



**ENRICHMENT
AT
KENNEDY**

John F. Kennedy Catholic School After-School Enrichment Program

Below are the course offerings for the Fall 2018 session of after-school enrichment, which begin Monday, September 10. Registration and payment (cash or check) are due to the office no later than Thurs. September 6. Make checks payable to JFK and note "enrichment" on memo line. Please pay close attention to class days/dates and times. Students whose parents or guardians are late picking them up will be sent to extended care and a minimum one hour charge will be applied. At dismissal, parents are asked to enter and wait by the main office door for pick-up.

Questions may be directed to Judi LaPolla at jlapolla@warrenjfk.com, 330.369.1804 (school), or 330.716.3848 (cell). Mrs. LaPolla will be on site during all enrichment classes. The LC phones will not be answered after 3:00 pm.

Cheerleading: Cheer clinic taught by Marian Mitolo Diana, coach and owner of National Champion Xtreme Allstars, and coach of 2015, 2017 & 2018 JFK State Champion Varsity Cheerleading Teams. Students will be learning all the fundamentals of cheerleading: cheers, chants, dances, jumps and tumbling. Both boys and girls are encouraged to join this class!

Grades:	K-5	Dates:	Mondays, September 10-October 22 (No class September 8)
Fee:	\$60	Time:	2:20-3:20 pm
		Location:	Covelli Gymnasium

Musical Theatre Workshop: Taught by Kennedy's own Director of Theatre Production, Mrs. Jeanine Bofenkamp, students will learn the necessary performance skills involved in acting and singing in musical theatre. Skills may include physical communication, body language, gestures, projection, vocal range, vocal expressiveness, pitch & tone and more. Basic theatre knowledge and vocabulary will also be covered. What a great way to get ready for auditions for Winter Musical--Mary Poppins!!

Grades:	1-5	Dates:	Mondays, September 10-October 22 (No class September 8)
Fee:	\$35	Time:	2:20-3:20
		Location:	Reagan Hall

Karate: The Youth Program at Freestyle Karate focuses on self-defense, self-control, and self-discipline. The students will work on kickboxing and jiu-jitsu for self-defense, kata for balance and memory, and dynamic kicking for flexibility and fitness. Owner Wendy Sfikas will be teaching the classes. Ms. Wendy Sfikas has been in the martial arts for over twenty years, has a fourth degree black belt and holds a BA in psychology. Sensei Wendy wants to be sure current Freestyle Karate students know they are invited to participate in this enrichment. No need to have taken prior karate enrichment classes. Start any session.

Grades:	K-5	Dates:	Tuesdays, September 11-October 16
Fee:	\$35	Time:	2:20-3:20 pm
		Location:	Covelli Gymnasium

Yoga: This age appropriate yoga class will combine movement with breath and yogic concepts to bring increased flexibility and strength to the body. Course is taught by personal trainer and Kennedy mom Dorine Owens. Dorine is passionate about encouraging people of all ages and fitness levels to live a happy and healthy life. Currently working out of Vibe, she comes to us with over 20 years experience in teaching Yoga, Pilates, Boxing, Muscle sculpting and Tabata cardio training. Yoga mats will be provided or bring your own. Parents are welcome to join in!

Grades:	2-5	Dates:	Wednesdays, September 12-October 17
Fee:	\$50	Time:	2:20-3:20 pm
		Location:	Covelli Gymnasium

Exploring the Arts: Students will explore a different medium each week and create an art project to take home. We will explore painting, sculpture, drawing, collage, printmaking and more. Course is taught by Mrs. Liz Kovalik, certified K-12 art teacher and Kennedy mom.

Grades:	K-5	Dates:	Wednesdays, September 12-October 17
Fee:	\$60	Time:	2:20-3:20 pm
		Location:	Reagan Hall/Cafeteria

Dance & Twirl into Fall: Natalie Ross Pacheco from Natalie's Dance Co, along with her baton staff, will lead this class on dance and introduction to baton. Learn how the majorettes dance & twirl on the field. This promises to be a fun filled class of dance routines incorporating a baton that dancers will get to keep!

Grades:	2-5	Dates:	Thursdays, September 13-October 18
Fee:	\$60	Time:	2:20-3:20 pm
		Location:	Covelli Gymnasium

Girl's Basketball Fundamentals 101: This is an age appropriate basketball fundamentals course. This course will provide educational teachings of all rules and or combined movements that lead to a successful foundation to play the game of basketball. This course is taught by previous head women's coach of Purcell Marian High School (Cincinnati, Ohio). Sher-ree Glover was named The Greater Catholic League Coed Coach of the year 2008-2009. Coach Glover is passionate about encouraging participation and training of younger levels. She believes that playing sports leads children to living healthier lifestyles.

Grades:	3-5	Dates:	Fridays, September 14-October 19
Fee:	\$60	Time:	2:20-3:20 pm
		Location:	Covelli Gymnasium

Chess is Life: Chess is Life is the brainchild of Jeff "Chess is Life" Butts and Myles "Mate in 4" Jay. Along with the efforts of an incredible staff, the organization and program focuses on cultivating critical thinking and other life skills to increase the chance of success in and out of the classroom all while learning the game of chess.

Grades:	2-5	Dates:	Fridays, September 14-October 19
Fee:	\$60	Time:	2:20-3:20 pm
		Location:	Technology Room

Making the Rounds--An Exploration of Medical Technology: Offered by the OH WOW! The Roger & Gloria Jones Children's Center for Science and Technology, and taught by Educator Ralf Urback, Outreach Program Facilitator. Students in this class will explore exciting advances in medical technology.

Grades:	3-5	Dates:	Fridays, September 14-October 19
Fee:	\$35	Time:	2:20-3:20 pm
		Location:	Reagan Hall/Cafeteria

John F. Kennedy Catholic School
After-School Enrichment Registration
Fall 2018

Please complete one form per child, and turn into main office no later than Thursday, September 6

Student's Name _____

Parents'/Guardians' Names _____

Grade/Teacher _____

Phone _____ Alternate Phone _____

I want to enroll my child in the following enrichment classes (check all that apply):

_____ **Cheerleading:** Gr. K-5, Mondays, September 12-October 22, \$60

_____ **Musical Theatre Workshop:** Gr. 1-5, Mondays, September 12-October 22, \$35

_____ **Karate:** Gr. K-5, Tuesdays, September 11-October 16, \$35

_____ **Yoga:** Gr. 2-5, Wednesdays, September 12-October 17, \$50

_____ **Exploring the Arts:** Gr. K-5, Wednesdays, September 12-October 17, \$60

_____ **Dance & Twirl into Fall:** Gr. 2-5, Thursdays, September 13-October 18, \$60

_____ **Girl's Basketball Fundamentals 101:** Gr. 3-5, Fridays, September 14-October 19, \$60

_____ **Chess is Life:** Gr. 2-5, Fridays, September 14-October 19, \$60

_____ **An Exploration of Medical Technology:** Gr. 3-5, Fridays, September 14-October 19, \$35

TOTAL AMOUNT DUE (make checks payable to JFK): _____

DISMISSAL: Where will your child go at the end of Enrichment? (Circle one)

extended care

picked up

If picked up, who will be there to get them?