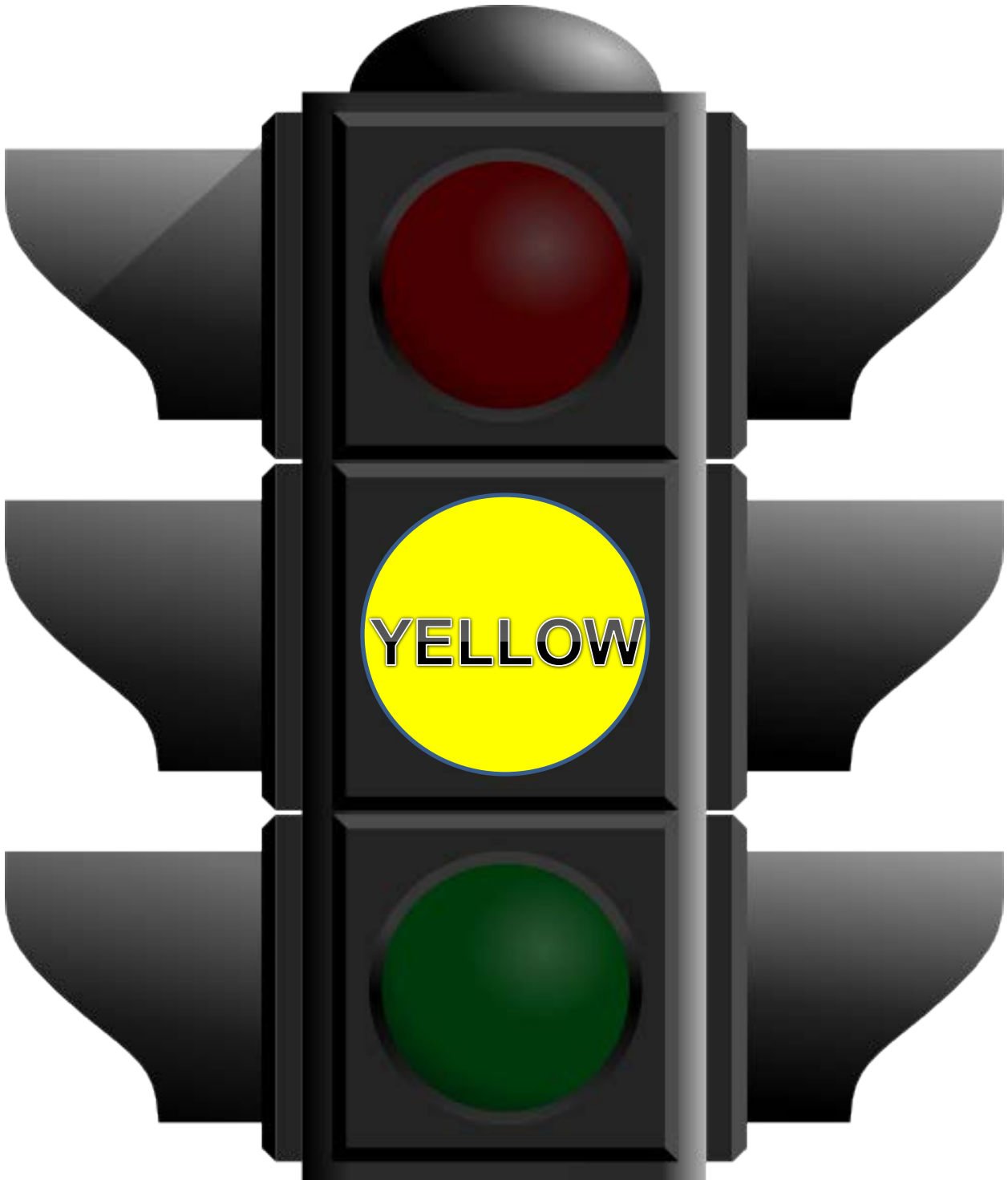
- Have students travel in different locomotor patterns as they go out to search for matches.
- If covering a sport skill unit, use the basic traveling skill (i.e. – basketball = dribbling, soccer = dribbling, etc.) when students go to find a match.
