

Scheduling Congressional Meetings during the Pandemic

With the pandemic continuing to surge in many States and Congress on Recess, the process for meeting with Members and Staff to discuss important issues has definitely changed.

My advice is to call the District office closest to you (House Members and Senators all have several offices in each State) and ask how they are going to be preparing to talk with constituents during the pandemic? How is the member going to be handling Town Hall Meetings, Campaign stops in the State?

Many may be doing conference calls or zoom appointments – others may be doing virtual Town Hall Meetings with various groups (i.e., Veterans, Healthcare leaders) at one time. The expectation may be that you can schedule a call or web appointment with a staffer in the office.

I have provided links below to find your Members and their contact information in the State.

To locate your House Member: <https://www.house.gov/>

For Senator information: <https://www.senate.gov/>

I also located this cool website where you can sign up to receive information about meetings and other activities your Member may have already scheduled – many of them are tele-virtual meetings.

<https://townhallproject.com/>

For tips on what to talk about – 2020 NOVA Priority Goals, and other important information visit the NOVA website/Advocacy Dropdown /Advocacy Toolkit.

You can also check out “How to Schedule a Meeting with Your Member of Congress tips”-

***Note this is based on in-person meetings, but still helpful as a guide.**