

*“This is a great program, long overdue, finally a program for our wonderful nurses’ aides!” – RN*

*EDNA is a “Comprehensive program dealing with end of life issues, aimed at the Nursing Assistant. However, these principles can be applied in general to every level of care professional who is involved in end of life care.” – RN*

*“Thank you for the class. I learned a lot! Thank you for making us (the CNA) feel like we are important in this field.” – CNA*



End of life eDucation for the Nurse Assistant

EDNA is an on-line certification program. The delivery of EDNA through TELSPAN exam allows for customization of the course to fit the time constraints and availability of each individual participant. **Enrollment will be done on an individual basis.** Each participant will have to pass a test at the end of each module with a score of at least 80% to move to the next module. Participants will be presented with a certificate upon completion of the course.

Missouri Hospice & Palliative Care Association is a state-wide not-for-profit organization whose mission is to support and strengthen coordinated care for terminally ill Missourians and their families through the advancement of hospice and palliative care. Three primary goals of the organization are: to improve quality, accessibility and awareness of hospice. Through the years MHPCA has provided educational and technical assistance to those who involved in end of life care.

**REGISTER ON-LINE AT:**  
[innovalife.mycrowdwisdom.com](http://innovalife.mycrowdwisdom.com)



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573-634-5514 [www.mohospice.org](http://www.mohospice.org)



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## EDNA IS A 9-MODULE CURRICULUM

The course will count as 8 hours of continuing education. Following is a brief description of each module and the information covered:

- 1** *Intro to End-of-Life Care:* Teaches interdisciplinary collaboration and emphasizes the important role as a member of the health care team. Module Explains Palliative and Hospice Care and the Nurse Assistant's role in the delivery of both.
- 2** *Gaps in End-of-Life Care:* Teaches how to recognize and communicate the gaps in healthcare, identifies the multiple care choices, and how to provide support for the patient and family.
- 3** *Goals of Care:* Emphasizes the patient as the center of care, defines the role of the NA in that care plan, and teaches approaches to conflicts.
- 4** *Physical Elements of Care:* Teaches a review of special medical needs of patients, mobility, turning and positioning.
- 5** *Pain Pearls:* Teaches recognition of pain symptoms and non-pharmaceutical pain management.
- 6** *Bio-Ethics:* Teaches the necessity of boundaries with patients and families. Explains and helps with the understanding of futility, and the importance of proper documentation.

Explanation of Advance Health Care Directives and HIPPA included.

- 7** *Caring Conversations:* Teaches appropriate conversations with the patient, families and health care team.
- 8** *Last Hours of Living:* Helps identify changes in physical and mental status, teaches how to respect differences in the patient's religion, life style and rituals.
- 9** *Grief and Bereavement:* Teaches skills in finding appropriate help for families and caretakers, and helps to acknowledge one's own limits.

NURSE ASSISTANTS are the largest group of front line workers in a healthcare setting. The Nurse Assistant spends more time with life-



limited patients than any other healthcare worker. The Bureau of Labor Statistics 2012 states "Employment for nursing aides will grow 19 percent, faster than the average for all occupations, predominantly in response to the healthcare needs of an increasing elderly population. The EDNA (End of Life Education for Nursing Assistants) will provide an on-line computer based education course to meet the needs of this growing targeted work force population.

## EDNA IS NOT JUST FOR THE NURSING ASSISTANT

Since its inception in 2004, EDNA has successfully trained hundreds of nurse assistants as well as other support staff that has included RN's, LPN's, administrators, social workers, chaplains, hospice staff, housekeeping and dietary personnel. We know from past evaluations that the training has a positive impact. We know that there are at least three distinct ways our healthcare teams and communities benefit from the EDNA training: better-trained teams to deliver care, increased retention and recruitment of individuals to the nursing assistant profession, and an increase in support and assistance in their roles.

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OR

For the latest information visit us at: [mohospice.org](http://mohospice.org)

AND

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# EDNA