- Before students can flip a cutout, have them perform a fitness activity (i.e. – push-up plank shoulder tap, knee curl-ups, etc.).
- When partners match a sign, they must be able to share its’ meaning with teacher to earn it.
- The more copies of each cutout the better. More cutouts = more activity time for the students and better recognition of the signs and signals.
- Use this activity for other matching challenges.

* Activity idea from Susan Flynn, College of Charleston.

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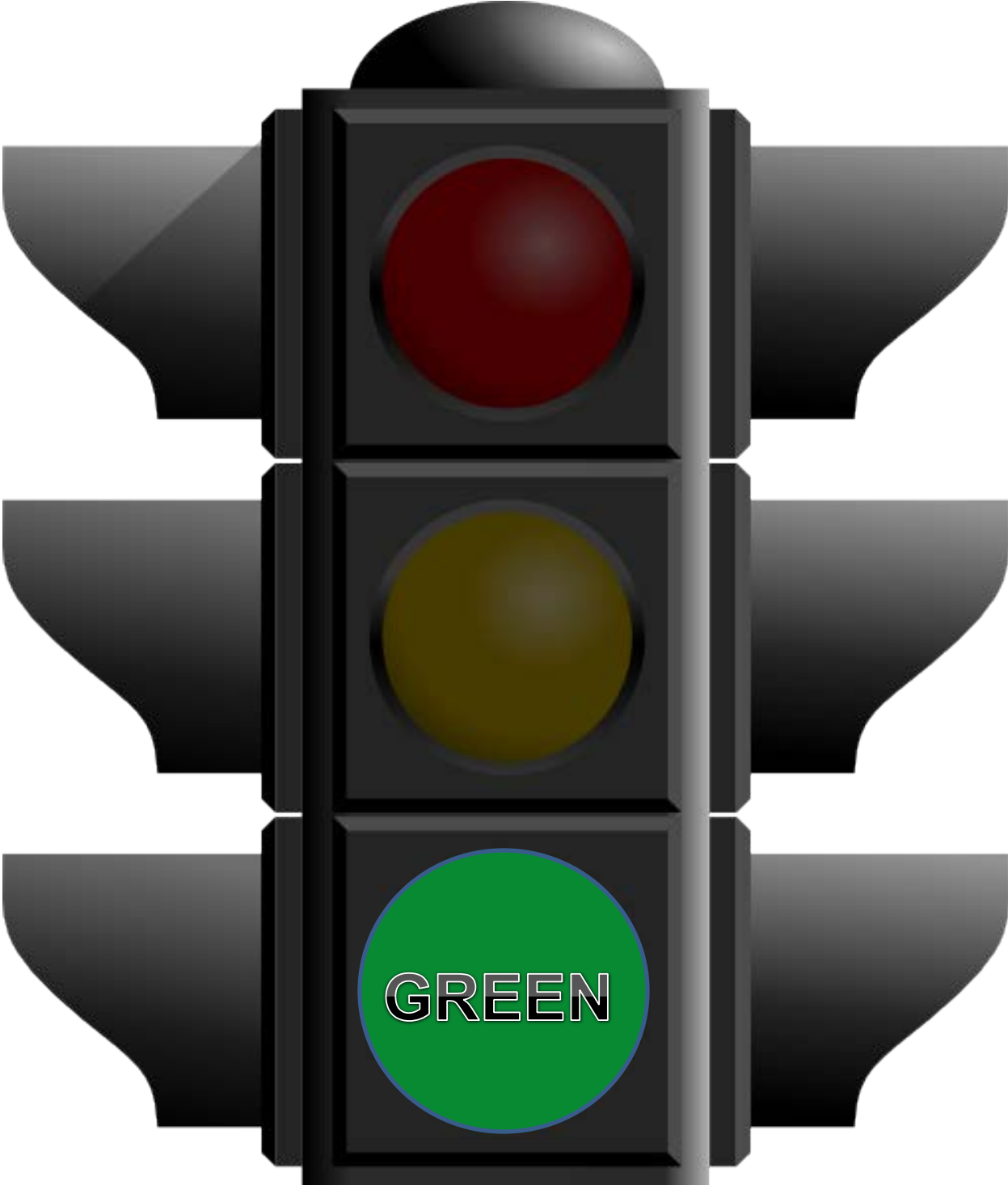
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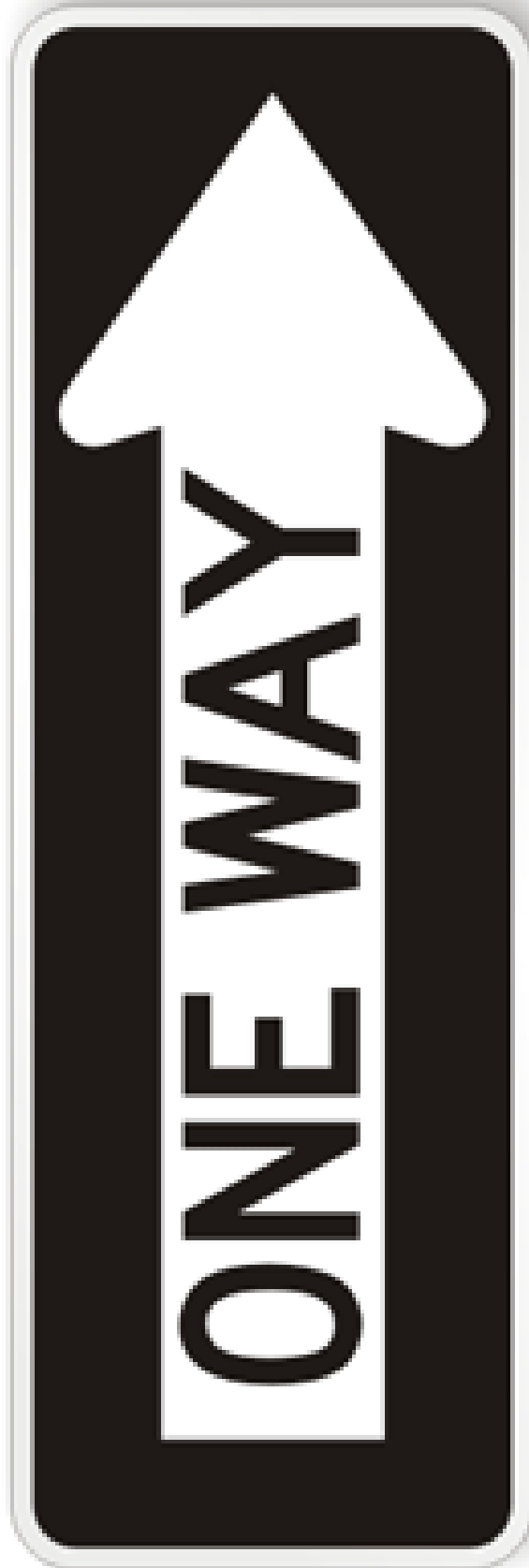
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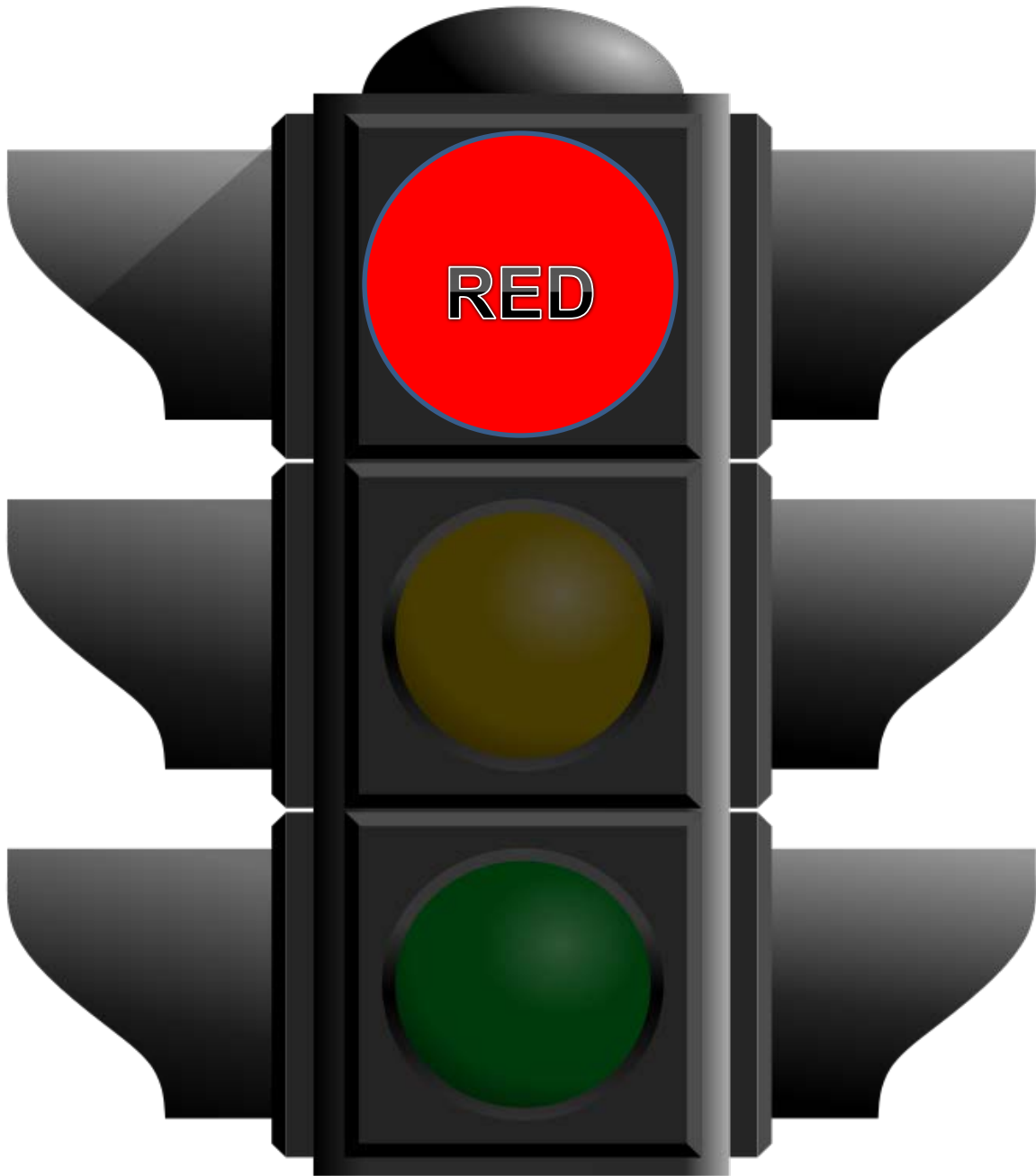
