

# John F. Kennedy Catholic Schools Lower Campus Lunch Menu 2018-19

# October



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Hot Dogs Tater Tots Baked Beans	8 Cheeseburger Smart Snack Chip Corn	9 Salad Bar Popcorn and Grilled Chicken Crackers	10 Spaghetti Meatballs Salad Roll **Great Apple Crunch**	11 Pizza French Fries Broccoli
14  NO SCHOOL	15 Pepperoni Rolls French Fries Baked Beans	16 Salad Bar Popcorn and Grilled Chicken Crackers	17 Ravioli Meatballs Salad Roll	18 Loaded Nachos Cheese/Lettuce Salsa Corn
21 Pepperoni Rolls Potato Wedges Baked Beans	22 French Toast Sticks Sausage Hash Brown Potato	23 Salad Bar Popcorn & Grilled Chicken Crackers	24 Penne Pasta Meatballs Salad Roll	25 Pizza Spiral Fries Carrots
28 Corn Dog Spiral Fries Baked Beans	29 Crispy Chicken Wrap Carrot Sticks/Ranch Smart Snack Chips	30 Salad Bar Popcorn chicken & Grilled Chicken Crackers	31 Spiral Pasta Meatballs Salad Roll* **SPOOKY SURPRISES**	1 Grilled cheese Sand. Tomato Soup Tossed Salad

## EAGLE UPDATES

**\*Variety of Milk and Fruit served with every Meal.\***

**Cafeteria account deposits can be made by sending cash or check into the office with your child's name and homeroom.**

**\*\*Save the Date\*\***

**The Great Apple Crunch  
Oct. 11, 2018**

**Kids, are you going to Crunch?**



**This institution is an equal opportunity provider.**