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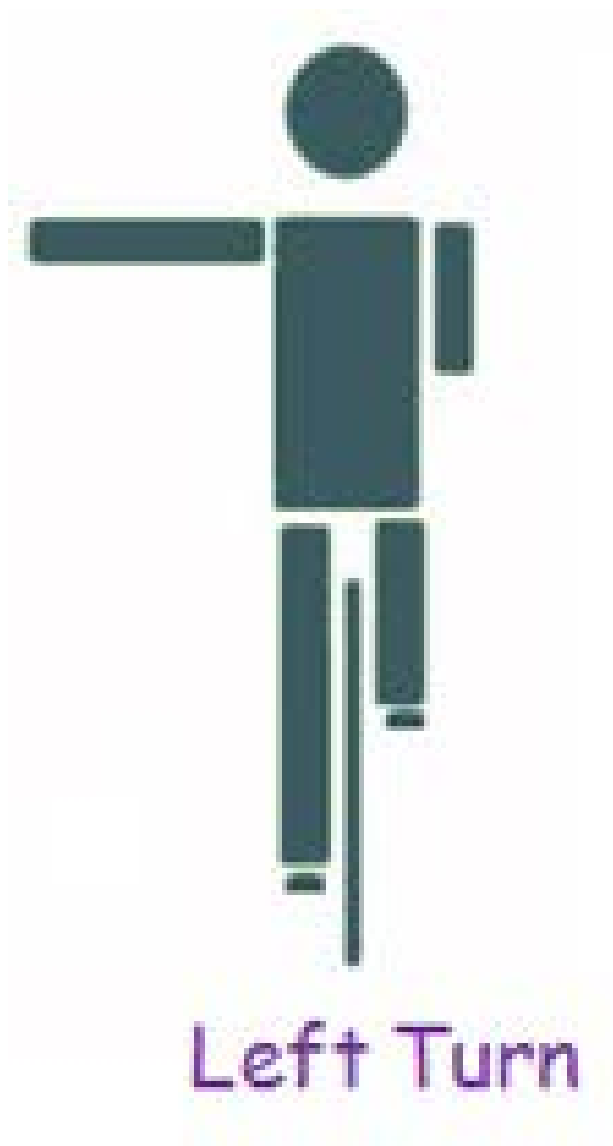
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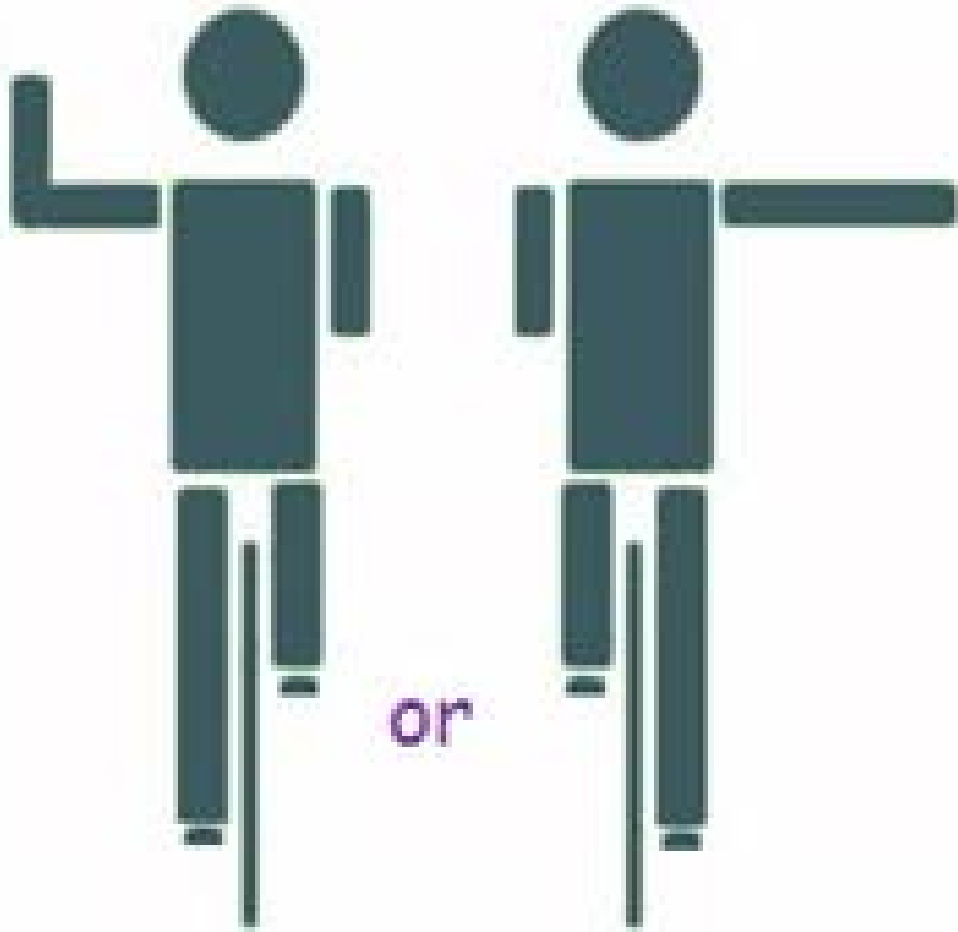
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Right Turn

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